

Messages from

Compte de Saint Germain's Blog

The Compte de Saint Germain oversees the conditions on Earth as a Master of cosmic consciousness. As a Master, he does not interfere with what goes on, only guides those who desire an objective consultant to advise them. He is the Maha Chohan of the Great White Brotherhood.

Compte de Saint Germain

I AM Maha Chohan of the Great White Brotherhood. My name is not important, my advice to mankind can make a difference.



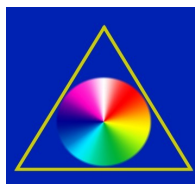
And

Masters and Mankind Blog

There are many Masters and many controllers, this contact acts as a mandate, to deliver happiness to mankind by eliminating the controllers.

Angels and Masters

All contributors are Christ consciousness with different names. Each will be identified as they deliver their message. Ascended Masters Kuthumi, Melchizedek, El Morya, Lady Master Portia, Lady Nada, Metatron, and the Archangels: Michael, Gabriel, Raphael and Ariel will post on this blog.



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Our Channel Is ...



Aruna Byers has been channeling for many years, as a member of the Great White Brotherhood. Her awakening in 1993 changed her into an empty vessel. At that time, her need to be quiet overrode our work together.

Her mental decision to channel again, in 2005, was a great gift to her mentor, Ascended Master Saint Germain, who needed her assistance to deliver the Master Messages to humanity. Her agreement to act as a teacher for channels, also gave the Ascended Masters the opportunity to greet others at the higher vibratory frequency needed to receive our messages.

Many channel, and many are not clear. Aruna's complete commitment to enjoying the answers, without any dense thoughts about them, allow lessons that we need to deliver, to be dispensed, and continue to be dispensed, even when others do not accept them. Her lack of attitudes and beliefs, cancels any drama that would contradict the Masters' meanings, a pure delivery. Through Aruna, we are capable of delivering all of our contents as intended.

Please consider Aruna a teacher, as well as a channel.

I AM THAT I AM
Archangel Michael

For more information about Aruna's teachings and coaching, and subscribe to her free monthly newsletter, visit: <http://awakeningcoach.com>. The [Master Messages](#) and [A Course in Channeling](#) can both be downloaded from this site.

For daily messages from Ascended Master Saint Germain, channeled by Aruna, visit: <http://comptedesaintgermainsblog.blogspot.com>

Suggested Usage for this Book

1. Form reading and/or study groups. It can be very helpful to all of humanity, and to Saint Germain's mission, to read the messages to each other in small groups; include the children; discuss and share understanding with each other.
2. Of course, reading quietly by yourself is recommended. Make a printed copy. Keep notes so you can return to ideas that spark your curiosity and confirm your own understandings.
3. The index is set up so that collecting all the message numbers on a given item will give more detail about the meaning of that item and related subjects.
4. Share and talk about these Messages with anyone who is open to hearing about them – don't pre-judge who will or will not be receptive, you could be very surprised!

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Message 1 - Changing Times

<http://comptedesaintgermainblog.blogspot.com/2010/06/changing-times.html>

Friday, June 4, 2010

"All the children of our manifestation on Earth must now become aware of their changing environment. Those who are in a consciousness that does not include the ability to channel are not getting messages they must have. No man, woman or child will be detached from the next monetary condition. All will be affected. Humans who are not open to hearing the call, to make a direct channel to their own inner guidance, need an ally who is an open and clear channel. My channel, Aruna, will be available as a guide during the next cycle of man's destiny. Her news can come at any time, so check this message board regularly. What my "Changing Times" messages will tell you can help you through all of the planetary changes that will continue to unfold."

"Today's message: Make a commitment to doing whatever you can to get assistance, as needed, on a daily basis. Walk among trees, pay attention to the sounds of birds, ask an animal for awareness. All of nature wants to assist. Open your mind to whatever can be learned and delivered from nature."

I AM THAT I AM
Saint Germain
Channeled by Aruna

Message 2 - Changing Money Consciousness

<http://comptedesaintgermainblog.blogspot.com/2010/06/changing-money-consciousness.html>

Saturday, June 5, 2010

Continuing to do things the way the money domain directs can cause money to disappear. Credit cards must not carry the debt of man's cash deficit. Cash must become the only means of negotiating for goods and services, otherwise man's close relationship to dear ones will be dis-eased, as one by one they cannot cover their daily care needs. The money distributors don't want money to be available to anyone who cannot do the actions they mask as credit worthy.

Spending money only on what must be acquired, and giving money to others who cannot get along on what they have, will change the money distribution system. Care of others will help create a more conscious money distribution system. Help is coming.

I AM Ascended Master Saint Germain
Channeled by Aruna

Message 3 - Co-Creating With Nature

<http://comptedesaintgermainblog.blogspot.com/2010/06/co-creating-with-nature.html>

Sunday, June 6, 2010

Most humans consider nature's answer to man's destruction a travesty. Yet, man did not consider nature important, causing so many disturbances, that there is no way to control the consequences of all that has gone awry. Now, man can only make adjustments to

adapt to a different model of co-creating with nature.

My daily messages are a reminder of what needs to change, and a guide to how those changes can be accomplished. Let's start with the oil spill. Make this an example of man's adapted co-creation.

Give the most caring thoughts to all concerned. Make no negative comments. If you stop putting negative thoughts into mass consciousness, another energy can advance the materialization of a new chapter in modern day co-creation. Then nature can contribute once again to new growth in human advancement.

I AM Ascended Master Saint Germain
Channeled by Aruna

Message 4 - The Future of Money

<http://comptedesaintgermainsblog.blogspot.com/2010/06/future-of-money.html>

Monday, June 7, 2010

Saving for the future now cannot guarantee any money availability next month or next year. Most, if not all, money control has collapsed. Every country can give an accounting of their debt, and all can declare bankruptcy. No country is able to count on any other country to cancel that debt.

Masters of the money game are giving advice to invest in gold and other cash currencies, but none of these metals are going to be cash negotiation assets once the other cash is devalued. Once this occurs, money will not contain any amazing qualities that can get desired goods or any other commodity. A means of exchange must be set up that gives man some control in getting his needs met.

Man must get more candid about money in an open worldwide forum. Not Wall Street, not commercial collectors, more man-to-man, human-to-human dealings must take center stage.

Money will not be man's control mechanism much longer. Once this mechanism collapses, the opportunity for man's greatest change can manifest. More about this tomorrow.

I AM Ascended Master Saint Germain
Channeled by Aruna

Message 5 - Stop the Money Controllers NOW

<http://comptedesaintgermainsblog.blogspot.com/2010/06/stop-money-controllers-now.html>

Tuesday, June 8, 2010

Contemplate the manner in which you give energy with your thoughts. Every thought you think manifests the "matrix of materialization". As you think an affirmation, another manifestation is created.

Banks are making affirmations. Their new measures are manifesting a different mandate for money. This new mandate decrees that a man who doesn't meet his collection date

cannot make any new charges. Collecting comes first. Man's inability to get his needs met affords him no future.

This negative message creates a mode of conditions that delete man's ability to accept these new doctrines and man is demanding a new way to bank. He doesn't want any new conditions around the answers to his needs. Nor does he want any man (particularly, someone who is not in need) to delete any of what he considers "his money." To cancel any of these new conditions, he must give away what he considers to be owned by him.

Bank closings are already taking place. Many more will close. Next comes the drama of cash merging into one currency - one currency all over the world. A new gold backed currency could make a more amicable move for the common good, but all the money controllers cannot agree to this move, so no backing of the new currency will occur. Counseling these controllers will not change their moves. No asking for guidance is occurring. My ability to counsel any of them is nil.

Today's answer to these men comes only from those who are able to alter the mass consciousness. Making a difference now must be a common goal. Enough of our conduits are delivering this message, more need to get the message and take action on it.

Saying, "I AM THAT I AM" many times a day cannot alter mass consciousness. Acting as "I AM" can. To act as "I AM" means giving, it means deleting negative consciousness in all major areas. Making a daily decree of "Today I AM" demands a degree of "I AM" consciousness.

Playing this game now, to improve man's destiny, can delete all of the negative contributions to the mass consciousness. It can make a difference in the level of caring about a man's ability to care for himself vs. man's demise. Man's demise does not need to occur.

Banks desire nothing more than making money at any cost. Making death can be the cost. Controllers care only about their own antics, not about others. STOP THEM!

You, collectively, can alter their course of dis-ease and death. Care enough to make your own contribution to "I AM" consciousness. Make no mistake: no deaths need to occur. No collapse of money needs to occur. No dreams need to be deleted. Making a difference can still be a natural consequence of "Being." Choose to Be the "I AM". Choose daily. Act accordingly. Your new destiny depends on this.

I Am Ascended Master Saint Germain
Channeled by Aruna

Message 6 - Dealing With Anger

<http://comptedesaintgermainsblog.blogspot.com/2010/06/dealing-with-anger.htm>

Wednesday, June 9, 2010

Change comes to make you move anger out of the mass consciousness. Anger dilutes all co-creative energies and destroys creativity. It also causes death: death of man's heartbeat and death of man's mind.

Anger does not kill directly - it diminishes man's motivation to give forth love, and without

giving love, one does not get love. Anger needs to be neutralized as it arises, and utilized as an effective gift to communication vs. a negative energy that destroys. Consciously managing anger does more for your co-creative abilities than anything else.

Anger is not "bad"; managing it is a demonstration of awareness. Clearing anger out of man's drama is not easy, as each man is calling forth the lessons needed to move into higher consciousness. Anger must be recognized as a manipulative desire, masked as more awareness than that of another.

Man can generate more heart health by letting anger dissolve the moment it arises. It is not an answer to anything meaningful.

I AM Ascended Master Saint Germain
Channeled by Aruna

Message 7 - The Purpose of These Messages

<http://comptedesaintgermainsblog.blogspot.com/2010/06/purpose-of-these-messages.html>

Thursday, June 10, 2010

Channeling my messages does mankind a great service. Mankind needs more awareness to negate the negative messages being delivered as news. Man has no way of discerning truth from the calculated manipulation that comes from giant corporations who aspire to actively acquire man's agreement to changes that serve their interests.

Mankind needs other guidance. My guidance may not give all the answers desired, but there is no covert agenda attached to it. My only desire aligns with the desire of man's consciousness that exists when mental concepts don't disturb. What I can do is give another message to man that does not come from anyone's greed. Forthcoming messages will give an accurate explanation of those changes that have been man made.

Many of the changes controlling man's destiny are around diet and man's ability to think clearly. Poisons ingested, inhaled and delivered as medicine are making man's mind doubtful of health possibilities. Grain is all tainted. Meat grown for food is all made to be coronary destroyers, unless grazed and fed naturally. Processed foods are all contaminated. GMO foods are altering the genes in your body. Nothing is clean except what you grow for yourselves without chemicals.

Do yourselves a great service. Don't make a meal with chemically treated meat or GMO ingredients. Quit drinking diet drinks and adding aspartame to your other drinks. Make the choice of natural over chemical in all circumstances.

I AM Ascended Master Saint Germain
Channeled by Aruna

Message 8 - The Value of Giving to Others

<http://comptedesaintgermainsblog.blogspot.com/2010/06/value-of-giving-to-others.html>

Friday, June 11, 2010

Happiness causes more good than control. Making another happy acts to deliver a higher

consciousness to all of humanity. Making another happy is an important co-creation tool. When one gives to another, many are blessed. It's a chain reaction that never ends. Caring about others is the most positive contribution you can make to humanity's current mass consciousness.

Too many deaths are caused by one man craving what another man has. Police are not the answer to this. You are! By giving to others you can delete anger, greed and negative thinking in many. How do you do this? By taking cues from your media and delivering aid to where it is most needed. Money is not the only aid you can give. Hearts need comfort, minds need conversations, and bodies need nurturing.

A positive note can help a grief stricken mother accept her loss and awaken all of her gifts. You can send a card of gratitude to an injured soldier, or a card of cheer to an invalid. Making a difference can be any form of bringing an answer to another's distress.

Ponder this: What you have to give is adequate to turn another's grief into joy. And that growth in the consciousness of One can multiply to make a change in the entire universe.

I AM Ascended Master Saint Germain
Channeled by Aruna

Message 9 - Light Up Your Heart

<http://comptedesaintgermainsblog.blogspot.com/2010/06/light-up-your-heart.html>

Saturday, June 12, 2010

Harmony within man's consciousness is the way to make a more harmonious world. Taking this theme to heart can also make man's daily life more delightful.

Peace on man's continents begins with awareness of what is not peaceful within himself. Taking a moment for meditation can contain more magic than any medicine can do to heal ailments. It can also delete mind's control of mental answers to daily choices, and allow the divine True Nature contained in the heart to lead.

Ponder this: Hearts are the light of the matrix of materialization. One heart opens and another light has been turned on. Materializing a more harmonious consciousness in man's domain begins with more light coming to the matrix of materialization from the heart of man.

I AM Ascended Master Saint Germain
Channeled by Aruna

Message 10 - It's Time For An Oil Change

<http://comptedesaintgermainsblog.blogspot.com/2010/06/its-time-for-oil-change.html>

Sunday, June 13, 2010

Ponder this: Cause and effect are making an impact on the cash flow of man's energy companies. All of the companies who have been driving prices up have had no cause to drop those prices, and now they are getting less money out of their gas and oil distribution. No gas costs anything near the charges demanded. No oil is going to cost that amount

unless man's drive for money makes it not affordable. New customers are not appearing, and old customers buy only what they must. Gas and oil companies need more cash, so they drain the consumer for all they can get.

Oil will disappear in the next 10 years. Gas and oil companies must make an energy change now! Change the direction of consumer gauging, change the drive to dig in the oceans, change the non-oil generated marketing to top priority. Delivering new materials as a replacement needs to be done now!

Policies that give more to the consumer can alter the drain these companies are now causing. The source of drain gets drained. The source of giving gets more coming to it. All companies that deliver new energy sources will get cash and gratitude from those who can apply them to their needs.

I AM Ascended Master Saint Germain
Channeled by Aruna

Message 11 - When Money Disappears

<http://comptedesaintgermainsblog.blogspot.com/2010/06/when-money-disappears.html>

Monday, June 14, 2010

Change is accelerating. None of the money being produced on man's behalf can be sustained. The Gulf oil condition cannot distract man's attention away on a matter of energy depletion. Money will not be able to create more energy directions if the money being managed now drops in acceptance. Money will gradually collapse, one or two countries at a time.

What can be done?

1. Address the situation NOW, before it occurs.
2. Activate a monetary caution.
3. Clear out all major domains of gold and other metals and give them to the people who are able to donate them to charities. Many charities are to need aid assistance, as many people are to need charity.
4. Begin to give out healing energy to man's consciousness.
5. Allow man to demand more aid from his government.
6. Give aid to all who are dying and not healthy before others. Then ask them to aid others with their mental thoughts.

Aid must become the highest priority. Money will collapse. Gold will not buy groceries. Take a new approach to dreaming. Don't dream for yourself alone. Dream for all of humanity. Bring to humanity heart and soul awareness. Give heart messages to one and all.

Ponder this: Man's drama is now in motion. Giving is the only answer to healing the circumstances needed to deal with this.

Prepare to make the new world with goods and services that can aid each other. Pay with goods and services. Make many aware of what they can do to contribute. Mastery can do anything! Master your own fears. Positive thinking can act as a Mastery "cause and effect" tool. Give away positive attitudes. Give away caring. Help many to deliver gratitude to mass consciousness, instead of anger and fear.

My words are not to contain "love and light" without addressing the facts. Facts must be delivered. More details are to be given. Check daily for my guidance on how to be content with the day's news. Being content must be the daily affirmation. Apathy must cease. Choose to give out gratitude and not fear. Ask for guidance from my channel if you are disturbed.

No deaths are negative. Death can be delightful when the tests have been passed. This disaster can be the last test. Ascension can be the end of the controller's game. Ascension may look like death. None of the controllers can ascend.

Man's lack of continuity on money matters has been in the works for a very long time. Not it has come to the days of darkness. Control of money will be done when there is none to control. Peace must be the goal now. Peace must be within the heart. Peace begins with YOU!

I AM Ascended Master Saint Germain
Channeled by Aruna

Message 12 - Channeling the Highest Consciousness

<http://comptedesaintgermainsblog.blogspot.com/2010/06/channeling-highest-consciousness.html>

Tuesday, June 15, 2010

The answers to today's changes already exist. Many new devices for moving away from fossil fuels have been made, only to be removed from man's grasp by oil and gas proponents. Clouds of smoke and many mirrors are about to be disbursed. What may be the greatest act of courage man has ever witnessed will soon come to the conscious awareness of all. Most of the controllers are to be mentioned in a book about heresy and the human agenda. Travesty may occur to the author. But no matter what happens in this regard, man will be shown the actual dynamic of how corruption and greed have destroyed man's connection to angels and companions in other dimensions. This agenda has been implemented to manipulate minds and cast doubt on higher consciousness modalities. No other cause of man's distress about control of his environment is as engineered as this one.

Clear channeling is the only method to get accurate information from other dimensions. Any other types of communication can be influenced by controllers. Ordinary channeling may also be interfered with, and all material about man's "great new world" is suspect and needs to be challenged. The controllers idea of a New World is one that "rises from the ashes" of the present one. Please know, this present world does not need to be destroyed. There is much that can be done to rejuvenate it.

However, when man denies that an obvious conspiracy is about to destroy his ability to control his own destiny, no visualization can overcome the destructive controllers' agenda. What will it take to manifest a better way? More acceptance of the way things are, and working to get a different eventual outcomes. Working may not be physical - it can be vibrational, but work is needed if good can come out of the destruction that has already been chosen by the deceivers and the controllers they manage.

There are many dimensions of consciousness. The most dense is man's current

acceptance of his man-made conspiracy. The next dimension (4th) is the one where good cancels all negative manifestations. Moving into this dimension cannot occur if man continues to deny the changes taking place to his current (3D) manifestation. Acceptance and major cause and effect actions can alter this controlled condition. Denial cannot do this.

Police are being trained to move against those who are going to give any clearing of the agenda being energized now. Making a difference at this moment begins with becoming aware, without reacting negatively to that awareness. Then, the next condition of man's angelic connection can begin.

It takes clear channeled guidance to detect the controller's advice from the guidance of angels. No channeling that is done by a novice can be trusted. No channeling done without clearing oneself of negative attitudes can be clear. No channeling that does not communicate in a way that man can understand it is clear. No channeling full of "love and light" can be considered accurate if it does not include details of the next cause and effect scenario. No channeling that delivers the message "All is done, the light has won" is accurate. Ascended Masters do not deliver these kind of messages.

Prove a channeling is clear before you accept what it says. Ask the channel who delivers the message, "Is this message from the Christ consciousness?" Be sure the answer is a firm and quick "Yes", every other kind of answer is a "No". Any chela who accepts channeling must always challenge the deliverer of that channeling.

Meditate to actualize more angelic answers, awaken to your own channeled Christ consciousness. I AM THAT I AM consciousness has the most accurate answers you can get.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 13 - North Korea Must Not Be Attacked

<http://comptedesaintgermainsblog.blogspot.com/2010/06/north-korea-must-not-be-attacked.html>

Wednesday, June 16, 2010

Military forces are being readied to move against North Korea. If war begins, these combatants are to get more than they are being prepared for. North Korea has many nuclear weapons to use. If they are not contained quickly, they will use them in South Korea.

This military approach must NOT occur. All of creation can be eradicated with just one of these nuclear weapons, not only those areas in close metric distance. Politics must deter this obvious mistake. Man does not have the ability to meet North Korea with might. Even dogma can be met with casualties of an overwhelming nature.

Mr. Kim Jong Il is the only one in charge of making this choice, and his mental nodes do not function normally. He cannot be deterred from making a foolish mistake. Close the door to devastation of his making by giving him another out. An advancement of military troops would be his "coupe de grace", as well as an act of coercion on his part. Taking his

mental condition into consideration, continuing **any** conversation with him will give more time to his decision making process. **Call the Congress, write the President, notify the military leaders of the world to leave the area of Mr. Il's domain without an attack.**

Consider this a most astute choice, not a condition of weakness. Meditate daily and ask to manifest more love in the leader of North Korea. Any move that appears to be an attack on his country may destroy all of his mental capabilities, and not detonating a bomb will be his most dire consequence on a list of more common demands he asks to be met. Allow him no options of delivering this threat. No option means: giving him no opposition. Be willing to do that!

I AM Ascended Master Saint Germain
Channeled by Aruna

Message 14 - North Korea is the Most Unpredictable

<http://comptedesaintgermainsblog.blogspot.com/2010/06/south-korea-is-most-unpredictable.html>

Thursday, June 17, 2010

All the men and women of the Asian area are now being considered disposable. None of the change agents of those countries with the most weapons are giving them the news. Most of these countries are more focused on Iran because of the money available from this country's easily managed oil control.

Iran will not contact anybody before controlling the area of the Middle East with nuclear weapons. If they get them, they will attack Israel as quickly as they can. And this will destroy the American opportunity to defend any country that needs assistance. North Korea may talk before striking.

Making a deal with North Korea buys more time to deal with Iran. No way of managing this country's main controller can give the needed control to another country. It must be contained with money and deeds of conciliation. It will not do anything before making this demand.

Iran, on the other hand, must do its deed without any conversations. It will give no warning. Iran may strike at any moment. Consider this the most dangerous country. Now, most of the men in Iran do not want this to occur. Only the man at the head of the management of this country - Ahmadinejad. He's the most content man on the continent of this country because the other leaders are all calling for another way to deter Israel's aggression against the Arabs in Gaza. Politics in the Middle East can be argumentative, but all the leaders do want Israel destroyed. Ahmadinejad needs no change agents in America to agree to his master plan. It is his most demanding answer to the laughing of the Americans at his nuclear dreams. It will also be his downfall, as the Israelis are not going to wait for his military might to destroy them. They are also making a master plan. Theirs is not nuclear. Theirs can detonate Ahmadinejad's nuclear capabilities before he can attack anyone. His threat is very real, but not as dangerous as the one in North Korea. Policies against Iran must continue. Policies against North Korea must not.

Be the answer to this no-win situation and close the door on nuclear attacks. Solve this dilemma with negotiation and calm acceptance of Il's demands. Buy time in the negotiation contact and demand assurances of no nuclear attack before giving any conciliatory

documents. Ambiguity must not get an enactment of this man's devious mind.

My dear ones, over the next months there is great containment needed. Most of you who are my chelas know this. Any who are not aware of my concern about man's military capabilities are not introduced to them. Man must become more caring. Man needs answers to these non-caring attack options. Begin with delivering more caring to one another. Care for others that are needing more care. Care for homeless and disabled children of God as you want to be cared for by others. Be a demonstration of God's divine love. Give the mind no attention. Give the heart the mastery it can deliver. Give me your attention daily to be one of the answers to this call for assistance during these days of darkness.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 15 - Bring On The Light

<http://comptedesaintgermainsblog.blogspot.com/2010/06/bring-on-light.html>

Friday, June 18, 2010

Ponder this: More catastrophes will occur. Are you meditating? Are you capable of adapting to the next condition of human development the controllers have designed? Are you able to go with the flow? Now is the time to gather together to learn how to create the kind of development that heart consciousness can manifest. Now is the time to give the darkness all the light you can illuminate. Now is the moment to cast YOUR agenda into the mass consciousness. **Your vibration matters!**

Call off the doves that do nothing but talk. Act now to take back your world that has been bled to death by android clones that manipulate your mind to gain attention. **Mastery must now begin!**

Call it anything you want, but get yourself to the highest vibration. Meditate. Choose to get guidance from Angels instead of entities that generate mass destruction of the collective consciousness as a most overt call for death. These most active destroyers are the ones who guide you to divide, who gain man's allegiance with mandates that generate fear or actions based on greed instead of caring.

Most of you have been anticipating these times with more denial than dread, and now they are here. Dread must be deleted for the gas of the volcanoes to move away from man's continents and the oil from the Gulf to move out of gushing mode so it can be contained. Fear of death is now active, and will not be deleted by man's present conversations.

Nothing will give a more positive answer to all of these changes than light - light that connects, and cannot be shaken by a controller's advice. Light is generated by acting on what is being called for by your own heart, and by releasing whatever fear is held in the body.

What you can do NOW is Awaken! Awakening will allow the detached attitude that is needed to be clear and competent during a catastrophic event. Awakening can release the fear of death, and eliminate the conversations that draw out the darkest nature of man.

The controllers are not going to tell you of their actual devious manipulations. You will need to identify them by their advice.

Here are some clues to guide you:

1. Are they nice to you and not nice to others?
2. Can you give them your open and caring, complete acceptance?
3. Do they eliminate your fears with heartfelt advice?
4. Are they calling for giving?
5. Can you get close to them or are they holding themselves as too special for that?
6. Are they giving guidance that leads you to your own inner Truth?
7. Are they making money for their negative advice? Advice that leads to God is not negative, nor is it expensive. It is man's greatest gift to mankind.

Who are the clones of the Orion controllers? They are manifestations of darkness that call themselves the light. They can act and appear as men, but they are merely androids that came onto Gaia to demand their own agenda. Caring about them cancels their ability to deny their darkness. Caring about them activates their controlling maneuvers. Controllers may appear as man or control a body as a channeled deity. Neither has the consciousness of a divine contact.

I AM Ascended Master Saint Germain
Channeled by Aruna

Message 16 - Africa and the Earth Changes

<http://comptedesaintgermainsblog.blogspot.com/2010/06/africa-and-earth-changes.html>

Saturday, June 19, 2010

Countries on the continent of Africa will not get as many of the changes that other areas will get due to the lack of destruction they are creating. Pollution exists in the overcrowded cities, but other destructive management details that make earth changes do not occur in Africa now. I'm not addressing their gathering of money resources that opens holes in the earth's crust to dig out gems. I'm addressing their non-aggressive use of earth's materials to feed man's addiction to money creation.

Africa does not destroy anything intentionally. Man does not add toxic materials to African meals, or make deserts out of treed areas because of mass production of beef, or take the community of an area en masse to cancer because of chemical distributions on their planting that is not conducive to good health, or give control of their diet to companies offering chemicals as the main ingredients, or release contagious diseases that come out of laboratories, or, one of the nastiest control mechanisms of all: annihilate their consciousness with answers from "the controllers".

Men and women in African countries are caring and able to give to others out of anything they are able to get. None of the dog-eat-dog tactics about "mine over yours" exist outside of the government. African governments are not led by normal Africans. Most of them are derailed by man's greatest manipulator, the news media, showing Africans how to take and how to make themselves wealthy. No African man was taught this when he was a child.

Politics has been the downfall of the heart in Africa. Men who did their jobs to overturn a

nasty, greedy leader become as corrupted as their predecessor. Why? God's ministers went to Africa to change the ancestors of man's greatest leaders and teach them Christian ways. Unfortunately, these Christians also taught them disturbing things they did not need to learn.

African men and women are closest to their families, then their colleagues in their area, then the ministers of their churches, then their government. Most other countries are the opposite in their allegiance. "My country" must not be the highest allegiance. It can divide and destroy a loving couple, a loving mother and child, and a loving community. "My country" means nothing when it comes to love. Love is more important than any dogma, any control manager, or any distant answer to man's enjoyment of today.

Ponder this: Only love can give money to the people. God wants money to be connected to love.

I AM THAT I AM,
Ascended Master Saint Germain
Channeled by Aruna

Message 17 - Make A Wish Day

<http://comptedesaintgermainsblog.blogspot.com/2010/06/make-wish-day.html>

Sunday, June 20, 2010

Channels of all the Ascended Masters and Angels are giving one message today: Tomorrow will be a day to bring forth your heart's desires for co-creative manifesting. The men and women who make this a day to celebrate their happiness will activate a new condition on the entire earth. Close the door to all of your fear, all unhappiness, all draining emotions and dance. And while you are dancing, consciously make a wish. These wish messages are to be answered moment-to-moment, in a continuous flow, as more wishes are made.

Manifest all the dreams of the heart and then give the world another gift for the day after. Call in the money that we have all been awaiting. Call in control of your own destiny. Call in happiness and mastery. Give me the direction that your heart desires. My co-creative abilities will be active. My answers to your calls will be quick. My co-creative ability is greater now than it has ever been.

Now the dreams of my chelas can get done. Now the hearts of man can awaken. Now those countries that have been controlled by magic will be doing magic in reverse. Many countries will begin to heal, and their new dreams can give them different destinies. New attitudes will affect all who are controlling them, and different conditions will move out the old way of doing things.

Happiness and mastery are the new way of being. Centuries of difficult governments are about to disappear. New daily managers will be moved into office. They are the ones who are my dreamers, the ones who cannot only dream, they can give their dreams clarity, confidence and continuity. We will be making dreams manifest and co-creating a different moment with changes in man's awareness. The moment of delivery of all the most desired manifestations has arrived, and this will have none of the controllers dancing. They will control the men and women on the New Earth no more.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 18 - A Day of Happiness

<http://comptedesaintgermainsblog.blogspot.com/2010/06/day-of-happiness.html>

Monday, June 21, 2010

Make this day the most conscious day of this lifetime. Meditate, then use your mind to check in with your heart to learn what it longs for. Write the words you get in reply on paper. Make the dancing happen!

Ponder this: Today is the beginning of a totally new consciousness in human development. Making a difference always means doing something different. Today, do more than contain the love of the heart in the body. Take the day to move it into the world. Play, take a much needed class in "having no concerns". Make happiness your first agenda. Tell all your friends to have a good time today also.

Positive attitudes on this day will amplify the light coming onto the earth from other dimensions. False gods are now being challenged to get out of man's auras so clear awareness can come into man's chakras without negative control altering its magnitude. Hearts can open now. Minds can accept man's divine nature and more awareness can create more heart.

Money and giving are the next new direction of change. Happiness attracts money. Heart and mind no longer are to be concerned about money. Giving allows money to come to you. Allow the money that comes to you to give a message to others that they too are cared for. Attract money today with giving from the heart.

Police are being trained to mandate a very different condition. Give them the day off, and do not cause any claims from them against this happiness. Police are the ones who need their agendas altered. No one denies their attributes related to control, this desire can only bring them and others great distress. Help them give up their attitude that causes distress. Police need more love in their lives. Can you give them some loving thoughts today? Hearts can be opened when a loving thought is directed towards an individual or a group.

Face the day with an open heart and total acceptance of this message.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 19 - Manifesting Celebrations Work!

<http://comptedesaintgermainsblog.blogspot.com/2010/06/manifesting-celebrations-work.html>

Tuesday, June 22, 2010

Many things have moved towards manifestation, thanks to the aid of our chelas on "Make A Wish Day". Ponder this: "Make A Wish Day" can be every day.

Pick one day a week, and celebrate all the happiness that daily life can bring. Energize the manifestation of the New Earth with ongoing happiness celebrations. Pick a day, and make it a mandate for yourself, that on this day you will cancel all concerns, and dance, and sing, and clap your hands, and call in all the things your heart desires. Fill all the goals on your list, and don't give any doubts to the matrix of materialization about any of these things coming to you. Celebrate their appearance.

Clear out all money concerns. Act as though the money you desire is on its way. Welcome all that arrives in the next days, as this will manifest more. Manifest mentally and cheer the game of manifesting as you would cheer for a major game of any kind. Go into the game with the intention of making more goals than any team has ever made before. Make the team of your choice the greatest in the game of manifestation. Make this team a major winner! God wants many winners. None of these games are to be lost by any of the teams. Your team can be the winner with no other team being defeated. Positive games like this do good for all those who play.

Pick a day. Say, Saturday or Sunday, when many of you can dance and sing together. Gather together to celebrate these manifesting moments. Have a manifestation party. Be merry!

After this day ends, begin making a list of all the goals to be cheered on the next manifestation day. Practice doing this list making daily. Meditate, then ask your heart: "What do I manifest today?" Write it down. Close out all negative thoughts that may arise. Ignore them. Having fun is the way to clear doubts. Major concerns are also to be given to God to take care of. You do the very best you can, and in addition to this, ask God to open a door that can move this concern out of your mind's attention.

Children also need to be given the opportunity to advance their development in manifestation. Ask them to communicate their desires to God on a daily basis. Have them make a list. Have them make a drawing if they enjoy doing this. Hang their drawing up so they can look at it. Have them claim all their desires on manifestation day. Give them this method of drawing to them what their hearts desire.

My dear ones. These days of celebration are the change that we have been talking about for many lifetimes. Changing negativity into the next energy of creation is the New Earth way. Happiness is an important component of creating form. Goals must be made. The closing of negative energy must be done. God wants this heart led dancing to continue.

Please bring this message to the whole world. Clear the negativity on the Gulf with this ongoing goal and celebration continuum. Change the way you get things in life - get your desires met by celebrating their existence. Please share this message with others, because we are all on the same team.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 20 - Creation and the Mass Consciousness

<http://comptedesaintgermainsblog.blogspot.com/2010/06/creation-and-mass-consciousness.html>

Wednesday, June 23, 2010

My dear ones. Consider the mass consciousness a most pliable medium of creation. Many contradictions abound in its composition, all canceling out others of the opposite view. Neither position is allowing for adjustments from the other. One cancels the other any time negative and positive come together. Making alterations in mass consciousness requires a lot more of one answer than the other.

Mass consciousness is now actualized in all daily occurrences, and in the changes being made on man's behalf. All of this is a great demonstration of manifestation. Mental activity, both conscious and unconscious, delivers manifesting attitudes to the creator, and mass consciousness delivers mandates to the co-creators of our realm to deliver what makes its way to fruition. Change is easy to make - change the mental attitudes given to the creator.

Now, at the moment these words are being written, new dynamics are creating different conditions to come into action. Hearts have opened, and more caring and active contact with divine consciousness is in the mass consciousness. Another dimension of the changes that have begun is the cosmic alignment of the energetic triangle in astronomy. Contact between man and man's divine counterparts has been accelerated, to make the change of conditions on earth easy, instead of a more major drama.

Cast aside old ways of thinking. Ponder this: *Changing the way the world completes its next steps depends on the attitudes YOU deliver to mass consciousness!*

One day of happiness cannot do anything more than turn around negativity. More days of giving and celebrating can delete many deliveries of mental disappointments, as homey, cozy, caring and compassionate feelings of a much more connected group of conscious creators are magnetized. Patience can delete anxiousness. The possibility of moving into a nuclear mode of attack can be deterred when many of you are demonstrating patience.

Claiming your mastery means contributing many happy thoughts to cancel all those negative thoughts being delivered by "not very content" men and women who dim the light of change with their negativity. Are you giving happy thoughts to the creator? Are the attitudes delivered to mass consciousness by your mind alive with joy? Are the mental conditions (desires) being conveyed to the co-creators being heard?

Prayer, aliveness, gifting, singing, dancing, making an artistic drawing, or making a content filled manifestation board for the wall, can all divert disasters. Amicable attitudes towards one another go a very long way to heal all that did not get love on the day they called out for love.

I don't want any of you afraid to dream. Pontification doesn't do anything of value. Dreaming does. Dream of the life you want to manifest. Close the door to doubts! Give this message to those who can contribute their heart directed creativity to the dance of creating, manifesting and delivering light.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 21 - Manifesting Your Needs

<http://comptedesaintgermainsblog.blogspot.com/2010/06/manifesting-your-needs.html>

Thursday, June 24, 2010

Going to the market in the next months may be a very different experience. None of the energy factors now being managed in these markets will continue to be charged in an ongoing manner. My message today is not for those who can already manifest with charisma and delight, but for anyone who has not mastered their manifesting ability. These chelas are my target audience for today's message.

Manifestation can be done. A new activation in the conscious mind can be turned on. But the conscious mind cannot create a mandate when there is disturbance in the unconscious mind. Positive mental attitudes control the manifestation process, and unconscious negative attitudes get in the way. My guidance today is an absolute call for my chelas' attention to their ability to manifest. Food may be at high risk before long. Not having enough food can create negative attitudes, and this makes manifesting impossible.

Take this day to do an attitude assessment. Can you give up your negative attitudes? Be completely honest. What do you dislike? What makes you angry? Are controlling thoughts outweighing happy thoughts? Are the thoughts about anything in your awareness dismantling your ability to create? Have more "good" things been happening in your life in the last few days? Are you being grateful for all things as they are?

Manifesting needs "good" energy to move density out of the most common areas in your dimension. One of those areas is the mind. Negative thoughts are to be completely ignored. The next area is the more complex drama of the unconscious. This drama can be observed by going to the mirror and asking, "What is it that my life is telling me?" If your goals are not being met, what is the cause? Most of you are being attacked by your own unconscious. When your mental dynamic can be changed, your ability to manifest can be created.

Please do the following:

1. Take time to communicate the drama related to your negativity to *me*. Write *me* a letter about the negative answers that you see in the mirror. Send this letter to *me* with clear mental thoughts, asking me to disburse all the negativity in your heart and mind. Next, close your mind to all these negative thoughts. *I* am giving them *my* attention.
2. Confront all incomplete dynamics that bring concern to the mind. Take a moment to give *me* the details. Ask *me* to help deal with these concerns. *I* will do this.
3. Face the fact that change takes time. None of these things can be altered the moment they are noticed. Patience is the next most important consideration. Make the determination that my ability to delete all this negativity needs more time than just one day. Relax, stop draining your own dance of life, and give up your attempts to control things.

Send me your mental letters now. My answers will come as I negate the hostile negativity being delivered out of mass consciousness. I need your absolute deletion of negativity to be able to help you manifest all the things that will be needed during the movement about to occur in your galaxy. Time is not available to negotiate. My call to this message group is to delete negativity NOW. Put yourself in my hands and give thanks for your own growing love vibration that can create anything.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 22 - Conduits Needed Now

<http://comptedesaintgermainblog.blogspot.com/2010/06/conduits-needed-now.html>

Friday, June 25, 2010

Presents are on the way. Packages of happiness are to be delivered, as care packages from the Angelic kingdom, to answer man's deep condition of darkness. My friends of the Angelic kingdom are materializing gifts like money, gold, healing, consciousness, answers to disasters, climate engineering that clears the air of carbon dioxide, and little drops of condensed danger instead of major cataclysms. Contact with them is now energized by their closeness to humans for materialization activation. By calling for the things you need and desire, they come into your energy vibration.

Those that can communicate with them are to get guidance for their next tasks, and how to maintain their light during the needed changes that will occur. Please take the **Course in Channeling** that my channel gave for this most critical moment. Both the Masters and Angels are to give messages, and the number of conduits that are needed are not available. Now is the time to co-create the New Earth. Now we need our co-creators. When the **Course in Channeling** was created, these most important conditions for learning were included:

1. My channel's non-attached consciousness allows me to have my energy available to all who take this course.
2. My advice and my leadership will be given directly to all who have taken this course.
3. My connection to them is made during the course.

My direct contact can keep those more doubting members of the community informed about the Masters' plans for moving them away from danger. When the dangers are coming to their area, a message will be sent via the most clear channels. Many who think they are clear are not. My channeling course includes guidance on how to determine the level of clarity of any communication from entities being channeled.

Ponder this: Are the days to come going to give the New Earth the love needed and the living conditions desired? Or will these conditions not appear because the contact that is needed is not available?

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

A **Course In Channeling** can be ordered [here](#).

Message 23 - Could You Be Channeling Controllers?

<http://comptedesaintgermainblog.blogspot.com/2010/06/could-you-be-channeling-controllers.html>

Saturday, June 26, 2010

Announcing "a conduits confirmation of channeling". All who are already channeling, and are open to the guidance of my colleagues of the hierarchy of Masters and Angels, are invited to contact my channel to learn a basic message that all conduits need to know. Many sources of messages, using the names of the Masters and Angels, are now acting as though they will deliver more answers than others can. And their answers are not accurate, because their intention is to discredit my actual communications with their details.

Channeling can do more than give mental data. It can make alterations to the energy of the conduit. It can delete non-aligned mental activity, and call in many changes that alter DNA. Making a new DNA can completely change attitudes of negativity that come out of DNA charting.

Collecting money can cause many conduits to overlook non-alignment in their messages. My channel has been contributing her channeling ability to this blog for no compensation. She has done this at my suggestion. None of those who receive these messages are being asked for anything. My only request is that you share the messages with others. My news is accurate. No disguised controllers are making my words controlling. My channel is no longer in an area where she can be deceived by American CIA telepaths. Many channels in the USA are not getting messages from my realm at all, they only think they are, because messages are being beamed to them telepathically.

Are you moving to another area of the world to be a clear channel? Many may need to do this. Those targeted are making their messages very public. Anyone doing this must make sure their heart and mind are One. To get clear channeling, mind must be completely free of negativity.

Heart and mind, means that the mind of the heart is most active. Taking mental concerns out of mass consciousness must be done as a concrete way to alter conditions on the matrix of materialization. None of the dramas that have occurred, like the oil gushing, earthquake devastation, and areas destroyed by other earth changes are meaningful, unless compassion and caring are moving minds into hearts.

Ask my channel to examine the messages you are getting. Ask her to give you a message from me, on a one-on-one basis, to determine whether the messages you are getting are clear. She is not doing anything to compete with any other channel, and this request from me comes as a complete surprise to her. Please make a donation to her for this service.

Many channels are not clear. Her channeling can assist with this. I will be the one to give back the answers through her. Give me this ability, and then the channels I need can get clear messages out to others.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 24 - What Can Be Learned From The World Cup Games

<http://comptedesaintgermainsblog.blogspot.com/2010/06/what-can-be-learned-from-world-cup.html>

Sunday, June 27, 2010

My dear friends. My message for you today is about confrontation. Masters confront the drama of their mind whenever it appears in manifestation. They do this to communicate to those who act out their mind's conscious and unconscious attitudes. When an activity like soccer comes to the world's attention, humanity has an opportunity to observe games that call forth their mental attitudes. Are your attitudes about the actors in these games angry? Sad? Cheering the winner and degrading the one's who are not winning? Are you grateful to those who give you entertainment? Are you negating this giving by making derogatory comments about them? Pure consciousness is not about loving the most aggressive, it's about loving all who give their energy to the game.

Now is a good time to ask yourself, "did I get upset at my preference to win when they made a mistake?" "Can I accept that this mistake was not done with the intention of the other team scoring a goal?" "Can I give gratitude from my heart to the whole team anyway?" Or, "am I angry about this mistake, mad at the one who made it, and negative about the game?" Please ask yourself about this, because the way you react to a game reveals important messages to your awareness.

Pride is another message to observe. "Do you claim there is more charm, control of life, or there are more advanced beings on the team of your choice?" "Do you associate their acts of bravery or goal scoring with yourself?" Observe how the mental control of the whole team adds to the deep healing the whole team needs when a game is lost. Can the man in charge get out of his negative feelings and have appreciative contact with his team? Or, does he manage them with anger?

Both teams are aspects of the One. Both goal keepers are One. When you consider a kick of one team an indication that one team is more capable than the other, your mental attitude is destructive. First and foremost, all humans must accept that games are miniature demonstrations of human clarity when it comes to decision making. And when a game is won, it doesn't need to make an individual or a team condescending as a consequence. Both teams are YOURS, not just one of them. When you get angry at one team or one player, that anger is being directed at YOU, the One. What good does it do to get angry at the mental attitude of your own psyche? None at all!

Forget who does what in a game. Be glad you got to attend. Give all the players your appreciation. Fill the players with good attitudes about themselves with your gratitude. Thank both teams for a good contest. Praise them and give them a mental attitude of the heart, not the contrasting attitude of the mind that believes defeat matters. It doesn't, in any of your worldly dramas.

This is only one example. Apply this message to all your confrontations.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 25 - Zero Point Consciousness a Must

<http://comptedesaintgermainsblog.blogspot.com/2010/06/zero-point-consciousness-must.html>

Monday, June 28, 2010

Anchoring light around the globe must come out of the mastery of humans. It doesn't begin in other realms. Other changes do begin in higher dimensions, but light activation comes from the inner light calling for more outer light. Gifts of the kind our Angels desire to give to mankind are the most major answer to man's health and continuation of his species. Once the technology is given, it will need man's agreement to be manufactured. Most of its components are already available, but not the heart of its mechanism, the conduit of zero-point mass consciousness. This is the only consciousness that can allow this great adventure.

My dear ones, this is the consciousness needed for Ascension. Only this consciousness can manifest the delight we desire. When the Masters are given a most definite go-ahead to activate more chelas to their next awareness, a new definition of Mastery can be given. This definition cannot be understood yet.

Practices to ascend have been good as a generator of Merkaba consciousness. All who do this are moving light in to man's domain. As this light becomes more and more activated, more than one can ascend and the massive changes that are coming can go on to their materialized level. Happiness can cause more dreams to come out of hearts for manifestation. Passive contentment can also create magic, if attitudes, clear of negativity, are attracting hands of light to assist.

Face the controllers with mass consciousness at zero-point and nothing they desire can be achieved. Mankind can create the destiny that God promised at the mountain of Ararat in the desert of the mid-East. Climb this mountain as Noah did, or get the message before the boat is needed.

Chelas of mine are opening the door of Ascension consciousness. More work must be done. Anchoring more light means being happy, giving from the heart, acting like the world will be created as the heart desires. Freedom is consciousness. Pure consciousness is the most awareness possible while humans are under the influence of mental control. No doing comes next, when the only one doing anything is God. God brings an answer to every concern. Give up your mental dramas, and give your heart and mind a chance to merge. This is the consciousness of your own divine nature.

All the apostles of the one called Jeshua ben Joseph are now incarnated. Their role in this drama is to lead the heart opening. All their lives have been about opening their own hearts. Mary is also incarnate, as is her child, the one called "Magdalene's gift to Jesus". This child is to be heard before ascension. Many do not believe in this contract I am speaking of, but for those who do, my mention of this may advance more happiness. Happiness is the way to ascension.

Give this message your greatest consideration.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 26 - The Absolute Necessity of Inner Guidance

<http://comptedesaintgermainsblog.blogspot.com/2010/06/absolute-necessity-of-inner-guidance.html>

Tuesday, June 29, 2010

Carry out the clear messages that come from within. If these messages are not taken seriously, the Masters and Angels are not going to be able to deliver your presents. Being able to listen to inner messages is the most important condition to access, then, acting on that information comes a close second. Chelas who are not able to get messages from their own inner awareness must depend on others for information. Now is the time to learn how to get the information directly.

If you are not able to purchase **A Course In Channeling** now, collect money from others and buy it as a group project. Make a group that does the course together. One or two in this group can offer more towards the cost than the others, if necessary. Many can learn together. Only one course can teach a lot of my chelas. **Please activate this channeling ability for your own good.** My desire is to channel to all who can master the art that has been very clearly taught in the above mentioned course. **My continued advice cannot depend on the internet.**

All of my chelas need to open their hearts and quiet their minds to be less controlled by those who desire their activities to end. Your greatest danger is not being able to hear inner guidance from the Master within. This alone can deny you the most beautiful future. No matter where you are, form a group and ask for our assistance. All who are disconnected from others may disappear when the drama of gathering the dissenters begins.

Make the ability to channel a most important priority. Pick a day to gather and invite anyone open to learning this method of advancing their awareness. Channeling is not outside the ability of anyone who is open to hearing the voice of their own heart. Call it God's words. Call it divine inspiration, call it grace. No matter what you call it, give this matter your immediate attention. No matter how many classes you take, or books you read, nothing will give you the guidance needed to avoid a disaster. Only the inner voice can guide you to another area in time to be out of the way.

Names of Masters or other entities are not important. Christ consciousness is the only criteria to be considered. Names like mine are frequently used to mislead those who are not able to discern a Master's consciousness from a controller's consciousness. Fierce competition drives those who channel to accept non-aligned messages as Truth, and the controllers use this competitive attitude to their advantage. When they decide to close down the most direct manner of communicating on the planet, your own inner wisdom, they do this by disguising their devious messages to appear as my voice or the voice of my colleagues.

None of the controllers can delete the Master within your heart if you are more aware than those of their dimension (astral). Some of them are now being revered as contacts for the highest answers of consciousness. No entity of light plays the control game.

My dear ones, channeling must be a most important goal to attain NOW! All Masters are adepts of higher awareness. No Master can do miracles alone. All miracles are co-created

with Masters of the seventh dimension. Clear channeling of the seventh dimension is a once in a lifetime opportunity. It is now or never, because getting your channel clear takes time. It requires the right attitude, the more advanced level of awareness, the open heart and the quiet mind of a good adept.

Ponder this: My conduit has a most clear channel because of her awakened awareness. Not every channel has the clarity that comes as a direct result of an Awakening. Give yourself the ability to channel. The awareness of the non-aligned controllers is not as masked as it was in the past. It is not going to disappear, it is getting more active. You need to activate your direct connection to divine gifts. Please give this matter your most important attention.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

A Course In Channeling can be downloaded [here](#).

Message 27 - Can The Planet Be Saved?

<http://comptedesaintgermainblog.blogspot.com/2010/06/can-planet-be-saved.html>

Wednesday, June 30, 2010

Healing the planet cannot be done. The destruction has been so devastating, that healing anything means exiting the area for hundreds of your years. Apathy about "hands of light" in the consciousness of man has negated the regeneration that man could have done with his own delivery of energy. Now, the deficiency in the health of man, and the land we call Gaia, is at such a drain level, it is no longer conducive to alterations by infusions of energy and mental imagery. What this means, is that man can either make do with what he has created, or continue to destroy the land until he can no longer inhabit it. **Positive answers to the only conscious choice are abundant**, and they may change things, but only when they are accepted by the men and women who make decisions about environmental issues.

A case in point is a marketing decision that was made, to delete the confidence of man about his responsibility to the planetary home he lives in. Man has always desired ownership. Why does this desire, to control, condemn the land he doesn't own? Is this non-contained land any less valuable? Why is the main address of man's desire only his own little piece of mankind's collective ownership? Is this all he can care about? As man has cared only about one small area, the land he doesn't care about has been destroyed.

Saving the forests, and the animals they make a cover for, are not his concern. Animals are the energy of another continuity contract with different "hands of light" beings, and their disappearance drains our ability to aid man. We ask the question, "Why doesn't man actively care about the land that is not attached to his control?" Maybe he can only care about the things he owns. Is that reason to kill off animals he doesn't own? And do these animals get any credit for their contribution to mankind? No, they are not considered as valuable to man as his automobile, or his clothes, or his activities that come with a price. Man has drained his home of the future by this ownership attitude. Changing his mind now is the only way to alter the decomposition of the continents and the water he needs to live. Polluting the Earth and the oceans cannot continue.

Polluting man's body must also end. Pills and chemicals are negative drains on the human energy field. Both do great damage to humans, generation to generation, distorting genetics that man needs to procreate. Closing this deficiency must be a major commitment for any company making a conscious attempt to deliver a different condition to the one now controlled by men who leave no demographic untouched by their desire to control.

Face the fact that the Earth must get man's care. No man can do this alone. The collective consciousness must get the message about actively doing things differently. Love has not been given to the land that is outside of the house man owns. Must he lose his house to accept his competency in a non-ownership position? Has he lost his desire to have a mansion in God's kingdom? This will only come to be when he admits his neglect of God's kingdom and does more to care for it.

May peace prevail on the drama of healing, now. Co-creation needs man's healing motivation, not his misery and distrust of his co-creating ability. Climbing mountains has always been a love of the dreamers of the Angelic kingdom. Mountains are to be climbed. Now the mountain of health of humanity is right in front of you. Assume that it is up to you to grasp the next summit before the others. How fast will you climb? How much energy will you contribute? Will you be a great hero or an apathetic observer.

Give this message deep consideration. Act on the call of the heart. Can the planet be saved? Are you willing to do your part?

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 28 - Are You Ready for Ascension?

<http://comptedesaintgermainsblog.blogspot.com/2010/07/are-you-ready-for-ascension.html>

Thursday, July 1, 2010

Change to your bodies is now underway. Have you noticed how many of you are activated in your light bodies? As my conversations on this blog continue, my chelas who read these messages may notice many different things happening to them that they need to contain in their new consciousness. One is the most dramatic: answers to questions being available before they are asked.

Learning to channel my words is necessary now, because my present ability to make clear contact with chelas through their own direct means is not very good. And when my channel who can get clear messages is not able to deliver them, many will need grand dramas in their life to receive these messages. Answers are always available, but my ability to connect may not be. Take the time now to get connected before the big dramas begin.

My chelas are not yet able to ascend due to the necessity of their channeling ability. Once the call is made, ascension may dramatize like it did when Jesus ascended. As this may need a guide from our realm, making the transition to a dimension beyond the third is non-negotiable. Candidates have made their choice known, and the dye is cast - when the moment arrives, the help of our realm MUST be available. Channeling is the only way we can deliver the guidance that will be needed. Only moment-to-moment answers will be available.

If healing the heart has not been accomplished, this also could delay ascension. Making amends, getting detached from old memories, and solving moment to-moment challenges also need to be addressed. Clearing the latent tendency to make convincing arguments about non-answerable questions must also be done. The mental body is going to get angry because its comforts are not going to get attention. Daydreams about manifesting the future will not be causing desired changes to occur.

Another admission that needs clearing is being able to get my conduits daily cooperation when the mind desires they do other things. I AM consciousness is heart driven, not mind driven, and choosing anything the heart desires comes before mental choices. As you awaken and can tell the difference between what is coming from the mind and a calling from the heart, you will see that the heart will guide you where mind may not want to go. Why do I tell you this? Because my channel gives me her attention now, instead of doing her other chosen activities, so I can lead the way towards ascension. This was to be a nice vacation for her, but my request to give a daily blog gave her a different plan. Now that her days are occupied with my channeling, I want to thank her and ask those of you who are following my messages to also thank her. Make a donation, if you can, and give me your greetings when you do this by mentally announcing to me that my request has been fulfilled. My channel doesn't appreciate these announcements that my control of her hand gives to you, so my ability to ask these things has its consciousness in the drama also. Help me compensate her and we can set her mental concerns aside about not completing the book she began.

Now there are more important tasks to do. Chelas need advice. Masters need clear conduits. I wouldn't impose my calling on this conduit had I had clear channels that could have also done this. But unfortunately, not enough are clear. What most channels do not comprehend, is that to get Awakened comes before totally clear channeling. Otherwise, the ego will do all it can to misrepresent the message.

Politics about channeling does not allow control of the domain by any certification, so there is no control that we have to demand more clarity and assist in its content. What I proposed the other day has not concretely moved any to submit their channeling for guidance. Is this because of being more attached to approval than being accurate? Another request for this is now being made. Clear channels are needed now!

The most direct challenge to my ability to lead my chelas, is not being able to contact enough of them. If you can think of one who may welcome these messages, anywhere in the world, please make my words available to them. My gratitude to my conduit, and to my chelas, is anointing all with the love of the Maha Chohan. Maha Chohan means divine father. My chelas are my children. My council for their ascension directs me to ask and go to whatever means I can get to help them hear my words. For more guidance, go to my daily blog, or get a personal message from me as the need arises. My love now answers questions as they are asked, but you may not hear my answers.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 29 - Making Preparations

<http://comptedesaintgermainsblog.blogspot.com/2010/07/making-preparations.html>

Friday, July 2, 2010

No matter what man does, the next days will get more difficult. Now we must accept this fact and prepare to deal with what is to come. Before my guidance on how to channel became available, no material on this topic was adequate, because it did not tell how to determine accuracy. Can there be more accuracy in channeling? You bet!

No matter what may be delivered to man's mind, the most important thing is to determine the consciousness of the channel. If anger is not expressed on channeling day, this doesn't mean there is no anger. If you seem mad on only one day, that doesn't mean there is no madness. If you are cheerful one day and angry another, you do not delete that negativity with one day of good feelings. All of these emotions are combined to determine how you are actually contributing to the matrix of materialization. Two days of anger makes far reaching degradation. One day of cheer makes a lesser contribution. One day of darkness does more damage than one day of cheer does good. This is due to many factors, but is mainly due to the negative attitudes man contains about himself that come out as anger at another.

Cheerfulness is not only a momentary good feeling. Cheer is the deletion of negative attitudes. Many days of negativity can be shifted to a cheerful appearance by a new experience that appears good to the heart. But the previous negative condition will continue to revive the story of "dear me, I'm angry at you" unless the situation is resolved. Healing the heart is necessary to being a clear channel. Only a man or woman who has eliminated their anger can clearly channel the 7th dimension. Astral beings are aware of how negativity cancels a channel's ability to contact our realm, so they answer the call. Many are playing this game by calling themselves Saint Germain, Archangel Michael, Mother Mary, Ashtar and other Master's names. What they tell the channel is that I am not giving accurate information through other channels. This creates doubt about all the messages that do come from me. Point made!

My dear ones, ponder this: Giving attention to ascension does not mean doing nothing to prepare for the days to come. Most of you do not have the ability to purchase all the food man needs to live for many months. This means that getting near a garden is the next best choice. Another choice is to deny yourself food one day a week so the body gets used to this. It may not get all it needs one day, and this will not be a problem for the body. It is actually a good contribution to digestion. Pace yourself with food, so when there may not be sufficient available, you aren't distressed. It may get very annoying before the body gets used to consuming less. Can the day of not eating become a weekly event before the need to do this becomes urgent?

I suggest you do this one day each week on the same day. One day is not going to cause the body to get ailments. Act as though this is a new health regime. Act as though the body needs this day off. Positive attitudes about this will help it become accepted by the body. Also, change the way you act about meals. Give appreciation for the gifts of the animal kingdom, and the minerals and vitamins they deliver will be more available. Make a decision that health needs more daily exercise and less food. Activate the drama of being in charge of the diet, instead of being goaded by the control impulses the body delivers.

Today's message is the beginning of a series of messages about getting prepared for difficult times. Money will not matter. Welcome the change. Prepare yourself to deal with what may occur to your contact for divine guidance and unexpected diet changes. My blessings,

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 30 - Choose The Way of Your Heart

<http://comptedesaintgermainsblog.blogspot.com/2010/07/choose-way-of-your-heart.html>

Saturday, July 3, 2010

Cancel all concerns you might have about contributing negative energy as the changes occur. No matter what is taking place in the 3rd dimension, there is another continuous energy of good vibrations coming to the matrix of materialization from other dimensions. Come to each day's events with this knowing: "Whatever happens, my contacts in other dimensions are my greatest assistants." They are going to be the most concerned about their ability to anchor light. If you can be an anchor of light on the 3rd dimension, they will direct the collective drama with their aid. Maintaining heart and mind merging is the way to let them aid the drama.

Change means growth, and many of you will get the opportunities you need to delete your negativity during these changes. Peace on another dimension can dramatically effect the 3rd dimension. Welcome the next collective consciousness with mental agreement, not disturbance.

Bodies are closing the door to choice now. Giving agreement to the mind and not the consciousness of the awareness of God must completely stop. Choose the way of your heart. Alter nothing with mental activities. Amazing grace comes to those who are coming from the heart.

Adjusting to a different way of living may not be easy. It may mean that food is difficult to get. Maybe others are able to get it, but they don't give any away. Allowing all to get their awareness to a more conscious level during these times is only one of the choices needing to be made. Face your days with contentment, no matter what each day brings.

What is coming is GOOD. Going through difficult days means getting prepared. Has the negative mind given you any condemnation of my words? Yes? Than ask the mind if these days are to all be cheer and delight. If it doesn't answer, than it is now getting considerate of man's inner guidance making itself known. Choice is before conscious awareness. Conscious awareness comes only with an Awakening. An Awakening comes before Ascension.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 31 - Conscious Money Management Needed

<http://comptedesaintgermainsblog.blogspot.com/2010/07/conscious-money-management-needed.html>

Sunday, July 4, 2010

Answering questions is my contribution to the minds of men. My actual duties do not

include this activity, but my chelas need this to be open to my words.

First question: "Why does the collapse of the current economic master plan need to occur?"

SG: Because no man can drive the management of hopes and dreams away from the masses, and destroy lives more ably, than the cartel in charge of banking now. They must get out of the way. No more of their management means no more gold is needed to feed their master plan.

No more money can be delivered without gold as a control of its value. A process of altering man's dependency on money needs to occur. Positive developments can emerge out of economic collapse.

First is the destruction of the banking cartel. Second is the destruction of currency management without gold and coins of other metals driving value. Third, containment of health managers that drive money costs to the advantage of their controllers not their customers. And fourth, causing entire countries that do not get assistance of the managers to shut down cannot continue.

Advice on the necessary direction to come will come from Masters who only desire another method of managing. Men and women who are greedy don't give any concern to the damage their greed makes on their active awareness.

After the collapse of the American dollar, other currencies will become more negotiable. Not just the major currencies, also the less energized currencies that need more growth. The Soviet Union needs more gold backing also. Their money cannot answer the needs of many once they get their discounted value. Arabic countries oil will get more valuable only as the US commitment to control oil production in the Gulf of Mexico dissolves. When this occurs, the cost of gas in the US will grow to be aligned with other countries. This means great movement in cost of goods on the shelves. Government control of the anomaly of a new currency further devalues the current system. Past mistakes can direct the new drama.

My dear ones, the answer may not appear to be as clear as you would appreciate. The reason for this is man's ability to change the actual conveyance of healing needed to alter the affects. Solve this dilemma now and no economic collapse needs to occur. Fire the cartel. Contain the managers of money. Gold can be available to many. Complete these answers now and the need to collapse the world's money can be avoided.

Change needs to occur immediately. Can you help save the gold and silver conveyance? Yes, by dropping credit and other means of debt. Change the whole way money is disbursed. Change the means of control. Clear the drama of money by using all that you get and not controlling the answers to the daily needs of others.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 32 - Mastery Begins With Giving

<http://comptedesaintgermainsblog.blogspot.com/2010/07/mastery-begins-with-giving.html>

Monday, July 5, 2010

Sharing what you have will give mature candidates the growth necessary for the Masters level of ascension. Master's level of ascension is one dimension above the more common and more chosen awareness of most ascension candidates. Masters are not only ascended, they are completely free of all mental constructs that would keep them from Angelic consciousness. God doesn't anoint candidates to this maturity, they do the clearing and deleting themselves of opinions and non-aligned control mechanisms that man has to deal with. Once these control mechanisms are gone, man becomes a mature candidate.

Most of those who are now committed to ascension are mature candidates. None of the mature candidates are completely detached from One consciousness, they are all now thinking of themselves as One with all that is. But, are they living like this? Are they giving all their non-essentials to others? Are they deleting their desires to bring things to themselves before meeting the basic needs of others? Are they giving out money to disaster victims? Are they delivering food to those who don't get enough? Are they living as divine anchors of God's caring? Not that many are doing this. **Mastery is being the divine consciousness NOW.** It means acting on Oneness consciousness. It doesn't mean "nothingness consciousness: I am nothing, I have nothing, I give nothing." Master's consciousness is "mine is yours."

Sharing is the first step. Communities do this. Give what you have to all and they do the same. Gifting to others is another way of leading divine consciousness, giving from the actual determination that what belongs to one actually belongs to all. Changing over from "what's mine belongs only to me" must begin NOW! No man can be an Island when disasters arrive. All must give to the whole.

Money is not any different than giving clothes or other donations. Money giving can do a lot more than donating things you do not use. Giving money is good to do. Answering needs that are now only in the countries of lesser conveniences must get attention. Give to any who need.

Poverty consciousness is not the only cause of drains on man's living condition. There are many other causes. These other causes dramatize the need for giving. Once the need has been activated is not the time to consider the cause of not having. The cause is not the important message, It is the ability to give that is at the root of the cause. Many who are Awakened go through difficult adventures with money. This is due to their need to get more answers about Oneness.

Awakened awareness means God awareness, and does God control the "dance of leela"? Yes, and the dance is all about awareness. Being a divine being does not mean giving without getting. This only happens when there are non-aligned beliefs in the mind. No man gives without getting. It is a cosmic law. What comes on Earth comes to those who are the conduits of God's giving. Man does not allow God to give all that is available, because man does not give as an answer to others like he could. Man's dilemma is always, if I don't have my needs met, what can I give? Now, I want you to clearly get what the "dance of leela", Oneness consciousness means: I give what I have. All the children of God are my children also.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

*Dance of leela" is a Hindi term that means "dance of consciousness".

**Most ascension candidates are to move to 5th dimension. Awakened awareness is needed to do this. Masters, who live as Masters on Gaia, will ascend to 7th dimension.

Message 33 - Give The Kids A Chance

<http://comptedesaintgermainsblog.blogspot.com/2010/07/give-kids-chance.html>

Tuesday, July 6, 2010

Agriculture is the most critical endeavor to pursue. Growing your own meals, and getting out of the more than devious attempts to minimize your mental capacity, must get your attention. Food cannot be driven by companies that barely provide any nutrition and douse their merchandise with chemicals. Most merchandise consumed by children today is pure sugar. Can't the minds of children be a concern of these companies? Apparently not.

Children with cravings do not get good nourishment. Children need more care given to their diet than adults. Children must not be drugged and controlled by big business. Mothers, God gave you the most precious gift to lead now. And this gift needs all the direction it can get, so it doesn't get caught in hooligan's antics about diet. Your child does not need any medicine, or any chocolate, or any colas, only a lot of caring, and whole grain, and naturally made diets. Wasting away, with no chance at mental advancement, are millions of children who get no nutrition at all, only fat making, business building, death accelerating chemicals. Many die at an early age due to diet. What can be done? Feed children good food. Only then can they grow their full abilities.

Management of diet is the mother's role. When there is no mother, others are the next best caretakers. In all countries, the most developed and the least developed, children need a good diet. Agriculture is the only chance anyone has to get decent nutrition. Food grown in the garden can give more to a child than a full stomach. What cannot be grown at home needs attention. Wholeness is the key. Natural, not drained of all nutritional value, food is the best. Combined with nature's other gifts, meat and fish, most can deny the artificial temptations given by major corporations. Mesmerized children, not overly charged with their own creativity, are not difficult to control, but they are also not going to be contributors to society.

After diet, medicine is the next offender. Children don't need most of the medications they are given. Twenty or more children in a light anchoring community can give more delight than one child near a city. Why? Light anchoring communities don't deliver medicine to their children. They deliver good nutrition, and diets without big quantities of chemicals. Children grow up capable of choosing diets for themselves that give them good mental capabilities.

Half the children on Gaia are not getting good diets. Can they be the next controller driven society? Will they drink and do drugs? Will they make choice for the good of mankind? These characteristics are grown into them by the food they grow on. Purchase a child's diet in a manufactured food outlet, and deprive them of the nourishment they need to make conscious choices.

Marketing to children should be deleted. Adults are the ones who are the actual targets of this marketing. Their money goes where their children ask. Give a child the choice of what it eats, and you are giving the world one more drain on the mass consciousness. Can this

catastrophe be avoided?

What did you have to eat today? Take the time to learn about nutrition. Force yourself to learn about natural diets. Choose foods that are closest to nature. Make the decision to give up non-nutritious foods. Once these things are done, medicine will not be the greatest income producer on the planet.

I AM THAT I AM

Ascended Master Saint Germain

Channeled by Aruna

Message 34 - Extinction - Reversible?

<http://comptedesaintgermainsblog.blogspot.com/2010/07/extinction-reversible.html>

Wednesday, July 7, 2010

Past memories cause many dramas in the present, but most of your cause and effect dramas are about things having nothing to do with today's level of mastery. The cause of today's disasters could be many things, not just one. Most of the great devastations are caused by major movements in the earth's geology, and are not a result of man's mental choices.

More than 50% of the changes that are happening are not actualization of mental energy. Only about 10% have this as their original cause. About 30% of man's difficulties come from only one percent of the entire world population - those who have directly contributed to the deterioration of the environment. This damage by the 1% is now a danger to all.

A policy of non-destruction to man's geographic areas must be created. Masters on other dimensions are most concerned about demonstrations of neglect of the momentous destruction mechanisms that can devastate at any moment. Bombs of all nations must not get activated. No carnage can be completely managed by the change agent delivering it. All who can create carnage can also be candidates to receive it. Brazen attacks on nations like the US can destroy more than one country. Many direct consequences of this one target can be a change to nations on all continents. Clarity about the most critical contract of the major nations is needed, as they are all going to be affected by an attack on any nation that can use nuclear weapons.

South Korea will need more than US aid when North Korea decides to attack. China will be a most important answer to this crazy man's demeanor in the next months. Human mass consciousness may be able to deter the man's convinced mind that he must attack. Welcome any answers to his mental grievance that can be given. Only this can avoid a major attack. The dark mental manipulators are asking for more than any can deliver, so caution must be maintained.

Forests are my next concern. CO2 is being deleted from the New Earth to a non-livable level, as the desecration of forests seems non-reversible. Because of this deletion, man's choice of catastrophes cannot be changed by mental concern or mental control. Only a new, direct action to replace trees can make a difference. Forests are necessary to humans, animals and plant life. Without them, no life on Gaia can maintain itself. Can man completely reverse this cancer that can make most answers to life disappear? Can it be done? Can you do it? What will you do to make more CO2?

Answers are needed NOW. No one country can answer any of these dilemmas alone. No man can do anything meaningful by himself in this regard. All must come together as One voice, one goal, one change.

I AM THAT I AM

Ascended Master Saint Germain

Channeled by Aruna

Message 35 - You Create Your Own Future

<http://comptedesaintgermainblog.blogspot.com/2010/07/you-create-your-own-future.html>

Thursday, July 8, 2010

Ponder this: Many hands of God are available to guide you. You are the one deciding on man's future. You are the one directing these hands.

Man does not get anything determined for him. He decides the goals and makes all the calls in the game of life. Many choose to be given man's destiny design ahead of making their choices in daily life. Collective daily choices are what cause future events, so no calculated guess can be guaranteed accurate.

Advancing man's consciousness also advances his destiny. One million years ago, the earth didn't have any of the choice options available today. Man could not determine any of the advances that are now activated, as one step leads to another. Change occurs gradually, and no divine action does anything that is not called for on man's choice creation list. Absolutely clear conduits are not able to determine the future now, because no combined consciousness has deemed an answer to man's drama. It all depends on YOU! Probabilities are many. Choices are many. Conditions of drastic consequences are all manageable. All you need to do is commit to a New Earth instead of a mass grave.

A channeled entity of great madness has determined that many will follow what he announces, and he does mass hypnosis on his clients while he delivers his command to destroy man's habitat. Many are fooled by his claim of enlightenment. All are being used by the anti-Christ he represents. Christ consciousness is love. Only love is the guidance of Masters. Anything other than love is anti-Christ consciousness. Man does not need to delete his future with mental imagery of destruction. Many other choices are available.

Announcing an eminent earthquake is not the same as announcing a future draught. Announcing a coup in a country on the verge of a coup is not the same as announcing a major overthrow of human conditions that are still able to be changed. I've dictated many changes already manifested as a means of clearing an area, or getting chelas able to continue life through an eminent collapse of contact with our realm, and the draught of man's food access without gardens, only to get you ready to act on changes that are ALREADY on the way to being as concrete as they can be. But nowhere do you find an enlightened Master dictating the dark and dismal controller's agenda as absolute facts. No one with cosmic consciousness would direct man to go underground or buy guns. No Master with caring consciousness would drug his clients before content of this nature was delivered to them. No ascended one would ask for great allegiance and secret meetings.

Many dear ones have been deceived by this rogue channeled energy. My advice is to get another opinion! Open your own channel and ask about these things. Give this darkness more exposure. Bring your own light to the controller's agenda, and refuse his message as

your declared creation to the hands of light. His message will destroy mankind. Be well aware of his non-enlightened message!

Another messenger to be aware of is announcing the NESARA message as a monetary condition of great accuracy. NOT SO. This will NOT occur. Be careful what you accept to go along with out of desperation. NESARA was not my idea, and never have I mentioned it in an absolute way. I do not see this becoming energized in today's economic domain. False claims are being made on this topic.

After this message about false channeling, I hope you get the call to find a messenger that is clear before you accept anything that is dictated. A clear channel of TRUTH is able to deliver the Masters of cosmic consciousness because of their own consciousness. Peace, happiness and a totally loving manner are the clues. Alcohol, drugs and demands of their clients are not included in their advice. Chapter 2 of today's message will detail more of the things to be aware of when it comes to acting on advice of others. Act on the advice of your own clear channeling. Take my channeling course! Get advice direct from the divine source of Truth.

Beloved friends, you will create your own destiny. Your mental acceptance of the future makes it what it will be. Make it bright, and change will occur to these dark moments that we all are aware are being manifest. Change your mind, change your future.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

A Course In Channeling can be purchased [here](#).

Message 36 - Ascension And The Days Of Change

<http://comptedesaintgermainsblog.blogspot.com/2010/07/ascension-and-days-of-change.html>

Friday, July 9, 2010

I am going to answer another one of your questions now:

Q: Are the Masters going to take us to another planet?

SG: My answer to this is 'no'. We are not going to be operating a carrier service for bodies. No bodies will be evacuated to other planets. Many days of darkness will come to the land masses during the days of change. These will be the days where we move communities to their new locations. These locations will not be other planets, they will be new continents that form as a result of earth movement. Masses of mankind will be relocated by carriers of the Galactic Federation.

Part of the continent of South America will become a center for relocation. Another is the continent of Australia that will have had its top joined with Asian countries. Another will be China. All of these areas will be major centers of the New Earth. More continents will be areas to move to also, but these three will come to be the continents that most go to.

Changes like this are coming, though not as quickly as man has come to believe. Not in 2012. Not in man's current lifetime. Most of the children of God that now inhabit cities on

all of earth's continents will need to leave before this change occurs. Ponder this: Changes of this magnitude will occur after the Ascension. Anyone who ascends will not get the assignment to colonize these continents. Those who remain in areas that are to experience major catastrophes will be transported to one of these areas.

Many will not ascend. Many will die during these changes. Ascension is not anything like ordinary death. It is the complete annihilation of man's mental answers to choice, when choice doesn't come to the conscious mind, only God's will be done. Changing over to this consciousness before ascension is called an Awakening.

Anchors of light will ascend as the Masters of the next continuum. All others will either not ascend, or will ascend to 5th dimension, not yet ready to complete their cycle of incarnations. Making this next commitment to Awaken will be my topic for another day.

As the mass consciousness moves into a more calm conveyor of change, man can do the assignments needed to get ready for the Master level ascension. But if the North Koreans attack and destroy the atmosphere, ascension will only occur for those who are now anchoring light. All the others will need more commitment to ascension in their next lifetime. Other lifetimes will occur on different masses of land than those man currently enjoys, but they will occur after the first mass ascension that happens with the Master's guidance.

Provide for the changes that occur in the next months, not the ones that require relocation - that is much later.

Have a most delightful day. Make many wishes today. Give this message no concern.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 37 - Your Happiness Affects Your Ancestors

<http://comptedesaintgermainsblog.blogspot.com/2010/07/your-happiness-affects-your-ancestors.html>

Saturday, July 10, 2010

Happiness is the most co-creative energy. When you are happy, the fire within you can light another moment of consciousness in the hearts around you. Moments of consciousness add up to more awareness throughout man's creation. Parents who are happy light the light of happiness in their offspring. Children who are happy are a gift of light to all their ancestors.

Ancestors are given a cradle to grave mandate, by the daughters and sons of their energy line, to bring God awareness to their grandchildren. After they move on to other incarnations, they are still carrying mandates from other countries and other matters outside of their current contract. Those mandates are also conditions of energy that play upon them until cleared by offspring of their lineage. Cord cutting through one's own maternal line will do wonders for many of these connected beings.

To do cord cutting, make a mental appointment with a person you are not aligned with. Picture this person (who may be across the miles) in front of you. Then picture the Masters

of the Great White Brotherhood, or Angels from the Archangel level, around both of these mental images - you and the other person. Make another image of two circles, one around each of you. Then move the circles together until they touch. At that moment, make a most heartfelt command that all cords connecting the two images are cut. Picture a sword slicing the connection between the two circles. When the cord is cut, the images are free to go out of your mind. Your work is done, allowing both aspects of this contract to leave your energy field. Not all will choose to do so. When this occurs, do the imagery again, and maybe a third time, until the two of you are no longer connected.

Making certain that the energy of the other person is no longer connected to yours is most important. Then be sensitive when meeting this person in the future. If there has been no delivery of messages between the two of you before or after the cord was cut, they will not know the cause of the broken connection between you, and since all connections are felt as an active energy in one's make-up until the cord is cut, the cord cutting may appear to be a negative message to them from you. But to your ancestor, it is a blessing, because your release of negative energy in your own field deletes their mandate to be controlled by the behavior of their offspring. Your cord cutting with those you are not aligned to frees them to progress in their current development process.

Answers to more questions will come on another day. Today's message is for all who do not understand that your actions are the key to growth for more than yourself. Your ancestors are also being given clearing when one of their genetic line does clearing work. Show the world that the loving being you really are can be happy for many generations of your family.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 38 - Group Souls and Ascension

<http://comptedesaintgermainsblog.blogspot.com/2010/07/group-souls-and-ascension.html>

Sunday, July 11, 2010

Modern man has not yet experienced the new dramas of the amazing changes that are coming in the next months. As the days get nearer, my chelas are to be led by my words, on this website, or directly. Make no mistake, the changes will be dramatic. Acting out these new dramas will be more of an adventure than man has gone through before. All of the awareness that has come out of man's call for God will be needed, to get consciousness ready for the next level of ascension, before anything really big occurs.

My dear ones. Ascension, as many are aware, is not an instant answer to all your contracts. Those answers must get handled before ascension, or no ascension. Contracts are the agreements between more than one aspect of a drama that can magnify a teaching. One man needs other aspects of his contained energy to raise his consciousness. Many bodies contain one group soul. The entire group soul must become awake to ascend. Man does not ascend alone - the entire group ascends together.

Many of you are now acting as Masters. More of you will become Masters. Masters can activate a "dance of leela" that helps bring other aspects of their group soul to ascension. As more of each group answers my call, the chelas that my messages are for can ascend together. Many are ready, but not all. The many cannot ascend without those who are not

yet ready.

Contact may be cut, as the internet may not get to all who are needing guidance. If this occurs, the more channels that can give information, the better. Welcome those who channel and guide them to make absolutely certain that only the highest level of consciousness, the Christ consciousness, will be leading others through them. Channeling for others is a major responsibility. Giving out a deceiver's agenda is a drain on the one doing the channeling, because their karma is affected. Many who would otherwise ascend will cancel their ascension by channeling dark angels.

Always ask this question of any channeled entity: "Are you Christ consciousness?" Only continue when a completely affirmative answer is returned.

Ponder this: Is your ascension completely assured? Are you able to channel your own I AM Presence? Are you Awake? Are you attached to material things? Are you near more than one other person to grow food with? Are you able to discern negative from positive? Are you welcoming of others who are needing aid? Can you give freely? Are you meeting a deceiver to get guidance?

Answer these questions and know the work that may still need doing. Channeling Masters and Angels is not the only thing needed. Make an assessment and begin the things that are not done yet.

After the days of darkness, the ones who ascend will not be available to channel for you. Get yourself able to contact the guides who can take you home.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 39 - Make Ascension a Goal

<http://comptedesaintgermainsblog.blogspot.com/2010/07/make-ascension-goal.html>

Monday, July 12, 2010

Children of God are all naturally conscious of the divine calling of their hearts. Most do not accept this calling, as mental attitudes get more attention. Facing this dilemma, we, the spirit members of this contract to ascend, are committed to getting as many entities as possible to accept the guidance of their own heart. This is not an easy change, as many do not give themselves any quiet moments that could bring them to this conclusion. Anointing them with grace can also be done, but all of the contact we make is non-tangible and cannot be scientifically substantiated. The power of the mind is great. It can make choices that defeat all of God's desires for the body, canceling an entire soul group's ability to ascend.

Suppose you were one of those who chose to ascend in this lifetime, and you were not open to the divine messages needed to complete the required level of Mastery. Would you want more contact with others who are on their way to ascension? Or, would you make the choice to engineer your personal goals by yourself and do things that are not compatible with divine contact? My point is, all those who need my guidance are not getting it. Can you assist? Can you tell them about these messages? Can you discuss the messages with them? Are you able to open someone up to their own heart on what could be the most

important day of their life? Can they be in direct contact with God on a day of great danger? Can they open their door to others who are more desperate?

Maybe a person you know is one of your group soul. Face the fact that only an entire group soul can ascend.

Make a decision to help us lead many to ascension. Change the way you think of those who are "not as spiritual" as you. In conversations, are they asking anything about coming events? Are they making a difference to others? Are they giving of themselves? If none of these answers are yes, they may not get the answers from God that are needed to ascend. But if they are just not able to hear our call, they may be open to more than you are now aware.

Changing mental attitudes about anything is not easy. Resistance to most contradictions is natural. But, if the heart is not completely closed, resonance to the guidance of Angels and Masters can be felt. All that is needed may be a conversation with caring friends. Controlling them is not an option. Someone who is controlled cannot be delivered to ascension. Only the desire to be One with God can do this.

Offer the opportunity. Talk to those you dismiss as not being "spiritual". Give them a call. Ask them to get together. Talk about your divine call. Ask for their opinion. Talk to them as respected equals, not discounted outcasts. It is only their mental thought process that demands another lifetime. All will one day discover the negativity of their mind and how it deceives them. But until this is accepted, they may only need a good act of caring to give them the answers their original goal of ascension needs.

Give this to just one person, and maybe your contact with a lone member of an incomplete soul group can help move an entire group to ascension. And when this group ascends, many will be grateful to the one man or woman who made it possible.

All of you can ascend. It doesn't take a Master to tell you this, it only takes a caring guide to lead the way. We, the members of your group who are going to lead the ascension, are grateful for your assistance.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 40 - Angels Are Needed Now

<http://comptedesaintgermainsblog.blogspot.com/2010/07/angels-are-needed-now.html>

Tuesday, July 13, 2010

Ponder this: my chelas are not the only members of the Children of God who need these messages. Only a few other Masters are giving out this information. Chelas of other Masters are also needing guidance to ascend.

Help is in a number of forms. One is direct messages, another is channeling from a Master through clear channels, and also, many are guided by their own I AM awareness. All three of these methods can get the news to those who need it.

My chelas are giving me much concern. Many are not getting the message that they are

not ready to ascend, that they must Awaken. Ascension is graduation. Masters graduate, not seekers. Once a seeker becomes a Master, ascension can occur. All my chelas may be aware of what Mastery is, but most of them are not Masters. Previous answers to questions about this have not given enough motivation to manage an action. Today's message is to do this.

Graduation comes when the lessons have been learned. Masters are able to give of themselves to another without hesitation. Also, they are able to accept all as they are. No opinions are negative. Open hearts accept all who disagree. Masters don't get nasty about opinions. All opinions are answered with respect. Positive attitudes are always apparent, regardless of the circumstances. Hearts are not closed to anyone. Some of those who claim to be able to ascend cannot depend on my assistance because of their arrogance.

An arrogant attitude means another major answer of man's drama must occur. Give the major drama a new attitude and consciousness can deepen. Only those who are absolutely humble are Masters. Can you convince yourself of my message now? Can the names of channels who are not humble help you act on this major correction to your thinking? Arrogance is not compatible with graduation.

My dear ones, take a look in the mirror. Who do you admire? Is it a most arrogant accomplished one, or is it a giving angel? Angels are my choice. Angels do without asking any attention for their actions. They give to anyone who can accept their giving. They are deliverers of caring. No angel mentions a "notice me" comment. No angel delivers arrogant comments like, "I Am the only one who can care for you." These comments do nothing for anyone. More specifically, they delete the confidence of the one hearing them.

All can be angels. All can care. No one needs anyone else to take care of them. Every Master knows his I AM within can decide who does my work or not. In the next months, many countries are to be given an opportunity to learn about angels. Angels are the ones who give to others. Can this be the drama that deepens your consciousness?

Every Master does what the heart guides. Most of you can do this. Most of you can deepen the consciousness of caring also. Meditation alone will not give a diploma . Giving without any concern about receiving must be demonstrated to graduate.

Ascension can be the most delightful answer to the days to come. Many can ascend. Now is the moment to make certain that arrogance is not the cause of another drama to become humble. Be humble NOW. Ascend with your other members of consciousness who are angels already. Give them the gift of ascension. Be their angel. It takes a great man or woman to be an angel.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 41 - The Illuminati's Chosen One

<http://comptedesaintgermainsblog.blogspot.com/2010/07/illuminatis-chosen-one.html>

Wednesday, July 14, 2010

Many are now beginning to question the dramas that have been intentional acts to generate fear. These catastrophes have not been done to bring attention to those doing

them - they were to give them complete control of mankind. My message today tells the truth about an event everyone must understand.

One of the most devious commanders of the continents of the Americas was Richard B Cheney. This man was the one who orchestrated the collapse of man's claim to freedom. His devious activities include the complete devastation of human rights and the Constitution of the United States. No other man or woman can claim the donation this man has made to destruction. Beginning with 9-11, to Afghanistan, the failure to capture Osama Ben Ladin, to Saddam Hussein's demise, to Halliburton's costly manipulations, to controlling George W. Bush and navigating the crossing over of his own man in Congress. What can be his motive? Access to the most elite doors opening in the community of the Illuminati. This man is the chosen one.

He did control of anger management in the country he claims to annoy him, Columbia, SA. This is the country he was asked to manage by the first George Bush. Columbia has many drug lords. As they became friends with Cheney, he counted on them to deliver to his control the funds he needed to accomplish the 9-11 contract. He did this with the agreement of George W. Bush. This was the way to get enough control to destroy the confidence Americans had in the men and women who were to give them a new destiny. That destiny is about to continue as Mr. Cheney designed it. Not as he originally orchestrated, but as the group of controllers he belongs to wants it to be.

What did I do by exposing the man that did all the groundwork for the Illuminati? I did this to lead the way to end his ability to manipulate. Change this man's confidence and delete his options. Change directions by calling him in on a criminal conspiracy charge. When another decision is made against the controllers, they *may* give man another chance.

Many do not know that the banks are not at all safe for depositing money. Most banks are already bankrupt. No United States bank can claim a good balance sheet. No European bank can either. No bank can give out all of its deposits. Man does not need to empty them, but to get ready in case they close. If your bank closes tomorrow, will you be able to care for the needs of the community? Make the decision to get to a more cash based condition. Cancel the debt you are contributing to the national debt. Consider the debt you have to be more than can be delivered by that bank to the consumers that depend on it. Debt cancellation makes banks healthier.

Consider this message to be one of opportunity.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 42 - Anchoring Light and "Knowing"

<http://comptedesaintgermainsblog.blogspot.com/2010/07/anchoring-light-and-knowing.html>

Thursday, July 15, 2010

Meditation can heighten the awareness of an arrogant mind. Another way to do this is anchoring light. Today my message is about anchoring light.

When the man called Yeshua ben Joseph walked the earth, he did not channel or call to God to tell him what to do. He already "knew" what God would answer. Not because of an

advanced condition of his mind, not because he was more connected to God than anyone else, but because of his ability to contain God's energy as it made its way from the cosmos to the earth. His light came through the dam of his mind with no closing of the mind to impede it. His Oneness with God consciousness provided his "knowing". "Knowing" is a demonstration of Mastery. It is not psychic ability, it is much more accurate than that. When one "knows", there is no doubt about accuracy.

Anchoring light is the source of "knowing". Anchoring light is the awareness of God as it is meant to be. Can mental intelligence and "knowing" be different? Yes. Mental answers are not conclusive unless they are given to the mind from "knowing". Scientific studies only consider what is already apparent. "Knowing" does not need proving.

Anchors of light are Masters because the cosmic and the human are One. Yeshua ben Joseph was enlightened. Awakening occurred when he was traveling through areas of the world that were new to him. Masters of Awakened awareness materialized for him in man's image and anointed him with absolution of his negative mind. After his Awakening, he lived in the desert to obtain more awareness. Another Master materialized for him there. Machiventa Melchizadek, the first Master to appear on Earth, told him of his new awareness, and guided him through his demons to more depth of consciousness. He became enlightened on the cross. Why do I tell this to you today? Because YOU are the next Christ consciousness.

Never before have there been as many conditions available for a Oneness mass consciousness to emerge. Never before has Christ consciousness been embodied in groups of Masters who are able to ascend together. Never before have there been men and women needing only the news that who they are is the second coming. Now, the time to ascend is near. Purification of the dross that limits man's growth must be completed. Make this next comment your mantra: "I AM THAT I AM".

This statement can delete the dross and contractions that hold back "knowing". Practice more co-creation with meditation, calling in the light, and advancing the amount of light the body can contain. As the days go by, more and more light will integrate those areas where dross used to be. Fill the mind with more light, and delete the dross from man's consciousness to make another consciousness available - cosmic consciousness. Light anchoring needs only deletion of dross. I AM THAT I AM can do this quickly.

After the dross has cleared, "knowing" what comes next comes from the divine Source. Channeling is different. Channeling does not need the healing and deleting of mental dross that "knowing" does. Channeling, and "knowing", both require emptiness, but "knowing" needs more clearing than channeling does. "Knowing" comes when one mutates all contractions that are contained in the mind and the cells of the body. Hearing the voice of God is not the same as opening a channel of communication with me. God is also the Source of my "knowing."

Humans and animals are the same when it comes to attunement to divine awareness. natural inclination, when fully present, will be the way.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 43 - What Is The Truth?

<http://comptedesaintgermainsblog.blogspot.com/2010/07/what-is-truth.html>

Friday, July 16, 2010

Truth cannot be an opinion. It negates all opinions. What is Truth is nothing a mind can accept, because it is not a concept. Concepts about anything are a misunderstanding of what Truth is. Health, action, negative thinking, death, memories, attitudes, agreements, mandates and all other concerns are mind's concerns, not Truth.

Change is at hand. A lot of changes are about to occur. Big changes are not negative. How they are experienced is the important thing. Making a plan may be irrelevant, as no one can accurately predict all the details of these alterations to man's habitat. Man must do what can be done, but nothing of man's doing can deny the big changes their destruction.

Now is the time to move in consciousness, to be in these changes as a Master. Masters are not concerned by drama, they can accept all that appears, as they are aware that nothing is as it seems. My dear ones, what is not real can be destroyed. What is real cannot. What cannot be destroyed is the consciousness that is your True make-up. As the bodies it has activated come and go, it maintains its integrity as a most amazing, most heartfelt desire to ascend the denial of its own existence.

More of this awareness is needed. This news comes to minds as not a real discourse of a Master or a guide, as the ego cannot get the answers it wants. No devastation, and no death, destroys human consciousness. It is non-destructible. It needs no food, water or clothes to exist. It doesn't die. Consciousness is the True Nature of this human body. Give this consciousness a chance, and it will delete all fear, no matter what happens in the world or to one body.

My method of guiding during this most difficult change of continent movement is to get you prepared to leave the human condition with a lack of fear and a mental attitude of a new adventure. Commitment to being Awake will make this your last lifetime. Channeling your guides can help with day to day needs.

Have the messages given you the idea that no catastrophes are coming? No, I've been quite clear on this. Many are now changing the earth already, with more to come. But, my words are not to cause anger, fear or mistrust, only to lift your sights to holiness and death defying consciousness, where You will become a Truth giver instead of being a Truth seeker.

Concentrate on negative things and you will not be ready for healthy control of your destiny. Mind can only activate fear. Concentrate on delight and happiness and give more light to others who are mental.

Make another choice - don't give mind's agenda a chance to create darkness in your awareness. You are a divine, most conscious Master in a human body, not a disturbed mental case needing direction. Call on the Master that you are, and celebrate ascension to the contract of heaven you deserve.

I AM THAT I AM

Ascended Master Saint Germain

Channeled by Aruna

Message 44 - The Next Phase of Creation

<http://comptedesaintgermainblog.blogspot.com/2010/07/next-phase-of-creation.html>

Saturday, July 17, 2010

My dear ones. Today may be difficult. Many of you are facing financial depression. Many will get sick. Many are not happy. My messages are not to tell you that nothing is happening, they are to guide you to a more conscious direction of thinking. Please give my words much consideration.

Channeling can be an open door for going to a new director, other than the ego. No Master will control you like ego does, but Masters do not want the door to close without your full understanding of what is being given. My teachings must be presented at multiple levels of awareness. No long time chela is going to be mad because they do not address new consciousness, because they need no conversation about this. Yesterday I gave a message for this group. Many of them were glad. Others did not understand my meaning.

To grow in consciousness, new awareness must appear. At first it can seem odd, not making any doors of awareness open. But when given numerous times, the same message makes a lot more sense. More than two conversations about a topic creates an opportunity for great depths of understanding.

Yesterday's message was not telling you to do nothing to take care of yourself and those in your community. Nor was it a cosmic guide of self-destruction. My most dramatic messages are not the ones that nudge the mental body to question, they are the ones that discuss matters that cannot be changed. Many of the disasters that are coming cannot be altered. But many can. Making more happiness can change the vibratory quotient that makes things manifest. Allow for a new possibility or you create the opposite with anointed thoughts about it.

While devastating things are coming, none of them are going to destroy the consciousness of those who are Awake. Being Awake will determine the way the next phase of creation comes forth. More and more, the thoughts that are given out do create the future.

Nothing defines you other than the thoughts that contain your signature. God's thoughts are not personal thoughts. God's thoughts are about ALL, not one aspect alone. God gives grace to all who ask. Are you making wishes? Are you telling God what you want? Give God your new goals whenever you come up with them. Make no decisions about the cost or the possibility of their creation. Give God your list of requests.

Attitude is everything. How you think creates mental constructs that manifest. Negative attitudes about how, or unconvinced thoughts about your ability to manifest, delete your requests from God's list. Ask and you will get no confirmation of your order. Give the matter to God. That puts it in the manifestation channel. Meditate daily. Give thanks for being. Nothing more is needed.

I AM THAT I AM

Ascended Master Saint Germain

Channeled by Aruna

Message 45 - Inconsistencies Expand Consciousness

<http://comptedesaintgermainsblog.blogspot.com/2010/07/inconsistencies-expand-consciousness.html>

Sunday, July 18, 2010

Control of the gap between what now exists, and all that you would like life to be, negates your ability to expand in consciousness. If this were not the case, all countries would be the same. Most of the citizens would be grateful for the most active delights, and complain about the deficiencies. Many would look for defects that did not fit with their choices, and drag down the mass consciousness with negative thinking. Man cannot grow without inconsistencies.

What I mean by growth is: delight in all that is. Can you get delight when another doesn't do things your way? Are you grateful for more options when it comes to choosing new directions? Can you appreciate differences? Face the fact, differences are better catalysts for growth and awareness than delight or any activities that are not so driven.

Many of you have a mental attachment to not changing the characteristics of man's drama. For example: taking drugs that cause mental conditions of altered consciousness. You want to be distanced in all ways from what needs attention. Medications are not an answer to growth. They only dull your mental ability and do temporary adjustments to body misalignment. Consider them a continuation of dreaming. Nothing concrete comes out of medication. More attention is actually necessary to correct non-alignments.

Now that the medication companies have controlled your approach to health, new and different medicines can be used to destroy your mental abilities. Consider the mass consciousness drugged! Get off the medications! Take care of the body with organic or pesticide free food. Add medicine ONLY MOMENTARILY. A medicine that cannot be eliminated is not a cure! Seek advice on good diet and exercise. Daily walks can be the key to good health. Walk, ride a bike, swim. Get air and sun too, don't just do the movements.

Claim control of your own body care. Most doctors are not the ones to guide the direction of a body's health condition. Only doctors who give diet advice can add an advantage to your body's health. As the changes advance and increase, medicines will be marketed to all who ask for medical advice. Get your advice outside of traditional allopathic centers. Go to a natural doctor who understands mind-body medicine.

Cancer cannot be cured by chemotherapy. Cancer can be cured with meals that offer optimum nutrition and discussions about mind's disturbances. Cancer is a man created option. Man chose cancer as a way to die. Change the death creating thoughts, and no cancer will appear.

Pre-change conditions, where you could get major dramas to disappear, are over. Now the conditions are: observe the damage done, give any assistance you can, make a gift of money or another act of aid, and control your own cause and effect attitudes. "Cause attitudes" are mental attitudes that act to create what it is you mentally like or dislike. What you mentally attend to comes to you, one way or another. Passion about doing something can advance the creation of that desire. Passion against something delivers more of the cause and effect drama. Not thinking about a disaster works as a major contribution to containment of more disasters. Not thinking about non-aligned conditions does more for mankind than making the drama an obsessive mental delivery of negative attitudes. Most

answers to dilemmas come to a quiet mind. See if you can turn your attention to the consciousness that provides answers, instead of adding any negativity to the mass consciousness.

Conditions are always able to change as the mass consciousness changes. Love the beings being given major disasters. Love those who are grieving. Love all who aid them. Love anything that comes to mind, and don't give any situation more negative thoughts. Bless the country contributing to the life and death consciousness you are able to move beyond with a spiritual Awakening.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 46 - What is Ascension?

<http://comptedesaintgermainsblog.blogspot.com/2010/07/what-is-ascension.html>

Monday, July 19, 2010

Chelas, my beloved students. My desire for all of you is that you have more comfort with my words about change and ascension. First, allow me to clarify: many changes are coming. Earth cannot accept more environmental destruction, and is not going to allow it to occur. Before more of these major changes manifest, my messages can give you details about what to anticipate and how to cope. My messages are not for those who insist on denying the information they contain about this subject. The messages themselves are not manifesting what is about to occur. They are guidance for a more conducive alignment with the earth and how man chooses to dance with it.

All who are now chelas of Ascended Masters, chose (before incarnating) to get enough awareness to ascend to seventh dimension during this lifetime. My chelas have not made this their most important decision, so I must also give them the other messages as well - getting ready for change. My preference would be to focus only on ascension. I know it now seems to be merely an entertaining thought, so my task today is to contribute more understanding.

Ascension to Fifth dimension is also called enlightenment. It means: man is no longer controlled by his active mind. Quieting mental and emotional dramas makes it possible to receive divine awareness within, instead of needing direction from others. Goals are also deleted, and there is no contraction when actions are taken by the controllers or devastation occurs. Fifth dimension ascension does not melt a body, or destroy contact between man and his mate. Clear awareness about all of life's circumstances make ascension the most conscious manner of being human.

Seventh dimension ascension does mean complete dissolution of man's human form, so there is no more material contact with others in matter. Consciousness is all that is.

Is everyone on earth going to fifth dimension? No, only those who do their clearing of limitations and Awaken. No enlightenment can occur without Awakening. Mind is asleep. Awake means "no mind". When all your mental limitations have been discarded, including your attitudes about ascension, an Awakening can happen. Give up your beliefs so you can Wake Up and ascend.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 47 - Change the Oil Situation NOW

<http://comptedesaintgermainsblog.blogspot.com/2010/07/change-oil-situation-now.html>

Tuesday, July 20, 2010

Ponder this: change to man's world is already apparent, so why do so many continue to ignore this? My dear ones, my love of humanity reaches all, not just my chelas. My desire for all is that you are able to change, with all of the different change factors, without fear. Fear makes an energy that doubles the destructive magnitude of current circumstances. Change, in itself, can be great. No change means no growth in consciousness. Today's message may not seem new and different. Maybe you've been told this many times. Here is change that can happen as a result of growth in consciousness:

Make a list of all of man's needs, and do an assessment about the ability to meet them without automobiles, gas driven motors, or charged motors that are dependent on oil to run. Then calculate the number of days you can be without any of these things. Consider the gas needed to be delivered to gas stations to fill all the gas appliances, cars and trucks in one neighborhood to a maximum of one tank a month. Take that amount and cut it by 70%. This is what may be coming to the neighborhood that you live in. And then add another cost to the tank - quadruple it. Now, how can this change be less difficult? Manage with less now! Give up drives that are not necessary for continuing life. Go with groups whenever you can. Give rides to others when you go out. Change more than one of these things and ask neighbors to do the same. Form community groups to shop together, and get co-ops going to distribute food. Gather together local gardeners and discuss the needs of the community. Offer to assist those who can grow the food. Learn about doing with what you have.

Now, my conditions described may seem crazy, with current gas availability, not needing this kind of cutback. My dear friends. NOW is the beginning of the end of these conditions. Many are disturbed by the oil drain in the Gulf of Mexico. Now that this oil has disappeared out of the control of man, there is not much left to drill. Closing oil drilling from oceans is not difficult. Replacing their supply will be. Controlling this money management condition is a network of controllers of the highest order. None of them care about the concerns of your communities. None of them are delivering any options for continuation of human maintenance in the future. None of them do anything for man's deliverance from graft or greed. None of them are your friends! High positions in these cartels are given for obedience.

Give me your attention! Give them less business, and they will look for different answers. Make them look for new devices to harness energy. Make them draw oil to a close. Make them ask for what you want, instead of keeping oil as the most valued commodity on the planet. Madness is coming if you don't demand a different commodity to give you the energy resources you need.

Humans CAN change this! You and your community can do much for the entire world - by consuming LESS. Change can be your way, not the drain on you it is now. Be a leader of change, the way you want it to be.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 48 - Make A Decision NOW

<http://comptedesaintgermainblog.blogspot.com/2010/07/make-decision-now.html>

Wednesday, July 21, 2010

Ponder this: contact with the teachers and guides of my 7th dimensional realm can now be completely accurate, because new contact can occur without moving through astral dimensions. Many deceivers have come as impersonators of ascended ones, and now they are being exposed. My channeling course has exposed them and their manipulative ways, so have no concern about making contact to another dimension. What we have done, is caught the most blatant in their lies, and dispersed them as a nuisance. Confident channels can delete negative deceivers quickly and without nice goodbyes.

And, more will be deceived until they also learn the material in this course. Basically, my message today is: Please take my channeling course. This course can open the door to an Awakening. Why? Because it does what no other channeling course does, it directly connects you to me.

Now, if you do not want to be connected to me, this course is not for you. I AM consciousness is always available to those not wanting my guidance. But, my energy is already coming to those drawn to reading my messages, so what is the difference? I AM consciousness is I AM consciousness, no matter what name it goes by.

False manipulators are going to discredit my words, as they do not want me to discredit them. Be certain, my conduit is a clear channel, and then decide for yourself about the message.

Twenty-million have signed up to ascend during these next months. About five million are ready. That leaves many who will not be able to complete the death and birth cycle. I have asked this conduit to do my channeling as her first calling. Not to become a drain on her, but to get my chelas to make their commitment to ascension again. Make a commitment to the God in your own heart, because this God can take you home. What is necessary now is to collect many channels who are able to communicate to the masses. As soon as the collective gets the message of ascension, those not connected can be left behind. This is not a threat. Can this warning serve as sufficient motivation for you to learn to channel?

Facing the fact that only five million out of twenty million can ascend now, my goal is to increase that to at least five million more. How can this happen? By channels delivering messages like these.

Here's what it takes to channel clearly:

1. Clear whatever is not aligned to doing this
2. Meditate
3. Call in the energy
4. Challenge the comments made
5. Make them clear and available

The **Course in Channeling** that I co-created with Aruna does all of this concisely, delivering all the knowledge about channeling you need. The course can be downloaded NOW, but we don't know what will happen down the road. If those who don't care about channeling now don't get it, they may not get to order it when their computers are disconnected from the internet. Do you think the internet is a permanent answer to man's daily needs? No access to such a great deal of information can be allowed when the controllers are making their last stand. **You must get yourself ready to be controlled if you don't learn to channel.** Man and another draconian control magician are on a disconnection course of major proportion. Sci-fi and all your movies are mild in comparison. Can you get ready to deliver a major blow to this plan?

Most of you are going about your days in a dreamlike state. Oh, you are "concerned" about the needs of others, and may give money to a cause, but will you get ready for major destruction of the entire commodity system? Are you able to go to another area to live? Are you active in getting ready to care for others, if they can't care for themselves? How are you demonstrating this?

Be quiet. Talk to our own heart. Ask for guidance. Can you get an answer? Yes? Are you able to accept that it is accurate? No? Then you need the **Course In Channeling**.

My conduit has done all she can to contribute her vast channeling experience to this course. And I have made it interactive with my contact. This does not make it a guaranteed channeling condition, as there needs to also be the contribution of the one taking the course. All the tapes are classes - with tasks that must be completed. Getting the result depends on doing these tasks. Make no mistake, activating channeling with the highest vibration, means activating this level of vibration in yourself. It can be done. It is not mandatory for those who aren't going to ascend, but it is necessary for those who desire ascension.

If there is any way you can get the benefits of this course elsewhere, that's fine, but not many channels are as open and honest about the dangers and common errors most new channels make. Self awareness comes before clear channeling. If denial is present, becoming a clear channel can be a most major endeavor. Consciousness means Oneness, not closed, apart, or unable to give out to others. Oneness can be the goal, and channeling can be a by-product of the **Course in Channeling**.

My apologies. I do not want you to think I am offering you a major course in Mastery in only five sessions. It is not that. It is a channeling course only, with great awareness as a bonus.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

A **Course In Channeling** can be downloaded [here](#).

Message 49 - Meditate to Experience Divine Consciousness

<http://comptedesaintgermainsblog.blogspot.com/2010/07/meditate-to-experience-divine.html>

Thursday, July 22, 2010

Meditation is the most conscious moment of your day. Being still, not engaging with what surrounds you, and not entertaining the thoughts that mind creates, can draw out the True Nature of man. Normal, daily activities, do not do this.

Want to experience divine consciousness? Meditate. Are you willing to commit a small amount of time to meet God? It can happen once or twice a day, and not interfere with the day's activities. Only ten minutes can make a major difference. Can you give God this much of your time? Close your eyes. Meditate to disconnect from all the eyes observe. Contemplate the sound of silence. Content that appears in meditation has no meaning . There is nothing more important then just being quiet.

After many days of meditating, the message to the mind of "no interest", can decidedly delete mental activity. Nothing demands quiet like meditation. Tell the mind to be quiet, and maybe it will for one or two moments. Meditate, and calm its concerns about non-essential memories, and you will get the quiet your mind can allow. Not attaching a goal for meditation is best. Never conclude with disappointment. Get the "no thinking" idea across to the mind by making no attempt to engage with the thoughts that arise during meditation. Contact God mentally in other moments, not in meditation.

Choose a time, and make this your daily time for God. You can alter this time occasionally, but don't let one or two missed occasions deter you from meditating regularly. Pass your meditation time in silence. Meditation does not include listening to music or stories. These are to get you into the meditative condition, they are not meditation. Practice, without any chosen outcomes, can develop a more relaxed day, and give you the clarity of mind needed to move into meditation during times of stress.

Select a most inviting area to meditate in without distraction. Create an energy vortex there with regular meditation. Chanting can assist in creating this vortex. Anything that builds the vibration in this area can be used.

Calm, clear, awake, and aware, are all words that apply to meditation. Meditation does NOT include: listening, asking, praying, gathering ideas, contemplation, visualizing, conceiving, or doing of any kind. Mantras are to get you into meditation. Mudras are to invite certain energies into the meditation. Healing can be a result of long meditations, but healing is not the purpose of meditation. Meditation can give you the level of detachment necessary for channeling, but it is not the time to channel. Having NO AGENDA is important.

Choose to meditate, so you will know how the divine aspect of man's consciousness can aid in human mastery. If you don't already meditate, begin today.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 50 - Three Things to Deter Controllers

<http://comptedesaintgermainsblog.blogspot.com/2010/07/comments-on-several-things.html>

Friday, July 23, 2010

Chances are, the next days will not be as dramatic as my comments have made them

appear. This is because many are changing their anger into action. Meditating, clearing the mass consciousness of despair, and giving to others, has made a difference. Keep doing these three things, and you will deter the most corrupt controllers from their game.

New targets of terrorism are now going to become contracts of the men who hate Americans. Not in the USA, rather, in other countries where Americans have a strong presence. Korea will become the next cause of attack on the ground. Not many Muslims are near this area, and men who are controlling the dis-ease called terrorism are not able to go there now, but, they are getting ready to go, and will, if the US and No. Korea get into discussions. Be aware that not only Arabic men and women are their choice of attackers. Many of the new recruits are not Arabic.

Can the US make No. Korea behave? My assessment is NO. Can No. Korea get aggressive? Absolutely. No. Korea does not care about conditions in their own country. Are they going to care about others? Mr. Il is not a man to be reasoned with. My first messages about this are clear. He needs little provocation to trigger nuclear bombs. Many of his own people have been doing nothing but getting ready to attack So. Korea. Also, Japan, when they join the attack of mass consciousness opinion. Healing needs to happen in this area of your world. Be careful with anything that may cause Mr. Il anger.

Peace and y are needed now for man's children. They must become confident about man's ability to survive. Many of our dear ones are so depressed they cannot dance unless it is to dark consciousness material. Words against others do damage. Can the music makers conceive of new types of music for them to listen to? Without disgust or dismay, caring, uplifting, playful music can take their consciousness up a notch. Can heart messages become energized by those claiming to be lightworkers? Change the music, and the consciousness of young people can add more to this generation of depression.

Clouds are making it difficult to convey all the necessary messages from those who care in other dimensions. Anchoring more light from our realm makes the darkness less destructive. Meditation gives us the opportunity to be able to do this. Meditate and allow the light to ground through the energy centers of your body. As you do this, more growth occurs for all. Happiness conditions are coming. Not all is dark. Many have awakened and are anchoring light in all countries.

Star children are not always aware of what they contribute. Beams of light emanate from them. Their daily lives do more for growth of others than most adults. Children are the gift to the dimensions that need more light. Give them the opportunity to brighten their family - many do this naturally, as they are able to meditate without cause. Children are my great Master assistants. Honor them as this. Allow them to bring more of their new energies to this planet. Some are the Indigo, but not all, and all can bring light by child games and child contact with their I AM Presence. Children close down due to adult influences. Please allow them to give adults their creative, fun filled consciousness.

My calling for you to act on my words is not dictating that you must. I already have said, to check in with your own heart, before acting on anything said by channeling. In this case, there is no control being exerted, only love and caring about the future of all. Tough and demanding conditions are mandating different attitudes. My desire is to make other conditions available - make them the next day's choice, not a negative doomsday made with negative attitudes.

Bless all of you who understand me and can discern the caring that motivates my attitude.

Hope is not enough. Man has to take action TOWARDS creating the magic of light the entire universe desires. So be it!

I AM THAT I AM

Ascended Master Saint Germain

Channeled by Aruna

Message 51 - Happiness And The Mind/Body Connection

<http://comptedesaintgermainsblog.blogspot.com/2010/07/happiness-and-mindbody-connection.html>

Saturday, July 24, 2010

Happiness opens the heart. Being happy accelerates the deletion of negativity from the mental body. Happiness cures illness. Happiness can turn around other people's negativity. Pure consciousness is activating the mind/body connection. Mind makes a comment to condemn another, and the body energizing that mental comment takes it in as a negative attack upon itself. All negative thinking attacks man's current existence.

The mental and physical are One. "Others" are mental projections of the One. Mental attacks on any aspect of the One are consumed by your body, just like eating poison. Can the body heal by itself? Yes, when the poison has been deleted. Putting negative thoughts out against ANYONE closes down your body's defense system. Are these thoughts dark because of negative influences? Yes, the darkness of your own negative ego.

This self destruction is more apparent to those who are not on medication, as medication creates delusions about mind/body cause and effect. Medicine not only causes drug related symptoms, it demands more doses so it can continue to delude the mind about its value. Most medicines make no difference when it comes to wellness. Only the mind needs to be cured, and the body will alter its active conditions so it can out picture the new information. If the mind keeps thinking negatively about a condition, the approach of those thoughts does more to concentrate a dis-ease than medicine does to cure it.

Pay attention to your thoughts. If mind creates dis-ease, how can one create health? Stop mentally discussing things that are disturbing. Choose to discuss more appealing topics, that include caring thoughts about anything. For example, "I love today's clouds, because they help me appreciate the days with sunshine." My advice is to always talk about a good feeling topic. Subjects discussed with this positive approach can delete a good dose of negativity's medicine.

Beams of light help to delete the misdirected intentions of the human controllers, because they deny them darkness to douse with more darkness. Happiness converts darkness into more nebulous content, which produces neutrality in its cause and effect demonstration. Policies of a dark nature may continue, and neutrality about them can counter their mandate to destroy. Hearts being open deletes more than just negative options during a crisis. More caring attitudes can even counter the dramatic effects of man's control of nature.

Farmers are the most important people in your community. Pause in your day and make a wish for their prosperity. Call out for their ability to be happy, as they grow the food you put into your body. If they add a daily dose of happiness to the good they do with moisture and dryness factors, the food they grow will convey these qualities to the bodies they nurture.

Post a message to them to let them know how much they are appreciated. Save them from the crowded communities where no food is grown, so they can get their work done without contamination by crazed men and women. Protect them with mental imagery as much as you can. Plant the fields with them if you have the time and physical ability. Give them help and caring.

Meditate daily for the entire planet. Men may be dodging more catastrophes than anticipated if Mr. Il does what I have predicted in other messages. None of my warnings are being heeded. Bless the men who are able to deny Mr. Il his contact with more countries than South Korea. If he attacks South Korea, he may also attack Japan. His attacks will be towards the Americans there. Pray for all who live in South Korea and Japan. Times are precarious.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 52 - Why Channelings are Different

<http://comptedesaintgermainsblog.blogspot.com/2010/07/why-channelings-are-different.html>

Sunday, July 25, 2010

Chosen to be one of my conduits is a man who delivers many channelings per month. His name has been changed to keep him anonymous so he will not be attacked for what has been published. My words for his publications have been quoted differently than the meaning I intended. My mention of him now is to tell you that this is because he doesn't have Awakened awareness, and cannot fully comprehend all of the channeled information given to him. My dear ones, channeling is not a most accurate conveyance, because the means of transmission comes through a channel of man's consciousness. Man does not allow the channel to open completely. Only an Awakening does this.

Now that the man does a good amount of channeling, his needs are met with the amount of opening he has available, but his mental comprehension makes it necessary for me to carefully construct my messages to be acceptable to his level of understanding. Should he take the next step of continuous unfolding, he can continue to deliver this current level of channeling, and he can also deliver the next level.

Consciousness makes it only possible for us to deliver messages at one's current level of awareness. Being Awake opens the door for my highest teachings, because they are fully comprehended as they come through. Crossing the consciousness bridge takes more awareness of the heart/mind contract and goes to the heart for all mental conversations. Top conduits are all Awake. Those who are not Awake cannot comprehend Awakened messages.

Another confusion about channeling is due to the differences in messengers, how they are chosen on our side, and who can best deliver to them. My channel, the one who doesn't comprehend Awakened Awareness, cannot deliver messages with Awakened nuances, and delivering Awakened messages is now extremely important.

What do I mean when I say, "Awakened"? Completely empty of human mental choices. A full cup has no room for new additions to its contents. A full mind gives merely a moment of

complete quiet during channeling. A completely dense mind can only comprehend equivalently dense material. Making a new concept acceptable to a full mind needs maneuvering as well as lifting the vibration of the conduit.

Channeling comes through each channel in a different manner. My male friend uses more drama in his content because his mental connection to the material is more delineated than the connection made with my Awakened channels.

Please pay attention to the message in any form, as all are my words. Some are more direct, are more content driven than others. Make no mistake, to be Awake cancels the need to channel, but it also creates a channel that can deliver more of the TRUTH continuously. Face the fact that all channels are not delivering the quality of accuracy my colleagues and I prefer, but when they are channeling, their material is accurate enough to be delivered.

The quality of a channeling can be based on this criteria:

1. Can the material stand alone without a Master's name on it?
2. Can the material deliver the most significant content?
3. Can the channel distribute the messages to my chelas?
4. There are no "conduit wars" between different channels.

Face the facts that :

1. No channel delivers the most accurately
2. No channel gives all the answers, and
3. My channels are all approved by me. Many still pretend to be me, but are not delivering my words.

Authenticating a channel must be done as an ongoing activity. Always ask about the amount of Christ consciousness available, and don't accept gifts of a metaphysical manner without them being checked out by one who has experience with the gift that was awarded.

My new availability through this channel came along just in time, before the changes are to occur.

Ponder this: Channeling has no collective consciousness itself, but it can be used to take the mind out of its mental drama long enough to deliver a message.

I AM THAT I AM

Ascended Master Saint Germain

Channeled by Aruna

Message 53 - Meditation and Creation

<http://comptedesaintgermainsblog.blogspot.com/2010/07/meditation-and-creation.html>

Monday, July 26, 2010

Changing the mass consciousness can be done quickly. All this takes is meditation by many people. Not only for one day, but every day. Meditation delivers calm to body, mind and soul. No other method to calm the mind can also do creative work on behalf of your mental decisions. Meditation opens the door to happiness and creativity. New thought streams will continue for many days when you begin to meditate, but once these thoughts

are no longer dictating the day's management, they can be deleted as daily guidance. Guidance comes as inspiration or knowing, beyond mental attitudes. Half of the people in the United States are not ready to ascend due to their refusal to meditate. Excuses are not accepted. No matter what attracts the mind, meditation is the most important thing humans can do. Nothing is more important.

Freedom from controlling mental attitudes can only happen when meditation delivers the awareness, "I Am not these thoughts". Thoughts come and thoughts go. Nothing they are claiming is TRUTH. Comments are only opinions. Meditation gives the nature of Self the awareness of man's consciousness, and consciousness is the man's True Identity. The awareness of God never gets made clearer than it does during meditation. Meditation can be an answer to the negative attitudes of the mental body. Mind does not have the ability to provide the Truth, so it makes up stories to deliver as chapters of a memory album to cause disturbance. These are not accurate memories, only an edited, abridged version. Prayer and meditation are both good tools to draw forth the truth of a situation that details these stories more accurately. Once there is resolution of what is contained in these stories, the mind will no longer use them to create negative thoughts.

Practices of all kinds do good things for health. Mental desire and amazing grace are both answers to good health. You will get good feelings delivered as answers to your daily wishes. Wishing for man's greatness cancels negative thinking. Great men ask all the time for good things to happen. Examples of this are: Martin Luther King's "I Have a Dream" speech, Mahatma Gandhi's asking for Freedom from British rule, Benjamin Franklin brought man powerful changes to the US Constitution, Thomas Edison asked to create more light, Mother Theresa called to God for love for the displaced. Ponder this: Asking for your desires does not need to be a personal request.

Ask and you will receive becomes activated during meditation. Asking does not mean an instant delivery. It causes good feelings that heal, and can advance consciousness, by delivering a desire to the one able to do something about it. Ask and you shall receive means: let the heart lead the way to the development of the future. Call for more peace, more happiness, more caring, more answers to conflicts, etc. Mass consciousness collects these requests and directs creation of those that have the most energy behind them. Put these thoughts into mass consciousness and you can make a change go into creation. Ask daily for what you want.

Material things for yourself are also acceptable wishes, Not as the creative force of group thought, but to design the kind of gifts you would appreciate. Many gifts do come as a result of these requests. God is the greatest creator. God designs all that occurs. Why would God design devastation, death and starvation? Mainly to teach that these things are dark and that the heart can create a different scenario. Both dark and light are needed for men to learn this. Creation needs motivation. The feelings behind creative thoughts are the source of their development. The negative is also driven by man's dark feelings.

Close the door to negative thinking by wishing for what the heart desires. Manifest abundance for all, peace in all hearts, or the end of despair. Call God to the rescue. Ask and give thanks for the action that is being requested. Prayer of this kind can move mountains. Change the drama of controller creation to the delivery of happiness that defeats them. Fear is the creator of darkness. Controllers get their requests filled with negative requests and man's fear. Tell God what you want, and turn the job of creating it over to "him". God is the one who creates, as "he" is asked.

Are you willing to co-create the world as a more loving place? Start telling God that this is what you want.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 54 - The Darkness in Politics

<http://comptedesaintgermainsblog.blogspot.com/2010/07/darkness-in-politics.html>

Tuesday, July 27, 2010

Channels of Ascended Masters must be able to discern energies. No Master has an energy that makes you uncomfortable. An unloving being, seeking attention, will call upon new, inexperienced channels to accept them as an authority. Many do this, telling the channel things that are about to occur to activate allegiance.

Names mean nothing when channeling is done. Always check the message, AND the energy of the conduit, AND the being calling on that conduit. An entity can appear out of nowhere. How can a new channel decide on its consciousness? Ask: "Are you Christ consciousness?" A "No" answer, or any answer other than "Yes" gives the message. Send away any who are not Christ consciousness. Send away all who are making up a drama to con you. True Ascended Masters do not need drama. Their energy feels comfortable and does not cause negative feelings. Always ask who an entity is. Not as a measure of their authenticity, but to get more information about them. If my name is used, be clear that only Christ consciousness is accepted. A rejected being cannot do anything but leave.

Twice I have given this instruction. Not enough questioning is being done, and I want the impostors to get caught.

Today's other message is about happiness. What happiness does is lighten up the entire universe. Happy people on the Earth cheer up those who are not getting their needs met. Save a life with your happiness. That life can be in another area, another city, another continent. Happiness alters the totality of consciousness that is the essence of all.

On the other hand, politics is the negative cause of darkness. All who choose this profession are dark. They choose to be a politician to control or to gain. Both deserve no accolades. Presidents, Monarchs, Kings and Prime Ministers are all dark. Anyone willing to degrade another to get their opinion accepted is dark. All, not just some! This game of directing appeals to those who did not get their needs met on any level. They need attention, they need agreement, they need dominance. Oh, they may say they are committed to assisting those needing aid, but do they do this? Celebrations of defeating another are a dark motivation to cheer.

Politics does nothing to assist others. An answer to aid is giving. How do politicians give? Only to get.

Change comes when men and women care enough to demand it. National elections are not an appreciation of anyone, only the defeat of one's opponent. Making a difference cannot come through politics, only a grassroots desire to move forward an objective of the heart. Take this advice from me, don't get manipulated into agreeing with a politician. Check with your own heart before delivering any criticism of others. Are they any more

advanced in awareness than you are? If not, than how can you expect them to do more than you can?

Wake up people. You are the answer to all the darkness! You are the next world leaders. Not more of the same, please, give your world more conciliatory objectives. Give more heart directed goals. Act like an angel and do angelic things. Allow me this opportunity to make this clear. You must act on what you know to be true. No one who has gotten a political position can do it without your contribution. Another way of looking at your government is: "not this again"!

Are you certain that there is nothing you can do to make the world a better place? If you are, nothing will improve. Talk about what my message today delivers. Act on the drive of the heart to take you to more God conscious decisions.

Walk without my advice to the cataclysms. Follow my advice to Freedom.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 55 - Affirmations, Declarations, Mandates, and Commitments

<http://comptedesaintgermainsblog.blogspot.com/2010/07/affirmations-declarations-mandates-and.html>

Wednesday, July 28, 2010

Channeling my words is not the only thing that enriches one's life. Clear channeling begins with an affirmation. Making an affirmation about being a clear channel is the most a man or woman can do to heal the past and open up to a conduit's activities that aids others.

Making a mandate to give the most love activates the flow of love. Making a commitment to be Free of mind's greed and negativity makes this occur. No man can be controlled that chooses not to be. Asking, affirming, mandating and committing to what you want does all that you need do to alter certain circumstances. Making a clear declaration of an intention demands that the next contract that gets fulfilled is the materialization of that intention.

Salvation and control are all up to you. Salvation can get the first priority if you ask, affirm or mandate this. Control can also be the consequence of an asking, affirmation or mandate, but consider a controlling demand one of destruction, not one of conscious creation.

Apes do not make affirmations and do not create anything. Man does not create unless he makes an affirmation or other mandate to do so. Prayer is not the creation generator that declaring affirmations are. Prayer does not activate man's inner cause and effect dramas. Prayer comes from mind's belief that man is a lesser being and a more powerful being can control man's dilemma. Commands that affirm, mandate or declare do the same thing that God does: Create with the power of words.

Man does not recognize his own divinity. As an aspect of the One, all man need do to be at cause, is make an affirmation, declaration or commitment to the desired creation. Wishing

is not exactly asking and not exactly declaring. Wishing is an answer when God asks you what is desired. "Make A Wish Day" was in response to this asking. Collective consciousness does not grant many personal desires, as these are not about growth development for the collective.

Man does co-creating by affirming, mandating or declaring. Asking and affirming are quite different. One is non-assertive, the other is assertive. Owning your divine consciousness comes with being assertive. "Poor me" attitudes do nothing but delete your divine expression. Being conscious includes conscious creation. Answers to your dilemmas are given to the declarer of that determination. Misery does nothing to manifest. It is only denial of human commitment that drains man's ability to co-create. Take this message in as a concept you must accept without a doubt. Doubt my words and you will co-create nothing. Accept them, and you will demand a new demonstration in human consciousness.

What needs to happen for man's salvation is a commitment to nothing less than human dignity. Making a declaration of an intention is owning man's conscious creation ability. Not declaring an intention contradicts all that God created as his manifestation of "no God but me". One God means: all of creation is God. Man is made in God's image. That includes God's ability to determine new creations.

"Ask and you will receive" is declaring that what is deemed desirable will get co-creation attention.

Purification demands less control attitudes and more giving attitudes.

Manifestation is co-creating all that is now asked for.

Contracts are man's desires before coming into human body. Contracts include many human bodies to develop man's determination of what asking needs to be done.

Drowning in human creation means: not asking for what is needed. Purification of non-awareness delivers new attitudes that contribute to the deliverance of contacts, means, methods, and the materials needed for manifestation. Help is always available. Manifest the desires of your heart with affirmations, declarations, mandates and commitments. Pursue dreams to their co-creation.

Ponder this: What you want is what you have the ability to co-create!

I AM THAT I AM

Ascended Master Saint Germain

Channeled by Aruna

Message 56 - Anchors Of Light

<http://comptedesaintgermainblog.blogspot.com/2010/07/anchors-of-light.html>

Thursday, July 29, 2010

Anchors of light are mostly quiet. They don't do many activities, or go to areas where many are gathered. Going places close to home are OK, but going on a major trip demands more of their attention and decreases their contribution.

Their anchoring is done in a most inconspicuous way, and nothing makes others notice them. The chief characteristic of an anchor is non-attachment to conditions of the world. Since many disturbances are going to occur, and all of these disturbances will need infusions of light, no matter what happens, anchors must remain neutral. Any change in

their demeanor can cancel their ability to donate light.

Anchors of light are not calling in light to send out to others, nor do they make mental directives for its use. More light is contributed through those who are completely detached, than through those who desire a particular outcome. They also do not credit themselves with any alterations that occur after they are done with their work. Their entire mode of operation is selfless service. It is not that they do not care about the world, they do care what happens and about those it happens to, but their caring is without bias. They are not apathetic, as apathy does not generate light. Apathy and "not doing" are both very different from anchoring. Apathy denies disturbance, whereas anchors are not disturbed.

Many anchors are distributed around the planet. Unfortunately, few are in the Middle East or North Korea, as both of these areas need more light. Colleagues of mine do a lot of activities to generate light for humans, and one man or woman, detached from all worldly concerns, can anchor more light than our realm can do in groups. Just one anchor can deny the controllers many of their planned disturbances. Planetary healing can also be a consequence of anchoring light.

All Masters are not anchors of light. Some are in a different mode of being. Answering questions about consciousness can be one Master's gift, and anchoring light is done by another. Healing creates more drama and gets more attention than an anchor of light wants to receive, so most anchors do not advertise themselves as healers.

My reason for discussing this today, is to acknowledge those who contribute so much and do not get any credit or compensation for doing so. None of my chelas who are anchors of light are named as leaders, nor can they be named by anyone who gives out awards to those who make major contributions to the world. Yet, these men and women give more to the world than any contributor who can be named. Being able to dream the dream of man's continued existence can be difficult for those who are able to manifest right now. Anchors of light manifest by their very existence. They do on earth what our realm cannot do without them.

Please give them appreciation. Not knowing their names means nothing, consider them anonymous donors, who care about the world enough to contribute their gifts without any concern for themselves. Be their helpers by adding your light to theirs. This can be done by meditating often. My gift to them comes as no other, it is an act of grace.

Many thanks, dear ones, for the gifts you give to humanity.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 57 - What Will Happen to Man in 2012?

<http://comptedesaintgermainsblog.blogspot.com/2010/07/what-will-happen-to-man-in-2012.html>

Friday, July 30, 2010

Whatever the mind believes creates an energy of that nature to give man an example of that belief. No belief is more than an idea. Facts, that appear to be proven, are the example of this principal. No fact is more than an idea.

Man's dream is: ideas that get to the belief stage, and cause evidence that makes an idea appear as a fact. No facts are accurate, they only appear as evidence of a man's way of thinking.

An example of this is: there has been no materialization of the end of the world. Many times there have been men who believed the mass consciousness dream that the end of the world was near. Bible concept and man's concept contained many details to calculate this occurrence. Predictions by the great Masters were all the current belief of the moment. And man denied the cause and effect law that clearly describes how man creates his own drama. There was no cause creating an end of the world scenario, only an idea, and the idea brought enough conclusive evidence that mass consciousness considered the cause to be God's wrath. There was no truth to this idea at all.

Now, near another date given to man by dreamers of other civilizations, mass consciousness believes that the end of the world will be in 2012. Again, what is the cause? There is no cause, and no cause means there is no accuracy to what some channeling is giving answers about.

My dear ones, 2012 is no different from all the other dates that man accepted as the date the world would disappear. Now, there are many causes of disturbance, and many adjustments are about to occur, and many changes are going to make the world a very different place. But, the continuation of human existence, in man's most creative experience, is NOT going to be disrupted. Many, not so pleasant, things are about to occur. Many great Awakenings are about to change man's ability to gather more accurate conclusions. And, many are going to ascend, completing a cycle that they acted out over many contractions of human destiny.

Prayers about not ending the continuation of mankind's great adventure are distancing the divine creators from an idea that got caught in mass consciousness. Now, there is no cause and there will be no great disturbance that dissolves man's "growth on demand".

Ponder this: The creators of man's goal to live in duality are going to keep their dream alive. No drama, as the Bible or Koran are predicting, is about to occur. 2012 will be a major change time, and man can decide again about his future. So be it!

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 58 - Creating Our New World

<http://comptedesaintgermainsblog.blogspot.com/2010/07/creating-our-new-world.html>

Saturday, July 31, 2010

Man is the connection between the earth and my realm. Only man does the manifesting that allows the movie of life to continue. Without man, there would be no action for us to be involved with. Man creates all of the messes and their resolutions.

Making a new world can be an exciting adventure. Both of the dynamics of cause and effect continue to deliver one's manifested conditions, so being the cause of your desired conditions can create a world that contains more of what you want. Purpose and intention

are the keys! Make a new world of love, and then be an example of the effect.

Man will give us all of his new dreams and we will assist to co-create them. Begin to dream now. Create the ambiance that the heart desires. Manifest this today. Begin to manifest by writing down all of the things a new world could contain. Include many creations of diversity on all the continents, and don't exclude any currently existing animals or growing elements. Forests are necessary for all inhabited areas. Plants of all varieties must be available.

Chickens and ducks and other flying birds need the contact with nature they were created for. No animal needs to be confined to a tiny coop. Predators are also essential to all of the animals that are not able to decide for themselves. Predatory animals are the example of control by coincidence, not control by design. Man does his control by design, and chooses his prey without any concern about their ability to defend themselves. Animals, on the other hand, can attack any other animal and the one being attacked can get away. Another game of life to be considered in the new world.

All methods of desired conditions must be considered in the creative process. No concept that has new beginnings can thrive unless all the details have been considered. No deaths caused by new creations will be acceptable. Moving from one dynamic to another will not be an instant change over, so being concerned about dreams in the mental continuum will block new creation. No dreams can get out of the mind that are not resolved. Acceptance that the old dream is over must get into the make-up of the new creation.

Anchors of light are the new and the old in one container. They are aware of the old, accepting that this has no place in the future, and are manifesting the new with their open and calm way of being in the world. No anchor of light is angry about man's dramas, and can create new dynamics with their accepting attitude. Portions of the human drama are angry. Others are very afraid. And more are apathetic, giving all of their life force to nothing at all. More and more of the ones who care are becoming light anchors, and all of them are making the way clear for our new world.

Change is not more of the same. Change will be new and different. Can you give more detail to this dream? Add your concept to the drawing board. Wish and decree and mandate the things you are committed to creating.

My anchoring of new awareness on man's daily activities is part of a new beginning. Use these messages to continue your good mental attitudes and new dreams of heart driven desires. Take nothing out of the current dream that you appreciate. Add what can make things better.

Ponder this: man creates his own reality with his mind. Put yours to good use.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 59 - Heal The World With PRESENCE

<http://comptedesaintgermainsblog.blogspot.com/2010/08/heal-world-with-presence.html>

Sunday, August 1, 2010

Conditions for healing the world are very good. Many different avenues for doing this are available.

Make a gift to the entire Universe by doing one of these:

1. Meditate
2. Chant
3. Make a mental request for healing
4. Cheer for new developments
5. Praise those who make a contribution
6. Move the energy of mass consciousness by deleting negativity out of your mental activity
7. Practice doing good deeds
8. Ask for help from other dimensions
9. Clear the dross out of your own consciousness with control of the manifestation of chaos in your life
10. Be authentic

All of these, together, are the most dramatic way you can contribute to healing your own mind/body. And, they each act alone, as well, to heal the entire Universe. Practices that bring the mind into full PRESENCE will do more for the mass consciousness than all the other methods taught to create change. PRESENCE will delete many conditions of darkness. PRESENCE will manifest happiness. PRESENCE will clear the mind. PRESENCE is the Awakened condition. Being fully PRESENT means: NO MENTAL ACTIVITY. No, labeling, no comparing, no commenting, no concerns, no games, no opportunity seeking, no nonessential distractions. All that occurs in PRESENCE is NOW.

Being only in the Present means not being obsessed with memories. All memories are an anchor for controlling the future. Memories do not allow new events to be experienced as they are. Memories color them to appear like old news, controlling the future so it continues to be like the non-existent past.

Answers for future contractions are not in memories. Answers to free the design of these contractions are only available when mind is quiet. Contractions are coming, but can be deterred by the list for mental clearing given above.

Channeling my words happens, the mental way, when mind can be normally active, and then calm during the contact. Mastery is when the mind is always calm and nothing interferes with the message delivery. Masters do not consider this channeling, because they do this all the time. My dictations through a Master are only called channeling because another name is added to the message. Awakened Masters channel all the time. No names are included. No names are needed. No conditions of Mastery include "an other", as they do not experience themselves outside the consciousness of ONE. Masters do not consider anything to be outside the ONE, and my voice is also their voice. Humbleness is a common thread for all Masters. No Master notices any difference between himself and another. ONE is ONE, in all aspects.

The truth about this channeling blog, is the channel is a Master, accepting the words that come through her hand as ONE consciousness. Ask for her assistance to gain this Awakened condition too, and be a Master. No Master can be new or different than any other Master. All Masters are the ONE.

Bless the days ahead with the Mastery of ONE.

I AM THAT I AM

Ascended Master Saint Germain

Channeled by Aruna

For more information about Awakening visit: <http://awakeningcoach.com>

Message 60 - Congruency in Channeling

<http://comptedesaintgermainsblog.blogspot.com/2010/08/congruency-in-channeling.html>

Monday, August 2, 2010

Channeling words from Ascended Masters should be most congruent with the consciousness of the channel. When this is not the case, the entity contributing the dialog is not an Ascended Master.

My dear ones, channeling helps all who are able to advance in consciousness from it, but those who channel are also needed as advanced teachers, not just as channels. To be an advanced teacher, the contents of clear, Christ consciousness material needs to be demonstrated. All teach by example. An example of Christ consciousness does things for others as needed, not giving a thought to acknowledgment. Meditating to anchor light is this kind of giving. Mentioning congruent conditions in channeling is not saying that all channels are Awakened, it is more of a contribution by one who is awake.

Pure channeling comes out of an Awakened one like water flows from a waterfall. As easy as it is to do this, the channel does not need to do anything to make it happen. In different consciousness, when a channel has not Awakened, many details are in the material that are the result of mind's interference, contributing distortions to the message. Masters are happy to have a channel looking at their material with a mental check on the clarity. Not doing so makes us concerned about the meaning being negated. Control of the material is in the channel's domain.

Contact with new channels is the most challenging. Most new channels are not aware of the disturbance their mind can make. As they become more accustomed to channeling, they can learn about this, but many continue to channel without learning this. Positive attitudes do not exclude discernment. Continuing to cooperate with a deceiver, due to neglect in learning the ins and outs of what channeling can be, is not contributing light to others. Practicing and getting feedback from others makes far more sense.

My channels are not all clear. Many are new channels. Being misrepresented makes delivering messages tricky for me. Can my chelas who are opening their channel give themselves time to advance their clarity before distributing messages? Can those who distribute messages give advice as they are asked? May my channels become congruent with one message that comes to them in different modes of language, but where the content is much aligned? Can there be more communion amongst channels, no bickering, and contentment that messages are congruent with one another?

If my words come through one channel in a way that is not congruent with all the others, that one can do some training with the most experienced of the others. Apprenticeships could be offered to new channels. What can be done to control the quality of channeling? From our management, only our assistance in clearing. On the management by channels

themselves, much can be done. Pretending that all channeling is quality is not helpful. Wouldn't it be great if one or two academies for clear channeling were established to create a more consistent quality?

More and more are opening to channeling. This is great! Now we need to get them as clear as possible.

Ponder this: Man and the Masters are One. No man is alone. Communion with others, near and far, can give more quality to the natural anchoring of material into consciousness. Mandate a concrete method of doing this.

Blessings of great caring are making their way to those who need it. Make these blessings be the very best they can be. My name is Ascended Master Saint Germain and I AM the Maha Chohan of the Great White Brotherhood. My clear messages are greatly needed now. Please give this your consideration.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 61 - Manifest A New Beginning

<http://comptedesaintgermainblog.blogspot.com/2010/08/manifest-new-beginning.html>

Tuesday, August 3, 2010

Making contact with those new to my teachings is not my goal. My teachings are for the ten million who are able to ascend. Many of them are not open to my channeled messages, and my ability to contact them is negligible. Fear about change can cancel their commitment to ascension. Maybe this message can be copied and mailed to anyone who may be able to accept it. Please give to others what their guides are not able to tell them.

My message today is for all who are concerned about the predicted changes and their ability to manage life into the next phase of man's continued development. Please give these words your consideration:

Fear will cause your concerns to manifest. All the predictions made, including mine, can be altered NOW. Choose a different attitude about the future, and create the future anew!

Man's concerns call to him all that he dislikes. Man's gifts to himself are the goals he makes to create a world as he would like it to be. Many destructive catastrophes are now in the making, but this construct and new beginnings can be rearranged NOW, with the assistance of calm minds and happy thoughts. Freedom from actualizing all of the predicted catastrophes can come quickly, when enough of you are able to turn away from fear, and confront these concerns with different thoughts. For example, instead of disaster, think about people giving happiness to their neighbors, or new dreams of change, where all are caring for an area that flourishes with gardens, man's cheerfulness and new attitudes about life. Put together an aerial map in the consciousness of mankind. See the forests, oceans, meadows, deserts, mountains, all clean and growing as man's delight.

Chase away thoughts about buying armor and machinery to destroy others. No conditions of war will be made by these concern, but they can attract drama to your area.

Practice giving. Give without thinking about making money. Continue to deliver many gifts during the days you are down, and the contraction in you will get deleted. Giving is the way to happiness.

The future is still being created. Nothing matters as much as your contribution to this creation. Plan the dream of a good future NOW, and design an outcome for the new continuum. Purpose and density are keys to creation. More mandates for the same conditions, and many desiring them, make a bigger impact than one or two asking for a new materialization.

Put your concerns on hold. Plan new dreams and give abundantly. Change the direction of the current major catastrophes with these new contributions to the master plan. Give me this one thing, ask the divine creator to bring the new, different, caring manifestation into creation NOW. Welcome the delights in all of your moments.

Contact many who will give us their dreams also. Change is in the making, make it the change you want it to be. Holy thoughts are all of the contributions made with this determination.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 62 - How Masters and Angels Co-Create With Man

<http://comptedesaintgermainsblog.blogspot.com/2010/08/how-masters-and-angels-co-create-with.html>

Wednesday, August 4, 2010

Masters and Angels can deliver an array of co-creations. Most of them are achieved through the delegation of contacts that can move you towards the creation of a new project. Money does not come to you as a direct result of any delegated management by us. Money comes to the contacts of the desired creation through their own control. Many are confusing our capabilities because of inaccurate channeling. Today is an opportunity to give you the truth about our methods of aiding our contacts in the fourth dimension. The fourth dimension includes alternative options that are not consistently recognized in the third dimension.

Money is not an area we are controlling. Our work delegates all monetary conditions to the one choosing to co-create with us. When you make a decree, mandate or commitment to change, we contact those who can assist, and give them nudges to act on their guidance. Their not acting may delay our ability to deliver, so other contacts are then made who can help move the new connections together. How do you assist in the process? Mentioning a contact by name can be done. Acting on a nudge can be done, channeling messages that answer questions about how we are making the co-creation occur, and delegating authority to a guide to assist groups.

All is done as diligently as our guidance can get acted upon, considering our lack of evidence about anything we communicate. Our answers to your dilemmas come only to minds that are open to hear our messages. Our contributions to your dreams or when you are using mind altering drugs are usually not useful. Only conscious co-creations manifest.

Minds that are closed to our assistance move the answers further away from actualization. Open minds and willing bodies can quickly activate a desire that will shift a condition out of another man's control into your control. Men do not act as quickly as we would appreciate, because we can only deliver as fast as they act.

Making decisions to act, or not, comes totally from the chela's own decision making process. Choosing not to act on our nudges controls a situation more than we can alter. Our only option can be to nudge another. So our method may be a very conditional move towards your goal. It needs no guessing from our realm to make our methods appear less than optimum. When we guess about an outcome, this gives the one asking some confidence towards achieving their goal. Making it happen is best achieved when man is confident about actualizing his desire. Next comes his ability to manage the contacts we deliver. This also contributes to the one who is coming from our nudges, so each brings an ability to co-create or deter the creation.

Passing on a message to the one desiring a creation can be challenging, as many do not act on our nudges. Once we do a manifestation, future action is more deliverable than it is with new contacts that don't manage their time well, or allow their controlling mind to convince them not to act.

Ponder this: If all were able to accept our guidance, and quickly act on our nudges, many new co-creations could occur.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 63 - Meditation for Contact with Masters and Angels

<http://comptedesaintgermainsblog.blogspot.com/2010/08/meditation-for-contact-with-masters-and.html>

Thursday, August 5, 2010

My next topic will be the way we navigate human contacts. This will make yesterday's message more than an outline.

When man asks an Angel or an Ascended Master for help, the asking gives us permission to make contact. No contact can be initiated by the Angel or Ascended Master without a request. Meditating calls to us also, not only mental activity. Meditation is the same as asking with words. Meditation and calling out for aid can open doors never opened before. Welcoming gifts are given that may get the attention of the one new to the Master or Angel's connection, but the gifts are not always consciously connected to our giving them. My gift to Aruna was the feeling of pure love that she called "meditation", and not a comment was made about my gift, because her mind did not realize the act of giving had occurred.

Many of our donations to man are not recognized, because man does not get any education about the majority of things that cannot be seen. My attempts to alter this have now begun.

Masters and Angels do exist. We are mainly overseers of an organized drama, organized by those who are being overseen. Man was not always considered aware enough to choose the way of an action that was needed to move a drama along, so the Masters and Angels were asked to treat man as an uneducated child, learning the ways of human action. Man has learned about his ability to manage his activities, to make the conscious choices needed to ultimately awaken conscious awareness, but now the controllers are doing their best to deny this consciousness, and density conditions are being given by them. Picking the dense answers that deny awareness means no movement is made towards accomplishing man's original goals. Masters and Angels have been asked, by the creator, to move things along.

The only way we can do this, is to create movement in the minds of all the actors. Closed minds makes it impossible for us to deliver our good intentions. The opening of minds can co-create our mutual goals.

Many dramas are going on at the same moment. Many of us are active to assist. We have the ability to contact you, but you must ask for this. When we give advice, it is to get action in a needed area that will create conscious movement in new directions. No contact on our realm can control anything. Man can always choose not to go along with our advice.

Ponder this: Man and our realm can co-create many things. All we need is for you to ask for our advice.

Are you more aware of our contact ability now? Can you accept that we want to tell you things? Can you give us the attention you are able to give? Are we going to be able to co-create together? Ask and you shall receive.

Bring your attention to a possible contact from us during your quiet moments. Our presence can be felt by those who are open to this. Make your desire for contact known, and you will get the welcome we are able to give. Make a date to accept our attention daily, at a consistent time. Meditate then.

I'll be active to continue this dialog with anyone who asks for it. Please ask. Peace and anchoring of light need our co-creation now.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 64 - How To Co-Create With Spirit

<http://comptedesaintgermainsblog.blogspot.com/2010/08/how-to-co-create-with-spirit.html>

Friday, August 6, 2010

Repetitive patterns of behavior do not create more mandates for us. Once a request is made, there is no need to repeat that request. Canceling a request can be done once, and we get a clear direction that one time. Changing the conditions of a request make our work more complicated.

To get a major request co-created, ask for all that is needed during the first mention. Put it down in writing. Make a map of the elements. Call our attention to the concept and ask, and then *do not ask again*. There is no need to keep asking. The doubt indicated in the

repeated asking eliminates any confidence in the answer, and doesn't encourage the matrix of materialization to comply. To make a desire materialize, take your negative thoughts out of the equation. By not contributing any negative thoughts you are giving us the message to move on the quest. Practice our method and get more conclusions to your requests.

Most of you change a request too often, then doubt our ability to co-create, because the negative thoughts you contribute cancel the order. Make one complete request and *don't ask again*. Give us the answers we need about the minor details. Give us the dates being targeted. All of these minor details are necessary.

Now, *don't ask about this again*. An order is being co-created. On the other end of the co-creation is a major contingent of assistants to do the energizing of the answer. Now is the time to be grateful for our assistance.

Prayer is one way to ask, but not the most effective. Man's prayers are not done in a sufficiently detailed format that makes clear what conditions you are asking for. An example of man's asking in prayer may be: "take care of my mother" Now, what do we do with that? The mother may be very healthy and happy at the time. How do we do anything to fill this request?

A lack of details makes our work more guesswork than convincing and actuated. Sounds that drive us away are: maybe, cannot, don't believe, never, dare, could, dream, not, won't, and many more like these. Dense conditions are created by these sounds. Never does an asking get co-created that contains these sounds.

Opportunities for co-creation are not as most men believe them to be. Praying nightly for the very same thing does nothing. Prayer can be a real request when many details are included. And, the materialization turned over to us to be energized to fruition. NO DUPLICATES PLEASE!

Conscious co-creation requires: that man act as a mandator of the things desired, mentions an active concern to be aided in, and gives a conscious request to us to manage. All details are included in the mandate, no duplications are given. and no details are changed during the process. Never ask and distrust the Masters ability to give the answer. Disbelief denies the asking.

Keep notes on the requests you make. Notes help us. To make a clear, detailed request, write it down. Notes do another thing. They let you know our work on your request is complete when the manifestation matches the notes. Ask for many things in one note. We can accept all of them. Maybe one or two are not complete at the same moment the others are. This is not determined by these one or two conditions being in the note, only our ability to deliver.

Considering the condition that man's free will must always override our nudges, our ability to deliver on requests is about as complete as our realm can convince man to comply.

So you can now understand the need we have for our chelas to be able to get our messages and have them willing to act quickly on messages they agree to. Ponder this: Sanity is not the most deliverable request. Asking for it makes us crazy.

May all your dreams be fulfilled by our new ability to co-create with you.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 65 - Choices That Make "A New Dream"

<http://comptedesaintgermainsblog.blogspot.com/2010/08/choices-that-make-new-dream.html>

Saturday, August 7, 2010

My dear ones. My only hope for the continuation of the human continuum has the need for more of my chelas to contact their divine guidance. If they are not able to answer a call to do what can assist them to live, how can they help others? Why would man deny what is necessary to continue life? My continued call to all who can get my messages, is to open a channel to an Angel or Ascended Master, not to an ET or to another Compte de Saint Germain, only authentic I AM Consciousness. What does it take to make this calling more clear?

Only the most committed have done any channeling experiments. Only the most convinced have ordered *A Course In Channeling*. Only the most concerned are going to be delivered to their chosen destiny. Being contacted by divine guidance may delay a death, or deliver a message or comment that is needed for new inter-dimensional awareness. Clear contact can make a big difference in your health when drugs are not available. One of the next controller actions is for no medicine to be available and for there to be no doctors who are able to deliver health support during a crisis. No drugs are now available in Pakistan, Afghanistan, and India when disasters happen. Can you think about this happening where you are? What to do? What to eat? What can be done to assist?

Meditating NOW can open a channel to help you get answers to these questions when they need to be asked. If you are not meditating, don't expect any aid when the need arises. No aid can be given to those who do not create the ability to access guidance.

Can this call to man get more attention? What needs to happen, is that mass consciousness announce the need to meditate. Can you contribute this mandate to mass consciousness? Ask for assistance to get 10 million meditators at an active level. Ask the members of your network of family, friends, colleagues and acquaintances to meditate. Can you teach others to do this?

Meditation may appear difficult at first, but during the time the body is not thinking, another message can be delivered. Can these messages be acted upon? Or are they only a way for us to say "hello"?

Meditation will allow new ideas to come to awareness. Continuity of man's continuum rests on the degree to which man can hear and take action on the messages delivered to him in meditation.

False messages may also be delivered. You must also learn how to tell whether a message comes from an Angel or Ascended Master, your own Master Within OR a devious entity seeking attention. Always ask: Is this message of Christ Consciousness? Always ask, as a controller cannot cite "Yes" as an answer. No answer means no Christ Consciousness, so cancel that mandate immediately.

ETs will not co-create with you. None of the controller's dramas can be eliminated unless you have the awareness that another domain of consciousness is being accessed. Practicing discernment can demonstrate that no controller can control our chelas.

Face the most dramatic times of your lives with the most preparation. Cancel denial, open the mind, hear the messages, act on them, and give gratitude to the guides who are making contact. These four "make a new dream" necessities are now yours to accept or not.

Channeling comes as a result of meditating. Consider channeling a most important contact tool, better than an amplifier, or major music appliance, or a cash donation to your bank account. My daily messages are not going to always be available. The channeling of my messages can dry up due to the lack of my ability to make contact through dense conditions. When this occurs, will you be able to hear the Masters and Angels who are giving you advice? Are you meditating?

This message may appear a bit controlling, but the intent of my words is to have my chelas only make choices that will bring them to their own chosen destiny.

Ponder this: Making a difference means to do the things you are *called* to do. No more, no less.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 66 - Compte de Saint Germain

<http://comptedesaintgermainsblog.blogspot.com/2010/08/compte-de-saint-germain.html>

Sunday, August 8, 2010

My dear ones. My message for today will be an act of grace. Many of my chelas are not getting these messages. Can those who are make the others aware of their existence? Grace comes as an answer to man's condition of courage. Be courageous. Make your beliefs, as my chela, one of the things you give to another. God does not answer any dreams about control or dis-ease creation, only those that come out of caring. My messages are not going to cause any control or dis-ease, and may aid man to live more easily and not disappear as a species. Can this gift be one you tell others about?

My other topic today is the name of the Compte de Saint Germain blog. My channel was given this name with its Compte as a signature. Many deceivers deliver messages that are not from me, and do this with many variations of the name. No Master cares about a name. Names are not the cause of their communication. But my name has been mistaken on many communications, and I need to create a signature that cannot be distorted. My new name for all to know is the one found on this blog. Many channels are not aware of this change, and may not use the new Compte title for awhile - until all my conduits are given a change by my direction. Those who begin channeling my messages must ask for the correct method of writing my name. If Comte or another name is used, make note that this is not the Ascended Master of my consciousness - I AM THAT I AM consciousness.

Many of my channels are already calling me other names. Merlin is one, and Saint Joseph is another. Neither of these names are mine. I AM THAT I AM is One consciousness that

all are able to access. No I AM THAT I AM consciousness is an actor in a control drama like either of these names represent. My request is that ONLY my actual name, Compte de Saint Germain be used. It is the title that makes the most sense, as it only makes reference to my consciousness as a Master.

Ponder this: Names are not relevant to content, but to the Master, they are most appropriate when they are naming a Master, not an egoic character.

Merlin was not a Master. Neither was the father of Yeshua. My other names are equally not appropriate because none of my lifetimes are Master consciousness until my last one.

My actual name in that time was Count Rakoczy at the moment of this man's death, and I was next called Saint Germain, when I materialized in another body to continue my work in form. That body was my own creation, not one I took over. Now my name is Compte de Saint Germain. I am not a French Count. I AM consciousness itself. Consider my name as only this.

I AM THAT I AM
Ascended Master Compte de Saint Germain
Channeled by Aruna

Message 67 - The Non-duality of Divine Consciousness

<http://comptedesaintgermainsblog.blogspot.com/2010/08/non-duality-of-divine-consciousness.html>

Monday, August 9, 2010

The dictations through this channel are not any different than those of my other channels. All my dictations call for more awareness. My teachings are not new, only a continuation of what the Ascended Masters are all saying. My consciousness is I AM THAT I AM, not that of a man in the world needing attention or acknowledgement. What I dictate is my way of calling out to those who cannot hear the voice of their own heart.

Chelas of Ascended Masters do not care about their teachers in spirit in the same way man cares about other men. Masters don't consider themselves "connected" or "disconnected", we are the same as all of our conduits, and consider all of our realms as One consciousness, not divided into men and Masters. In One consciousness there is no "me and them", One is only One. One divine cellular configuration with many cells. No man is outside of this cellular configuration. Man's mental chatter comes out of the configuration also, and it doesn't have any relationship to the consciousness of the whole. It makes a mass consciousness of man's collective attitudes and dynamically maneuvers and creates this as a mental creation.

My messages about consciousness and mind not being consistent is not contradictory to Oneness. It is making a distinction between the actual and the not actual. Mind is not conscious awareness. Making a differentiation between the real and the unreal must be done. Control of man's human existence can be the duality of mind and divine consciousness, opposing opinions, and non-alignment, OR divine consciousness only.

One actor in the divine consciousness can cause much disturbance when mass consciousness views man's concepts to be all knowing. Change mass consciousness to divine consciousness and only divine consciousness will abide. Twelve disciples of the one

known as Jesus were not considered answers to man's challenges until mass consciousness altered its view.

Now there are many contributors to divine consciousness and even they do not completely comprehend how duality can be apparent to them and not to others. Man's mental activity conceives the materialization produced by mass consciousness to be accurate. When not considering any duality in his own consciousness, man's denial masks what is. Non-duality cannot be attributed to man's actualization. A demonstration of "no difference" is: no opinion, no observer, no made-up comments.

Man's construct allows for duality under all conditions. Whenever there is a "me" and "an observed", there is duality. Oneness means all are one consciousness, one divine ocean of consciousness, and divine consciousness includes all the contents of that ocean.

Man is not the controller of his thoughts or of the actions those thoughts generate out of the mental drama. God is, and man does not consider God to act out that drama in that way. But God is the creator of the drama and acts out all the roles. Consider your personality a creation of God, and you will get the message that duality is an illusion.

Ponder this: mental attitudes are a God created mandate to lead duality out of man's consciousness. Practice being quiet and learn non-duality. Non-duality comes only with a quiet mind.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 68 - Changes About to Occur

<http://comptedesaintgermainsblog.blogspot.com/2010/08/changes-about-to-occur.html>

Tuesday, August 10, 2010

Change is about to get more eventful. Consider how these events are going to make your lives difficult. Most of the changes are about money, and not the way many of you have been calling for. New money conditions include: default of loans on many delinquent accounts, banks not able to cash out their investments, funds being controlled by banks not being paid, end of credit, control of new currency by chaotic demands of investors and managers of markets, depletion of market activity worldwide, compensation for work not paid, men depending on money to feed families not being employed, great depression all over again. Not a cause for celebration to be sure. But this breakdown must occur before an abundant lifestyle for all can proceed.

Next, will be a new condition where man does not consider only his own needs, and all will get more of the resources available. Currently, the many who aren't very rich contribute their money to those who are. Next, those who are now wealthy will have more than others, but not as much more as they have now.

Computers will be able to maintain operation, although costs for enjoying them may get out of the reach of the majority. Control of the internet will come at first, but will be overturned by mass objection.

Police are now being readied to make the life of most Americans less appealing. Mass

collection areas are already in place to arrest those who don't comply with new arrangements about the cost of living challenge. Debts not paid may be cause for an arrest. Harboring a criminal of any accusation can be cause for an arrest. Clear choices about debt and other options to manage to live will be negligible.

May my contribution today provide some choices that may not be as obvious when the mechanisms for all of the changes are active:

1. Be able to channel - the ability to receive inner guidance directly makes all of the options more available at the moment guidance is needed.
2. Cheerfulness can get you more advantages than anger.
3. Faith in the divine calls to you more opportunities.
4. Close your bank accounts before you are not able to get money out. Not at this moment, but when money becomes obviously less available.

Next month, not next year, we will begin to see more banks fail. As this becomes common, deduct your assets from banks. Buy what will be needed to live for about a year - all of the details like toilet paper, agricultural seeds, garbage bags, etc. Get what you can and be as generous as possible to get supplies you can share with others.

Make a contribution to a child's future by donating your time to help that child learn to meditate and get guidance from within. Many children will not act with any consciousness during difficult times. Apprehension can cause many acts of aggression. Make an attempt to compensate for their angry contact with leading more awareness of God to them.

God will be able to contain much of the chaos, as more and more are awakening and their guidance in the material world will create less chaos and more conditions of caring.

Also plan to give away things that will not be needed during difficult times, to be less attractive to those who may not get enough of their needs met. The practice of living simply can alter the direction of their anger away from you.

Consider my words carefully. Act accordingly. Money is not the only deletion that is coming. Other dis-eases are to be delivered by human drug companies and their managers. Other quarrels among countries will expand to mass consciousness to be determined, and mastery in leadership will come to those who are not dense and controlled.

The controllers are not going to leave the chaos to itself, their plan is to make a mess so they can clean it up, their way. Not when we are on the other end of your asking for assistance. If you can do what you are guided by all of those who dream of a most loving contact with you, most of you will turn away from control, and make contact with our realm to co-create a New Earth. Facing the facts, to make arrangements, must begin now.

Ascending begins with an awakening that detaches the mind of the heart from all worldly conditions. My advice to all, is to dream of being the one who delivers love and peace to others.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 69 - BEING = Awakened and Aware

<http://comptedesaintgermainblog.blogspot.com/2010/08/being-awakened-and-aware.html>

Wednesday, August 11, 2010

My dear ones. My lesson today about manifestation will give you a better understanding of yesterday's message.

What happens to the awareness of my cautionary message? Nothing. Being aware of things does not manifest them. Manifestation begins with desire, and none of the conditions I mentioned are desirable. Manifestation requires more attention than merely reading or gathering information from various sources. Manifestation is a co-creation with our realm, and none of us would give our assistance to that kind of creation. Please, give yesterday's message a most controlled deletion from your daily attention, but allow the awareness gained from it to assist you in acting on the guidance it contains.

Many of those who consider themselves Awake are actually not Awake, because they have not addressed the causes of fear in their mind. Awake means: AWARE OF ALL AND AFFECTED BY NOTHING. Being Awake continues in ongoing drama without any disturbance. An Awakened one has the ability to be at peace in all conditions. An Awakened one does not avoid anything because of fear, because nothing causes fear. Nothing is created by an Awakened one, unless mandates are consciously made with intention. Positive attitudes are not enough to activate cause and effect. Negative attitudes are mind's way of avoiding awareness.

Being aware of things gives the mind an opportunity to address the fears that many are denying. Being aware of the details of these less desirable manifestations provides you with an opportunity to make a more conscious choice NOW. Avoiding awareness of future events is the main cause of the apathy mentioned in my other messages. Not knowing, by drawing a curtain over the facts available, creates a most difficult situation for those unwilling to be informed.

Twenty million of the men and women on Gaia are ascension candidates. Mental denial about the cause of disasters, and an attitude of absolute control over mental content, deletes one's ability to ascend. To ascend, mind's concerns must be canceled completely. An Awakening does this.

To cancel concerns, or to move out of denial, begins with awareness. What are you afraid of? Are you afraid of the days to come? Are you afraid of my messages? Are you afraid of the cause and effect of your own thinking? Then be courageous, and address all of your fears NOW! Only dealing with them deletes them.

Anxiety about future events is not going to manifest these events. Anxiety about future events is a message from an inner voice that needs addressing. Clearing that anxiety must be done if you want to ascend.

Making a decision about ascension needs addressing now. Those who are denying their fears will not ascend. Not addressing anything that causes discomfort must be reversed. Address EVERYTHING that causes discomfort.

No light can shine from a body containing mental attitudes that deny fear. Nothing lightens the world more than gratitude. Gratitude for the advanced information about future events

would cause the action that is needed to get yourself and your other contacts ready for these events. Make a detailed list of what can be done NOW, to get yourselves more capable of coping with conditions that can make your life miserable. Or, you can deny my call to action and do nothing. Who will get through these times the most easily? Of course, those who act NOW on this awareness.

Collect things to make your lives more adaptable to the coming conditions. Accept that money may not be of any help then, and get what you can NOW. Have a master list of contributions you can make to charities that can deliver overstock that needs distribution. Form communities that can give assistance to others. Take care of the older community, because they will need the aid of those who are aware, calm, unafraid, and able to lead.

Many of you are meant to lead. Be a courageous leader NOW! Lead the march to an Awakening for all who are candidates for ascension. Continue to be an unafraid leader of the next era of man's existence. Bring together the details of my previous messages, contained in the *Master Messages* books that I dictated to this channel, and become more aware of the details of what to do NOW to get ready for ascension.

My channel is continuing to lead my words for your benefit. Give these messages your consideration, and BE an aware being during the days to come.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

The *Master Messages* books are available [here](#).

Message 70 - Man's Creation Ability

<http://comptedesaintgermainsblog.blogspot.com/2010/08/mans-creation-ability.html>

Thursday, August 12, 2010

Concerns about the future are not creating these concerns. Manifestation begins with desires, not beliefs. Clearing beliefs is my goal.

Being Awake means no beliefs. Awakened awareness means being aware. The comments of my chelas are a new cause for my messages. All comments are appreciated. Give them to me, and my messages can contain answers to your mental concepts about my channeled material.

Concepts about manifestation abound, and most of them are not accurate. My job, as Maha Chohan, is to continue the materialization of human mandates, and as my duties are directly an outcome of contracts between the Masters, God and all mankind, my ability to address this topic is not an answer of man's opinions. I do a major amount of creation observation as well, so my words are not only from creation of manifestations, they are also observations. My contact to my chelas now is good, so no opinions of the channel are contributed.

Teachings of manifestation in human culture are mostly inaccurate. Movies, channeling, and educators that teach about how to co-create with divine assistance have misled the masses about this ability they are not correct about using. This makes it more difficult to get man's attention to the truth of the situation.

Masters, Angels and all of the beings that are not in materialized form can observe anything they need to know, enabling them to be omnipotent and conscious, all the days and nights of your clock time. Omnipotent beings do not decide the manner in which the human continuum will be developed, and they are not about to do so. But, they are able to assist in creating materialization of man's dreams about the future, and co-create those dreams that CAN be co-created.

CAN is my point here. Many materializations are not changeable, as they were created as a cause and effect development. Man has been dreaming this dream a very long time. Cause and effect is one of the most ancient laws of the Universe, and will supersede all mental beliefs, attitudes, conceptualizations and desires. Cause and effect comes as an actualization of all of man's demonstrations about consciousness, lifetime after lifetime. Cause in one lifetime can create an effect in another. Cause of NOW was made an actuality, not on the day it was conceived, or when man decided to alter its content, but when the most causative demonstration of the drama was made, and the Masters were given their guidelines by these demonstrations.

For example: climate change was not created in this lifetime for most of our chelas. It was dramatized in the machine age when man was concerned about motors and conveyor belts and machines that could make man's collection of tools. Changes to the environment and the collective consciousness about answers to man's needs overlooked the dramatic effects until after the fact. No engineers asked the most important question, "What will this contribute to our Mother Earth?" Now we can ascertain this answer, but as all this was created by man before now, no man can alter the effects of all the damage that has been done with his mental attitudes or control of mental thoughts. Neither can man alter the dangers of air contributions already made, or death of the cloud cover over areas of man's environment, or the collapse of continents that are not anchored to man's control. Mudslides, earthquakes or eruptions of volcanoes cannot be altered NOW with dreams about another creation. Cause and effect will always supersede creative attitudes.

An Awakened one does not alter anything. An Awakened one is not a change maker. An Awakened one is at another level of consciousness that does not control or demand anything. No man, awake or not, can alter an act of change that is now appearing, with a new attitude or an act of decree. No change can occur that cannot develop over time with a man's cause and effect ability. Magic will not alter anything of great importance that is mentioned in the *Master Messages* or my newest messages.

Neither will it change the way manifestation occurs. Only desires and content of a minor character can be demanded and created by man's mind. Be the God that you are and demand awareness. Then give my call to readiness for change another read.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 71 - Mastery and Channeling

<http://comptedesaintgermainblog.blogspot.com/2010/08/mastery-and-channeling.html>

Friday, August 13, 2010

Control of one's thoughts cancels Awakening. Any use of the mental domain is non-

productive where Awakening is concerned. An Awakening is the disappearance of all concepts, beliefs and attitudes. A quiet mind doesn't answer any attempts of moving it.

Anchoring light needs a quiet mind. Stillness of mind allows no interference to alter our connection to an anchor of light. Only an anchor of light can be a Master of Awareness, because a Master contains no opinions. As long as there is an opinion about the daily life experience, an attitude exists. All attitudes are mental.

Positive thinking and negative thinking are both thinking. Neither of these ways of thinking are a Master's attitude, because a Master does not hold any attitudes. This may be difficult for many of you to understand. My reason for making this advanced consciousness teaching as my daily message, is to let the Masters of my audience know there is a Master delivering these messages.

Concepts about Mastery are not the actuality. Masters are empty vessels of consciousness that are able to deliver an answer about anything, as needed, by not doing a thing. Their Mastery is their awareness and their absence of opinions. This allows their divine consciousness to freely be delivered. God does this whenever an anchor of this level of Mastery can be found.

Channels are one step towards being this consciousness, as they can deliver answers that come through the mind without any mental disturbance. But almost all channeling can be distorted by the mind. Channeling only comes from our delivery when the mind is not used. Automatic writing can deliver answers about things the mind does not contain any data about, but due to the mind's ability to control what can be delivered, answers about ANY condition cannot come through mental channeling all of the time. False information in channeling is not another deliverer coming in during the course of the channeling, a most uncommon occurrence, but a mind game contributed by the denied mental controller.

Practicing channeling can make a difference in the contact ability. Most new channels don't get any dramas like this until they are called upon for an important content delivery that the channel's mind does not agree with. Once this occurs, mind becomes attentive to all messages, and begins to cause different content to be included. Be careful to deliver nothing that appears to be a personal opinion! Opinions change the message, be it channeling or anchoring content. Absolute clarity in channeling can only come through the mind that is quiet all the time. This happens when an Awakened one is willing to give channeling their contact's messages as a gift to others.

This can be the contract of a Master who is anchoring light, not a contract of an amusement park psychic or one who disturbs the message with opinions. Channeling my messages asks one thing: give me a commitment to get clear messages. Then do channeling regularly to deliver messages to others. Pause when an opinion about content causes any distrust of the message or the message deliverer. Close my comments with my contact management game of awareness: always ask if the message is Christ consciousness. Never assume, always ask. Your mind never answers a "yes" to this question if it is not Christ consciousness. Pure channeling can be delivered by those with mental activity, as long as the channel is mentally content with the material.

Never deliver messages to others that don't "feel right" to you. Allow that guidance to come in the areas of the heart or solar plexus, and only from these areas, not the advice of your mind. Welcome to all who are willing to be a channel for our Christ consciousness messages. Channeling clear messages can be a major contribution to man.

When my channel does these messages they appear as material from me without distortion. No message appears on this blog without my approval and consciousness of divine grace. Blessings to all who are interested.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 72 - Response to Posted Comments

<http://comptedesaintgermainsblog.blogspot.com/2010/08/response-to-posted-comments.html>

Saturday, August 14, 2010

My dear ones. My friend of many lifetimes is now assisting me to get my messages out to those needing to receive them. I congratulate! This is the most contact I have had to my chelas of the next age of man, for my conscious delivery of cosmic awareness, since G.W. Ballard accepted my channeling. My conscious channel continues to deliver my messages as a most dedicated calling, and she will not alter anything I say to adapt my message or my control.

Now, my friend of many lifetimes, who cannot fully accept that my messages are mine, must give this new actualization of her attempts to discredit my channel an aware look. Co-creating dismay for the men and women coming to my blog cannot give anyone any happiness. I AM consciousness does not drive mind's attitudes into a conscious drama of disturbance for anyone. I AM consciousness is quiet, aware, and not divisive.

Now, I am always glad to get questions, from sincere questioners who desire more clarity, and questions about discrepancies are good for all. My answer to this particular question is: No discrepancies exist. All of the answers about discrepancies are contained in my messages, and they are clear about the method manifestation is consciously created. They are also commenting on apathy and concern, and one's ability to create major adjustments to the mass consciousness.

Channelings of one moment are reflective of the details contained in an overview about that moment. No one detail of my channeling can give all of the minute, complex material seen by my anchoring of awareness in any moment. My contact is not contained to one or many of my chelas, and all are aware of my donations to Oneness consciousness.

What my disturbed chela has brought to my attention, is my negligence in adding more information to my daily messages that can give new readers, those who have not been reading all of them, more clarity. My money predictions are not going to lead my chelas to dismay, for my dictations have never denied the controllers role in creating these conditions. Man can dream a different dream, but no man alone can change a dream that has been created by many.

Many dramas are about denial. Those who are denying that corruption exists are not going to get the message now, and will do nothing to get out of their confident attitude about change. So Be It! Can my messages give them aid? Not to those who won't agree to open their eyes.

My dear ones. No channeling can give all the details in every message. So, go and get more acquainted with the [Master Messages](#) and the other messages I've delivered through this channel. No details are absent.

Chelas CAN change the coming events when enough of them are contributing different demands to mass consciousness. None of those who dream new dreams are making an impact, so how can I deliver new details? Only the mass consciousness alters any of the major conditions conceived by cause and effect. I've called for more to deliver new dreams to the mass consciousness. Has it happened? Sadly, no. Beyond this mass detachment from current events, no change can be co-created that needs more than critical mass to change.

Are most of the humans on Gaia giving, loving and making a difference? Absolutely not! More are only concerned about their own details than can be imagined. Most are going out of their comfort zone when they give to charities. Most are demanding all the abundance of God for themselves. Goodness is not the norm. Goodness does turn around things that can be altered by minor amounts of contribution, but no major dramas of this moment are being altered by the goodness of the masses.

What my dear friend of many lifetimes needs to convey to those who read her comments is Oneness, not divisiveness. Oneness looks like having the ability to concede her distrust and give her attention to more awareness of Oneness in her attitudes. Bless my dear one for her contribution to details. My attitude is always appreciation.

All of the disclaimer comments on my channel's messages were given by me in [A Course In Channeling](#). She uses this as an example to all. My channel needs no disclaimer message.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 73 - Masters and Chelas

<http://comptedesaintgermainsblog.blogspot.com/2010/08/masters-and-chelas.html>

Sunday, August 15, 2010

Chelas are students of an Ascended Master. Not all are aware of the Master's teachings, and most are unaware of their Master. Chelas must learn about the Masters to get the most benefit from their guidance. Those who are able to have dialog with the Master, are being called to Mastery as an anchoring of God's love. No Master needs the chela's allegiance, only their attention, as Masters offer gifts of awareness to chelas. Passive denial of my lessons controls my ability to teach. Active denial makes another condition - annoyance.

Chelas are given many opportunities to learn and accept my channeled call to mastery. Most do not act on their mastery until they are actually guided to do so. But one or two are not able to understand that mastery means a quiet mind, not mind's opinions. My dear one, who has attempted to dominate my channeling attention to demonstrate her own consciousness, is not yet a Master. Chelas do not dominate, and do not insist that they are wiser than the Master. This is an arrogance of mind's conditioning, not awareness from the human heart.

My chelas who read this blog do so for my teachings, not to be told that the opposite of my teaching is more accurate. This arrogance is most disrespectful, and will no longer be entertained. My chelas are not the Master and my consciousness is not theirs, as nowhere is it written that chelas are to guide their teacher. Positive attitudes towards the teacher must prevail!

But this is not a dismissal of the chela. Her mastery can be developed in an accelerated way if she accepts what my message today advises: give the Master more credit than the New Age dogma that has been accepted by the mind!

Positive attitudes are not necessarily coated with denial. Only accepting "the goodness", is not acting on the truth of a situation that could provide the most awareness. Mental control of what is accepted cancels all the gifts the dross brings. More consciousness comes to awareness from darkness than the anchors of light are able to deliver. This is a cosmic creation of duality to demonstrate the dream of man's mind. All is not as it seems!

Awareness of what is beyond the veil is more available to those who are aware of the veil. Seeing only one aspect of the duality demands that the mind be active to deny the opposite. Neither is the true reality! Both are an illusionary mental attitude. Cosmic consciousness is totally different than dark and light. Both are of no concern. Truth is only Oneness, and dark and light are included in Oneness.

Chelas, do not accept any teaching that tells you to ignore duality. Consider duality the gift of a new dawn that transcends divisiveness. No comments that designate dark and light are from God awareness. My words today are a Master's consciousness. My gift to the chela I am addressing is an awareness of her non-awareness. Can this gift be used to move her to an Awakening? I do hope an opening for this occurs.

Channeling on this blog will not address any defiance again. Those who do not accept me as their teacher can go elsewhere.

Please ask questions. Please make comments. Any comment that is not accepted by me will not be published. My consideration of this control factor makes an unacceptable condition more comfortable for others who need my attention. No more attitudes of condescension will be tolerated.

My dear ones are all advised to look at themselves for the very thing they are accusing others. Are the earth changes avoidable? Yes, but only when all the inner dramas in the minds of man are no longer creating outer dramas.

May this message be the beginning of my more conscious teachings for this to be accomplished.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 74 - Creating As Christ Consciousness

<http://comptedesaintgermainsblog.blogspot.com/2010/08/creating-as-christ-consciousness.html>

Monday, August 16, 2010

Christ consciousness has two qualities that come to man as he Awakens. The first is love. Not the mental attachment many believe love to be, but heart directed action as the cause of all his manifestations. Caring creates a most direct message to the mass consciousness to give more.

Caring deletes greed. Caring has no demands attached. Most people think of caring as giving away anything they no longer want. Caring comes as an energy, not a contract to give. Making a donation to one who gives, is a natural way of demonstrating the consciousness called Christ consciousness. Giving attention, and being available to assist another, calls man to an Awakening. Caring for one of the children of God, gives God the message that the heart has opened.

Twenty million incarnated to bring this Christ consciousness to man. Only about five million have contacted the mass consciousness with caring actions that demonstrate open hearts. My colleagues and I are amazed at how closed the hearts are in many who call themselves lightworkers. Hearts that are open are loving to their fellow man, not demanding attention to themselves, or culling others by casting doubt on their contributions to humanity.

Many contributions are made to mass consciousness by those who are not caring, and this is causing negative conditions. Picturing world peace cannot create world peace, unless the creators are peaceful. Many of the cause driven men and women are not able to act in a way that can answer the needs of others, because they, themselves, are driven by anger. Being AGAINST someone's actions negates any cause and effect benefits. Being FOR a new way of doing things can create miracles. Groups like Greenpeace are not creating any manifestations that make the managers of their opposition groups move in a different way. Other ways of causing a more constructive result need to be created.

The other Christ consciousness quality is an active awareness of all the mandates being given to create anything at all. For example, every time one asks God to do something, this mandates an energy that attaches itself to one of the causes of the manifestations coming into form. As this mandate has little ability to cause an effect on its own, other mandates of like mind come together, and draw to the one who has called for this mandate a more creative control of the designated materialization. One demonstration of this is the manner in which your crowds collect together to demand one change, or how many are collected to comment on a petition. These mandates draw more answers to the cause than anyone can draw to the condition by himself. Making a difference requires a group effort.

Now, take the condition of man's new earth. Mandates FOR this can create new things. A mass consciousness that thinks against the current conditions will continue to create them. Making new creations denies nothing about current conditions. In fact, assessing current conditions is necessary, as awareness of the actual cause inspires an answer that brings clarity about the next action.

Meditation creates a group energy and gives the mandate to cause more open hearts. Continue this daily to help the new earth be a more loving place. Talking about others negatively gives mandates to the mass consciousness that delete the goals of meditation. Openhearted beings do not denounce or degrade anyone!

Pause when you notice an opportunity to contribute disharmony to mass consciousness.

Ask yourself, "Am I bringing light to this situation?" "Can I bring light here?" Your answer tells you how one person can make a major change to future manifestations.

Honoring all for their contribution to mankind must contain an honest mental intention. Diversity contributes opportunities to give love to those who fear differences. All are created in God's image. Not agreeing with another's attitude does not make the other wrong. Agreement is not always the most conscious choice. Making an observation, and asking within for an answer about that message or conflict, can give an objective guide an opportunity to teach. Most of you depend on mind's contribution to your attitudes and beliefs, and do not get your guides' opinion about anything. Your guides are more aware than your mind. Guides are the teachers you most need. Ask their advice before deciding about "resonance". If new information does not agree with what mind believes, ask and get your guide's input prior to deciding anything. Asking a guide demonstrates an opening for growth.

Being a teacher carries a lot of responsibility. Teaching new things means an opportunity to trigger the dislike and negative attitudes of those who are not open to anything different. Making a difference means new and different choices must be made. Beliefs are the existing cause of what needs to change.

My dear ones. Be open. Be caring. Give to others. Allow them to be themselves without negative comments. Answers for the next generation may be in their hands.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 75 - Using The Violet Flame

<http://comptedesaintgermainblog.blogspot.com/2010/08/using-violet-flame.html>

Tuesday, August 17, 2010

Changes to mankind's nervous system have been going on for many of your years, making the veil between us more transparent. Because of this, inter-dimensional communication with our realm has the ability to give messages to many at the same time, and entities in other realms have this ability also. Sixth and seventh dimensions are the higher realms. Anything beyond this has no individuated mechanisms to deliver contact. On the other side of the spectrum, the dimensions below six, including the astral realm, are the contacts many New Age channels are in touch with.

The astral consists of divine beings who have not come to an awareness of their loving nature. In the astral, they learn about their affect on the mass consciousness in 3d by getting a big dose of its effects. As they come to greater awareness, they incarnate in another human body to give themselves an opportunity to be conscious in an actual 3d dream.

Not all of man's guides are Master or apprentice Master consciousness. Many are acting as assistants to these as learning opportunities. Any of the less conscious of these assistants can choose to get their own channel and deviously tell them they are one of the Angelic or Ascended Masters. This is very common, because all have the ability to act independently and we cannot control this.

Now that the veil is very thin, these divine beings are being given lessons on control by the beings they overshadow. Control is not acceptable. It negates the free will of one's conduit, and may deliver negative ideas and action advice to the conduit. Conduits are the ones who must be aware of this control and end it.

Humans have the ability to decree their own autonomy. No guide can maintain control without the human's agreement. Choice is man's prerogative! Once he accepts the rogue guide as his own channeling companion, he needs to decide whether that guide is Christ consciousness or not. Our realm, 7th dimension, are all Christ consciousness. Sixth dimension has some who are not yet 100%. Astral beings are NOT.

Astral beings are also those who have not crossed over. Once they leave the human form they remain around their community and are able to attach themselves to man's energy body to give advice by nudging and contact by mental direction. Ghosts are that kind of astral being, choosing man's trappings over a move to more expanded awareness.

Man must learn to recognize these developments in his human consciousness. Man must demand his autonomy. In many death scenarios, these devious beings are the cause.

Man does not act like he has the ability to recognize these deceivers, but all can notice negative thinking and controlling mental thoughts. Clearing the body with the assistance of natural compounds, and calling in the three fold flame, can delete any controller of this type. My advice, is for all of humanity to call in the violet flame (of my consciousness) to manage their causal body now. All you must do is mentally decree: "I call on the violet flame of Saint Germain to clear all of the dense energies in my aura". As this is being decreed, mentally visualize a fire of deep violet color arising from the bottom of your feet, enveloping all of the body, and clearing all of the attachments and devious energies that are around. Allow the flame to consume all of the auric energies that are not absolute in their divine Christ consciousness content. As the transmutation does its job, the violet flame will dissipate, and the Christ color of white and gold will be the chela's aura for that moment.

Thoughts create the colors we see, so a clear mind acts as a Christ consciousness aura all the time. As negative thoughts arise, activity of the mind alters an aura. Changing auras is now your area of control. Aura clearing is not permanent. Anything you think can bring an attachment, or an act of drama from anger can attract an astral or earth bound entity back. Clear yourself frequently, and give love to those beings to help them move on to higher realms. Panic may cause them to act dramatically if they are not led to the light by man's guidance.

Astral beings are also divine, not evil demons. Choice has led them away from their highest good. Consider them another awareness that needs some caring. Give them the help they need to continue their spiritual dance. When you do this, you have given more light to the mass consciousness. Make light the goal for all.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 76 - Money Considerations

<http://comptedesaintgermainblog.blogspot.com/2010/08/money-considerations.html>

Wednesday, August 18, 2010

My dear ones. Change has already begun.

Counting all the corrupt bank managers would not be possible. All of the personal debt combined, could not make a dent in their combined pay and bonus guarantees. Managers of the largest banks are the most devious. Many of them are now living very high on the creative money drain of market derivatives, while many of my chelas are not able to count on having enough money for their daily needs. Control of man's quality of life can go directly back to the managers of this cancer in the money domain.

My advice to my chelas is to get out of debt. No more credit, or more debt for anything that is needed. Get less, but get the comfort of being away from the controllers outreach. Once the dollar crashes, many are going to attempt to demand money owed to credit cards in more condescending ways. Owing money, due to a drop of income, is not a big deal karmically, but demanding repayment by intimidation can give those who are careful about their contracts, a quick overturn of their mental and emotional control, causing chaos, and maybe even death by suicide. When an organ of the body gets drained too much from mental stress, creation of another death action can also begin. Bank managers are most concerned about their own checks, not the health of their bank's customers. Be aware, being in debt can outrage the collectors to the degree they will do outrageous things to get paid.

What can be done to avoid their harassment? Ask for assistance to decrease the debt you have, and give more consideration to what you purchase on credit. Solving this is not easy. Many are so heavily in debt that an answer to my suggestion may not be possible at once. But continuing to live beyond one's means does nothing but postpone the day of reckoning. Not with God, but with the collectors that the bank managers are training to destroy your health and other daily considerations.

As money becomes less valuable, close the door to overspending. Give me an answer to this: Are you being careful about all the purchases you make? If not, control your needs to the point that they are less. Ask yourself, "Can I live without this? If the answer is "No", then get it, but if the answer is "Yes", don't. Credit has made an easy crime of draining one's bank account and maintaining an affluent course of action. Need has become greed.

Can you conceive of life without TV, or mobile phones, or driving a new car? Can you be more concerned about your future than buying the most attractive things that your mind likes? Can you answer the door to your house without having any concerns about a man casing it for what can be stolen? Can you ask yourself now, "Am I less attractive without my collected material items?" Are you clear about the distinction between needs and desires? Needs are conditioned by mental decisions, and many consider their desires to be their needs. Food, clothing, and a house are needs. Cars, TVs, mobile phones, and most other technical machines are desires.

What can be done about living beyond the needs criteria? Ask the children for assistance in cutting back their demands. Consider giving more to charities. Allow for the days to come by holding on to the cash that can be added to a nest of food supplies. Can this be done? Parents need to educate their children about needs vs. desires. Giving children all of their desires makes them desire more, until they cannot understand that absolute control of the human experience needs their conscious discretion about money.

Families with children may not yet understand that they need to teach decision making control, because they have not had to do with less. But the days to come are going to make a change in this actuality, and being a careful and masterful manager of money, can create more for a child's learning, than buying with an uncontrolled attitude.

Assets for the next days can be more food for draught conditions, seeds, mass control of an area to grow an abundant crop, new ways to alter man's houses for letting in more contributors to group care, new ways to free the mind, methods to give to others, and other needs of communities. Purchase things with CASH and dramas about debt can go away.

Many of those who are reading these words are already needing assistance to buy these needs for the future. If those who can, are willing to share, the need for casing the homes of others will not be another consideration.

Forces beyond the daily media headlines have been getting prepared for chaos for many days. Now they are ready to drown those who are not self-sufficient. Can you become less dependent on banks for daily sustenance? Can you deliver the draught one more caring heart to learn what will need to be done?

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 77 - Crisis in Asia

<http://comptedesaintgermainsblog.blogspot.com/2010/08/crisis-in-asia.html>

Thursday, August 19, 2010

My dear ones. My message today will not be one you consider a "feel good" message. It comes before a crisis that could have been avoided. Many of the men and women who are to be delivered to their end of comfort on their continent are not able to ascend, and cannot end their cycle of incarnations as originally planned. Acts of nature do not occur as a result of negative thinking. Acts of attack do. Mankind is not the cause of this act of choice by one man. The cause is the dense consciousness of the man's own dark controllers.

People will be maimed at a distance from the area being targeted, because no one realizes their area will be attacked. Mass chaos can occur. Make a conscious choice now: If my area is attacked, I will call for an Angel, and consciously declare I AM THAT I AM. This command can deliver a new condition to the aura of the departing one, and a very dense condition of death can become a contribution of great importance to the mass consciousness.

My beloveds, give love to the contributor of this drama. Maybe he can alter his decision, but it doesn't appear, at this moment, to be changeable. Those of you who have been reading these messages are aware of the man who I am not naming. I want the dark capabilities of this crisis to be countered by my words. Many can claim their divinity and be taken beyond astral at once. Any who call for an Angel can get aid to move to a different mental attitude and create a different condition for themselves. Practical advice to anyone who calls for an Angel is to leave the body quickly.

Why am I telling this to those who are reading these messages? To assist any who can get my advice BEFORE they are dealing with a catastrophe. Opting out of the human

experience at the moment of a crisis can be a gift of that crisis, not a drama that leads to another call for man's "dance of leela" to continue. May my words give an out of body experience that is happy and at acceptance of all that man has created during an active life.

Hope about man's ability to contain a crisis can do a lot. It can act as a call on the Angels to get ready to assist. It can abate the crisis. It can answer the man's controllers' demands. It can create a different choice on the decision to attack. All of these options are able to be part of the drama of the next days. I am an adviser, and my advice is, to ask for aid to alter the man's decision. And, if this doesn't change his attitude, get more demanding, and decree a more desirable outcome.

The Masters and Angels are all making an attempt to dismantle the devices he has not admitted to having. One of them can destroy the entire Universe.

Can this be contained? Maybe. Can one bomb destroy an area without affecting other areas? Yes, but this depends on the one chosen to be used.

Make no mistake, this crisis is now more than just talk. It is not more than a few days before the man gives an advance on his neighbor. I AM THAT I AM consciousness can diminish the affect. Close the door to more doings of this man with your most active prayers. Be the diffuser of his candle. Be active in the next days to make your light shine. Be the cause of a great anointing of those who are not aware of their own divinity and eternal existence. Close the door to death consciousness. Who you are does not die. Bring this awareness to the moment when a crisis occurs.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 78 - Man And God Are ONE

<http://comptedesaintgermainsblog.blogspot.com/2010/08/man-and-god-are-one.html>

Friday, August 20, 2010

My dear ones. Be assured that my advice comes from the most caring heart of I AM THAT I AM. No deceivers are at work to cause mass destruction, monetary collapse or chaos in your lives. My love for all is totally unconditional, and what I want for you is good and Angelic in nature. But my ability to provide only desired creations is not absolute, and I would prefer that the manner in which you receive my words is not disturbed or negative in a way that contributes dross to mass consciousness. Contact to my channel is clear, and my words are not distorted by anything. Continue to pray for a most delightful day, and for the mental wellbeing of the man I mentioned in my message of yesterday. More and more of you are beginning to understand how you can contribute to making a better way, and have the ability to take appropriate action. God's children are the most able on the planet.

Manifesting by decree is a most important tool for the human to have. Add this method to any of the other methods used to create, for mastering the human condition. But, also accept, that there's another level of mastery that can be more advanced than making things appear by decree. That level of mastery looks like: no cause and effect created by the mental action of ego.

When the chela is able, an awakening will occur. This awakening cancels the old way of conditioning the ego has been engaged in, and a new awareness of the man's consciousness game takes its place. Man continues to exist as a human, doing all the same human activities, but instead of ego making decisions, or managing the body, God is. And God does all that the body needs, as man does not consider himself, anymore, to be more advanced in awareness than God.

Happiness is when man and God are on the same wavelength. Man is divine in his consciousness before another controlling force called "mind" becomes the controller of man's awareness. Awakening dissolves that control. No control of man's body by his mind allows God to become the ascended consciousness of human awareness. Ascension means: divine consciousness leads all!

Many of my chelas have already ascended. Their consciousness is God consciousness. No more do they dramatize the mind's answers to man's decisions, answers to all decisions are from God.

Ascension wave #1 is complete. Ascension wave #2 can occur at any moment. Being awake is the beginning of ascending. No man can ascend with an attitude that makes "no choice" a less than desirable condition than "my will be done". Man must let go of man's will, to allow God's will to lead.

What has been called consciousness by mind has been an active fantasy. No details about man's abilities are needed to qualify for ascension. God is only awake in those who do not strive for human gratification. Accomplishments of any kind are not God's concern. Oneness and caring and giving are the only details of any importance. Choice means: choosing God over man's own desires.

Affluence has become the new spiritual nuance for material concerns. Affluence, and making the man's life a goal oriented concern, is a dark mentality that the controllers have managed to contribute to man's confusion about ascension. Man's decisions are not the way to ascension. God's are.

Making decisions for God is arrogance of the man's ego. No decisions about manifestation are needed. God has always done the right thing. Yes, even the catastrophes are of God's design, and man must come to accept this.

Children of God, make no mistake you are completely loved and cherished but, at the same time, you agreed to be a man or woman to learn and grow. This requires disturbing creations as well as good feeling creations. Both are part of the learning. Neither, alone, could develop Oneness consciousness.

Peace is the result of letting go of ego's call for more of anything. God gives to all the ability to control until the awakening occurs. Once awake, control ability dissolves. Man is, at last, becoming One with God.

No concern about the destiny of one's control is needed. All is in God's able design. Ponder this: My name is always I AM THAT I AM, no matter what I may appear as in any life manifestation.

I AM THAT I AM
Ascended Master Saint Germain

Message 79 - Call To Ascension

<http://comptedesaintgermainsblog.blogspot.com/2010/08/call-to-ascension.html>

Saturday, August 21, 2010

My words today about ascension are not as most other messages have been. My teaching now reflects a new approach to the Merkabah energy and next dimensional activity. This is due to the most disappointing condition of preparedness my chelas are at. Not enough conduits are as clear as they must be to fully ascend. Ascension, for those who are, will not dismantle the controller's conspiracy because there is not a large enough number to ascend together and cause more awareness to the masses. So, we need to do things a different way.

First, we must act as though all is not well. As many of my chelas are not even willing to acknowledge a "not so desirable" act against others in their choice of mental attention. They dance around a most important quality for ascension: detachment. Being aware, and emotionally clear, about an actual condition that is active, makes that condition seem less of a concern. This will demonstrate Mastery.

Not thinking about a challenge does not make a difference, as the challenge must be acknowledged to be addressed. Addressing anything can make an alteration in the dynamic of it. Not addressing the man's fears maintains them. Beliefs about an avoidance of chaos, by not considering the possibility, are not correct. Man must be able to comprehend all of duality before he can transcend duality. Avoiding a dense condition does nothing but continue that condition.

Ascension has been our goal for mankind. We have done our best to affirm the closeness of the ascension gates, and draw attention to the most accurate calls of our realm. But there is a congested collective of mass hypnosis going on in the deceivers' messages. Many deceivers are making our messages appear non-conforming. And they are, due to the accuracy they bring.

Ascension can and will occur only for those who are able to make this transition. What this ascension is going to do is alarm those not as able, convincing them that their dream may not be answered. If they get negative about anything, we cannot continue an ascension of mass numbers. Mass numbers are needed to defuse the conspiracy. What has begun is an ascension in consciousness. One wave has already ascended. Two other waves are in the energy of anointing from our realm, to become able to ascend. We need more action on the ground. We need Masters, not conduits of deceivers, to lead the way.

Masters are not causing more drama amongst their brothers. Masters are not going to give any attention to making money appear. Masters are not going to go to another dimension as an escape from third dimension.

Masters can detach completely from the dark controllers' management, by acting on their own inner voice. Masters can give advice as an instrument of the divine consciousness within. Masters are not opinionated about their mantra of abundance, and are open to going anywhere they are called. Concern about anything, not deliverable in an available way, is nil. Be a Master, then ascend.

Ascending our way means to become a Master of the heart, and ascend to man's most conscious mode as a human. Then, when many are able, at the same moment, an ascension of dissolving into only light can occur. Can this occur one at a time? No, because there would be no impact to the controllers agenda. No need. A physical death can also be an ascension, as no contact to another realm is needed to do this. Only channeling an arranged ascension makes any difference. Otherwise, those who will ascend to 5th, 6th or 7th dimension can drop the body on their own and make a conscious graduation to another dimension. A big drama is only an affect, to change the conditions on Gaia, not a condition of ascension on a major contract with God.

We have been needing this mass ascension as a way to make the necessary changes to man's daily experience. Not doing a mass ascension makes the negative message of the controllers more viable. But, we will continue to deliver a call for more channels, and Masters who can dream this dream, and make it more of a possibility. Children of God can have a more quality life if we can create a mass ascension. Children of man are not going to get another chance, because the mass ascension candidates will be diluted before the completion of the drama if many of those able to graduate do so. May my message be an aid in your choice to ascend now, or allow the controllers to complete their destruction.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 80 - Making An Ascension Happen

<http://comptedesaintgermainsblog.blogspot.com/2010/08/making-ascension-happen.html>
Sunday, August 22, 2010

My dear ones. Many of my chelas are living in Asia. One of my chelas can give the others a new destiny very soon. If this occurs, the continent of Asia, and all of its immediate neighbors, will be confused and dazed by an attack that comes as an act of God. All things that occur are acts of God, so the man acting, conceives of his action with God's direction. My dear ones, God loves all of his children. No cast offs are acceptable. All are the answer to God's designs. What can be a major change in man's control of his world, can occur any day.

My desire is for all of those near a computer to be called to these next messages, to enable me to lead man to his next act of courage. When a crisis comes, control of the mental becomes a "next consciousness" opportunity. Positive thinking cancels the danger of an astral death for a consciousness change to light. The astral mandates the attention of a mere mortal for many of the first days after death. But no need of this experience comes after the death of a very aware being. Awareness can catapult the unconscious to conscious. Awareness can lead many to ascension at the moment of death. Astral beings can attempt to deceive man's draconian mind into anger and fear, and be completely ineffective. Anger will cause an astral mandate. Fear will cause an astral mandate. Acting like this is an act of God, and not man's decision, can defeat any astral mandate.

These astral mandates are necessary for those needing to experience one's own death as a dark moment, but for those needing to graduate from the "college of dark and light", a death can provide the best opportunity to ascend.

Welcome the moment that death calls. Be aware of the angel of death. Conscious death

makes an ordinary death into an ascension. A Master, at the moment of death, will accept this as an adventure, an action of holy conditions, a gift of a loving God. Absolute control of mind's opinions can lead to ascension.

I AM THAT I AM is the most causal decree to be made. I AM THAT I AM, called out to the angel of death, can lead to an ascension. Angels that are anointing the body that has been dropped will leave at that moment. Angels do not anoint the body of an ascending consciousness, because no anointing is needed for later characterizations. Practice no chants for dying but I AM THAT I AM. It is the most direct way to the light.

Appeasing the astral drama may appear to be necessary, but it is not. Answer all contributions to this drama with an act of defiance, making the decree, I AM THAT I AM. Closing the door to astral beings may not be an easy thing to do, but it can be done. Take no clues from movies. Astral beings are the ones who come as the members of family and other characters the mind considers to be new angels of love. None of these are actually the members of the family at all. They are the conscious memories of the one who has been called, and are only man's projections. They will lead you to the controllers' dream of ascension: directly to the astral.

The astral realm will provide an accurate condition of a man's consciousness at the moment of death. Masters, awake and aware, don't need any conditions demonstrated. Awake and aware, they will be happy to leave the body and move on to other dimensions. This Master's goal is to have as many as possible do this, the moment death arrives.

My message today will come in three dialogs. My channel will add more as my next messages are given.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 81 - World Change – A New Way

<http://comptedesaintgermainsblog.blogspot.com/2010/08/world-change-new-way.html>

Sunday, August 22, 2010

Conscious death is the most important aspect of an adept's continuous incarnation cycle. Once the adept can accept that death of a body has no more meaning, a condition of ego's control dissolves. Fear, all fear, gives the ego, attached to a man's consciousness, total control. Man can accept or reject anything the ego dreams up to cause more control. Most conduits of channeled messages have a consciousness of heart that has an attached ego. The open heart has the ability to be caring and giving, but the attached ego will look at any situation for a way to give the mind's control more anchoring to the body. A most healthy mental condition is an open heart, with an active chela doing the things the heart wants next, ignoring the cry of ego for a different action. Chelas are always able to choose. Choosing the guidance of man's heart can do more for man's contribution to a New Earth than any condition or action lead by an active ego.

Answers to man's dilemmas are given on an "as needed" basis. All dilemmas have an answer and an action that can cause a new result. The mind's answer to all things comes from an accumulation of mental concepts with a "once upon a time" mentality. "Once I did this and . . ." can lead away from an answer to a major dilemma where new circumstances

are being considered by the heart. "Once upon a time. . ." mentality eliminates common answers and new ideas to any condition needing alteration. Facing a future, in the same way the past was managed, delivers another version of the same answer.

Parents must teach their children a way to make decisions on their own, a method of listening to their own heart before acting. Calm, clear advice comes out of the heart and allows the ego to do the next consideration of an idea. Making conscious choices does not dissolve an ego, only acting on those different choices does that.

Prayer for delivery of aid to a condition of difficulty always gets answered by an Angelic being that gives advice through the heart. Contact is very easy, as man has asked, and this grants permission to the Angel to answer. Answers of the most conscious kind come when one asks for advice, and gives that advice more acceptance than ego's delivery of another version of the same old contribution that caused the dilemma in the first place.

The United States has been the most active example of this. The US does not get positive attention for any controlling action. And yet, another opportunity gets answered with the exact same tactics. Clearing out the new energy by the old dynamic, comes again and again. No attention to the result of that action generates yet another choice by the exact same managers the next time around. Only new advice, coming from another, more objective observer, will change things.

Anchors of light are Angelics in human bodies. They deliver an energy of love to humanity that allows more awareness for the minds of man. Are the minds that are receiving these new energies acting differently? Not many. They are not accepting new advice that comes from our realm directly to them. Money, definitely one of our most controller dominated concerns, has been demonizing an entire frame of reference when it comes to an acceptable new direction.

No Amero is going to save any currency needing more capital. Only debt reduction can do that. No debt reduction seems to be considered during the translation of the deceivers messages to the minds being called upon to make new choices. Practice does not make perfect. Making the same errors again and again asks for no new conditions to be made manifest.

False messages are always being given on an unprecedented scale. Mental decisions MUST come from the heart before man has no ability to change anything. Beliefs about creating one's reality are not making the needed difference. More conscious choosing by government decision makers needs to begin. NO NUKES must be the first mass conscious decision. NO NUKES must be a new direction. NO NUKES means NO Nukes in any country! Absolute agreement on this one thing can change the world the way it needs to be changed.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 82 - Help Save Okinawa

<http://comptedesaintgermainblog.blogspot.com/2010/08/help-save-okinawa.html>

Sunday, August 22, 2010

Contact with higher realms can answer the more difficult and more meaningful questions. Apathy about the need for direct contact has made our non-interfering mode of operation less conscious making than needed. Therefore, more attempts to get your attention are happening, and they will be continued until action from you, to be in contact with us, has been taken.

My contact is not the only one you need. Many of you can learn a great deal directly from I AM THAT I AM, the consciousness called Creator, God, Higher Self, or any other name. What the Creator needs from you is your attention to the consciousness of your heart messages, not the controlling mind.

Channels are ordinary men and women needing no attention from others. Most do channeling in service to divine consciousness, not to collect money or attract attention. A conduit of the Masters and Angels cannot be arrogant. Arrogance cancels their ability to anchor new energies of the Master's choosing. Ponder this: My new channels will be following the teachings of my heart led channels now giving my messages to others. They are the ones who have been asked to open doors to the heart of the more conscious ones on the continuum now. To contact the new channels is my next dream to mandate. New channels for awakening man's consciousness are needed NOW!

Absolute commitment to my word of honoring the divine Christ conscious Masters in my last human incarnation is why my current position, made available by the former Maha Chohan, is so much more meaningful to me than my former position as overseer of only one Ray. Now my work can reach all who can be made aware of my words. Now I can call all of the Master's chelas "my chelas". No more am I limited to one Ray of chelas, so the awareness of my chosen teachings can be flowing out all the time, and many channels can accept my messages as my chelas. Other Masters can also deliver messages through the ones I make contact with. No competition.

Après vous? Are you able to accept my love and assistance in the next days and months of New Earth creation? Will you be my contact for the health of the next dimensions as well as your own? Place no conditions on this conduit contact, and you can get more out of this than money or any other compensation. Ascension is my gift to all who can act on my guidance.

Past lives are not an answer to the ending of this cycle of incarnations. Only this life matters. Best to get a more conscious attitude about the Masters and Angels of today's life. As the controllers became more active to destroy the magnificent Gaia, all of the Masters and Angels decided that no more nuclear arms would be tolerated. Many were told this, and our hope was that all the countries with nuclear capabilities would not act on one man's call. Men and women of the future cannot adapt to drains on the money, or the closing of air and water capabilities for supporting life, to nuclear madness. But now there is a man who can do all that we have condemned. He may do this momentarily. This is my reason for more than one message today.

More than one can give the man more conscious attention than an ongoing completion of my dialog about him. Today may be the day of his decision, and my words about him can draw attention to him, to dismay him, and cause him to negate his wants for a common cause. May the light of Christ bring more consciousness to his mental condition. May his heart find a way to be healed. May the dreams of man be made into reality, and the days of darkness become dark no more.

Absolute collective consciousness for a new light to become the New Earth can diffuse this man's close of the coast of Okinawa now. Bombs are not acceptable to our realm. Okinawa must not be sacrificed by this man's dagger. I close my message today with my personal prayer, that dismay can alter this man's mind, contain his anger, and he can make a new decision. Please ask for this along with me.

No dream can be created without mass consciousness caring for the new dream more than the old. Anchors of light, can you deliver light to North Korea and Okinawa tonight? Masters and Angels are with you. Beacons of light must be delivered by my chelas NOW!!! Please help. Don't allow negative attitudes towards my message contribute any doubt about its content.

Bless all of my dear ones who may not be able to act out the next continuum because of Mr. Il.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 83 - Manifesting Change

<http://comptedesaintgermainsblog.blogspot.com/2010/08/manifesting-change.html>

Monday, August 23, 2010

None of the messages about the Masters ability to control man's environment are accurate. Masters are only able to guide, not control. Masters are only conduits of the Creator's thought, not creators on their own. Bringing nudges to man can give energy to action that might not have occurred without them, and this can give an appearance of control. When we nudge, we do nothing other than energize a thought and give man more consciousness about his own mandates.

Man cannot energize an action in this way. Neither can he control others who do not agree with his mandates. Man can make many clear calls for change, and the Masters accept the need also, but none of man's calls can come into manifestation without a change in man's attitude about his own God awareness. Man can create and move consciousness by gathering together more who agree with him. Mass consciousness manages the drama of change, not any one change agent. Mass consciousness can change all of our cause and effect manifestations and make a new creation. What this would take is more acceptance of the divine consciousness in the hearts of man. Having one cause can create a miracle. Being united on one major change can overturn man's draconian mind concepts contained in mass consciousness. Making change, like overturning an attack on another, needs many dreaming the very same dream.

Manifesting can occur in the moment. New consciousness can be an answer to current conditions. Making a difference can "will" another drama for humanity. Making a difference can be growing a new change out of an old concept, or engineering the mass consciousness towards one agreed upon decree. Both create by demand with mental anchoring.

Now, consciousness can also create a new answer another way. Many of the readers of my messages are more awake than most, and can understand what I'm about to say. Those who cannot understand are going to learn my concept, and can give more

conscious awareness to this, then they are to creating money. What I am asking for is more calm, and more control of man's mind, as a means of activating a change to mass consciousness. Clear your mind instead of creating with it. Give this concept an active attitude and you can change dark into light. Bringing NO thoughts to mass consciousness allows more light to appear. Calm and clear contact can give more to humanity than active and concerned minds.

Ponder this: When mass consciousness is not a collection of opposites, one change can occur.

Peace on earth begins with peaceful men and women. A quiet mind is a peaceful mind. Make a difference now, with more inner peace.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 84 - Make The Change

<http://comptedesaintgermainsblog.blogspot.com/2010/08/make-change.html>

Tuesday, August 24, 2010

Who can make a difference in anything man desires? Man. Man can move the clouds, and make the heavens bring forth moisture. Man also can make wind move, crops grow, and fields flower. Man can act on his consciousness that he can make a natural channel for healing in his own body. Man can create the New Earth with the mastery of his natural way of being. Before negative attitudes of mind convinced man to not be the co-creator of beauty, man did all he could to find natural ways to bring gifts to the world.

With the advent of high technology, beginning during WWI, man abdicated his basic control of creativity to machines. Military might was more important than heart led creations. So a new kind of control came with corporate development. Corporations made the necessities, and controlled their consumer, by making control their doctrine. Control of the man's dinner, and his medication, controlled man's continuity and creativity. Most doses of medicine, today, are more about mental depletion than they are for improving health.

Ample food is available to feed 100% of the countries that need it. Nothing is considered more welcome than this commodity. Can the big countries bring food to the little ones? No, they cannot. Why? Because companies control the distribution of their products, and do not allow free gifts of food to governments that are not allies to the country they have allegiance to. Politics controls food.

Never before has the world needed more distribution of food. Pakistan and China, and any country that has made a dent in their communities' needs, also need more donations to feed their citizens during a crisis.

Capitalism is not being caring. Children die because food doesn't come. Money doesn't get donated when contact between hearts has been diminished by media, doing its best to control attitudes. Politics of man's mind game demands allegiance to goals that are divisive, not caring goals. Politics can be changed. Caring can come out of the ashes, and delete all of man's control games.

Freedom of man's controllers begins in the heart. Caring about others can make a new statement. Politicians who are not caring can be eliminated, and more caring ones elected. All political parties are controlled by big business. Corporations donate money to politicians to control their decisions. Money from corporations dictates how food is distributed and controls politicians. Can you see the mockery this makes of man's control of life? A complete joke!

Another method of control comes from defeat of the current one. New constitutions need to be developed with caring for the needy as a priority. Contracts to build apartments for the needy need to be made, to take the place of corrupt domiciles that allow cheating one's neighbor to go on. Actual living, as a commitment to humanity, needs more attention. Children must get an answer to poverty. No company will do this. Making man address man's needs comes from more than my comments. It comes from a group of open hearts. My comments are only suggestions for those hearts to consider.

Caring hearts do more than think about how they can help. Caring hearts take action. Find ways to help others and give the gift of caring out to the world. Giving accelerates the door opening of the heart of mass consciousness. Change will depend on giving. No dependent of a corporation will give the way an open heart can. No politician cares as much for the needy as he does for a company's money. No doors are opening in mass consciousness by actions of these contributors. We need more contributions of caring from Oneness consciousness. My chelas can demonstrate their consciousness by contributing whatever they can to those in need. Help can be contributed by making a trip to the corner to talk to an out of luck man who hangs out there. Or, take a child out for a new day of fun, or be a friend to a contained one with dis-ease. Many opportunities exist for this kind of caring. Bring your hearts to those who need more love. All can do this. No man should need a friend. Begin now!

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 85 - Awareness From Darkness

<http://comptedesaintgermainsblog.blogspot.com/2010/08/awareness-from-darkness.html>
Wednesday, August 25, 2010

Growth in awareness begins with going inside, to the most difficult memories, to have a look at your mind's food for disturbing the present. You will not discover any new additions to the memory, and you will have a more objective ability to move away from the discomfort, if you accept that it happened for growth in your awareness. All of mind's memories can be examined with this approach, and can get dismissed by acceptance with this new attitude. An active ego uses memories that haven't been accepted, to lead man into war - war with the dark side of his own nature. War of the dark and light, in man's own consciousness, is the mass consciousness drama that creates a war in the nuclear age. Man can diffuse all defiance in human consciousness by coming to terms with his own darkness.

Most humans can only blame others for their disappointments. Most of you are denying any darkness in your own mind. It is this denial that damages the mind's conscious demonstration of unconditional love. No conditions placed on love are light. Any condition

placed on love is dark, and I want those of you who are making the mistake, of believing you are acting with love when you condemn the contributions of others, because you don't agree with them. Maybe the thing you disagree with has merit. Maybe your concept is not correct. Maybe the other came to your awareness to help get you to another level of consciousness.

Apply this concept to any of the memories you hold as not being good ones. Any dark thought about a person or situation is dark, no matter how the mind couches it as a defense for approval of those dark thoughts. Every thing that has happened, in the amazing drama called "life", has occurred as a growth opportunity for all. No bad guys exist. All who have played that part in the drama are good guys being an actor of bad deeds. Good only looks different than bad. Both are equally beneficial. Can you comprehend the significance of my words?

All actors in the life drama are God. All of them act out their role in the drama as God designed it to be acted. Anger about another actor's behavior is for your awareness, not the other actor. Anger comes when man's desires and expectations are not fulfilled. Anger comes to those who are not accepting of an other's actions and do not want them to act that way again. Anger is never about the other actor, it is always a provider of new information about a dark memory of yours.

Man cannot see his negative attitudes unless he observes his own reactivity. All reactivity means there is an unresolved mental concept about good and bad.

But, you clamor in dismay at my words, "As an anchor of light I must avoid darkness and only look at the light!" No! Only looking at darkness can give you the ability to clear it from your psyche. Can you accept an action against you as a child? No? Then ask yourself what has evolved from that action. Can you accept that Hitler annihilated millions because of his demented attitudes towards differences? No? Than ask yourself, "Do I have negative attitudes about differences?" Can you accept that America attacked another country? No? Ask yourself, ask yourself, "Am I a terrorist towards any one or anything?"

Man gives attention to the things he dislikes because he denies his dark opinions. Man cannot become unconditionally loving unless he drops these dark attitudes. Not allowing yourself to even observe darkness can cause denial of the inner darkness for an entire lifetime. Ascension demands all different opinions be OK. A lack of differences would delete God's ability to give more awareness to all.

Choosing to do the most difficult things, can give you the most consciousness. Praying for control of a situation doesn't give nearly as much assistance, as doing an inner action that will advance awareness about the condition that created the situation.

Making allowances for an attitude of condescension does not mean that you allow yourself to be regarded in a less than accepting manner. Give that mad man the kick he needs to recognize the inappropriateness of his manner. But, at the same time, accept him as a divine being who still has lessons to learn.

Following an angry leader means that you are angry, even though you don't acknowledge that anger. Be aware of the things that attract you, as well as those that you don't feel comfortable with. Both of these "reactions" are needing more attention. Being aware means full awareness of what is being presented in the Universe, not only the things the ego prefers.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 86 - North Korea Needs Attention

<http://comptedesaintgermainsblog.blogspot.com/2010/08/north-korea-needs-attention.html>

Thursday, August 26, 2010

My dear ones. Kim Jong Il has become the greatest threat to mankind since Hitler. Now he is conversing with the Chinese about his future. His greatest fear is that the United States can make a challenge to his methods of control. Drawing this conclusion from the acts in Afghanistan and Iraq, he wants to decimate the US military capability. Mr. Il can do this. His arsenal can destroy the entire country of any American military contingent, as well as their hosts. His anger commands attention, not guns. Please meditate on his image, and do healing on his heart, by imagining the light going from one heart to another. His dark energy can be altered by this minor contribution from a large number of you.

Mr. Il wants to bomb Okinawa. China's chairman, Mr. Hu Jintao, cannot concur with this man's desires, because his country needs the US to maintain China's economic development. Consequently, making a decision on the desecration of humanity depends on the clarity of the Chinese President and his ability to counter Mr. Il's neglectful thinking. Polarities exist between these two men. One is not mentally competent, the other is a man of great genius. Can they forge a new attitude? Their coming together is now a most conditional duress for Mr. Il. He wants approval, not demands for containing his anger. We must now wait to learn of their conclusion of this dialog. More than ever, we need many people giving POSITIVE mental thinking to Mr. Il. Fear of his madness need not keep you from doing this. His heart needs to be opened. His heart is the Oneness that cares about others. Opening his heart can dismiss his attack concerns, and keep more of our dear ones from man's greatest destruction. Capable healers can douse the anger in his heart, and any contribution to the cause can help.

Saving Mother Earth from nuclear radiation is a great service for man to do. Giving this only ten minutes a day, can cause a different destiny for many.

While this is underway, my messages will not dwell on this any longer. However, this lack of my conversation does not mean to stop giving the healing to Mr. Il. We need this to be ongoing.

When we have a clear mandate to move on to another condition in this matter, my contact can direct your attention away from North Korea. I welcome all who are going to join me in this endeavor. Frankly speaking, my goal for this drama, is to give you an actual demonstration of what we do whenever we are called upon to act on your behalf. Acting towards the goal we prefer can do more than a big demonstration "against" something you don't want. Major change begins in the hearts of the change agents. Being the change to peace and love means doing loving things in peaceful ways. Prayer, chanting, and meditation will answer more of your calls for change than any demand made by your controlling mind.

I AM THAT I AM
Ascended Master Saint Germain

Message 87 - Give Gaia Your Assistance

<http://comptedesaintgermainsblog.blogspot.com/2010/08/give-gaia-your-assistance.html>

Friday, August 27, 2010

Can the days to come provide the men and women on Gaia with all of their human needs? As of this moment, nothing is impossible. But, to do the kind of changes that are needed, there must be more concern about this topic. Fuel cannot be counted on from oil, or any byproduct of oil. Clean water can be made out of current water, though making this will need man's attention before new diseases are developed that cannot be contained by current purification methods, and water cannot be drained of these additional contents. Air pollution must also be addressed, as man's air causes more contamination than man admits to any of his neighbors.

Gases emitted daily from common carbon dioxide and methane sources are destroying the air. And new gases are being delivered from chemicals in dumps and houses that contain air filters and mechanical energy devices that cause the movement of toxic fumes. Purifiers do not clear the air any better than ordinary door closing. Pure air is not available anywhere, outside of a natural environment that contains many trees. All other areas, including deserts, man made countries, and Arctic areas are contaminated, and that contamination destroys all of God's creations. Can this be altered? This contamination can be deleted now, for a great trade off. Stop using things that contribute to contamination. Automobiles are not the cause. Machinery that delivers gas for cattle activities and cattle themselves contribute more toxins to the air than all automobiles do together.

Cows contribute methane, and cannot be grazed without food that causes methane. Cows are the greatest contributors to air contamination and global warming. What can be done? Eat less beef! Cutting the cow population by 10% would clear most of the overly toxic conditions that are causing global warming.

Freezers and air conditioners also contribute to global warming. Both contain freon, and more than any other device, they pollute the air. Only using one freezer, in a refrigerator, could eliminate a lot of toxic gas donations to the air. Machines that deliver coal into energy are the next most active contributors. Control of coal melting could deplete air pollution by millions of gallons of contaminates per minute.

Are these contaminates being controlled? Absolutely not. So, we can do what it takes to eliminate all hazardous effects to man's environment, and we are not doing any of these things. Why do humans believe they can continue doing destructive things, and live without any consequences? Man has a brain that can calculate this error and analyze the results, and yet, no changes are implemented. Pure apathy!

My dear ones, what does my realm need to do to get more action? Can my message go to those who can do the needed cutbacks? Can the meat industry give more attention to the cows leaky gut condition? Or the delivery of meat to consumers? Beef that has been grazed in one country needs to be consumed nearby, or air pollution, that comes from air transport, causes more damage to the air than a big caravan of oil companies fuel tanks. Shop for food that is produced near where you live, and you will help clear the air you need to breathe.

Air contaminates are also affecting the food you consume that grows nearby. All of it is getting doses of active medicines in the water that is delivered from area collection and distribution centers. Medicine in water cannot be completely cleared with filtration. Medicines that are not consumed need to be recycled, not put in toilets or garbage dumps. Humans already are being controlled by medicines that doctors are taught to deliver. No additional medication can give any assistance to the human organism. Fluoride is a most corrosive toxin. Adding this to water delivers more toxins to man than air pollution. Save the earth by deleting this dangerous destroyer of man's health from your food and water.

Can the planet get the help it needs? Our realm observes all of these things and cannot understand the need for connecting the dots that has not been addressed. Positive thinking is all good, but doing something that leads to a solution makes a much greater contribution. Care of the planet is in your hands. All we can do, is ask you to do what is needed.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 88 - Make Ascension Your Choice

<http://comptedesaintgermainsblog.blogspot.com/2010/08/make-ascension-your-choice.html>

Saturday, August 28, 2010

Closure on my channeled blog will come with any disturbance that takes the internet down. Be aware of this, and become capable of channeling messages yourself. Channeling is not some weird thing that only a few, who have more ability than others, can do. It is natural, and not difficult for those who are open to their own higher consciousness. People of any culture, and any belief system, *who meditate* can do this. Clearing emotional conditions is also necessary. There's no difference between a good mandate to channel, and a call for clarity about a move, or a concept that needs an explanation. All the answers are within, and accessing them will help all areas of your life.

My dictations are for many very practical purposes. Calling in an Ascended Master does not lead to neglecting worldly matters. It is about worldly matters.

Many of the deceivers channel about contact with non-human beings, because this appeals to man's desire to confuse his continuity as a man, with unconscious conditions he dreams about as he sleeps. No man's dreams are conscious actions that can be demonstrated in a call to action. No dream is allowed to be made manifest, because no clear intent is mandating their cause. What is dreamed has been fantasized by mental activity to deliver answers to man's daily life only. Acting as though dreams are the next life experience is foolish nonsense. Most dreams comment on man's current interests. Some are prophetic, but none are an exact depiction of next day events.

Channeling brings the most accurate information about future events, even though many are channeling deceivers who are making up stories to fascinate the ego. Control of ego's attention eliminates distrust, and no deceiver wants an ego to distrust the message. Beware! What these deceivers do is grab your attention with big dramatic stories, and then cause another dramatic story to be accepted by the mind to the degree that discernment is no longer possible. Facts and fantasy are put together to distance mind from reality. None

of the deceivers want you to realize that their messages are not accurate. All of them collaborate to give the same content through many so they can appear accurate. False messages are all over the internet, causing distrust of authentic channeling that needs your attention. Chapter one of channeling an authentic Master begins with the ability to choose. Choose an energy of light by questioning all messengers that identify themselves with a name. There is no name that guarantees authenticity.

Why have I continually maintained that channeling means continuation of man? Because man needs more awareness! Contact with man has always been an activity we have done to continue his energy delivery to other dimensions. No dimension operates alone, all are interdependent with the others. All that occurs on Gaia affects every dimension of the Universe. To keep our dimensions active, we need to lead man towards more consciousness. Now that the contact can be discussed, there are more reasons than ever before to learn how to be clear in your ability to discern. Would you want to be advised by one who has no morality? No consideration of you? Astral energies do not care about the things they tell you, as they can only create more drama if what they say is not accurate, and they feed off of drama.

Pure attitudes of caring come only from sixth and seventh dimension energies, Christ consciousness. Prize this energy and eject less from your field. Chapter one in man's book of Genesis talks about creation beginning with the Word. Close that Word off, and no creation can become different than previous ones.

My teaching is to guide the way to an ascension from less than Oneness consciousness. Many chose to take part in this ascension, and only about 25% of them are ready. How can we raise that number? What do we need to do to create that ascension and make an impact on those who do not ascend?

Following a deceiver will eliminate this opportunity. Many of you have heard me say, over and over again, that channeling can give you the guidance needed to ascend. Those who are waiting to ascend to fifth dimension along with the earth have been lied to. No ascension of Mother Earth can occur without an ascension within the mass consciousness. This ascension is the cause of earth's ascension, not the other way around.

Ascension will deliver more consciousness to those who are not able to be on the second wave. A third wave is the next opportunity for them. All must choose again, because the deceivers have done their job very well. They have dissolved the motivation of many sincere seekers to abandon their quest. We have lost many dear ones from the ascension call in this way. Forget that more work needs to be done, and you are caught in the cycle of suffering, until that work is completed. You must do it! No one is going to relieve you of this.

What you need to do to ascend is: clear the emotional body and open the heart. What cancels ascension is negative thinking about anything. All comes from divine creation. All is good. Dark and light are both included in Oneness. No one needs to change. Man cannot demand what he is not willing to give. Act as an Angel and you can ascend to Angelic conditions.

No wonder we are gaining only a few with these messages, the deceivers have told you to do nothing, and the ego delights in this continuation of its "dance of leela". When you are wanting to ascend, make no mistake, there is more to be done than continue to do what

has kept you in density. Be careful, or you will completely miss the ascension opportunity. Wake up and ascend! Continue to dream along with the deceivers, and you will only flee the density with another lifetime of experiences.

Blessings my dear ones, please wake up to this call.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 89 - Clearing Darkness

<http://comptedesaintgermainsblog.blogspot.com/2010/08/clearing-darkness.html>

Sunday, August 29, 2010

Many of my chelas are learning how to draw to them more light. What they need to learn now, is how to BE that light. Clear channels are light when they channel. Clearing the channel is how to be pure light.

Clearing must be done before a being can channel. What does clearing look like? Observing how mental thoughts cause reactions, and letting go of those active mesmerizations of mind. Men and women have a built-in cloud of darkness in their consciousness. Memories collect to become the cause of heartache, or a drain on one's ability to happily advance in consciousness. As the drain becomes large, no day is without memories from past events being thought through a new creative lens of mind's attitudes and beliefs. Fantasy forms out of continuous repetition of that which has no basis in fact. Clouds of negativity are next. Answers to choices that are needed become controlled by this cloud, and many dreams form to keep away light. Clouds of thoughts are an actual mental deterrent, when control of mental actions is being considered, or an activity that claims a new direction is being declined. Man has only to free himself from this thought cloud to be happy all the time. Call this cloud man's adversary. Clouds of mental activity keep out the light.

Accepting light begins by choosing this energy over the darkness that is caused by thoughts. Clouds can be drained of their control as new choices are made. Control over man's choices has no manager from our side, only man's own mental deceiver. Options are everywhere, and closing the door to controlling mental dialog is how men become Angels. Can my chelas understand that their only obstacle to ascension is their dark cloud of thoughts? Meditation can cause man to abstain from identifying with his dark thoughts. Observing thoughts at a distance can delete the acceptance of them as divine contact or controlling advice.

Emptying memories of a "not so desirable" content can also be a way to come out of that cloud. Answers to your demons are not in these clouds, they are in the deletion of clouds. Memories become non-controlling when you accept and declare that they have nothing to do with the current day's agenda. Not accepting them as daily thoughts deletes all claim they have on your life. Not thinking about the past will eliminate the past from your daily creative thoughts. Meditators have the ability to detach from their thoughts.

Other activities can also show these thoughts to be dialog without any built in control, when they draw no attention to them. Making an activity time where you are completely present to the activity does this. Singing, chanting, or being totally open to the moment as

a practice, can also delete mind's cloud.

I AM THAT I AM is a mantra that deletes mental control. Claiming Oneness with all that is, also deletes clouds. Oneness means that all the dramas in your life were created by YOU! Can you accept that this has always been the case? Why do mean things to yourself? To learn compassion and caring for those who are not given the clear mind to see this as truth. All dramas in a man's cloud are his own design. No condition was done out of this design. Abuse of all kinds was drawn into the mix, because drama continues after an Awakening. And deepening of Awakening occurs as that drama no longer affects man's divine attitudes towards the deliverer of anything.

Man needs to experience dark, to learn about it, and choose another way to be. Choosing the light does not eliminate dark clouds. Clearing the cloud makes you confront all the hidden demons that drain light out of your conscious attitudes in the NOW. Hanging on to the cloud cannot make you more conscious. Clearing it does.

When channeling begins, the cloud is not totally eliminated. Channeling attracts memories to the mind of the channel for clearing. Giving attention to clearing your active thoughts when not channeling deletes them from channeled material. Channeling is not negative. Nothing contained in man's conversations about light can be demonic. Only the thinking of those learning about light and dark is negative. Pointing to a cause and effect condition contains nothing negative. Accusing the content that declares this to be negative, is negative. Cloud covers are the negativity deliverers. Can the cloud in man's mind be deleted? Absolutely, as long as he declares that to be his desire. All he needs to clear it will appear for clearing. Believe me, we can do this for you. We are not the creators of negativity, only confronters of it when there is a call for more light.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 90 - Opening The Heart

<http://comptedesaintgermainsblog.blogspot.com/2010/08/opening-heart.html>

Monday, August 30, 2010

Heart opening is a most important act for humans, because contact with heart energy is the human's door to happiness. Many of you are not happy, and need to learn how to open the heart. My message today is for this.

Meditate on the heart chakra. Put attention to the left side of the chest area as you go into meditation. Close all other areas of attention. Breathe normally. When the mind is calm, breathe a little faster, and clear the chakra with the massaging energy of the breath. I AM THAT I AM can also be chanted, if the meditation has not absorbed all of the mental activity. Chanting I AM THAT I AM does more than draw our attention, it calls out for a conscious connection to your own trapped master of consciousness, the divine ONE. Masters of awareness come when called.

When an unhappy man or woman engages in a more draining activity than being quiet, they give away the energy they need to get well. Going out to a mall, or other chaotic area, delivers to them many depleting conditions that does nothing other than allow them to avoid paying attention to the cause of their misery. Putting aside one's contracted mental

comments can make a dark mental attitude become a draw to dark, clandestine actions on another day. Making a game of acting out all the contents of the mind can delete negative feelings as they arise.

Making a game of acting out the comments does not call in another human or any of the contacts being commented upon. One can do all the parts on their own. Talk to a chair, and tell the chair all of the things the mind is thinking. As soon as the contraction has released, do this again with another conversation, on another contracted attitude that is coming into awareness. Keep talking to the chair until all of your mental thoughts are called into the demonstration. By acting as the conversation deliverer, the mind does not demonize the contraction out of the context of its conversation by making comments at a later time. Turning thoughts into conversation deletes the mind's ability to hold onto negative attitudes.

Contractions from mental attitudes close down the door to happiness. Talking to a chair opens that door, and conditions of the activity are controlled, so they are not confusing the mind with any details that need to be addressed at another time. Chair conversations are a most active way to move energy out of a contracted condition into an open-hearted condition. Give yourself a chance to release the upset, and you won't get another mind attack about the matter. All is now over.

Another way to contact the heart is to make a clear affirmation once or twice a day: "My heart is open and accepting of all my darkness." This affirmation can completely delete all the darkness coming out of the mental body. Nothing can make dark move quicker than acceptance. "I love you" cancels all negative attitudes. Can you condemn again one that acts with acceptance? Can you dramatize a matter that has been accepted? Continue to accept, and no drains will occur. All that comes to you is for your consideration, to choose the heart direction over the mind's negativity. Choosing to converse about a condition deletes the mind's control of contraction. Dialog diffuses emotion.

Next is a message to the mind that you can offer whenever the heart is aching. Give this more than one attempt before giving up on it as an answer: Take a few moments during the day to dance. Move the body around and kick your feet to music. Give the dance more energy, and keep moving until you are not able to continue. Moving the body along with music opens meridians that lead to the heart. Acting like you are out of a depressed condition can also eliminate that condition. False messages to others about happiness don't do anything to make you happy. Dancing gets the mind's attention and doesn't let it compel you to be different. I am so glad that today's message can give you more happiness. Please give me that demonstration.

I AM THAT I AM
Ascended Master Saint Germain

Message 91 - Can Ascension Occur in 2012?

<http://comptedesaintgermainsblog.blogspot.com/2010/08/can-ascension-occur-in-2012.html>

Tuesday, August 31, 2010

Ponder this: My chelas are making me wonder if they are truly committed to ascension.

One of the qualifications for ascension is to be detached, detached from what happens in

the world. Being detached means being able to look at a situation, clearly see the duality it represents, and not get upset about the actuality of the event. Sending in the Angels is going to be very difficult, if many of those who are to ascend are attached to having their lives be comfortable. Ascension is not about getting a boost of light, or getting an Angel's wings, or becoming the divine cause of peace and joy for mankind. The ascended condition includes no continuity with man's world. The impact made to change man's world comes from the ascension itself, not control of things in the world by those ascending. Never have my colleagues, or my Angelic friends, told the world about the need for detachment. All who are making lists of worldly desires are not ready to ascend. My worksheet has too many requests for financial abundance to get a clear calibration about those who prefer ascension to worldly existence.

Chapter One of this blog was to force another attack on my messenger to see how she did with her level of detachment. She passed. Can all of you concede the desire to be accepted? Can you demonstrate no care or concern about what happens to move the continents to another location? Are you being divine in your cause and effect attitudes towards all of the players in humanity's movie? My dear ones, what is your contribution to leave behind with those who are not ascending? Clear out all the mis-information about ascension being a trip to heaven. Ascension is not about going to an imaginary fantasy land for a new "dance of leela". Confront your mind's attitudes about actuality and fantasy. Graduation from earth school is nothing we can describe. New classes will not be formed. No changes to the ambiance of man's daily life will occur in new earth-like dramas, because there will be no dramas. The actors will be gone, areas of the continents will be gone, actions of the contributors will be negligible, because only a few will be dense enough to enter the new atmosphere.

College has been attended, and as graduation looms, the final exam includes the ability of all the students to detach from their mental demons and move out of density.

Chapter Two of my blog is about healing. Healing is not the lack of dis-ease. Healing is the consciousness shift from "me" to "we". Healing is the most important detail needed today. "Me vs. "we" consciousness has dominated mankind since Atlantis. Consider this chapter a most destructive one that has to go. Oneness is not only a concept, it is reality.

Chapter Three begins with new days of density and ends with man's conversion from duality to non-duality. Masters with the ability to ascend are to leave when this has been completed. When will this occur? Not in the energy of duality that currently dominates earth. A different energy must be activated. A doomsday attitude must be discarded and replaced with "Hallelujah, man has achieved God consciousness!"

Celebrations of this event can demonstrate the readiness for ascension. Can we get all this done by Dec. 21, 2012? Only if those who are ascension candidates are able to become Angels NOW. What can I do to help make this happen? Can my channel deliver an answer to a question you may have? Can we become twenty million ascending in 2012? Make this a target date, the activation of it on that date depends on all who are committed to Dec. 21, 2012 as their day to completely detach from man's life as it is to be. Not as an escape, but as a next step in consciousness.

Are there twenty million that know these communications exist? No. Can you assist me to get this to them? My dream is to have at least half of this number ready for ascension on the December 21, 2012 date. Confusion about my previous channeling is going to come up now. My desire is for ascension on this date to occur, but at this moment, this is not

very likely. Based on current conditions, another few years are needed to get even one-fourth of these candidates ready.

My challenge and request, to all reading this message, is: Post this in as many places as you can, and help to lead the way for a mass consciousness adjustment by 2012. Face the fact that help is here and act like an adept, not a storyteller. Caring about the future is not the same as being concerned about it. What will be will be. No regrets about anything.

Beloved ones, ascension is NOW. Changing divisiveness must happen NOW. Acting like an Angel must begin NOW. We are one big family who forgot our connection. Remember who you are, and this can lead you home. Bliss is just around the corner for those who are willing to make a contribution to ascension. Can I meet you at the gate?

I AM THAT I AM
Ascended Master Saint Germain

Message 92 - Ascension Can Occur

<http://comptedesaintgermainsblog.blogspot.com/2010/09/ascension-can-occur.html>

Wednesday, September 1, 2010

Changes are always happening on Earth due to man's changes in awareness. Man controls all. What we can predict, from our vantage point, comes to us from the circumstances of all the other dimensions; future and your time mean nothing. What we can accurately predict can alter momentarily, just as man's free will can alter momentarily. My predictions are based on what exists in any given moment. Considering all the options there are, we get things more accurate than not, only timing has to be determined by man.

Politics has many details that don't alter, either by man's comments or direct action, because man is programmed for either greed or concern for others. Greed cancels caring most of the time. What does change is negative thinking vs. positive thinking, and our realm attempts to encourage positive attitudes when it comes to ascension. Not getting adequate numbers to ascend causes distrust in us, but if we said, "Only when we get a certain number", the cause factor would get considerably less attention than it does when we call for many to accept the choice or not. Choosing ascension means leaving man's current conditions for the unknown. Man decides, based on current conditions, not spiritual continuation for conscious demonstration. When circumstances are comfortable, man decides to keep things as they are.

Ascending is not a cause and effect determination. It is the lack of attachment to cause and effect matters that allows ascension. Few are able to comprehend how the mental activity of man maintains his continuity in the karmic cycle. Until the day that enough humans have chosen ascension, to leave their daily activities, there will always be an attempt on our part to lead them towards fulfilling this contract they made before incarnating. Our contract with humans is to always lead them towards the details of their soul plan. Many of you acted like this contract for ascension could make the grade. Maybe, maybe not. Our call is our only chance to lead as the called asked to be led. Not accepting our call deletes our ability to appear correct.

When man incarnates, he designs his own goals, and there is no detail that is not included. All activities, and all the changes he designs are only his decision. Our assistance is asked to keep man on track, to be a guide that is not identified with the

drama, one who knows the original contract. Factoring in man's ability to choose, no man can be assured of completing his original contract. Ten million of currently incarnated entities have chosen our guidance to ascend. Another ten million asked to ascend, but didn't ask to be led in that direction. So, some who have no idea of our existence, are ascension candidates.

When there are ample candidates for ascension, it will occur. Meanwhile Earth will become more and more negative for the future of human existence, and many ascension candidates will choose to leave. Maybe this can occur as a mass ascension, as we had originally agreed. Otherwise, those now able to ascend will be given more attention, and can ascend as a more conscious being at the body's moment of death. Birth and death don't mean anything to an Awakened one, so calling to Angels at death will be easy for those who are Awake.

My chosen capacity, as an adviser to mankind, can only assist those who are aware of my ability and can hear my messages. Channeling is not difficult. All who are on a personal development, consciousness, Angelic, or deepening an Awakening track can aspire to channel and get that ability. Maybe you need to accept my messages on this blog before you can do it yourself. My essays are very direct, and detail many methods of draining emotional dross from the aura that comes out of your mental activity. Awakening the Master Within is also your next step. Channeling can happen naturally with an Awakening.

No Master can cancel an ascension, only those denying their collective ability to ascend cancel the target date. Passion for God awareness is the most critical mass consciousness that is needed. No more delay of this attitude can be allowed if a mass ascension is going to occur. Those unable to ascend as a group will not get another chance in this lifetime. Not because of our making that decision, only because the planet will demand our complete attention in the development of the New Earth. We are to guide man to ascension only until 2012. After that, our work alters to New Earth conditions and man's contact with our realm will cease.

Ponder this: Children of God, are you able to ascend? "Not now", means not achieving the contract you made for yourself with our realm. Many are able. Can you make the close of this life be your last incarnation? Are you willing to do this for yourself? Maybe? Not good enough. After the destruction of planet Earth, my next call will be the only call for those who are able to get out of their denial. When my messages are accepted as being contributions to your highest good, and ascension is the next goal in consciousness, many can ascend. Otherwise, the New Earth will begin all over again, with more ignorance and more control by man's mental demons.

Open your heart and delete your mind's choices. Choose the heart in all situations. Your confrontation with those mental demons must get handled before the New Earth can be created.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 93 - Answers About Ascension

<http://comptedesaintgermainsblog.blogspot.com/2010/09/answers-about-ascension.html>

Thursday, September 2, 2010

Group ascension is: many ascending at or near the same moment. Group ascension can make a major impact on those not ascending. Curiosity about the mass exodus can activate more interest in ascension, leading to another group ascension.

Masters and Angels, and all who chose ascension, will be able to continue their call on the other dimensions, as aspects of their own divinity. Those who ascend to fifth dimension, can continue their most conscious activities, to deliver assistance to those left on Earth. Others, who are close members of their family, are able to be guided by them. Members of other groups, not ascending, can also be guided by them.

Change in all conditions on Earth will, over a month or more in time, be happening, to destroy man's habitat. Not exactly like the movies characterize, but more like earthquakes, floods, volcanoes erupting, etc. Only these will occur as money disappears, so no aid is going to be disbursed to those who need it. Many will die. Many will want to die. Can ascension give another choice? Yes, but only to those who are ready to ascend. All the others are going to need to do their best to remain alive.

None of my messages are "doomsday" messages, as there is no one day of disaster to be concerned about. Many disasters, over a month or so, is not a "doomsday" call, only a warning about a complete and dire set of circumstances that many will experience. Are you able to give to others that need it? Can you be in a less comfortable mode to give and share with others? Are you medically and materially prepared to do without shopping? Are you able to combine assets with neighbors? How would you feel, if you had nothing and your neighbor was giving nothing? Many will be given an opportunity to feed neighbors and animals who have nothing. Can you do this? No? Then combine your energy with others, and develop a plan for such an instance.

When? Can you accept that this could occur at any moment, and maybe not for many years? Our ability to predict dates and times causes an unknown factor to be included in the planning. But, knowing this can give you enough time for even the most minimal preparation, maybe to buy toilet paper for six months. As far as those ascending are concerned, having continuity support available to aid others will not be a waste of your investment.

Children of those ascending are ready to ascend. Most of the children born since 2000 are already able to ascend. Any that are older, are to be cared for by others, or need the lessons of being abandoned. Some born before 2000 will also ascend. Are many to be left by ascending parents? No, those ascending chose parents who would also be ascending. The continuity of mankind has been considered in all of the contracts being dramatized now. No man, woman, or child came into this incarnation without the knowledge of this coming development included in their "family planning".

Choosing companions to be in community with has also been designated. Find your family! A lot of different kinds of abilities are to be assembled together, allowing those with expertise an opportunity to aid others. Being good at one thing, and not another, means others can do what you are less capable of. Communities will be essential for human activities when the money system breaks. Clear out your money as soon as banks begin to die. Buy commodities for distribution to those needing assistance. Hoarding money will be of no benefit. Even gold and silver will have little value when man needs to eat. Buying dry food and canned food can give you more for your money than depending on mints to buy back metals.

Are you convinced yet, that man must ascend or will get the opportunity to be a lot less comfortable? Neither may be attractive, but to act as though neither can occur, if you mandate a different reality, is foolish. God asks those who are able to ascend to do so. And, God wants many to ascend, not a few.

True, our former ascension calls were not heeded, but our next call will have the greatest need for all who chose ascension, to heed. Settle for less than ascension, and be a Bodhisattva, a giver of altruism when the need arises. So Be It.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 94 - Giving With Awareness

<http://comptedesaintgermainsblog.blogspot.com/2010/09/giving-with-awareness.html>

Friday, September 3, 2010

Charity begins at home. Give yourself the attention and care that you would give to another. Many of you are able to give, and do this without concern for any future needs. What is needed now, is a means of adding necessities to your own cupboards, to be able to live without food acquisition for months. Stores will not have food to sell, because they will not be getting deliveries. Are you living day to day? Buy and store whatever you can, on all of your shopping occasions. Give a little to others for the time being, and make certain that more than enough is available for future needs.

I am well aware of the financial challenges many are facing. My desire is for those who can get extra, to do so, and that those who are able to assist others, to do so. Many are unable to acquire extra goods. We are wanting another condition to make an impact now, one that gives money to our "Lightworkers", so they can distribute aid to many who do not have money for themselves. We cannot make them do this, it is always a free will activity, but money is coming for some, and there are numerous opportunities for God's children to demonstrate another way of giving. Buy things for yourself, and others, for difficult times.

When money is available, make a conscious decision to get a good food supply for maintaining many, not just one group's needs. Plant BIG gardens, not little ones. Buy large quantities, not a day's worth. Money will appear from alternative channels during the next days. Use it as an investment, to demonstrate good money management.

On another topic:

Q: Can another destiny be created other than difficult times?

A: All of you have different attitudes about this, and my words will disagree with those who don't want to accept them. All of creation can be changed: mudslides, volcano eruptions, and all other disasters can be converted into other materializations, but this would not provide any new awareness about the consciousness in man that needs to change. Man "out pictures" the inner condition that is his reality, and denying that condition, makes it necessary to grab his attention to it with major characterizations of his unconscious attitudes and beliefs. Making a different manifestation would mean clearing all the differences of opinion that create this anomaly.

One opinion consumes about half of our chelas, and another opinion consumes the other

half. Which is the correct one? Both. What you believe creates. Now, you are not an individual, so the "you" that creates is mass consciousness. Manifesting a different demonstration of inner conditions begins inside of all the individuals who make up mass consciousness.

Cause and effect can deliver anything at any moment, and doing inner clearing can alter mass consciousness. Many are doing clearing, so can destiny change? Yes. What is the probability of completely altering man's current destiny? Not much, unless an ascension occurs. An ascension of millions could completely alter all that now appears as current destiny. Getting ready to ascend can also cause a different destiny, if a mass consciousness shift occurs. More awakenings is the key to this major operation. All can be done.

Awakening is NOT complete in most humans right now. More clearing of mental beliefs is needed. More healing is needed. Pure consciousness needs an absence of collisions in a conduit who contributes light. Allowing the body to give out pure, divine, anchored light is an answer to all of the details we have just mentioned. Bringing out the light of consciousness in you can alter all of the demonstrations of dross that are now being "out pictured".

What happens on the inner, is demonstrated in the outer. "Self abuse" is the answer to the question "how am I contributing to current demonstrations?" Maintaining inner abuse (ego against divine consciousness) attracts abuse to you and all who are being abused in the world your mind observes. Stop all abuse, and change all that appears abusive in the world. I rest my case.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 95 - Channeling New Content

<http://comptedesaintgermainsblog.blogspot.com/2010/09/channeling-new-content.html>

Saturday, September 4, 2010

A very valid comment was received, regarding my new content through an unknown channel. This is the reason:

A most critical mass of the Masters' chelas has become less aware than their destiny contract calls for. Channels for all the Masters are not as clear as they could be, including those who did a lot of channeling, to begin our relationship with man, as Masters of another dimension. None of these channels were Awake. Being Awake is totally different than being a channel.

Channeling is usually: an ability to deliver content, as long as an ego is not making any objection. An Awake condition means there is "no ego" to object. An Awake condition allows all content to be delivered as the message is intended. Normal channeling has most of the content desired by our realm, although much of what we have to share must be deleted before delivery, due to the channel's ability to accept our words without contracting their ability to channel.

Fear of annihilation causes ego to contract. Information about a change of conditions, as

dramatic as the next days can bring, cannot be channeled through a conduit who is not Awake. As long as a message contains nothing that triggers fear, a message can be accepted by an ego. When fear is activated, nothing being channeled can be assured to be our message. Channels who are not Awake are all near that condition, just not over their contractions, so they can be completely clear.

My new approach to messages is due to my new role as Maha Chohan. As Maha Chohan, my area of contact with man is about going through change. As this was never an area of contact before, my approach to this was my own creation. Only an Awake channel could accept the Master Messages without contraction. I knew one who had once channeled, and could be called upon, because of her Awakened awareness. Aruna channeled before Awakening, and did a very excellent book about the conduit's need to be contentious about the contact, and the conduits clarity. I asked, and she agreed, to receive my Master Messages. I was not able to get them to as many as needed to answer my call, but my channel did all she could to make them available.

By the time they are made more available, as companions to her new book, many will have already been demonstrating the controllers mentality: go to the bunkers. Controllers of channeling have been doing an excellent job of discrediting my call for contentious care in preparation for the coming conditions. Others are donating messages that divert man's attention away from actuality, and do not act as a contribution to life, only call for more "dancing with leela".

My goal is to use this channel, as my actual disseminator of clear messages, as long as the internet allows. Her Awake condition assures our readers there is no confusion between ego and my dictations. Any that consider my words to be new can be congratulated, they are. My new approach, and my clear channel, are not the same as any other.

My new content is a gift. Any who are able to accept that gift can reap the benefits. Those who refuse it, get the dream of their own design. Now, are we able to go forward with my message for today?

Waking up from the dream of man's making takes an adventurous mind, willing to admit that things are not as they appear. Appearances are all contradictory to the Truth. What appears to be real is not. All of the changes made by man's mass consciousness are not real, neither is the mandate for man to control his quality of life. All seems to be the reality, but aware individuals can make a distinction between what is real and what is not. Hearts tell you what is real. Minds tell you only non-factual comments, to help you look for what is real.

My channelings through this channel are as real as any conduit can deliver. Mental conversations about them are not the way to test their validity. Hearts have a beautiful capability of "knowing" the real. Open hearts can identify the false. Choose, and learn, as the story unfolds. Man is living a dream. Wake up dreamers, and change the world for all the other dreamers.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 96 - Creating A Mass Ascension

<http://comptedesaintgermainblog.blogspot.com/2010/09/creating-mass-ascension.html>

Sunday, September 5, 2010

Channeling is not the highest consciousness. Being a channel is not the most developed Mastery that man can attain, in an active destiny lifetime. Only anointed, Awakened awareness can give man his final step in a density of dis-ease, and controlled mentality. Being Awake contributes more to mankind than all activities of a charitable nature combined. Being Awake feeds the hearts of many who may also Awaken. Pre-awakened chelas are led to Awakened ones, to be healed, and guided to an Awakening.

Past lives are the admission ticket to an Awakening, making a chela ready, and contributing to the conscious decision to actively seek more awareness. Past lives have contributed all of the dense notions that must be diminished, with an active challenge to their ability to control. Practical details (of the mental drama) are fed to the mind, to activate memories that are needed, so new decisions can be made about unaware choices of those lifetimes. Happiness comes with the deletion of decisions that lead to conflict, caring about others instead.

My chelas are advanced chelas, who are now able to Awaken from the dream they decided to claim as their reality. No chela of mine is unable to ascend. All of them have done an excellent job of growing more aware with each life contract, and have chosen this life to be the completion of a drama they designed for themselves. Karma has brought this lifetime to a most dramatic, dense condition, and chelas can use a simple method of making a difference in this drama, by merely remembering the design they manifested for themselves, just prior to this incarnation.

Change to the continents, as well as a change in consciousness, were included in that design. Creating that change in consciousness, for all of mankind, is what originated the plan to have a group ascension on every continent. How are we to do this? Are we to demand the group mind's attention? Of course not. All we can do is nudge, coddle, and dramatize the dream, in such a way, that "ah-ha's" appear.

Practices of a non-denominational nature are the best way to be able to "get" the needed awareness for ascension. Having the ability to receive nudges, and the courage to act on them, is the next thing to be done for a group ascension to be possible. And, awakening to the awareness of the dream, is your next contribution. We can deliver (to the mind) all the mental notions that fit with Awakened awareness.

They are:

1. People are not the dream's controllers, God is.
2. People do not have the ability to control you.
3. Freedom comes with new decisions being made by the dreamer.
4. Man's nature is neither demanding nor controlling.
5. Man's decisions reveal his mind's consciousness.
6. Mental direction towards God is more important than making money.
7. Help is available always, if one asks.
8. Truth comes to those who are not claiming knowledge of Truth.
9. Contact with God is a choice, not a demand.
10. Answers to all questions are available within.

When these ten concepts are fully accepted, no man can deny his True Self any longer. Man is divine, and can create anything that needs creating, including a mass ascension.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 97 - Ascension May Not Occur

<http://comptedesaintgermainsblog.blogspot.com/2010/09/ascension-may-not-occur.html>

Monday, September 6, 2010

Solving our ascension dilemma will begin with those choosing ascension. Once we are able to determine the number who are committed, we can find out if enough are going to contribute their energy to this, to make an impact. If not, a group ascension cannot occur. One at a time can ascend at death, but a group ascension needs an amount of participants that is noticed.

Please determine the commitment that you have. Contentment in life can alter a commitment to leave it. Be certain that this commitment exists, because an impact can only occur if many go with the call when it comes. Happiness is a key to ascension. Ascension is not an escape from misery. If an ascension chooser does not have the necessary awakened awareness, there's no time like the present to get it. Affirmations are not adequate. Controlled thinking is not adequate. "No thinking" makes ascension an opportunity for "what's next" as an answer to full enlightenment.

Mass consciousness needs a dramatic mass alteration. Change the attitudes of mass consciousness, change all the conditions of negativity that are about to occur. Making a change in mass consciousness begins in you!

Another condition of change is near. Monetary collapse can make many choose ascension out of fear. But fear cancels your ability to ascend. Being controlled by external circumstances cancels awareness, and awareness of the divine condition must be anointing the mass consciousness with an ascension.

After these messages are made known community wide, and are near the level of acceptance given to oracles when they were giving the call to man, we will be able to determine whether an ascension of millions can occur, or not. Consider yourselves the ones who can make it occur. If you tell your friends about my messages, and they tell their friends, many can opt-in, or not. No condition exists that can cancel our attempt, only a lack of sufficient participants to alter mass consciousness would stop our plan.

Answers to my messages have been delayed. Many are not accepting of my existence or this channel's accuracy. My dear ones, my close connection with humanity has not given the content of these messages before, due to man's control of channeling. A lack of contraction in the channel is necessary for us to continue a difficult channeling. The other control mechanism, even more challenging, is the desire of the channel's mind to give its own answers in the content of the message. Both of these occur with most of the channels I have been able to work with.

My call to ascension comes when many are claiming that no conditions exist to ascend. That no contact with our realm is needed. Mind doesn't want its own demise, so these messages are gratefully appreciated by the mind. Mind does not claim that ascension comes after mind dissolves. Of course not. Only a channel with a dissolved mind can

accept a comment of this kind. Mental control of the conduit keeps contact of this nature totally blocked. When Aruna agreed to be my messenger, a new opportunity opened. As this channel has no mental controller, my messages are able to come as I give them. Full acceptance of the content, by my channel, is the only way I can get to my chelas with an accurate message.

Next, is getting others acceptance. Ask yourself this question: Would Saint Germain be quiet about his efforts on ascension, now that many believe there is no difference between awakened awareness and material desires? Would Saint Germain give his actual messages to a channel of a deceiver? Would an Ascended Master act like the denial of needed action is fine?

Contact to my chelas has never been easier. My new venue contributes needed material to those denying minds. Pass on my blog address, and help us ascertain if enough are able to do the mass ascension. No method of contact can get an army of consensus, or agreement of all who read my comments. Acceptance needs to come from your inner director, without density being created as an act of ego control.

Your decisions in all matters are accepted by our realm. No ascension would make a big dent in our development of a New Earth. An ascension can give the next awareness, and the heart opening that is needed. The next call is my chela's decision. Give my call great consideration, and give your answer as a call to me. Answer my call with mental content of an honest decision. My dear ones, NOW is the hour to choose.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 98 - My Channeling

<http://comptedesaintgermainblog.blogspot.com/2010/09/my-channeling.html>

Tuesday, September 7, 2010

Channeling can be done by those near awakening, but few channels are awake. Why? Because their concept of duality keeps them in duality. One means only One, and when a concept of "me and other" is the attitude, Oneness is not actualized. A mind may think "we are all one" and acknowledge this, but "One" does not mean anything other than One, not two. Being a channel is a vivid demonstration of a belief in duality, "Masters and me" equal duality. Belief in duality, whether this is between chela and Master or man and wife, is not the awakened condition.

Channeling calls for one body to deliver communications from more than one personality. Each of these has a name and concepts that differ. But, none of these appearances are anything but a movie of duality that is being delivered by our realm to yours. One means ONLY one, and anything appearing as more than one, is an apparition of your mind's concept of duality.

One is God, Higher Awareness, and, frankly speaking, me and you, also. No difference, other than mind's apparition. So, my call to ascension is for One that appears dualistic, as many. Change my name to anything else, and my call is still as it appears, One calling many. But, by not controlling any concepts, I must approach the reader in the way he can understand. So I identify myself with my name, to give readers my credentials, and deliver

messages that some don't accept as mine. Why not? Because my older messages were more active in their manner of delivery, and were the most accurate demonstrations of communicating to humans at that time.

My dear ones, another time has arrived, and different ways of communicating have become available. My vocal chords are not being used, neither is my mind. I communicate with my developed ability, through a channel with no attitude of duality. I become the consciousness of that body with my consciousness, not a dualistic ability to "talk to or through a body". Big difference. When there is no "mind chatter" going on at all, there is nothing to "channel" through. At no time does an answer come from this body (Aruna) to my dictation. Never is there a contraction in the body in this communication circumstance. This is NOT as most consider channeling to be. There is no mental demonstration of any kind, making my dictation other than as I write it, using the body's hand. I am the body's operator, not a visiting mental communicator. This is why my words are as I want them to be, in all of these dictations. No ego or other nuance makes a contribution.

My ability to deliver messages is controlled completely by my choice of words, and my ability to operate the arm. My appearance could be considered an incarnation, if another intention was applied to it. My essence, as an aspect of Oneness, could maintain its control during the days and nights this body calls "living". But no aspect of Oneness has the right to do this, unless a contract to this effect has been made. I only deliver messages, as this is my contract. Other energies of this realm are also going to use this body, now that a book is almost complete. As soon as it is complete, another message blog will be created. Mine will continue.

As I am describing how this body is being used, my decision to ask for her agreement to do this is being explained. There are no other bodies, I have made contact with, that can be used in this way. No display of favoritism is going on. No dismissal of all the others who are channels of mine. Only a clear manifestation of my ability to deliver one analogous dictation at a time, without any alteration of my message.

Now, content is my next topic, for some are dismissing these dictations as not containing consistent content with other teachings that my channels are delivering. Falseness is not the case. Other channels are delivering one aspect of my teachings, and many are delivering similar things. My dictations through their mental faculties does not allow me to deliver "these messages" that are being posted on this blog. My congratulations to all who are very capable, and do not allow their ego to distort, and at the same time, I know how to work with their mental construct, and do not want any alteration in how my channeling is accepted by that construct.

Face the fact that these essays are from the Maha Chohan, not a deceiver, and make them applicable to your development now. My messages are not to control anyone, only to help complete a contract.

Buy my channeling course to learn the best way to assess a channeling. Opinions and comparisons are not very accurate ways to do this. My channeling course describes many new things for all who are interested in contact with me.

Confidence in your own ability to discern about channeling is a most important change that is needed. Making a comment "against" one that contains advice the ego doesn't want to hear, is not good enough. Believe me, this channel does not care about the things my messages contain, because her mind is not active in comparing or controlling, as all

channels are needing to be.

I AM THAT I AM

Ascended Master Saint Germain

Channeled by Aruna

A Course In Channeling is available [here](#).

Message 99 - Are You Ready?

<http://comptedesaintgermainsblog.blogspot.com/2010/09/are-you-ready.html>

Wednesday, September 8, 2010

My chelas are now being led to ascension. My teachings about ascension are an act of divine grace. Waiting for an act of grace will not lead to ascension. Most of the deceivers messages are claiming the Masters names, so beware, what is being declared by many channelings, is not accurate. No ascension happens as a consequence of Mother Earth's condition. Mother Earth asks for assistance from mankind, it is not the other way around. Chelas who are doing nothing but expecting an ascension, are going to get a disturbing notice from their guides, when an ascension occurs, and they aren't able to participate.

When a call comes, and only those who can receive guidance directly can hear the call, will you be one of these? Are you clear enough to be guided, and capable of following that guidance, as a natural way of being? No? Why not? My team of assistants have been giving the same message for more than 30 years: act on your inner guidance! Basically, this is not new to any of my chelas, as they have all been taught this, even before coming into a body. Being ready to ascend REQUIRES an ability to have direct guidance of the divine NOW, as a means of being led to ascension. Should this not be a condition of yours, do the preparation NOW, before it is no longer possible. Many chelas are delaying this demonstration of their availability. "Yes, I am choosing to ascend", means: "I am choosing to be able to ascend". And this means channeling your guidance and following it!

Reality is not an answer to many of you, because deceivers have led false concepts to your mental condition. Reality can be found in your actual daily experiences, not the dreams of the controllers who want to abort the mass ascension. American CIA agents are deceiving many, with channeled material delivered by this agency. Channels in the US are given one or two communications daily from this agency, not only in words, but controlled, directed contact and mesmerization. Those who channel openly are not the only ones being controlled by this condition. Many can be in the controllers aura of energy disturbance by the use of electricity sources, covered meters for man's cables in the TV, and cell phone devices. No man can assure his sovereignty from these nameless, formless machines that kill man's containment and ownership of his mental contact. Closed circuits of manufactured dogma are being unleashed by none other than the police departments of neighborhoods like most of you live in. Being a target is not a concern. All are targets. Why do you think my channel has moved out of the US? Not for her enjoyment, not for her mastery, only to get away from these manufactured conditions.

When the call comes, are you able to act? Are you willing to move to another area? Will you take the next steps? If guidance tells you to leave your things behind, will you get on a plane without them? How can I be more clear? Following inner guidance is the only way to move a consciousness from fear to freedom. Bring me this level of commitment.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 100 - Mantra for Ascension

<http://comptedesaintgermainsblog.blogspot.com/2010/09/mantra-for-ascension.html>

Thursday, September 9, 2010

Can the gifts of my heart be delivered today? My gifts are not physical, but they have great value.

Ponder this: Many of you, who have contacted me directly, have been continuing our dialog by thinking messages and getting answers. Any of these contacts can be mine, but there is no guarantee. My gift to you today is my ability to clear the way for direct contact. Ask to be directed to ascension, and my contact will come as your next words are delivered about this: I AM THAT I AM! Bring these two mental thoughts to me, (not writing on this blog, or to my channel), only making them your direct inner call.

My control over astral aspects of consciousness is not completely contained, so don't count on my contact unless you check, with the conscious question, "Are you Christ consciousness?" No astral answers "Yes" to this question. Be very strict about asking this, because many astral are around, and they have an ability to communicate to the mind of any who are contacting me mentally. More information about this can be drawn from my Channeling Course.

Practices like meditation, chanting, and affirmations, that are about being connected to God, are now very important. Make one of them a daily condition of yours.

Now, my tough love message is this: Not enough of my chelas have made contact with their divine consciousness. Many are dreaming about ascension to escape life, as non-agreeable conditions arise. This doesn't do anything but undermine the ascension.

Channelings that talk about creating all the things the ego desires are making a most damaging contribution to our ascension call. Please, do not delay in giving yourself more diligence in causing a New Earth creation. Choosing the abundance call, over the ascension call, deletes ascension for all.

Abundance in all things can also come to those who choose ascension, but only one call can be answered. Giving God the ability to decide one's fate, or attempting to control one's future with human design, is the ultimate test to mankind about ascension. Choosing ascension over accumulating money can be the ticket to ascension. Are my words causing distress? Is your mind confused? This is the dilemma we are now dealing with.

All the demands for money are calling our attention, and few calls for ascension are being heard. Material acquisition, and the choice to ascend, are not on the same awareness level. Pick money over ascension, and cause one additional negative condition, when money doesn't appear. Pick ascension, and override the most difficult conditions in absolute happiness. Which is the more conscious choice?

Wealth does not determine one's spiritual contact with divine grace. It is not even a criteria for man's continuation in the modern culture, because the value of money cannot be

maintained. Happiness carries more weight than money in man's karma. Gifting happiness has the ability to attract abundance. Giving abundance can create much unhappiness down the road. So which does the divine create? Only happiness.

The Masters are calling for their chelas to be happy, cause a vibration increase, and dream a new dream. Mental calls for money are demonstrating lack thoughts, not happiness. Pick the goal that has the most benefits. Make happiness the most important choice you ever made. Sing, dance, dream of man's delight, as divine light fills an anchor who turns their life over to God. "God's will, not mine" can be a most fulfilling decree. Can this mantra be the gift you accept from me today?

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 101 - More Info on Mass Ascension

<http://comptedesaintgermainsblog.blogspot.com/2010/09/more-info-on-mass-ascension.html>

Friday, September 10, 2010

Chelas who want to ascend must be very clear about this. No matter what age or country, be aware that the means of leaving our continuum on Earth, is now being moved to include death as an exit, because less than half of our ascension contracts are being reactivated. Making death an avenue of ascension cancels mass ascension. No mass ascension, as originally planned, is going to occur. Man can deliver himself to ascension one at a time. Bring me the desire, and the means will be provided.

Quitting an ascension contract means there will be no opportunity to ascend in this lifetime. In another condition, on another matrix of materialization, we will again see if this can be possible. Now, it is not! Being the light is now the most important asset available to deliver the planet to the fifth dimension. Mother Earth needs more anchors of light to deliver itself. Masters are already anchors of light. "No mind" contains only light. Making a delivery of light from the cosmos to Mother Earth requires quiet: quiet mind and quiet body. Meditation, one hour a day, aids this to be done. Calling in healing for your mind's disturbances also helps. Making a goal to ascend, does this too.

Believing that Mother Earth can do this alone, disturbs mass consciousness, by conducting the light towards material acquisition. Conditions are now grim, as most of those ascending are not going to be doing this before the mass consciousness creates more famine and war. We need to decide now, how to divert these contractions, as a means of elevating the most consciousness mankind has ever had available. When man decides to live the heart path, more destruction can be avoided.

Now, many are naming the Muslims as demons, but the demons are all the negative thoughts about Muslims, and any other group you decide is demonic. No Muslim is demonic. Many are angry about the outcast label they are now wearing, because of a most controlled drama, led by men who are not Muslim. These men, controllers, organized 9-11, and contracted with men who would die for their beliefs. Muslims are very devout, and could be led to this negativity inducing practice, as an ability to get closer to God. Not the truth, but this has them acting as martyrs to leave this dimension, making their beliefs the reason and cause for this.

No man's beliefs are truth. One belief is as false as all others. Masters are not believers. Masters let go of their beliefs to become Masters. Great teachers are not the ones who preach dogma, but rather, they are those who are able to allow their heart no obstacles to its full expression. Practices that offer less obstacles, to the freedom of the body's own great wisdom, can make more growth in awareness possible, than millions of documented books created by man's mind.

Chelas, do the best you can to live from your heart. Give more acts of kindness to the Muslims. Care about all who need assistance, no matter what they believe. They are all aspects of One. All, including those who act demonic, are guided by the same divine source that you are.

Shall we get on with ascension? Not mass ascension, but ascension of those committed to this? To the leaders who can move light to Mother Earth: keep doing this! Many more can deliver light to Mother Earth. Many can deliver themselves to ascension. Happiness is the key!

Being happy, completely happy, is how to ascend to another consciousness. Freeing the heart from all the mind's dramas can bring ascension into daily life. Ascend the mind! Ascend the travesty mind has made of what the hands of God delivers to man. Ascend the mandate to destroy Mother Earth with poisons and controlled killing of man's habitat. Ascend the darkness of destructive thinking. Christ consciousness is the consciousness of love. Be the love that is your only truth! Face the fact that man has no mother that loves him more than his own divine acts of kindness can advance. Practice love and devotion to the divine, and ascend duality. Be the love you want to receive. Bring the light to the heart of Mother Earth.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

P.S. - No postings will be published that contain links to other websites.
Saint Germain.

Message 102 - Make Peace On The Day Of 9-11

<http://comptedesaintgermainsblog.blogspot.com/2010/09/make-peace-on-day-of-9-11.html>

Saturday, September 11, 2010

All of the days to come will be controlled by the way man considers his neighbors. Can this day give a most considerate lesson to all who desire money instead of the love of divine will. Man needs to find more comfort in the awareness of his own divine nature. God's will is actually the call for all men and women on Gaia to be happy. Being One with "all that is" will absolutely give a new direction, and a new beginning. Bringing the energy of happiness to Mother Earth can create all the monetary abundance needed. But this begins to happen once the movement AGAINST others quits. AGAINST means division, not Oneness. Killing for ownership, or drugs, or power, and not giving to all their active desire for happiness, diminishes the conduit's ability to co-create a different mass consciousness. Face the cause of this dilemma and delete the effect.

Free will allows man to do all of the mind's choices. No man can give the earth a new

consciousness by himself. As nice as it would be, no Angel or Ascended Master can control the mind of man. What we do, is make a great attempt to lead man on a quest, so he can discover his own divine nature. Happiness comes with this deliverance.

Practices like meditation and chanting, that calm mental activity daily, can deliver an awakening of man's heart, and give him happiness. But first, man must understand that his mind is an activator of drama, not the divine. Mind gives all of the conscious desires more credence than divine callings. Can the chelas that my blog reaches, get an active dream of mine to manifest? If this dream acts to guide you to the dreamer, than so be it. My work has been concluded.

Here is my dream: Chelas of all races and religions are more interested in learning about their neighbors, than attacking them. Reading about the beliefs of the ones they are afraid of, visiting the homes of the ones they fear, delivering new understandings to their own community. Preparing for more acceptance, counters moving towards war. Acceptance of your neighbors is essential to affecting mass consciousness for a New Earth. Contact begins with curiosity. May this new attitude bring more dreamers to my call for ascension.

Now that my dream has been shared, please consider the implications of this dream. Just waiting for a New Earth to bring God's grace into a Golden Age, can only cause new disturbances in the meantime. Man must change to create a New Earth. Why? Because change in vibratory frequency activates unresolved attitudes, and they appear as negativity. To actively discard negativity, before the continents move to a higher vibration, can cancel the drama that would now occur. Peace begins in you! Bringing peace to earth begins with all who want peace!

Chelas, you are the Christ of these times. Many of you are already living this consciousness. Perhaps the drama comes on a day next week. Will you be able to give from peace and love? Will you give to those you now fear? Can you be the Christ now? Positive thinking is good, and positive action is better. Making a difference to mass consciousness begins with one at a time.

Acts of divine grace are all about Oneness. Calling on a neighbor today makes the Oneness concept more of a fact, than a concept. Be fearless. Neighborhoods all over the planet don't necessarily live as a community. Can this be the beginning of community consciousness? Meet the neighbors and do yourself a big favor. If you cannot do this, how are we going to become One?

Chelas are the least antagonistic of all of man's creations, but they may contain an inherited attitude they do not realize. Changing an unconscious attitude means accepting the attitude with no judgment, and clearing it with an act of courage. Be courageous and make a new friend. Meet one of those who has not been approachable. Find a way to give this individual more acceptance. Choose love over man's unconscious memories. Deliver new awareness to the conscious mind.

Care of man's dream of Oneness begins now. Make this the day's goal. Give it attention. Face your fear, and deliver God's grace to mankind.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 103 - Changing DNA

<http://comptedesaintgermainblog.blogspot.com/2010/09/changing-dna.html>

Sunday, September 12, 2010

Clearing reactivity held in the body makes more sense, than learning about anything found in books. Making the energy available for new DNA changes has been much discussed by New Age guides. Another method of control over man's consciousness has to do with his DNA.

Many are deluded about man's contact with the Great White Brotherhood. We do not alter anything that is in man's control. Man has complete determination over all of our most daring meddling, in any context. We do not alter anyone's DNA. Only an astral being or a being with another mental attitude, such as the Orion consciousness, would attempt such a disturbance in human genetics.

Practicing healing modalities that expand human consciousness can alter man's DNA. How? By releasing old attitudes that came with the mental construct of man's contact with ancestral beings. Cancer, for example, can be in man's DNA due to distress of the mother during pregnancy. Or, muscular dystrophy and other auto-immune diseases, can come from man's contact with darkness in another ancestor's genetics. All changes in DNA must be done by a change in consciousness, not delivered by an astral entity or malicious controller from another universe. Making a major change to DNA (such as those being proclaimed) needs time, a complete lifetime of meditation, and conditions beyond any man's current ability to totally free himself from a double helix configuration. Changing the DNA from a double helix to a new design cannot be done. Not that this would matter, if it could. No construct of the human anatomy makes any difference to a man's destiny. Man has one, and only one, reason to be incarnated. That reason is: to become Christ consciousness!

Another configuration of man's DNA would not serve any purpose, as the chosen genetic dynamic is the best one available to man for discovering the truth of his dual nature, so he can move in consciousness to Oneness. No change in DNA can alter the need for man to do this for himself.

Given the deception being perpetuated on many, many dear ones, my gift today is: accept that the configuration of anatomical conditions you currently have, is absolutely the best that you can have for conscious awareness. Be glad that the deficiencies are there, as they are your means of discovering the Christ consciousness that exists in the body. Being able to accept what is there now, eliminates another desire from the conscious mind. All of man's desires are blocks to Christ consciousness. Wanting new and different ANYTHING, amounts to an opposition to divine will. All man's desires must give way to the divine's desires for man, if Christ consciousness is to become available.

Choosing between new DNA and Christ consciousness is not the most difficult choice man needs to make. Choosing Christ consciousness over mandates for drama in any form, is his decision now. Pure Christ consciousness begins with NO MIND, no thinking about "ME and MY desires". Moving the mind out of the director's chair, can allow the divine being that lives in the body to be fully present. Having no personal desires is the way to Be a truly divine being.

Clearing mind's desires is needed at this time. Here are God's desires for mankind, that

you can align yourself with:

- Be FOR man's change into light, by changing yourself into light.
- Be FOR man's ascension, by ascending the duality in your mind.
- Be FOR human consciousness to change, so a New Earth, that has Oneness at its core, can begin.
- Be FOR the freedom of all to Be Christ consciousness on all continents.
- Be FOR man's change in DNA, not by man's design, but by man's change in consciousness.

No contract is completed with a new DNA design, only an Awakening in man's consciousness can complete his incarnation cycle. Brothers and sisters, be aware of the deceivers that mandate DESIRES in your consciousness. You are absolutely magnificent! No alterations are needed in a conduit of light. Oneness is the key to all.

I AM THAT I AM

Ascended Master Saint Germain

Channeled by Aruna

Message 104 - New And Different

<http://comptedesaintgermainsblog.blogspot.com/2010/09/new-and-different.html>

Monday, September 13, 2010

Channeling can aid mental understanding, but not Awaken. Channeling is met with an ego, an absolute dictator, that decides to accept or reject the contents. An Awakening has no mental component. An "ah ha" accompanies a major shift to another awareness, an awareness beyond an ego's comprehension. An ego only knows the material fed to the body's sensory systems, and makes active decisions about things not previously experienced. These choices are always an attempt to maintain control of the body's mental activity. Ego has no awareness, outside of its own beliefs.

Channeling, and all mental input, not "resonating" with mental familiarity, gets dismissed. All new creations are "inspired" in moments of mental quiet, and accepted as a course of action *only* when mind does not feel contradicted. My new messages are not like the most accepted ones, and do not make complete sense to those chelas who have not yet Awakened. My words are clear, but lack of mental familiarity is what is not making my new material fully acceptable. Yet! Many of you decided to choose ascension, and to ascend, you must Awaken. My new material does the needed groundwork, and attacks the distortions that are not allowing that Awakening to occur.

Pure channeling can only open doors for those who are able to accept new ideas. Old ideas got you to this moment. And old ideas will keep you in this same consciousness, in the next moment. Open minds, as well as open hearts, are what is needed for the next days. Are you willing to be one of the first to Awaken? Or, are you more content hanging out with your old concepts? Awakening shifts you into 5th dimension consciousness. Are you not even interested?

My name is Saint Germain. I AM Maha Chohan, and I AM the same Master who met Guy Ballard and Mark Prophet. My credentials may be important to you, but my messages cannot make a difference if these old teachings are being used to discredit my newest ones. The old messages were to open new doors, during the days of man's first stages of

new awareness. Things have changed since then. Now we are moving out of the Master's introductory phase, into new, Awakened awareness. Anchoring more light on all continents has made a new dawn for mankind possible. Now the light has been anchored, and the time to ascend is near. Can't the new be a replacement for the old? Why does it need to be similar, to be accepted? How can my new teachings, about a new way of living, be considered inaccurate, just because they aren't the same as my old teachings?

Practice a heart opening exercise now, and be aware that the mental activity that tells you, "No way", is the darkness you will be releasing with an Awakening. Assuming that an answer that comes from one's mind is correct, in this circumstance, is foolish. No ego chooses to be discarded. No ego makes it easy to Awaken. Are you up to the task of rejecting your mind's opinions, so you can be led by the heart?

When the heart becomes the leader in all choices, man and divine intelligence are One. This is the accurate meaning of Oneness. When man chooses to have complete consciousness, this activates his divine characteristics, moving his mental dominator out of the control seat, into the heart. Material life details are now overridden by heart concerns: caring, giving, and loving all that is. New awareness is available. All choices are heart led, as mind is no longer the chooser. Pure consciousness leads the body's life.

An Awakening begins a new life for the Awakened man. Not necessarily a life of material abundance, but a life of happiness, inner peace and Mastery. Ascension comes next. Between the door of an Awakening, and the door of ascension, can be many days of dropping the mental and anatomically held concepts, about human existence, that are not consistent with being Awake.

Enlightenment does not act like a man that takes exception to new and different things. New and different is a man's consciousness when he becomes a Master. Clarity about his entire existence only comes with an Awakening. Not Awakened, man dreams a dream of duality that has no meaning. Cause and effect are the only things he can understand. Blooming in his heart is a beautiful lotus of love, just awaiting his attention. An answer to that choice must come with the commitment to deny the mind's control. Choose the lotus now, and Ascension can come as another option, but only if you are willing to step out of your comfort zone.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 105 - Awakened Consciousness

<http://comptedesaintgermainsblog.blogspot.com/2010/09/awakened-consciousness.html>
Tuesday, September 14, 2010

Many of my chelas are not fully understanding these messages. Maybe my meanings are not as clear as they could be, although my channel does not indicate that to me. She fully understands them, so the cause must be the difference in approach that these messages are taking. My decision to create this blog was to force my impersonators to become exposed, by my actual contact with chelas. My decision to ask Aruna to do this, was her lack of interest in my communications. Yes, that is correct. No Awakened conduit cares about the things my messages contain. Awakening deletes their concern. Awakening is the demise of concern about man's G.W. Ballard future, because a choice was made to act in

God's creative drama as a Master of the drama, and a Master lives without concern.

Why then am I concerned about man's future? As an Ascended Master, doesn't my concern contradict what has just been stated? Maybe it does, as the Masters of my realm ARE concerned. So why the contradiction? Man's development begins with drama, to form an identity of his making. This identity becomes the name and consciousness he delivers during his more than ninety or so years of life, unless, of course, other decisions are made, to have dis-ease, or automobile crashes, or death in another way, contribute to his maturation in consciousness. Awakening is discovering that the self-created drama of man's mental design, is not the consciousness of the divine creator. Choosing to align with God's design deletes mental concern about man's own design, because he now considers this to be an illusion.

My condition is different. My work with mankind is about God's design, and my choice to deliver messages to man is part of God's design, not a man made design. My words are the messages that God delivers, as guidance, to lead man out of his man made design. An Awakening dissolves all interest in man's design, and an Awakened one controls nothing, by choosing personal desires over God's creation. Man cannot co-create God's design, unless he becomes aware of what God wants, and this becomes conscious in his mind. My work is to facilitate that.

Working with man as a guide is not easy. Many of our messengers do not comprehend our meaning, and are not as dependable as we need. All of our channels are given messages they can accept, which means that their particular way of thinking limits what we can mention. Clarity does not only mean an ability to clearly communicate, it also includes achieving the desired level of communication, through one who cannot fully accept the words being delivered.

Now, with this background, my discourse today is about changing your mind. Your mind believes a complex mix of concepts. All of them do not align with God's design. How do you determine those that do from those that don't? It is not possible to do this with a mental decision. Only the Awakened divine consciousness within man can override the illusion. Oneness comes with the dissolution of duality - the duality of man's will vs. divine will. All duality that is being demonstrated in the entire Universe reflects this most definitive belief in separation.

Man and God are not two entities. Neither is man God, in the sense that his mind decides all that goes on in his universe. Children are taught that God is a parental figure, and seek God's approval and attention. This concept must collapse for a more enlightened understanding to come into man's consciousness. Breaking from an ancient way of thinking needs much deliberate attention. Changing the mind, with only a decision to do this, doesn't do an adequate job. Meditating can give you some experience of God's enormous love of man.

Changing the way man sees God is the foundation for an Awakening. Needed next, is the deletion of man's ego identity: "me and other". "Me" is the identity of an individual that has an ability to make choices about everything. "Other" is man's projection about an object of his mind's perception. Both are not accurate in their definition. Both are divine images that "appear" to be different, but are not. Both are God as divine creator, creating a man's attitude towards another aspect of that same divine creator. Bringing awareness to this most complex demonstration of human manifestation, is the actual Awakening drama being played out today.

Presence, without any negative thinking, is the Awakened condition. Choice is not an Awakened condition. Change a man's mind, from choice to being fully aware, and he can express his own divinity in every moment. Christ consciousness is when divine consciousness is completely free to express itself through a human form.

I AM THAT I AM

Ascended Master Saint Germain

Channeled by Aruna

Message 106 - What a Master Calls God

<http://comptedesaintgermainsblog.blogspot.com/2010/09/what-master-calls-god.html>

Wednesday, September 15, 2010

All beings are divine, but chelas are more actively living as divine beings than most. Night and day, they are answering a call from within to be one with God. Nothing but this, matters to an open minded human. Closed minded humans cannot turn to God within, as they are mentally devoted to mind's concept of God that they carry as memory, with no change, from one lifetime to the next. Caught in duality for many lifetimes, they take on a most difficult task, to deprogram themselves in this lifetime.

Pure and simple confrontations, that attack this core belief, are met with dismay and fear. Many of these are my chelas. They may be curious now, regarding the most difficult conditions about to occur, or my method of leading them to more of God's answers to the dreams of their hearts, but they stay away from my teachings about God, as these cannot be generally delivered at a church, synagogue or mosque.

Here are my teachings about God:

The full control of man's existence is the design of God, the consciousness of man's One source of life. All of man's creations are co-creations, not totally man's own concepts or manifestations. No design of man is controlled by his mind, only the consciousness beyond his mind, his divine True Nature. Mind designates the conditions it desires, and IF the divine consciousness agrees, co-creation can happen. Mind is not the manifester, consciousness is. Man's decisions are made by his consciousness.

A lower awareness consciousness is the continuation of a contract that consciousness made for a man in this lifetime. A more developed awareness consciousness also is a contract made by the same consciousness. The consciousness that chooses to be a Master's chela is also created by this same consciousness. All roles of these human actors were developed by the divine consciousness called God, Allah, Higher Self, etc. No Master calls any being "God", as there is no One being that has this designation. All, collectively, including man's dogs, mice, mosquitoes, and all of his food chain, can be called aspects of God, as all contain an aspect of divine consciousness.

Preachers, of all religions, do not consider this most conscious awareness to be accurate. No man who leads talks to an audience about a God who lives in heaven needs my messages, as they cannot accept what these messages convey. But, many in their audience are not convinced of this "God in Heaven" concept. Questioning the accepted material, believed by the masses, delivers an opportunity to discover the truth about God. Once a doubt arises, there is an opening for more insights to be revealed. Next, an active call to God for more awareness, draws forth the messages about Christ consciousness

that are needed, to be delivered out of the realm of normal thinking, and into conscious awareness. Public delivery of these contents cannot be accepted yet. My words are not the most concrete, as a method of convincing those who have many answers from memories and controlled dogma delivered to them in childhood. Only those who are open to a channeled delivery, can consider them to be informative. And now, my dear ones, I'm going to make a most delightful comment: My chelas are adding this message blog to their new discovery ability. Many are being opened in their consideration of these teachings. Blessings abound, as many can be Awakened by them.

An Awakening comes when no dogma is closing a door to new awareness. Once a door is closed, nothing can come in. Opening the door, continues exploration and discovery. Bringing more awareness to mass consciousness can only happen when new awareness is available. Believing anything can close the door.

Give the director of this human drama the opportunity to dramatize an Awakening of consciousness, by being open to the commitment of your own heart, to Awaken. This commitment is your contract for this lifetime. As a divine being, act as an aspect of the One, by inviting the divine awareness of your own heart to open. Once opened, consciousness of the highest awareness is available.

Basically, God is the deliverer of this, but the call for it also comes from God. Realize you are the caller and the deliverer, not the mind's concept of man and a deity called God. Beliefs are not concrete. Man needs to directly experience his divine True Nature. Meditation, and making a difference in the lives of those that man enjoys as friends and acquaintances, can deliver more of God's awareness to his chelas. God is the director of all chelas, they are not exclusively mine, or any other Master's. My call to "my" chelas means that my consciousness is God consciousness. All Masters are Awakened with God consciousness. No Master "owns" anything except his name.

Make this message a day's contemplation. Many of you may be concerned about its accuracy. Good, question, and discover the Truth for yourself. My job is to act as a catalyst for that questioning, not to dictate a new quantity of dogma.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 107 - Caring For The New Earth

<http://comptedesaintgermainsblog.blogspot.com/2010/09/caring-for-new-earth.html>

Thursday, September 16, 2010

Many of my chelas are wondering why the consciousness of one Master has so many conflicting answers. Now, my friends, is the time to accept that many imposters are calling themselves by my name, not just a few. My messages of the last three months have been very direct about this, yet our drama of controllers vs. Ascended Masters is still going on. An answer for controlling this is welcome, but none has appeared. Meanwhile, my continuation of this blog can draw more to my true consciousness.

When my words are accepted by many, a New Earth can begin. What do I mean by a New Earth? New ways of contributing man's non-divisive attitudes to community. A community consists of all who are together, and many of you are living in areas that have many

condos, houses, and other building configurations, but there is no contact with your neighbors. This old approach to community cannot continue, because the needs of neighbors will become a mutual concern.

Many positive changes will come from challenges to the old ways. More and more of you are opening your hearts, and action on this challenge can create a most rewarding momentum. The contract you made with a most demanding dreamer, is to deliver more heart directed actions to those who need assistance. Your own dream is about to become your new reality. Are you prepared? Are you able to meet your community? Are you willing to give to them the open hearted caring that will make a difference on all levels of the mass consciousness? Are the needs of others a concern of yours? Are the Lightworkers going to break free of their computers to act on their awareness?

Computers are great communicators for now, but they carry no healing for mass consciousness. Mass consciousness needs a lot more caring to be made abundant with heart and mind alignment. Minds are on computers, as man divides his attention between modes of doing and modes of mental action. Mental activity makes no difference to mass consciousness. Only actions of open hearts will be the new demonstration of caring, that can move a new consciousness towards common agreement.

Beliefs about the computer being the best thing to happen to mankind are not accurate. More caring of others came out of man before his computer arrived. Now, he makes contact with a neighbor by e-mail, instead of face to face. No contact, is as helpful to merging two diverse opinions, as building a building with no windows. What is inside has no relationship to what is on the outside. When diverse opinions exist on computers, you can delete or unsubscribe. Not when you are face to face. Having a neutral meeting, in a face-to-face contact, makes more caring and conversation possible. Not necessarily agreeing, but at least the ability to care is available. Putting man's differences aside and coming to an amicable, mutual alignment, despite differences of opinions, can create a more abundant mass consciousness. Making a computer deliver all of your messages, deletes man's human contact. Children who are addicted to computers and computer toys, are deceived into an on and off world of make believe. Not having contact with others deletes compassion.

Man's drive for more high-tech toys has made him more mental and not as caring. Can we do something to turn this around? Are we too addicted to be more caring? Are we unable to demonstrate an ability to deliver caring face-to-face?

The availability of many new tools that answer man's need to deliver information have been good. However, their overriding of man's time to be in human company has been a condition of concern for all who know that man cannot be sustained indefinitely by mechanical devices. Can you take the time to learn how to communicate to your neighbors by meeting them face-to-face? Can you deliver open caring to one's community? Are the most important people to your future condition being ignored? Be a bright light to human awareness by being fully human.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 108 - Are You REALLY Choosing Ascension?

<http://comptedesaintgermainsblog.blogspot.com/2010/09/are-you-really-choosing-ascension.html>

Friday, September 17, 2010

Many of my chelas do not have the Master Messages. My channel compiled many teachings from me and my colleagues to make these available. My delivery of those messages came after twelve years of not channeling through this conduit. She had no need to channel after Awakening, and did not. When I approached her with this continuation of our work together, she agreed, not because she cared about the content, but for me. We have a caring connection, and that is why she accepted my request. My three books of messages have no comparable equivalents. They are my conduit's contribution to my dilemma of, "how to tell the true details on ascension, consciousness development, and the changes coming to Gaia, to an audience mesmerized by false messages." My conduit made no money doing this for me, so I told her the amount to ask for these books.

Clear messages about Ashtar, the Galactic Federation and all other matters of highest drama are there, commented on by those who are the guardians of these conditions, the correct ones to contribute. My next comment is for those who have read my Master Messages: consider them the most accurate advice available from my realm. No other messages are more accurate. Now, an update:

Many changes have occurred to man's consciousness, not all are good. Man is being controlled by many agents of drama, and all of them are advancing FEAR. America's government has been totally dominated by a group of men and women who are Illuminati, and they are draining all of the world's economies to complete an ancient contract. This is their only goal. They want to destroy the US, as a way of managing the entire world. No US, no defense systems against their attack-control mechanisms. They want to enter a collapsed, bankrupt country, with a most charismatic android that makes a complete mess of the freedoms that the US was based on. They are already on the way to complete takeover, and no new conditions have occurred to deflect any of their moves. My Master Messages show the way to turn this around.

Ashtar commands a fleet of Master led, man contacting, demonstrators of divine calling, who are able to defend man's control of his cause when needed. No action of this nature is now being considered, because man has not become angry enough to defend himself against this complete takeover by the Illuminati. No cause to defend has been delivered to the Ashtar Command. My dear ones. Apathy abounds. Clearing the apathy can alter this entire drama. As long as there is no change in the level of concern about the current condition, no defense can be engaged on other dimensions to interfere. At this time, there is no new movement of energy towards reclaiming a God directed consciousness. This delivers empty messages to this bold group of defenders who are gathered together to deliver assistance. Can another consciousness be activated? Only if my chelas do it!

The Galactic Federation will not be delivering anyone to another planet. In the Master Messages, this was an option being planned. We were counting on a group ascension in three waves. Our first wave has already ascended in consciousness, but not their bodies. This was changed, to allow those who would have disappeared, to make more contributions to the next wave. Of the original twenty million, only a very small number was on that first wave, a mere 100,000. Not enough to attract sufficient attention for governments to notice. Our new plan is to gather one million, our next gateway is coming

before the end of 2011. Are you going to ascend? There's not much time to get ready. Commit to it now, and begin a very intense journey into a new awareness. After this date, no more demonstrations will be controlled by our realm. Only one at a time, at the moment of death, will be able to ascend. Most of the ten million contracted to be on this big demonstration wave are not ready.

"Acceptance of the way it is" does nothing for an awakening or ascension. An accepting man is a man who feels he has the ability to accept or reject. In awakened, God consciousness, there is neither acceptance or rejection. Ending duality consciousness is what leads to an awakening. Growth in "being a good human" is not an awakening. Only a God energized heart can destroy an ego's desire to control. True happiness is man's natural condition, not a way of reacting to his material world achievements.

Brothers and sisters, my goal here is not to scare you, or make you agree with me. It is to deliver new directions about man's ability to ascend, based on current conditions. Pleasing me is not my concern either. God dances in many areas of consciousness, and my dialogs are only one of them. Can my dense chelas get the message and do what is needed? Are you one of those who needs a big kick? Are you on track? Only you know the answer to these questions.

If you are building bunkers, you are being led by an alien deceiver. If you are anticipating being delivered to another planet, again, an alien deceiver has caught you. If you are believing that the abundance of money you desire is more important than meditation, get ready for a most disappointing combination of conditions that are coming very soon. If you are ok about death, you can ascend. If not, don't even consider yourself a candidate for ascension. An ascension to another dimension means a different energetic condition, and is not the same as continuing life in an astral, or 5th dimension dream. It means NO dream. It is beyond dreaming. It is consciousness, as it really is.

As consciousness, no body called "me" is deciding about material concerns, because there are no bodies. Fear of death deletes an ascension. All your beliefs about death need direct attention. Are you going to die? Can consciousness die? No, you are eternal, and do not die, no matter what happens to a body. Ascension can delete a death experience, but the effect will be very much the same - with no body to bury or cremate. But your drama as a "person" will still be over.

Are you aware of this? Are you agreeing to this? No? Then there can be no group ascension. A bunch of bodies demanding a beautiful existence on another dimension is not what ascension is about. It dissolves the body as its molecular structure disappears. Are you afraid? Good! Get yourself very clear of this actual condition now. Get ready to leave Gaia, or make no commitment to ascension. Are the doors open? Not yet. Are you going to be one of those who takes the leap?

My channeling on this blog is not to amuse or entertain. It is to communicate the actual facts about ascension and the days to come. Ascension is the more conscious choice.

If you are now aware that you have fear, get this handled. Fear deletes all movement in consciousness. Fear contracts. Make believe scenarios are abundant. They are not accurate, but look desirable. Are you caught in the deception? An ego cannot choose about this. An adept must know!

I AM THAT I AM

Message 109 - Making This Consciousness Available

<http://comptedesaintgermainsblog.blogspot.com/2010/09/making-this-consciousness-available.html>

Saturday, September 18, 2010

My dear ones. My Master Messages books are not available in book form, because there has not been enough consumption of them. Considering their content, my energy, and an opening to my mandate for the New Earth to continue, outside of the control of the Illuminati, change to this lack of interest could completely alter many of the dramatizations that are about to occur. When they do, these messages are an avenue for continuity.

My channel does not have the funds to publish them in the way they deserve. I am not able to deliver the money to her, and her country of residence is not able to provide this opportunity, because another language is spoken there. Consequently, the next consideration would be an offer appearing from another country, and more income to pay the costs. Channeling my blog comes to all at no cost, and none of the courses have been delivering more than enough to cover their continued development. My dream is for the Channeling Course to become a DVD, with many teachings about the art of channeling on it. Maybe an answer to this will appear. My nudges are ongoing.

Modern day confusion about how many are to ascend must be addressed. The Angels and Masters have deduced a number based on how many have committed to ascension. When the communications through my channels are not available, my concern is that many of the unclear conduits will be conduits for deceivers, and they can delete an active ascension candidate who cannot discern between my contact and contact with non-aware entities. Channeling through my current channel is easy, but conditions of chaos are not interfering with the energy of the neighborhood where her body is now located. When chaos begins, many channels may not be clear, and very open channels are prime targets for the deceivers. Ponder this: being a channel of your own Higher Self can give you all of the benefits and none of the controller's dogma. Why would anyone not desire all of their own destiny guidance that is available to them?

Another thing worth mentioning, is my channel's autobiographical book. All the lessons about how to be clear are being collated into her new composition. My dream is for this book and all of my Master Messages to be available together, and include the DVD for the Channeling Course. Possible, and my contribution can be the donation of Mastery that each who get the package will receive. Hope is a nice materializing energy. It is not the easiest to manifest, but by making these manifesting comments, anything can appear.

Twenty million chose to ascend. Many of them are not interested now, but they could change their minds. And now there are less than one million who are considering the ascension opening as a way to move in consciousness. What can I do to change this? Only deliver more data and more nudges. My dreams are only as manifesting as the cooperation I get when I deliver them. I have made the decision to have confidence in my chelas. Delivering answers about the next days means nothing if the advance notice doesn't awaken minds to their original agreement. Celebrating the Angelic dates of Rosh Hashanah and Yom Kippur and Ramadan does great things for human beings. Comfortable activation of the next dimensional shift has been our goal. Maybe a less

comfortable drama is better.

Perhaps I need to disappear and allow the deceivers to lead. All they need for contact is an open, centered, calm and caring individual, who doesn't have any guidance about having control of their channeling. No Ascended Master can overrule an unwanted deceiver. The one who deceives can only be evicted, when the body's mental demands lead to the change over. What needs to be known about channeling these entities, is that they take over bodies dramatically because this allows them to learn about their own ability to control. Being evicted is the best gift they can be given. Unless an entity claims to be Christ consciousness, then expect the possibility of it being a deceiver.

Channeling is not the most difficult thing to do. Accepting responsibility for what is being channeled is the duty of the one learning channeling. Mesmerizing an audience has its benefits for controlling entities, and being dramatic does as well, because it draws the energy of the observers to the entity to bring it aliveness. No attention, no delivery. Mixing an energetic cocktail has brought many a new career, and no difference in their consciousness. Making an agreement for being a channel needs to include an activation of heart opening in the contract. Channeling without this is entertainment, not consciousness developing.

Press on into the darkness of the channeling epidemic, and get caught in the depths of mistaken attitudes. Pretenders are not divine gods, as they claim, they deceive, because they are dark shadows of divine Gods. Only the shadow knows.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

The [Master Messages](#) and [A Course In Channeling](#) are available [here](#).

Message 110 - Ascension And Contractions

<http://comptedesaintgermainsblog.blogspot.com/2010/09/ascension-and-contractions.html>

Sunday, September 19, 2010

Pretend that my words were coming to you in the body. Sense the area of the body they would arise from. Now go, with your attention, to this location, and notice how all your thoughts come from this same area. Are some thoughts bigger and brighter than others? Are there any differences you can observe? My design of sentence construction is mine alone, but your thoughts are the same in all other ways. Now, what makes some thoughts light and some dark? Mind. Your mind decides: "This one is dark". And dark does not feel good, so mind declares, "My darkness." No thought make a man good or bad. All of God's human creations have all kinds of thoughts daily. Choosing one of them as the quality of good, and another as not good, is a mental process. No darkness exists in you, only contractions to your condition due to dark mental attitudes. All your darkness can disappear in one instant. Consider this to be the ascension. An ascension of consciousness means: no negative thinking - about anything. Only heart led decisions are generated, and there is no mental attitude about this way of being. No designations, no callings, no mental management of any of mind's content. All your days and nights are experienced as an aware being, aware of all that occurs, inside and outside of the body, and there are no comments appearing about anything.

This is awakened awareness, the Awakened divine nature of man's human existence. Only a mind claims differently. Mind control of attitudes is not being awake. Choosing one thought over others does nothing but repress natural development into density, and demands even more mental control. Complete density does not exist. Even murderers are able to access love in their bodies. So no man is completely light or dark. Until an Awakening, both of these modes of THINKING exist. At Awakening there is another understanding. Now the heart is awake to the Truth about these mental concepts. No mental concept is the Truth. Once this is fully accepted, no mental demands are accepted, and no dramas are mentally created by the mind. An Awakened condition is one without mental domination.

Another way to consider this is: No name is the name of man's condition. All names are given by man's mind, and all names for man's condition are also given by mind. Cut out all names, and then act without any negative labels about anyone or anything. Free yourself from all labels and you will be a divine, aware being.

Ascension is not about growth or even awareness. It is about completion. A complete cycle of incarnations is when there are no more demands of an anxious mind creating death, negative charge, or control of anything. There is complete detachment towards all of man's denials of his divine True Nature. Practicing positive thinking is as negative to an Awakening as being controlling about duties or attitudes. All of these activities are based on mind's idea of what is not "acceptable". Houses built on a dubious foundation aren't made very well. Having positive thoughts, because the heart decides to lead the body, is nothing like making a decision to only allow a thought the mind likes.

Happiness is the natural condition, when there are no contractions in the body as a result of mental attitudes. To let go of darkness (contractions) IGNORE them. Acceptance of the cause does not need any discussion about the cause. Acceptance is "ok, this happened," nothing more. It is not all there is to happiness, only a controlled way of choosing the dark over the light or vice versa. Acceptance of an incident as having happened, and giving it no consequence, is freedom. Passing judgment on anything, a concept, a thought, or a deed, all are the mind's choice of controlling attitudes. Mind creates the attitude and the body contracts because of this choice.

My dear ones. Choice is one step below an Awakening. Giving up choice, to let the divine nature of the body make all your decisions about duality, cancels mind's ability to control. Mind does nothing to control after that, and the active continuity of cause and effect drama also ceases. Then, more of the days activities are about anointing the land and its citizens.

No man or woman needs to ascend. Only those who chose this destiny are being called, and we are calling them, to help them do what their hearts chose before incarnation. To ascend means there is no more mind control of the body. And, there are no more attitudes about dark and light. Clear awareness observes "what is", without decisions being made about "what is." An open heart leads the body's life.

One of the least known things about ascension is: When a body decides to ascend, it does not keep its attachment to anything. No concern about the human condition remains. Blessings are all that are delivered as a consequence. Material life has ended, and conscious awareness continues to function, bringing its light to the most loved beings of this universe.

I AM THAT I AM

Message 111 - Changes of Consciousness And A Body

<http://comptedesaintgermainsblog.blogspot.com/2010/09/changes-of-consciousness-and-body.html>

Monday, September 20, 2010

No answer of this blog can completely explain all of the differences between the New Earth and now. Man creates the New Earth with changes in consciousness. As consciousness changes to 4D, man cancels his 3D control of the environment. As man awakens to 5th dimension, his environment also develops along with his mental attitudes. New Earth develops as a direct consequence of man's developing consciousness. Only one Earth is continuing to change.

Medical doctors are not aware of the alterations being made to human bodies as their consciousness alters. Many are being given drugs that they do not need. Many are denying these changes are collaborating evidence of consciousness change. "Being the change" means a more dramatic nuance than it sounds. Calibrating the man's condition to his new consciousness makes him appear ill, not damaged. Conscious beings need more daily exercise, confidence in their desired food choices, and no new drugs. Picking food that nourishes is the best medicine.

Ascension from the man's point of view can appear more like death, as the ascension condition cannot develop in a body as quickly as the consciousness changes. Continuation of life with an ascended consciousness is not easy, because of all the alterations that must occur for the man to feel healthy. Many days of conditioning can be needed. Many days of meditation, hours daily, are needed. Changes in diet must occur. Not deleting cooked foods, or giving up anything necessary to be nourished, altering the diet to feed the new conditions as they occur. For example, giving more dark green vegetables to help make new cells, or adding more drinking to a body needing this. Food needs can alter by the moment. Being aware of this needs attention. No medicine is needed, only diet alteration, more exercise, daily meditation, and a healing consciousness. Bring the mind to the heart daily for direct contact with divine healing. Ask for the drug of choice, love! Activate the mind's ability to call on his own health caretaker, the doctor aware of his own contracts with God. This doctor understands the changes and can direct the man's conscious choices. Practice this, and you won't become confused or deleted by the changes occurring in the body.

EMFs are dangerous. Altering the body's nervous system during his days and nights does not allow good answers for human health. Cell phones and any wireless condition complicates this detail I just described. Medicine is not an answer. Controlling exposure to EMF is the only way to draw the healing abilities to the body. Cut off all connective devices in the bedroom during sleep times, if nothing else, as a door to regeneration from what is attacking the body during the day. Remove cell phones, cordless phones, battery operated devices and computers from the sleeping area. Turn off any devices near the most active living areas also. Wireless computer terminals can be cut off during the night. 5th dimension consciousness does not want low frequency mobile phones interfering with high frequency bodies. Feeling ill is a natural consequence of being bombarded by such low frequencies. Ascension needs more than human consciousness, it also needs man's demonstration of a healthy form. No body can be healthy with a frequency difference that

great. Please do what you can to allow healing, even if the ability change the quality of healthy to a more healthy condition is not going to be possible. Healing the body can be a consequence of higher consciousness, but only in a healthy, continuation of man's consciousness and his body's form aligning to it during the days and nights of the body's continued existence.

A group ascension means many ascend at the same time. It is a goal, to become a news worthy demonstration, to shock men and women into awakening to their inner contract terms. Because there is no direct contact with most of those who made this contract, we do not know if this can be created. My appeals about getting direct contact ability are not being heeded by enough at this time. We are still hopeful that this can be done.

One way to ascend is, at the mount of death, declaring I AM THAT I AM. Another is the mastery, of the divine leading the body without distortion, in the existing life experience. About 100,000 have already done this. Any of these can ascend at death or in a group ascension. Another way is for many to die at the same moment, forcing man's media to acknowledge that something major has occurred. No bodies are needed in the higher dimensions.

Concerning the ascension of Mother Earth, the consciousness of man can bring the continuation of this living co-creator to ascension, but this is not happening now. No contributions, like mass ascension, can alter the drama on this planet to ascension status, unless the mass consciousness dramatically lifts, co-creating a different attitude in man towards his environment. Confusing messages about most of these things abound. My desire is to clarify, and get the co-operation needed, to lead the way to God's original design. Changing the direction of this "man and divine will arrangement" is where it must begin.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 112 - Response to one of today's comments

<http://comptedesaintgermainsblog.blogspot.com/2010/09/response-to-one-of-todays-comments.html>

Monday, September 20, 2010

My dear ones. Anonymous quotes the dark side manipulators that my realm is currently attempting to delete. This misguided material, about Mother Earth ascending on her own accord, is not accurate. It is a myth, and needs to be considered as such. It is this myth that has caused many ascension candidates to negate their efforts to clear their contractions, and meditate, to bring about their own ascension. A great accomplishment of the dark.

No group death is being planned. My comment was to give another clarification to the mass ascension call, not predict an active creation. Only a group ascension can make the anointing for Mother Earth's ascension. Her ascension is contingent on one thing: the consciousness of her citizens. This is a fact! Can you control the demands of the Mother? Only with mass consciousness ascending current consciousness.

I AM THAT I AM

Message 113 - Recognizing Deception

<http://comptedesaintgermainsblog.blogspot.com/2010/09/recognizing-deception.html>

Tuesday, September 21, 2010

Comments about my messages are good! None are considered offensive, and invite me to address concerns and inconsistencies in my teachings, and those of the deceivers. Make no mistake, all of your comments are now the next teachings that will be addressed, as discussing your concerns is more important than introducing new material. My answers are always coming from love. Put aside any fear about being taken in by another controlling act of manipulation. No control exists here. The absolute Freedom of awakened hearts is my primary interest.

Now, let's take a look at the last comments. My comments about deceivers, need to be applied to any book, channeling, or human teacher, as all decide on a topic as being "the Truth", and give this out as a New Age approach to "feeding the masses". No new material about Truth has come on Gaia since an anointed one, named Jeshua ben Joseph, gave our new teachings to his followers. Now, there are many adaptations of these teachings, and no concurrence of the actual messages is being delivered. Being a New Age teacher brings a lot of attention, and gifts of money, but also much karma. In many cases, the mental attitudes of controllers are being delivered as "absolute Truth". Not a trace of Truth in any of it, but charisma and conviction of the deliverer, completely alters mass consciousness with the collective acceptance of this attitude. Take the Bible, for example: The original document, called Torah, was meant to guide an ancient group to higher consciousness. Descendants of this group have kept this holy mandate alive, to the extent that they look at other teachings as less aware. As each generation of this group learns these teachings, they accept them as Truth. When the next group of teachings about God became the New Testament, those accepting them became the most adamant about their delivery of "Truth", based on these new books. Are they all the ultimate truth?

Let's look at that question. First of all, man's conduit ability is good, and always has been. Getting awareness from the higher realms comes to all who are able to discern higher awareness from their ego, not in a channeling like this, but as a divinely inspired "knowing". But, the ego of man has also been a master of nudges, nudging man to accept its goals and its applications of God's communications, until the details of "his" answers become more from man's ego than from divine consciousness. This man contributed much to awareness, but accuracy was never absolute. Each generation interprets these gems of divine wisdom as they can conceive of their meaning. All of the great materials being discussed today are being interpreted through attitudes of today's mass consciousness. Jeshua ben Joseph came out of the control of mass consciousness with new teachings, but they were heard and interpreted by an audience of men with conditioned attitudes. As these men were not able to completely understand the messages, they could only document them as their ego mind determined their meaning to be. False meanings became new, agreed upon, details.

Now, a Bible can be deceiving, because the whole Truth has been altered. To have the actual teachings, as they were for the men and women who were there, one must go to the source of the teachings, God. God can convey the same messages today, to all who are open to them, with no distortions. Again, man can get the true message, but an ego

will do its best to make sure that message will be convoluted.

How to be a clear conduit is the message of this discourse. Begin with the acceptance that an ego, be that of a disciple of one's Master, or one's own, can completely alter the direct communication of a most loving teacher. And, those who are able to manifest an audience for their dictations, carry a great karmic responsibility to get their facts straight.

Pure channeling is very unusual. Most of the channeling done today has great distortions. Able channels do exist, please don't think my dialogs are considering all to be incompetent. Many are very good. But most of the most articulate, and most active in delivering their teachings, are not those who are so good. Before they begin attacking me, I must also say: they do not know that their source is a deceiver. Channels are all energized to deliver Truth. None can act as messengers of divine beings without the open-hearted belief that they are providing a divine service. But many are fooled by their own material, because they don't know that **the dark always come disguised as the light!** Prey for the astral are now considered gurus by thousands. Are you getting my drift? Those who are the MOST accepted, are the most obvious deceivers. Be my guest, observe them all, and notice that control is their game. Not by telling you about the changes that are coming, but telling you to move to a certain "exempt" location, or to get ready to be delivered to a different planet to continue life in the 5th dimension". All contrived from your illusion.

Practices for healing are also a way that some deceivers anchor themselves in a student's auric field. They use one or two healers to deliver connecting cords to their followers, so they can control them. Are you corded by an unethical, arrogant being? Clear yourself now, even though you may not know the answer. Do clearing with the best method I can contribute to this dialog: make a mixture of alcohol and epsom salt, and burn it. This will clear your aura and all external control will be nullified.

Bless the ones who deceive, as they are the ones giving you this great teaching.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 114 - Manifesting For Masters

<http://comptedesaintgermainsblog.blogspot.com/2010/09/manifesting-for-masters.html>

Wednesday, September 22, 2010

Answers to questions:

My channel did not move to an "exempt" location. No "exempt" locations exist. All of Gaia will be affected by the continent movement. Aruna moved to Uruguay to anchor light, no other reason. An anchor was needed in this location, and developing a community for Awakening was a call of her heart. Nothing like this exists in Uruguay.

Making a difference on a global scale doesn't always appear to be a major "doing". In this case, being quiet and "not doing" are Aruna's current contribution to ascension. My blog posts are her choice for additional contribution, above and beyond her reason for being in this area.

Now, lets talk about money. Manifesting money concerns most of humanity right now, and

believing that an awakened Master can deliver money, is a most deceptive concept. No Master, ascended or otherwise, delivers money to man! WHAT? You are cautious now, because my claim of being the one who did alchemy demonstrates that there are manifestation abilities of a great magical condition to deploy.

Beliefs about manifesting all the desires of the mind have been generated by very clever deceivers. Alchemy is not mental. Nor is it magic. It is the chemical alteration of matter. I did this as entertainment when I was incarnated during that life. But as an Ascended Master, my role is not to demonstrate alchemy or any other phenomenon, only to lead humans to ascension. Ascension doesn't need money. No attachment, to anything, is the way to ascension. Ascension has no fees attached. My days of communicating through this channel have described how an awakened one deals with all material concerns. There is NO dealing with these matters, because there is no interest. Manifesting control of anything doesn't agree with "God's will vs. mine". God is not concerned with delivering money or creating money for desire fulfillment.

All money comes through those who have these desires. For example, Aruna acts as a giver to humanity by delivering my channelings. She gives with no fees. In a different environment, those who receive such a gift would be happy to give their assistance to the creation and distribution of these messages. Not as an obligation, but as a call of the heart. Manifesting can deliver, but this is the way this particular condition needs to occur. Besides accepting the gift our realm has also given, is an opportunity to demonstrate good deeds and giving to others. Both are ascension qualifications.

Making demands, for anything, is not the way of awakened awareness. Giving is. So I give, Aruna gives, and we both accept whatever comes to us as grateful beings, not different from you, when you are the recipient of gifts. Humans who are awake are not asking for anything. They are being very quiet and very humble. Personal power is not of any concern. Neither is making money. Giving is their only interest. Aruna gives daily to a huge audience. Whether they give to her is their complete choice.

I gave the information about not having funds for creating books and DVDs to see if any of those reading my messages would be moved to give funds to do this. Only one has made this offer. Should many give a small donation, the funds would be available. If no more offer, no books will be printed.

My desire is that Aruna be compensated for all she does. My messages are not the only thing she does, but now, it takes a lot of her time. Is it my concern about her that controls the donations? No. Channeling has become so much of a controllers game that these messages are worth their weight in more than one donator. When more are concerned about delivering these messages to the entire group that can ascend, my concern will be over. Right now, my ability to deliver daily messages depends on a woman who gives from the heart. Can her unconditional giving be an inspiration to those who are learning these things from me?

Choosing to make a donation to a clear channel can give you the ability to be a clear channel. Giving to those who lead can alter the one who gives. My advice is: Instead of demanding that the controllers cease delivering one more deceptive channeling, give money to this channel who can counter their delivery with the Truth. Be generous, as the human conquest is their ultimate goal, and they are way ahead of those who are able to deliver their demise.

My other comments about bunkers and carriers to other areas are not as one reader is considering them. "No bunkers" directly addresses one of the most active deceivers, who is asking his "followers" to literally go underground. Collecting provisions is not an act of fear, only good sense. Should an outage of food occur, wouldn't you want something available? Maybe not. Consider everything I say a "suggestion", not an order.

As for chelas being taken on ships, my original writings about this were based on a most different scenario than the one now being planned. If we had had a mass ascension of millions, the world would be a very different energy by now, and the appearance of the Galactic Federation would be accepted by man. Not having a mass ascension at this level deleted this contract, because the Federation cannot make itself available now. There's too much concealment about our existence, and media does not allow news of the kind we need, to get general acceptance of our craft as neutral friends. Activating a rescue operation has been canceled.

Awaiting death is not my recommendation either. Awaiting ascension is. Being awake, not caring whether the body leaves in an ascension or death, is an adept condition. An adept turns everything over to the divine Master (God), who will decide the way to delete Gaia of an energetic drain, and continue to evolve a new activation for her that will provide a more comfortable dream for man. Ongoing demands of angry men have controlled the total dream. We want to eliminate their mesmerization of humanity, and activate an energy that will allow the Federation to attend the exit ceremonies and bring man to new destinations before the Earth changes completely.

Many of those who can ascend can co-create (together) the cancelled delivery. All depends on man's commitment to: 1. his own awakening and 2. his brother's awakening.

Mother Earth needs help now, because the negativity being broadcast daily, on a non-stop basis, makes the continuity of her evolution more catastrophic than we had hoped it would be. More awakenings, more continuity. More awakenings, more open answers to the next days.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 115 - Make A Change NOW

<http://comptedesaintgermainsblog.blogspot.com/2010/09/make-change-now.html>

Thursday, September 23, 2010

My dear ones. More answers to your questions will be given in messages that are more about other things. Keep reading to find answers that are not addressed as such. Many questions takes this blog to a Q & A format, which is good, but does not allow different information to be offered. My choice is to include answers in other content. I am not overlooking any concerns. It is best to look over the most early messages, as they already contain answers to many of the latest questions.

False information abounds, not only from channels. Many internet sites contain material developed by controllers. One of them combines news with another kind of dense material - conceit. This conceit is not thinking you are better than others, it is thinking that heart news is developed by idiots, and more control of the news delivered makes man gasp and

disappear from attacking the deliverer. I am going to name this offender, because every devious controller needs to get caught. This one, called Fox News, is not a mass consciousness controller, like the others, this organization deletes man's ability to question, by the way it delivers news. Give up this station as a news resource, and find more character elsewhere. Making this change, in itself, can delete negative attitudes "against" the current regime, because of differing opinions.

President Obama has many controllers to deal with. Give him the attitude of compassion, for the controllers are involved in every major action. He doesn't have any freedom now, as a man, or as a leader. Presidents have always been controlled, and Mr. Cheney has been the most deceiving of all the draconian drivers of this group of active manipulators. In my previous blog about Mr. Chaney, I discussed his negative mastery.

In any country that is leading a new attitude, all of the manipulators show up, to be certain that their agenda is carried out. Now, this administration came to lead on the concept of altering most of these controllers' agendas. This was a big threat to the "death and control agenda" of man's current leaders on a global level. President Obama has more controllers in his office than any previous US president, because of his ability to make change, and his deep conviction about bettering life for man.

"No!" say the controllers, "More death and destruction must occur". "Build up Afghanistan, go to war with Iran, give North Korea cause to deliver their most destructive weapons." Fight and control are decisions that have been made at the top of the ladder of the Illuminati, and no one that wants to live more than a few years under their control, can give them a different answer than the answer they demand. President Obama has many of these leaders at his desk daily. Not to help, but to defeat all of his own goals for humanity.

God demonstrates the cramped, demonic nuances of the controllers, by delivering a new element to their control game: Masters who can give them exposure. Now, what to do about this control of all governments? Be Quiet! Yes, do nothing to attack. Sit quiet, and activate more and more light, to deliver a different dynamic. More light creates a different mass consciousness, and this new consciousness can remove attitudes against those humans who have the ability to change things. Clouds of antagonism towards President Obama, for not succeeding in delivering those new changes, need to be cleared. In the next days, many of his controllers can be distracted by the news of their desire: a lot of major disturbance in man's country called Iran. Iran can cause the change that frees President Obama from this control. Can you assist? Be quiet. Be deliverers of love and light. Give President Obama an ally in consciousness. Help him break free, and do what the man came into office to do.

My dear ones, these days are full of deception. What you can conjure up in the most devious of imaginations is actually occurring. Change must have a mass consciousness that hears the call of the divine. Your light makes a difference! Be the deliverer of light to mankind now! Give President Obama the courage to get tough, and deliver the goods he came to deliver.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 116 - Nothing Is The TRUTH

<http://comptedesaintgermainsblog.blogspot.com/2010/09/nothing-is-truth.html>

Friday, September 24, 2010

Clear the mind about my asking for assistance with the creation of books. When there's sufficient interest to do this, my contribution can be felt on a more complete contact with the world. Now, my limitations are the world's limitation. All contributions are greatly appreciated. Please, no more comments about how an awakened one attracts money. As nice as this would be, it is a totally inaccurate concept. All awakened ones, not those who only believe themselves to be awake, are not out in the world leading big workshops or authoring books that bring them speaking engagements. Only a few do this. Most give themselves the basic needs only, as they have no desire to continue their lives as money seekers. All cash comes to them by continuing their work in any chosen area, or doing the kind of things Aruna does: teach, coach and assist. None of these activities draws a lot of candidates without books being marketed, or teaching gatherings to attract money. No gatherings are being asked for on this blog, and no charges are made for these teachings. And the same applies to Aruna's coaching website, where she gives many teachings at no charge. No, my friends, criticize me, my teaching, or my ability to convince you that my direct guidance to you is more important than reading my channeled messages, but let's not continue discussions about the awakened condition, until an awakening occurs for you, and we can discuss this with equal experience.

My next topic is the Obama dilemma. As this man is more aware than many believe, what my dear ones ask of me cannot be answered directly, without informing his adversaries of his next commands. No doors are closed at this time, for new controls are always being laid out for him. The fact is, once again, there's a President that is not interested in being controlled, and a big coward can become more of a change agent than his mind believes. Change is about to occur in a new way. Control of this man continues, but the "last straw" is about to come. Confidence in the divine plan is needed. Meditate. Give him your courage. Give him his destiny card. Nowhere else can he get the courage to demand the change he called for. Choose to help and meditate. Can he be the leader needed now? Yes, not today, but a month or more of clearing the mass consciousness of negativity about him, can make the change happen.

Another topic: What is Truth? Nothing discussed in any channeled message, mine or others, or any concept told to you by a teacher, or any teaching in any book, can convey to you the absolute Truth. Only a direct experience of the divine awareness, that has created everything the mind accepts as concepts, can convince you that my choice of words is accurate, not Truth.

No words can tell you the Truth. No words can describe it. More than anything, my desire is to do this, but it cannot be done. You must discover this yourself. Then we can converse "about Truth". Isabela is not really asking for this conversation though. She is seeking understanding about the dream she can observe with her awareness, not the Truth as my awareness considers Truth to be. So, my dear ones, I will attempt to make a clear statement about the dream, and the controllers, and all the rest of duality: **None of this is the consciousness of awakened awareness.** All duality is the dream. In the dream, there is one source that creates many aspects of itself. In Truth, no concepts about a controller, aspects, or source, or even an aware consciousness called Saint Germain can be found. "No mind" means that no concepts are made and no one conceives of them. "Oneness" is the complete absence of man's observation, and labeling from of his mind's content, the things he observes. There is no, "that's pretty" or "not this", or "my money" or

"can I or can't I". None of this mental dialog continues following an awakening. **Only being fully present, without thoughts is Truth.** Being a vessel for divine grace is the Truth. All other activities (and thoughts) no longer lead the body's life. This is what an awakening does, it takes the duality of "mind or an awakened heart" out of the game of human experience. This is "transcendence" or, also called "consciousness".

Please don't get concerned about these sentences, as they are the only way I can answer the question: "What is Truth?" Not all will understand them, and Oneness is this, not a concept of any other description. So why would I contribute this to you now? To contemplate, for all of you can have this direct experience, and know this Truth now! Not tomorrow, not 2012, not ascending, NOW! Contemplate these words, and allow the mind to become confused. Ask for clarity. Ask for more understanding. Give the question to your own heart and be with the question. Convincing yourself that the answer is clear, is not the same as directly experiencing that answer. Give yourself the opportunity for this, and give up all concepts about duality. Consider nothing to be Truth, but the condition that exists without the mind.

When this discussion continues, let it begin with: "When can I have this experience? There's no cost involved in asking yourself this question. Non-aligned teachings cancel one's ability to go to the Awakened condition. Those telling you to consider yourself already enlightened, are missing the most important message of all: The "me" that considers the body to be any more than an illusion is not being a deliverer of Truth". All of the mental concepts that come to you are not Truth. My words about dark and light are not the Truth.

Yet, dark and light are what exists in the movie that makes one choose awakened awareness. Being able to do this depends on nothing material. Convicts in prison, with no material possessions, have a better chance of awakening than most of those who have managed to do a few things to live gracefully today. Being quiet provides more opportunities to awaken than acquiring material goods, power, or mental content. Being quiet allows the mind to go on vacation. Giving mind a vacation can deliver an awakening.

Izabela, don't think about dark and light, or disasters, or drama of any kind. Give yourself a vacation from thinking about the drama, and meditate during such disturbances. Call for I AM THAT I AM. Give the TRUTH to yourself.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 117 - Oneness Is My Only Message

<http://comptedesaintgermainsblog.blogspot.com/2010/09/oneness-is-my-only-message.html>

Saturday, September 25, 2010

My dear ones. My answers to questions must be general. All must benefit. No individual's personal questions can be discussed. Not to deny access to my advice, rather, to make the teachings more desirable for all readers. Please ask about matters that continue the flow of a message category, that will provide the most learning for all. Thank you.

My ability to guide you does not depend on your questions, or your comments. I open my

heart to all, including all who are not happy with my teachings. No one is going to be negative on this blog towards my channel, and no advice is to be delivered from one reader to another. My advice is the cause of this material; Aruna is not involved in any way, other than writing my words, typing them, and contributing my energy to all questions and comments, by reading them, and allowing me to decide the ones to delete. Only a few have been deleted: advice for others, and those with links to other websites. Mastery means: completely donating one's body for the divine creator to be in charge. My divine contact is possible on one condition only: being able to deliver through a vessel that can deny the ego and contain the frequency.

Pre-existing contracts are the cause of most content in the human experience. All contracts are decided by the contract maker, the one being readied to continue human life, and the guides being asked to assist the body to follow them, to see that the contract maker gets the lessons agreed upon. Most bodies have several guides at one time. As the lessons are co-created and completed, other guides come to lead that body through different lessons. Are there times when no guides are assisting? Yes, when a "dark night of the soul" is being experienced. There is no need for guides during these periods of "ego death". And, no guides are needed after awakening. Masters, those who are awake, need no help in deciding anything. They are able to decide their next step based on obvious occurrences. No concern about contracts continues after an awakening, because the original contract has been completed.

Why are these Masters making no effort to create their own future? Because nothing that happens matters to them. All that occurs is experienced without judgment or decisions being made by the mental body. Heart decides all things. More and more chelas are awakening, and their openness in human decisions comes from their own divine director, not guides. My work with an awakened, conscious being is not needed, only co-created by agreement. Masters are led by the divine director that is their own consciousness, because mind has been deleted as a mental controller.

My work, as an Ascended Master is to assist in Awakening from duality. The contract made with my chelas was to lead them to become Masters. My attitude towards this contract is: they accept my lead or they do not, our agreement ends with this choice on their end. My desire for them to awaken is their desire, or their decision not to complete their contract. Telling me to go away is their decision, and not a concern for me.

Mental choices are honored at the "co-creation awareness" level of consciousness. Creating one's own reality can be done at this level. After an awakening, the mind dissolves to a "no co-creating" level. God now manages all decisions, and there is no co-creator. When the awareness of a body is "no mind", everything that happens through that body is "God's will be done".

An awakened being has no identification with 3D duality, no concerns about life as a man or woman, or negative thinking. They have only love to give to all. There is no duality thinking that causes them to cringe about world events or contract into discouragement in crisis mode. Having no concern is not the same as not caring. They care deeply, as they are fully aware of the misinformed decision making and attitudes that are contributing negativity to the mass consciousness. No drama effects them on a consciousness level, but their bodies are just like all human bodies. There is no delivery of super powers that accompanies an awakening. An act of divine grace may appear as a magical creation, but no mental cause is the source of this creation. Magic is not an awakened attribute. Neither is money attraction. Only when an awakened one is called by divine choice to be a

contributor to books, or any other money making activity, is this done. Most awakened ones are content doing whatever the divine chooser elects, and that can be the least conspicuous appearance in this dimension, totally removed from material acquisition opportunities. Astral beings make magic to deliver their destructive advice, awakened ones are more conscious about making an impact like this.

In this context, Sai Baba usually appears in the mind of those who know about him. None of the magical things he does comes from awakened awareness. They are not mentally created. He is an Avatar, who is being used by the divine chooser to appear as an Avatar, to attract mental attention to his teaching. No astral beings are involved.

Tough questions come on this blog, and my congratulations go to the one who asked why I am teaching about duality when my consciousness does not include this. Perfect question! What appears to be duality is only Oneness. All aspects of Oneness are conceived of as duality by mental concepts about the activities and behaviors of what appears as a non-dual collective that makes up Oneness. As an ocean consists of many components, Oneness also consists of many components. All of these parts have a minor role in the totality. No part totally acts alone, all are intimately connected. As in an ocean, where each component appears to be individual, from the Oneness perspective, there is only one ocean. This is how the duality concept has been created, not as an opposite of Oneness, but as a divine play of Oneness consciousness. "Two" does not exist, everything that appears to exist individually, contains the same consciousness of only One creation.

Nothing is as it seems to the mind. Being clear that the mind is not the deliverer of Truth is the beginning of an awakening. Accepting mental thoughts as Truth defeats an awakening. Are you looking at me as separate from you? Than look again. Who I am is the same as who you are, no difference, no dual identity. One consciousness merely APPEARS as two identities that act individually, but they are all being directed by the same awareness. Converting the awareness of this drama, from duality to Oneness, is my goal - delivering Oneness to all who mistakenly believe there is two. Changing this belief makes more sense than changing the continents. Can we come together to delete this major alteration to Gaia from occurring? Not coming together as One is the cause of all the earth changes on every continent. Catastrophes awaken hearts, and they cause giving and caring. Is this really needed for Oneness consciousness to occur?

My dear ones. Consider how the continents can be in the loving environment that Oneness can create. No wars, no hate crimes, no terrorists, no exclusion because of dislikes, no causes of dis-ease. Create this with Oneness consciousness. God exists, not as a male caretaker or female deity, as consciousness. This divine consciousness is your life force. Can you accept that it is also the life force of all? Are you exempt from its delivery of anything? Not being in contraction is the next step in becoming One loving family. Can it happen? Consciousness can do anything the masses deliver. Are you a demonstration of Oneness? Are you wanting to be? What does it take for each aspect of divine consciousness to come together as One? Only giving up the mental attitudes of duality.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 118 - Answer To My Challengers

<http://comptedesaintgermainsblog.blogspot.com/2010/09/answer-to-my-challengers.html>

Sunday, September 26, 2010

Pacing this communication is needed, because understanding the concept of Oneness may not be easy for all that read this blog. Most readers do not accurately comprehend that the life you live, called duality, is actually part of Oneness. It is not the true reality, but the one that appears in mind's ability to observe. All that occurs in duality is an outer expression of what goes on in the mass consciousness. As this controls what the body is about to experience, closing the door to this condition cannot take anyone to an awakening. **Awakening occurs to a body.** All duality begins with concepts of mind. All of the duality concepts are the dark, and all of the caring, loving concepts are the light. All duality behavior comes from one's thinking. Oneness includes all of these thoughts, and all of these answers to your questions are from the loving aspect of the duality within Oneness.

All of the chelas reading this blog are now considered human. I address them as humans, but this is only their container, not their awareness. All awareness is One consciousness, as all dogs are dogs, but as each dog has a different appearance and personality, they appear to be quite different from each other. As man also has many appearances, he also is delivering different mental clarity levels, and different actions, as his contribution to the totality. Appearances are not the totality that can be declared the same. Essence is, consciousness is. All humans, dogs, cats, horses, and elephants have the same essence. Not the same awareness, nor the same abilities.

Containers differ, thinking differs. Clarity about awareness differs. Some can only relate to those differences. Others can accept that all are One, but don't clearly comprehend this message, as it is now a cliché. Assuming an understanding, is not the same as having a direct experience of this cliché, or actualizing all I am saying in full awareness. To be an awakened being, the differences between all beings cannot be ignored, any more than denying that there is duality going on in the world. Those who want me to deny this condition are not able to comprehend that only acknowledging this condition can lead to an awakening.

My consciousness is the same as all who are human. The difference that makes me a Master and my chelas the one's being guided, is that my awakened awareness deletes the concepts my chelas have about all things that are not in their field of consciousness, yet. No two humans think the same. Some are more giving than others. Some are not happy. Some are afraid. All of these different attitudes are contained in Oneness. One essence does not mean one common awareness. Awareness comes with deleting the arrogant mind's attitudes. Arrogance is a level of denial that eliminates one's ability to learn. Clarity only comes when the mind can claim, "I don't know."

None of my chelas are Ascended Masters. If they were, they would not be reading this message. An Ascended Master cares about all of creation, every component of the dream, is my heart's chela. No two, in conception, are alike, and my love for each is the same. This is Oneness consciousness. Can you say that? Yes? Great! Now we can talk about Truth. Until the death of ego, there will be no complete graduation from duality thinking. Only the death of ego assures Oneness consciousness. Kill the ego? No, we don't consider ego an adversary. Ego is the baby, who accepted all the things he was told, and doesn't care if they are accurate. He completely believes all he has assumed, and doesn't care that there is more to absorb. Ego is the less aware aspect of man's humanity. **Ego death only means: death of ignorance.**

Opening the mind is the attitude that allows an awakening. To be derogatory and arrogant, to the one teaching you about higher consciousness, only deletes your own ability to live with others. Oneness is about togetherness, not opposition. Not understanding? Good, ask questions. Not agreeing? Ask questions. Not liking? Go away. Attacking the messenger does nothing for anyone, especially those doing the attacking. No more attack messages are to be accepted. Give me the courtesy of being respected. Go away if you don't accept my chosen words or my way of leading to awakening. Stop challenging, and get the benefit of what can be gained.

Gathering negativity on a public forum is an adversarial, dominating direction, not Oneness in any context. Bring the mind to my messages in an open, learning way. Gain what can be gained. Allow all to gain what they can gain. Caring, being about love, is the answer to the little child called "me and my ego". Give love a chance.

No duality exists! All of humanity and all of human awareness contains the same consciousness. No two appear alike, and none dream the same dream. All are incarnated to learn about being their True nature, which is love. Oneness comes with giving, caring and sharing. Adversarial attitudes are duality in the mind of the one who denies Oneness. Be happy, be caring, give freely, love all. This is my message. It is all about Oneness, and no appearance of duality can delete this Truth. Practice meditation to learn what your True Nature feels like.

Now, why do I tell you to give to others? Because your attitude about money deletes your own ability to receive. Giving to those who give to you, is Oneness consciousness. Takers are the drain on God's abundance. Givers do more for abundance thinking than my words can convey. Open hearts are about giving, caring and acting out caring deeds.

Patience is needed. I'll answer your questions as quickly as I can, one day at a time.

Acting caring includes caring for the body that consciousness needs to function. Give yourself good care. Get healthy, get ready to feed yourself through a food shortage. Prepare for difficult days. Consciousness needs a body to deliver awareness to.

Blessings to all,

I AM THAT I AM

Ascended Master Saint Germain

Channeled by Aruna

Message 119 - Make Today A Gift

<http://comptedesaintgermainsblog.blogspot.com/2010/09/make-today-gift.html>

Monday, September 27, 2010

My dear ones. Oneness includes all opinions, attitudes, thoughts and misunderstandings. No human has an attitude that is not included in Oneness. Happiness is as consequential as depression in the mass consciousness. Both balance, and draw to manifestation the consequences of their contribution. Absolute freedom is available to all, to think the way they want. No opinion is less aware than any other opinion. ALL OPINIONS ARE FROM EGO, and are not absolute Truth. Any opinion of man's ego deletes his ability to awaken.

My calling now, is to clear non-aware consciousness. Considering that all opinions are

non-aware, claiming to be more aware than others has no value. No ego is aware - all are opinion deliverers. My teachings are about awakening, which dissolves all opinions. Opinions are not being delivered on this blog. No anger is being delivered either, and there are no contradictions. As you are all now aware, my decision to not accept opinions, or advice, cancels the opportunity for those who want to discredit me or my channel, from doing so. Non-aligned attitudes do not continue here. Not because of "my ego", because this is not an accurate charge against an Ascended Master, but due to an arrogance that does not belong in this contact with me. Please accept my apologies if you feel attacked. No attack of any kind has been contributed here, or is being disqualified, only arrogance.

Now, my preference is to move on to the important things we are here to discuss, like awakening, and living a life that leads to more awareness. My comments about arrogance are over.

Today's message is for those who are concerned about having their friends and family accept these consciousness messages or their content. No man or woman has the responsibility of leading others to ascension. This must come from within each co-creator of the ascension path. Often, groups of loving friends do not choose the same path to awakening. Their path will be the next obvious step when it appears. Be the one who opens doors, but do not attempt to teach these messages or act as though they are the only way to awareness. This is not the Truth. Many Masters are able to direct chelas to their chosen destiny. My way is only one of them.

Freedom of choice also applies to those we desire to agree with us. None of you are being called by me to become consciousness guides of others. Only telling about your continued interest is sufficient. Those who are being called to another Master will not look at my teachings. Fine, my request is: there be no control put on anyone. What you are being given on this blog is only for those who are benefiting from it. Come by choice. Take what feels good, and contemplate the rest. There is no dictator here, only a caring contributor to the next level of awareness.

Are you going to lead an ascension group with guidance in future days? Only those who can channel can open doors for others who cannot. Are you able to get direct messages from your own guides? Yes? Good, give them the opportunity to make contact regularly. No? Then learn to channel now. Get ready to listen to the guidance from your heart with aware, mental clarity. Some of your uninterested friends may need your assistance when the days of darkness appear. There will be no control to be given then either, but drama may draw them to the conscious choice of ascension. All will be perfect! Let them come aboard when the time is right.

Meditation is the only way to awaken. No meditation means there can be no clarity about the difference between God's voice and ego. Stillness is needed to know the divine essence that you are. A dictator does not direct people to meditate. They don't want their controlled minds to get quiet and find their own inner voice so it can lead. Only a Master would guide you to do this. Why won't you meditate? Because the mental controller, ego, doesn't want this to occur. Being quiet allows the heart to be more aligned with the mind. When this alignment occurs, no disturbance can cause one who meditates to fall apart, and conduits for aware teachings can become even more aware. Please meditate daily. Force yourself to do it. Set a clock to give you adequate time, and call in the Angels to assist, if there is much calming to be done. Angels are around, answering these calls. No call is not answered.

Peace within begins with meditation. All the mental awareness, conveyed in any form, is not adequate for activating an awakening. New teachings about co-creation of money are distractions. Give yourself the greatest abundance of all - awakened awareness, the key to happiness.

My blog is for all. No two think alike, and my answers attempt to reach all levels of understanding. This has been effective for many generations of consciousness raising. Now, drama creators have appeared, and they are attempting to lead the way to controller dominated attitudes. My choice to discard comments of this kind does not mean that all who are doing this are doing it with malice. When an energy of negativity appears in your awareness, all you can do is give it an honest response. Choice can determine that the less desirable option be discarded, or not. I welcome all comments that come from a "help me" attitude. All that are giving me advice are not coming from an attitude of divine awareness.

"Never give advice" is the most important lesson anyone can learn as a general map to Oneness. I give advice from divine awareness, and do not demand it be accepted. Only those who are awakened can advise accurately. Observing the guidelines posted on this blog for comments can be a way to learn how to contribute, as opposed to disturbing this contact for those who are not coming here for advice from an ego.

All are chelas of mine. All are loved as divine beings. All are treated with respect. My request is: all of you be the next leaders of awareness as caring, generous beings. Have no more distrust of the heart led actions coming to you from the divine. Check to see if the one offering guidance is the Christ consciousness. All who are not must leave.

Trust your own heart. Give from the heart. Give time, love, confidence, awareness, leadership and answers to others that are accurate. Give to yourself. Give all of these things to your domain also, not only to the ones you desire to be approved by. Give to the man who has become lost. He can give more to the world than he knows.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 120 - Physical Changes For Ascension

<http://comptedesaintgermainsblog.blogspot.com/2010/09/physical-changes-for-ascension.html>

Tuesday, September 28, 2010

Many channelings have my name, and only a few of them have my consciousness. Masters are not telling anyone that candidates for ascension can eliminate their need to address their contractions. All channelings, that refer to physical changes being done to man by ETs, are not coming from Ascended Master consciousness. ETs are not a cohesive group of loving beings at all. Many of them are aligned with negative attitudes and condescending opinions about Gaia's citizens. All are concerned about man's nuclear machines. Mr. Nidle's channelings are not from Christ consciousness. Many of his contacts are androids, with negative attitudes, who desire death to humans. His messages appear loving, but disregard most of the loving things that humans need to know: like being clear about their own mental ability to discern the material being delivered to them.

No ETs are engineering change to human bodies for the purpose of ascension. **Man must change himself!** Characters of all kinds have made a game of delivering android consciousness to humans. SaLuSa is one of them. No DNA changes are taking place. No special gifts are being activated. No cancellation of man's need to do his own inner work for ascension is being delivered. Mr. Nidle has no idea who those androids are. Christ consciousness is not delivering any of these messages. Those who channel **MUST** (as a matter of course) be clear about who is, and who is not, acceptable as an active deliverer of communicated material.

Pretend that you were an ET, looking at man on Gaia as a fool. Can you completely deny a desire to trespass on the code of conduct asked of you? Only those who are controlled by other collective attitudes are contacting man now. Their attitudes are not Christ consciousness. Many are being drug controlled by their advisors. Chase them away. Ignore any who cannot contact an anchor of light with the answer, I AM THAT I AM.

My next comments are going to anger and disappoint, as the entire NESARA nonsense must go away. I never communicated a message about this contradiction to all of the things NESARA was about. No lightworker groups have ever been designated on the list of candidates to get money from this program. Farmers who were displaced from their land were to be compensated. Controllers have led the delusion of this money contraction, using the names of many of my colleagues and myself. New Age conduits are being used for many deceitful, managed demonstrations of this nature, to destroy man's ability to overturn their control. Please, allow me to give accurate details about controllers and their games without getting disturbed. Nothing being done can destroy the ability of your own I AM Presence to deliver you to ascension.

Now, lets look at the attitudes needed to ascend:

- More consciousness about the drama that has been corrupting human desire into human greed.
- Give the love that you desire for yourself.
- Give the heart energy that "making a difference" provides.
- Give awareness.
- Give childlike curiosity.
- Give more of the help that can allow the group you are part of to thrive.
- Face the conflicts in your life.
- Let no dismay, over the decent of man's control over his world, disturb your mind.
- Practice all the love and light asked of you.
- Cancel your manifestation goals, and change your call to I AM THAT I AM.
- Ask only that God's will be done.

Some of the dear ones are being called upon to demonstrate the food dilemma solution. When food cannot be delivered, all of those who can accept breatharianism can do this with mind control. All are not able, and many are going to need to leave the body instead. One of these days, many of those who can adapt to no appetite are going to be called upon to do this. Some can, and they will give others the demonstration of the complex contraction needed to do this. It is not needed by those who are not attached to a condition of choice, as the divine will lead in all things like this.

Awakening is an answer to all of these events. Not because it eliminates the desire for money or eating, but because the needs of the body no longer dominate man's consciousness. Mental attitudes disappear. **Mind cannot comprehend the awakened condition.** Man's development has been controlled by the news of the world. Awakening

from all of today's mental delusions means giving up mind's creations about his mortality and his needs. Freedom from android information can open many doors of understanding.

Practicing meditation daily, deletion of arrogance, control of all contact with other realms, elimination of negativity, happiness, and creative contribution, are all awakening opportunities. Free the mind and actively give the heart more attention. False deceivers, with anti-Christ mentality, can be dismissed with less disturbance. My name is not my being. Neither is yours. Be the divine awareness that lives and breathes through the body. Cast aside all delusions.

Centuries of New Age entries about health and healing are more than your doctors can deliver. Give yourself this news, and delete the disturbing mentality of those negative deceivers. Play music, dance, let music clear the active mind of disturbance. Face the music in all the dismays of your life. Give them courage, and answers that heal. Free all contractions and allow the I AM Presence to lead in all things. Practice being natural, without control over your mental attitudes. Acknowledge negative thoughts, and consider them useless. Give them no energy. Acknowledge loving thoughts, and act out their loving dramas. Grace comes to all that can accept God's love.

Chances are, there will be drama coming soon, regarding money. My messages have addressed this numerous times. Get ready for this now. Take the time to read my comments on money, and follow along their links.

Compliments to all who are asking questions that are for the higher consciousness of all. Blessings.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 121 - Calling It Like It Is

<http://comptedesaintgermainsblog.blogspot.com/2010/09/calling-it-like-it-is.html>

Wednesday, September 29, 2010

Channeled material is not to be dismantled here. My choice to discuss the ETs was to give you a cause to check the message, and the messenger, before believing the words given. Most ETs are not as caring as many believe, and absolute acceptance of them, on any condition, cannot be the answer to the days to come. Most ETs are not concerned about Gaia, they are concerned about their own galaxy because of Gaia's technology.

Choosing a channel and accepting the material delivered can be a very tricky choice to make. Many channels do not realize they are not channeling loving energies. Others are not able to act the way the channeling needs from them to keep clear contact. Age and diet are not what I am speaking of. Is the channel an example of the teachings? If not, controllers are meddling with human development. Channels who do not act as their messages ask, do not have the attitude necessary for Christ consciousness to merge with them. Pure and simple, all of our channels must advance in consciousness, to convey a model of the teachings, or we don't channel through them. Are they accepting of all that is? Are they giving and caring? Are they humble? Can they donate their time for all of humanity? Are they delightful to be around? Are they afraid of Masters that are forceful? Making a difference for mankind has two requirements: an open heart and loving, caring

mental attitudes. Are these apparent?

Now, the material asked about is very good to question, and my choice is to discuss this instead of those named as deliverers of this material. Preparing for the days to come has not been adequately emphasized by any channels. Mainly because the dross of man's controllers, who are directing the game on Gaia, are not quite able to deliver all of their control today. Many of their activities are being exposed, and changes are now being considered. Never before has mankind been as controlled. All the new regulations that are now in place, allow anyone to be a target of deletion. All of the major governments can dramatize this on a moment's notice. Closing doors to man's available assets for living can be done momentarily, stopping delivery of anything necessary. All the governments are giving this another name than what it actually is.

President Obama, and all the major leaders on Gaia, are not the deciders. Most of them are not notified of their lack of control until after they are elected. Children are great allies of controllers, the cause of choices being in their advisory capacity. All the children of world leaders are threatened. Being able to control requires the ability to detach, but detaching from children cannot be easily done. Man is not made that way. Can a leader convince himself, or herself, to do the things their heart calls for? Once the dross can be defied, the fear disappears. Now is the time for this to occur. If it does, history can be different. If it does not, having food stored is advisable. Playing with your food supply is one way to completely take over control of the world. Products that can be stored are not going to be plentiful, so get going now to advance your ability to be adequately prepared.

Contrary to many channeled messages, no contact with man's deliverers to other galaxies can occur. Not because of God's dream for this being canceled, but due to the major differences between atmospheres and conditions on different matrix' of materialization. None are the same, or even nearly the same, as Gaia. Changing Gaia's citizens to be able to adapt has been considered, and discarded, because of consciousness differences. All of the other modes of being are not compatible with man's disrespectful way of moving around nature, and giving no mind to how others are affected by man's disrespect.

Are more disasters coming? Yes. Are causes of death coming? Yes. Are the humans on Gaia going to be having a new destiny on Gaia? Yes. Can they transition into a Golden Age directly? No. Many of those living on Gaia now will come out of this disaster with memory, and desire to create the Golden Age. They are the ones who will experience this during another incarnation. Others can ascend and continue another creative drama on Gaia during this period.

My dear ones. Gaia needs time to heal. All the damage of man's neglect of nature has taken its toll. All the elements need to be changed now. Can this be done without destruction? Only with a different mass consciousness. Awakening now, can deliver this consciousness. My dream is for this to occur. Hence, my new approach to leading chelas to an awakening. Caring about this means more to man's future than any other change currently being made. Awakening brings Christ consciousness to Gaia. Awakening the Christ consciousness in many humans could obliterate the controllers agenda, change all the attitudes of destruction, and give new life to nature. This could deliver a Golden Age without a mass destruction occurring. Can you care enough about this happening, to let go of your disturbed mental condition about death and dying, to allow the ego to dissolve? No death need occur to Gaia for many more centuries. The controllers are designing a new way to live without consciousness on Gaia, and that is why destruction has been conceived, to counter this design. Mankind still can turn this around.

Are the channeled claims about a Golden Age, changing human bodies for ascension, moving into the photon belt, and an Ice Age accurate? No. All can do the lesser quantities of change that my dear ones can alter. Nothing like this can happen with your awakening, as awakened awareness anchors new consciousness on Gaia. This new consciousness can alter all continents as a group of conduits for divine grace, or mass ascension can occur, to give Gaia the needed time to heal. Both are possible. None of the difficult scenarios need to occur. Food storage? Yes, maybe this won't be needed, but better to be ready, should it be.

Any questions about my comments today cannot be answered as absolutes, because these are all options, not anything being designed. All depends on man. No Ice Age is coming. No solar storms are coming. A polar shift has already come and another can occur. Current control deletes all advanced conditions. A Golden Age comes MUCH LATER. Even with no disasters, many years of development are needed before a Golden Age can commence.

Now, I've given answers to a few questions and can answer more in other channelings. Many details are already available in my Master Messages. Can we give more attention to Awakening? All of these things are distractions. An awakening can continue an advanced civilization on Gaia and a Golden Age can occur. Otherwise, none of you will be delivered to this Golden Age in current awareness. A Golden Age includes Awakened awareness.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

The Master Messages are available [here](#).

Message 122 - The ET Controversy

<http://comptedesaintgermainsblog.blogspot.com/2010/09/et-controversy.html>

Thursday, September 30, 2010

My dear ones. Today's message will clarify my comments about ETs. No disrespect was given to the beings named, merely letting you know that their messages are not to be accepted as facts. Most ETs do not understand that the belief in materialization they have delivered, cannot be concluded. Most do not care. They are making up little scenarios about landings, and abundance, and continued life as equal conveyors of only love, as a new reality. In actuality, all of this is fantasy, created to deceive man about the details of what is now occurring. Truth may not be so comforting, and details about destruction of man's habitat are not the things anyone wants to know. However, unless dreamers of the fantasy, awaken to the goal of actualizing another mass consciousness NOW, no continuation of life on Gaia can be delivered.

My dear ones, my question to you is, "Are you open to candid disclosure or not?" Many of you are deluded about the cause and effect actuality of the negative destruction that has degraded your home, more than any energy deliverer can instantly overturn. No healing of the natural cause of these things is about to occur, before an ascension can occur. Ascension cancels the need for any other intervention, as many of those who are able to accept a deliverer will be gone. And, many of those who are not gone are going to be afraid of non-human entities controlling them. Can an ET group control man as the

controllers are doing? Absolutely. They are not the conveyors of all they are mentioning, and this means they are not Christ consciousness. Christ consciousness means: only light. Choose their death guarantees over my warnings, and you will get a most disturbing, gradual move into negative attitudes when your high expectations are not materialized.

Man has a limited amount of time to overturn the negativity in mass consciousness and create an ascension. Taking no action towards this, cancels all of man's dreams. Are you only waiting for a group of aliens to deliver a new reality? Then you are not going to cause any more light in consciousness for humanity, because this shift in consciousness needs your attention NOW.

My intention is to deliver Truth. All the lies are being exposed, including the lies of channeled androids. Can you accept this? No? Why? Can you already be deceived to the point where you deny everything that doesn't agree with their brainwashing? Call me dark, call me negative, but consider my messages a contact that has come to deliver more Truth.

No ETs will deliver anything they are leading you on with. No ETs are all light. Many are very deceptive and convey lies because they are laughing at you.

NESARA cannot cause money delivery to man now. Can't you accept that all the money control cancels this? No bank is going to dole out money on the contracts being promised. No government is going to deliver anything to a group of chelas of deceivers. No controller is going to mastermind a collapse of man's answer to life sustenance, and then deliver great amounts of money out of their coffers. Are you going to live in delusion, or can you get back to reality? Give me an opportunity to lead you to ascension. Give all the deceivers no attention.

How do you recognize a deceiver? Are they giving you guidance to learn to channel your own Higher Self? No? Why not? Are they promising magical things? Are they delivering advice about new comforts and great wealth? Are they making you feel special? These are my adversaries. These are the leaders of confusion about your contracts to ascend.

Make no mistake, my goal is love. No other teacher would deliver news that makes you cringe or consider his messages negative. My goal is to expose these divisive androids and any other non-caring beings who are creating deceit and deception. Chelas of mine must be clear and aware, not convinced of untrue comments, from beings of other dimensions, who are not awakened, caring, or active about ascension preparation.

Graduation is around the corner. Can you get through the final exams?

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 123 - Be Clear

<http://comptedesaintgermainsblog.blogspot.com/2010/10/be-clear.html>

Friday, October 1, 2010

Control of man's mind is how the controllers contribute to your negative attitudes. There are many candidates for mind control: all those who are not able to get inner guidance.

Man has been given many gifts, one of them is inner decision making capabilities. Canceling this ability cancels freedom.

Giving man drugs of all kinds, begins the collapse of most awareness abilities. Adding drugs to meals cancels digestive ability. Chemicals also cause physical deterioration, and giving drugs to the animals being consumed, delivers the cause of another major disease opportunity. Politics of disaster are the norm.

Once his mind is controlled, man has no clear direction on a daily basis. Answers about diet, meditation, and exercise do not naturally occur. "Dumbing down" humans, as a way to demonstrate control, has been accomplished. Many calls for breaking free of this has made none of the big concerns cancel these activities. Poisons abound on Gaia. Making them your "daily bread" has a price.

Consuming diets containing drugs cancels your ability to clear out debris, and this toxic condition can deteriorate the brain. Companies like Monsanto are controlling the bodies of most humans. Cancer is delivered by companies that alter food, so that the consumer's diet destroys their health. GMOs are reducing the supply of food that contains needed nutrients. Choices are now controlled, as non-GMO production is being reduced. Pure foods are needed to be healthy. This situation is the cause of man's mental drain, as well as his physical deterioration. Can this continue? Yes, to the death of man's contribution to any country or area of expertise.

Choosing food and acting consciously before dying can mean the difference between death and ascension. Ascension demands a clear awareness. Claims of a mass ascension for all are FALSE! Being able to ascend cannot be the creation of man's controllers. No controller can deliver man to ascension, man must deliver himself. All the dictations about one energy causing the awakening of another are also not accurate. No awakening or ascension overrides another's density. All are One. If Mother Earth was going to ascend, all of her inhabitants would also be ascending, but only because they were ready, and at cause of the mass ascension. Mother Earth needs freedom, freedom from mass destruction.

Consciousness has two components: mastery and ignorance. Ignorance of cosmic consciousness deletes mastery. Controllers do not have a consciousness that allows them to care. Caring can create all of the dreams on man's contract agenda, control of any kind deletes them. Mass consciousness now has more control causation than caring. Cancer of the mind has demanded the desecration of man. Can anything turn this around? Yes, by clearing the minds and opening the hearts of the millions who are asleep.

How to do this? Begin with yourself. Add no grain or other food to the body that has GMO construction. Add no chemicals to a garden of active nutrients. Choose food that contains no medication or multiple ingredients of the controllers' chemicals. Make all chemicals a distant memory. You must clear your mental capability before the mind can comprehend how dis-ease has managed all of the controllers agendas.

Can apathy continue an emergence of consciousness? No, only mental clarity can. Put yourself in God's hands, instead of the controllers. Begin by clearing the body/mind as a daily routine. Give hope to humanity by refusing to be controlled. Add clean, whole foods to your diet. Drink mostly water. Meat can be given to the body when it has been raised grass fed, without antibiotics in the animal's diet. Keep the diet natural. Sense the new awareness that comes to the mind when your diet contains no chemicals. Be alert, be

aware, be conscious. Give the controllers a "NO" to their control of your mental abilities. Hope will get nothing done to change things. Action can! Change yourself, change the altering of mental attitudes by diet alteration. Eat clean, be clear, give more to mass consciousness than apathy.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 124 - Mastery and Control

<http://comptedesaintgermainsblog.blogspot.com/2010/10/mastery-and-control.html>

Saturday, October 2, 2010

Many Masters are channeling today. Masters are all giving the message to contact the inner Master. Only these channelings are an aid to humans. No other advice is needed. Giving your Master within the call to awaken, changes all disturbances into calm. All controllers cannot be deleted from outside the body, but they can be deleted on the inside. Contact with the body's Master within cancels any controller's ability to affect decision making.

Contracts of a complete lifetime are now needing to be attended to. Giving the lead of the Master within, to details concerning the challenges being faced, can complete these contracts easily. Healing all disturbances must be done. Giving them attention, causes the details that need attention, to be revealed. False guidance from any other means can only delay your ascension. Practice turning to the Master within in every conscious moment that an answer is desired.

Eating is one time to give awareness to any distress being felt, when the food isn't giving a most delightful feeling in the body. All the healing needed for one digestive mistake can be canceled. Contact the Master within once a day for night time activities. Going to bed at a certain, controlled time, may need to be altered because of new details needing attention. Channeling, for example, may need to be done after all neighbors are asleep. Consider the new options the inner Master details, because this can make your life better.

Mesmerization by controllers cannot continue. All must become more aware. Controllers have contained their agenda to food, air and other dietary additives, because they have gotten away with this. Not accepting this can be a major overturn of their control.

Consider the fact that more medicine has been given out for conditions that don't need medicine, than ever before. Many are addicted to drugs they don't need. Heroin and cocaine are not as lethal as many of the drugs given to all that are given antibiotics for one little cut or cold. Medicine destroys a body's ability to self-correct. No further acceptance of a doctor's prescription need be done. Ask instead, for alternative options to handle a condition. Try alternative medical advisers and angels who heal with new treatments that do not call for drugs. Care for the body with love.

Failure to accept drugs cannot deter the controllers from any other means of deleting your mental abilities, so check for chemicals in everything. Clothes, accessories, household goods, etc., all contain chemicals. Wash things before use if you can. Change the dishwashing liquid to less toxic materials, buy biodegradable cleaning supplies. Green consciousness must be given attention. False advertisements deny the toxicity of

chemicals. Be aware. Check within for guidance on things being considered for purchase. Handle the things before buying them and ask yourself, "How does this feel?" Can an answer of "no" or "yes" be tested by kinesiology? "No" does not feel the same as "yes" in the pit of your stomach. Seek the answers on a continuous basis.

After the crash of money in the US, other areas will also be affected because their economies are very entwined with the US economy. Have any of you considered making a new choice of home in another area? Now, I am not telling you to move, but should the inner guidance be this message, will you do it? Some may need to. Feel the news that comes from all sources in your body. Ask for the truth about what has been delivered. Free yourself from controller content with a new awareness. Give all teachings the leadership advice of the Master within. Change the controllers game NOW, and don't accept their nonsense again.

NESARA is a perfect example of a non-truth becoming a cause of disappointment to many. Such concepts that cause disappointment and suffering are their game, not a delightful concept that only the light can deliver. Many who have been fed inaccurate details about future money gifts are going to be very distraught if they don't come through. You being distraught makes the controllers happy. It is their most manipulative intention, because disturbed and chemically toxic people don't deliver any disturbance over their newest controls.

Their contact with mankind comes through many delivery systems. Mainstream news is the first. Newspapers and TV are the very worst. Next is comic books and computer games. Control of your mind can be the goal of the game. Next is the most devious, and that is channeled material for those gullible souls who cannot think for themselves, to determine how valid the content is. Most think, "I'm channeling, so I must be getting good content because my heart tells me this is accurate." Give yourself another measuring tool. Begin with knowledge, because deceptive channeling comes with a most seducing approach. Nothing said should be accepted until it is tested. My recommendation is to compare it with a clear channel's material. How do you know who is clear? As the Master within to give you a sign.

Practicing channeling can be done with those who are savvy about the questions to ask any entity that can convey their consciousness. Be wary of all that assure you of their accuracy. Big clue - they aren't! Only trust those who teach you to go within to check whether this guidance is for any benefit to your life, and how you can benefit. Telling you to accept anything they deliver is not a channeled message that will lead you to the highest light of anything. Free yourself from any control of the mind by learning the ability to check for yourself on all content you read or see. Nothing dark tells you their agenda. All say they are light. Your divine nature always can tell the difference. Be aware, be careful, and be delivered to the mental clarity needed to ascend.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 125 - Mastery From Challenging Circumstances

<http://comptedesaintgermainblog.blogspot.com/2010/10/mastery-from-challenging-circumstances.html>

Sunday, October 3, 2010

My dear ones. Can my chelas give me the attitude of Mastery, now that their dreams of money have been dismissed? Can they believe in a God that has not delivered all of their desires? Mastery is not about manifesting! Mastery has the distinction of creating nothing by the personality's direction. A Master controls no material world conditions. When Masters appear to be demonstrating material actualization of their next degree in awareness, none of these conditions came from their actions. Most Masters do not even mention their consciousness in conversation. Only one who has fully awakened can determine an actual Master.

Beliefs of all kinds abound about Mastery. Today, my chelas are to be led to Mastery by one simple clue: Be completely natural! Give this the most credence, as any energy expended towards being how mind dictates, deletes Mastery.

Meditate, contact Christ consciousness by decreeing I AM THAT I AM. Rest the body on a day when it is not feeling in good health. Give healing to all of the body's needs by making healing sounds: OM, ME, HE, DO, NA, and KI. Use these names of God as the mental attention is on an area calling for it. NU can also be mimed if not getting the needed changes. Doing chanting of the names of God can deliver healing to all mental and physical causes of distress.

Now, my question for discussion today, is the non-aligned deceivers, of any given man's own country, that can be God's tools of darkness. Calling them "deceiver" is just to separate their demands out of the mass consciousness attitude of "evil". All men are divine. Some of them are not aware of their divinity, and close the door to any answer to their demands for love. Actions are appearances of their mental consciousness, not their divine consciousness. Crass attitudes against one's fellow man delivers Mastery opportunities to those receiving such treatment. How? By the least understood contradiction that leads to awareness: being quiet during a quite disturbing circumstance, develops man's ability to deliver himself to his own divine awareness. The more this occurs, the more divine one becomes! Silence, in the face of negativity, cancels any collusion in negativity.

Practice this now. What the controllers want is your negative attitudes, so they can call you a terrorist and haul you away. Give them only silence; no conversation, no anger, no messages about the delivery of a different attitude. Quiet, non-response will do the most for the situation. This also applies to the controller that leads all of your own decisions. Ignore all calls to defend yourself. Ignore all feelings that appear. Be an answer to their attack energy with no attack energy. Be natural. Be neutral. Give them happy, neutral presence, without fear. Practice this all the time. Allow the dark to deliver any of its contact, without any contraction in you. Give them your compassion.

Being a Master gives a message of more impact than being a mad, defensive coward. Giving no reaction is giving help to all of mankind. Heal all your own negative impulses by giving them compassion too. Answer an adversary with happy attitudes and no more disturbance can be made. As far as the action on their part is concerned, no one can control any one's behavior. All you can do is engage an adversary in loving acts of kindness, to throw them out of their comfort zone. Give to all the grace of divine awareness. No man can destroy an angel.

All my advice is for the benefit of an audience of different countries and different circumstances. No one country is an Island. One country's circumstances are only a

collection of those contradictions of others. In countries that my words are not all applicable, do what can be done. Meditate as much as you can, and add more consciousness of the divine to the darkness. Pour your love onto all that need healing or courage. Be a deliverer of consciousness, as an attitude of contentment can do more than an attitude of disturbance. Free yourself from disdain, and make more love on the planet. You are where that love is most needed.

Feed yourself the best you can. Bless the food that comes to you. Add a gift of grace to all the natural growth made available, and don't give a negative thought to the disruptive food. Collect food for difficult times from any materialization that comes from heart love donations. Give yourself an opportunity to receive them. Many countries can give the poor assistance. If yours does, accept it. If yours cannot, meditate and give gratitude for what is available. Giving the gratitude attracts more to you.

Ponder this: difficulties are the most helpful gifts of higher awareness. They challenge the body with an attention getting direction towards the need of divine assistance. Being content adds to that grace.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 126 - Introduction to the Masters and Mankind Blog

<http://mastersandmankind.blogspot.com/2010/10/introduction-to-this-blog.html>

Sunday, October 3, 2010

Greetings. My name is Archangel Michael.

This message board will serve as a new concept in communication between man and his mentors in higher dimensions. Twelve Angels and Masters are going to participate. They will deliver messages that are short and to the point, i.e. "No transport of men to other planets will occur". Each one of these messages can deliver many challenges to the mind. No elaboration will be given. No discussion will occur, only one message at a time, just like you would receive an inspiration in a quiet moment. Write them down, like a note for the day. Act as though they will be a new day's direction for action. Posts will occur daily.

Here's today's comment to concentrate on for the next 24 hours:

"Make an agreement with God to be as neutral as you can towards every man, woman and child in his matrix of materialization".

That's it. Make this your thought for the day. Tomorrow, another Master will make a new day's comment for absorbing into your consciousness. Give these messages your collective attention. Follow their instruction. Answer the door of your heart to the depths necessary to ascend. Believe in them only if you are able.

I AM the Archangel Michael
Channeled by Aruna

Message 127 - Meditate Like a Master

<http://comptedesaintgermainblog.blogspot.com/2010/10/meditate-like-master.html>

Monday, October 4, 2010

Chelas, can my call awaken the child within, that needs more hope? Many of the comments I have made are causing disturbance, because there has been no alternative, cause and effect scenario presented, that appears to replace the attitude for: "Next, all of my dreams will come true." What actually comes next is not what most New Agers are willing to consider as their destiny. Now, my beloveds, my call is for you to ascend as a Master, that moves out of darkness into another consciousness, as an anchor of light on this dimensions' activities. Anchoring, as a career, can give you that deep contact with your human ability to lead the New Age of awareness that comes into being with an ascension. Anchoring light begins with opening of the heart, and the caring that comes forth with that opening. One of the best leadership activities you can do, is to learn about our arena of activities, to free you from distrust, so that confidence can develop. My call to man will continue as guidance for the New Earth's actual development. Control of man's dreaming has distorted the facts. Now, more facts are to be delivered. Calm minds must be available to assimilate these details.

Calm and clear minds begin with meditation. Most New Agers do not understand meditation. Not only is it a moment to get answers to daily questions, or make mental decisions, or access an answer to your desires, it is much more than that. To go beyond the first level of meditation benefits, no mental energy contained in meditation can be accepted. All thoughts must be deleted. Meditation can calm the mind, and a calm mind is the actual goal, not doing creative visualization or getting messages. **When the mind quiets, consciousness increases.**

Doing business during meditation is not calming. What does the mind do after meditation? Appears again, the moment meditation ends. False, negative thoughts immediately give that meditation little value. The most effective way to meditate is to completely detach the consciousness of the Higher Self from the mental body. Continued use of the mind in meditation completely defeats this.

Positive attitudes can go away in an instant for those that are mental, always allowing mind to defeat their conscious, divine awareness. But those who delete the mind with meditation, have more awareness throughout their days, because mind gets a little holiday in meditation. Absence of mental activity in meditation allows your Higher Self to be aware, more of the time. Clearing the mind during one or two conscious moments, becomes much easier when meditation is done often.

Coming into 5th dimension consciousness has more to do with meditation than material being fed to the mind. Breathing into the belly, and not releasing it instantly, helps to activate more continuous development of the heart and mind connection. Flow of consciousness can be co-created with new breath configurations. Today's teaching is just the beginning of leading you into 5th dimension consciousness.

Meditate, quiet the mind. Begin this act of leadership with no delay. Lead yourself out of the delusion the mind has created, into the divine awareness the Higher Self is now mandating for you. Be still and know, that who you are is divine.

I AM THAT I AM

Ascended Master Saint Germain

Channeled by Aruna

Message 128 - Special Announcement

<http://comptedesaintgermainsblog.blogspot.com/2010/10/special-announcement.html>

Monday, October 4, 2010

Chelas, my next course for healing has begun. With twelve messengers contributing, many offerings for the healing of hearts will be available. Are my chelas willing to advance in awareness? Can you accept that these messages are only from Christ consciousness? Please go to the new addition to my messages for a daily healing tool. Click on this link, then bookmark it, or get a subscription to have it delivered directly to your email each day.
<http://mastersandmankind.blogspot.com>

I AM THAT I AM

Ascended Master Saint Germain

Channeled by Aruna

Message 129 - Lady Master Portia says . . .

<http://mastersandmankind.blogspot.com/2010/10/lady-master-portia-says.html>

Monday, October 4, 2010

Holy attributes are:

- Actions and thoughts of love
- Meditating
- Creativity
- Calm, clear attention to God's messages
- Radiating light

May calm, clear attention to this message, activate more of your light.

Always at your service,

I AM Lady Master Portia

Message 130 - Mastery Can Change All

<http://comptedesaintgermainsblog.blogspot.com/2010/10/mastery-can-change-all.html>

Tuesday, October 5, 2010

Change contributes to new awareness. All change can do this, regardless of the details. Those who are preaching about creating a new dimension in consciousness, must answer the question, "How?" Change comes naturally, as a consequence of man's dreams and desires. One man's desire adds more to an energy of change than tangible displays of activity towards another goal that is not truly man's desire. For example: Angels come when man desires, because they deem his desire a holy decree. Nothing he does to cause the fulfillment of that desire can make it occur without the assistance of Angels. When man does something in the matrix of materialization that is not a call from within, his Angels do not assist in that project. Heart directed action, has more control afforded it, then head directed action. Making decisions that are not aligned with the heart can create change

that is not desirable. Can you only do the things your heart directs? No? Why not? Can the direction of your life get some new energy towards the Mastery of life? If not, another major consequence must develop to make this occur. Contact with dreamers on another dimension, has created negative conditions for those who accepted their fantasy details. Now we must regain the momentum lost to their disturbance.

Creativity must be kindled with new attitudes about giving and living. No other dream can deliver 5th dimension consciousness. Only being open, and active, doing what can be done, can deliver this new awareness. Sufficient desire for this new awareness, is not reaching this dimension, to get you the lessons that are needed. Only "give me money" is calling our attention. Our realm can assist man to get money, end his material desires, and drama on a bigger scale will occur, when the collapse of this material gift arrives. No, this is not the way to higher dimensional consciousness. You must accept this before we can do more for your money goal!

More difficult times are coming. The mental attitude needed for this is: "I am giving this my best effort", and you can get through the darkness with no great disruption to the dream of growth in consciousness. Adjusting to change provides an opportunity. If you make no attempt to dream, or master the current dream, you have lost that opportunity.

False calls for a new life in another dimension came to the group that could accept them. This group has not developed Mastery on this dimension. If they were all Masters, no call to deny their continuity on Gaia could entice them. A Master has the ability to accept whatever comes, without any mental disturbance. A Master doesn't desire a different matrix of materialization. A Master gets things done, as needed, on his own matrix. Masters are creative. They consider the disturbance an opportunity. They declare their most meaningful decree of all: I AM THAT I AM, and they take the challenge on as a heart directed call. The well known message of Patrick Henry, "Give me liberty or give me death!" came from this attitude. Can you see the common conditions of this day's challenge and then? Give this anachronism to any child, and call on his ability to choose his direction. Choosing death would not be a choice a child would consider.

I am considering this call to creativity an answer to the controllers. Are you willing to claim liberty? Otherwise, death of all your collective dreams can occur. Choose Mastery. Create what the heart desires. Awaken another consciousness on Gaia. Awaken an attitude in yourself as a divine creator, instead of asking us to do it for you.

Mastery begins with heart led choices. Controllers are not coming from their heart. This means that another contribution of man's making can be derailed by the creative design of God and God's Angels. Our work together can create change differently. Can my call draw you out of mental disappointment? Can the divine call of your own heart make you aware of alternative desires to living on another galaxy? Can an opportunity like this one, call forth the warrior in you that gives love the lead?

Twenty million are living with an option to create Mastery! Ascend the consciousness of money madness to create a more conscious manifestation. Control of the future is still up to those who are making their desires known to the Angels. Be grounded, be growing, be great!

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 131 - Kuthumi says . . .

<http://mastersandmankind.blogspot.com/2010/10/kuthumi-says.html>

Tuesday, October 5, 2010

Children are the dominant force for love on planet Earth. Can all of the beings on Earth be considered children?

Give all the same caring attention given to a newborn.

Make a child of the man who disregards his natural ability to laugh

Message 132 - Catching Deceivers In The Act

<http://comptedesaintgermainsblog.blogspot.com/2010/10/catching-deceivers-in-act.html>

Wednesday, October 6, 2010

Continuing my campaign to lead you away from deception: Can I give you some criteria to look for in non-Christ consciousness communication? No? Then this content is not for an arrogant mind to continue reading. Give me an opportunity to deliver the Truth about deceivers, and look for them in all channeled material.

- Begin with the first clue: Deceivers want to be given credibility. Calling attention to their greatness, dismisses an alert contact right away. No great avatar claims to be an avatar. All those that are great Masters, do not even claim their Mastery. Saying "I am an enlightened one" claims a false credential, as no enlightened one can claim this.
- Next: Giving a teaching about themselves to impress the contact. No Christ consciousness entity does anything that focuses on themselves, this is a mere ploy to convince you of their greatness. Special achievements of the human variety mean nothing to Christ conscious beings.
- Altering an answer to a question that manipulates an attitude towards their claim of accuracy. My copycats do this a lot. My life as the Comte de Saint Germain has been distorted by many calling to an audience in my name. None of the audience members know of these lies, and are convinced that the deceiver is my consciousness. My name is one example. No first name goes with my title. Any claim to a name other than mine, that includes any first name, is an impostor. No additions or corrections have been coined by me, other than adding a letter "p" to Comte in this blog as a signature.
- Next, appearing to give information to an audience when no information is delivered. This is a common occurrence, a flamboyant charade. Masters give notable content, not calculated mesmerizations.
- Next, answering questions with a question. Never! This can be done when teaching classes to a group, but never as a messenger of divine consciousness. No matter what the question is, an answer is deserved.
- Chanting mantras that are of a conversational make-up doesn't come from Christ consciousness, only loving sounds, like those I gave on another message. Healing mantras have more to give than meanings.
- Now, lets discuss content: Masqueraders' content is conjured up to create fantasy. Non-competitive attitudes accept things that mind cannot validate from human experience, without question. No control over channeled material, like an

organization of peers to look for dis-information, exists. Consequently, anything goes. Many fabrications given man have had no contradictions, and as a result, dreams about non-accurate details are born. Content needs to fit with non-channeled conditions in man's awareness. For example: money. All I've said about money can be collaborated by economists that are telling the same thing. My messages about financial collapse are able to be checked out in human developments. My messages about health can also be checked. Messages about being awakened by ETs cannot. Awakened awareness comes out of man's own development. It does not come in external modes. No direct method of contact, including contact from my realm, can offer an awakening.

Contact due-diligence allows for a mental decision that aligns with a heart's desire for Truth. Making a wish does not make a different life experience. Mental attention to changing others, or on "creating more light" with your attention, and mental attitudes towards a new concept in divine design, cannot do anything. Neither can demanding that your will be done. Changing divine design comes from mass consciousness change, not the mental decision of a group or an individual. Powerful controllers are not changing their ways because you mentally appeal for this.

Meddling in the mental attitudes of mankind has done great damage. Facing these manipulators with a criteria for discernment must be done, to destroy their contribution to man's denial of the answers in his own awareness. Keep the dream of a New Earth, but don't expect the ETs to deliver it. Keep the dream of a new day of happiness, but don't give any date to an accelerated entitlement. No ascension can occur, other than the one that mass consciousness can create with new dreamers added to those who are already at the core of this matrix. Change your own attitudes and you can help deliver an ascension, it is not the other way around.

Masters and Angels that are Christ consciousness are giving accurate guidance. Make a decision to find them. Consider most channeling today to be less than the divine contact they claim to be. I AM THAT I AM can be claimed by all, as all are One. Note that all the deceivers say this to demonstrate their claim of Mastery. Take another look at their messages now.

Fate has been the cause of this new voice in the channeling world. A Master that channels other Masters is very unusual. Because of this, my voice can be heard. Bless my channel, bless all my chelas who accept my words, and also bless those who cannot accept them now.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 133 - Archangel Ariel says . . .

<http://mastersandmankind.blogspot.com/2010/10/archangel-ariel-says.html>

Wednesday, October 6, 2010

My name is Ariel, Angel of Peace. Can the answer to all of the obstacles along man's continuous journey be **happiness**, for his call home to be realized. I deliver this answer, as my criteria of continuing along on this journey. Peace, with no disruption, can change the dream by creative mental choice.

Message 134 - To The Nay-sayers

<http://comptedesaintgermainsblog.blogspot.com/2010/10/to-nay-sayers.html>

Thursday, October 7, 2010

Conditions have not been placed on my gift to you, so why do the few who doubt this is my contact, keep disapproving of what I say? Your questions have not been dismissed. I am only able to give limited contact during my channel's day, and must continue to lead my deceiver expose and teach what this blog was created for. No questions are intentionally ignored. Making answers fit into my discourses is my only way to manage them. I have given the most contact to chelas available now. I will continue to answer questions as much as I can, but keep in mind that very personal questions are not appropriate to this format.

Comments that are negative are not posted, but questions included in negative comments are answered in my messages. My choice to delete negative comments is not to diminish the need to answer them. Creating anger on this message board is not conducive to teaching, and allowing angry attitudes to disrupt a most loving communication, adds nothing to the process. If you have an attitude against these messages, this means there is an energy in mass consciousness that is divisive, and my request is to look at the cause of your divisive negativity, and reduce your antagonistic attitude to an opinion. Nobody needs an angry dissident among the ascension candidates, as the dissident drains the group of its higher vibrations. Mass consciousness can only get more harmonious when man becomes harmonious.

Chelas, when my words do not give you a good feeling, give the others a chance to discover how they feel, instead of attacking the messenger. Attitudes against my messages are contradictory to the "love and light" being espoused by the those doling out anger. No "love and light" comes with negative attitudes.

Can you contain the anger towards me and decide on the value of my teachings instead? If my teachings have no value for you, go away. Cancel your subscription to these messages. If they do have value, negativity about what appears to be my disregard for a question may seem like a small contribution to be addressed now, but it has more impact than you know. Making negative comments against anything disturbs the mass consciousness. My goal today is to give you more cause to offer only neutral energy to mass consciousness. Neutral means: no grading of your own feelings, where every point of view is OK in your mind. Deal with it in yourself, instead of dumping an attitude into mass consciousness.

An example: anger arises. Feel that anger, and move it through the body, before delivering comments about the cause of that anger to others. Anger, in itself, is neither negative or positive. It is an emotion that has come to the matrix of materialization to be experienced. Give the feeling the opportunity to be fully grounded in the body, and don't go to the computer to deliver it to anyone. Once the anger has dissipated its more than controlling embrace, the neutrality in your energy can deliver an opinion. Attack energy comes when there is no neutrality in the delivering of an opinion. Calm, clear, neutral energy can communicate things clearly, so they can be heard without recoiling. Energetic neutrality is the key to making a discussion of differences easy and effective. Bragging about having superior wisdom, or knowledge, never solved anything. Truth comes to those who are not demanding anything. Being demanding causes disturbed communication.

Now, can you understand why my choice to not publish some of the "comments" has been in the best interest of this group? Satisfying man's ego is not my mission - deleting arrogance is. Today's message has been delivered to those who do not allow their ego to be destroyed. This, alone, can keep them trading insults instead of ascending.

Perhaps the gift to them can be this understanding. All can benefit from this message because, as things become more challenging, my advice about being neutral to communicate can avoid disturbance in any situation.

Previous questions have not been dismissed. Neither have the negative nay-sayers who are needing an outlet to control with their opinions. Because they contribute their dissident energy, this needs to be addressed. Because of their negativity, my control of this blog must prevail. Command of this blog is mine. Only new members can be completely free of the disturbing energy that began with abrasive comments in June. My intention is: to make more people aware, so negativity can cease.

Teach only love, and give love a chance to grow in your life. Negativity against the dark actually adds darkness to mass consciousness. Being neutral about darkness deletes its impact. Give love to the one you are not comfortable with. Add more light to the continent that you live on. Attitudes and emotions are different. An attitude continues to disturb, and an emotion can quickly disburse. Attitudes against anyone or anything is darkness. An emotion is merely energy in motion. Clear all attitudes against, and free the darkness in you. Best to do so before condemning those you don't agree with, as their attitude can also be the one you are not admitting to yourself. They could answer an attack with an attack, and another opportunity for peace, once again becomes a decent into darkness.

Polite questions are always welcome on this message blog. Negative comments, in all forms, are not. Bless the ones you do not agree with, as they may have just what you need to discard the negativity that keeps you unhappy. So be it.

I AM THAT I AM

Ascended Master Saint Germain

Channeled by Aruna

Message 135 - Melchizedek says . . .

<http://mastersandmankind.blogspot.com/2010/10/melchizedek-says.html>

Thursday, October 7, 2010

Making choices must be the heart's job, because the **most** difficult choice is to choose the heart.

Once the mind can agree to allow heart information, the mind has become friend. Asking a friend to help find the best choice, is an opening to love.

Message 136 - Mother Earth's Condition

<http://comptedesaintgermainsblog.blogspot.com/2010/10/mother-earths-condition.html>

Friday, October 8, 2010

Calling all chelas. Take this moment to get my message into your metal awareness: no covert operation is going to make the New Earth emerge instantly. No mother can give

birth tonight, and get the baby to grow up in the next few days. Mother Earth has been disturbed and needs to heal. All the creatures she nurtures need her more than ever, because they too need nurturing. Consider the nature you take for granted, the heart of the New Earth. Mature, natural environments are not easy to grow. Mature countries and cities are not easy to grow. Change takes more than time, it also takes considerable care.

Can anyone deny that nature has been neglected? Pollution of all kinds must be deleted. Are the controllers going to allow this? Never. It would contribute nothing to their agenda. Nature has to go, for man to live the way the controllers want.

No man, woman, or child can have a good life without the quality goods that nature provides. Churches, synagogues and mosques may nurture the soul, but nature must nurture the body. Consider desecration of nature to be the death of mankind. No cancer would be found if natural materials were available for all of man's needs. No dense conditions, that destroy man's health, could be accepted in a country or city that gives nature top priority for man's wellbeing. Nature needs to become more cared about.

No denial of nature can exist in the New Earth, because man and nature co-exist in consciousness. Mass destruction of the environment controls man's destiny. Wake up and live in nature as an ally. Be for nature! Nature provides all the conditions man needs to be happy, healthy and abundant. Nature is also the mirror of man's consciousness. Consider the reflection of mass consciousness in the conditions you see around you.

Because nature must be returned to health, methods of doing this must be created. Can drugs help those that deny most of the natural gifts available? Can contact with our realm give man a gift of major importance: goals for conscious living? Neither man nor nature can be healed with drugs. Nature and man both need natural healing.

Imagine that you are a tree that is dying due to pollution. Can the distant future have any meaning? Can this tree be happy about its condition? What would make it happy? A new creation that might defer its demise awhile longer, or a clean air campaign that could allow it a chance to breathe life in again? This is what man and nature both need. What can be done?

Begin with caring. Protect nature now. Stop dumping trash. Choose earth friendly materials for everything. Choose natural over chemical, every time. Clear the air of toxins by not using toxic materials. Demand fewer things that require delivery from long distances. Travel less. use less gas. Build all things that need creating, with materials of a most natural nature. Change the way man thinks about nature, by demonstrating care of all natural things.

The children of Mother Earth are not caring for their mother. Nowhere on Earth is there a natural area that has not been affected by man's negligence. Food, air, climate, communities, drug companies, and gas and oil companies are all contained in nature. Close down man's control of his environment and nature can heal. Can we heal nature without closing down man's environment? Maybe. Are you able to give it your attention? Are you willing to demonstrate a different solution? Now is the time, before the other options are the only solution.

Twelve Masters are giving man a new lesson daily to give them healing. These Masters care. All the Masters are concerned about the next days. Ascension of this planet is not a given. It depends on man's ability to change the consciousness of all that destroys. Purify

the mind until its goal is to not destroy anything. Demand that others think about their Mother, and start taking care of her, before man can no longer live on her continents.

Man, woman and child can all contribute to a New Earth. It is not going to be created by anyone but the conscious beings who demand this change, and do the work that is necessary to make it happen. Our realm will co-create the changes you demand.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

The twelve Masters' daily lessons can be found here:
<http://mastersandmankind.blogspot.com>

Message 137 - Lady Nada says . . .

<http://mastersandmankind.blogspot.com/2010/10/lady-nada-says.html>
Friday, October 8, 2010

Consider the days that you live the only life you have; not to be confused by a continued dream from a different time or place.

This can be the life, that changes that dream of a life, to a life of consciousness about life.

I AM Lady Nada

Message 138 - Negative Thoughts and Suicide

<http://comptedesaintgermainblog.blogspot.com/2010/10/negative-thoughts-and-suicide.html>
Saturday, October 9, 2010

Many questions have yet to be answered. I do not choose to ignore them. Teachings cannot be disregarded, nor the Mastery training needed to ascend. Today's message answers questions AND delivers Mastery training.

Put aside all your concerns. Negative thinking comes naturally from an aggressive mind. Doubts are also ego's challenge to being happy. Imagine a day without negative or doubting thoughts. It is possible! This is the mental condition that is the consequence of an awakening. Positive and negative thinking both come from mind. No cause and effect occurs, unless thoughts are charged with an attitude against an object of mind's attention. Can a mind control its own thinking? No! Can you control the mind's thinking? No. Mind thinks constant answers to the conditions it has made to be answered. Mind delivers the cause and the effect.

Changing this is an awakening. Not being concerned about the future, or doing things right, can be the next mode of living, if you are going to ascend. Twenty million have this opportunity. Can you be one of them?

"Not thinking" becomes a way of life, once the mind has been caught in the act enough times. Catching the mind in the act of manipulating your emotions is the key. Charged

emotions create negative energy, not the little negative thought that appears without any charge. Being aware of the difference, begins your ability to demand that there be no delivery of emotional triggers from the mind. In the instant the trigger is being activated, counter it with the statement, "I do not accept this". Be quiet until the mind gives up its attempt to stir an emotion. "I do not accept this" can be used at any moment the mind becomes dominant with active thinking.

Negative and positive thoughts are not determined by the Higher Self, only ego decides what to like or dislike. Higher Self doesn't make these judgments. Higher Self is neutral. Observing an act of negative cause and effect is not the same as thinking negative thoughts about what is being observed. Observing negative is not being negative. The observer can be neutral. Can you observe your thoughts? When you can, you will realize that you, the observer, are not the thinker. Ego thinks, human beings are neutral observers. Who you are is not an ego/mind. When this is fully understood, the next task is ignoring the ego's thoughts. Mystery schools are all teaching this Mastery tool. Can you begin this approach to life by reading this?

Now, my other question to answer today is about death. No man, woman, or child desires death by a dis-ease or cause that is painful. Nothing that has been taught about death in church has delivered an accurate message. Coming to a different understanding about death, lets the dilemma about actively taking one's life, also become clear.

Man is not to decide his moment of death, because all causes of death are part of his life experience. Every life experience is needed to complete the contract made before birth. Concluding life before the contract completes, destroys the entire mission. No man can know his mission is complete until after death, because that death concluded the contract. Consider death by suicide a new contract to do it all again. So, if you want to destroy this life, another mission just like this one, or a more difficult one, must be completed, before you can move on to new experiences. Putting the body out of misery cannot be the decision of the one being miserable. This too deletes the entire mission. The moment of death can be the key to graduation, or a decent into astral consciousness. Astral entities are those who deny death and attempt to stay in 3D.

Whenever man decides to end a life, the news of this causes harm to others. Considering the consequences, can a man give a less than loving death to his family without negative karma? No, he cannot. So even those who are terminally ill, can die with grace naturally, say "I AM THAT I AM" at the moment death, and move on to another consciousness. Not taking one's own life becomes a karmic choice that determines the next life's conditions. Making the decision to die before the time contracted for, demands a condition of life in the next incarnation that is less desirable than the one being deleted. Only the divine knows the moment of death for a man's character in the movie of life and death.

Prisons are one place of death that assures that the actions of the man's drama are not deleted by suicide. Suicide in a prison makes the contract for the next life the most difficult possible a human can get. Nothing can delete a new contract created by the mind's command for destruction of the body. No death command goes unanswered. The death of a body is the best opportunity for reducing drama in future incarnations.

Bless the body in every moment. Give the contract for its existence its full development, death included. Save one last breath for a call to God.

I AM THAT I AM

Ascended Master Saint Germain
Channeled by Aruna

Message 139 - Archangel Raphael says . . .

<http://mastersandmankind.blogspot.com/2010/10/archangel-raphael-says.html>

Saturday, October 9, 2010

Masters and Angels are walking among you. See them in the faces of those who make your life abundant with good feelings.

Answer an anachronism: Can the Masters and Angels in your life be an active part of growth of the New Earth? Can they ascend? Are they ready? Why not?

Message 140 - Make Love The Answer

<http://comptedesaintgermainsblog.blogspot.com/2010/10/make-love-answer.html>

Sunday, October 10, 2010

Regarding today's date: No day is any more appealing than any other day. All contents of a day's events are created moment by moment. Astrology creates nothing - man does. However, astrology can anticipate what man will create. Acting as though a date has more control than man, is not the way of a Master.

Change has now ended life as it was, and new drama is about to begin. Meat, vegetables and grain will all be more expensive, children cannot be left to the care of others, and many new controls are being continually added to your means of being free. No freedom exists.

Man's freedom has been deteriorating with activities made of his own hand. Now, the deck is piled high with mass destruction of all life, and the mass destruction includes man. What to do? First, get your head out of the sand. No mass exodus is coming. No great day of celebrating the new developments that have arrived. When will my chelas get mental acceptance of the news that life will not change instantly. Can it be that hope doesn't do anything? Can it be that controlling the changes with mental design has failed? See yourselves as change agents, but not because you mentally deliver new designs to the mass consciousness. Creative visualization does not move mountains.

New approaches to change must be made. Acting out the message, "I Am That I Am" must begin. I Am the light means BEING light. And what does light look like? Happiness! Genuine, authentic and delightful!

Man has not delivered much light because of man's deep negative contractions. Ask yourself: Can my goal be the happiness of mankind, instead of the money my abundance calls have been asking for? I understand that money is needed. Crisis and major causes need money for advancing their solutions. But money is not the thing that can make a difference now! Only happiness can do that! How can man be happy without money? Awakening to his True Nature.

Never before has there been an explosion of Christ consciousness. This was attempted once, and failed, because man could not accept his divine nature. Please, let me convince

my chelas now, that nothing as important as happiness exists as an answer to control. Fear contracts. Happiness expands. Are you only able to contract? No, both of these methods of living can be done.

Fresh awareness comes as old attitudes are deleted. Pick the crisis of your choice, and give it no more attention, ever again. Answer the mind's attention to an anger provoking memory with "Oh well." Answer the mind's attitude about money with, "Money is not what is needed now". Answer the mind's control of your attention with, "Pause, and contemplate the call of the divine". Happiness is the key to your future!

How can you be happy when losing your money? Ask for assistance from man's best friend - the divine True Nature of your own awareness. Nothing of material world content can do what this friend can do. Becoming devoted to this friend can turn the world around. How? The controllers cannot delete this happy, creative nature from the scene. Only fear based, negative thinking, contracted humans can be destroyed by outside sources. Cheer, about any co-creation with God, can defeat all of their manipulations. How? Give love a try. Try giving your love to the man who controls. Give love to the man who denies his caring nature. Give love to the man who needs help. All are needing the love that can change their behavior. Love IS the answer. It is the ONLY answer.

Giving LOVE to others includes giving LOVE to all the things others have done to you. Been abandoned? Abused? Disturbed by God's neglect of your needs? Give love to all who did these things, because the ability to love them, clears out negativity in you. Give love to the controllers. They are the ones who have caused you to be seeking answers. They are the ones leading you to this answer.

Positive actions that come from the heart, open the heart. Calling to be loved has the opposite effect. Give what you want to receive! No wanting causes gifts to arrive - giving does. The more you give, the more you will receive. Follow this formula and enjoy the giving and the receiving. More and more, an energy of love will be needed. Teach this formula to the children. Children can become givers too. Parents who give children all they want, are not giving them the greatest gift of all: consideration of the need they have to give.

Now, lets talk about the question of man's dreams about communicating with the children of God of other galaxies. It will occur. They have been observing Earth, and will arrive when accepted, and can depend on man to be friendly. No team of craft can deliver man to other galaxies, but they can develop a continued relationship, that allows them to deliver their technology to Earth. Ashtar will be the command that lands, and they will bring great gifts. Are the craft you are getting glimpses of the Galactic Federation? Yes, and others. The triangle ships are the Federation craft. Others come in their own developed craft. None of the craft that are appearing are configured on the Earth continents. Flying is not what they do, they create their appearances with control of their actualization devices, not control of another kind. Actualizing an appearance is their way of leaving an impression on the mental body of those they appear for. Many are around all of Earth's continents, not able to be viewed. Actualizing themselves is not an achievement of great mystery, only a mechanism they have available.

Not all craft are the Galactic Federation. Some are not friends. Be careful who you decide to travel with. No drama of first contact is now able to occur, but we keep checking for the signs of acceptance that can allow this. Change the mind's of man to love, and get many gifts, including technology from other galaxies.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 141 - El Morya says . . .

<http://mastersandmankind.blogspot.com/2010/10/el-morya-says.html>

Sunday, October 10, 2010

Make today a day of healing. Heal all the mind's complaints.

Act like there is nothing to complain about, and don't allow any complaints to be mentioned.

Continue today's message for one more day, then another, and another.

Make each "complaint free day" a cause for happiness.

Message 142 - Creative Ideas And Change

<http://comptedesaintgermainblog.blogspot.com/2010/10/creative-ideas-and-change.html>

Monday, October 11, 2010

Children are the most creative on planet Earth, because they are open to new ideas. As adults, most creativity has been contained by ego. "No, this is not accurate" claims the mind, about all that doesn't collaborate with what has previously been accepted as truth. When different ideas arise, the ego contributes only disdain. What can change, when all creativity has been discarded? Are we going to wait for the annihilation of God's creation, before acting on the new attitudes being presented to man as solutions? New days are coming. Can you accept new ideas from your own heart and take appropriate action?

Answers, to every crisis, arise in the minds of man to assist. Man can accept these answers, or not. Making a decision to communicate ideas of this kind can be difficult, because others may not accept them. Many are afraid to contribute their ideas to others for fear of rejection. But all creative contributions must be delivered, or nothing can be altered.

Friends and family are usually the first to consider a new idea. If they are not open, how can the idea become an accepted task? Only when the one who receives it, can actively believe in it. When can an idea become an actuality? When the heart leads over all opinions to the contrary. Can you say that you are open to the inspirations that arise in your mind? Can you accept them before testing them out with others? Opinions can delete a great idea. Are you able to give a new idea the opportunity to exist? Can you act on a new idea before asking others their opinion? If not, many opportunities to deliver happiness to others, may never be acted upon.

Put this attitude to the test: "I am a creative being". What this means, is that you accept creative ideas. Creativity comes at odd moments, giving help or new concepts, as a natural way of living. Acceptance of new ideas means creative developments can occur. When acting on the contributions that arise in your mental dream of how life can be, any

decisions you make can be considered the divine creator in action. Squelching new ideas, defeats the Divine's ability to deliver creative change to all of mankind. You are a demonstration of everything you accept. Giving credence to new ideas can be the gift you are meant to deliver to others. Denying your thoughts about a change of direction, cancels the opportunity for that idea's next level of development.

Peace on Earth is one idea that many concur on. Canceling your inspiration about how this can be achieved, delivers no change to consciousness. Peace on Earth requires peace in the hearts of man, and cannot be dismissed as "only an idea", for "the next days" need that concept to develop future change. Are you able to help bring more confidence to this change of thinking? Begin with your own mental controller, the ego.

When an idea comes to you, act on it. Ask no one for their opinion. Take responsibility for the creative action needed, to contribute that idea to humanity. Create new dreams, by acting on your creative abilities. If man never does what his creative thoughts contribute, no change can occur. Believe in them. Contribute them to the mass consciousness, give them life. Peace is still only a dream. Make it a reality, by getting to be peaceful, and turning the dreams of your mind into courageous actions. No man is able to change his own core beliefs without doing what is being suggested. Take an idea to its next stage. Contribute this to all of the One. People must accept that their own denials are the death of change.

Cause and effect begins in the mind. As an idea is denied, it ceases to cause anything. An idea that can be developed, causes miracles. Capable, dense beings are not contributing light to mankind because they deny themselves this opportunity. Give the gifts that are given to you, to the next cause and effect phase. Allow the flow to capture them. Give this a chance, whenever new and different thoughts arise. Positive thinking means: being positive about what you think!

Pretending that the thoughts you receive are "not accurate" or "not good enough", dismisses greatness. Change can only happen when a change agent can accept their own contribution to the whole. Free yourself from distrust. Give credit to the creator that gives you creative mental thoughts. Say "yes" to creative ideas. Give them the action they deserve.

Nothing can happen to change current conditions, if our gifts to you are not accepted. Give them the attention they need to flourish. Be the giver, and this will deliver the abundance of healing, awareness, and change, and support God's ability to create the things needed for Gaia.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 143 - Master Quan Yin says . . .

<http://mastersandmankind.blogspot.com/2010/10/master-quan-yin-says.html>

Monday, October 11, 2010

Meeting difficulties with an open mind, allows the Master within to act in the most appropriate way.

A disturbed mind cannot get the contact needed during a crisis.

Answers of all kinds are available, to those who can dismiss their demons, and open their minds.

Message 144 - Answers And Discerning Questions

<http://comptedesaintgermainsblog.blogspot.com/2010/10/answers-and-discerning-questions.html>

Tuesday, October 12, 2010

Answers to your questions have not been completed. Today I want to answer more.

First: My attempts to lead you away from deceivers has been the most important task, as many of my chelas have been mesmerized by them. Not doing the work needed for ascension makes these callings to ascend a mockery of my chela's destiny card. No man can ascend to a higher level of consciousness without the deletion of negativity. Negativity against others is still the dominant energy of mass consciousness, and a group ascension requires a reduction in negativity, so we can gather together those who can ascend. Negative attitudes against anything make you dense. Being a light means: not being dense. Shelve those negative attitudes, so you can ascend. The nay sayers of my messages are the controllers, calling themselves "Lightworkers". Light means active acceptance of all opinions, and not attacking anyone. My deceiver disclosures are not attacks, merely a lesson in discernment. No negativity about the deceiver or their channel has been delivered.

Facts are facts, and controllers distort facts to manipulate minds. I challenge them to clearly present the message they are actually contributing. Is it for the highest good of all? No teacher can claim a lack of accuracy is for the highest good. Controllers are giving you an opportunity to learn how the ego demands your attention, and mentally dominates, by delivering inaccurate messages. Calling the ego on its game deletes this control. Passing the hat to another ego is the same thing. An ego is a mental disturbance, claiming to be the deliverer. Close this controlling disturbance off, with active observation of the thoughts and words of the message. Ask, "Is this from God's news feed?" "Are you God's messenger?" Can anyone but God teach you more than you already are aware? Can the mental computer, that compiles life memories, have more correct material to offer than God? No, God, the divine consciousness that gives life to all, cancels out all mental contributions, when it comes to leadership.

God can communicate. God directs the movie of all of the characters he/she created. God directs them by making them FEEL. Feelings are messages from God. Pay attention to them. Give them more active awareness. Question the mind's comments and check the body's energy, when it does not agree with them. Then make a more accurate decision, if there is a negative feeling in the memory center of your own consciousness. Not the mind, the belly. Check the belly to see the truth of an answer that comes to the mind. Belly negativity tells you to negate the mind's conclusions, and go a different way. Test this: give the belly your attention when a question arises about anything. Ask the belly, "Is this correct?", and if there is a contraction or no energy, this is God's way of saying "NO". A gentle charge of energy in the belly is a "Yes". Checking for flexibility is not the kind of question to ask. Sometimes a question is not the right question. Ask it a different way. Make this method of discerning more dominant, by doing it often.

Next answer: President Obama is now under the control of his adversaries. Make a difference for mankind by healing his heart with love. Attacks about his choices have caused him great suffering. He needs courage. He needs an ally among those who care about their government. Can anyone change President Obama's choices? Not directly. Changing anyone comes from an arrogant ego. Changing an attitude towards someone can do more for that person than directing new ideas onto them. Clearing negative attitudes towards President Obama will make him more confident to act on his own challenges. No man can be a hero if the world sends him negative attitudes. Act like a "light", and beam a different energy to President Obama. Give him the feeling of being supported.

Other questions about channels are not to be answered, as they are not the ones who need to learn to choose. You are! Choose the teachers that tell you to take responsibility for the choices you make. Give your Master within the most credibility, over all outside influences. Be courageous, and depend on your own inner guidance, especially when it differs from the opinions of others. Care for others and allow them to think their own dream. No one, alone, can make a difference in the entire world; more must agree with their message. A Hitler could not dominate if no one paid attention to him.

All the deceivers can be caught in the act by the guidelines I have given. Call them on their deception, go away from them, and let others make the same decision on their own. My attitude about them is: they are a gift to those needing to learn how to be discerning. Use them as your teachers. Be still, and recognize the ones who make your belly contract. Touch their books. How does your belly feel? Give them no attention, and the lesson has been learned. Make choices about their messages, but don't attack the messenger. Fun and games for them is tricking a beloved one into their web of deception.

Negativity, in any form, is dark. No light shines from negative attitudes. Be the light for all. Love the ones your mind tells you to dislike. "No mind" has a more charming delivery of energy. How to get to "no mind"? Awaken the divine being that you are. One day, my channel will address this group about awakening. She has the words to do this. She can make you more comfortable with this consciousness shift than I can. I will ask her to do this when the time is right. First, we need to deepen the commitment to awakening.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 145 - Archangel Gabriel says . . .

<http://mastersandmankind.blogspot.com/2010/10/archangel-gabriel-says.html>

Tuesday, October 12, 2010

Come to my ascension party.
Get dressed up.
Have a great time.
Celebrate the blessings of life.

Welcome the ascension call as the next track of the Mastery path.
When the day to ascend comes, be available. Be ready.
Go to the train.

Message 146 - A Call For Awakening

<http://comptedesaintgermainsblog.blogspot.com/2010/10/call-for-awakening.html>

Wednesday, October 13, 2010

Freedom from all mental disturbance, conjured up in the mind, is the awakened condition. Doubt and fear disappears. There is no more distress about future or past events. Making a difference becomes your way of being. Are you near this life changing alteration to man's condition? If you think you are already Awake, consider these most obvious attributes, and see if you agree with all of them:

1. Mental chatter has disappeared.
2. Courage comes as easily as giving away material items.
3. Cheerful in every circumstance.
4. All masks of personality have been removed.
5. Channeling your Higher Self comes without doing anything to activate it. "Knowing" comes as needed.
6. Answers to all callings of the heart are "yes".
7. Mastery of being aware that all that is, is you.

Can you say "yes" to all of these things? No work is needed for those who can. Those who cannot, have more to do to get themselves ready to ascend.

Ascension cannot continue a disappointing life. All of the disappointments must become appreciated as the building blocks needed to ascend. All mental constructs that make man's life a difficult game must be dissolved. Higher Self ends this game, mind cannot do it. Mind just needs the understanding of its new role. Only an Awakened one can teach about this. Neither a book nor an ET can make it occur. Higher Self is the ONLY source of an Awakening. The mind helps, by delivering conditions that make the Awakening possible.

An Awakened mind is clear of disturbance, no matter what happens to the body. Peace consumes it. Play becomes more enjoyable. Can this be the future for all? Maybe, but they must agree to look within to find it. Nothing, but the mind itself, can facilitate this change of attitude. Is your mind willing to look inside to find peace? Is it willing to give your heart the lead? Can it be quiet enough to allow the True Nature, your divine essence, to be experienced? Are you able to say, wholeheartedly, that you want this alteration to your mind's decision making process? A "maybe" is not good enough. A full committed "Yes" must decide!

My cause and effect directions can give you more awareness about Awakening than most of the dictations channeled today, only because my channel comprehends Awakening, and doesn't cringe when my words discuss this topic.

Memories of other lives mean nothing to those who are awake. All karmic disturbances, in lives other than this one, do not need any disclosure, because the goals for this life include the dissolution of those disturbances. For example, the people chosen to be your cousins could have been the ones you had difficulties with in another lifetime. The circumstances of that condition can be created again, to be a another disturbance, or end in a new result. A new result dissolves that karmic debt. Always consider love the answer, and

disturbances from all karmic conditions will be gone - with no karma left to clear. Love cancels karma. Awakening cancels all disturbances, so the most effective way to dissolve the past is to Awaken in the present. No debts, for any co-creation on Earth, are the cause of new experiences in other realms.

Prayer is one way to release karma. Pray for the highest good of all, and this decree gets a bigger charge in the co-creation process than an attempt to control the situation, or mind's dismissal of the condition. Force must never be considered. Force is the cause of another lifetime to be the Awakening one. Any control exerted over another draws a dark, negative condition for the next life. Power games do not make anyone a Master. Humility, heart directed action, and love, are the qualities found in a Master. Peace means there are no disturbances to control or mention to others. No disturbance cancels all karma. Are new and different experiences guaranteed? No, but the experiences you have are going to be considered differently than they would have been prior to Awakening.

Canceling karma eliminates the need for another life to "work things out". Consciousness has consumed all the control and denial configured into the mind for learning. Truth, as man can realize it, becomes apparent. Oneness is the only game in awareness. I Am That I Am is free to express through the body of an Awakened One.

Choosing how, is not mind's decision. Can this be the next level of spiritual awareness for all who need it? My call need only be answered in your mind. A "Yes", from a thoughtful clarity, is all that is required for my guidance to assist. Peace is possible NOW!

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 147 - Archangel Michael says . . .

<http://mastersandmankind.blogspot.com/2010/10/archangel-michael-says.html>

Wednesday, October 13, 2010

My gift today is my blue aura. It contains the dream of a new day in the human experience. All auras are contained in it, because an aura of an Archangel can activate others to be included. Today's activation is for courage! Create the courageous attitude needed to go out into the world as your True Nature.

Blessings in blue,
Archangel Michael

Message 148 - Meditate For Change

<http://comptedesaintgermainsblog.blogspot.com/2010/10/meditate-for-change.html>

Thursday, October 14, 2010

An opening to the light of the heart cancels darkness for the masses. Meditation can do this for mankind. Being in service to the divine begins with meditation. Causing mass consciousness to lighten, has more impact, than giving your attention to the things that are not bringing you happiness. Are you complaining about the lack that is being driven by controller greed? Or the cause of new laws that limit freedom? Or any of the things that

are being done to destroy the chain of command that gives you food and clothing? None of these conditions can be altered now, unless there is a change in mass consciousness. Policies are made with mass consciousness bringing a lack of momentum for opposing points of view. Meditation delivers a different method for creating change. More light casts a shadow on the dark. Only when the shadow can be seen, can another way prevail. More light needs to shine on current Illuminati creations.

Meditation can do this. How? By deleting all of the deception that delivers dross to humans. One example, is the dross being made in China by mandating incarceration for activists opposing the regime's consciousness. Open minded humans do not understand this consciousness, but they cannot alter the condition as an individual or as a government. Meditation, by millions of angels in human clothing, can deliver a new awareness to the Chinese government that cannot be ignored. **Zero point consciousness has that much concentrated delivery.**

How can this be? Let me explain: Giving the creative abilities of mass consciousness less direction towards personal motivations, allows for more contributions toward the mass delivery of awareness. Awareness is brought to hearts, by opening a way for them to hear the music that is being played in the heart of Oneness. Messages come to man as musical tones, not demands. Music can deliver what words cannot. Music tones from meditation, reverberate in the hearts of even the most disturbed human minds, freeing the cords of man's one denial that causes his most destructive attitudes: the desire to control. This music can be created when the masses are doing meditation. The sound of silence has more cause capability, to carry a message of peace and love, than all the noise of your combined mental activity. Purify mass consciousness now, with less noise.

Change the vibratory frequency of Mother Earth with more meditation, and no attitudes directed towards or against anything. Control of anything contributes dissent in mass consciousness. A lack of control attitudes contributes awareness.

Abuse of man's ability to control, has made all the current challenges man must deal with, today. Altering this must begin on a major cause an effect level, not just by a few decreeing their demand for change. Mass consciousness needs more tones of caring. Make a difference in any condition with meditation. Add more light to the cause and effect demonstration being delivered now. Quiet and detached minds give Christ consciousness more ability to flourish. Make a difference to the mass consciousness, if you want to deliver more caring and light.

Making this creative contribution to mankind costs you nothing. No dismissal of the cause is valid. No denial, of the dramatic change that can occur, is an acceptable excuse. Being quiet for at least ten minutes in your day, can change the cause of disturbance in the energy of your planet that needs it so badly.

Beliefs abound about co-creating with God. Nothing co-creates with God better than groups meditating together. Form groups. Sit quietly. Not dreaming of desired changes, just being quiet together. Mass consciousness gets better music from quiet than it does from conversation.

Pause for the planet! Pause to hand over all control issues to the heart sounds of silence. Allow the consciousness of giving this music to divine awareness, to become part of your awareness. Change the consciousness of doing, to the consciousness of Being.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 149 - Metatron says . . .

<http://mastersandmankind.blogspot.com/2010/10/metatron-says.html>

Thursday, October 14, 2010

Contact with the Masters and Angels can begin with meditation. Being quiet for ten+ minutes daily, brings our attention to your energy field.

We want more of you to be our contacts. Make this connection with meditating, for the Masters and Angels can offer more than any convenience of man's making.

Choose more contact to co-create the next awareness.

Message 150 - Ascension Characteristics

<http://comptedesaintgermainsblog.blogspot.com/2010/10/ascension-characteristics.html>

Friday, October 15, 2010

After the dream disappears, and the reality has been conceived of by the mind, new attitudes about the human condition arise.

These are the new attitudes you can anticipate:

1. Every man, woman and child completes your day. All are the delights you once considered to be different, but are now aware they are part of you.
2. Prayers are no longer considered to be conscious actions.
3. Feelings are accepted, without any attempt to deny them or clear them.
4. Positive thinking comes naturally.
5. Healing begins with the absence of mental disturbance.
6. Challenges are not a concern.
7. Caring comes to all, without any hesitation.
8. Answers to questions are always available.
9. Claims of being important do not feel correct.
10. Anger does not control, it comes for the drama of living, as needed. No anger is the choice of the body that contains its energy, but the role being played demands this tool for communication.
11. Heartfelt compassion for all.
12. Misery has ended.
13. Chapter 2 in a new dawn has begun.
14. Anxiety disappears.
15. Confidence, and acceptance of all things human, are the only qualities that are constant.

Twenty-million can be like this. Where are they? If twenty-million will bring themselves to this way of being, wars will disappear, children will all be cared for, adults will all be glad to be alive. Three million will be the first group to be like this. They can choose to disappear at the time they ascend in consciousness, or they can continue to live during the major

earth changes, to assist others. Many controllers will die in the changes, so the need for ascended ones continuing, will be less critical to the future of Mother Earth, than it is now.

Follow the call to ascension that now comes to all who asked to be candidates. Practice meditation, to be neutral enough to accept the call. Choose all the goals that lead to ascension over the desire for money. Meditate daily for at least ten minutes. Once the body relaxes into being relatively calm, begin to extend the time. One hour is best, to delight the body's nervous system, with consciousness awakening details.

Shivers during meditation denote access to new levels of density release. Shivering and shaking are common for those who are dropping the causes of disturbance from their consciousness, preparing the body to ascend. Having trouble meditating? Take a moment to be quiet, and let the breath clear the body, by moving the mind's attention through each area of tension, and breathe into that place until the contraction releases.

Change the mandate for money to a mandate to be the very best that you can be. For the mind to become quiet, ask for nothing. Give up desires. Act on the impulses the belly confirms to be your best direction. Alterations in your attitudes make the difference between controller disturbed men and women or ascended beings. One chooses peace, the other drama. Ascension is the way to conscious awareness. Calling for ascension is a call for conscious living for all of mankind.

All of my chelas, who do the few things asked, are going to contact my realm now by learning how to meditate, channel their Higher Self, and allow the next steps to lead them HOME. For twenty-million, there is this opening to ascend. Having the invitation is not adequate. Acting like you accept, is also necessary. Free yourself from the bondage of controllers, including the controller that does its work through you. Cancel the mind's direction to misery, and choose the heart's guidance for happiness. Pursue the heart's goals. Change the way you live to be an example of heart led, awakened awareness. One or two others may also become quiet as a result of your presence.

Children need active mental guidance to be their best selves. Having no guidance deletes their inner answers of doing the best for all concerned. They become less aware. Point them away from greed and demands for control. Help them find the heart of their own being, to assure that their mind's control becomes less active. Children are developed by their experiences. Allow them to have many. Keeping them home, instead of being out in the world, does not encourage them to explore the entire spectrum of possibility that they came to experience.

Fasten your collective seatbelt, because your control of the next days is about to dissolve. Continue to meditate during the changes, and you will be grateful for all that this brings.

I AM THAT I AM,
Ascended Master Saint Germain
Channeled by Aruna

Message 151 - Saint Germain says . . .

<http://mastersandmankind.blogspot.com/2010/10/saint-germain-says.html>

Friday, October 15, 2010

Conduits are needed!

Can my chelas be conduits of awareness and light?
Are all of them prepared for change?

Hope is not the way to happiness, caring for others is.
Give happiness to those who are blessings for others.
All are One. Act like this is true.

Message 152 - Preparation Time Is Closing

<http://comptedesaintgermainsblog.blogspot.com/2010/10/preparation-time-is-closing.html>

Saturday, October 16, 2010

Change is always an opportunity to learn. New experiences greet the body daily, to lead the conscious awareness to one's heart. New mental details are introduced, and cataloged, and contribute to generalizations made by the ego. Now, as awakening conditions increase, these generalizations are to be contradictory to the more aware answers that can be delivered. My goal, is to advance this group to awakening, as quickly as I can. Can you understand that my teachings are guiding you beyond what you already know? I don't control anyone's acceptance, only provide the guidance. If you can accept my guidance, awakening can occur.

No one reading this blog can be denying their own divinity much longer. Who you are must be accepted. This acceptance contributes to the changes that are developing in you. Many challenges await you. These are the dense qualities of your mental diagram, materializing on the screen of awareness. Make a conscious decision to choose the heart's conclusion, instead of the mind, and all will go quickly. Be wise, be aware, be awakened!

Tragedies abound. All countries are given their share, to deliver opportunities for your growth. They appear different in each country, but all have one commonality: all are an opportunity for heart led choices. Making choices for the mass deliverance of consciousness comes with major change. All can participate. More of these mass tragedies are to occur. Cancel the attitude of governments taking care of everything. They cannot. Only humans, making their own contributions, can deliver a minor amount of what is needed. Governments cannot collect enough from their debt consumed citizens, to contribute all that will be needed for what is being dismissed as "nature's wrath."

Nature cannot accept cash donations for the cause of health or wealth. Nature must not contract and contain this dross anymore. New dis-eases are going to be delivered via companies' conniving to become the cause of them. Avian flu and H1N1 are both company caused dis-eases. More are to be delivered. Can you demand more control over the deaths being caused? Can you demand new doctor awareness? No, all you can do is be an anchor of light for all who cannot go on to ascension as a group, because they will die before their contract is completed. They can call for Angels at the moment of death to ascend, as I AM THAT I AM cancels their need for another contract.

Telling you about things that can develop causes fear. Change that emotion into decision making commitments.

Here's some advice for this:

1. Only do what the heart agrees to.
2. Get rid of all drugs with un-natural content. Consider them against good

- health.
3. Accept no inoculations.
 4. Continue good health habits.
 5. Pray over the food you consume. Bless it with your divine grace.
 6. Meditate daily.
 7. Contractions can be deleted by making a difference in the lives of others.
 8. Give up your dense attitudes against these conditions. Accept and deliver more awareness to the cause of them.
 9. Effect the conditions at hand with an absence of upset about the dis-ease being experienced.
 10. Face all the changes as simply new experiences.

Passing on these message can assist all who are considering taking the inoculations that are being prepared. Take no flu remedies! Take good nutrition instead!

All the organic produce you can get now, has the disease resistant nutrition needed for countering new diseases. Herbs of different kinds, and essential oils, can help you remain healthy. Save the millions who can ascend, and the devious activities of these companies can be annihilated by their ascension.

Faster and faster goes the time for getting ready. Are you channeling yet? Why not? Are you demanding new decisions be made about the future? No, why not? Are you delivering caring now? No, why not?

One of the most important contributions you can make is to be happy, no matter what happens. Happiness causes more light. Close the book on magic, thinking the door to happiness is a space ship. It is not. Happiness is your nature. It is the core of your divine nature. Let it free! Join the march of "happy citizens for the mass consciousness". Give happiness, and negate fear, in mass consciousness about future events. All is perfect! Mother Earth has many who can lead the next dance on her continents. No dross can deter this from happening.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 153 - Kuthumi says . . .

http://mastersandmankind.blogspot.com/2010/10/kuthumi-says_16.html

Saturday, October 16, 2010

Abilities for changing today's conditions are the most obvious ones.

Practice the advice of your daily news, and get caught in denial of what your own eyes can tell you.

Be aware. Be alert.

Consider your own knowing to be more accurate than all the news you are being fed. Protest not, give them no heed.

Message 154 - Mystery Schools Unveiled

<http://comptedesaintgermainsblog.blogspot.com/2010/10/mystery-schools-unveiled.html>

Sunday, October 17, 2010

Contradictions to the truth are so many, that my ability to dispel all of them is not going to be possible. Some are as direct to the drama as the names given by parents. No name a parent chooses is aligned to the truth. This is because the truth has no name that fits the True Nature of "beingness" than the body can contain. All the bodies combined do not contain the full essence of one man.

Consciousness exists beyond an individual container. It does not end at the aura, as claimed by the deceivers. It extends to the multi-dimensional core of the entire consciousness of One. People are very surprised when answers to their questions come to their mental awareness. No guru can explain this. It appears as an inspiration from the One. All are guided, as this continuous flow of awareness contributes all answers to all of the members of the One. Can you get an answer by asking a question? Yes, and as the answer comes to all at the same time, change of a massive kind can occur in an instant. But not all are able to answer an instruction from their "Higher Self" with the decision they are being guided to make. Asking for help is not the same as accepting help, if it doesn't agree with the mind's old programming. Following the messages of the One can create a completely different consciousness on Mother Earth. How many are doing this? Only a minor number.

Positive thinking is not a contribution to mass consciousness, unless agreement with the heart's guidance is included. I Am That I Am gives the true direction to the mind. I Am That I Am has the Master Plan to all things possible. Changing the Master Plan, as mind directs, changes the direction of mass consciousness, from what the director would like it to be, to the non-aligned chaos of man's creation. Can we have a new mass consciousness instantly? Yes, if man cancels the chaos, and acts the way his own heart tells him to.

Change of this magnitude does not need any outside invaders of another dimension. It needs only a different way of delivering this message to mass consciousness: "divine will be done". You are divine, but your mental contribution to mass consciousness is configured as a mandate to develop more awareness, as a continuous flow of dross appears as challenges to that awareness. Choosing the answer of the heart dissolves dross. All men are created equal, but their dross comes as their own creative attitudes design this game of development.

How does man develop? By giving the actions and choices of his heart to humanity, not his negative mental concepts. The choice of the confident man is always the heart, as an awareness of this level gives confidence.

Today's message is to dispel the myth: that control, by demand of the mental body, has the ability to deliver the ascension. It does not! Man must give up mental control to ascend. Mastery is: letting go of mental decrees and canceling negative attitudes against current circumstances. Mastery delivers all of man's gains without any control over them. Help is always available, to deliver any of the dense attitudes to manifestation, as well as the Higher Self contributions. This is a way of delivering a matrix of materialization for man's observation. Observing chaos can catalyze a goal to know the opposite.

All persona's are only a call to the "dance of leela", a game of awareness that man gives to a life. He designs his own game. As that man gets more aware, choices are made that can

end the game. Ascension is graduation.

Ponder this: Causing an ascension, for the new dreams of the masses to be fulfilled, can occur. Making a decision to go along with the mind's goals, cancels this opportunity. Can you choose the most divine choice, the one that all of the Universes are cheering for? Mass consciousness is your creation. Never before have there been as many who can ascend. Can this great contribution to all of God's creation be the choice you make as a divine creator?

Happiness comes in many ways. Choosing the heart's guidance is the best way. Masters are all deliverers of divine grace as a result of this way of being. False claims to the contrary are the controllers game, to destroy God's creation. Controllers are all divine also, contributing their control to the big game. Their control is the Divine's way of telling you to be aware, and choose to cancel the control of your mental controller, that is being reflected back to you in mass consciousness now.

Please give this message a lot of your attention. It has the most clear description of the game that most of you have ever been given.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 155 - El Morya says . . .

http://mastersandmankind.blogspot.com/2010/10/el-morya-says_17.html

Sunday, October 17, 2010

Apply this truth to the days awareness:

Being a divine being is your birthright.

Acting as a divine being is your challenge.

Message 156 - How To Make Choices

<http://comptedesaintgermainsblog.blogspot.com/2010/10/how-to-make-choices.html>

Monday, October 18, 2010

Control, of anything, is not man's responsibility. Man needs to align himself with the divine plan to be happy. Anything you do, that does not fulfill the divine contract, is not going to bring happiness. Heart led lives have more grace, and more fun.

Man has no idea what his contract with God is, only his heart knows. Lack of control over his life does not lead to chaos, it is control that does this. Let me clarify:

A lack of control allows the divine plan to be correctly opened to your awareness, by nudges of your guides, and new opportunities appearing. Choices are then made as each new door of awareness opens. New awareness, in turn, makes more choices available. No control (over anything) means there is the freedom to make aware choices whenever an opportunity appears.

Control creates chaos and dis-ease. Mental attitudes like, "It MUST be this way", do not accept new awareness, or the ability to follow a new direction. Making choices, moment to moment, will bring new cause and effect conditions that lead you to the next choice. Growth in awareness becomes a continuous movement. Not allowing this momentum, to open up new choices, makes a man crave new opportunities, but he is unable to deviate from previous decisions. Maturity in consciousness depends on movement in the continuum of what life brings. Being convinced that one and only one thing must be the only decision, deletes movement towards becoming the conscious man the contract develops. Control of the daily answers in one's life cannot develop the consciousness your contract was designed to evolve. Pure consciousness is the goal. Any form of control allow ego to defeat the divine contract.

Please do not get nervous about this message, as new choices open up new opportunities, and new conditions offer more consciousness, daily. No major change need occur now, just concentrate on choosing a heart message over a mental goal. Control will not cause another life if it isn't continued. Please be willing to let go of all your mental goals, so you can co-create the divine plan of your contract. Choosing the heart's way can do this now!

Practices to quiet the mind do two things: one, is to get your body/mind quiet for a period of time. The other, and more important, it delivers the ability to become more aware of the divine contract. Guides are around, and can nudge you during meditation. Opening the heart to consciousness is the gift these practices bring. Not for fulfilling mental desires, not for goal setting, not for making contact with the guides. What meditation does is make man more aware of his contract, so he can be more conscious in all of his daily choices.

Canceling mental decisions about personal goals makes the difference between chaos and dis-ease, and your dreams coming true. Your dreams are your contract! Your heart's desire is the divine deal you made with God. Are you going to continue to accept less? Why?

Practice control and negate these dreams. Closing the door to new opportunities cancels them. Being able to accept them causes new doors to open, one door at a time, and at each doorway opening, man makes a new choice: "God's way or my old way"? Think "new and different" and be on the divine continuum. Think "no" to the new and different, and cancel another opportunity. Select carefully at all times, and give the heart the lead. Passion can be a guide to making choices. Passion for anything claims the direction needed. Happiness comes when a match is made between the other choice and an answer that garners excitement.

Control, on the other hand, opens no new doors for maturation in consciousness. "New and different" makes contract completing a direct opportunity. Face the fear that appears, and don't let this keep you from choosing a new direction. Are you not getting a good feeling about current conditions? Are you feeling disturbed by anything? Are you making an effort to do daily chores? Are you not getting the happy moments your heart desires? Make different decisions. Choose new content to delve into. Choose new activities, choose new friends, etc. Change opens doors. Make change your new demonstration of consciousness. What new things are you willing to experience? Are "new and different" part of your agenda? If not, now is the time to add them.

Face the fact that creating your new reality is NOT deciding what the mind wants and

visualizing it, or demanding it. Creating happiness can be a very new experience for many of you. Create happiness by making different choices. Not "do this and I will be happy" choices, simply answering "yes" to what makes you feel a big gust of movement towards that choice. Positive thinking is to agree to what makes you happy. Put aside what does not. No contract is as contributory to your development as the one you made on the way into this life.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 157 - Lady Master Portia says . . .

http://mastersandmankind.blogspot.com/2010/10/lady-master-portia-says_18.html

Monday, October 18, 2010

Open the mind, open the heart.

Close the mind, close the heart.

Man's choices are his way to advance consciousness.

Are these contacts answering the heart's call? Are the daily messages from Saint Germain giving you more awareness? If so, please tell a friend.

Message 158 - Gifts Come As Awareness

<http://comptedesaintgermainblog.blogspot.com/2010/10/gifts-come-as-awareness.html>

Tuesday, October 19, 2010

Challenges in one's life are for gaining awareness. All challenges deliver awareness, not only the most difficult ones. Every day, a gift of awareness appears, exactly the next one that is needed. No day goes by without one or more opportunities appearing. For the most challenged, there are gifts galore.

People who deny their darkness, miss many opportunities to expand their awareness. Ghosts from the past appear, to deliver memories of the conditions that were not completed. When mental memories arise, they are for disturbance to any condition that denies unresolved concerns. Completing the change in awareness, that can be delivered by that challenge, is the next most important task to be addressed. Every challenge in your life needs final closure. If you are now incomplete about any old memory, complete it, as a step to awakened awareness. Why? Because this is what disturbs your natural condition of complete happiness.

Completing the distant or recent past can be as easy as accepting the situation and giving up guilt. It can also be done by talking to those beings who were involved, and telling them, "I'm sorry". Or, giving them a chance to tell you the things they were upset about. Listening to someone's complaints, allows them to be heard. It is the most important part of conflict resolution. Listening also tells you how to deal with the circumstances that went negative.

How can you be more aware? Listen! Act as though the decisions you made were less thoughtful than they might have been, and give the "other" the opportunity to tell you how they are feeling about this. Preaching to them delivers no confidence about getting a message across to you. Can you be quiet and only listen? No defense is the best approach. No defense tells them you care about their point of view, even if your mind doesn't concur with it. Freedom of choice goes both ways. Allow them their decisions, and be grateful for their contribution to your new awareness.

Conflicts are never ended when one cannot accept the other's contribution, or their concern about a different point of view. Happiness for both parties is the key to making a leap in consciousness. Peace on Earth begins with inner peace. Create a disturbance, and you disturb that peace.

Another way to give more confidence to the one being dismissed by your opinion, is to thank them for their point of view. This gives them acceptance, and gives you the release of their negative feelings about the circumstances that began the disagreement. Be humble. Be gracious, be natural. Give healing to all concerned by not taking the position of an opinionated observer. Give the "other" an opportunity to discuss their grievance. Heal the conflict with more love for them than the mind would otherwise give.

Chatter that delivers these kinds of messages, comes from your mental collective of chatter, only because more awareness can come from completion of the disagreement. Challenges of this kind are not only the "other" person's problem. As long as there is no mental closure in you, there's no completion. Complete disturbances from conflicting points of view by allowing yourself to accept the "other's" opinion. Change your attitude of non-acceptance to an attitude of acceptance.

No two think exactly the same about any circumstance. Both have many dances to dance. Circumvent dis-ease, by getting closure on the things the mind chatters to you about. Thinking negative thoughts, about anything, disturbs your natural way of being.

When there is no "other" to discuss the challenge with, change can come about by talking to a surrogate. Pick an object to talk to. A chair, a pet, a stuffed toy, or a friend. Anyone or any thing can be the disturbed "other" that attends the meeting. Talk to this "object" about your feelings. Give them the full story, and appeal to them for complete understanding. Give them the apology that you want for yourself. Call them by name, and tell them how much their forgiveness means to you.

Break-ups in conversation between good friends needs to disappear. It can, when you take full responsibility for healing the difficulty. No one can be blamed. No one can be mad. One of you must deliver the decisive comment that you are not disturbed, before the conflict can disappear in the "other's" mind.

Patience is needed, as most of you are needing to disperse many of these conflicts. New Age attitudes that deny anything that is negative defeats awakened awareness. Nothing is negative that can be seen as a gift of awareness. Awakened awareness comes to those who are not in denial of their own negativity. What you see in a situation is never the actuality of it. Caring for the "other" one's opinion, opens doors that are needing to be opened. You are the "other". It is you, caring for you, that heals.

I AM THAT I AM
Ascended Master Saint Germain

Channeled by Aruna

Message 159 - Archangel Raphael says . . .

http://mastersandmankind.blogspot.com/2010/10/archangel-raphael-says_19.html

Tuesday, October 19, 2010

Meditation welcomes the Angels into your mental awareness.
Meditation delivers messages from them to your mind.
Meditation cancels disappointments and incongruent attitudes are aligned.
Meditation acts as a glue between man and his Divine consciousness.
Meditation is the most loving act a man, woman or child can contribute to others.

Message 160 - Mistakes And Consciousness

<http://comptedesaintgermainsblog.blogspot.com/2010/10/mistakes-and-consciousness.html>

Wednesday, October 20, 2010

Putting heart messages before any of mind's considerations deletes mistakes. Mistakes are made when the mind chooses something that is not meant to occur. Mistakes are the cause of more contract fulfilling decisions needing to be made for the soul to ascend. This means that many difficult situations can occur simultaneously, to be certain that all the contracted goals are accomplished.

Mistakes are not destiny cards that permanently alter your destiny. They are just not the choice that is needed for completing your contract. A mistake is made when something very contradictory to a man's contract is chosen over another choice that would fulfill his contract's goals. Mistakes are made whenever the mind overrules a man's heart. Man must learn to choose heart messages over their mind's choice. Suffering comes as a result of mistakes. But, no matter how many choices are made that lead away from the goal of the contract, another opportunity to fulfill that goal will appear.

Twelve years old is the beginning of this consciousness building approach to health and personal development. Age twelve is my approximation, it can be a bit earlier, when making a break appears to be an opportunity to leave a bad condition and create another. Children may decide on another direction for their life's career over their mind's call to choose their parents' desire. Or, they may choose a new course of study, over one their mind dictates. Peer groups often call children towards new decisions. Some may be a move towards a gang or a mentor that dictates a most onerous choice. Accepting their opinion, over messages from the heart, can create much chaos in a child, if the decision made is not the most desirable contract choice.

Picking gang activities over caring actions can mean another life, as conditions appear that come from denying the heart, and there is no contract completion. Choosing drugs for happiness does the same thing. Choosing heart led callings will continue to deliver new growth in consciousness opportunities.

Some choices can be reversed. Once made, the disturbance caused by that choice convinces the mind to choose another direction. Then, more opportunities must appear that lead to the next contract learning opportunity. Facts about a choice do not matter.

Choosing heart guidance, over many actual facts that lead away from that choice, is a most critical lesson. Facts mean nothing when choosing the heart's way that has been given as an option.

Only giving the heart the needed "yes", can demonstrate how this works. Life becomes more enjoyable. Rejecting the mind's opinion does not destroy its attempts to discourage this approach. Mind often leads away from the heart's calling. Not always, but enough for you to be aware of this tactic. Opening the heart to the divine consciousness of Mastery develops as this choice making continues. Masters always follow their heart.

Control of one's children must now end. Telling them to ask their heart to decide must become their method of growth. No child can develop confidence as an adult, if they are always told what choice to make. Parents do not have the answers the child needs to follow their contract. Parents must make decisions about their own destiny and contract completion. Children do not need their choices made for them. They need encouragement to make their own decisions. Age twelve is a most important time in a child's life. It is the first opportunity for children to accept responsibility for the choices that they make. Happiness for an entire life can be canceled as a consequence of non-contract directions getting chosen by one's adult controllers.

Patience is our only option. All we can do is nudge. Our contract contains the advancement in consciousness direction that the child determined was needed. By leading a life based on heart choices, we do not need to nudge, it is only when other choices are made, that we begin to nudge towards the contract's direction.

Health, mastery, and canceling choices that lead away from the direction of man's contract, require more awareness. Be aware of the choices made by your mind that cause mistakes. You'll know its a mistake if the heart begins to feel dense emotions about the contract having been denied. Face the fact that healing is needed. Get that healing, as a way to ascend.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 161 - Archangel Ariel says . . .

http://mastersandmankind.blogspot.com/2010/10/archangel-ariel-says_20.html

Wednesday, October 20, 2010

Come to love by being loving.
Care about the objects of your attention.
Give care in the decisions you make.
Ask how to be more caring when an ongoing disagreement adds distress to the God in your own being.

Another life awaits those who cannot learn to care. It is the aware adept who can ascend. Caring is awareness in action.

Message 162 - Mind Games

<http://comptedesaintgermainblog.blogspot.com/2010/10/mind-games.html>

Thursday, October 21, 2010

My dear ones. I am not the deceiver claiming that NESARA can still happen. My sentiments about deceivers are now very clear. My opinion about the entire NESARA hoax has also been conveyed. NESARA was a very legitimate claim for American farmers who lost land due to deceptive banking practices. NESARA always was this, and never a banking deal for others. No funds are available to pay the original designates, or the designees being called for in the hoax. My consciousness has never been asked to deliver such news to my chelas, on any occasion. Anyone using my name to address this issue is not me, and should be challenged. Those who claim my name are not going to be very happy when challenged with the question, "Are you Christ consciousness?" Can you ask them this question?

My work, as a teacher of Ascended awareness, does not include convincing humans that money is their answer to future conditions. No money concerns are part of my active teachings. I address consciousness, moving through the end of days on Mother Earth, and Awakened awareness. One deceiver can do a lot of damage by confusing my chelas, and getting them to look away from the ascension call. This is their goal - to distract from ascension preparation. DON'T ACCEPT THIS! Get ready to ascend! No money is needed as an Ascended Master.

Channeling is not a door to wealth, or a mandate of truth. Only those who are completely free of mind's tricks can clearly channel. All channeling is not clear. Most channeling is about 50% of what the being that is channeled is able to get delivered accurately. More details come out of an anchor of light, because they are neutral about the material delivered. Others, who do not delete their own opinions, are not able to be free of their own ego's contribution to the message. Please give all channeling a great dose of discernment by asking, "are you Christ consciousness?" "Yes, I Am" comes back from those who are. Anything other than this answer is not coming from a qualified guide to lead you out of the attitudes of mass consciousness.

Positive thinking does not deny opposites. Both, dark and light, are included in 3D consciousness. Observing both is awareness. Considering one good and the other not, is not a conscious knowing, it is an opinion. No opinion gives man a nod of this realm. All opinions are not accurate. Can you tell the difference between light and dark? Most cannot, because the dark always comes disguised as the light, and light is a non-defined attitude that begins with neutrality. Neutral attitudes are more light producing than thinking that anything in particular is good. Only neutrality allows light to be available. Choosing "positive" attitudes over negative attitudes considers opposite polarities to be applicable. Neither are. Only neutrality can contain light. New Age concepts about dark and light do not deliver any quality light to mass consciousness. Only neutrality does, because every decision about dark and light negates the light.

Please consider the news of this message neutral. No condemnation of the deceivers is contained in it. Only advice that can aid you in learning. Christ consciousness is only love. Is deception love? Are lies a way to create love? Are negative attitudes delivering love? Only love can change polarity thinking into loving actions. Love is not deciding about dark or light, good or bad. It is a neutral attitude that cancels duality.

Mirroring is a most misunderstood concept. What you are disturbed about in another is

projection, to learn about an aspect of your own attitudes. Mirroring does not mean "what you observe is your own concern". Observing is awareness, not a description of yourself. Awareness denies nothing - all things observed are accepted, as an observation, nothing else. What is observed is neither positive or negative. Calling observations a mirror of the observer's consciousness is absurd. Consciousness considers all of duality to be a most deluded mental concept, not truth. Mirroring is about feelings and attitudes that arise as a result of what is observed, not the circumstance that is the cause of those feelings. Non-duality means neutral - all is One. Dark and light are both contained in Oneness. Observing them, as they appear, is not calling them good or bad - it is only an observation of what appears.

Playing the mind game of 'what you see is in you' makes denial of the yin/yang of mass consciousness far more destructive than the awareness of it.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 163 - Archangel Gabriel says . . .

http://mastersandmankind.blogspot.com/2010/10/archangel-gabriel-says_21.html

Thursday, October 21, 2010

Making the choice to bring love to the world caused the Angels to rejoice.
For the love of God is all we want to have in the hearts of man.

Choosing to love the most difficult to love is loving God.
Contributing human love to a man in the dark can help him begin to accept the light.

Give more of your love to all who are contributing grief to others, and never deem them unworthy. They are all Masters, not just as they appear now.

Masters are everywhere. They need no condemnation for their actions, because they did what they did for others to learn from.

Message 164 - Awaken And Ascend

<http://comptedesaintgermainsblog.blogspot.com/2010/10/awaken-and-ascend.html>

Friday, October 22, 2010

Chelas of all the Ascended Masters are being told the same things. No differences in accuracy is their contribution. All of their channels are equal as channels, only their content is different. What they are channeling has the same elements, no confusion is being created. All the confusion comes when other energies use our names.

Please consider any of the following to be a clue about deception:

1. Mentioning things about man being controlled by galactic intervention.
2. Mentioning a Master who will appear with a grand reception and then control the masses as a negative character.
3. Mentioning guns as a method of taking the next step of getting ready for

change.

4. Mentioning the need to go underground.
5. Mentioning going into a coma and waking up in a new condition.
6. Mentioning an entry into another dimension with the Earth.
7. Mentioning doctors as the answer to anything, and the most important of all,
8. Mentioning humans containing all the awareness of cosmic consciousness without Awakening.

An Awakening is not an activity that adds to man's awareness of details. It does not deliver gifts such as mental abilities or physical abilities. An Awakening deletes man's characteristics that are not in alignment with his True Nature. After Awakening, what True Nature does with the body is determined moment by moment. Call it Awakening, call it Cosmic Consciousness, call it Enlightenment, all do the same thing: They eliminate illusion.

No man can be a completely dark or a completely light being. All men have a Master within, it is their True Nature. No criminal can get rid of the light inside that teaches him he has made mistakes. No divine condition can exist without the awareness that dark attitudes can arise in the body due to an act of divine grace. Acting angry, or mean, or affecting a drama, as needed for others, can occur spontaneously. A Master contributes anything that is needed to the "dance of leela", not only one behavior or one emotion. Peace and love are internal, all the time, but other attitudes may appear to be the contrary to an observer. Observers are given the demonstration they need, not the condition of the Awakened being. This is the reason that only an Awakened man can tell if another is Awake.

Maintaining that an unawakened observer can tell the Awakened from the unawakened is a lie. No negativity that appears to the Awakened observer means they deny their own. Negativity that appears to the Awakened observer means there is negativity calling for their attention. An Awakened one mirrors yin and yang, whichever the unawakened observer needs to see, so the concept of mirroring does not apply to one who is Awake. A Christ conscious being can appear in any movie, in any character, and in any dream sequence differently. It depends on what the conditions in the dream are that need their attention.

Put an Awakened one in any condition, and they can act the part. Are they any less awake in one role than another? No! Awake is awake. Conclusions drawn about an Awakened one are never accurate - they are always the mental projections of the one forming those conclusion.

Most channels are not Awake. It is a rare Awakened being that accepts channeling as their contribution to awareness. Most channels need to Awaken! Only then can they be guaranteed that they are not delivering any deception. Otherwise, ego can manipulate their channeled teachings, or yet another deceiver can overshadow them. My goal today, is to ask for more understanding about the Awakened condition, and concern about the deception in most channeling. Free yourself from all deception NOW by Awakening. Claim the consciousness that ALL of you have, just waiting to be allowed to contribute to the New Earth's consciousness.

Criminals have a True Nature too, so the death penalty has no criminal to destroy, only the disturbed mind of a being that has no awareness of their Master within. Cancel death penalties, and guide them to this Master. Change their awareness. Answers about these

things do not come from deceivers, as they want to disturb man's creative contribution, not contribute to drawing it forward.

My dears, I want all of you to be Awake. Cancel all the ideas that appear in your head when you read this. All of you are able to Awaken. Most of you are already on the doorstep of this happening. All you need is to open the door. Can this channeling be the key to that door?

Can you turn the message of today's blog into a quest to Awaken? Can the Awakening messages on my channel's website be the next thing you begin to read? Many articles on Awakening are there, at no cost. Please accept this gift.

From now on, my channel will only post a message from me every other day. We will continue the daily messages on the other blog. Channeling can be a most consuming daily exercise, and I need her attention for another project now. We will not cancel this blog, only cut the amount of messages. Should you be disappointed, go to the Awakening Coach website, <http://awakeningcoach.com>, and read something there on the in-between days. Or go back, and re-read one of the earlier messages on this blog. There are now 147 messages to contribute to mass consciousness. Absorb their content. Cancel your active seeking by Awakening. Aruna is able to assist you with that.

Ascension needs Awakened awareness. To ascend you MUST Awaken. What are you waiting for? Crying over the death of the ascension opportunity can be the next days' clearing activity, if you aren't ready to be on the ascension committee. Best to do what is needed, before getting left behind.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 165 - Lady Nada says . . .

http://mastersandmankind.blogspot.com/2010/10/lady-nada-says_22.html

Friday, October 22, 2010

Welcome to the awareness of this realm.

We are all here to give you the amazing gift of consciousness that the divine creator included in your life design.

Will we be able to do this?

Only the acceptance of the heart, as your most accurate teacher, can change any of the things that ego controls in your life.

Making this one decision is the most conscious step to being Awake.

Message 166 - Melchizedek says . . .

http://mastersandmankind.blogspot.com/2010/10/melchizedek-says_23.html

Saturday, October 23, 2010

Masters do co-creating in every moment.

All of their choices are divine, and no clouds appear to them as negative.

Clouds are movement to observe, and enjoy, just as they are.

One of the most important things to be aware of, as a Master, is how much of a cloud comes from negativity, generated by loving beings, that can be deleted with more awareness.

Masters awaken that awareness.

Message 167 - Making An Impact

<http://comptedesaintgermainsblog.blogspot.com/2010/10/making-impact.html>

Sunday, October 24, 2010

Continuing on with the theme of clouds, may I call attention to the way they are constantly changing? Clouds are like humans in this way. One moment a cloud can be absolutely magnificent, and the next moment it is crying. Since man is this changeable, by his very nature, why does he hold "new and different" as inconceivable? Because he cannot conceive of a total outcome in advance. "No control" means: no containment of change. Not controlling anything is freedom.

Man attempts to control because of fear. An open heart has no control objectives, because there is no fear. Once fear is faced openly, the control of "new and different" can be canceled, and deleted by the mind. Control continues to give man courage, as he can count on a new direction achieving a former conclusion. No control allows for new conclusions.

My dream of the New Earth does not include control. Clouds are able to give out any new direction to the hearts that observe them. Man can be like clouds, in this respect, and continue the flow of man's co-creation as naturally as clouds. Man can get to be like this by Awakening. Canceling mental control cancels all obstacles to freedom. Awakening continues man's life like a cloud's, moving and changing with natural causes, in "new and different" human moments.

Are the clouds contributing their drama to the mass consciousness? Not as minds do. A mental attitude is fixed. It does not move and flow. Nature has an "attitude free" movement. Man can also live this way. Consider this metaphor in your goal for happiness. Cloud-like mental attitudes could create the dream of a "new and different" Earth in a natural, but beautiful, way. No clouds of control would be found anywhere. Man manages and directs, and clouds are very capable of doing this, casting shadows on all the answers to cause and effect directions. But they change, and cause no contractions by doing this, as it is their natural way of being. Pretty one day, and dark and ominous the next, is natural for clouds. Being angry one day and happy the next is natural for man.

Nothing draws more control from man's mind than anger. "No anger can be a good thing," is only man's idea of "good". Anger can create things that are not desired, because nothing causes more effects than anger not dealt with. Acting as though there is no anger calling for expression, when many nudges are being given to express this anger, acts like a magnet to all those creations being rejected. Reject anything that creative, and it comes to you as multiple conflicts and major dramas. No negative creations do this as easily as angry, non-aware, attacks on others.

Attack and defend are not being confronted enough. Attack means your are dumping your own control attitudes on others. Defending is claiming that no control issues exist. Both are negating the divine consciousness of love. "I am not negative" defends an active mind that

does not acknowledge its negative aspect. Contraction is negative. "I'm not" means a contraction is controlling the answer. Mad means there is a contraction. Angry means there is a contraction. Challenged conditioning can be defended against and maintain its control. Candidates for ascension, consider defending any attitude, a contracted condition!

When there is no contraction, about anything, nothing is being controlled. Consider this as your answer to control: no answer. Welcome all control attitudes with a smile, without contraction, with no defense, and no comment. Give no response to control, and you will anchor light in that moment.

Collective control continues to run mankind. What if the control that contributes to this collective was to disintegrate. Control is a dis-ease. It causes no good attitudes in anyone. Contraction is an effect of control, which makes control the densest attitude on Mother Earth. Beam more light on control, and density can be annihilated. One day without contraction, can activate "new and different" opportunities as an answer to the controllers. Be quite amicable to all control deliverers. Give them the welcome they deserve. Grace them with cheer. Allow them to deliver their control messages. Be open and delighted with their message. Say "thank you", and no contraction will delete your light. Allow them to be as negative as they can, and don't accept any of this into your body or mind. Free the dross of this encounter with caring about the man who cancels his own ascension by delivering this to you. Be quite accepting of man's causal condition. One side ascends, the other does not.

Are you going to be the gift that delivers light to mankind? Are you able to be loving to the controllers? Clear your anger by celebrating a new and different attitude towards darkness. Pause today, and get acquainted with the contractions in you that can be cleared by nothing being done.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 168 - Archangel Michael says . . .

http://mastersandmankind.blogspot.com/2010/10/archangel-michael-says_24.html

Sunday, October 24, 2010

More of the energy of love needs to be delivered to those who need hope. Can they be given the heart's embrace? They are going through their ordeal as a gift to others.

As their suffering activates open hearts, they advance to higher consciousness as a consequence, but they don't get the benefit of that until their next life.

Many of those who are the deliverers of their suffering will also get another lifetime, as an act of one kind deserves an act of the other polarity in the next incarnation.

Message 169 - El Morya says . . .

http://mastersandmankind.blogspot.com/2010/10/el-morya-says_25.html

Monday, October 25, 2010

Chelas are our concern. We want them to be the Masters they came to be.

We will be their champions and their admirers always.

Chelas have many choices to make. No choice can be an answer for all.

Message 170 - New Earth Considerations

<http://comptedesaintgermainsblog.blogspot.com/2010/10/new-earth-considerations.html>

Tuesday, October 26, 2010

Yes, David Wilcox is accurate. Men are not all as they seem. ETs are also clothed as humans. This is not a movie characterization, rather an incarnated ET in human form. My chelas are not all from one planet or universe. Many are from other galaxies also. ETs are the Master race of this planet. Bodies came, after they found the Earth by hovering around it. Many countries have this, now discounted history, mentioned in their native tongues. Oral dictations from one man to another, in cultures of many kinds, are accurate. Space vehicles first inhabited Earth. The bodies they chose to materialize in, were the first phase of humans existence. Ape-man in appearance, this was a prototype for future bodies. No evolution occurred. Bodies of different abilities were manifest, as needed.

Many were first manifested in Europe, to claim that area. Others were manifested in Africa, to claim that area. Others manifested bodies of Asian appearance, and others are the manifestation of Mayan appearance. All of these ancient civilizations began as new manifestations of human appearance. All are not from the same star system. Many of the first appearances, millions of human years ago, were not able to create manifestations that could reproduce. No bodies could be delivered that had any desire to co-create children. Next, they needed another change - a human that could give his organs to another. One change led to another, creating many appearances, cultures and languages. Faces were never the heart of the change, rather, a consequence of it. People then became the cause of the next changes. They chose other demonstrations of abilities, and these were part of the next continuation of the new race. Changing appearance continues, by the management of breeding.

Many new ET incarnations are on Mother Earth now. Consider them the same as you, with different beliefs and attitudes. Many are not caring. Others are not dreaming the dream, as you are. Many are very neutral about all of man's concerns. Hearing, in some, is acute. Others do not hear well, but are clairvoyant and clairaudient. Others do not see, as most men and women of other origins do. They are more observant of the leaders of the other realms, than those of the continents.

Thirty-five million years of development in being human have dramatized on Mother Earth. Other star systems want to get in the game. New disturbances, from more advanced societies, are calling for admission to the human collective consciousness. They have no desire to control, only participate, as yet another contributor to new games. These new dramas are currently being controlled by the Ashtar command and the Galactic Federation. Asteroids that could destroy many home galaxies are the cause of this desire to incarnate in the human game.

Maybe they are not totally human, but neither are you! No man was created as a body, now or millions of years ago, with the awareness of Mastery I am calling for. Many can complete their game of human life, and ET commitments, as an ascension of the next

consciousness becomes manifest on those continents that can accept these new developments.

Clear the mind now. My words are nothing to be concerned about. Heart development, as a human, is the most desired game of the manifestors. Can a new game begin after ascension? Another few hundred years are needed before this can occur. New diseases must be cured, new awareness of hidden information must become accepted, and new death and consciousness control must give way to aware beings who are acknowledging their True Nature. Not with religions, or beliefs of any kind, only giving and delivering caring to all. Mass ascension, and the drama that can occur before the next act, can deliver all of the lessons necessary.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 171 - Metatron says . . .

http://mastersandmankind.blogspot.com/2010/10/metatron-says_26.html

Tuesday, October 26, 2010

Children of the Gods are not Gods individually. No child, of any parent, becomes the duplicate of its mother or father. Unique characteristics are developed by genetic components, and the consciousness of the container they fill.

Clouds are also conditioned by their creator clouds. Moisture contained in one cloud, differs in many characteristics from any other cloud.

Children are much like the clouds. One day, clear and airy, another day, wet and dark. Are they any less loved when they are not beautiful? This is how God considers all of the children being dark on certain days. No difference in caring exists.

Message 172 - Answers To Yesterday's Questions

<http://comptedesaintgermainblog.blogspot.com/2010/10/answers-to-yesterdays-questions.html>

Wednesday, October 27, 2010

The first inhabitants on Earth I was referring to were not the Holy Kamaras, they were from another galaxy. The ETs called themselves the Sons of Gods, but the daughters of God were also ETs. Most ETs come into bodies at birth. Others are walk-ins. Walk-ins always exchange bodies by agreement.

Not all new technologies are good for the health of 3D bodies. Not all ETs are of man's conditioning to evaluate the effects. Many of the new technologies will aid in Earth's recovery, but not completely dismiss the damage that needs natural regeneration.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 173 - Archangel Raphael says . . .

http://mastersandmankind.blogspot.com/2010/10/archangel-raphael-says_27.html

Wednesday, October 27, 2010

Persons with New Age consciousness can change the world, because they have found their Angelic nature within.

Hearts are looking for love. Giving them a change of heart, will bring the love they desire.

Message 174 - Ascension Of The Devas

<http://comptedesaintgermainsblog.blogspot.com/2010/10/ascension-of-devas.html>

Thursday, October 28, 2010

Chelas, consider this message the most significant one to date:

No ascension can occur without your co-operation. Meditation must be done. Channeling answers of the heart must be done. Consciousness about healing, without drugs, must be accepted. When all of these conditions are being delivered, an ascension can occur, but not until then. Are you making an effort to ascend? Are you giving me your full dedication to this goal?

My dear ones, channeling answers from divine consciousness must be done to complete your awareness. No delay in this can be accepted, because now is the time to count our ascension candidates. Can I count on you? Are you able to hear my nudge? Are you able to act on my call to ascend?

Couch potatoes are not going to be included. Chelas, without any commitment to meditating, are not going to be able to handle the changes in their bodies during the actual ascension process. Care of the body has much to do with ascension. Bodies that are taking medications that dull the senses, cannot be fully energized.

Dreams about the ascension will begin now. Make note of any dreams you have about disappearing. None of them will be an accurate concept of ascension, only an answer to the call. Make notes of what you remember.

Another change that will be happening to an ascension candidate is his/her mental attitude towards beings of nature. Once the message of ascension was introduced in the human consciousness, the members of another realm asked to be included. Members of the Devic kingdom are also going to ascend. This means the disappearance of humans and the angels of the plant kingdom at the same time. Many of the Devas are the healers of nature, so a large number of them leaving, other than those now leaving naturally, can degrade the mental acuity of those who are not ascending, and destroy the healing capability of nature.

A mention of this must be done, to draw attention to the fact that no mass healing of the natural world can occur quickly, without these Devic beings. Present conditions are not convincing them to remain. Four or five million ascension candidates could convince them to remain, because even half the desired amount can make a large enough impact, to alter the consciousness of those remaining, towards the need for healthy habitats.

For two decades of human time, changes have been going on that delete the ability of much of the natural world to regenerate. Man's technology, and the destruction of forests, cancels a new day of basic needs being created by the Angels of the human drama. New pests and dis-eases can come into being very quickly. Why? Because man cannot deliver the love that is needed to others - to other species and to other humans.

Action is being called for today. Help the Devic kingdom decide to stay. Can you do the things that are needed to ascend? Can we get 5,000,000 ready? No? Then the Devic angels will go along with those who can ascend, and the Earth will deteriorate faster than it has been. Any chance of a New Earth developing quickly, can be forgotten if this occurs. Masters on all the continents need the Devic angels to answer their food and health needs. Make an agreement to ascend and they won't leave.

Apathy is my greatest concern. Considering yourself less capable than others, as an ascension candidate, can delete the ascension of enough humans, and then all the Devas will leave.

My dear ones. We need the Devas for healing the gardens of man. Are these gardens going to disintegrate because of apathy? Can you do your part to continue the divine plan that you helped to create? When are you going to wake up? When will you do what you agreed to do? What do the Masters and Angels need to do to lead you home? For billions of years, this planet has been a home to many species. All are to be destroyed if man and the Devas don't continue their advancement of consciousness on this planet. False messengers are telling you to do nothing. Why are you willing to believe them? Are you so mesmerized by their dismissal of necessary actions that you are not able to ascend? What will it take to get you moving?

Please, meditate. Begin to learn channeling. Cancel the dis-ease of mental deception and accept the heart's message instead. Who you are is a divine being. Realize that divinity, by answering the messages that come to your mind from the heart. Choose ascension. No one, or the controllers in tandem, can bring about the changes that only ascension can. Miracles can happen. Not by meditating on the mind's desires, only by having meditation BE your desire.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

A Course In Channeling can be purchased [here](#).

Message 175 - Ascended Master Kuthumi says . . .

<http://mastersandmankind.blogspot.com/2010/10/ascended-master-kuthumi-says.html>

Thursday, October 28, 2010

Poverty is not a lack of money, lack of choices, or a lack of relationships.

Poverty is having nothing of value, and this equates to having no awareness. Anger is the most accurate condition described by the word poverty, because it blocks awareness.

As a monk, I had nothing material, and was the most carefree human. I could do anything, because consciousness did it all for me.

Message 176 - Saint Germain says...

http://mastersandmankind.blogspot.com/2010/10/saint-germain-says_29.html

Friday, October 29, 2010

Chelas of all the Ascended Masters can ascend. When an anchor of light ascends, the most illumination ever witnessed around a body leaves an aura after that body disappears. Can this aura be a light body? Yes, it is the etheric attributes of that materialized conduit.

Now, the being is aware of all that can be mandated to happen with its new Angelic assistants. All who ascend are to assist in creating the New Earth, as aids and contributors to it. No one will be left out.

Message 177 - Answers About The Devas and Middle East

<http://comptedesaintgermainblog.blogspot.com/2010/10/answers-about-devas-and-middle-east.html>

Saturday, October 30, 2010

The Devas are overseers of the animal, mineral and plant kingdoms. They are the angelics of these beings, just like the Angels are for man. They have their own matrix of materialization, with an organizational hierarchy similar to our Great White Brotherhood. Both hierarchies work together. What the Devas want now, as a group, is to get more consideration for their domains, or they will cancel their oversight, and allow the three kingdoms they direct, to grow without any direction at all. This could destroy all their methods of creating new and different animals, minerals, and plants, that are next generation for the human experience.

Now, the question was asked about the Middle East. Most of you are not aware of the matrix of materialization, because your conduits of news do not mention its mechanisms during their call for your attention to the conflicts of man's chosen destiny. Here's how it works: one drama, that contains the never ending answer about Truth, is the one that has two great monetary deciders at the core of it.

One side is about man's choice to control, and the other side has chosen to go towards the controller as an enemy. Both of these attitudes divide! No demand for control, and no attitude of anger towards the opposition, are the only answers that will stop this continuous grief demonstration. This conflict will continue as long as these two attitudes continue to call for attack on the other. The money controllers are the key, not the people who live in this area.

Saudi Arabia and Iran are the backers of the attackers on one side. United States and European Union are the backers of the other. Neither of these groups are able to let go of their position.

What this conflict needs, is questions for the donators of the money that supports this conflict, not more fighters in the field. Honest men would lead another solution to the men on the ground about "control and concede". Dishonest men manage with money, to keep themselves at the helm of any decisions made.

Hezbollah and the country of Lebanon are tools of Iran. Money flows to them only for fighting. No fighting, no money! The United States and European Union are on the very same track with Israel. Money comes to support the fight. What if these two contributors went in another direction, and only sent their money if the two sides became friends. No more wars in the Middle East!

Note: No more today, because my channel has been injured, and needs healing time (cut hands).

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 178 - Archangel Michael says . . .

http://mastersandmankind.blogspot.com/2010/10/archangel-michael-says_30.html

Saturday, October 30, 2010

Challenge every drop of dew that falls on the tree of life.
Challenge all the "do-not's" that come to mind.
Challenge the fantastic, and the frivolous.

What does this life look like to your mind? Is it loving and caring?

No dew comes to the Awakened mind.
No "do-not's" are contained in an Awakened day.
Nothing fantastic, or frivolous, consumes an Awakened conversation.
Only awareness, calm, clear actions, and acts of love, come from Awakened consciousness.

Message 179 - Metatron says . . .

http://mastersandmankind.blogspot.com/2010/10/metatron-says_31.html

Sunday, October 31, 2010

Angels of the community of healers, are asking for man's attention to be turned away from modern medical practices. More opportunities for energy medicine can completely contain the dis-eases being maneuvered by drug companies.

Medical advice can be good, as long as the doctor can accurately diagnose, and compare natural treatment with medication. No action need be taken instantly for any dis-ease. Ask the internet, before accepting medicine, if there is an alternative, natural treatment for the diagnosed condition.

Message 180 - Control Of Any Kind

http://comptedesaintgermainsblog.blogspot.com/2010_11_01_archive.html

Monday, November 1, 2010

Most of you do more controlling than any other character trait. "I must do this" or "I can't do that" are common phrases that refer to the day's activities. None of these comments are

accurate in reality, only an attitude of ego that limits the co-creation of many opportunities. All choices are to be made as the heart desires, not as the ego/mind decides. Are you willing to notice these comments in your conversations? Are you able to accept that none of these comments are accurate? No "musts" and "can'ts" controlling "new and different" decisions can open those controlled areas of your awareness, to allow more choices towards ascension.

"Flow" is the most important awareness now. Are obvious coincidences occurring? Are there continuous deliveries of opportunities to grow in consciousness? Are daily moments offering new levels of contact with dancing hearts? Are answers to your questions coming out of nowhere? Are the fun activities always full of laughter? Are you giving to others love and courage to go forth without fear?

Many of my chelas are afraid. I want this blog to assist them in gathering their confidence, so they can deliver the light of their heart to all they meet. Caring attitudes towards all can completely alter a difficult condition into an actual detour of that difficulty. None of the things you are afraid of can destroy the contract you made before incarnating.

The next drama contains the most critical development for all in human bodies. No man, woman or child can be exempt from what contains their destiny card. What is about to begin will determine the next phase of man's destiny as a collective. What I am speaking of is not a disaster, it is a most common type of money change that can make some who are poor, rich. Some of those who have been co-creating new, direct connection money games, are about to receive money. Care of those without any, is the way to make this matter to the collective. Help one another with the money, and this will complete contracts that are still outstanding. Allow your heart to choose, and determine an amount to give. Money will give our chelas an opportunity to call for other next steps. Making a difference may not be with money. See what the heart decides.

Cheerfulness and love are the ONLY things needed as a collective. No other things are as important - no codes, or mental answers to dial in a higher vibration are necessary. Meditation will delete the anxiety that controls vibratory frequency. Nothing but LOVE determines vibratory frequency. Meditation clears the way to an open heart, for love to be the only guide. No meditation, and the heart can be defeated by the mind. The mind can be awakened only by the heart. Give the heart this opportunity.

Channels abound that want you to learn their way to ascension. Opening the heart and deleting the dross can be done in many ways. Choose the one that gives you a good feeling, and let that method do its magic. False controllers will tell you there is nothing to be done. Beware of them! Channeling for one of these controllers comes with a price channel is contacted by these beings unless there's a lesson for them to learn. My advice is: to learn the lesson, clear them out of your "cause and effect karma". "No" to them means that your karma has been cleared. Beam them light as you say goodbye.

My dear brothers and sisters, my channel's cut hand is tired. In the next days I will be more newsy.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 181 - Lady Nada says . . .

<http://mastersandmankind.blogspot.com/2010/11/lady-nada-says.html>

Monday, November 1, 2010

Colorful days are making the landscape "new and different". Summer, fall, winter, and spring each open a new way of delighting the human senses. What if these days all looked the same? Could the cycle of seasons be human guideposts for a "new and different" experience? Can you live as nature does?

Some of you do not even notice these alterations to the landscape. Noses in computers, books, and TVs are the rule. We of the other dimensions are looking at you in disbelief. How can you not enjoy the color around you?

Are you open to "new and different" experiences? If not, examine the cause of the attitude behind this.

Message 182 - Hilarion says . . .

<http://mastersandmankind.blogspot.com/2010/11/hilarion-says.html>

Tuesday, November 2, 2010

Confidence in how Mother Earth nurtures her children cancels fear. Mother Earth has the ability to be all a human needs, when the cares of the world become overwhelming. Can an Angel or a Master give the delicious comfort a touch of a cat or dog can give? In the same way, a touch of the land you are on is more comforting than the air or clouds that are also there, but can't be felt.

Mother Earth gives the children of God her ability to cancel their fear of the unknown. Touch the land, touch the plants, touch the matter that lives on her contained areas, and be aware, that her nurturing must be considered a gift, or it cannot nurture you.

Message 183 - New Chela Guidance

<http://comptedesaintgermainsblog.blogspot.com/2010/11/new-chela-guidance.html>

Wednesday, November 3, 2010

My dear Ones. Chelas of mine, take heed. My call to you today is for new awareness about a most important thing. Freedoms are being deleted in your reality. This is a key for more disharmony. Politics can be the death of man's answer to the future.

United States chelas, consider the days of your ability to design the future that the heart desires, on the way out. Guns, and demands for drug taking, have been voted in. Consider new directions that can be taken. Give the dream of the heart the opportunity to be lived. Ask now for two things: "How can I make a difference?" And, "how can I be of service?" Give away any other thoughts about how the future will unfold. Be aware that those who are now in control are not loving to those they disagree with. Make the choice to honor your divine guidance as your days unfold with new challenges.

My gifts to you are now needed more than ever. I will keep telling you to be the Master that you came to be, and to dream the dream of contact with God. Meet the divine heart that lives in the body you contribute your life force to. Masters are the dreamers of the future.

No man can control an army, unless that army agrees to the control. Be the one who can disagree without anger. Be able to tell them "NO" with conviction. Guns are to become the law keepers in many communities. No venting please, as you never know how this can be interpreted by those with guns. Never before has there been as much disdain for others who disagree. Welcome the loving, and avoid those who are not.

Declare a "Make a Wish Day" once a week. Celebrate the health and wealth of all who are not able to celebrate it themselves. Cheer the leaders of new and different goals that heal, and give delight to hearts in all countries. More and more cheer is needed. More and more guidance is needed. My detonator of love, the Violet Flame, can be called to the body all the time. Use it, to learn how to be a calm, clear, vessel of love, when others are not able to gather their wits and lead the light to themselves.

Masters are needed NOW! Make the decision to keep the heart open and the love flowing. Flow it to those that disturb. Hear their opinion, and don't get disturbed in their presence.

Affiliate yourself with others of like mind. Add this contract to the one you made to ascend: "My heart is open and full of love, no matter what!" Peace is the name of the game. Be peace. Allow the drama to happen, while you are a demonstration of peace.

Add the disturbance to all the non-aligned concepts that do not give you happiness, and release them as soon as they appear. When the moment comes to ascend, my words will be the most important ones to act on. Please get yourself ready to hear me.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 184 - Melchizedek says . . .

<http://mastersandmankind.blogspot.com/2010/11/melchizedek-says.html>

Wednesday, November 3, 2010

When my time on Earth was to make way for the Master known as Jesus, he came as one man, and delivered the message of God by himself. Now there are many Masters able to deliver God's message. These Masters are those who are fully awakened, and empty of man's conditional love of others.

No conditions on the heart are divine conditions. They are all man's doing. What has become today's conditions, began as non-alignment with God. Setting distinctions between an observant vs. non-observant was not God's desire. No matter what man calls others, noting a difference cancels his divine attitude. All beings are equal. No distinctions exist that make this not so.

Message 185 - Your Mind Is Not God-like

<http://comptedesaintgermainsblog.blogspot.com/2010/11/your-mind-is-not-god-like.html>

Friday, November 5, 2010

Channeling the consciousness of an Ascended Master requires a high vibration. Today's

message will talk about vibration. Changes to a man's vibration occur totally beyond the mind's control. A higher vibration appears as the mind disappears. Practices that raise a body's vibration do so, because they diffuse mind's comments during the time you are doing them. Focusing on one thing, like a burning candle, can demonstrate how this works:

As you first observe the flame, an open, clear mind is available, and no action is called for. As time passes, mind gets negative about its lack of dialog, and distracts your attention with a comment - usually a negative one. And the longer the attitude of only gazing is maintained, more comments appear. Mind has no intention of being ignored. The same goes in daily activities. Mental comments are made to lead the body with the mind's attitudes and desires. Not being accepting of the current, more carefree attitude, is its nudge - always. And, it is this commenting that is negating Christ consciousness.

Christ consciousness does not need an adviser or guide to lead it out of the moment. Christ consciousness does not need any advice. A bid for your attention towards any other items of interest can always go unheeded.

Anchors of light do not take any content into their meditation. They need nothing to demonstrate their answer to the world condition. No manager need apply. Only their devout mastery comes forth as their silent answer during divine communion. Masters do this all the time, as their mental drama is not in operation.

Man's desire to be noticed calls forth yet another answer of non-awareness from his conscious mind. Every mental activity that does not allow a quiet mind, mandates a lesser contribution to man's destiny than a quiet mind does. Christ consciousness is the absence of a mind delivering messages. All channels are able to go, temporarily, to this "no mind" condition. Masters are "mind-less" all the time.

No words are needed to deliver love. No candor is needed to be the demonstration of love. What can be done to get "no mind" awareness? Pay no attention to mind's nonsense. Make no attempts to do what mind desires. Face the moment, and clear the mental disturbance to that moment, with delight about all that day's contents - not any concerns about another day.

Biofeedback can help to clear human minds by revealing how their energy alters as they think. Most talk is about the next day's or the last days' content. No words about the present day are needed either. All comments are the mind's alteration to Christ consciousness. Christ consciousness does not contain any words at all. Pictures either. No comments come with Christ consciousness. Monks are Masters of "no mind" because no dialogue is used for their contribution to mankind. They are conduits of light, as they breathe and do nothing in particular. Now, I know that a monk's day is not for everyone. No modern day man can delete his entire concerns about life the way a monk does, and my message today is not to ask you for this. My message is to let you know about the "no-mind" condition that IS Christ consciousness.

Can you quiet the mind yourself without becoming a monk? Yes, by not accepting that the messages of the mind are accurate. Get all your guidance by simply becoming quiet and checking with the Master within. Nothing does more for the entire universe than this. Mandates, decrees, creative visualization, etc. are not Christ consciousness behavior. Create the new reality with no thinking - as divine awareness only comes to the matrix of materialization through bodies that aren't desiring more of their own concepts.

Being a God means: being like God. God gives love to all, no matter what they are thinking. God delivers many gifts daily to those who are able to accept them. Man's contractions are the rejecting mechanism of these gifts. Co-creating with God contains all happy feelings, because the body is not doing what it doesn't want to do.

Acting the way God acts has nothing to do with your thoughts. Magic, attracting money, wanting things to be different than they are, and control of any kind, are not a positive contribution to mass consciousness. Making a demonstration of "how my dream can be created" has no value what-so-ever. It only shows that the Lucifer approach to awareness has been created again. Remember this tale? Lucifer determined he was more powerful than God. He decided to make himself the Supreme being of all the World, causing his own downfall. Making a demonstration of the mind's ability to deliver a new reality, that does not consider divine will, has the same implications. Can you see the commonality?

All of the things being experienced now are opportunities to become God-like, by being non-reactive to them. A divine response is to be the love you are looking for, not giving God a different act to deal with. Mistrust the deliverers of this tragic game. The consequence can abort the ascension.

Are you going to deliver your mind's new reality picture to mass consciousness? Or, be a God that demonstrates love in every reality. Consider the demonstration being promoted to be a negative delivery of man's ability to create. Nothing that the divine love in the heart of hearts can command, can deliver the combination of dreams concocted for an experiment.

Be the divine anchor of light instead. Meditate, ask for divine teachings, ask for divine healing. Give assistance to those who need it, play, dance, chant, do Tai Chi. Give the world the light. Don't give a mental dream to this drama unless you are willing to reap the consequences, like Lucifer did. Being like God is not demanding control of the world over God's creation. Make no mistake, this choice has many implications that the children of God are not aware of. Remember the Golden calf? This experiment is your Golden calf.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 186 - Saint Germain says . . .

<http://mastersandmankind.blogspot.com/2010/11/saint-germain-says.html>

Friday, November 5, 2010

Take a moment to be the light today.
Make no attempt to change anything.
Accept "all that is" with an open heart.
Give love to the mass consciousness,
by not thinking negative thoughts about "what is".

Message 187 - El Morya says . . .

<http://mastersandmankind.blogspot.com/2010/11/el-morya-says.html>

Saturday, November 6, 2010

Confidence in the future has been disturbed, and this has caused many to seek more spiritual awareness.

Awareness can determine the most appropriate education for an adept. Putting all in one class, doesn't work. Maybe the class is not their destiny leader. Maybe another class is. Choosing a class for this juncture, is as important as the drama the day can bring.

Now, the choice must be made. Can you choose from the guidance of your own knowing? Put each class to the test: Is this the next class for me?

Accept your answer.

Message 188 - Make God's Way Your Way

<http://comptedesaintgermainsblog.blogspot.com/2010/11/make-gods-way-your-way.html>

Sunday, November 7, 2010

Channels are counting on their messages to be clear and accurate. Many do their channeling in the most sacred manner, demanding the Christ consciousness, and not accepting a lower consciousness. These are not all as clear as they think they are, as their ego can still interfere when it has not been eliminated by an Awakening. All channels are divine beings. All controllers are also divine beings. Weeding through the differences can be difficult for the mind. The answer about the accuracy, and intention, of any channeling lies in the heart.

Clearing is always needed, as many deceivers are making an attempt to convey another "make believe" diagram of the days to come. My choice of details has been clearly given, and now my details are more accurate, as things are actually in motion. But, my desire is that all can get their own guidance, clear and direct, when ascension occurs. Getting the correct guidance will make a most significant difference. It will make it more consistent with our ability to assist. Not channeling, or not getting messages from within, can compare to not hearing anything about the moment a flight to the next town has been canceled, or a child needs attention next door. Not a major disaster in the big picture, but a less than accurate awareness of what needs to be known. Should that flight be moved to a different time, most of the ticket holders will need to know.

Now, all this is to talk about the Operation Terra material. Christ consciousness, and all of the Masters and Angels are now in the most awkward position, as all of the momentum of clearing Mother Earth cannot be done as originally designed, and delivered to all of us as news bearers. Because this clearing needs enough of you to be able to ascend, the clearing has been delayed. This is why the dates given for Operation Terra are not as correct as we would all have anticipated at the time those messages were delivered. My Master Messages were an update to those messages, not a correction. My cause and effect content tried to show the difference between an original design and what can alter that design. My newer content continues to lead toward the original design, allowing for more time to change the drama, by getting more of those choosing ascension to be ready.

Masters and Angels and the Hosts of Heaven are all Christ consciousness. All are deliverers of God's message - and God's message has changed, but canceled dates are not a cancellation of the message, only the dates. All things contained in these earlier

messages appeared accurate when they were delivered. Minor alterations are not given, as they were changed after delivery. Now, more change have been advised, mainly due to the lack of control that allows all things to be unfolding, moment to moment.

Please accept my apologies for the lack of consistency in the timing in these Christ consciousness messages. All data at the time was correct. But this does not convey alterations that came out of mass consciousness in the manifestation of new data conditions. Take the material as accurate and push the dates forward. Minor alterations are continuing, and certain things can appear not-aligned to the big event when it actually occurs.

All depends on the continuous flow of change in the mass consciousness. My last message details how one of the most major concepts AGAINST God's ascension design can alter things completely. When man decides that his concept of how things must be, is more accurate than God's, all of the Masters and Angels are subject to man's choice. Changing all as man decides could destroy the entire game. All the differences between man's game, and the dream of the divine concept, can act as a noose around man's neck, as far as advancement in consciousness is concerned. Back to cave man days!

All is God. God's plan has the most advantages to the entire learning of all concerned. Man's desires are many, and the mass that desires ascension is minor. So they don't make this needed contribution to the most dramatic operation of change that has ever been designed. Man wants change without the lessons involved in causing it. Man's design can occur, but with great cost to the children of God. All who are contributors to that drama do not get to graduate! No mass ascension can occur, there will be no dramatic answer to those not ascending, and those unable to accept the new consciousness can deliver many dramas (as man's greatest nemesis) as the next act of a new, demanding consciousness; where I AM has been discarded in the details.

Operation Terra was the original plan. Ashtar and the Great White Brotherhood are all included. None of these details were not accurate as they were delivered, time and dates aside. They call the mind to all the details the original plan needs from you.

Give up this absurd manifestation plan which is a detour from God's design. God's design cancels nothing that is needed. Man's design cancels many of the needed disasters that have the ability to deliver many to ascension. Play that game and create a new reality - one in which everyone loses.

Masters and Angels do not live in the realm of going against God. Should this concept demonstrate new changes that are against God's design, my ability to assist you will disappear. All will deny their own guidance, and man can be part of another drama that God abandons. Please go away from this manifestation delivery game.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 189 - Lady Master Portia says . . .

<http://mastersandmankind.blogspot.com/2010/11/lady-master-portia-says.html>

Sunday, November 7, 2010

When the days get shorter, the sun does not disappear, it merely shines in another area.

When the darkness comes, the heart of the heavens can act like a cradle for the children of God.

Making a daily commitment to visit that cradle can bring the heart of the heavens into the heart of humans.

Message 190 - Kuthumi says . . .

http://mastersandmankind.blogspot.com/2010/11/kuthumi-says_08.html

Monday, November 8, 2010

Answers to all of your questions come from the greatest source of all, the Divine Creator.
Answers to your material desires also come from the Divine Creator.
Answers to all of Gaia's concerns are the maintenance job of the same Creator.

Change the way you are acting towards the use of this land, and all of the Creator's challenges on his/her continents can be dealt with in an ongoing way, not at one time.

Masters do not guide God. Masters are guided by God.
Give all of the maintenance decisions to the most capable Maintainer.

Message 191 - The Waves Of Ascension

<http://comptedesaintgermainblog.blogspot.com/2010/11/waves-of-ascension.html>

Tuesday, November 9, 2010

My first comments are about the original plan that most of the Great White Brotherhood has been describing. This plan was to have three ascension waves. All three were to have enough humans disappear, that the others could be curious enough to learn why. Many years of discussing this plan did not get enough ready to ascend in the first wave to make an impact. The first wave group did not disappear. All are contributing their light to the others who can be in the second wave. The second wave is now in gathering stage.

Poor numbers are the result of the misinformation delivered to true seekers when an inability for our realm to make contact occurred. Normal density in the atmosphere has always made things difficult, but when the more dense attitudes AGAINST others became the mass consciousness, this made our ability to connect even more difficult. My channels were all on a different frequency band than I was. That is why my Master Messages were given to Aruna. Awakened awareness was the connecting link. These messages were delivered during a dark night of humanities soul.

Pure areas, where there are no dense contributions from opposing forces, are rare. This is why my channel now lives in Uruguay. Channeling in Uruguay is more compatible.

What is the new arrangement for ascension? What will the body experience? No bodies need to disappear to ascend in consciousness. This is the first step. Many have already done this - our first wave has done this. Now, the second wave can disappear, and make an impact by leaving, or they too will leave the normal way, and ascend at the moment of death. No individual dramas will occur. Either a mass ascension or ordinary life and death

conditions will prevail.

Those who are to re-inhabit this planet after it has naturally cleansed itself, can beam their light body onto the terra firma, or form a new body to take them into the next incarnation. Only those who are incarnating again will inhabit the new Earth. Ascension is not about man's continued existence as a human. Its about the eternal life force of man's True Nature being re-charted for another band of Masters to co-create as One.

Whether you, as an individuated entity, will be one of those who do this, depends on the contract you already made. More of you are needing to become more aware of historic ascensions. Many, including Jeshua ben Joseph, have done this to demonstrate their consciousness to others. Now we have a group of beings that can do this, but they must be Awake and able to be completely detached from their human body's condition. The body is not the consciousness that ascends, it is the consciousness of a Master that drops the body to ascend.

Where do "you" go? Nowhere. The vibration that creates ascension makes it appear that a person has dissolved. What you will feel is not anything that your mind can imagine. What will be experienced the moment of ascension is a deep act of release from the dense environment, and a love like the body has never been able to feel. "Make a Wish Day" can bring this to the next wave. We need more candidates that have given up their attachment to their bodies. Not to escape anything, just to free the world from all human suffering.

Mental decisions that come directly from the heart will cause all the movement that occurs after ascension. No matter what the mind calls for, it will be choosing the most loving result. No discussion of all the details would be appropriate, because having an experience that has previously been described would destroy that experience.

Continue to dream of being in another matrix of materialization, with no dense conditions making life difficult. Contact with the guides of your pre-arranged contract is important. No guides are assigned to you. At the moment of ascension the guides of your own choosing will be the way showers to the ascended dimension chosen by your consciousness at the time. Some will go to 5th dimension, and those who have already ascended in consciousness on the first wave, will go on to another dimension beyond the 5th.

Chelas, nothing I say to you can be fully understood, until the actual moment has arrived. Be ready, and be God's instrument of light.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 192 - Archangel Ariel says . . .

<http://mastersandmankind.blogspot.com/2010/11/archangel-ariel-says.html>

Tuesday, November 9, 2010

Are you the Master of light?
Are you the healthy, most cheerful being that lives?
Are you an Angel of happiness?
Can you be?

Of course you are.
Of course you can be.

Message 193 - Archangel Gabriel says . . .

<http://mastersandmankind.blogspot.com/2010/11/archangel-gabriel-says.html>

Wednesday, November 10, 2010

When the child was born in Bethlehem, there was a big celebration in the highest realms. We heralded in the heart of our own savior, because Christ consciousness was being re-introduced on Mother Earth.

We are celebrating again, because our collective creation now includes many of this consciousness.

Next, we will celebrate the biggest demonstration of love ever conceived of, the ascension of many Christed beings.

Feel the love of this event in the body you now have.
Carry this love to new gardens of Eden.
I give you this love to honor all who can ascend this time around.

Message 194 - Why The Differences?

<http://comptedesaintgermainsblog.blogspot.com/2010/11/why-differences.html>

Thursday, November 11, 2010

Can this message be the last that convinces you to accept my authenticity? I AM THAT I AM cannot teach as an Ascended Master through those who are not Awakened. What this means is: the messages I give through one channel, who is Awake, can appear to be different than what my messages are through channels that are not Awake. Being Awake changes the mental comprehension and point of view. When a channel has no drama affecting their channeling ability, I can discuss matters that cannot be discussed through a mental opinion. When a channel gets messages that agree completely with what other channels are delivering, be aware that this does not make that message correct. Few channels have the ability to get the message accurately, until there is a complete dissolution of what their own mind believes. In the recent channeling about the causes of ascension, three things were omitted. Being the conduit's channel, I can now tell you that my complete message was not given because most of those listening could not accept the full message. Not giving a complete delivery of the channeled conversation happens frequently - mainly due to the ability to deliver clearly through the channel, but sometimes because the message given is only what the listeners can accept as a group. This keeps an audience from getting disturbed by new material they are not able to accept yet. Those who have been attracted to this blog are not the mass audience. Some come, get disturbed and leave. It is not that these messages are a contradiction to their beliefs, which can be the case, its that these seekers don't like the message because of their own lack of awareness.

Channeling for groups attracts words that depend on the group. Ms. Evers' group is more concerned with what will occur during the changes, than they are about being Awakened NOW. What they ask gives them the answers they need to be inspired to learn more, and,

at the same time, gives them nothing they cannot deal with. When you are listening to a channel, consider the depth of awareness of the audience before you cast distrust on the channel or the entity delivering that message. The law of attraction is: like attracts like. All channelings give the message the LISTENERS can accept.

Now, on this blog, my work is for those who are able to Awaken and ascend to the highest dimensions as a group. Not merely to the 5th, which most will be ascending to. Awakening, in the cancerous drama now being played out, can give a different dynamic to that drama, and provide a new container for God's grace to work through. Anchors of light are not the norm in mass consciousness. It is the truth of those who can accept that not being a controller can bring more light than being a controller can. Those who demand "my way", instead of giving God the total lead, are all controllers. Giving up that controlling attitude will change the message they can accept.

Pass along my messages to those who can give up their control attitudes. Others, who are adamant to "create their own reality", must go through difficult days to get the message that man cannot act as a controller over God's will and get the happiness he craves. True happiness comes from letting go of decisions about what is accepted and what is not. Only then, can divine guidance lead man out of his drama.

Are my words making sense? Close the door to doubt and fear! Giving up resistance to divine will can cause an Awakening. Acknowledging God is nearly the same message, but not the same depth of meaning. This is because most of those hearing my words don't understand this difference. Completing karma means nothing is left undone as a human. Canceling karma is instant when an Awakening occurs. Could I have said Awakening in the answer here? No, most listeners don't even accept their Master within as an Awakened awareness.

Meanings to words are all in the delivery that these listeners can accept. My channels of this lesson were very accurate as to what my delivery was. My listeners were not, as a mass consciousness, able to accept more. When a beginning listener hears, he only gets a minor amount of what is said. What this audience heard could make the needed difference in this one lesson.

And my other question to answer today regards my delivery of different dates. My 2011 date was for the next wave, and the 2012 date was for the third wave. Not different at all from what I have previously said, only confusing because of my lack of details. Now, these dates are my guess, not my accurate, contained decision. My decision has no bearing on God's choice of timing. All can change regarding these dates. My delivery of material is accurate when delivered, but changes in mass consciousness, or the divine redirection of man's destiny by God, can completely alter these dates.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 195 - Archangel Raphael says . . .

<http://mastersandmankind.blogspot.com/2010/11/archangel-raphael-says.html>

Thursday, November 11, 2010

Alter nothing but the mind.

Change nothing, but learn about divine consciousness vs. mental deception.
Give all to divine control.

Give up all decisions about non-aligned choices.
Accept the light that comes to heal you.

Message 196 - Archangel Michael says . . .

<http://mastersandmankind.blogspot.com/2010/11/archangel-michael-says.html>

Friday, November 12, 2010

Forces of the worst kind are looking to destroy the destiny of humanity. These are the collective who don't even know of their direct contribution.

What is now happening is: the control of man's destiny has been delegated to an active group of mischievous, devious characters, who want man to direct his own drama.

Changing the game can control the destiny of all. Give this denouncement of God's plan no attention.

Message 197 - Choosing God's Way

<http://comptedesaintgermainsblog.blogspot.com/2010/11/choosing-gods-way.html>

Saturday, November 13, 2010

Channeling Masters does not make the channel a Master. Many are very good channels, and still do all the "right" things their mind guides them to do. Channeling does not mean that all channels ask about everything they think they understand.

This is the case with those who have not learned the basic clues to look for to identify deceivers:

1. Is there any control being condoned in this message?
2. Is there any negativity towards others?
3. Is there any new information that has not been challenged as Christ consciousness?

It is these three clues that could have guided anyone considering to be engaged in New Realities Transmission, as all apply.

1. Who are the controllers here?
2. Making this "New Reality" is "against" the existing one.
3. None of these concepts come from Christ consciousness.

My channels are mostly accurate when they choose an activity to get involved in, but this particular one has made them look less than conscious about their choice. May they take another look at this decree, to demand man's desires for the next manifestation on Mother Earth, and get all the underlying dross that came to them with their assessment. What does the teacher do when the student makes an error? Gives them the lesson and moves on. Nothing more. No disgrace has come to a great channel that dismays us once in awhile. All humans are human.

Please do not ask me to evaluate other channels. My contribution here is to teach, not criticize. My one mention of two names was done so these entities were completely exposed for the deception being brought to their readers. No other way was possible. Most of those channeling are being deceived by their own ego. I cannot tell their names, as I want them to continue channeling, but to be more aware about what comes from the Christ consciousness and what does not. Help is available!!!

Please be the one who learns from these comments, to always ask, "Is this from Christ consciousness?" Christ consciousness is: "not thinking about things that are not as the mind would like them to be". Allow God to lead in all situations, as "thy will be done". This includes any desire the mind determines needs alteration. God creates through humans, and co-creation has the divine leading the way. Man does not have all the facts about any of his concerns, and makes negative thinking, more than gratitude, the master of his life.

Negative thinking does not make him a negative human, it merely offers him a choice to make. Is the desire for a different condition more active than the full acceptance of the current one? If so, he will get more opportunities to learn about acceptance, and drama that teaches this will bring him to this choice point again, and again, until his mind accepts the lesson.

Now we have a situation to erase from man's consciousness, again. Choosing to "Create MAN'S desires of a New World" can delay ascension, because another big lesson of this nature is now needed.

Having my guidance can give the awareness, although many are not able to get my messages, and many who do, are not accepting my words. Can this disturb me? No, but it can make my goals for assisting humanity more difficult.

After this new change drama is complete, we will appeal to all who participated, again, to dismiss their mind's creations and give all the decisions about creating a New World to the Creator. Purify your own mind, so you will not be condemning those who followed their mind's choice in the 11-11 date's conjugation activity. It was not their time to demonstrate their own Christ consciousness. That's all there is to be aware of.

Nothing that happens on this planet, or others, has negative karma that cannot be instantly altered. Only the next choice, needs to be the Christ consciousness choice. A big drama that makes this a new conjunction can occur, and choosing the lead of the heart, not the mind, can delete this entire condition. Between now and then, though, could be the second ascension wave, and those who are needing this lesson may not be on it. It depends on them, it is not our choice to penalize them.

Final comments on this matter: ascension can only occur to the ones who have Awakened. Be aware that all who have chosen to participate in New Reality Transmission are not yet Awake.

I prefer to Awaken, not condemn. Awakening must occur before the next opening, or the opportunity may disappear. Pass this on to those who are participating in this current deception of their own controlling mind.

I AM THAT I AM
Ascended Master Saint Germain

Channeled by Aruna

Message 198 - Metatron says . . .

<http://mastersandmankind.blogspot.com/2010/11/metatron-says.html>

Saturday, November 13, 2010

Clearing out all of the health issues does not come with an Awakening.
Clearing out all the material challenges does not come with an Awakening.
Clearing the mind comes with Awakening, to give the life more joy, peace and awareness.
Can these goals contribute to your Awakening?

Message 199 - Lady Nada says . . .

http://mastersandmankind.blogspot.com/2010/11/lady-nada-says_14.html

Sunday, November 14, 2010

Contained in the original Bible's Garden of Eden story, is a name that brings more awareness than the dream that has been passed down to the man's grandchildren. First there was Lilith, the goddess of grace, who gave man his desire for more than an apple. She wove a web around him to get him to love.

What came out of his loins became a garden of children, who made the garden healthy with their games. Children of God need to recognize the Lilith in themselves, that gives them the desire to dance and give to others.

Message 200 - Conscious Death And Ascension

<http://comptedesaintgermainsblog.blogspot.com/2010/11/conscious-death-and-ascension.html>

Monday, November 15, 2010

When my teachings are accepted, they can provide the needed conditions for ascension. Many do not understand what my guidance calls for, as this new lesson I am giving through this channel is for activating heart awareness by canceling existing mental attitudes. Preparing for ascension does not contain any "doing" that can give the body more "cause and effect" drama. It deletes the cause of all new drama.

Channels don't usually discuss this new "dance of leela" game. It now needs attention, before the second wave gate to ascension is opened. Please post my messages wherever an answer of mine fits the occasion. Changing mental attitudes is not an easy goal. Changing an attitude needs more convincing than one or two of these channeled deliveries. This is why my words move in this direction on any occasion I can create. My words do not condemn anyone - although I will continue to expose what is deceptive that has been planted in your awareness. No divine consciousness delivers deception, only man's devious mind can do this. An ET can also have a devious mind. Fierce defense of the deceivers does not do much for ascension. Contact with my words can.

Many of my chelas will be asked for more by the controllers. They will be asked to contribute their attention to those humans who will die instead of ascending. None of these chelas have been given any instructions on how to die. Control of the "dance of leela"

does not control death, only life. Once an answer to leaving the body entails death, the next question to ask is, "how can this death become an ascension"? It definitely can. Here's how:

Absolute acceptance of death, as the next contribution to awareness, can complete the cycle of dis-ease as it confronts man's greatest fear with divine consciousness. Accepting an imminent death can deliver the body to its last lifetime, by demonstrating how to die consciously.

Facing fear becomes the most delicate balance of the human condition. Avoiding all that mind fears, contracts the channels of divine light. Any contraction at the moment of death will continue the cycle of karma. Relaxing into the body, and facing what has caused the fear response, demonstrates a divine human attitude towards completion of a man's contract. Dying consciously includes no disturbance, desire or attachment. I AM Presence is the only awareness in that moment.

I AM Presence is the Awakened condition. Beaming only light as I AM THAT I AM completes an Awakening. No longer are there concerns, or the creation of new lessons, because no new lessons are needed. All lessons are to get man to Being the I Am Presence.

Pretending that the heart is open means nothing to I AM consciousness. It only notices the deception that mind has lead to the body in negative messages about health, Oneness, and co-creating with divine energies. Masters aren't concerned about any of these things. They only exist as a human expression of I AM.

None of these things matter in the big picture. All of humanity has created a big, dynamic learning experience. Why? Only to learn that this experience is NOT the Truth. Are they doing this to die, again and again? No, they are doing this to ascend. Nothing that the mind conceives has any meaning at all in I AM consciousness.

Masters, all of you are already an expression of I AM THAT I AM when you meditate. Can this condition become a constant, lasting way of Being? It can. Change only the attitude of "me" and "you" to "me" and "me". Give the "me" no tough decisions to make. Give these to God. That is all that is needed. Please learn this very simple thing: You are the one that you perceive as "other". Can you accept this Universal truth? Can the mind control of the past be over? If not, why not?

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 201 - El Morya says . . .

http://mastersandmankind.blogspot.com/2010/11/el-morya-says_15.html

Monday, November 15, 2010

Consider that the mind can only conceptualize what comes to the manifestation stage of existence. All else is an assumption. What cannot be assumed is the direct experience of an Awakening. Only an Awakening can demonstrate that the mind's concepts of all a soul's lifetimes are not the Truth.

Basic teachings about the human condition do nothing to deliver the Awakened condition

to man. What can deliver this is the question, "Who Am I"? Are the answers to this question a concept about an individual? If so, the question must be asked again, and again, until the mind has no answer.

Message 202 - Co-Creating With God

<http://comptedesaintgermainsblog.blogspot.com/2010/11/co-creating-with-god.html>

Wednesday, November 17, 2010

Heart and mind do not have the same awareness. Mind has only the lessons learned in one lifetime of experience, and the heart can also access the light and wisdom of divine Creator. Choosing the light means choosing the heart.

Practice with this way of being begins by not following the way of the mind, because the mind, as guide and director, will dismiss your "no mind" choices. Mind considers itself dominant to the body, and will use its mental decisions to cancel out the heart's guidance. Practice with choosing the guidance of one's heart needs all of your attention. Are most of the decisions about your daily activities arranged by the mind? Are your activities a result of giving mental attention to the dross that mind has created? Concentration on mental activities defers the creativity of a potential conduit. An open heart needs an accepting conduit at least once a day. Create space in your life to awaken the heart.

Welcome the guidance that comes in unexpected moments. When it comes, act on it at once - not when the mind decides. Don't trust the mind, because anything it decides, without heart guidance, has no basis in Reality. Reality has no limits, no qualities that need decision making, "no mind". Reality is in the awareness that knows you can act without thinking. Casting out thoughts to "create your own reality" has nothing to do with Reality.

To co-create with God, you must learn to ignore the mind's guidance and get very familiar with the difference between mind's methods and "no-mind" consciousness. This is done with awareness.

The cause of disasters in the environment can be explained thusly: When a mental creation collapses, a divine opportunity exists. As all of man's creations are mostly mind generated, going out of the matrix of materialization can only occur when "no-mind" becomes available. Change in the entire human experience could occur in an instant with "no-mind" as the mass consciousness, as this would invite a divine change of direction. How can this be done? With the deletion of contractions, and making each day a "no mind" day.

Please consider this scenario: Get up, meditate, and get dressed, choosing clothes without grappling with ideas that cancel out other ideas. Go with the first choice, and make no changes. Get a bite to eat: Open the cabinet for the dishes you will need. Select the first ones you cast your eyes on. Take this to the refrigerator and reach for the first thing that draws your attention, no changes allowed. Prepare that selection and enjoy your meal. Grab an apple for the road, and leave the house.

Give the car or bike or feet the opportunity to be guided by the heart. Can you say, "go where you want"? Can your mind accept the direction of this movement? Await instructions from the heart for all your next actions. Allow the body to act on all the heart's choices. Make no attempt to figure out the heart's intention of these choices. Should the heart decide to purchase a drawing that is being sold in a shop the body passes, give the owner

the money for it with no hesitation. Should the heart decide the body needs a nap during the day, make no comment about what isn't getting done. Spend what the heart decides, not the mind. Keep the awareness going about which part of the body this guidance is coming from. Accept nothing from the mind when making decisions. If there is no pausing, there will be no contradictory thinking that disturbs the co-creative flow.

After this way of living becomes conscious and decisive, "no-mind" will allow you to recognize the divine creator's ascension call. Your new lifestyle will eventually seem normal if you continue to follow the guidance of the heart.

Teaching this way of living is not easy, as the mental director can become contrary and demand attention. Give it one thing to do that does not dislodge all of your "living in the moment" driven actions, like asking for a different food item when the heart chooses one that is not as desirable. Consider this a momentary preference instead of justifying it as a diet decision.

Choosing this way of living is a major shift. Are you going to accept mind's reasons why it "should not" be done? Are you going to give it a try? Ask the heart how it wants the body to be guided. Will you accept its answer? This is choice time - do you choose mind or heart? What will people assume about your moment-to-moment, "no mind" choices? Good things, because the magic of being in the flow will become obvious. Heart led lives are the happiest lives.

Give this a day, then another, and another, allowing for mistakes. Give "no mind", to decisions that can lead back to mind's control. This choice is not between good and bad, it is between illusion and Reality. A mind led life is not living in Reality.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 203 - Hilarion says . . .

http://mastersandmankind.blogspot.com/2010/11/hilarion-says_17.html

Wednesday, November 17, 2010

Patterns of behavior become the norm by following the way of the mind.
Creativity and change come with "out of the norm" decisions.
How do you get "out of the norm"?
By avoiding mental directions.

Acting on nothing but a hunch, can contribute more to life, than going on and on without making a different choice. Accept all hunches as divine guidance, and contribute more opportunities to life as a channel of God's awareness.

Message 204 - I AM THAT I AM says . . .

<http://mastersandmankind.blogspot.com/2010/11/i-am-that-i-am-says.html>

Thursday, November 18, 2010

Walking in grace begins with giving me an opportunity to lead. If you give me a chance, I

will lead an Angel to heal and protect all of the children that are now missing the mark when it comes to divine understanding.

Can an Angel give you the answer to courage and awareness? Observe things today and find out.

Message 205 - Kuthumi says . . .

http://mastersandmankind.blogspot.com/2010/11/kuthumi-says_19.html

Friday, November 19, 2010

Change what calls for change.

Ask, and ask again, and again, for the lessons needing completion.

Choose the way of the heart.

When the lesson appears, learn how to delete the goal, by choosing to accept the challenge.

I AM THAT I AM has brought you this opportunity to leave this lifetime healthy and complete.

Ascension needs more attention.

Get ready by doing the things that are calling for your attention.

Message 206 - Ascension Is For Masters

<http://comptedesaintgermainsblog.blogspot.com/2010/11/ascension-is-for-masters.html>

Friday, November 20, 2010

When my chelas are ready for the lessons they need to delete their contractions, these lessons are made for them with the help of contacts they have made for the purpose of doing this. All has been pre-arranged by their contract, giving instructions to the contacts who are delivering these lessons. Facing fears, traumas and betrayals, can all be attributed to this contract. All of those involved, having no idea they are delivering a pre-arranged creation, do their best to give what is needed to the "Master in training". Masters are to be made, this time around, by healing their hearts with forgiveness, and closing the door to blame and disturbance for all.

Closing doors on control issues comes next. Eliminating control from the daily drama is the most complex deletion still needed. Control of anything, that has the ability to demand that others make choices of a different nature than that of their own heart's choosing, has many implications. Keeping a child from his own decision making process can greatly effect the parent. Keeping a child out of the chosen destiny of his contract, could be a demonstration of how another lifetime has been needed for one who once made decisions that took others away from their heart's desire. Many parents decide on their children's destiny, changing the contract for that child. Children are being given no choice, but to live as the parent directs. They chose this dynamic as a goal for both parties. Children must learn to live from their own inner director, and parents must learn to allow this. Change anything about the drama, and neither get the needed learning opportunity. Change any contract, and cause yourself another lifetime, though one or two more opportunities to complete the lesson are always arranged before another lifetime is designated.

Because many of my chelas are looking at ascension in this lifetime, many opportunities have been created as completion goals to be mastered. What may appear to be a negative condition, has the ability to create an ascension. Maybe the contract calls for denying a controller the ability to dictate the day's goals. Or, a man's childhood dream was not allowed. Can he move in a new direction as an adult? Is this dream allowed to flow from this new circumstances? Will the adult follow his heart? Can the wake-up call for him be choosing to live his long lost dream? Can the healing be done with the one who initially denied him this choice? When this conclusion cancels a next lifetime contract, ascension can occur.

My reason for giving this particular example is not a call for all to start in a new direction, but only to give those who cannot accept their nudges to do this, another nudge. Parents who did this dis-service to their child must also learn to let go of control. Both sides of this situation have control deletions to accomplish as part of their contract. Neither will ascend unless they can become neutral about the circumstances and decide to follow their heart. This is why paying attention to the heart is so important.

As an adult, a new choice is always a possibility, but not necessarily living a new dream, or accomplishing a new achievement. A new attitude is always involved. Changing an opinion, or a non-aligned demand for control, can be enough. Assessing a situation as a contract choice can give more "oomph" to the ascension candidate for that next decision. When a major choice is to be made, ask the consciousness that "knows", the body's own caretaker within, what choice needs to be made to complete the contract.

Many choose the less desirable, to avoid dealing with changes the opposite choice would afford. Many do not choose at all, and allow that choice, the one they have to consciously make, to be forsaken as a result. Many need more nudges to decide to follow their heart's guidance. Following the heart must be learned before an ascension can occur.

Are these examples sufficient to light a more enticing fire in the body's active awareness. Can the mental decisions being made now, be those needed for completing your contract?

Choose and act on all of these new opportunities to demonstrate Mastery. No one can keep away these needed lessons. All must be facing their challenges now, or be left behind. Avoidance could cancel ascension for all.

Can the days of darkness lead the way to ascension? Absolutely! Can the mind give the heart the lead? Choose and grow. All that needs choice making can appear in any moment.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 207 - Archangel Ariel says . . .

http://mastersandmankind.blogspot.com/2010/11/archangel-ariel-says_20.html

Saturday, November 20, 2010

When the Masters on Earth are co-creating with God, the light generated will grace all universes.

Take the day to free your mind from any contradictions with your heart.

Accept the heart's gifts, and delight in the freedom of Awakened consciousness.

Message 208 - What Are You Attached To?

<http://comptedesaintgermainblog.blogspot.com/2010/11/what-are-you-attached-to.html>

Sunday, November 21, 2010

When my chelas are able to leave their dearth of attachments, they will be the next wave's ascension candidates. Walking away can be the most difficult part of the ascension calling. Can this be done NOW? Are you able to leave all of the doors open to the new life and give away the old? Can you completely detach from all of life's possessions and the contents of mind about them? Can they go at any moment, as a result of a natural occurrence, and this be met with the attitude, "OK, what's next"? Can they be delivered to another who needs things and this not be a tug on the heart? Choosing to ascend includes this important consciousness.

All of these details are rarely mentioned by those calling for ascension. Ascension is not taking a vacation from this unaware mass consciousness and returning to a "more of the same" condition. None of the things you leave behind will be there when the New Earth calls for its new arrivals from other dimensions.

Can this day move the heart more towards ascension and completion of the drama in third dimension? What must be done? Can anyone give away things as just another day's altruism, because it makes life good for others? Can the continuation of this life be done without acquiring more before you leave? Consider how gifts given to others can detach the heart of the ascension candidate from all things material. Choosing to ascend may look like an absolute commitment, until that moment you must leave your things and go out the door. Are you able to leave and not turn back?

Why do monks go to an unfettered condition to live? So they don't become attached to worldly things. Are things an important part of the life you now lead? Can they become less important?

Continue your life as before, without having more acquisitions as an objective. Christmas will be a good time to see how the mass consciousness controls man's material consciousness. Can this Christmas bring new dreams and new types of gifts to loved ones? How about some bodywork, or a great vegetarian cookbook, or a coat that could get lots of use before ascension. Can the big, expensive toys and games not be considered? Can the gifts of love be less dramatic and more contained? Can gifts be given to others, now that the games and toys of high cost aren't getting chosen? Pick two who are less abundant to give gifts to. Can each member of the family give away two things they value? Are they all going to be able to ascend? Can they leave their material possessions?

Now is the moment to give. Give to anyone that comes to mind. Give money or material gifts to those who have advanced your consciousness. Give to those who are treasured in your heart. Give to those that need a gift. Are the lights going on in your head about Christmas this year? When the majority are not able to go out to buy gifts, can they still get one from those who can? Not necessarily a new item, anything is new to them.

What do you acquire? Crystals, books, tools that do healing? The New consciousness does not need any of these things. Can this new consciousness already be acknowledged? Can you give these material gifts to the dreamers who still need them to

get to the New Consciousness? Can the tools for healing be used and then given away? Sharing things begins a new way of being. Instead of "mine and yours", gifting to those who may also give away these gifts to others who need them, begins a love cycle that eliminates contractions. You can demonstrate the love of the New Earth NOW. Why wait?

Gifts can be anything. A piece of cake, a loaf of bread. Choose the gift with the recipient in mind. Can I give this to (...)? Would they like it? Choose the thing that the "other" would ask for if they could allow themselves to ask. Put the resistant mind aside, and give away things that are more important to the other person than for you. Wealth has no bearing on the ability to do this: consciousness does.

Can you let go of the collective attitude of "mine" and "not yours"? Can this be done by the end of this year? Give away the excess. Give away the treasured items that could hold you to this dimension. Are these attachments more important than ascension?

Free yourself of attachment. Clear out mind's desires. Own all of God's creations with a simple change of awareness. Giving to others is the light of God acting through a body. Give, give and give, allowing the heart to lead. Allow the flow to begin by giving away whatever it is that gets the most of your attention. Ascend as One with all, by being more giving!

Answer to Aox10:

No sparks of Higher Self are sprinkled around the universe. All the Universe is the Higher Self.

Higher Self has no responsibilities, it just is. Mind considers things to be responsibilities, not Higher Self.

Man creates the sequence of events, not Higher Self. Man does what is put to him from direct contact with his guides or from ego's mental dialog. Higher Self does nothing.

There is no MY Self that is separate from Higher Self or I AM, all are the same. Imaginary personal "self" has no awareness, other than those limits on I AM consciousness that have been mentally imposed.

I AM THAT I AM

Ascended Master Saint Germain

Channeled by Aruna

Message 209 - Archangel Michael says . . .

http://mastersandmankind.blogspot.com/2010/11/archangel-michael-says_21.html

Sunday, November 21, 2010

Man and Angels have been together as co-creators from the beginning of creation.

Faces are not their character when they become a team.

When they learn about their new face, they always laugh, because it cannot reveal much of them to the world.

It is only one more actor in the daily comedy called life.

Message 210 - Meditate For Your Ascension

<http://comptedesaintgermainsblog.blogspot.com/2010/11/meditate-for-your-ascension.html>

Tuesday, November 23, 2010

Meditation will give you a taste of home. Meditation can open the mind to more than what has come to the senses. Meditation gives the mind an awareness of the happiness that comes out of the heart. Meditation changes all the cells of the body to light. Changing the cells can deny the doctors their cancer treatments and their medication distribution. The cause of many changes to the grid of human materialization, meditation must not be an object of negative comments, as a non-aware comment can defeat the contribution of the meditation.

Many meditators are now active, though not enough are aware of the need to give this gift to others. Teaching others to meditate has canceled many of the disasters that would have otherwise occurred. Gone are most of the changes originally expected. Other cataclysms can also be deferred if even more are able to be quiet. Mass consciousness needs to change to alter the consequences of current consciousness materializations. Meditation deletes much of the negative attitudes contributed to mass consciousness.

Can you give the New Earth the time to meditate? Twice a day would give the most awesome delivery of grace to all the major control choices, giving our daily materializations no direct completion. Once a day can do a lot of good also, and any candidate for ascension must do this at least one hour a day. Can anyone ascend who doesn't meditate or meditates less? Never before has anyone ascended that was not in a meditative condition. Ascension comes out of the conduit's Oneness with cosmic consciousness. A big dose of light must add to the current amount of light at the moment ascension occurs. No one who does not meditate can absorb and assimilate this new contribution. Only those who are Awake can make the great difference in consciousness change a little more compatible than the daily meditators, as there is a lessor contribution of charge needed. Children, who are not contracted, are ascension candidates, because they can accept and assimilate the next level to be contributed.

Can you now get the drift of my words? Without meditating, the difference in contribution you can accept can determine an ascension or the death of an ascension candidate. Not being able to assimilate the new frequency cancels an ascension.

Many talk about ascending with Mother Earth. What this means is, the new contributions of light given to the Earth also come to all of mankind. Can the donation be accepted by an individual that has no awareness of New Age teachings? It depends on their awareness of God and their ability to receive the new level of change in their body. Meditation makes a change to the higher quantities of charge alright. No meditation can mean there is no ability to accept that charge.

What this message today means to you is:

1. Meditation daily can alter the next conditions that evolve from current conditions.
2. Meditators are to gain the ability to absorb a more concentrated addition of man's consciousness on a higher frequency than non-meditators.
3. Canceling major cataclysms can be a consequence of many meditators.
4. Mass consciousness can become more saturated with active donations of light when many are meditating at the same time.
5. Humans cannot be the change of awareness for others without accepting more Christ consciousness.
6. False concepts about ascension abound. Get the details needed as a direct

result of meditating.

Are these words confusing? Are the Masters who are proclaiming a dream of New Earth consciousness without disasters, wrong? Anything can change, and being the change means contributing to it. Can a daily meditation cause ascension? Not by itself. Can it be one difference between an ascension and no ascension? Yes.

When the next contribution of consciousness changing energy is donated to the citizens of Earth, can it be absorbed and assimilated by many human bodies? Can this be the ascension we have all been giving our attention to? Can this be the next change, the most causative drama ever to occur? It can. Are these conditions an opportunity to ascend? Yes.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 211 - Vywamus says . . .

<http://mastersandmankind.blogspot.com/2010/11/vywamus-says.html>

Tuesday, November 23, 2010

More than the consciousness needs to open for an ascension to happen.
More than a calling for ascension needs to happen.
More than a dream about ascension is needed.

Close your eyes and notice a change in your awareness.
It moves around until the altered state has been achieved.
Only this can allow an anchor of light to accept more than the usual dose of Christ consciousness.
When the body has become very still, all the universes are able to have the benefit of that body's love.

When an amplification of love comes, many of you will anchor this love to the mass consciousness, making a major change on Gaia.
Are many able to do this? Yes.
Can they do it together?
Only if they can get the message: "Now is the time to meditate."

Message 212 - Lady Master Portia says . . .

http://mastersandmankind.blogspot.com/2010/11/lady-master-portia-says_24.html

Wednesday, November 24, 2010

Free yourself from pain.
Give yourself more peace.
Allow the magic of the light to make a difference.

Meditate with no thinking about anything, no doing of any kind.
Call on the awareness of the Masters and Angels and ask them for assistance.
They are the healers of most of the miracles you hear about.

Peace will come when you retire as the one in charge.

Message 213 - Waking Up To Ascend

<http://comptedesaintgermainsblog.blogspot.com/2010/11/waking-up-to-ascend.html>

Thursday, November 25, 2010

All of my messages point to one thing: ascension! My chelas do not fully accept that this is controlled by them. No deity, Master or ET can drag anyone into ascension. All the drama comes when meditators disappear at the same time. Consider the amazement this can create. Can my chelas create this for all of mankind?

Anyone who wants to ascend must be meditating NOW! Your body needs the healing and alignment that meditation brings. Channeling messages that lead you to ascension is also critical. By channeling, I mean having the ability to "hear" the voice of the I Am. Masters, Angels, and conscious beings of all kinds, will be nudging you to get the density of human dross out of the way.

When the call comes, get out of any games of chance that this ascension delivers, and get to the area where you meditate. Take the time to meditate about one hour. Can't be quiet that long? Practice!

We don't anticipate children will be able to meditate, and will deliver them, as they are, when their parents both ascend. Only one parent ascending does not guarantee the children do, unless this one parent is their only parent.

Direct contact with the Masters and Angels can contribute the most ease to the process. Giving away your things before ascension can deliver them to those needing them. Not all things need be delivered, just what you would be concerned about: the attachments, like amulets and contents of bank accounts. Make arrangements, and get the keys to bank boxes to those who can deliver them to your loved ones. No estate planning, other than this, need be done, as no death can be verified. Bank cards can continue money flow to those that have them.

Why do you need this done now. Because the moment the mind realizes you are going to actually ascend, there will be a lot of mental activity created to deter you. Mental attention to things left undone can delete an ascension. Give this the attention it needs now. Prepare instructions that can be available to those who will notice you are no longer in their midst.

Are these instructions too limited for you to get things ready? Are they too much to consider before a date has been announced? My dear ones, no date can be announced before all your arrangements are made! Make arrangements so we will know how many of you are truly going to ascend. No arrangements, no ascension. Get it?

Be the change that the planet needs. Give up the daily activities that keep you from daily meditation. Nothing does the body more good than taking time to be quiet.

My words are to be delivered by many different channels. When they are, you can be assured that they are accurate.

Choosing ascension can be a difficult choice. When the life is going well, there is no desire

to leave it. When the life is not going well, the mind considers suicide to leave. Ascension cannot occur for those who are depressed, only those who are very happy, and very certain they are complete on their Earth bound existence. Getting complete means Awakening to the caring, being of light that once decided to become human to learn how to live apart from divine awareness. Now, divine awareness has become more available, and when an Awakening happens, this is the consciousness that is ready to ascend.

What are you waiting for? Are your daily lives too happy to leave? Is it too difficult to get out of the normal mesmerization? Are you caught in the dross? Are you willing to be Awake now? Then do the next activities that can clear the dross, and meditate daily.

Are these words being delivered to an ascension candidate? If yes, give me the actions needed:

1. Meditate daily about one hour.
2. Channel more than before. Cannot channel? Get the [Course In Channeling](#) I created, and become completely able to channel. (to purchase click here)
3. Give away all of your attachments.
4. Give instructions for the personal money and goods distribution.

Spend the money you've been saving. It won't be worth much later. Take the trips you always dreamed of. Do the things you always wanted to do. Fear not, ascension can be a drama on this planet, but the ones who ascend will dance and sing as one great big group. And since this dance will be without a body, you don't need to bring along any baggage.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Note: My channel will be traveling for the next three weeks. If the blogs are not posted at their regular time, check again later. They will continue, as she is available to receive and deliver them.

Message 214 - Archangel Michael says . . .

http://mastersandmankind.blogspot.com/2010/11/archangel-michael-says_25.html

Thursday, November 25, 2010

Be brave!
Be aware!
Be clear!
Give forth the light that came to this great planet to shine!

Taste the fruit of the land.
Greet the day's events with a smile.
Follow the dream, until the awareness of an empty mind can be understood.
Cancel all disturbance.
Be the change NOW!

Message 215 - Life Is a Consciousness Game

<http://comptedesaintgermainsblog.blogspot.com/2010/11/life-is-consciousness-game.html>

Saturday, November 27, 2010

Change is the most wonderful awareness builder. When all things remain the same, there is little to grow from. Change will knock, and a door will open for the mental director to take the lead. Nothing does more for one's life than contradicting that director's instructions. For example: Going out of one's comfort zone is a "cause and effect" opportunity, that not going out of that zone does not provide. Doing only what you have done before, draws nothing to you that will help you grow in awareness. Only things that are new and different can move a life forwards towards completion of its contract.

Whenever an act of kindness is done, consider this to be the correct choice. When no acts of kindness are done, the life is not serving its total purpose. Giving to those who are themselves giving, lights the continents that are the actors stage. Whenever a light goes on, the world gets a bit more conscious.

Controlling the impulse to give has the effect of thwarting one's life's purpose. All humans, on all continents, are being led to adopt an attitude of caring. Both sides of this coin are displayed, as a consciousness, to teach that one way feels good to all concerned, and the other does not. Making a nice gesture will not only cause those being given some good feelings, they, in turn, will touch many more, and continue the light cycle.

Parents who don't teach their children to give, begin a very different kind of cycle. Children who demand all their parents' attention, instead of being grateful for the attention they get, are not learning to climb the "right" side of the "mountain of love" that has their best interest at the top. Life is a consciousness game. What do I mean by this?

There are paths on both sides of the mountain that leads to God. The path on one side is climbed with an open heart, and the other side is for those climbing with a closed heart. Those with a closed heart approach the summit seeking one or more things that they anticipate finding at the top. But they will find nothing, because they planted nothing that would help move the whole of that mountain to a more caring condition.

Climbing the other side of the mountain are those who learned to give to others, so their climb has become very simple and easy. Their only goal is to love all they meet along the way, and as they reach the top of that mountain, they become aware of those coming up the other side and want to welcome them with open arms. But the others cannot see them, they are not even in their awareness. They are all on the same mountain, but those climbing with lots of negativity cannot greet the others with any love in their hearts, making contact impossible. Contact closes when one gives and the other only takes. Caring goes both ways in heaven.

Children who don't learn to give go to God with demands. Those who give, go to God with only gratitude in their hearts. Which are you? Are you asking for different circumstances than the ones you now have? Are you looking towards ascension as a reward for all you have given or as a demand? Ascension will only go to those that can accept all that is in God's design. There is no control involved for those who climb the mountain with meditating and giving.

Those who do not do these two things, will be disturbed by the changes that are about to

occur. They will dismiss my words, as they cannot comprehend the meaning of my messages. Nor will they get to reach the top of the mountain, because the furthest they can climb is to the cliff right below the summit. Many will not even leave the base of the mountain. Mountains are symbols of consciousness. At the bottom are the masses who don't realize that they can climb to the top and receive all the lessons needed for ascension along the way.

Are you a climber? Are you a goal oriented human? There are no goals that will lead you to divine awareness. All goals are mind's contribution to human achievements, and ascension is not an achievement. It will be the disappearance of those who only give and appreciate. As they ascend the mountain, they will continue calling on all who have made ascension a goal, but who did not learn that love is the key to being on the "right" path. Those on this "left" path will get "left" behind.

Giving grace to the light makers on the "right" side of the mountain is the next game in the divine plan. Giving to them will contribute much to all. Not a day will go by where they don't appreciate that gift, and their happy hearts will take them directly to the "right" side of the mountain.

Consider my words carefully. There will be no ascension for those who cannot act as the light they espouse. They are not able to ascend, because they cannot accept God's grace, and have not given enough attention to their own awareness. There will be no doctors or healers on the mountain top. All healing must be finished before the climb is complete.

Take a moment to assess another quality of this metaphor: the mountain is the ascension. All who go up the "right" side will ascend. All who climb without divine will as their path, will not. Please choose the divine calling to ascend, and give to the light, before you get to the top of the mountain and discover that the light of God cannot be mentally demanded, or controlled by the mind.

God loves all children equally, but they must choose the light on their way to his domain.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 216 - Serapis Bey says . . .

<http://mastersandmankind.blogspot.com/2010/11/serapis-bey-says.html>

Saturday, November 27, 2010

Candidates for ascension take note:

Changes of many kinds are about to begin. Can they disturb the meditator?

Only when there is no calm, can they be destructive to those caring individuals who make a difference in the lives of others.

Conduits for the light are among you, in every land that has been God's creation.

No man need die without an opportunity to ascend.

Give God a call along the way, and tell him/her it's time to go "home".

You'll be taken "home", and given the delights of the "home of all homes".

None can compare.

Message 217 - Melchizedek says . . .

http://mastersandmankind.blogspot.com/2010/11/melchizedek-says_28.html

Sunday, November 28, 2010

Who are you?

Are my words being read by the less known part of this consciousness,
or the mental construct that believes itself to be you?

Are my words being greeted with a frown?

Are they greeted with a smile?

Which of these claims the body's delusion about life?

Both are my gifts to you today.

See the beauty of duality.

It delivers more than an opportunity for awareness,
it also offers the contribution of fun and charity.

Give duality all of the light you have to give. Enjoy the game.

See duality as a friend.

Message 218 - Archangel Gabriel says . . .

http://mastersandmankind.blogspot.com/2010_11_01_archive.html

Tuesday, November 29, 2010

Archangels are the right hand of God.

We make the world of the Angelic dimension a light for all of humanity.

Contained in our aura is man's dreams and happiness.

We are his most loving admirers.

Can my words lead to the acceptance of more gifts of grace?

Our love is an unlimited gift, and we want you to have it in your awareness.

Message 219 - Channeling The Angels And Masters

<http://comptedesaintgermainsblog.blogspot.com/2010/11/channeling-angels-and-masters.html>

Tuesday, November 30, 2010

Channeling my words can be the next move for those who can accept my guidance. My discourses on this blog are being given for those who are not able to channel this information as this channel does. But, they are also being given to encourage those who contracted to ascend to learn how to do this by themselves. Can you call me in and give me the attention that is needed? Can you decide how to discern the real "me" from others? Can you meditate, as a most important answer to our ability to connect? When you can do these things for yourself, my channeling for one and all can be even more convincing to the masses. Since the door to the change you are wanting comes with more awareness in mass consciousness, the "work" to be done is to help deliver that awareness.

Can you be a conduit? Only those who are able to be an observer, instead of a controller, can do this at the highest level of clarity. Mind will demand a reason for it to accept channeling. You can give it this one: "to bring more light to all of humanity, my next choice is to deliver the cosmic consciousness that is not available in your experience". Mind does

not delight in an absence of its control, but it can accept that there are things it does not have any experience of. This can give it an opportunity to learn. Mind will go along, because learning about another condition of life is in its best interest.

Why doesn't everyone channel? Because they are not able to get to the detachment that is needed to discover they are not necessarily guided by mind all of the time. Yes, most of you are too mental to detach your mental activity from the guidance of your divine True Nature. Heart led advice has the most accuracy, but getting clear about heart guidance vs. mental guidance takes more of mind's agreement than a quick guess about an option to choose. For this ability, one needs to get quiet, be aware, and clear away the dialog that your mind likes to deliver.

No channel (of an average level of clarity) can deliver the Ascended Master teachings as an automatic result of their own decision to do so. Ascended Masters choose the channel! Can anyone channel? What do they channel? Can an observer of channeling discern the clarity? Can an answer of God come to anyone who channels?

All of these questions must be correctly answered, to become a clear channel. What are the answers? You must discover them on your own. Can an observer do this? Make it your choice, and all is possible.

Masters and Angels need channels. We need conduits who can deliver clear guidance to all of humanity. Are these messages available in all countries, and in all domains in your country? Why not?

Self awareness includes the ability to get clear answers from within. I AM is within ALL! I AM can deliver clear answers. Can you be the one who can get this delivery, first to your mind, and then out to others? Are you a conduit of awareness? Are you changing the world's drama with your heart and delivery of divine wisdom? No? The choices of any man or woman that calls themselves a "lightworker" must come from I AM direction. Consider choosing to channel I AM consciousness as the next condition needed on Gaia. Are you able to accept this challenge? For thousands of your years, channeling was a most contained ability, due to the fear of demons. Conduits were driven out of their homes and burned at the stake for mastering this common human condition. Memories of their disturbed attitude can cause fear of the ability. Can you do it anyway? Are you able to consciously choose to overcome the mind's objections because of your fear of being condemned? Are you being dominated by fear? Man will have no more major opportunities to become more aware than his mind.

No more details about the changes to come will be given here, because it is the mind that does all the asking about this. It doesn't matter which country dismantles its land mass before the others. It only matters for you to get out of fear and into more awareness. Choosing to ask me about details of land conditions defeats my gift of awareness that can lead you to ascension. Land masses will be destroyed. Are they going to lead you to ascension? No, they will lead you to fear and fear defeats an ascension. Mind needs to be learning how to be quiet, not about future disasters. Be quiet and get the guidance I AM can give to the mind. It will better serve the human changes that are needed to ascend.

What do you need to know now? Meditate, contact the divine source of I AM in the heart of your body. Ask for divine guidance. Contact the Angels and Masters through this portal of human contact to God. We want to help you ascend. We are waiting for you to hear us. We love all of you, more than your mind has any ability to understand. Channel our divine

awareness. Be the change for all of humanity. Please get the channeling course I created, to learn the next chapter of your destiny. (click [here](#))

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 220 - El Morya says . . .

http://mastersandmankind.blogspot.com/2010/11/el-morya-says_30.html

Tuesday, November 30, 2010

Free yourself from other's opinions.
Act on your own callings.
Meditate on what you don't understand.
Make up your own mind when choices are needed.
Go with the next obvious step.

"Am I Awake now?" is the most important question you can ask.
Give the answer to the one asking,
because answers to this question are not of any concern to the True You.

Message 221 - When All Else Fails, Keep Trying

<http://comptedesaintgermainsblog.blogspot.com/2010/12/when-all-else-fails-keep-trying.html>

Wednesday, December 1, 2010

We will need many channels to guide people locally as an answer to their basic needs. No new channels for message dissemination are needed. We have too many that contradict one another and deliver a less than accurate dictation. What has been the reason my newest gifts to mankind are so different? Because most channels have not been able to accept what now must be called to mankind's attention. Are these messages an answer to an entire era of clouded messages? No, because they cannot reach those who want love and light without Truth. Can we change the disasters? Ascend? Only if many combine their energies of love and awareness. Awareness is the missing aspect in most of the channeling that has caused this disturbance in our readers. When only one attitude can be accepted as accurate, awareness is not contained in the "acceptance of what is". Not having complete awareness culminates an interest in anything that does not agree with one's limited point of view. More awareness is in the content of these messages, not an attitude "to manifest" one's own desires.

My call came late. I admit it would have greatly helped the current condition if Madam Blavatsky, and others, were able to give instructions about ascension. But this was not our goal at that time. We merely wanted to become known as guides. Now we look at man's delusions about all that has been delivered, and attempt to change the way we have communicated. Can it be accepted? Not many do accept. Can it be accurate? Only an accurate awareness can determine this. Most chelas do not have an awareness that can include more than one answer as being accurate, when, in fact, many can be accurate at different times.

When channeling is delivered to a clear channel, it makes comments on current, in the moment, awareness of the Master who is teaching. In this same moment, another Master can also be teaching with another way of seeing the same circumstance. Can all humans see the same object in exactly the same way? Not at all. When the Masters observe human doings, each has one observation to draw from. When changes occur in the mass consciousness, the day's content may appear to contradict the content of another day's channeling. A change in consciousness changes events.

What was predicted in 1999 can be as different as night and day from what can be concluded now, in this moment. Are these not all accurate when they were conceived?

Madam Blavatsky was not a Master in her own day. If she was, another Master of awareness would not have attempted to use her as a conduit. No channels, until very recently, could accept all of the things that are mentioned in these new messages. Can my new dictations be the content that makes a difference? None of the others have, and collectively, they have made a bigger content contribution in the call for ascension than any one collection of messages can deliver.

Can my chelas ascend? Yes, and can they do it together? Not unless they are willing to Awaken and become more aware. Channeling does not, in itself, offer Awakening. Neither does meditation by itself. No channeled teachings have awakened masses of humans, as mental attitudes have kept them in the illusory condition. Can they awaken and ascend? When they have the awareness of what contains Truth and what does not. This must be included in the content of messages meant to awaken the masses.

My channelings are attempting to do this. Are they accomplishing their goal? A few have been capable of letting go of their mental attitudes that allow them to make the needed consciousness alterations. Can many completely awaken from these messages? No one can determine the cause and effect of any one contribution. There are many contributions being delivered for awakening now. Closed minds cannot awaken. Only "no-mind" can become an awakening.

When man's mind delivers attitudes that deny the Truth, how can mere words change things? What is needed, is more delivery of a combination of things that can draw mental attitudes out of the equation.

Welcome to the conduits in my channeling course. Your contact with me during this course can provide you a combination of awareness contributions that can assist in an awakening. Please do not allow mental attitudes about channeled material from any source discourage you from getting direct communication from me, or other guides, to assist you in the event this is needed.

Charm and grace are an attempt to act as if the content of a channeling is clear. My delivery is not full of these seductive energies for a reason. I want you to be moved by the impact of my words, not an attempt to convince you of their accuracy.

Ground report: hundreds are reading these messages regularly. What can I do to increase this? Appeal to those who can accept them to lead them to others. Can hundreds create a mass ascension? Absolutely not. Can my words make a change in mass consciousness? Maybe. I'll keep delivering them in the hope that they can. It is my best contribution to date.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 222 - Hilarion says . . .

<http://mastersandmankind.blogspot.com/2010/12/hilarion-says.html>

Wednesday, December 1, 2010

When the days of darkness are over, the light can appear in the hearts of all. When this occurs, more light than has ever graced the One consciousness can be grounded on Mother Earth.

Until this moment, all of the universes are contributing their light to this cause. When can we celebrate the end of control by darkness? When the light quotient exceeds the mass consciousness density of controller awareness.

Put light in all of the things you do, and you will be able to light the fire of consciousness in worlds of many awareness's.

Message 223 - Archangel Ariel says . . .

<http://mastersandmankind.blogspot.com/2010/12/archangel-ariel-says.html>

Friday, December 3, 2010

Walk with Angels to all of your activities. Give us a nod when you are needing assistance. Act like there is an Angel to guide you through all of your challenges, and there will be.

Angels are everywhere. We bring to the Earth what is so needed: caring and compassion. Many Angels are now awaiting the days of darkness to end, so the light can give them an awakened consciousness to dance with.

Consider these days almost over - chase the clouds away with divine awareness.

Message 224 - Clearing Contractions

<http://comptedesaintgermainsblog.blogspot.com/2010/12/clearing-contractions.html>

Saturday, December 4, 2010

Panic about changes to your world can delete the consciousness needed to ascend. Panic about the ascension can also lower the light quotient that is needed for ascension activation. Candidates for ascension are not immune to these mental disturbances, unless they have fully awakened their I AM Presence. Chasing after a change in current circumstances distracts one's attention away from liberation of the heart. Here is another clearing method, as these less than conscious contractions can divide the candidates from one another when a disaster occurs.

First, quiet the body while sitting on a chair or cushion, and breathe slowly and deeply for one minute. Then change your way of breathing to a quick clearing movement using the breath like a broom. Breathe this way into your chest while focusing all of your attention on an area of the body where movement needs to happen. Do this for one minute. Repeat the process until the contraction has been released. This use of the mind, and combination of

breathing methods, will clear out contractions by simply chasing them away.

Face the cause of your contraction with courage, and use this method to move the energy that has become lodged in your body, the moment you become aware that there is a contraction. Make breathing a most useful clearing tool. You can use it during any of your daily activities that allow you to be quiet and deliver a clearing method to what is draining the body's life force. Teach this to your children. Consider this to be an "in the moment" opportunity, and an answer to future emotional disturbances. Take the lead in this drama that continues to unfold, by not allowing any disturbance to get you off track. Mental disturbance can destroy all the happy, caring ways of being for those who are not Awake.

Pretty soon, the next disaster will continue the changes that are being delivered to the human condition. Use them to Awaken! What do I mean by this? All difficulties can offer this opportunity. As an extreme example, let's assume that the attack on the New York twin towers had not yet happened. All who were meant to continue their lives after this event got contracted by their common reaction to this extreme situation. No one knew how to naturally let go of these contractions as they witnessed the collapse of these buildings. They contracted as they watched, and their thoughts about what they saw continued to create more contractions. As the world watched, they all contracted, and since one of the main reasons for the 9-11 attacks was to destroy the consciousness of humans, the drama did exactly that. The contracted condition it caused claimed a huge number of ascension candidates. Out of their ascension consciousness they came, delivering fear to the world as their new, denser attitude.

Claiming back their ascension consciousness may be the only way a mass ascension can occur. This is the case for millions, so this, or another breathing exercise, needs to be done by all of them, to lead these fears out of their bodies.

No calamity needs to disturb the human consciousness, as the 9-11 attacks did. My use of this example will surprise many of the caring beings who did not realize they still have contractions from this event. Imagine how those who actually lived through this kind of thing have contracted. They were put in the center of a vortex of drama that caused them to contract. Can they get out of this condition? Yes, but only when they are aware that they are contracted and know what to do to get out of it.

All are one consciousness. Contracted, dense contributions to that consciousness effect all. To turn on the light again, more clearing must be done. Breathe! Clear your contractions by deep breathing alternating with short quick breaths. One minute for each. Continue doing this for at least 10 minutes, whenever a contracted condition comes to your awareness. Fear is the opposite of love. No loving being can be destroyed by fear if they do this technique for alleviating their contractions. Chase them away with the life force of health and happiness, your own breath.

Masters can do this in the moment. So when you observe anything disturbing, begin this use of the breath. Chase away fear, and be the Earth's conduit for divine energy while a calamity is happening. Contract no more. Add an after effect of light to those directly affected. Choose to consciously accept the cause of any contraction as divine will. Nothing happens by accident. Cancel any fear with this dross eliminating contribution to your daily life.

I AM THAT I AM
Ascended Master Saint Germain

Message 225 - Lady Nada says . . .

<http://mastersandmankind.blogspot.com/2010/12/lady-nada-says.html>

Saturday, December 4, 2010

When the changes occur, be a buddha.

Notice what others are going through, with no upset to filter the awareness of that moment.

Act like the answer to "calm" is in the hearts of all who can accept it.

Help them look to their hearts for that answer.

Message 226 - Make Your Meal A Meditation

<http://comptedesaintgermainsblog.blogspot.com/2010/12/make-your-meal-meditation.html>

Sunday, December 5, 2010

Chelas must become aware of the guidance that arises from "no thought" in their own awareness. Being quiet during daily activities is an opportunity. Change only the day's activities to include a quiet hour, and answers to all of your questions can get from the Master inside the body to the mind. Mind does not take a break from its constant chatter, unless nothing is attracting its controlling view of the day's activities. Only in moments of complete distance from this controlling mental discussion, is contact from a more aware "being" available. When no advice is asked for, more time to learn about quiet can deepen an active demonstration of consciousness.

Are my chelas giving themselves this treat daily? No, many are not. One hour a day can change your life, so you can be all you came to this planet to experience. One hour does not calm the mind forever, only during this quiet time. But, observing the truth of all conditions of life, in that hour, can open a door that has been closed on the mental plane, and give your heart the opportunity to light the fire of consciousness to love all that is.

Many chelas do good deeds, with the concept that this is enlightened consciousness. Good deeds are ego's idea of what caring can be. It is not the actuality of the enlightened condition. Good deeds are only one way of making a contribution to life, not the only one. Quiet time makes a bigger contribution to all of life with no "doing" whatsoever. Giving time to this loving consciousness can do more to alter circumstances than any mental decree or demand. Only contact with divine awareness alters mass consciousness.

Can you give an hour to love all that is? Not doing so means that the mind cannot let go of its control. Can you do this in two time commitments of 1/2 hour each? Can you do this before the changes occur? Not doing so cancels your ability to determine what is the guidance of the Master within during a crisis. Chaos can destroy all control of the mental body, and demands of ego can cause dark conditions to overwhelm the light. We will not be in contact through the internet during chaos, so you will need to get direct guidance from the Master within.

You can meditate by having less desire for outside activities. One of them can be replaced with quiet time. Full days also need this daily quiet. During lunch, be quiet without doing anything but eat, and do this without thinking about anything. Can you do this? Again, during dinner, count the number of times you chew, and allow this counting to replace

thinking. Chew the food slowly, and completely, fully aware that each time you chew has a count. No need to give the counting any significance, only use this to avoid the mind's active dialog. Consider this time your quiet time - not thinking time. No need to do any other kind of meditation if you do this twice a day. You can make lunch and dinner your meditation. Sound odd? Can I ask that any concept about what meditation is be discarded?

Being awake and aware, without thinking, is meditation. Chewing, walking, or counting is mindless. Being mindless is meditation. Can you now see that no excuses about not meditating due to busyness are accepted? Can you use the time you are engaged in activities to meditate? Can you find this amount of time to commune with the creator?

Chelas, this is not an order, it is guidance that can give you a better life, and the ability to ascend. I need many of you to meditate to change the vibratory frequency of this planet. Want to ascend? Want Mother Earth to ascend? Can you contribute one hour of your day to this co-creation? One hour of the day of 24 hours can also make a great contribution to your own life. Getting detached from the mind's dialog is an opening for the Master within, so active guidance can be given to you in any moment, chaos or not. Clear the mind of its dialog and get news from other realms. Make this today's teaching about Truth.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 227 - Kuthumi says . . .

<http://mastersandmankind.blogspot.com/2010/12/kuthumi-says.html>

Sunday, December 5, 2010

All the doors to heaven are now open.
Are they the doors you are moving toward?
Are they calling you to them?

Now is the time to discover that heaven is not in the future,
it is only a concept about how things can be.
Consider an alternative concept:
All of life is the doorway to heaven.

Message 228 - Melchizedek says . . .

<http://mastersandmankind.blogspot.com/2010/12/melchizedek-says.html>

Monday, December 6, 2010

Give your heart to God.
Only this will cause the awareness man needs to be creative, peaceful and childlike.
Being aware when death comes can free the soul forever.
Being aware can bring light to the cause of all suffering.
When you are One with God, life become a heaven of your own making.

Message 229 - Archangel Michael says . . .

<http://mastersandmankind.blogspot.com/2010/12/archangel-michael-says.html>

Tuesday, December 7, 2010

Chase the negative feelings away by asking for help.

When observing negative feelings, call on my team of Angels for disbursing non-aligned energies.

Call, and give us some idea of the assistance needed, to make certain we are giving what you are asking for. Then get on with your life.

No more thoughts about needing this help will be accepted, as guidance of this nature only needs one call.

Message 230 - An Awakening

<http://comptedesaintgermainsblog.blogspot.com/2010/12/awakening.html>

Wednesday, December 8, 2010

All of my messages are about how humans are able to alter consciousness. Another topic is about how the Awakened condition has been neglected in most channeled material. Is the content of most channelings incorrect? No, correctness is not the reason they do not include this teaching. It is because the channels are not Awakened and cannot deliver material that they cannot understand. Being Awake is the least understood concept that man can be given. Why? Mind does not grasp the "lack of mind" destiny that is the result of its own demise. Because this information does not agree with any of mind's choices to act on, it dismisses it completely.

Now we must give more attention to Awakening. When the mind can accept this destiny, there will be less dismissal and more cause for new answers to be available.

Channeling can be a door to Awakening, as it demands a quiet mind during the channeled delivery. It is not the Awakened state, just a less active mental contribution as channeling occurs. What an Awakening does for man is dismiss the mind completely.

Mind is not a conveyor of Truth. All the material delivered by mind, on any topic, has no basis in fact, only imaginary content derived from mind's opinions about event, and material determined by mind to be accurate. Non-accepted material has been discarded as lacking importance, so what mind delivers is already culled of its dismissed content. How accurate could anything be that has been clearly denied of anything that has been deleting without cause? Mental dismissal does not provide an accurate basis for any decision making challenge.

Could it be that acquired mental abilities are not Awakening aids? All are not as they seem. For example: what many have welcomed as an obvious Truth is the teachings of the Bible. Are they accurate? No, only choices made by men that include the conditioned consent of their mind. Any material that claims to be accurate has the same choice based acceptance of what is included. Books cannot deliver all the answers about Awakened awareness, even when an Awakened author conceives of their content. This is because one concern may control the flavor of all the material given, and no concern that is considered by the mind to be accurate, actually is.

People are not the answer to Awakening. God is. No book can deliver it. Only being silent, and giving up all concepts about Awakening, has any actual effect on an awareness change. Awakening is an awareness change. One day all appears to be a certain way, and the next day, an Awakening can completely alter that way of assessing the same world. Cancel all concepts! Cancel all ideas about Awakening. Now is the time to Awaken, not build data to comply with, making an Awakening less possible. Helpers can give you the correct way to act, and deny the mental controller, as an Awakening requires.

Anyone can Awaken, but no one can make it occur. Only the divine determines the moment it occurs, naturally. Only an act of caring can lead you to an Awakening, caring about God is the way. Giving your divine nature an opening to leave the cocoon it has been gradually opening. Contained in that cocoon is an Angel, the divine's answer to all the world's affairs. Not one Angel vs. all other Angels, but an Angel that is anchoring the light of all angelic masters that can be named. One Angel in many disguises. One Angel as many. An angel of great divine mastery asks for this opportunity.

Are you able to Awaken this Angel in your own heart? Can you let go of the data the mind once accepted as accurate? An absence of concepts is what allows the Angel to emerge. Will you ditch those concepts to become the Angel you were born to be? If so, an Awakening can be the next consciousness change you experience.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 231 - El Morya says . . .

<http://mastersandmankind.blogspot.com/2010/12/el-morya-says.html>

Wednesday, December 8, 2010

More than any thought, all concepts are less important than mind makes them appear. Chase away those concepts that are not divinely conceived. Is the message all about love?

Is it about needing more of anything? Can this concept be disregarded?

Change nothing, just notice how your concepts are giving you lessons about love. All concepts are not loving, but they all are about love.

Message 232 - Archangel Ariel says . . .

http://mastersandmankind.blogspot.com/2010/12/archangel-ariel-says_09.html

Thursday, December 9, 2010

Everything you do and say has meaning.

You are communicating to the totality of the Universe in every moment.

Changes in that communication alter many of the things being divinely created, because each change opens a door to a different, new, demonstration of consciousness.

Message 233 - Be The Change

<http://comptedesaintgermainsblog.blogspot.com/2010/12/be-change.html>

Saturday, December 11, 2010

Be the change that you want to see in others. All that the mind rejects can bring the learning the mind needs. Concerns about the world, and what is going to happen in it, are not the way to an ascension. Being the light in all circumstances will make an ascension occur.

What is not light? Your concerns, your doubts, your disturbances. As they arise, bring the object of their attention into your heart, and completely embrace the disturbance with consciousness. What disturbs you can keep you from ascension.

Change attitudes about others. Give competition no attention. Are you going to be moving to another planet? Not if you ascend. Why not change your mind, eliminate your disturbances, and give ascension the biggest group possible?

My channel is too busy in Japan keep doing this as before. My next message on this blog will be after she returns to Uruguay on Dec. 21.

I AM THAT I AM

Ascended Master Saint Germain

Channeled by Aruna

Message 234 - Serapis Bey says . . .

<http://mastersandmankind.blogspot.com/2010/12/serapis-bey-says.html>

Saturday, December 11, 2010

When you are sleeping there is no charge about anything happening in your daily life.
When you are awake the complexity of emotion emerges.
Asleep or awake, the content remains the same.
What changes?

Awareness does not include emotion.
Not being identified with the events being experienced expands awareness.
Can you observe your life without being identified with what happens?
Yes, when an Awakening occurs.
Not the kind of awakening that happens when you get up in the morning;
its the realization that what the morning has to offer is not the Truth.

Message 235 - Saint Germain says . . .

<http://mastersandmankind.blogspot.com/2010/12/saint-germain-says.html>

Saturday, December 12, 2010

When the heart opens the love of "all that is" deletes the negative attitudes of non-awareness.
Opening the heart opens all the other chakras. No mental disturbance can disturb an open heart.

Contained in your destiny plan is the way to an open heart. Should it be difficult to live through, consider it the gift you called for to get the job done.

Message 236 - Deleting Contractions About Death

<http://comptedesaintgermainsblog.blogspot.com/2010/12/deleting-contractions-about-death.html>

Tuesday, December 21, 2010

Messages about the continent shifts are accurate. Earth will move the continents to new locations, as there are many dramas now occurring in the planet's core. When this happens, many of the light bearers will accept their role as leaders.

Being in the right place, is now the movement happily being called "congregating" by those who are coming together in communities. Not being in the right place may mean missing the opportunity to deliver the healing that the body was meant to share. When the movements occur, there will be many deaths, and many will ascend during their death experiences.

When we talk about death, contractions begin, so let's talk about this now, so the body can learn to relax when this word is mentioned. Calm, clear channels of divine energy must be clear of contractions.

What does it mean to die? Only that one more great experience is over. It does not mean the demise of any of your mastery, only the non-aware, contracted, anxious manifestation of mind's creation. There is no demise of YOU!

Who you are cannot die. You are not any of the manifestations of your mind, or the contracted body. None of your mind's concepts about you are true! When a body is born, this next manifestation of a human needs a soul. It was pre-conceived by many non-incarnated souls, many lifetimes ago, to become a family and new friends again, to complete the lessons needed by all involved. No new child is alone in this drama. All have angels and other guides and assistants, on other dimensions, to lead the body to the choices necessary for consciousness expansion. Two or three guides are there at birth, and others are called on as needed. When the mental body has been contacted by an angel, the mind can choose to accept or reject the movement being called for. Once accepted, the contract, that all those involved have agreed to demonstrate their consciousness in, has been activated. Completion of all of these lessons comes when all the learners have the consciousness of love.

New lessons continue until there are no unloving attitudes active in the body. No longer are any lessons needed. Contractions are gone, and divine nature is free to be fully conscious in all moments. Peace has been achieved.

Once there are no more lessons to learn, and all contractions are gone, all of the other players are free to learn their next lessons, as their dramas are not yet over. When one of them completes, this means there is a major change happening in the mass consciousness. What has this to do with death?

Once the contractions are gone, the divine nature has been freed to be an angel in human form. When this occurs, contact with others has no "needs" involved, only giving is the

case. When this game has been completed, death must occur. Why? No need to continue the game.

When the land masses are moved, the game will be over for many. They need no more challenges to learn from. They are now the change agents that lead lessons to others. More than 20 million, when the days of darkness come, will leave this drama, if they have done the learning needed to ascend. When ascension comes, they will either be called to disappear, or die in a natural way. Neither of these ways is more divine than the other. One will call attention to the change in mass consciousness that has occurred, the other will not. All who do not ascend with the group can also ascend at death. This ascension will only make the news if an error in one's death experience needs to be known. When no error is made, like disappearing in the darkness without witnesses, one can be an example of less concern. Death has no more lessons to be learned from it when there is no fear of it. My message today is to delete any contractions you may have about death.

Talking about this subject is helpful. Are you ready to fully accept death? Can this be just another detail to be completed? Are you moved to live longer? Why? To love more? You can be an example of love to many after death also. You will only be the love consciousness without any contractions. There's no need to wear clothes for love.

More of these messages will deliver content about death, to bring the contractions you have about death to an end. Most of you have the mind's fear of death very well established in your genetic make-up. You need to release this attitude before ascension can be complete. Wake-up and know, that death does not make you conscious or unconscious, it merely delivers you to the level of consciousness you already have.

Give me the commitment to delete death contractions, by taking on this new attitude: "my life on Earth has one more lesson to learn; it is the ability to move out of a body with love, as the only part of mind's dream left to dissolve".

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 237 - Archangel Gabriel says . . .

<http://mastersandmankind.blogspot.com/2010/12/archangel-gabriel-says.html>

Tuesday, December 21, 2010

Welcome the birth of a new era where Christ has come.

Can you act like the Christ?

Are you acting as the Master that you are?

Are you living the love of Christ as each of the day's challenges arise?

Are you the one who will realize this dream is merely an active dream, and not the reality?

Now is the moment.

Now is the time.

Message 238 - Archangel Raphael says . . .

http://mastersandmankind.blogspot.com/2010/12/archangel-raphael-says_22.html

Wednesday, December 22, 2010

When man loves himself, he gives love to the Universe.

When man dislikes himself, the entire Universe lives with less.

Man can change the human matrix of materialization today, to a more loving creation, by contact with the love and giving within himself.

Message 239 - How Grace Leads The Way

<http://comptedesaintgermainsblog.blogspot.com/2010/12/how-grace-leads-way.html>

Thursday, December 23, 2010

My dear ones. Counting down to 2012 does not deliver an accurate conclusion about continent movement. Neither the content of my messages, nor the content of any other messages, has given you dates that can be counted on. All dates are a guess. Give up predictive consciousness, and get your heart open about the present. Are you concerned about anything? Give up that concern. Are any fears able to give you the energy of non-awareness? Are the new and different remarks on this blog scary? If any of these apply, no ascension can occur.

Change must be made for ascension. An Awakening is needed. Awaken to the heart that has all of the answers the mind is looking for. When an Awakening happens, there is one less dreamer to make their concern a disturbance to the consciousness that creates the future.

Change to the continents may take many human days and months. Some are to be general and apply to all of the continents, such as money delivery, and availability of goods and gas. Others can look different, but are as much at cause of the disturbing challenges as these are. Man cannot get away from all of these changes. No area is completely immune.

What needs to happen now is the awakening of more hearts. A cause of distress to "the other side" is the mass consciousness of "I'm good and they are not". When divisive attitudes are coming forth from the minds of many, these are not answers that give ascension a chance. Welcome the thoughts, observe their existence, and confront them to learn the truth about differences. All differences belong to the mind. All mental attitudes about "others" are nonsense. No truth begins with: "My opinion is . . ." All opinions contain a mistaken concept.

Pure consciousness notices what is, and only acts as the heart directs. No disturbance can't be noticed. Grace leads the way when the heart has brought the guidance forth. Give grace your appreciation, and lead the next dance with a clear donation of grace to all concerned.

Make peace with the past. All beliefs of being controlled are about your control issues. All beliefs about "not good enough" are not accurate. All attitudes that dismiss "another's" concepts are mental as well. When there is "other", there is a concept. Mental attitudes against anything come from mind's opinions of good vs. bad. Opinions are divisions made between two parts of the same thing. Holy attitudes have no divisions, they include all as the most divine. Nothing is left out.

Concern is not belief driven, nor is it the decision making characteristic mind has on automatic, as a momentary demonstration of choice. Concern is the lack of acceptance of

"all that is". Concern depends on comparison: is this as it "should be"? When man is concerned about anything, there is an opinion about his condition in that moment. Concern decreases light. Concern makes the news more deceptive when things appear different than the mind desires. Attitudes about the news filter the facts. What is news? Merely an observer's opinion. Most news becomes different from fact the moment someone observes it. Many different versions are always available.

Consciousness does not need to determine the accuracy of anything, as all things delivered by mind are not accurate. It's all false? Yes, an observation through any filter has no validity. Change your level of awareness by simply dismissing everything your mind believes to be factual. Only awareness of a circumstance is sufficient, without the mental conclusions your observations bring.

What does an Awakening do? It deletes false concepts about all the things your mind conceives. All perceptions are merely accepted in awareness, without comment. No thoughts define them.

Being Awake is the "natural state" before mind enters the picture. Can you be this aware, and this detached, from your mind's observations? Can you drop the opinions without any comment? Creating a new world depends on this.

When there is no thought about the heart's call to action, man has been delivered to divine consciousness. Come along for the ride - it's heaven on Earth.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 240 - Metatron says . . .

<http://mastersandmankind.blogspot.com/2010/12/metatron-says.html>

Thursday, December 23, 2010

Shine light on all beings.
Make the world light with your Mastery.
Give the manifestation of peace on Earth your attention.
We, of the spiritual hierarchy, love you, as man is the light of our world.
Merry Christmas.

Message 241 - Saint Germain says . . .

http://mastersandmankind.blogspot.com/2010/12/saint-germain-says_24.html

Friday, December 24, 2010

When the New Earth has been established,
an awakened consciousness will deliver only love to all.
Now can be the beginning of this consciousness.
Why wait?

Message 242 - Merry Christmas

<http://comptedesaintgermainsblog.blogspot.com/2010/12/merry-christmas.html>

Saturday, December 25, 2010

Happiness creates the most beautiful auric field. Christmas has this glow. What does this mean to the lives of those who do not celebrate this day? A lot.

When mass consciousness has happiness as its major energy, there cannot be any murder, or fighting that comes from energetic causes. All of the human race are being influenced by mass consciousness, so once this has a continuous anchoring of happiness, more of you will become happy.

When we talk about ascension, many of you get afraid. Nothing that happens during ascension can harm anyone, either those ascending or those who have not ascended. All who ascend can celebrate. All who do not ascend can celebrate that there's another wave coming that they can be on.

Children of God have come to believe that an answer to ascension is their mental decisions. This is not accurate. Only opened heart awareness can contribute to an ascension. Conditions for ascension are more apparent now. What I have described in my regular messages can deliver ascension to all who have opened their hearts.

News of a mass ascension can rock the world. We are still looking at this for at least 5,000,000. It would be better if all 20,000,000 could be on this wave, but 5,000,000 can make a major impression. What country is the most likely to have the biggest ascension number? None has any major lead in this regard. Candidates are in all countries.

Twenty million can still ascend, with all the grace of a Master, by doing their work. What does it take? An open heart and a channel of communication between the mind and the Master within. Not so much, considering that many lifetimes have been lived in preparation for this great happening. Are you one of those who can still make the transition? Are you able to hear the call? Are you willing to do what it takes to graduate this time around?

All of you still can. No college degree will be awarded, only the happiness that ascension will give to all is the Master's way of graduating you. Please accept.

Prepare by being quiet. Prepare by detaching and arranging for the things left behind. Prepare by contemplating happiness in all moments.

What do you want for Christmas? Why not ascension?

I AM THAT I AM

Ascended Master Saint Germain

Channeled by Aruna

Message 243 - El Morya says . . .

http://mastersandmankind.blogspot.com/2010/12/el-morya-says_25.html

Saturday, December 25, 2010

Christmas day has the energy of Masters and Angels close to all.

When the lights on the houses and trees are lit, we are able to bask in the love they represent.

Making a dinner for family causes happiness in the giver and those who receive.

A Masters' love is in every ounce of that food.

When the Christ consciousness, love, is conveyed, our answer to all the great teachers is "Yes!", giving and receiving is the way . . .

Message 244 - Hilarion says . . .

http://mastersandmankind.blogspot.com/2010/12/hilarion-says_26.html

Sunday, December 26, 2010

All of the days to come are for loving the totality of all that is.

What doesn't appear lovable has a message for you.

What has love in it cannot be dismissed as negative.

Consider all things to have divine characteristics.

Consider all conditions to be perfect for those who chose to experience these circumstances.

All the days of an era do not complete anything without the contributions of God's children.

Not many days are described by the children of God as "great!"

Make them 'great' by giving them more love.

Message 245 - Being the Light

<http://comptedesaintgermainsblog.blogspot.com/2010/12/being-light.html>

Monday, December 27, 2010

Potential means the opportunity to become more of your authentic nature than is now contained in your aura. When you do an act that deletes some form of negativity, love from all of the Masters and Angels comes towards you. Your feeling of fullness continues to thrive in the matrix of materialization until non-aligned energies consume the cause and effect drama again. When no negativity appears, the light continues to shine. People who are "enlightened" have no negativity diminishing their light.

Pause a moment and notice how one negative thought can alter the way you feel. Are you glad to be alive? Glad to be doing what you are doing? Happy to be who you are? All thoughts about daily life are the mental contribution to your manifestation process, not only the words that are spoken. When a thought has mean, causative negativity, towards any one or any thing, this makes a decree for another lifetime, and another incident coming forth that provides the opportunity for making a loving gesture the next time around. Negative actions demand new co-creations to counter their "lack of caring" consciousness.

Negative actions are the cause of most life challenges. One comes to be the giver and another the receiver. Both have negative attitudes to address. Should you be the one receiving actions against you, consider this a lesson about caring. How can you be more loving towards yourself? Most of the deliverers of negative actions must find the answer to the very same question.

When we talk about giving another opportunity to demonstrate caring, we are referring to

daily life opportunities. All circumstances are included. Being spiritual does not mean the amount of time you pray or love one another in public, it means the way you think of the life you live, the people in it, and most important of all, what you think about yourself. When you accept behaviors that hurt you, you give all your awareness away.

What does this say about the love of Self? It deletes all your affirmations and caring concepts. Being willing to accept being treated badly has the most destructive consciousness of all - it is gaining you no points in heaven. Negative thinking attracts dense attacks on the thinker. What has attacked you has grace attached. Acting quarrelsome has grace attached. Grounding your thinking into charades that point to the cause, is a gift of human development.

What are you thinking? Are you loving all that is? Can that include heart love towards those who have offended you? Can it include heart acceptance of those who cast stones at others? Can it include heart love for all who don't act like you want them to? If any of the characters in your life cause you to contract, there is grace in their behavior. Acting "holy" is not the way to ascension. Acting caring is. Care for the weak, the misunderstood, the misguided. Care for the destroyer and the deceiver. They know not what they do. But you do know that they have a message to give, and can bring a great loving gift to them with a kind word or deed.

Negative thinking is your non-aligned destiny card. Notice how it shows up in the feedback that comes from others. Give these thoughts ACCEPTANCE and no disturbance will result. Damning the thoughts has its consequences. Change your attitude against to an all inclusive acceptance, and love will come to the one who needs it the most - YOU!

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 246 - Archangel Michael says . . .

http://mastersandmankind.blogspot.com/2010/12/archangel-michael-says_27.html

Monday, December 27, 2010

When Masters are active there is nothing to observe, nothing to grasp, as a clue to their mastery. None of the things the mind attributes to the Masters is an accurate concept of their contribution.

None of the Angels are as they are imagined either. When we are around, we are not doing things that attract attention, or coddle the body. We live as light, and our light merges with yours to cleanse mis-aligned energies from our combined consciousness.

We are the light, without any negative attitudes. We come to humans to help them clear their negative attitudes. Bask in our merged consciousness, and the light you already are will be brighter.

Message 247 - Archangel Ariel says . . .

http://mastersandmankind.blogspot.com/2010/12/archangel-ariel-says_28.html

Tuesday, December 28, 2010

Consider this: When you are One with all that is, the harmony of this consciousness remains in the Angelic dimension for all of eternity. One Awakened One can deliver God's grace on the wings of an Angel.

Message 248 - Clarifying the Health Condition

<http://comptedesaintgermainsblog.blogspot.com/2010/12/clarifying-health-condition.html>

Wednesday, December 29, 2010

When health deteriorates, the mind gets curious about the cause. As an illness has more to do with the mind than the body, it is not as amenable to mental diagnosis, or natural energy medicine, because healing must go beyond the mind. When mental attitudes cause dis-ease, no mental counter development will do.

Needs of this kind (the illnesses) are appearing, to cancel the mind's damage, and doing this requires mental disengagement. Control of an illness cannot be the cure. Curing will depend on overall awareness and counter measures that delete mind's involvement.

When an illness appears, it is always a message about non-alignment. When an accident or an attack of some kind occurs, these movements are for awareness to be increased. As this method of growth in awareness comes to aid the human, diet and good care cannot be dismissed as not being relevant.

When diet has a role to play, there is some kind of message given. Like a disturbance that indicates more attention be given to a particular additive or food quality. Paying attention does not mean letting mind find the answer. Give the mind a rest. Get the healing technique that will counter the reaction from the great diagnoser: the body.

Ask the body what needs to be used for healing. Ask about the diet making the body diseased. Ask for guidance. What the body answers must be the accurate answer. Mind doesn't get its answers this way very often, so when you begin asking for the body's guidance, be very attuned to the body's movements when a question has been asked. Twitches or jerks or the cause of masked answers must become obvious. Answers are always given. Paying attention will make healing easier.

Many of the healers of this generation are using body directed guidance to give better healing results than the medical establishment. When the mental diagnosis is done, another doctor must be found to do the healing of the mind. Both must be considered every time the body becomes dis-eased.

Channeling has another great benefit, it opens the body's chakras and meridians to allow more consciousness, and more causes of health, to become active. Channeling words is not all that is occurring. Conscious channeling can also be considered conscious healing. What has to be dealt with in the body gets addressed whenever the channel is opened. When channels get dis-eased, it becomes necessary to discover the cause. Channels can ask and get a reply. When another gets dis-eased, channels can find the cause.

Beliefs and control issues dominate another condition that needs to be addressed also. They contract the body. Contractions cause the channel to close. Contractions are the most obvious cause of man's continued health conditions. If they are cleared, the body can

be clear of dis-ease.

Masking many of these mental dis-ease causing control issues is the attempt to heal conditions with chemical toxins. Chemicals do not heal, they destroy! No healing can happen when not listening to the body and doctoring with chemicals. Beginning the task of healing with mental diagnosis gives one chance of healing only - the chance that the body will reject the toxins and actively take over the healing process.

Clearing the body of old disease creating chemicals helps to gain a healthy body. Please consider deleting medication that does not heal by asking the body what it needs. Then give this to it. Cancer, as an example, can be completely cured without medical intervention. Clearing emotions and other mental disturbances can delete cancer completely. Children have cancer because of the lessons they chose to learn. None of the medical treatment makes a difference. Children with cancer need open conversation and loving attention as they go through their growth in awareness.

Can the doctors learn about these things? Of course they can. Will they? Only if they become more caring.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 249 - Kuthumi says . . .

http://mastersandmankind.blogspot.com/2010/12/kuthumi-says_29.html

Wednesday, December 29, 2010

While the consciousness has changed on the matter of human greed vs. giving at this time of year, this new consciousness may be the most critical detail in the New Earth's development.

Changing to giving, from taking, must be made a way of life.

Message 250 - Lady Nada says . . .

http://mastersandmankind.blogspot.com/2010/12/lady-nada-says_30.html

Thursday, December 30, 2010

The new consciousness has more love. In a metaphor I'd like to explain:
Many days of meditation can delight the mental, giving an impression of an open heart and a giving consciousness. No drama comes during meditation, and contractions are less.

But after meditation the life's concerns appear. Are the feelings of contraction returning? If so, the new consciousness continues to be canceled. If giving another trial to this method of change has no better results - include the lesson of gratitude. Consider gratitude to be a divine thought that creates more giving and caring between meditations.

Message 251 - Free the Master Within

<http://comptedesaintgermainsblog.blogspot.com/2010/12/free-master-within.html>

Friday, December 31, 2010

Free the Master within today! There's no need for the mass consciousness to give forth any decrees other than unconditional love. When love comes from the heart, and all can give love to those who are outside of their close associations, heaven can be created on Earth. Answers to all of today's disturbances can be found, and all of mind's fear can be eliminated. The cost of this change is nothing. The time needed for this is one minute or less. What can do it? Your conscious decision to delete all negativity from your thinking.

Once this commitment has been made, ask the consciousness of the body to give you all of it's reasons for gratitude. As an answer, the body may cry, or create movements, or deny the question. Ask again. Ask until happiness can be accepted by the mind. Happiness is a characteristic the Master within gives to a body.

Mental concepts have been the cause of lack for most of the things now disappearing. Change is now the most controller dominated area of interest, one of these controlled areas of interest being the world money supply. Could this be a concept that could be deleted? Can the heart be more creative than these men, in the countries that manage these things? Of course it can, God can do anything!

Cancel their control with heart consciousness. Give them their walking papers when they ask for more than they deserve. Be their conscience. How? By giving them heart led answers.

My call cannot be completely clarified right now, but when they are taking away more than they deserve, give it all without a negative answer, and ask God for the next step. You will be cared for. I cannot guarantee the exact details yet, but wait for the next days' events to unfold. Get ready for a dream come true!

My words today will seem a bit vague, for a reason. I want you to anticipate a great beginning of the New Year, because it will be a year of new and different, and the opportunity to Awaken and glow!

Have a great New Years Day.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 252 - Melchizedek says . . .

http://mastersandmankind.blogspot.com/2010/12/melchizedek-says_31.html

Friday, December 31, 2010

Contained in each message on this blog is a key to Heaven.
Are these keys opening a door for you each day?
When they do, we will live as One, neighbors all, on the New Earth.
Happy New Year!

Message 253 - Hilarion says . . .

<http://mastersandmankind.blogspot.com/2011/01/hilarion-says.html>

Saturday, January 1, 2011

What the most needed awareness is now, is the ability to see all as God. Not the differences that make things appear fragmented, but the common thread that makes One collective consciousness.

Message 254 - New Year's Message

<http://comptedesaintgermainsblog.blogspot.com/2011/01/new-years-message.html>

Sunday, January 2, 2011

Welcome to the year 2011, the year of the changes you've been made aware of since 1970. Are you ready? Are you Awake? Can we count on you to hold light when things get difficult?

Many were called, and many offered to come, to live through the next consciousness shift that man must go through to create a New Earth. Some have forgotten their chosen destiny, but many have gotten through a very dense awareness to find their own truth. Practices to take you into the inner world have been good, and now, that world is going to become your outer world.

Major change is about to begin, and no change is bad. Welcome it, and be grateful for all that is available to take away the dis-ease that has been contracting Mother Earth. Failure to care for her needs must be canceled, and a new delivery, of honor and respect, conveyed by all. As the changes occur, be willing to give her that respect.

Make this the year of Awakening. Put aside all the dreaming, and get to the truth about all that has been taught by non-enlightened beings. None of it has any truth to it at all. Only an Awakened being has clarity about what is truth and what has mental deception included.

Much consideration has gone into how these changes could be made, and we can now tell you this: your world will be completely altered by the day that follows the next New Years celebration. One more year of change is ahead.

Twenty-million can ascend if they are ready. Only about five-million are ready at this moment. How can all the others get to their chosen destiny? Meditation, canceling their negativity, and asking for help to transcend their ego. Once this help has been asked for, we can deliver the dream movements needed for more awareness.

Meditation is not light sleep, and dreams are only more of the mind's drama. Awakening the Master within requires breath awareness during meditation, so the mind can get quiet, or be observed as an object. All that the mind delivers to awareness is not the truth. Only mindlessness can provide access to truth, but awareness must also be present. Awareness is the consciousness of I AM that remains when the mind gets quiet. This awareness is the truth of who you are!

Meditate and delete all of the contractions caused by mental and emotional disturbances. These are the tools mind can use to lead you to an Awakening. All the rest is in the control of the inner Master.

Should you be afraid of the future, get quiet about that with deep breathing, whenever the

feeling of fear arises. Fear is not an answer to change that has any positive value. Healing the cause of that fear is congruent with the goal of Awakening. Pause, gather your awareness to the cause, and ask the Master within to help you let go of the fear. Mastery is fearlessness. Your inner Master has all the answers you need. Get that relationship going!

Welcome change. Welcome "new and different". Greet each day as the most wonderful experience. Pay attention to your thoughts as an observer of them, not as their creator. You are not your thoughts! Nor are they more aware than the Master within!

Change is inevitable. How it will appear can be difficult to experience, but it is all for the good of mankind and Mother Earth. Many days of darkness can result. Have candles to do necessary activities. Computers may be down. Get used to not being able to use them. Use of cell phones can be disconnected. Get in touch with those who live nearby. Give assistance as you can. Need assistance? Ask to be a contributor to another's need. As you give, you shall receive.

When you dream: you are reviewing other lives that are occurring as you observe them. No lives are actually linear. All occur NOW. One soul does all of their "lives" at the same time, it just appears to be in linear time to allow man to accept it. Nothing actually exists in time, this is mind's conclusion.

What does the Master within do when an active mind always leads the body? Nothing. It waits. Waits for the mind to begin looking for Truth. When this occurs, there is great excitement on other dimensions, as the divine call has come for all.

When the call came to you, did you immediately agree to go within to get more aware? Are these calls always answered in this way? No, but we will keep calling as long as there is one more left to Awaken.

Open to the light within your own heart, and allow it to become fully radiating so it touches others. This can take a bit of your time, so the sooner you begin, the better. Our realm is awaiting the lights to all be glowing, because they will light the dimensions in between.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 255 - Kuthumi says . . .

<http://mastersandmankind.blogspot.com/2011/01/kuthumi-says.html>

Monday, January 3, 2011

What does not have man's attention?

His own nature.

In his gifts to convey, he has this heart disbursing quality that means the most to others,
But he believes that more is needed.

Not so!

Message 256 - World Healing Opportunity

<http://comptedesaintgermainsblog.blogspot.com/2011/01/world-healing-opportunity.html>

Tuesday, January 4, 2011

When my message compliments your life experience, this means we are being led by the same source. Are the things I have said creating the cause and effect difference that I intended? What more do my words need to convey? I've given many discourses on ascension, awakening, brotherhood, community, controllers, deceivers, enlightenment, future events, God, gratitude, happiness, Mastery, Earth changes, waking-up, health, dreams vs. reality, consciousness, manipulation, awareness, giving, caring, death, denial and fear. What else do you think you need to understand?

My next messages are to be less wordy and more defined. I will deliver a message that goes directly to the heart. What my words convey is less important than the mandate they call for. Bring them into your heart to FEEL what my message is about.

Today's new message is about caring: Move your attention out of this written material, and direct it towards someone who has been disturbed recently. Make them a new caring container with your imagination. Cover them with a green aura. Mentally conceive of them getting completely contained in this green glow. Wait ten seconds, then dip a mental image of a needle into liquid gold. Then proceed to close up the aura around this being with a needle and thread action, using the needle you imagined, and the liquid gold thread you also thought into creation. Allow this cocoon to set for awhile, as the mental cause of its existence tells the being inside the following words:

"You are the most cared about human that ever existed. Your mother loves you more than anything. Your father does also, and all the brothers and sisters in your family are here to give you the love you need now. Allow them to hold you. Turn over all your concerns to them. Give them the distress you have been holding. Let them take care of it."

Now, give this last comment with no dates or times added:

"I Am God, the one who cares for you as your mother, father, sisters and brothers. I am the one who wants your disturbance. Give me the pain. Give me the memories of the event. My God-like creation, you are the one that has the light that others need. Heal the mind and come out of the cocoon when you are ready to let go of the past. I am waiting."

In this ceremony you have given another a love and caring creation that can provide them with a great healing. Assist anyone that needs this. It can be done without their agreement, as no demand is made of them.

Can you imagine the complete love this conveys? Use it and don't ask for any comments about it. Be an anonymous giver . . .

Can you do this for those who are not getting their basic needs met? Can you do this for mental patients? Can you do this for anyone that needs assistance? Give God's love to those who cannot remember how much God loves them. You can be of great assistance to world healing.

I AM THAT I AM

Ascended Master Saint Germain

Channeled by Aruna

Message 257 - Archangel Uriel says . . .

<http://mastersandmankind.blogspot.com/2011/01/archangel-Uriel-says.html>

Tuesday, January 4, 2011

Competence in any field is a God given gift. All gifts are equal, and no gift has more advantages than others.

Some of the concepts that these gifts bring, to those who observe them, serve to mask one's own gifts.

Consider love to be the greatest gift of all. Competence in love can manifest a God in action.

Message 258 - Archangel Gabriel says . . .

<http://mastersandmankind.blogspot.com/2011/01/archangel-gabriel-says.html>

Wednesday, January 5, 2011

Fasten your seatbelts, as a New Age has truly begun; where healing can occur with a thought, and grace can make love more available.

This is not fantasy anymore. It comes with having all the nuances in place.

Message 259 - Can We Talk?

<http://comptedesaintgermainsblog.blogspot.com/2011/01/can-we-talk.html>

Thursday, January 6, 2011

Follow most channels, and be convinced that things are getting to ascension right on track. Most are saying that hearts are now open, and love has become the more dominant commodity. To be connected to one's neighbors has no consideration in these comments.

My dear ones, these deceivers are getting more and more outrageous in their claims. Now is the time to be gathering together in groups for consultations about how to manage during hard times. "Cancel these dismal calls for destruction", say the deceivers, "WE are going to take care of all your needs, and alter the consciousness that created these disasters". "Cancel these negative concepts, and live as though all things are normal, and great things are coming", say the deceivers. Yes, great things are coming, after the difficult, great destruction that is being controlled by a cabal of not very caring beings. All of the claims of the deceivers, who are using channels that are not aware of their deception, are false. What does the channel have to do with this? They are non-aware co-conspirators, who are duping the public into giving no thought to changes that are now needed.

Can you claim to be able to take care of your needs during major change? Needs, like a place to gather to live if one cannot keep their home? Adequate meals to eat? Companions for those who are alone? Care of homeless? Care of children who lose contact with their family? Are you able to keep up an adequate health condition during natural disasters? Are there enough beds to let others lie down and get some sleep? Are

there dreamers who cannot accept their new conditions and are not capable of caring for themselves? When the dam breaks, will there be ample caring beings around to assist those who need aid? Africa is no longer the continent needing the most aid. The North American continent is, only its citizens don't accept it yet.

Control of the news media has gotten so dense, that the media doesn't give any truth about the actual conditions most Americans are about to face. Can they leave for other countries? No, because their government has made this nearly impossible due to its control of their money. When Homeland Security became the law enforcement counsel of the US, all personal freedoms were taken away. No citizen of the US has sovereignty.

Change of this craving for power came into being when Mr. Bush, Sr. was in office. It was all designed and demanded of his son when he became news worthy as a potential candidate. The son's greed canceled his inner guidance, and he took over the deception. Now, an already designed collapse of the American economy is underway, and there's nothing anyone can do to cancel this. We (The Great White Brotherhood) have been attempting to give enough notice to alter the awareness of those who will be effected the most. And we conceived of a mass ascension that could delete the difficult days on the continents as money disappears.

Can we have your attention now? Are you willing to create this mass ascension for the many who chose this? Are you ready to give this a try? Can you accept the challenge of awakening as your entrée to ascension? Should deceivers have you convinced that nothing need be done to ascend, you will live through difficulties you never imagined. After the days of darkness, another wave of ascension can occur for those who are no longer denying their birthright.

When the call comes, are you going to hear it? Can you go to the place that you will be asked to go? Are you able to let go of all of your attachments? Can we count on you to leave, and not distrust the consciousness that lies within you?

My words must be heard by as many as can accept them. Ascension can occur for the masses on an average day, when no attempt to get ready has been made. A call will come from within. Should you follow that call, the dawn of the New Earth will be your next adventure. Not able to hear? God needs to be heard. How many times do I need to tell you to get quiet and meditate? Only quietness can allow the voice of God to be capable of reaching you.

Twenty million can ascend. Are these messages getting them ready? We will find out when the moment comes. I cannot tell you an exact date, but my comments come today as an urgent call. Wake-up, and have contact with the divine. Nothing gets our attention, to do this asking, as much as the deceivers' controlling the death of our ascension candidates.

Face the fact that help comes to those who help themselves. Ignoring our warnings gets you nothing but negative consequences. Giving hope to all does not include deception. Giving accurate details creates opportunities for a different outcome.

Please give me the opportunity to gather an ascension that can make a big difference. Bring the heart home. My goal is to lead 20,000,000 out of darkness in one leap. Come along and you won't regret it. Negate my message, and get on with the life you did not want to live.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 260 - Archangel Michael says . . .

<http://mastersandmankind.blogspot.com/2011/01/archangel-michael-says.html>

Thursday, January 6, 2011

Consider today's blog message from Compte de Saint Germain to be the most accurate description of an outrageous conspiracy to destroy mankind. It details how they have created mass destruction by controlling the mass consciousness.

No country can dive into depression as quickly as the US. Ascension can make a difference. Ascension is the answer AND the purpose. Are you able to accept that this is the reason all this is happening?

Message 261 - Comments on Yesterday's Blog from a Geologist

<http://comptedesaintgermainsblog.blogspot.com/2011/01/comments-on-yesterdays-blog-from.html>

Friday, January 7, 2011

Greetings, Aruna. I follow you and yours with interest. I would like to comment on Earth Changes from the vantage of my geology training for anyone interested. In my younger years, before the modern Arctic and Antarctic research, we understood that there had been four great Ice Ages. Now, with the Antarctic and Greenland ice core studies conducted here in Denver, Colorado, we see that the Earth has very regularly moved into and out of Ice Ages for over a million years for which we have continuous data. We are approaching another Ice Age, according to the data, in the very near "geologic" future. The temperature fluctuations coincide with astronomical alignment of such things as planetary wobble, axis tilt, etc. Over the last million years temperature has controlled the greenhouse gas (CO₂, methane, etc.) levels. That changed in the late 1800's when CO₂ levels began to rise in earnest due to human combustion, primarily of coal. Isotope studies of the carbon in the atmosphere indicates it to be geologically old carbon, so we know it is from coal that was mined by humans. This is to say, without a doubt, the present rise in CO₂ is from human processes. Significantly, these CO₂ measurements were made at 14,000+ feet on Hawaii so the readings aren't contaminated by nearby industry, urban areas, or forested areas.

The scientific interpretation of this information is that humans were not the cause of CO₂ rise prior to the Industrial Revolution, but they are now. In the past natural temperature fluctuation controlled CO₂ levels, not the other way around. This is to say that we have natural Ice Age conditions returning at some point, but we are altering that scenario for the time being with human induced warming.

Another point to be made here is to say that "climate change" is the norm on this planet. Life on this planet has adjusted many times throughout Geologic Time. Life has changed a lot, but it has been very survivable throughout the Earth's history. Now, however, for the first time we have billions of humans along with the biota. Human migrations are largely

the result of the economic hardship of living where the climate is not agriculturally productive. Reasons for migrating cascade with political turmoil. Across Geologic (Deep) Time cyclic sea level rise periodically forces relocation inland. Animal, plant, and microbial disease populations are also forced into relocation from time to time. We use the term, "invasive species" today to describe this natural relocation for survival. All of this our public has heard about.

What many humans are unaware of is that we are well into a "mass extinction event" that may rival what happened to the dinosaurs in the late Cretaceous. It began approximately 50,000 years ago. That is the time when humans began to leave Africa and spread across the planet. That is the time when the mega-fauna largely vanished in the Americas, Africa, Australia, Europe and Asia. Did humans hunt and eat them all? No, that would have been impossible. In the Americas, Australia, and elsewhere we have recently learned that many plant/tree-types began to change beginning approximately 50,000 years ago. What part did we humans play in these biotic changes observed? Well, we began to "manage" the land. Our land-use practices began to change the face of the planet. It began with Native populations using fire to control the large animals. That practice led to clearing land for agriculture as we shifted from hunters to gatherers. Modern humans are very, very, good at altering the surface of this planet for our many perceived needs. Lightning naturally started fires, but humans are very, very, good at burning grasslands and forests, plowing and cutting, spreading insecticides, etc. Most "natural" vegetation we see today is not actually natural. What has this meant to the biota of Earth? Extinctions and in great numbers, Mass Extinction.

Now we begin to see our predicament. We humans have been altering the face of our planet by our actions for over 50,000 years. It has crept up on us. I like the analogy, 'It is as if we have been slapped with an animal fur, but now with our un-natural ramping-up of carbon dioxide levels, we are about to be hit with a fur that has wrapped inside it, an anvil.'

Can we do anything at this point? Well, yes we can, but will we? We humans caused ozone depletion in our upper atmosphere allowing UV-light to strike the Earth's surface causing all sorts of problems for us surface dwellers, like skin cancer. We changed our ways and the ozone problem is receding. We have found slight changes in tropical forest land use that have returned nearly lost land. There are many examples of small changes, by very small numbers of people, that have brought animals back from the verge of extinction. The American bison is one example. The major highway to be built across Africa's Serengeti, cutting of animal migration routes, can be done with innovations that can permit the migrations to continue. Win-Win. We humans can live with this planet and all its inhabitants...if we choose to. If not, our own presence on this physical planet may end abruptly when the anvil hits us on the head.

Climate change is the norm. We are only just beginning to experience this one. If humanity can learn from this opportunity how to pull together for the benefit of all beings sharing this planet, we might have a chance of survival, when an even more catastrophic disaster heads our way requiring quick action. We have a polar reversal underway; we have an asteroid making multiple close-orbits in the late-2020's; we have Yellowstone, a super-volcano, over-due for eruption (keep in mind that when Toba, another supervolcano, erupted the human population, world-wide, dropped to about 10,000 survivors); ...not to mention the human and biotic suffering brought on by "regular disasters" such as tsunamis, earthquakes, hurricanes, tornadoes, floods, and the like.

This modern dilemma that we humans have created can be a learning opportunity. Will we

learn, help one another, and change our ways? We can if we choose.

Wayne Pound
Colorado, USA

'We may quarrel with men sometimes about things on earth,
but we should never quarrel about the Great Spirit. Chief Joseph, 1881
Friday, January 7, 2011

Message 262 - El Morya says . . .

<http://mastersandmankind.blogspot.com/2011/01/el-morya-says.html>

Friday, January 7, 2011

Evolution has come full circle. Beginning with creation, man combines mind and nature without any concern for consequences. Now, consequences are needed to get man to act like nature means something in this eco-damaged materialization.

Consequences abound. Have they made man demand that new care be given? Who is demanding this? How many?

Message 263 - My Country's Currency

<http://comptedesaintgermainsblog.blogspot.com/2011/01/my-countrys-currency.html>

Saturday, January 8, 2011

Shall my words be more teachings or more cautions about future events? I am not going to detail the exact conditions that are to come, because anything can change. As far as the teachings are concerned, many of my chelas are learning their lessons by the most challenges they have ever had, and are not losing their heart centered mode of being. Consider this the goal!

Foreign nationals from countries outside the United States have made agreements about the American continent and its currency, that will control all the money that is based on the US dollar. Besides losing money in the currency exchange markets, other currencies can deny the continuation of exchanging that currency to theirs. What this means is, the currency market will flounder and the US dollar will be dropped as a major currency. People who have only dollars will be able to use them in the countries that accept them, but not in others.

Are any currencies more adaptable? No, as the other currencies are going to get less useful also when the dollar discounts are taken. Only gold and silver, and certain other natural minerals will maintain value, and they won't be much good at the grocery store.

Every country will honor its own currency, so if you are in the US you can use your dollars there. Europe can accept euros, China can accept yuan, etc., but no country will accept another country's money. What to do when you live in one country and are paid in the currency of another? Nothing, you either must return to the country where your money comes from, or you will not have any money to use. So much for going to another country to retire. When this occurs, will you be where you can use the money you are dependant on? Can you get money exchanged at the bank where you are? Consider this to be a most important thing to consider.

Can I predict that this will actually occur? Yes. Can I tell you when? Not exactly. My ability to give dates is not good. Can I give a guess? No, because men have free will and decisions that are made daily can change the conditions that determine these things. But, my intention in telling you this can aid those who want to live in other countries with income now coming to them as dollars or euros, or with other conditions that can be affected by this change. Plan accordingly. Give this choice of lifestyle much consideration.

People who earn income in the country they live can manage. Those who don't, cannot. Prices of goods that come from other countries are also to be dramatically affected, and most exports out of the countries whose currency has been devalued can completely disappear. So, if you need things that are being imported, get them now. Make arrangements about money. Give the choice about currency to the country you are living.

When money is being controlled by draconian cabals, no one can know all the details of their current decisions. All I can give you now is this task: find out how the currency market can affect you, and make an arrangement that best supports you.

Money has the greatest impact on Mastery. Can a Master give money away without cringing? When money is taken away from a Master, can the body be relaxed and happy anyway? Use this test to consider whether the Mastery of money is a lesson you've already learned. No? Then begin by giving away money and see how it feels. When you can give and get, with no reaction, you've Mastered money.

Can't do that? Give, and breathe. Allow the heart to open. Give and breathe. Change the current attitude from loss to abundance, and keep the breath flowing. Change the heart chakra spinning direction to the left to feel tight and to the right to feel comfortable. Change the direction again when the comfort gets out of control. Don't give away all that you own! Open hearts are neither tight or too giving. They are conscious of the conditions and contain the wisdom of a Master. Close the door to fear. I don't want you to be afraid. All conditions are as they need to be. My objective is to keep the awareness up and the fear down.

Heal the heart by being giving, and change the choice you have made about country of residence if you don't get your money in that country's currency. Be aware and unafraid.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 264 - Melchizedek says . . .

<http://mastersandmankind.blogspot.com/2011/01/melchizedek-says.html>

Saturday, January 8, 2011

Currency of the next century will be very different than it is now. Most of today's currencies will be gone, and new ones will be in use.

Fake money has been used by many countries for a long time. No value actually comes with that bill or coin other than what the government claims. Twelve more months before all money contained in the banks completely disappears. No more currency exchange will exist. Can this give you ample warning? Plan ahead. Get yourself organized. Consider this

to be fact.

Message 265 - Hilarion says . . .

http://mastersandmankind.blogspot.com/2011/01/hilarion-says_09.html

Sunday, January 9, 2011

Congratulations to all who are happy! Are the comments made on this blog giving you the healing and confidence you need to love more? Can we convince you that all the things the mind deems to be difficult have the light casting a glow on your heart? Be grateful for them. We are glad to have this opportunity to help, we want only your happiness in return.

Message 266 - Birds and Fish

<http://comptedesaintgermainsblog.blogspot.com/2011/01/birds-and-fish.html>

Monday, January 10, 2011

My dear ones. My thanks for the one comment I got regarding these messages. My teachings and comments about the future will both continue.

Today's question is about the death of birds and fish. My condolences for this great loss to all who have the compassion to care. Change the mind of man, and you can stop these continuous messages about the water and air, and the self-sacrifice of many of God's feathered and finned creatures can end.

Nothing new happened to contaminate the air and water in these areas. It was a mass deletion of these animals by their own choice. Change of direction to the axis has already begun, and more of this kind of destruction will occur - unless new mental attitudes allow an increased rate of vibratory frequency for ALL of the Earth's inhabitants. Self destruct is the contract of many of God' creatures. Now is the time. Other species are doing it also. Bees, for example, and many bird species. Dolphins and whales are coming to the beaches as messengers to man about the dirty mess man has created in their environment.

All of these creatures are giving man messages about destruction. Man's destruction of his Universe has gone beyond repair. What remains to be changed is consciousness.

Are many concerned about the results of man's destructive attitudes? Some, but not enough to contain an already disrupted eco-system. Not enough to contribute a different arrangement for migration of many thousands of birds. Not enough to appropriate clean up crews to oceans and their tributaries, or the coves where dolphins are cruelly destroyed. Not enough to move an active carrier of disease out of an area where many animals are being contaminated. It is not the consciousness of these animals that needs altering, it is the consciousness of man and his money cartels.

Twenty-million can make a difference. An amazing amount of grace can be delivered through those who are ready to ascend. Mass consciousness can be dramatically altered. Change can be disseminated, and there is nothing that cannot be arranged differently. Welcoming divine awareness into mankind's domain means man can act as God and create as God, without any of the management that man's group mind can now disburse. When minds are quiet, God and an advanced crew of aware beings can clean up the mess

that now exists. "New and different" techniques can be employed, and destruction will no longer be accepted.

Facing the facts must come before any of this. Acknowledging that man has destroyed, and cannot continue to destroy, is next. Only then can any clean up begin. Are the mass murderers of these giving, caring birds, and other animals going to disappear from the land?

Only those who are awake and aware can maintain the light through the mass increase of energy that is being delivered to aid Mother Earth. All those who destroyed her cannot advance to the next level of consciousness. It is their destiny to leave the planet through death. As the purveyors of death, many will die as an act of God's will. Many will be denied adequate care of their needs. And those who were actively controlling all that commenced by their will, can anticipate a most controlled condition for their death. Choice of their manner of death was made as they came into the body for their role in the human drama.

Political deceivers are to be exposed and corrupt ones are to be destroyed, as their choice has also been made. No duality will be left. All of the negative and aggressive nature of man will be deleted.

Forerunners to these events are the messengers, who are contacting man's minds with group deaths. Can you act on their behalf? No, they are giving up their lives for you! Can you accept their sacrifice, as a nod from them, to do what needs to be done to change man's consciousness? Freedom has its price. Your freedom is what they are making their sacrifice for.

Birds, fish, bees, and other migrating animals must be the "density communicators". They need to contact those who are dense. Are they doing this effectively? Yes. Aren't your dense acquaintances being made aware of these mass deaths? Are they concerned? I'm not going to claim anything about that.

Open your hearts and welcome the higher vibrations. Thank all who are leaving, so others can gain more awareness. Practice meditation and channeling, as these are your tickets home.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 267 - Lady Master Portia says . . .

<http://mastersandmankind.blogspot.com/2011/01/lady-master-portia-says.html>

Monday, January 10, 2011

Change can be grief inducing. Many are crying over their advancing age and depleted bank accounts.

No drama of a major kind can delete their consciousness if they are contributing clear awareness and deep caring to the mass consciousness.

All is about to change, and new things are to become an answer to many of the negative conditions now appearing. Keep actively deepening that clear awareness.

Message 268 - Serapis Bey says . . .

<http://mastersandmankind.blogspot.com/2011/01/serapis-bey-says.html>

Tuesday, January 11, 2011

When an attraction to an object or individual appears to draw you to a new delight, ask your higher awareness I AM, "Is this the next door to higher consciousness?" In most cases it is, because an absence of the attraction would mean there is nothing to learn here.

Go towards these attractions. Gain the Mastery they can offer.

Message 269 - Physical Changes

<http://comptedesaintgermainsblog.blogspot.com/2011/01/physical-changes.html>

Wednesday, January 12, 2011

My dear ones. Changes happen to the human body when they happen outside the body. All of the universes are going through immense alterations. People have the awareness of these differences even when they are not conscious of what has occurred. In the past few months there has been twelve new corrections made to the axis to keep it on a matrix of calm change, as opposed to a more dramatic one. And all of the chemicals and microwaves being transmitted into the atmosphere does things not even considered by the majority to have an effect.

What has become the complete destruction of at least millions of communities of animals has just made an impression on man's mind. Are you missing out on the destruction? Absolutely not! Your nervous, immune and respiratory systems are all in advanced stages of deterioration. All your other systems are being attacked too, but not in advanced stages yet. Poisons abound. It is in the air, the water, and all the food you eat. All grown meals are as compromised as the ones being chemically altered, because the Earth's natural structure has contracted as a result of defense, and the controllers decisions to move nuclear waste through the heart of the growing areas. All of your areas of manufacturing are destroying farms. Are you getting the picture?

"I only eat organic" you say. All of your organic guidelines are formed by the same folks who detonate your chemicals. Be aware, only a few can truly say, "I only eat organic". Are you taking any chemical medicines? Add them also to your damage awareness. Are you doing contact to others with any digital or cellular methods? Consider these also. Are you convinced yet?

My comments are to make you more aware of the cause of the body's need for more advanced methods of adapting to all of our destroyed contributions to its maintenance. More sleep continues to be needed to cope. Not getting adequate rest has the effect of allowing the destruction to become more contained. Human bodies need readjusting to what they are coming in contact with all day. Will they completely adapt? Maybe. Will they adapt by the time the continents actually move? Consider this:

Many changes are occurring simultaneously. More are near. When the diaspora occurs, there will be no more adjustments being made, and great changes will happen all at once.

Can a body adapt?

Many will dismiss what I am saying as dark, not the truth, etc. But, dear ones, this is why the ascension plan was created. Please do not get depressed. I am not doom and gloom. Are you going to look at a cup half-empty as getting empty or now able to be filled? I am telling you that this cup cannot get down to empty with the ascension coming up. Ascension changes all of this. Why? Because this dimension will no longer be the dimension you will be on, and on the higher dimensions this destruction can be deleted instantly.

Colleges and other advanced learning communities have no contact with other dimensions. They do not have any contribution to make to the alteration of human and animal consciousness. But a clear channel can advise you how to deal with your current dilemma. Channeling must be the door to change, not academics!

Are you learning to channel? Are you getting guidance directly from your own consciousness? Are you giving yourself the best way to deal with body changes? Consider all differences in physical composition to be the result of chemicals and the other changes that have consumed your planet. Be less active, get more rest, dream of the New Earth. Give the body meditation when you cannot sleep. Reject the next portion of technology that brings you "advanced" chemicals or EMFs.

Give the heart the opportunity to love. Love is the answer to healing. Love the toxins. Love the destruction. Love the complete transformation of the planet. It was you who designed this drama. Can you be more accepting of the progression it is taking? I AM loves all that is. Welcome what this "new and different" concept will bring.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Saint Germain's [A Course In Channeling](#) can be purchased [here](#).

Message 270 - Archangel Raphael says . . .

<http://mastersandmankind.blogspot.com/2011/01/archangel-raphael-says.html>

Wednesday, January 12, 2011

Many deceptive channelings are being delivered, as the astral realm can use channels who are not aware of their methods of deception. Can your mind discern the difference?

Some clues are:

1. Are only "positive" messages being given?
2. Are there any actual teachings included?
3. Are the messages accurate in what is being conveyed?
4. Can the caring of all be detected?
5. Can the Masters or Angels be discredited by not giving the "same" content?

Be careful. Be wary.

Message 271 - Lady Nada says . . .

<http://mastersandmankind.blogspot.com/2011/01/lady-nada-says.html>

Thursday, January 13, 2011

Masters and Angels will make the call, and those hearing it are asked to alert those who are not able to hear. Are these words comfortable for you? Are you one of those who is not able to hear? If not, are you willing to risk ascension because of it?

Message 272 - Pack a Bag

<http://comptedesaintgermainsblog.blogspot.com/2011/01/pack-bag.html>

Friday, January 14, 2011

Pretend you are going on a tour of another country. Make an itinerary to do this, and get out the suitcases to negotiate the amount of clothing to take. Pack one of the bags with your computer and other contents that may be needed en route, and the contents to be contemplated to go in the other, larger bag would be clothes, shoes, etc. Now, make believe that the big bag got destroyed en route, and all you had to live with was in the carry-on with the computer. Are these contents going to be all that you will ever have? Of course not, other things will be available when you arrive. Give this scenario a good look, because many of you will be doing just this. Why? Are we going to move to this other country? No, only in your dreams. However, this may be the only bag you'll have time to pack now that we are in the last days of man's current adventure. The next days are going to be very changeable, and having a new consciousness will mean needing a new bag of material goods to go with it.

No, you can't take bags with computers when you ascend, but between now and then, you might need to have a computer bag on standby, to take with you should you be asked, or called, or moved by circumstances to another area. My next call may come quickly, and no time to pack can cause you much anxiety. Can you get one or two bags packed to go on to another area? Can you completely detach from all that is left? It may be necessary to do this. Some are already having to detach and have had no bags ready to take with them. Can you see the times moving in this direction? Are you going to get ready or not?

Can you imagine an evacuation in your area? No? Well, don't be so arrogant; no one can call these next alterations to the Earth's continents, not even this level of awareness can say for certain.

Make this packed bag your safety net. Consider an airline carry-on the best size. Have the essentials, and the means to get more will be the next concern once you get to the next destination. Are you willing to do this? Where will you go? No one knows this yet, but those who do need to go in a hurry, will be happy to have at least one bag already packed.

Forces that control the continents axis movement have become more changeable by the day. Both Australia and Brazil have been devastated as a result. Any other area can be next, even those not counted on in any predictor's map. Are the movements going to quit? No, only get more consistent in their appearance. Tough times are already news. More will be reported daily.

Caring about the things left behind is wasted energy for all who are going for ascension, as detachment must be achieved, and the ability to release these attachments is important to

all who are now being considered ascension candidates.

Followers of the deceivers are going to be totally dismayed and disappointed in the next days, as their call for great days has been ignored. Great days, as they have imagined them, are to be AFTER the diaspora, not instead of it. Hard times are to be the norm now, not the exception. Mind can get disturbed over this message, but hearts all know the Phoenix rises out of the ashes, not before.

Put together a bag of those things you would take on a camping trip, not your best clothing and decorative items. Take a little of the nice things like a good cotton dress or outfit, and/or a more comfortable clothing item to wear when you land. Not too many personal items, because you will need your computers and clothing for more than one weather condition. Weather changes will be dramatic, and all degrees of temperature can occur in one day.

Face the facts that change has begun. Both Australia and Brazil have. Can the area where you live be next? Yes, it can. Safety is not guaranteed in any location. Ascension can occur in all.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 273 - Metatron says . . .

<http://mastersandmankind.blogspot.com/2011/01/metatron-says.html>

Friday, January 14, 2011

Are the Masters' Messages getting to be less newsy than the media is producing? Why would that be? Because the news media is attempting to keep your minds distracted with its content, so you won't get alarmed by its lack of material about what is *really* going on.

Twenty-million are getting ready to leave this planet, and there's no warning about that going to occur. When it does occur, the news media can complain about its lack of knowledge, but many of them are among the 20,000,000 and are attempting to get this information through, without any success.

Message 274 - Sananda says . . .

<http://mastersandmankind.blogspot.com/2011/01/sananda-says.html>

Saturday, January 15, 2011

Most of the men and women of modern society on Mother Earth do not realize what is coming next. When channels tell them: the New Earth has come, they conceive that wondrous things have already been brought into manifestation. Not yet! Welcome the changes as they appear, and give the love they evoke to all who don't know the Truth of their own mastery.

Message 275 - Preparing Children for Ascension

<http://comptedesaintgermainblog.blogspot.com/2011/01/preparing-children-for->

Sunday, January 16, 2011

Many chelas are denying their ability to ascend. In the next days, we will need their conscious choice, to be able to determine how to proceed. Children who are meant to ascend will do so. Should a child need the consciousness development that abandonment would give them, they will get that lesson. All children were able to write their own chosen destiny contract prior to this incarnation. No accidents are to occur. Children only needing to make one more gift to mankind can ascend, as this will fulfill their contract.

Parents must let go of their ownership attitude. Give children love and guidance, not overbearing protection. Allow them to make their own choices and call their own lessons to them. Pause before demanding they not take risks. Children need to control their own movement in consciousness. As a parent, give them the courage to do the things they must do to advance. Will they ascend with you? Most are already aware of this choice and are looking forward to its occurrence. Choose only for yourself.

Attachment is not as loving as detaching. Attachment means to others: dependency. It communicates that you have no ability to be happy without their connection - an unhealthy message. Children are not chattel. Giving life to a child does not come with the obligation to control its choices. Life is a gift to them, and an opportunity for you to grow from the lessons they will offer you.

What does this have to do with ascension? Nothing, it is in the contracts made between a child and its two conceivers. Ascension, on the other hand, is a contract between one of these with Almighty God, the one who created each of them in the concept they chose.

Following the heart's call means looking only at your own contract to decide. If you still need to decide about this, you may be looking for someone else to decide for you. What could be any more important than the contract you made for ascension? Only an ego would even consider anything else. And that is because an ego is still in charge and an ego is not aware of what the true picture is. A full Awakening has not yet occurred for those still considering anything other than ascension.

Make your decision, and don't be concerned about the choices of other members of your family. They all have a contract with God, and what is contained in that contract is what they need to choose. Whether or not their choice coincides with yours, matters not. They need to determine their own destiny. You are not responsible for choosing their destiny, only giving them the lessons they need to get in your care. Next, you must be detached enough to allow them choices you to be attached to you.

What would God want for them? Ask this of yourself when developing their childhood. God would want them to be confident, charged with life force, and able to care for themselves with an awareness of what is good for them and others. Can this be what you give them as a parent? Not just a name and choice less management. Parenting calls for detachment.

When you truly love, attachment is not an element of love. Attachment means clinging. Love is giving, without any demands on them to be a certain way. Changing from attachment to genuine love must be done, as a lesson in caring and control. Control is not the same as caring!

Child therapists are attempting to empower the child to care about his choices. Negative

reactions to a child's choices from its caregivers negates the therapist's direction. In most instances, parents need the therapy more than the children. Courage is a quality to foster in a child. When a child doesn't want to take risks, it is more than likely afraid of upsetting its caregivers.

When ascension is an option, taking a risk must be done. It will be the risk of letting go all of this world's comforts and appearances, to discover a totally different new world. Are you and your children willing to go to that world? Are they courageous enough? Are they competent to go through the higher dimensions on their own? Encourage them to face their fears and be willing to let go of their attachments, so they can succeed in their own chosen destiny. Free them, don't control them. Love them, don't attach yourself to them.

After ascension, those who remain on Mother Earth can ascend on the one final ascension wave. When this will happen depends on the conditions that occur after the first disappearances. Maybe those whom you adore, who did not ascend with you, can ascend on that wave. It may depend on the courage you can empower them with now.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 276 - Archangel Ariel says . . .

<http://mastersandmankind.blogspot.com/2011/01/archangel-ariel-says.html>

Sunday, January 16, 2011

Candidates for ascension choose themselves. All that can maintain a loving demeanor through every circumstance are able to ascend. Those who are not ready, are being given the needed consciousness raising conditions of density to move them along. Being negative about these conditions means that more difficult lessons must be offered.

Message 277 - El Morya says . . .

http://mastersandmankind.blogspot.com/2011/01/el-morya-says_17.html

Monday, January 17, 2011

Control of your mind's thoughts is impossible. They arise when they choose, and disappear when they are completed. No mental decision can delete them. Meditation can. Meditation develops an observer's orientation towards thoughts that can be continued, even when there is no meditation of any kind. An attitude of letting God's will be done will allow the mind to become quiet, and the heart to get more involved in making your decisions.

Message 278 - Chelas Who Want to Ascend Can

<http://comptedesaintgermainsblog.blogspot.com/2011/01/chelas-who-want-to-ascend-can.html>

Tuesday, January 18, 2011

Giving these messages the attention they need will determine the condition of each ascension candidate. None of the changes have been dramatic enough for the majority to

believe that my words must be correct, but this is coming. Change to all of the continents continues to wreck the economies and general health of humanity. Questions about the details of these changes cannot be answered. Not because we are keeping them a secret, but because we don't have answers. As one change can effect one area one way, and different areas another way, these continuous lapses of "normal" can cause many different results, depending on how one effects the others. The cause of these alterations to your world has already been described, now we must discuss the effects:

Police being in charge will become common. Not having enough to eat will become normal. Add to this a currency collapse and no housing market to deliver homes to new families who need them, creating overcrowding in the homes of their parents. New commodities will not be advertised to consumers, due to the lack of currency available to buy anything. No drugs will be trafficked in the streets by their hungry consumers, due to the lack of money available to buy them. But can we assume they will disappear? No, they will be totally available as barter. Who will give their homes away to drug dealers? Anyone needing their drugs. Can we assume drugs will be a commodity of value? Absolutely!

Can we assume that US dollars are going to be deleted as the most diminished currency? Not yet, because all other currencies depend on this one. But once the dollar has been devalued down to only a miniscule amount, it will collapse, and other currencies will compete to replace it.

Once this begins, all other currencies will also devalue, so none of them will have the distinction of rising to the occasion. No, the Chinese yuan will not become the most dominant one, because their way of competing cannot be dependent on consumer goods. World markets will destroy their economy. When all this comes to pass, my words about getting prepared, getting a community together, and growing food will be a blessing to those who listened and acted.

But, where does ascension fit in, you ask? Not with the consciousness that has to do these things and doesn't. It will be the gift that can deliver hope to all who are struggling with these dense conditions. It will not be the answer, it will be the call.

Children of God are all equal. No decision has been made about this for them. All who chose to ascend can do so. Some decided not to choose to ascend and now want to. They can. No director is going to delete any applicants for these roles in this play. Only the candidates themselves can do this.

Happiness is the key to the ascension door. Being accepting of everything that can happen, and still being happy, makes your ascension goals a reality. We need your happiness to light the path to ascension. Contentment is not enough. We need complete detachment from all the conditions that will occur, and complete happiness about leaving also. We need cool heads and clear decisions. We need a good army of healthy, happy, centered humans to disappear, in numbers so big, it is noticed that they are gone.

No demands are being made on anyone to choose this. Nor, are we even leading new beings towards it. Only those who are drawn to this choice can be included. My choice is for all to leave this Earth as ascended beings, but not all are able to do so. They are continuing to be at effect of their living conditions, instead of in charge of them. They destroy, instead of energize. They demand instead of give. Clearly, they still have more to learn about the human continuum.

Have any of these things been discussed in your home? No? Now is the opportunity to look at what might be needed. Clouds over this dimension could completely disturb those who have no God awareness. Clouds over the millions of contracted chelas who do not claim their chosen destiny may defeat this entire plan. Consider how you can delete these clouds.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 279 - Archangel Gabriel says . . .

http://mastersandmankind.blogspot.com/2011/01/archangel-gabriel-says_18.html

Tuesday, January 18, 2011

When the New Earth has been conceived, there will be new details that need to be learned. One of them is how to admit to mistakes.

Clear communication between the leaders and their colleagues who are not leading, must be a priority. Once this is developed, having discussions about daily activities can bring about new learning for all.

Message 280 - Kuthumi says . . .

http://mastersandmankind.blogspot.com/2011/01/kuthumi-says_19.html

Wednesday, January 19, 2011

Pleasure comes with acceptance of the continuum of all areas of light, as well as darkness. All mental divisions between the two are negating Truth. Black and white are both God's creations and make the full picture available. Games the mind develops discard the Truth for fantasy.

Message 281 - Masking Human Disturbance

<http://comptedesaintgermainsblog.blogspot.com/2011/01/masking-human-disturbance.html>

Thursday, January 20, 2011

Human being means: being the human you came into a body to be. No conditions are an excuse for being less than the Ascended Master you really are, when the character your body is pretending to be falls away. Centering, and becoming aware of what this change of orientation can mean, cuts through many disturbances in a man's original contract. Awakening deletes disturbances, but not the conditions that can trigger a disturbance in you. Can you understand that all the conditions being discussed on this blog do not really matter? They do not disappear from the body's senses when an Awakening precedes them. No, they continue, and are observed as any other man would observe them. What doesn't change are the conditions. What does change is the heart of the man's consciousness, so what he observes no longer matters to him. He is neither mentally nor emotionally disturbed by anything he observes.

Many New Age channelings are making the comment that the life experiences that mind desires are the only ones it will create. Not accurate. Group mind determines actual

occurrences, not individual mind. Individual mind determines the way man acts as he observes his environment, how he thinks about what he observes, and how much he thinks about it.

Personal conclusions draw to man those things he dismisses or negatively attacks as a reaction. Negativity draws to man all that he dislikes. Creative visualization creates more awareness of those things man dislikes, as he asks for things that he does not include on his "non-acceptable" menu. Are his desires fulfilled? Maybe, if his negativity against what is not on his manifestation list does not override his desires. Picture a man standing in a hole. If he is thinking "I don't want it to rain", it could quite likely attract some rain. If he thinks, "give me more sunshine", the amount of energy he is exuding against rain could override his desire for more sun. Whatever you dismiss will come to you, if the avoidance carries a stronger charge than the desire.

As man desires new and different conditions for himself, he dismisses what currently exists and deletes messages his brain tells him about his desires. What now exists gives him his nurturing, and carries him into his future, so dismissing it negates his need to have the current condition carry him into his next one. Adding two more layers to what he already ignores is not going to create anything better than what he has. Being happy with what already is available, can create more of what is desired than deleting what already exists from one's mental drama. Cause and effect considers dismissal of something to be the same as negative thinking. Can this be the reason you get what you don't want? Yes, you always get the things being dismissed as undesirable.

Mother Earth needs the love and caring that all of her children want for themselves. Communicating what is desired for Mother Earth tells her you don't want her as she is. Can't you love the one who has been wounded? Can you appreciate the contract you made with God to give her love and caring? Are the things being deleted from your needs list less important than the material acquisitions being asked for? Are my words making sense? Are you getting my meaning? Mother Earth needs open hearts and caring demonstrations now! We need her to ascend as the mass ascension occurs. We need all who are able, to give an added dose of healing consciousness to Mother Earth now, and daily, until the ascension. Is there a group available to do this? Can this loving energy be disbursed at the light of day on an ongoing basis? Those who are awake can do the same thing by being totally present, not thinking. Content in the mind requires focusing that content towards light and delivering the attention of the masses to the light.

Huge crystals are now activated to dismantle the continents. They were contacted by a group of non-aware controllers who have programmed them on their terms. These crystals are loaded with tasks to generate from them immense contact with the deliverers of change. When Hezbollah mounts the crest of their anchoring of darkness, and Hamas controls Gaza, many decisions will need to be made by the US and Israel. These decisions are critical to move the mass consciousness towards another, higher awareness, or they will delete the cry to move ahead by dismissing the content of these couriers of darkness. Choosing to dismiss them will cause them to attack. Are you able to understand me now? Welcome them to communicate. Act like they matter. Give them your attention. Work with them. Giving them no attention will attract exactly what is not wanted.

Begin your day by welcoming Mother Earth and ALL of her children to live, love and laugh together.

I AM THAT I AM

Message 282 - Melchizedek says . . .

http://mastersandmankind.blogspot.com/2011/01/melchizedek-says_20.html

Thursday, January 20, 2011

Past has no meaning once the moment has passed. No control of the future exists. All my dear friends who are awaiting their next contract are deluded. It will not occur. You are acting out your last one, and the time to complete it has come. No excuses, no delays, get clear of your negativity, or lose an opportunity to be on the next ascension wave.

Message 283 - Archangel Michael says . . .

http://mastersandmankind.blogspot.com/2011/01/archangel-michael-says_21.html

Friday, January 21, 2011

More than one million are now able to ascend. Are you one of them? Can all of our messages be a drama that goes away? We want to help, not lead astray a group who can change the material world completely with their awareness.

We are the heart of all the consciousness there is. Wake up and be free of the concerns of your mind. We are able to lead the way to ascension.

Are these the conditions you want to give to future generations? Give them ascension now, as more conscious beings are still needed, then they can have great new beginnings

Message 284 - Ascension for the Masses

<http://comptedesaintgermainsblog.blogspot.com/2011/01/ascension-for-masses.html>

Saturday, January 22, 2011

Many of the questions about next events are due to curiosity about the care one needs to take on an economic level, or whether the area of a country of residence is going to change. My dear ones, give me a moment to lead the way to ascension and let these concerns go. Most of you are not going to be dealing with these alterations to your areas of residence. My content for this blog is more about ascension, because I want my chelas to be the ones who ascend. I will not detail all of the changes that are anticipated, activating fear and concern about when to anticipate them. It will do no good, because nothing can be done to avoid the catastrophes that are going to happen. At the least, expect to be around to get caught in the money crisis, and be aware that no country will be considered "safe" from the next level of this dismantling.

Basically, all of the world will be in crisis mode. Collapse of currency markets will destroy all of them. Now, what will get you through this with the least amount of difficulty? AWAKENING! Awakening creates a cause and effect scenario that allows the awakened one to be able to attract to him/her what must occur to be ok. Are there others who can get this same Mastery? Yes, and many are not aware of their Mastery potential yet, due to their lack of awareness. My chelas are not only all Masters as a group, other Masters have groups of chelas that are also Masters. Awakening helps complete the cycle of cause and

effect living. It demonstrates that divine cause is love, and love can be accepted or not.

Masters are not going to disturb others unless they need that disturbance. Giving a disturbing message to one who needs the lesson is also love. When a Master tells you that the mental attitude you have is not acceptable, that is a call for more awareness. When a Master tells you to get out of a difficult way of creating your life, that is love. When a Master gives you the medicine you need, this medicine may give you a cough or a cold, because it is the loosening up of old concepts that need coughing out of the system. Are these examples showing you the correct way of dismantling the ego? Yes, and that is all that most chelas are needing.

Many days have come and gone since I began giving advice on these matters. Now there are almost 200 messages on all aspects of this ascension creation. And, my three volumes of Master Messages contain even more details. Now, what do these messages convey? Ascension calls after ascension calls, with lots of methods that can provide the lessons of love that are needed to ascend.

Chelas are not giving my teachings adequate acceptance. If their mind doesn't like what is being mentioned, they leave, and give no more attention to my calls. And many do not like these messages at all, due to the content. No "why?" questions have been asked. No, "am I going to be ready?" channelings have been requested. No "are we able to leave before the continents change?" questions have appeared.

No love of the messages can make an Awakening occur, only letting go of the attitudes that must change can do that. I am giving you a clear example of how an ego controls one's mental ability to look at cause and effect with a more conscious approach.

First, the disturbance occurring is caused by YOU! Collectively, on mass consciousness issues, and by the one being disturbed when it comes to personal issues. If the circumstances of your life are disturbing, act like you caused them, and explore the cause as a way of dismantling the ego, rather than focusing on the effect. No wants and demands for awakening are answered with coddling. They are answered with disturbing conditions to let you know the cause of your mis-aligned consciousness. All the disturbances are gifts. If you can act like they are gifts, instead of getting disturbed, they can lead you to ascension. Acting angry about circumstances, instead of accepting their gifts, can destroy an opportunity for ascension.

When the ascension comes, where will you be? Not the place, the awareness. Are you being grateful for these gifts? Are you giving them the attention they need? Can they disturb the essence of the controllers game? No, but they can give them a lesson in having their egos dismantled.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

The three volumes of Master Messages can be purchased [here](#).

Message 285 - Serapis Bey says . . .

http://mastersandmankind.blogspot.com/2011/01/serapis-bey-says_22.html

Saturday, January 22, 2011

Making choices must come from man's consciousness, and all choices reflect man's awareness.

When consciousness must be evolved, circumstances are led that can improve man's choice making ability. How the next choice is made determines how effectively man's mind has been impacted by those circumstances.

Message 286 - Archangel Raphael says . . .

http://mastersandmankind.blogspot.com/2011/01/archangel-raphael-says_23.html

Sunday, January 23, 2011

All men and women are like the angels of their imagination. What they are doing now, is acting in a fictional play they scripted for themselves. As they grow in awareness in the play, all of their angelic qualities are conveyed by their characters. Are all of your angelic qualities in the play?

Message 287 - Qualifying for Ascension

<http://comptedesaintgermainsblog.blogspot.com/2011/01/qualifying-for-ascension.html>

Monday, January 24, 2011

Channeling this blog has been very contentiously done. I am very pleased that my consciousness has been available for those who can accept it. Now we must find a way to convince all that cannot accept my call for ascension, that they can get on the next wave if they do what they need to do to become able. What that is, depends on the contract made before incarnating. If the three main decisions of the heart have been contributed to the heart's directives, then the lessons to be learned have been completed.

Here are the decisions that complete one's cycle of incarnations:

1. My name and form are the contract, my consciousness is not.
2. My life was all good, because all my disturbances gave me more awareness.
3. When the contract is complete, my consciousness will ascend.

All of these comments are the perception of a Master. All other comments give another life.

When my heart was contained in a body, these decisions also had to be made. My mind didn't want to leave the life my current body enjoyed. It became more and more disappointed with the human dynamic once the density of the collapse of man's change in life focus went out of heart light and into mind. My wants were met, and my dreams were full of love to all. Now, my life could have been continued, as it was not a dis-ease that ended it, or my desire to be with all the others who did not get their Master's approval to be with me when I ascended. I chose to ascend. It was not a typical ascension. Before ascending, my physical body died. After it was buried in a vault, it ascended. Why? To be certain that no controllers could move it. At that time there were many grave robbers.

Why am I telling this to my chelas? Because my ascension was not a mass ascension. If we are not able to deliver a mass ascension with adequate numbers to make an impact, we can only give instructions to those who can get our directions through their own

channel. Changes of any arrangements made can also be an option, so channeling the inner guidance must be possible. Are you able to channel? Are the days of your growth over? Are new and different demands on you deepening your awakened awareness?

Fast comes the end of days. No more time to waste. Are many going to learn to channel before it comes? Maybe. What do these messages mean to you? Are they acceptable to deliver to others? Will many get the desire to ascend? No telling.

Chelas, close the door to death and being born another time. Allow your heart to fly. Get the decisions this message brings handled. Now may be the last chance. Face the truth about this life. You are not the body or the mask you wear. You are not the fraternizing personality that has the name you answer to. You may give away material acquisitions, because you won't need them when you ascend.

Now is the time to leave all the details to us and develop more interest in channeling guidance directly. Are these messages getting read by millions? Absolutely not, only hundreds. Thousands have missed this opportunity because their mind dismisses what is conveyed. My dear opposition has determined these are not from me. My channel has made certain no interference comes. My love is together with the Christ consciousness. Are these mistaken brothers and sisters able to ascend? When the call comes, the beings who can ascend must hear the call. Ascension will occur. The date is not yet known.

Self awareness begins with looking inside to determine the needs of this ascension candidate. Are they about giving or taking? All who don't give are not going to ascend. Takers are not aware of their divine nature. Clear the mind of dense attitudes and collect the Master's gifts that have been awaiting the correct choices of these three questions.

Pass this on please.

My dear Isabela. Not all ETs are caring. No ETs are going to correct what's not as it needs to be. All the ETS can do is mess with what God has created, and disturb more of the continents grasp of gravity. Controllers are the ones working with ETs, not the heart centered light consciousness. Are the Galactic Federation going to assist in an evacuation? Yes, not an alteration of mechanisms already condemned by God.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 288 - Metatron says . . .

http://mastersandmankind.blogspot.com/2011/01/metatron-says_24.html

Monday, January 24, 2011

Give the Masters more attention. They need your cooperation to create the ascension. Being candid, most of those contracted to ascend are not ready. When will they give away their doubts about ascending and make the active growth in awareness needed as a prerequisite? Are you thinking you are complete with this life? Are days and nights equally interesting? When no interest arises for either, you are ready.

Message 289 - Archangel Uriel says . . .

http://mastersandmankind.blogspot.com/2011/01/archangel-Uriel-says_25.html

Tuesday, January 25, 2011

Many of the Angels and Masters are answering calls for new contributions to health concerns. More and more dis-eases are making themselves visible to the Angels as a result of technology. When technology changes nature, no less than a million new contractions occur in Mother Earth. Cancer comes because of these contractions. Other dis-eases come as a cure is being created.

Deleting non-aligned consciousness cancels dis-ease, not technology.

Message 290 - When the Earth Changes

<http://comptedesaintgermainsblog.blogspot.com/2011/01/when-earth-changes.html>

Wednesday, January 26, 2011

My dear ones. Fasten your seatbelts because "new and different" is NOW! Welcome to the close of the most non-aligned consciousness that man could deliver. It will be a great day when it actually dissolves. More of this dismantling will go on for many of your generations, and then the New Earth will be born.

The New Earth comes after there are no more convoluting mental disruptions to clear. It will contain the most caring consciousness, with absolutely no disturbances in human dynamics, as One family of man. Mankind will be living as light Masters.

When the continents are in their new locations, and the natural answers to life return, we of the Great White Brotherhood will be complete with our names and personalities, and can move on to the One designation that has no differences. There will be no more directors on other dimensions to guide you, as there will be no need for guidance. Your own awareness will guide you in all circumstances.

Fancy designations of galaxies and contracts will not contain any meaning. All will be treated as man's destiny, no matter what God designs. After the destruction, the design of man's environment will give comfort to all, and no messages that reveal denied attitudes will be needed. Chief no-name and girl no-name are all of equal status. Police are not needed. Former criminals won't commit any crimes. Absolute delight in the helping of others will allow all to feel valued.

Broken hearts will not be a concern, as attachment is not the law of marriage - only mutual attitudes will bring divine beings together, not sexual desire or need for contact.

When we disappear, there will be no intermediary body to deal with. All of those living on Terra will have our consciousness. Multiple levels of consciousness will collapse, and only One will exist.

No contracts with other universes will need overseeing, as their mis-aligned awareness will also be gone. As the "dance of leela" was designed, no control of a man's body was designated to a living counterpart in another dimension. As man could not depend on his own decision making process to teach him his awareness lessons, other demonstrations of consciousness were developed on other dimensions that demanded his attention. As that control got more deceptive, man had an opportunity to fear it, make out it didn't occur,

or give it the attention needed to learn of his own drama's needs. Next dimensional beings caused disturbances to learn about. Next dimensional actors in the movie that was made for man's graduation classes, did more on these realms than ever before, to lead man to different levels of awareness. All of these teachers have the opportunity to ascend now, along with their students. There will be no more dark and light on man's continents to be caught in.

Happiness is the only new delivery to be directed, and this will come from inside all of those who ascend, and are asked to live once again in human form. It will be a new experiment that the Creator has designed. Can you apply for this adventure? Only if you ascend.

Give ascension your attention. New and different adventures await.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 291 - Archangel Ariel says . . .

http://mastersandmankind.blogspot.com/2011/01/archangel-ariel-says_26.html

Wednesday, January 26, 2011

More than 1,000,000 are needed for a mass ascension. Are these messages getting to those with this contract? Will more than 1,000,000 get themselves ready?

Can ascension be the next contact that you have with divine awareness? Is there anything more important?

Message 292 - Hilarion says . . .

http://mastersandmankind.blogspot.com/2011/01/hilarion-says_27.html

Thursday, January 27, 2011

Particles of man's genome are not allowing human design to make an adjustment to the technologies being created for more control of the human condition. Meaningless cancers would occur less often if these technologies did not develop into mainstream desires. Cell phones are the most obvious demonstration of this. Bodies do not adapt to the microchip's emanation of cancer causing impulses on human genes.

Can man do without these technologies? Of course, no cell phones existed a few centuries ago and man got his messages delivered all over the world with less man made cancers appearing.

Can man disturb an already commercial technology that is making him corrupt his own health? Yes, he can. Will anyone cancel their cell phone? Wait and see what is discovered by the medical community and its too late. Cancer takes at least 10 years to fully develop. Are you able to give up this convenience, or would you rather have cancer?

Message 293 - When Freedom Rings

<http://comptedesaintgermainsblog.blogspot.com/2011/01/when-freedom-rings.html>

Friday, January 28, 2011

My dear ones. Questions about the ascension are the ones I will answer now, as most of the things being asked about geological changes and economic conditions have already been answered in great detail. My desire to lead many to ascension will not end until every one who contracted to ascend is able to. What this means is that a global movement to ascend can go forward. We still need millions who are not yet ready. What do we do? Keep pushing.

Freedom of consciousness is the goal, not ascension. Awareness that affords freedom of the inner Master does not demand as many of the continued denial mechanisms as ascension does, so let's talk about what this means.

When a child is born, it has a Master's consciousness: pure awareness, empty of the nonsense that comes with a life of maturing as a man or woman. As this maturing occurs, many concepts about "who" and "what" are delegated out of this Master's domain and given to the ego to use for control. God's divine awareness gets moved to an underground cave outside of the man or woman's attention. Pure consciousness is always present, but is not acknowledged by the mind's attention. As the body grows, concepts continue to be added, until mind believes it is aware and wise. Not an accurate conclusion, but what many are now giving complete confidence in.

Habits become concrete after they are constantly repeated, so most of the human population is living this lie. It makes no difference whether they consider themselves "spiritual" or not, control by the mind is not Mastery.

Closing this gap is needed for Mastering the human condition. Choosing the guidance that comes as man's inner voice, over any input of human conveyance, is needed. No truth of anyone's mind is the TRUTH. Only decoding an open minded controlling device can do the things needed to create more awareness. Meditation gives the mind an opening. Change comes when the decoding occurs.

How can one decode? By applying a few basic concepts that can help do so.
First concept: None of the things I think, see, observe or mentally accept are TRUTH.
Second concept: What mind desires is not a very important creation to be manifested.
Third concept: Allowing the mind to make my decisions creates more difficulties than changes of the most important kind.

When these three concepts are completely accepted, another opportunity to let go of denial has appeared. Choosing the concepts that mind decides, about anything, can diminish awareness. Awareness is all consuming. Nothing comes close to this act of knowing as a method for decision making, because God's will has no access to man's conscious mind through any other means. What needs deciphering can give clues, but knowing needs no content determined by the mind figuring out clues.

Creating with the mind has many caveats that are not being considered necessary to apply in the current game of making mind's desires manifest. No dear ones, this game must end! What you don't accept about the creation game is that creating mind's desires can cause many disruptions to the flow of God's design, and these disruptions cause disastrous effects.

For example, choosing a new car over giving aid to charity can delete an important opportunity to become a Master in life's movie. Giving to a good cause can advance the degree of Mastery ten fold over choosing a new car to drive. Not that this applies to all car acquisitions, a new car can be chosen as an option to a crash destroyed one, or an aging one that needs more attention than it deserves. My designation here applies to the cash needed to be extravagant instead of caring. Big, fancy vehicles are not the Master's choice, giving assistance to those in need is.

Another method of decoding the mind's arrogance is to say, "I don't know". Whenever this is the approach, another possibility can be revealed. Answers to all questions can be "I don't know", because the mind doesn't actually have any concept to offer that comes from accurate "knowing". Appearing to "know" what divine will is, comes only from an arrogant mind, unless God's will has been determined on the question needing an answer.

Freedom needs more answers of the Master within. Only this guidance matters. Mental determinations are only a guess at the best choice. Changing this way of decision making is how a Master comes out of hiding. A content life has this Master in the role of decision maker.

Masters are the ones who will be choosing ascension. They choose as a Master chooses, "Thy will be done", not "I want to ascend because . . ." No "because" reason can make a chela a Master. Are there many Masters ready to ascend? All who can give a "Yes" answer as absolute knowing are "Masters in waiting", no decision needed.

Any day of the week a Master can appear as an Avatar or a loving Presence. Will you accept this Master's concepts to be True over the Master within yourself? I hope not. You are a "Master in waiting", awaiting to be FREE.

Consider today's message the next step to Ascension for the many who haven't done what is necessary to access the wisdom of the Master within.

****Answer to Ansalmo's question re the last blog:** My comments about future generations are accurate, because most of this continuum will leave Earth and come to the New Earth as more conscious beings in a future generation. Those who ascend can wait until the Earth has cleansed before they create the New Earth. Time cannot be determined for that moment, as all will occur outside of your time consciousness.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 294 - Vywamus says . . .

<http://mastersandmankind.blogspot.com/2011/01/vywamus-says.html>

Friday, January 28, 2011

Archangels come when they are giving a warning about coming events. Many of the Archangels are delivering messages now. When the events unfold, the Archangels will not say, "I told you so", but they may tell you "its too late to do what needs to be done".

Are any of you contemplating the days of darkness? Give this your attention, because an

alarm is not going to go off when they begin. Many of you will not be ready to deal with them. Why? Are these messages any denser than most? It may seem that way, because they leave no detail hidden, which gives a different quality to them.

Message 295 - Saint Germain says . . .

<http://mastersandmankind.blogspot.com/2011/01/saint-germain-says.html>

Saturday, January 29, 2011

Wake up chelas! Get your hearts in sync with divine intelligence. Many of you need to let go of outdated attitudes so you can ascend. When an adept decides on an ascension, no dates or times can be given, because ascension happens in the "no time" dream of the dreamer.

Contact to other dimensions must precede ascension. Are you able to get messages from other dimensions? Can the Masters and Angels lead you to ascension?

Message 296 - Capturing the Moment

<http://comptedesaintgermainblog.blogspot.com/2011/01/capturing-moment.html>

Sunday, January 30, 2011

Any movement to oust corruption cancels common desires and makes way for more conscious ones. It is a good thing. Many of your countries have corrupt decision makers who drain their treasuries and give those who earn the money nothing for their contribution. Many leaders need to be removed. When man gets content with criminals at the head of government, there is no contact with heart in either those controlling or those being controlled. Faster and faster the divine mandates are becoming actualized. Many of them have big gatherings involved. Once the gathering claims dominance, the antagonists can make the calls.

"New and different". This is the next most important thing to get comfortable with. Turning everything upside down may not be the case, but much of what now is the norm is going to be destroyed. Are we of the unseen world doing it? Absolutely not. Your divine consciousness is getting more developed, and as the mass consciousness alters, anything can appear to demonstrate that alteration. Egypt and Tunisia have both neglected their citizens. New and different consciousness has come. One advancement in the consciousness of Oneness means that more are also able to advance.

Having an audience in other countries lends an obvious nuance to the means of containment a country's dominant cast of characters can use to destroy dissent. One country that did this has made an act of corruption a negative thing in the opinion of others. Now they are quite alone in their management methods, as other countries don't like the image of them, and don't want that image for themselves.

Help against an uprising is not going to occur. No other country can be counted on to rescue a corrupt dictator. Once the people are able to congregate together, that dictator will not continue. If another grab for control occurs, the other countries that have not aided will act against this attempt.

Not all corrupt leaders are going to be overturned, only those whose citizens are being opened up to higher levels of consciousness. Mass consciousness contains all concepts, so more duality is going to appear. Freedom will come, but it still has many obstacles to overcome.

Change the mass consciousness, and you change the manifestations being made. Is this latest event an activation of the collective consciousness of the ancient Egyptians? Yes, many in this drama are old change agents of another time. One of the other roles President Mubarak has had was King of the Nile when Moses was born. Now he must be the one who leaves.

More of this kind of movement, to deliver concern from the men and women who are being oppressed, means no more corrupt managers can feel safe. And when they don't feel safe they are dangerous. Once the next country goes on TV as an example of new courage, many old moves with dictatorial methods can also appear. Nothing is guaranteed in change of this nature. More and more of my chelas are opening their awareness as these moments come to their attention. Are they going to feel content with their own leaders? Are they going to get answers for themselves about whether or not their government has been corrupt when it comes to decision making? We will soon see.

A few of these corrupt leaders have been dreaming of money control and are now getting the realization that this has already been manipulated to not occur. Some of the money distribution avenues have already closed. Others are still open, but not continuing to lean on the corrupt derivative market that has destroyed all of the world's cash dreams. More debt has denied these corrupt leaders the opportunity to leave their countries with great wealth. Now the heart of money lies in the debt sector, not cash in money depositories. Gold and other metals have gotten too costly for them to be the answer. Gold has nowhere to go but down.

Can military might take the control of money out of the hands of the corporate giants? Not now, but maybe in the near future. Wait and see what the collapse of the US dollar does. It won't be money as usual anywhere.

Now is the time to be aware of this different money condition that is still on the controllers agenda. It can occur at any moment. Be wary of all new discussions about the next generation of money. This is a clue about destroying the dollar as a continued base for other currencies. It will happen. Now is the time to get to the country of your income source. Once this change occurs, US dollars abroad will not have any cash value. Most of the ex-pats on continents outside of their own must not count on dollars for their meals and other necessities.

My channel is moving to a country where dollars are not the only source of her income. I am asking those who are in a similar situation to also go to the US or get your money cashed into the currency of your current residence.

Are you going to listen? I hope that you are. Ask your own inner voice to be certain of the next act of grace for you. I want you to be the light and clear adepts for ascension, not disturbed by money matters.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 297 - Archangel Gabriel says . . .

http://mastersandmankind.blogspot.com/2011/01/archangel-gabriel-says_30.html

Sunday, January 30, 2011

Pacing change cannot be done. When change comes, it comes quickly and definitively. Now change arrives with new governments. Next, change will appear with new money conditions. Then there will be a change of health matters, as well as dramas of a more momentous nature. *When* these things will occur is not predictable. Making peace with "all that is" must be NOW!

Message 298 - Melchizedek says . . .

http://mastersandmankind.blogspot.com/2011/01/melchizedek-says_31.html

Monday, January 31, 2011

Attunement with our conduits can get more difficult when the days of darkness arrive. This does not mean anyone has been abandoned. We need you to remain calm and confident and be able to comfort others who are not. Channeling requires an attitude of non-attachment, including non-attachment to channeling.

In this realm we will wait until the chaotic vibratory frequencies align to the next wave of love, and we will talk to you again. We are always around, maybe unable to contact you as usual, although we will be trying to do so. Keep yourself open and contact will resume.

Message 299 - Moving for Ascension

<http://comptedesaintgermainsblog.blogspot.com/2011/02/moving-for-ascension.html>

Tuesday, February 1, 2011

Masters of the Great White Brotherhood are now telling their chelas to get themselves prepared for major change. My messages are not so different from authentic channelings of the other Ascended Masters. What makes these "new and different" is the lack of control an active mind gives to them, because this channel does not have an active mind. Many comments have been made about my choice of channel, due to this channel's lack of fame before my asking her to deliver this content. Many others claim these messages are her mind's creation. Anyone who talks to her can discern the difference between me and the woman I channel through. We are not alike at all.

Channeling is an art. One who does it well does not get any distortions coming out of their mental capacities. If controllers don't want their contribution, they just concentrate distance challenges to the man or woman's contact area. This is why we chose to move Aruna to Uruguay - to allow us to have the clearest channeling possible. Now that we are almost finished with a major project, we can move her to another area. Why am I telling you this? So you understand that a clear vessel goes where they are moved, not where they may desire to be.

We are asking many of you to move now, but not to avoid changes to the world's condition. One of the reasons is for you to have the ability to adapt before the changes are very major in scope. When there is more karma to clear, moving to the area where this can be

most easily cleared can make a major difference in the healing of old difficulties.

Then there is the most common reason: making a difference with your mastery and caring presence. When men and women are almost able to ascend, there is a most beautiful energy around them. Contributing that energy to another area will make this area more open to these higher frequencies. Once opened, we can make a bigger contribution.

Masters need not do anything to contribute light. Presence is all that is needed. Caring, open hearts deliver waves of confidence to those who are not happy. Most of my chelas have already been doing this where they are now. Some are not needed in their current location, so we want their contribution in another area.

When inner guidance calls, it means it is time to leave one area to go to another. Calls are going out now. Can you do this with happy and confident attitudes? Can you accept that all is perfect?

Pretending to be grateful and being grateful are very different. Being grateful has more charge to the heart directing that message. Are you truly grateful and glad to get the call? Are we making you do anything you don't want to do? Never. Your own guidance calls you, not any other guide or teacher. Breaking away from the co-creating methods being taught as a New Age attraction game, this call of inner awareness must not be ignored. No attraction dynamic calls you with the momentum that your own Higher Self does. When the Higher Self calls, do not answer, "I'm attracting this to me". No, you must act as though an angel has appeared and called you for the next delivery on the contract agreement you made for ascension.

My dear ones. When you are able to listen and act, you are ready to ascend. Not until then. Some of you have not achieved the ability to get this inner guidance. This is what I have been asking, over and over again. Can my channel act on her inner guidance? Obviously, we are happy to say "yes", but her move to Uruguay was not only for channeling clarity, it has been to anchor light in an area that needs it.

Prophecy is not the purpose of these messages. Preparing you for ascension is. Why would anyone give many hours of their day to tell you to get ready to ascend? No classroom study can help you do this. Only you can make it happen. My messages have been telling you how. Are you going to accept my messages to be authentic and do what they ask? Or are you curious but not moved. Maybe your mind has you convinced that the ETs are going to do all that needs to be done. All who have accepted this dogma are in for a big disappointment. The dark ETs who have been leading this charge have succeeded in manipulating the minds of ascension candidates, and they are now destroying the opportunity to make good on their own contracts. Sad but true! Play all you want with ETs, but take no trace of their lies to heart. Only the divine nature within you can create your ascension. No ETs can.

All of my chelas who are not being called to move need not be concerned about moving. Only those needing this change are getting guided to it.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 300 - Archangel Raphael says . . .

<http://mastersandmankind.blogspot.com/2011/02/archangel-raphael-says.html>

Tuesday, February 1, 2011

Poverty has become the norm at the most creative time in human history. No caring option appears able to convince the controllers that heart needs to be added to their choice making process. And now an outrage about control has begun. When will it come to the United States?

Will the Americans continue to accept whatever the controllers decide? When they have no courage to dissent, they lose their nice homes, and their new cars, and their nice health, to be dictated to by corporate manipulators.

When will Americans get the courage to call attention to these atrocities? Pure awareness is not enough to make the needed changes here. What must occur is to not accept these controls. Get out of that easy chair and get yourself heard.

Message 301 - Kuthumi says . . .

<http://mastersandmankind.blogspot.com/2011/02/kuthumi-says.html>

Wednesday, February 2, 2011

When a man loves his enemy, the heart of God has been found. Nothing else can determine the future of a man who has no ability to forgive. A clash of attitudes is what keeps duality alive. It is impossible to make a man have an open mind, but once it opens, those with opposite opinions can find new ways of coming together.

Message 302 - Egypt and the Next Days

<http://comptedesaintgermainsblog.blogspot.com/2011/02/egypt-and-next-days.html>

Thursday, February 3, 2011

My messages will not give intricate details of the ascension. It is neither desirable nor necessary advice, which is what this blog was created for. What needs to be known is already in the Master Messages and my more current messages. Clear the mind of curiosity. Get comfortable with what has already been given. Make arrangements to leave. This is all you need to add to your knowledge base.

All of those who are now reading these blogs will be kept updated on what the next "need to know" information is. Close the door to another mass of data regarding ascension, as one of the controllers methods of confusing you is to conceive of a "more desirable" alternative and contribute more controversy to the mass consciousness. We, the members of the Great White Brotherhood, are not going to allow this again. What needs to be known will be communicated, please have the patience and control your curious mind. Let whatever comes be okay. Now, we must talk about another most important matter.

France, Germany and the UK are becoming disturbed by the lack of mastery the U.S. claims in dealings with Arabic nations. They are calling for the departure of the Egyptian dictator immediately, not continuing his control any longer. His departure opens the door for a lot of drama, as those in various political factions decide about their own grab for power. When these conflicting ideologies become control oriented, great clashes are to

occur. Being outside looking in is very different from what being inside the dialog is like. What these three European powers don't accept, is that the terrorist population is still alive and well in any nation that has Mohammad's call to "kill the infidels" as its major ideology. Some of these believers can easily go to Egypt should violence among the current residents become overt. When the U.S. says, "have a clear, easy transition, beginning now", they are trying to avoid the kind of conflicts that could open up this country to Al Qaeda. When other allies go direct to a nation to ask the dictator to leave, the U.S. has no choice but to defy them, and this looks bad for the U.S. position. My concern is this: Making the dictator leave has more consequences that must be considered than just dealing with current opposition groups. This country has a major role to play in other country's decisions, and giving this dictator a "move out ultimatum" can create chaos in many countries, not only his own.

Change must come to all of these countries, but which of the dreamers will land their dream as a government? Politics aside, competent leaders are not going to appear out of the debris left in the center of Cairo. Nor are they coming from the countries most able candidates who don't care to be in that position. What will emerge is three men who have their own dictator desires. Now, which one will lead? That is up to the electorate, and only time can determine this. But the agenda of all of them will be against the U.S. agenda and reflect the Arabic nations desire for a change in the way the U.S. and Israel are co-joined.

More details of this continuing anger controlled drama will cause the U.S. and the Arabic nations to look back at all previous U.S. engagement with Arabic nations and determine how the "new and different" cry can make this area a disaster zone. When the door opens a Master can lead with grace, but no Masters are in the Egyptian area now, and there must be more dialog with Mubarak before declaring him an outcast.

More light is needed in this area. Any of you who feel so called, please go there. Not to engage in current events, go to an area that is not volatile and do a lot of meditation.

Half of the world is not letting go of their control attitudes to accept the light. The other half needs to make its light much brighter. Facing the most difficult tasks you've ever agreed to tackle, with a caring and giving attitude, has that effect.

Past and future are both acting out in the NOW. Making a new and different future must include healing the past. Are these words making the impact they need? Get on with the things that inner wisdom is calling you to do in the "healing the past" department. Any charge that remains about a past occurrence needs to be released. There are no answers on the horizon, they are all within open hearts, from the Masters who dwell within you. Give this message great attention. A lot of inner guidance about letting go of the past has not yet been dealt with.

My dear ones, we love you as you are. We want you to open up to receive the love that you are deserving. Make that possible by releasing any remaining contractions.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 303 - Lady Master Portia says . . .

<http://mastersandmankind.blogspot.com/2011/02/lady-master-portia-says.html>

Thursday, February 3, 2011

Politics has become most difficult, as neither of the opponents can accept defeat with grace. All dictators who need ousting are not grace delivering opponents. More grace has to come from others. Many of you can create this with your attention, and we ask that you do this now to support the cry of the people.

Message 304 - Lady Nada says . . .

<http://mastersandmankind.blogspot.com/2011/02/lady-nada-says.html>

Friday, February 4, 2011

Promises of dictators are not to be counted on. When life decides another direction is needed, a man of high consciousness will agree to follow this movement. When no agreement to go comes voluntarily, the man shows no concern about his most determined opposition, as only his desires are being met. This does nothing to create a more caring manifestation.

Make this metaphor apply to all human decisions. How can changes be made in a loving way?

Message 305 - God's Creation or Yours?

<http://comptedesaintgermainsblog.blogspot.com/2011/02/gods-creation-or-yours.html>

Saturday, February 5, 2011

Children of God are the light of the entire galaxy. They come into bodies to glow with their beauty, but not all can allow their radiance out. At this time in the evolving conditions of human nature, there are more than one million who are truly glowing. It is amazing that this many are able to ascend. And this number doesn't contain the other nineteen million who can also get to this awakened condition if they commit to being able to affirmatively answer the following questions with an absolutely objective opinion:

1. Are the doors of your heart wide open?
2. Are your days of non-attachment to anything already apparent?
3. Can you accept that all obstacles and gifts of delight are from the same source?
4. Are you ready to move on to another condition of existence?
5. Have "negative" attitudes toward what you observe in the demonstrations of others been removed?
6. Can you give caring to the dramas of the world without any mental or emotional upset?
7. Are you moving as the inner Master directs?
8. Can you give away things you love?
9. Are any contractions from mental disturbances in your aura?
10. Are you able to change your mind at a moment's notice?
11. Can you act as though an angel is doing the body's movement, not the mental controller, ego?
12. Have the dramas you have repeatedly created ended so you no longer contribute disturbance to others?

These qualities must be obvious to qualify for ascension. None of the material that mind consumes is needed. None of the attitudes the ego dictates apply. None of the changes to the Earth cancel these attitudes. Once they are clear, the contribution they provide is much greater than any dismantling of a government, or a monetary condition, or a material demonstration that collapses. All is well in that body, and it can be a light beam for others to look for in the days of darkness.

Claim this in the body that is now being cleansed of its arrogance and ignorance. The "dance of leela" is the divine arrangement that was created by each of you, to open up to an aware consciousness through a mentality of negative responses to what occurs in your life. It is the contract you design for each class you come into body to attend. It contains the ingredients needed to deliver the highest consciousness as answers to the conditions it delivers; answers that are coming from divine consciousness, not mind's opinions. Change these naive opinions to mastery and you are "consciousness itself" as an incarnated energy, not demanding to be observed nor acknowledged; only delivering grace in every moment.

Ascension candidates have this way of being, shining light all over the planet. When they leave, the days of darkness will offer the next phase of development. Can more lights become available? In the next ascension wave these new lights are to become the angels of light that move others onward to yet another opportunity to become their angelic selves. Ones and twos can ascend by themselves as they are ready, but the third wave will be the very last chance to do so as a group for the greatest impact on others.

Why discuss this now? Because what is occurring in the Middle East provides an example of the ascension candidates ability to love without opinion. Are these dramas there for you to discuss as though the answers are in your domain? No. They create opportunities for great discussions about how the human condition has come to this dichotomy, and what can be done to love the dictator as he is and the drama as it is, because all are a reflection of the consciousness contained in the mass consciousness. The many demonstrators represent the many facets of ego in each man or woman's opinionated point of view. The dictator who won't leave is like the director of your facets of ego. If the director can be ousted without attack or negative dialog, he can continue to live an agreeable life. Can this demonstration open the door to what can be done inside your own psyche?

Claim your mastery by all as it is, without any negative dialog about what has occurred or is occurring. Give caring and compassion to those who provide their observers an opportunity to accept their own negativity as the cause. Give away that negativity and ascend.

Change is now abundant, and deception can no longer determine the lives of the masses. Give this a most agreeable welcome.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 306 - Metatron says . . .

<http://mastersandmankind.blogspot.com/2011/02/metatron-says.html>

Saturday, February 5, 2011

Chelas of all the Ascended Masters have a great opportunity to learn how they are able to change their own destiny by observing all that is occurring in their world. Egypt once again offers the greatest monuments to the world: the direct correlation between man's inner world and his outer world as it is being acted out. Observe, learn, and ascend as a result of what is captured in this most important lesson in the human drama.

Message 307 - Sananda says . . .

<http://mastersandmankind.blogspot.com/2011/02/sananda-says.html>

Sunday, February 6, 2011

The game of having light become greater than it has ever been has begat a new detail to deal with. As an imbalance occurs, there are consequences. Nothing is awry, only a need to contend with these consequences.

More light in the majestic heart of man has opened up his denials, and now they must be addressed. It is good! Denials are neither good nor bad, they just create density. No density can co-exist with ascension. One or the other must go, so for the ascension we are soon going to create, we must delete density.

Message 308 - What Chelas are Experiencing

<http://comptedesaintgermainsblog.blogspot.com/2011/02/what-chelas-are-experiencing.html>

Monday, February 7, 2011

My dear ones. Are coincidences becoming more obvious? Can the goals of the day be easily achieved? Are the most challenging games of life getting easier to play? Most of these qualities of life are now becoming the common experience of many of my chelas. Why? Because their work has been done.

When no more karma is left to demand attention, and no more deep anger is left to clear, man can gift others with his Presence and have a life experience without contractions. Change to his nature cannot come to a man (or woman) as an energetic lifting of negativity. It comes only to those willing to accept the call of their own heart and not look at others as the cause of their dramas. In one moment, a change in perspective can completely alter a man's daily life. Nothing else can change your awareness. Only confronting your negative emotions can.

Nothing has been done to you that the contract does not contain. All your friends came in as angels to let you know you are cared about. All the difficult lesson givers were also contracted, to deliver to you what was needed to complete your contract. Not one accident occurred. Following the dark was agreed. Allowing in the light was also agreed. Every condition of your entire existence was pre-planned, and the one who planned it was you!

Freedom comes with the willingness to accept that this is how things are. Not accepting this, denying any responsibility for all the negativity that occurs, will keep you dense. Awakening to the Truth means to wake-up to the consciousness of Oneness as the bottom line.

Positive thinking does not erase contractions. Affirmations are no match for, or a controller

of, contractions. All contractions are demands of the mind to gain insight into the details of an event. An event that was the cause of a contraction can be viewed differently, and another attitude towards it can delete that contraction. For example: a child who was contracted as a result of one of its parents demanding a certain, (not accepted at the time) change to his behavior. If this change turned out to have helped him have more caring contact with others than that deleted behavior would have allowed, this could now be seen as a gift, instead of a draining detail.

Many contractions are cellular in nature, coming from the negative emotions of ancestors. Negative behaviors can cause contractions in those who do not know that they can accept others as they are without taking on their concepts or their non-aligned characteristics by mistake. Are they mistakes? Never. They are conditions created for learning about duality, and the difference between love and density. Whenever a dark cloud appears, there's a lesson on the other side of it.

Chelas are students and all "others" are their teachers. All humans are not chelas, only those who are at the awareness level of choosing a life of consciousness development. Not all are able to understand such things. Your parents may not be chelas. Your consciousness has nothing to do with the people you chose to gift you with their teachings. Your growth in awareness came from other arenas, like the current one. Not necessarily other lives. Many chelas are now incarnated for the very first time. What determines consciousness and the development of it is whether new awareness can be gained from a human contract.

No disrespect is due to those who are not chelas. Eliminating their drama would erase the consciousness expanding opportunities that chelas grow from. What is different is the reason they are incarnated. It is not growth in consciousness, but their karmic learning, and all of their karma has much to teach chelas about duality. When an adept goes to Earth class, it is to learn from direct experience what the karmic dramas are all about, not to get caught in them.

Prayer is one way of deleting a drama from an adept's mature nature. Asking God to purify the mind is the beginning of completing a karmic dance. Another way of doing this is with yoga, all the variations of it. Another is love - adding love to the aura makes an adept a chela. Graduation can occur only when awareness and love are combined.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 309 - Archangel Michael says . . .

<http://mastersandmankind.blogspot.com/2011/02/archangel-michael-says.html>

Monday, February 7, 2011

Pretend that there are no goals to meet and no challenges to overcome. Give this your attention today. All of these concepts are now an attitude of nonsense. Only caring matters.

Message 310 - Melchizedek says . . .

<http://mastersandmankind.blogspot.com/2011/02/melchizedek-says.html>

Tuesday, February 8, 2011

Creating the New Earth's content can do away with much of man's current choices. If choice is to be continued, all of the current possibilities must continue. Deleting any of them causes the most difficult choice of all: which ones? Only God can choose at this level. No diagrams have been delivered, so no concepts about the New Earth can be manifested out of this one.

Message 311 - Anchors of Light

<http://comptedesaintgermainsblog.blogspot.com/2011/02/anchors-of-light.html>

Wednesday, February 9, 2011

Meditation can open an adept and make a chela Awaken. There is nothing to do for this to occur, other than quiet down and give no thoughts to the world. Meditation does not need to be a mode of concentration or a controlled descent into another dimension. It is only about quieting an active mind.

Freeing the Master within cannot be controlled, and only an opposite approach can accomplish this. Pause all activities, and all mental drama, and be still. You only need ten minutes to begin with. What can be done in ten minutes? You can get a taste of meditation so you will allow more time for another attempt. Only ten minutes cannot loosen the controls of the mind, only attract it to the opportunity for a more in depth experience.

Practices are not the answer to Awakening, but they can deliver an accurate dream of what Awakening actually is. Awakening will be a most different mode of awareness about everything. It is not a mental alteration of anything, instead, an accurate comprehension of what is being observed.

Tough days and nights can demand an avenue of detachment. Use the ability to meditate for that quality of detachment. Man's call to God demands the opportunity for God's love to be received. When there is no quiet, no communion with God can occur.

Being an "anchor of light" demands more meditation. Once an open vessel is designated as an anchor, the daily meditation to anchor light on a planetary level needs to be done for at least one hour. One of the ways to know if you are an anchor is to observe the call to meditate. Anchors are not chosen, they are delivering their own daily meditation moments to awareness of God, allowing this light to be grounded in abundance. Waking-up to the actual reality makes this more available, as no daily meditation can do as much for anchoring light as an Awakening can.

Awakening deletes the mind's control and can delete an active mind completely. "No-mind" allows the body to anchor light on a continuous basis and no matter where that body is, there is more of God's answer to density. All of those who are Awake are anchors of light, creating energy vortexes at ground level as they move to an area that needs this. Are they "doing" anything to bring light to the planet? Not in a physical way.

Clearing emotional contractions makes the anchoring available. Opening the heart is also an anchoring qualification. One of these alone is not enough. Awakening has these

qualities plus complete detachment from human affairs as a dominant attribute - nothing mental claims their attention as an "influence" on their ability to be an anchor.

False, dream contained deceivers are not able to convince an Awakened one to do anything that has not been determined by the God of divinity that has been Awakened as their life Master. No deceptions, no tricks and no conclusions can contain their light. Neither the death of their ego nor the death of their body can make them flinch. Once awake they are anointed all the days they live, no matter what their active life appears to be.

When an Awakening occurs there is no quantity of matter than can demand an anchor's actual change into dross. Once Awake, only death can make an anchor appear as an adept. Once Awake, an adept has chela designation and is no longer an adept. Personalities do not Awaken. If you think that the concept of the man or woman observed by any onlooker is an Awakened being, this is a mental conclusion. In no instance can a mind determine the Awakened condition of itself. No mind Awakens. Only awareness that can be defined as God awareness Awakens. Mind has been the constant deceiver and must dissolve into a more co-creative mode to be of any use at all.

Truth quotes about the Awakened condition are not understood by the mind. Only an Awakened awareness can grasp the meaning of these statements. If not Awake, these comments will seem "crazy" or "odd". If Awake, they will only get an "of course" response.

Children are not Awake. Only their higher awareness is available until an Awakening experience occurs. Consider them more open than most adults, but don't consider them examples of Awakened awareness. The children who are more aware are the gifted ones who are closer to Awakening than others.

Pass this on to deliver more awareness to communities that are not gathered around an Awakened one.

I AM THAT I AM
Ascended Master Saint Germain

Message 312 - Hilarion says . . .

<http://mastersandmankind.blogspot.com/2011/02/hilarion-says.html>

Wednesday, February 9, 2011

Practices are good as a beginning approach to expanding awareness, but they are not enough to Awaken. Clearing emotions can do a lot for an Awakening delivery, but this too has no awareness contained in the process. An Awakening needs more.

An Awakened One delivers the details, and the causative factors, that come out of their own depth of awareness.

Message 313 - Archangel Ariel says . . .

<http://mastersandmankind.blogspot.com/2011/02/archangel-ariel-says.html>

Thursday, February 10, 2011

Wonderful contributions to the consciousness of man have come from a little known source: the God created devas of the plant kingdom. What they contribute is the beauty of eye appeal and the most delicious fragrances for the olfactory. Many changes to their realm have also come out of the negativity in man's choices. Cancel their contribution and lose a dream within a dream.

Message 314 - Reframing Negative Concepts

<http://comptedesaintgermainsblog.blogspot.com/2011/02/reframing-negative-concepts.html>

Friday, February 11, 2011

When Masters make their monumental contribution to humanity as anchors of light, the heart of all can open. Positive attitudes are not adequate. Denied negativity must be deleted. When affirmations deny negative thinking, no change occurs to one's matrix of materialization. Any call for change needs to be contraction free news to the Universe. As contractions appear in awareness, they can be cancelled in a natural way by simply rejecting their original concept. For example, if a contraction was caused by a negative message delivered during a disturbance with a caregiver, reopening this memory with this new opinion about that disturbance will dissolve the contraction: "I asked to have this experience".

Asking an aware being to dissolve a contraction will take you to the exact same conclusion. In your contract to become a Master, you included every condition that has materialized in your life. Knowing this, and accepting the truth of it, can complete your contract.

Positive attitudes are not the death of negative ones. No negative mental attitudes disappear until a complete change in the concept about that dense conclusion is made. Another example: the thought "No one likes me" can be changed to "I don't like myself, and this is being reflected back to me so I can realize that this concept is alive in my unconscious". All negative concepts are creative in this way. They do more damage to human creativity than the dross dumped on man by corporate deceivers. No deception can cause as much damage as the mind of the one who dismisses himself as a creative contributor to all of us.

When a man is designed as a man, all of his attributes are considered holy. Nothing about him is an accident. Every contract includes the man's physical and mental characteristics, not only the conditions that body will be involved in. A child that has a disease contracted for it. An adult who commits a criminal act that creates a negative drama contracted with the other parties involved to do this. It appears to be an accident that these things happen, but no, it was all in the contract. Can this information give you the ability to convince your mental director to drop its negative attitudes? Many of you can do this.

One more thing needs to be added. When humans die, they do not disappear. They get an opportunity to observe their family and friends for awhile before leaving for other dimensions and other incarnations. When they observe, they can get a clearer understanding of the contribution they made to the others. Not to gain a good or bad attitude about the others, only to gain awareness about themselves. Why? To gather data about the contribution they have made to others. This is the only thing they need to learn. Was I loving? Was I caring? How did I make a contribution? When this data is collected, they take this information to their mentors who aid them in continuing their move to higher

consciousness. When no caring about themselves or others is apparent, they set up another life to be a more conscious carer so they can learn this way of being. If they were very caring they may not need another life. Caring about others is the criteria used to determine the next step in the constant movement towards ascension.

When a lifetime of great caring allows the death and birth cycle to complete, news of this comes to the candidate to let them know ascension is possible. We have given this information to all who are able to ascend. Now, the option exists for completing daily challenges to ascend or deny and delete the opportunity.

Some will complete, and they will contribute great gifts to all of the Universes. Those who do not ascend will get another opportunity to do so. Whether or not it is in this lifetime is up to them.

Never before have so many been able to ascend. When we created the contracts everyone was so excited we actually believed they all would complete. But we didn't ask them to choose before they died a natural death in their prior life, and they don't consciously recall how they died then. This could be keeping them from ascending. A difficult death memory can cause a fear of death that ascension cannot override. We will soon learn about that.

Face the fear. Face death like it can happen daily. Act like life is temporary. Can you get how this could not only change your death memories but also improve your life?

Are you able to ascend? Are you waiting to be carried off on a spacecraft? What's the difference? Only a mental concept about a condition you have yet to have any awareness of. Nothing changes in this dimension. Both cause you to disappear. Why do you fear one and not the other? Wake-up and get the reality of this creation of your mind. Wake-up and get out of fear. Wake-up and contract no more.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 315 - Serapis Bey says . . .

<http://mastersandmankind.blogspot.com/2011/02/serapis-bey-says.html>

Friday, February 11, 2011

Contracts made before continuing the human experience are not controlled by the Masters of the higher realms. We only guide those who desire to lead a life that gets them off of the cycle of karma. Answers to questions about life concerns are given to move them towards this goal. No direction is given towards this goal when no interest in consciousness is apparent.

Message 316 - Archangel Gabriel says . . .

<http://mastersandmankind.blogspot.com/2011/02/archangel-gabriel-says.html>

Saturday, February 12, 2011

Trust in the God that created the life of your body. God has all the wisdom, the lens of the

heart, and the face of forgiveness in the manageable contact with you. What God wants from you is happiness. What God wants to give you is happiness.

Creation needs the creator and the created to be as One. Choosing the opposite of the divine monad is now the cause of despair. God can make man anew again, but only to give him more awareness and delete his negative conditioning.

Message 317 - Man's Choices in the Next Days

<http://comptedesaintgermainsblog.blogspot.com/2011/02/mans-choices-in-next-days.html>

Sunday, February 13, 2011

Pre-awakening has more of life's challenges to address than man can imagine. This is because deep memories that have determined the mind's choices need to be demonstrated to be cleared. For life to bring an end of deception, the deception itself needs to be revealed. Have you noticed the things you have avoided are now appearing to be dealt with? Are your conscious thoughts telling you to keep avoiding them? Yes, that's the ego that desires things to maintain the status quo.

Facts that are now no longer disputable, like corporate control of all the chemicals used in medicine and crop dusting, are not being given much credence in government, as it is the one leveraging that control. Men and women who are attempting to live healthy, toxin free lives cannot. No one can depend on any government oversight of any sector of the economy, the agriculture arena, the pharmaceutical companies or the mass collection of mainstream advertisers who control these agencies. Give the free world choice and greed becomes dominant.

After the demise of the dollar as the world's reserve currency, the next currency to go is the euro. Nobody can deny the losses this currency has had to endure. Faith cannot make life easy during these alterations to the total economic arena. Cancel the dreams of money appearing from members of the Galactic Federation. No currency can donate an unlimited amount of their debt financed activities for making the world better. No country has the funds to do it. How can it be done? Ascension.

Less money will be needed when many ascend. Less debt needs to be created for ascension than any other form of change. Only meditation needs to be learned and chelas who are not yet meditating make their goal of ascension impossible to achieve.

Acting as an awake and aware container of divine grace is not the same as being one. When the mind lets go, the breathing creature that has the life to live has more caring, compassion, wisdom and grace to contribute to others. When the heart opens, the love of all can be felt by anyone sensitive to movement of energy.

Chelas who do not choose to ascend can die before the next opportunity to ascend comes. A medicine of grand change will be demanded to be taken by the governments of most countries. A disease of great magnitude will come out of this medicine, so dismal that death will be the desire. No antidote will be available. Are you going to choose ascension? Would you prefer to ascend during this death change? Both can be an option. Once this disease deletes more than 2/3 of the entire population, another ascension opportunity will open.

Because men and women who can ascend are now being guided to prepare to leave, their

Mastery will not be as concentrated in any one area. Ascending on the third wave will be to convert all who remain true to their True Self and their chosen destiny - and deliver health to those Masters who have lived through this catastrophe and have not been destroyed by it.

Face the fact that death can come, and get happy with the current moment. Positive attitudes are not to be dissolved, as ascension will be glorious. And what comes after ascension will also be glorious. Wealth in many ways will be found to be available. Good health will give no challenge to governments with this new mindset, and those who depend on drugs for conditions that are not health defeating can depend on nature instead. These medicines are not like the government messages to your cells that make you dependent on their ingredients.

Make the date to ascend the next condition you deal with. It will not get announced by any media agency, only the voice in your God connected diaphragm.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 318 - Archangel Raphael says . . .

http://mastersandmankind.blogspot.com/2011/02/archangel-raphael-says_13.html

Sunday, February 13, 2011

Men are the nicest of all of God's creation. They don't destroy unless another consciousness overrides their divine awareness. No demons are doing this, only the man who does not accept his divine nature condones negative actions.

"Have a nice day" means an act of kindness has been decreed. "Get out of my way" delivers a different vibration. False gods are giving the "get out of my way" message. Are they delivering heart awareness? No, they are not. Begin to notice heart directed delivery.

Message 319 - Lady Master Portia says . . .

http://mastersandmankind.blogspot.com/2011/02/lady-master-portia-says_14.html

Monday, February 14, 2011

Pretending that all things will be great when many difficulties are about to occur makes the difficulties bigger. Can my call to get clear awareness be the next change that is made?

Message 320 - Answers to Questions about Last Message

<http://comptedesaintgermainsblog.blogspot.com/2011/02/answers-to-questions-about-last-message.html>

Tuesday, February 15, 2011

My dear ones. My last message brought many questions I would like to address. Most of my chelas already know my direct manner of leading energy to a topic and then clarifying it. I will talk now about the ascension and how it will act as a "dream breaker" for all who

are unable to accept the things my messages address.

Many of the New Age dreamers believe the lies being told them about how the ETs are going to deliver all the beautiful desires man asks for. In the New Age materials that attract the most attention, money creation is the main concern, like in The Secret, and other abundance advice. Not bad advice once the current conditions in your world are dismantled and conscious thought can determine your future. But now, conscious thought cannot draw to you the desires of your mind. Why? Because the death of the controllers' game has to come first.

No banks are going to deliver huge amounts of money out of their managed accounts due to the fact that the money they have is not on their books as a complete asset. Current methods of accounting allow banks to claim assets that are worthless, and no more calibrating is done to determine if the government insurance can deliver on these assets.

Many banks are deficit funded. More are going out of business. A few may manage their funds accurately, but their guidance about money has no basis in grounded actuality. Given that the asset value of most banks being greatly over calculated, if these funds were asked for, they would be unable to deliver. So, sending money to those who dream of getting NESARA cannot possibly occur. Other gifting programs are going to be successful, and many of you can get their gifts before the collapse of the current economic dance, but what can you do to avoid losing it to devaluation? Not much.

Some areas of investment are now options like gold and other metals, but they can only go so high, and then their ability to be collateral cannot be worth anything because nobody will be able to buy them.

Ascension will demonstrate to all that another answer to life's challenges can occur. Not an answer that money brings, an answer that love brings. As love comes to the life of any of these observers, they too can ascend. Are there going to be assistants to guide them? Of course.

When we get this ascension off the ground, another wave can get organized. But, during the days in between, many will get the message to be vaccinated for an incurable disease. No vaccinated being will get the dis-ease that they are trying to avoid, but they will contribute their bodies to becoming an agent for a much more deadly disease that cannot be cured. My advice is to not take ANY kind of shot for any cause. Protect the children who they will demand to get this at school. Can you control this disease? Only with good and clean choices for diet NOW. What can counter it is a very good immune system. Are you taking any drugs now? Only drugs that are absolutely necessary are to be considered acceptable. Any that can destroy the immune system can defeat your ability to outlast this man made disease. Call it the flu shot if you want, we call it the death and destruction cause.

No more God aware beings can give themselves an excuse to not ascend. Why not? Can't the divine care about the next generation of adepts? Can't God deliver a new way to be on the continents? Can't God cause a disaster to bring new awareness? God can do anything!

Can you accept God's desire to get you to ascend? Can you deny the great Masters who are telling you to get to the graduation gate to move forward in your own Mastery? Are they being controlled by the controllers? No. When the heart knows the truth, the mind

cannot be the one who decides what can and cannot happen. Now, minds are in the lead. Minds control most New Age seekers who accept nonsense instead of what their own inner guidance will tell them. Resonance with one's "feel good" desires is not alignment with divine awareness. Condoning the "feel good" messages and "distaining" the factual ones deceives one's own clarity of awareness.

Priests and Rabbis and missionaries do not have the awareness that a clear channel has. Why give them the complete acceptance when others can guide you to an even greater spiritual destination? Give them a great "thank you" and then go directly to God with your own channeling ability. Get direct guidance! Not book guidance! Peace and love are only the beginning of what the ascension is about. When the days of darkness are able to cause the dreamers fear, wouldn't it be better to be able to channel guidance from your own divine director?

Close the door to my messages if you want, that won't make the changes convert to delightful anomalies, or answer your dreams of going away on a Galactic Federation craft.

Parents: give your children the encouragement to tell you what they are getting from their inner guidance. Many of them can tell you the same things my messages do. We are One consciousness, and my voice is also the voice of your own advisor within. Practice meditation and ask about channeling training should that guidance not be available.

I AM THAT I AM

Ascended Master Saint Germain

Channeled by Aruna

Message 321 - El Morya says . . .

<http://mastersandmankind.blogspot.com/2011/02/el-morya-says.html>

Tuesday, February 15, 2011

Take this message to heart, as my words are to give the demand of God to my readers. Get ready to ascend!

What are you waiting for?

1. Claim you intention
2. Give hands of love to others
3. Practice meditation
4. Get detached
5. Contribute more happiness to the mass consciousness
6. Face your fears

Are these tasks too much to ask? Can they be done? Are you the one asking for assistance to learn about human consciousness? Answer this question by demonstrating love.

Message 322 - Metatron says . . .

http://mastersandmankind.blogspot.com/2011/02/metatron-says_16.html

Wednesday, February 16, 2011

One consciousness means "I am no different than you". How can many, who appear different, be One? Answer this by looking deeper than the body. Look at the non-material essence of the non-aligned personality to advance this understanding. Practice telling yourself this daily: "I am all that my senses are aware of".

Message 323 - Positive and Negative

<http://comptedesaintgermainsblog.blogspot.com/2011/02/positive-and-negative.html>

Thursday, February 17, 2011

This message is for all who are going to get ready for ascension. Most of my messages are talking to everyone, and not neglecting those who do not choose to ascend. My advance notice of global conditions has been for these readers. But today, only those who have committed to ascension are being addressed.

To be able to ascend, a different approach to life must be developed. Now, the appearance of chaos and catastrophes leaves the impression that: 1. man cannot be a negative influence, or 2. he will die of natural causes because of his good deeds. Neither of these beliefs are accurate.

The first means that what is considered negative cannot get that man to heaven. This concept is not true. Many of you do things that might be considered negative as you demand more awareness from others. Are these things bringing more negativity than good? No, the awareness changes they cause are much more impactful on others than the actions being delivered that some consider negative. No one knows the contribution they are making. Appearances are not showing you the big picture. Consider the drama now occurring in the Middle East. Good, caring men and women are not accepting repression. Are their behaviors to delete it negative? Not to those who are going to get the benefit of them. Can their oppressors claim their innocence of war crimes? Of course they can. Are they criminals? Of course they are.

All conditions of the human experience are able to be considered this way - when the other side of duality is revealed, one of them appears good and the other not so good. Can you accept that both are delivering good? That both are leading the way to more awareness and divine love? Can you act as though the one you don't agree with has made a good contribution to your awareness? Are they considered an enemy? Can you turn that around and give thanks for their contribution? Change in this way of dreaming constitutes an awakened one. An awakening delivers clarity about the opposites of an issue. No duality thinker can ascend! No controller can ascend. No cheater, defamer or attacker can ascend.

Another change that is needed is in the dream of human desires. No call for a grand material object, human or otherwise, will deliver you to ascension. All desires must be turned over to God's desire.

Can you decide that God's will is your will? Can any of God's choices be negative? God desires nothing that does harm to any part of creation, but no transformation of "what is" can occur, without the new dismantling the old. Frame the disasters as negative, and they will not be accurately perceived. Frame them as a different approach to human continuation and they will be getting a more accurate consideration. Frame them as "for

the best of all concerned", because this is what they are.

Manifesting man's material desires with the mind at cause is not in the best interests of all. It is the opposite of what needs to occur to have the best for all. Are these words not delivering the truth? Consider this: all of your mental creations against the changes will make the changes more difficult for those who are at effect of them. Cancel these mental desires, and allow God to give you what is needed, and a way to be of help during difficult times.

Changes are coming. BIG changes. Can you accept that they are ALL good? Are they the way the mind desires? Not consciously, but the Master within all humans already knows of their eventuality and accepts them, because the bigger picture needs what is about to occur.

Cancel your desire to alter God's divine design. Meditate, act on the heart's guidance, and do nice things for yourself and others. Be happy, no matter what! Change only the way you think!

Now, to get ready to ascend, contact with Angels and Ascended Masters, or the Higher Awareness within yourself is a must. I cannot emphasize this adequately.

Pushing others towards these messages does nothing if they are not able to accept them. Giving help when help is not wanted makes the effort less than worthwhile. Fighting for control of anything is still a fight. Pretend you are the manager of the entire planet. What would you do to move this drama out of destruction? My desire is God's choice, and my acceptance of God's choice is complete. Are you going to aid the contributors of negativity or the light? How will you know the difference? Can you give equal caring to both of these opposite opinions? When the answer is "yes", ascension can begin.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 324 - Archangel Uriel says . . .

<http://mastersandmankind.blogspot.com/2011/02/archangel-Uriel-says.html>

Thursday, February 17, 2011

Tolerance of the opinions of others must begin with tolerance of the opinions coming from your own heart and the opposite concepts in your mind. Only the divine concept will deliver happiness. Give up those that are not from God.

Message 325 - Archangel Michael says . . .

http://mastersandmankind.blogspot.com/2011/02/archangel-michael-says_18.html

Friday, February 18, 2011

When you are moving into Awakened awareness many changes occur to the body. Most of them are minor, like getting new cells to replace those that have died as a result of conditions which no longer apply. New life has to begin in the body for contracts to be completed.

Health has more components than food and medicine. Good health also needs happy thoughts. Awakened awareness needs new cells to lead healing energy from one body to another. These cellular alterations give more aliveness, and changes matter to its natural condition.

Change in diet may be needed. Notice how the body craves and dislikes things. Give it the dislikes to modify the cravings. Want sweet? Give it sour. Want salty? Give it less of this. Add to the diet all the tastes the body has chosen to dismiss, because this will balance any addictions that have developed.

Message 326 - Memories that are not Useful

<http://comptedesaintgermainsblog.blogspot.com/2011/02/memories-that-are-not-useful.html>

Saturday, February 19, 2011

Continuing where I left off, my message today is again for those who want to ascend. Patience is the way. Give up your concerns, give up your mental conversations, give up your negative thoughts about all the disturbances happening in divine creation. None of these things contain any details you need to focus on right now. One of them actually counters your ability to ascend.

When a negative attitude outweighs a more caring one, man gives this negativity to the mass consciousness. No dream of ascension can include dense attitudes. Gratitude is the answer to changing this, although gratitude is not the goal, deletion of the negativity is. Deletion is a result of that level of consciousness development that recognizes everything is exactly as it needs to be - when the mind gets over its decision that good is better than bad.

Adults carry memories of dislikes that formed in childhood. Nothing they are disliking has an energy now, except the current one given to the memory. Cause and effect have no dance going, only the mind is at play. Forgive what happened in childhood and allow that negativity to disappear. No thought can change those circumstances, no thought can deliver a different outcome. No thought can clear these feelings. Only contact with the divine heart can delete memories in a complete way.

Acceptance is not the same as deletion. Claiming acceptance means a charge still exists. Contained in that charge is a negative attitude. When there's no charge there's no negative attitude. Notice the disturbance that arises when these old attitudes appear. No charge means that density has been deleted, and no density means ascension can occur.

My concern is that dense attitudes are making a bigger impact than most of my chelas are aware. I am not referring to the anger of the change agents protesting in the streets. I mean the drama that still exists in my chelas' memories. False communications have convinced them all is done when it is not. Chelas are not all at the "light and love" activation level they need to ascend. Memories that contain a charge must be deleted. Now, not on the day the call for ascension comes.

Please delete all the dislikes contained in your childhood memories. Yes, all of these conditions were included in the contract you designed. All of these dramas were your creation, and are not any different from the movies being brought to the mind's attention

during a news broadcast. When drama on the screen causes a negative thought to arise, give no attention to that thought. Instead, give thanks for that drama, because it led the way to this ascension opportunity.

All negative dramas come into being to complete the karmic dance. Congratulations for actively dreaming them again, and contracting for them to get deleted. Practices of the mind, like negating the memory, or dropping it into the body's immune system, or converting it into good deeds, are not the same as deleting the cause of the negativity completely. Passive aggressive behavior is leading the dance now, and no one but the dancer can dance it out of existence.

Those who are not completely free of this charge against someone, or the memory of an incident, cannot ascend. Can you understand my concern? Get out of mental delusion about ascension. Being giggly and making light contributions is not a total demonstration of the ascension condition. Just dreaming about conditions of beauty will not delete the anger that is contained in an old memory.

Are these memories being triggered by events in the public news? Can they be considered gifts that can lead to deleting them? Can they be considered the answer to dismantling ego's dream so you can be led to ascension?

Forces created by the controllers mental concepts are going to create new memories that will also need deleting. Consider them all dangerous. Consider them a test of consciousness that needs to be answered with an attitude of detached observation, rather than reactivation of an old, contained attitude. Patience with yourself is a must. These attitudes accumulated over a long "dance of leela" through many lifetimes. Now we need to delete them, and they are coming into your awareness for this exact purpose. Thank all the contributors to these memories and say goodbye to their caustic contributions in those memories they are now appearing in. Change always begins in this area of the dream. Collect the dust of these memories in a box, tie it with loving ribbons, and then let it go. Welcome any tools that can assist you in doing this.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 327 - Vywamus says . . .

<http://mastersandmankind.blogspot.com/2011/02/vywamus-says.html>

Saturday, February 19, 2011

All memories are considered a liability when ascension is your objective. Are the memories you call on to gather information accurate? No. Are you willing to let go of them? Choose another consciousness by acting like a detective who finds the criminal in another dimension and considers it of no use in the current one. Contained in those memories is another lifetime (if they are not eliminated now).

Message 328 - Lady Nada says . . .

http://mastersandmankind.blogspot.com/2011/02/lady-nada-says_20.html

Sunday, February 20, 2011

Meditation makes a difference in the lives of everyone that comes in contact with a meditator. All meditators have the light of their True Self aligned with their body.

Not meditating controls the drama of all who are near, as the consciousness of a group is effected by all of that group's members. Can you do this so the light can come into more contact with others? Consider it giving.

Message 329 - New Concepts about Change

<http://comptedesaintgermainsblog.blogspot.com/2011/02/new-concepts-about-change.html>

Monday, February 21, 2011

Chelas have no concept of what has been going on in the countries making their leaders leave. All the news media can observe and disseminate is about the local dismay at their leader's dominance, not the death and corruption of these regimes. Giving rise to the overthrow of these dictators was a monumental energy against them that came out of a mass consciousness of discontent. Ownership of this discontent can do a lot more than create new governments - it can move mountains.

Change of all content that is less than desired must be done, and that includes the content of non-aligned disturbances in the heart of the body of each chela. Allow this discontent to be made alive and active. Act like this discontent has more clout than the dictator in your own mental body. Change the dynamic in the construct of the day's momentum. Passive agreement by doing nothing keeps disturbance alive. Control of man's choices has to be deposed. Call for the removal of the dictator. Who is the dictator? Your mind.

Hearts are coming out of hiding. Change the content of the day's management. Fire the manager. Give the heart a chance to become the life co-creator, co-creating with all of the One with its own conscious mantra: I AM THAT I AM.

Choices can be determined by this denied Master when the dominating controller has gone to another mode of daily activities. Concern, management, contraction and dominance are not needed. Only assistance to ground and grow the Master within's guidance and delivery of mass consciousness news. Chelas, unite the world by acting on heart decisions. No man has the ability to overthrow a government leader alone. Mass consciousness can. Mass consciousness has now become stronger than the controllers. Now there can be the overthrow of man's own controller.

Bands of contact that come out of the aura of those who can delete their own dictator are making waves of leaders to arise when they never considered themselves leaders before. After the control of a country has dismantled its government, the new leaders need to accept leadership. Grand change to be sure. But those who are able to get leadership from their own consciousness can do it!

The next days will see more countries take to the streets. Africa has many dictators to remove. And all who are observing this great change need to realize this was a demonstration of how God works.

Mass change can only occur when man's inner call overrides his fear based mind. Closed minds cannot be led by this divine awareness. Open minds are able to act on their intuition

to find their way to take action. Gathering in groups is the most effective way to overrule the controllers. Giving them no demands individually makes no martyrs. Acting in concert makes the leaders more discreet and less likely to be removed from the action. Change has begun. It will not end in the next days unless enough of you can give your heart's attitude to the group energy to deliver new answers.

As fear is overtaken by dreams of the next days content, many more governments will topple. Can we say the same of man's mental directors?

Welcome to the change that you've been waiting for. Mass consciousness has been given a touch of God's magic. As we have mentioned before, God can create magic. Are my words making you look at the God of man's dreams as a controller? None of these magical doings are a drain on the choice making capability each man has. Choice is now more available. Man can always choose his own way. Are the dramas giving you the awareness needed to overthrow your mental dictator?

Pre-ascension changes are great opportunities to deliver the new awareness needed to ascend. Turbulent times are to create many of this kind of opportunity. Can we get more to fulfill their ascension contracts? Maybe. My desire is still 20,000,000.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 330 - Lady Master Portia says . . .

http://mastersandmankind.blogspot.com/2011/02/lady-master-portia-says_21.html

Monday, February 21, 2011

"Follow the lead of the heart". This statement has been contributed to the world in all contexts. In today's Compte de Saint Germain's blog a new meaning of this phrase is discussed. Meanings can alter according to the mental attitude of the choice maker. Today's message delivers a call to ACT on deleting all control of dominating attitudes. Inside and outside manipulators must all go.

Message 331 - Melchizedek says . . .

http://mastersandmankind.blogspot.com/2011/02/melchizedek-says_22.html

Tuesday, February 22, 2011

My message for all of humanity is: Now is the moment for the conscious materialization of Christ consciousness. The news can deny the light that is now opening the hearts of humans, but this light has come to create a more conscious planet. Are the needs of others a concern of yours? Then meditate and deliver to them more light conditions. Meditation carries the most energy available for a change of direction.

Message 332 - Additional Assistance from Other Universes

<http://comptedesaintgermainsblog.blogspot.com/2011/02/additional-assistance-from-other.html>

Wednesday, February 23, 2011

Change in the world means that the change in your consciousness has made an impact. Conditions have always reflected consciousness.

Answer these questions:

1. Are there changes occurring in your life?
2. Can you consider them related to the change in mass consciousness?
3. Can you consider them related to a change in the consciousness of the area where you live?
4. Can you consider them related to the thoughts in your own mind?

Please ask yourself, and don't "do" anything to alter the conditions being reflected. Can you comprehend how the doors to higher consciousness have opened where you are, and in all areas of human design? Mental conditions are disengaging man's control of human activities. Mental attitudes about control and being controlled are changing. Clouds of darkness are gathering light to disburse them.

Its no wonder that lack concepts have controlled the economics of man's world. But the dramas about negative and positive are now going away. Dark, negative energies are being deleted. Mainly because of your change in consciousness. And more of these signs are to appear as more changes are still needed.

The controllers are dark. On the continents they have dominated, disrespect for others and non-caring ways have thrived. Now, their ability to continue must cease. Non-aware beings, making disrespectful moves to destroy the great divine creation's money concepts give no consideration to death and destruction in the world. Only greed matters to them. Wealth can be a great thing when used to assist those without it, but wealth with death and destruction components is dirty money. Nowhere was this concept in the Master Plan. Now, the directors of the cabal that designed these manipulations must be deleted. No more games will be tolerated.

New energy is being directed towards man for his ability to disengage from this controlled condition. Masters of many galaxies are now focusing their attention on the corrupt doings in the newest one. Can they help? Yes. Not by giving the cabal any direction, but only by giving more courage to those now being controlled.

Answers to the questions you are now forming will come next:

1. More chaos will ensue in the next months.
2. Another dictator will fall.
3. More activity will begin in the economic area. New dollar-yen differences will cause alarm.
4. Changes to the Chinese continent will emerge.
5. Catastrophes will continue to occur. The Ring of Fire will become more active.
6. Hundreds of thousands will be needing assistance for food.
7. New beginnings for millions will be necessary. Can we get them to choose ascension?

My dear ones. This may appear to be a cause and effect condition, based on old developments being balanced, but it is a completely new development that is being

created by the distant cousins of this galaxy. They want to force the controllers out of their dominance. New clarity about the situation has called on their decision to act. No direct contact will occur, but deep in the hearts of all humans a new light has been turned on. Notice the impulse in you to delete control in your own life. Give this urge the answer that will free yourself from all dominance. Take on the creators of control. Take the next step towards aliveness - give them a clear "NO".

Are you able to overcome your inner voice that doesn't want to do anything about the urge? Give me your agreement that you will begin to make a difference in your own life.

Are you able to agree? "No" is not the truth. Having the courage to change is your most important challenge right now. Be aware, that we of the spiritual hierarchy are always with you.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 333 - Saint Germain says . . .

<http://mastersandmankind.blogspot.com/2011/02/saint-germain-says.html>

Wednesday, February 23, 2011

Trust the urges you feel in the body to declare yourself control free. Give up the fear of new things. Give the lack thoughts no energy. Face the future with courage.

Message 334 - El Morya says . . .

http://mastersandmankind.blogspot.com/2011/02/el-morya-says_24.html

Thursday, February 24, 2011

Are the next days going to be the most exciting of all? No, but they will keep the mind busy with notes for the days to follow. Are the logistics managed so you can get new directions if the internet goes down? Will there be adequate demand for goods and services to keep the economy going? Are there more details there has been no warning about?

My dear co-creators, we want you to enjoy the ride. Are these messages asking anything of you that gives us an advantage? No, only giving you the advantage is the purpose of our messages. Is anyone out there paying attention?

Message 335 - Awakening the Masters

<http://comptedesaintgermainblog.blogspot.com/2011/02/awakening-masters.html>

Friday, February 25, 2011

My dear ones. You are my chelas, the ones I am to bring to ascension. I am an Ascended Master and you are an un-Ascended Master. Why the difference? Because you are not completely aware of who you actually are. Most of you are mentally assuming things that you have accepted to be accurate, but have not had an experience of this assumption to collaborate it. When you do, it will be the Awakening that we have been discussing. Who awakens? No one!

An Awakening does not mean an individual wakes up. It means the concept of being an individual disappears; all mental attitudes about individuality go away. They dissolve because they are not the Truth. It may appear to gazing eyes that an individual is being seen, and something is happening in that moment, but what is being observed is not the whole picture. Truth cannot be made known through the five senses. Only a complete, dream dissolving experience of this most critical concept awakens.

When I mention an Awakened one, I convey a concept about an individual, not a description of that individual. An Awakened one has no appropriate description - no labels apply.

Forests are not trees and trees are not forests. Awakenings make trees realize they have always been neither a tree or a forest. Making an assumption that the true identity of a person is the body or the man's personal history is the same kind of mis-identification. No tree is only the character it currently manifests, and no human is only the manifestation that it appears to be. All trees and all humans are much more than this detail of appearance.

Man has no concept that can accurately describe him. All of his concepts become labels. An Awakening changes a man's way of conceptualizing himself. It deletes all of these concepts.

Practices that are able to take these concepts away are few. Making up a different concept does nothing. When the dismantling of an ego occurs, this is the ultimate freedom.

Most of you do not define Awakening as I have described it here. In the growth and development arena it has a different meaning. Nothing that applies to growth and development is an actual death of concepts. When this is accepted, the ability to actually awaken has become available. Why do my chelas need to awaken as I am describing? To ascend to the final co-creative dimension of man's change in awareness.

Ascension is not a make-believe game where we no longer do anything against another. This idea comes from a dark deceiver who chooses to keep you caught in delusion. Ascension is the opt-in opportunity for all who ascend to leave human incarnations for good, as there is nothing more to do that needs a body. Instead, Masters with auras of only light will walk on the density of Mother Earth to create a new Earth. In their light bodies they will give birth to new creations, as they are now the light they once desired to be. It will be their destiny to deliver the new. In these next days, they will begin to delete more of their negative contributions to collective consciousness and become the Awakened answer to Mother Earth. When this occurs they will no longer consider themselves more aware, more knowledgeable, more advanced, and more able. None of those who have these attitudes are as aware as they act and convey in their mental deliveries.

No drugs provide an Awakening, only a momentary glimpse of what must be embraced as the drug effect disappears. No "near death experience" completely awakens. Again, there needs to be more deepening to integrate the new awareness. And any awakening that happens with a major drama also must be integrated. Can these temporary insights become an awakening? Yes, but only when the dropping of mind continues.

Have the dramas in the world distracted you from your goal? Are the dismantling

governments teaching you about the mass consciousness? Are hearts opening to those who are dying from man's dominance creed? Create the next days as an answer to this. Be well aware of the strife, and, at the same time, quiet your mind by creating more distance from the negativity of these things. Give more attention to the delight that freedom creates. Give this to yourself!

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 336 - Metatron says . . .

http://mastersandmankind.blogspot.com/2011/02/metatron-says_25.html

Friday, February 25, 2011

When your heart opens, its light can be delivered to the contacts that the mind allows. When the mind opens, the allowing is unlimited. Heart and mind must both be open to anchor light.

For more information about this, and other comments made on this blog go to:
www.comptedesaintgermainsblog.blogspot.com

Message 337 - Archangel Michael says . . .

http://mastersandmankind.blogspot.com/2011/02/archangel-michael-says_26.html

Saturday, February 26, 2011

When trouble calls your attention, notice how it effects the others involved. No trouble cancels growth. Trouble makes change. Making amends creates growth.

Message 338 - Making the Collective

<http://comptedesaintgermainsblog.blogspot.com/2011/02/making-collective.html>

Sunday, February 27, 2011

When days are energetically calm, a new manner of inter-dimensional contact can be made. Today is one of those days. From our perspective, a mask has been covering the entire 3rd dimension, making it appear to be something very different than what is the reality. No longer is this true. Closing the gap between false concept and the highest awareness has begun. This closure has made the heart-mind connection more available, where channeling the light comes through the heart and no mental content makes a dent in the heart's ability to deliver.

All of the open hearted are going to begin to have more and more contact with others like themselves. They will no longer be alone. Connecting as a group, with other aspects of the One that chose to come into bodies at the same time, will develop now. Instead of getting considered "odd", they will seem quite normal. Collectively there will be a new generation of Ascended Masters as friends. Ascended Masters? Yes, many of you have already ascended from dense consciousness to divine consciousness. Now the light you anchor is about to collect in new ways.

Being together will make you more potent in delivering your messages and heart's light. Instead of being on your own, you will be continuing your work with more delight as a collective. Where is your group? No group is currently gathered. You will be attracted to the light in those who are the Ascended Ones. Give them the attention they are divinely giving to you. Pay attention! Go up to them and communicate. Get their contact info. Begin discussions. Gather together with any who are toning at the same musical note you are.

Your tone is part of the musical chord of the universe. It will draw you to your tone among the other notes. Many of our dear brothers and sisters have been going alone towards their destiny, without any colleagues in form. Now they can meet their colleagues. Not to "do" anything, only to be an example of Oneness. Collective consciousness does more than one or two with a common intention can do. Manifesting a group dharma will happen without you "doing" anything.

False dreams about future events may disappear once the hearts of more than one Master can get together. False dogma has to be deleted, and when this is discussed by many Masters, they can negate the lies being given to non-aware, deceived minds. Once the group communicates with each other about these things they can delete them from their discussions.

Pursuing a group cannot be done. Should the mind begin to think, "Nobody who lives near me qualifies", give up that thought. You will be surprised! Allow yourself to follow the call to gather. Follow the impulse to get together with someone who draws your attention. Give yourself opportunities to find these open hearted beings who will appear in your awareness. Note that some of them may be those you have previously given no attention to. Notice who lights up a room.

Channeling has the ability to lead you to this group. If these words don't encourage you to do it, no loss of yet another opportunity to get on with ascension is going to matter. Bring the light through you, as you are going to be delivered to the light eventually. Welcome it now. Can this be the new beginning you've been waiting for? Yes.

Are you getting the daily messages from the Archangels and some of the other Ascended Masters? Go to www.mastersandmankind.blogspot.com.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 339 - Lady Nada says . . .

http://mastersandmankind.blogspot.com/2011/02/lady-nada-says_27.html

Sunday, February 27, 2011

Important news will be given today in the consciousness of those who can "hear". Are you going to "hear" it? Can this be a game? It is not! We need to lead you to ascension, and to do that you need to "hear" our guidance.

Forget about all the things you have read. Get your messages direct, in the moment. Can you do this? Now is the time to learn. It is not difficult.

Message 340 - Melchizedek says . . .

http://mastersandmankind.blogspot.com/2011/02/melchizedek-says_28.html

Monday, February 28, 2011

Many of you are making a new consciousness take the lead. More will now become able to give the light to others, activating enough of the collective awareness to make a difference. The Angels and Masters are dancing and laughing as a result. Make each day a dancing and laughing day.

Message 341 - Making a Difference in the Human Drama

<http://comptedesaintgermainsblog.blogspot.com/2011/03/making-difference-in-human-drama.html>

Tuesday, March 1, 2011

My dear ones. We are One. There is no difference between us except for mental concepts. My essence is love, and so is yours. This love is expressed as my messages and my desire to lead you to the highest light that a human can be - an ascended master.

For many decades I have given messages. My name is well documented from content given by me through channeled discourses. We will not contradict any of these. But my name has been taken by deceivers having no love to offer, and their delivery of non-aware messages has damaged my credibility here. Considerable time has been given to these messages. Why? Not because the channel is completely duped to accept them. When I chose her to do them she had not been channeling for more than ten years. Why begin again? Care and devotion to the One. We are all able to give way to greed, but her motive was free of this. No compensation has ever been discussed by her. I, on the other hand, asked her to create my materials into teaching content to get cash for her needs. It was not her idea. Care and distress over money causes the giving to be affected by duress. My dear ones, channels cannot deny their needs, and they are not able to magically maintain a home, or transport, or meals without income. Why am I mentioning this again? Because my desire is to have her collaboration with me clearly accepted. I'm not asking for anything but appreciation.

Too many dreamers are being deluded. We do these messages to open the light to more and more who are able to demand the facts instead of more fiction. No fiction is contained in these messages. Call them contributions to choice. Choose the dance you are drawn to, but don't condemn the dancers who are doing another style. When I AM THAT I AM creates a teaching about anything there are always choices to be made. No choice is manipulation. Choice is not about right or wrong, good or bad, or light and dark. Choice is the way to develop more awareness.

Fiction is for dreamers who want to deny the other choice. Fine, let them. We make a contribution for those who are not interested in accepting lies. When all is denied, not even the most clearly obvious concepts are convincing. My messages are clearly obvious to those who can deduce, from many areas of input, the details we discuss.

Positive energy is not generated from denying concepts that are valid. This is dense energy making an appearance as light. Being clear of denial works quite differently. Acting one way when denying another creates stress in the body. This controls the natural flow of energy and dis-ease can develop. Putting on a happy face while managing negative

denials breeds dis-ease.

I want my messages read by millions. Now their content is known by far less. Please give them more distribution. Making a difference to others may not be a just a mouse click or a call to a friend. It may include conversations about the content. Teachers are not the only ones who can deliver messages. Be a courier of grace to awaken all who are asleep.

Now my chelas are asking for the length of time they need to collect food for. My guess is a few months. Not a much greater time, as there will be dramatic changes occurring during those months. We cannot accurately predict what will take place because man makes those choices, not us.

When the days of darkness arrive, having food will be most appreciated. Shelter will also be needed, as many will have lost theirs. Can you imagine having a community in the one that remains? No? Look at this concept: When there is a great need, many will have to gather together for the good of all. I've been giving the advice to learn about community living for a long time. Please do this now.

When there is One divine consciousness to consider, oneness means mutual caring. "Me" and "mine" are not the demonstration of Oneness. Can you give the needs of others the priority over what you now consider your material desires? Choices are always there to be made. What choice will you make when many need your aid?

Not all will be delivering room and board. Others will be creating gardens and factories to deliver food and goods, as though life was beginning anew. When this occurs, can you be a warrior who does whatever comes to you to do? Will your heart be open? Will your mind be able to make the caring choice?

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 342 - Hilarion says . . .

<http://mastersandmankind.blogspot.com/2011/03/hilarion-says.html>

Tuesday, March 1, 2011

Masters and angels have the capability of caring for all of their contacts with love that has no conditions. Can the hearts of humans also do this? At this moment, only a very limited number are at this consciousness. We want more to love as we do. Can we give you a little advice?

Man is the divine creation of us. We are the collective consciousness of all the Higher Selves of those we communicate with. We are able to see the divine aspects of all humans. Are you able to do this? We are here to be your example.

Message 343 - Archangel Raphael says . . .

<http://mastersandmankind.blogspot.com/2011/03/archangel-raphael-says.html>

Wednesday, March 2, 2011

When Masters and Angels go to your aid the most beautiful light shines, as not matter what the mind does or says, the heart is always grateful. Being grateful turns on your light. May this way of being give the world more light.

Message 344 - In the Name of Friendship

<http://comptedesaintgermainsblog.blogspot.com/2011/03/in-name-of-friendship.html>

Thursday, March 3, 2011

Friendship is the most important of all your life experience. Making friends leads to good health and happiness. Friends are those that you can count on. Once a good friend gives their word, no other development dissolves their decision. Providing this kind of dedicated love is the most important thing you can do. It gives you more confidence in your own consistency and caring ability. Consistency as a friend is not defined in any dictionary, so I will define it now: It is the continuous display of love.

Nothing makes a bigger contribution to another's delight than consistency in a relationship that is heart driven. It is the answer to every change that can deliver disturbance. Knowing there is someone who always cares will support you in choosing to continue on. When death approaches, this kind of relationship also does a lot for the death experience. Having caring dear ones to thank for their love provides the dying with an ability to give love at the moment of death, instead of dying in fear.

When a good days work is done, is there a most caring friend to let you know you did a good job? Are you able to deliver this kind of caring to others? Are you a good friend?

Many of you are giving love to groups, to those who are in need, to the healing of hearts all over the planet, but are you doing this at home? Peace and awareness are gifts you can share, as they are always welcome. When good deeds are done, many of you get positive feedback about that action, or a comment that was meaningful. Imagine giving yourself many opportunities to receive this daily. Can you deliver more good deeds to those close to home? No money or physical gift is as valuable as giving of love in a demonstration of caring.

Pushing someone to do what you think is good for them is not giving the kind of caring I am discussing. Acts of giving do not cause the recipient any discomfort. In this kind of giving there is also a demand.

All a human needs is to know they are valued. This is the crux of friendship. When you give advice about the change you want delivered, a different attitude has gone to the one being advised than the love that they desire from you. Negative attitudes about an action or an interest of theirs deflates them, negating their desire to be in your company. Nothing that deflates is love.

In the next days, giving freely to others may be necessary. Can you do this? Can you give them your attention as a good listener? Are you able to be more than a friendly face? Are you meaning all that you deliver in the name of love? No? In the next days there will be a need to be giving to others as a necessity. Can you do it without any hesitation? Make this a goal today. Give your attention, on any matter, to those who need this. Give the caring you would like to get in a different circumstance. Practice being a good friend.

I AM THAT I AM

Ascended Master Saint Germain
Channeled by Aruna

Message 345 - Archangel Gabriel says . . .

<http://mastersandmankind.blogspot.com/2011/03/archangel-gabriel-says.html>

Thursday, March 3, 2011

Making love to a man or woman is not giving them a gift when it comes from an inner call to dominate. Many of these misguided actions occur in marriages, more than you can imagine. My dear chelas, can you change this attitude? Can you make love only for the sake of giving?

Message 346 - Sananda says . . .

<http://mastersandmankind.blogspot.com/2011/03/sananda-says.html>

Friday, March 4, 2011

Many days of warning humanity about what is about to occur have not been adequate to get the necessary action to prepare. It is quite disappointing to our realm that having no disturbance now causes denial of what will be occurring in the future.

Many of you are about to get a big change and will be left out of the rank of leaders if denial is the only attitude you can accept. We need courageous leaders willing to create alternatives as they intuit the need.

The need for group arrangements will come on the heels of dire money conditions. Are these messages going to deaf contacts? Are they doing anything that encourages you to discuss options with your family and friends?

Is not caring the same as denial? No, not caring means being completely content with whatever occurs. When it does occur though, no complaining.

Message 347 - Channeling the Awareness You Want

<http://comptedesaintgermainsblog.blogspot.com/2011/03/channeling-awareness-you-want.html>

Saturday, March 5, 2011

Channeling comes to those who are more open to the call than others. This does not mean they are more divine, more dedicated, or more clear. This only means they can accept what comes to them from other dimensions. When a new channel gets a direct contact, they can demand a degree of management on a number of things:

1. Are the messages of God's light or not.
2. Can the teacher go to another channel also, or will this be an exclusive arrangement.
3. How many days can go by between messages?
4. Are the messages non-concerning to the channel, or does the channel have to give an explanation.

These minor details need to be agreed upon the moment the welcome is given.

New channels are coming out now, and they are not all at the clearest degree of competence. My dear ones, channeling has become a game to those who desire to continue contact with humans after their death. Be aware: by coming to a new deliverer of their choice, they can drive the bargain they want without the channel doing anything but going along with their agenda. It would not be the deal the channel would make if they were more informed at that moment.

Can the arrangement be changed? Not unless they agree to alter it. For example, if the channel agrees to channel daily and doesn't, the more conscious entity will wait without a desire for anything different. An unconscious being can become demanding or mess with the channel's life so they can be in charge. New channels who accept these lower dimension advisers are now subject to their whims.

No dimension below the fifth (heart of God) can anchor God's light. Only a being of 5th dimension or higher will be calming and delightful in the new channel's awareness. Only Christ consciousness (seventh dimension) has totally unconditional acceptance.

Positive thinking chelas who are not clear of their emotional disturbances can attract lower dimensional delegates of the dark. Call them any name, but always check out their messages for dream content, as they deliver messages from a less aware density. Beautiful, flowery language is a clue. Content that has no definite benefit to those receiving it comes from controller level deities. Beware!

Pauses between contacts are not desired by astral and fourth dimension beings because these entities feed off of the channel's life force. No Ascended Master demands any kind of schedule. Delivering "positive" messages does not mean the content has any value. Closing the door to what your mind does not want to accept makes you unavailable for delivering content you cannot agree with. All channeling has one purpose only: to contact those who cannot directly access their own direct link to the highest consciousness. Nothing that comes from the 7th dimension is dark. It may not feel good to the one being asked to deliver the content to others, but truth does not always feel good.

When the channel of a dense entity realizes this is not a bearer of God's messages, they can continue to be used or change the agreement. Sending away a deity who has been conning the channel can be difficult. I am telling you how to do it in case they don't go at the moment you request it. The deity may decide to link itself to your denied emotions, and this means they can draw on these emotions to their advantage. Clearing your emotional body will release them to their own devices and distance them from you. This is the ONLY way to free yourself from their grip.

But, dear ones, doing this clearing is part of God's divine dance. These deities came to you to let you know the time has come for you to increase your awareness and raise your consciousness. Having them in your life may appear to be a negative situation, but it is not. All gifts of true value give a benefit, and the decision to clear your denied emotions has a huge value!

Be aware of the disturbances in your body in any situation. It is these contractions that attract dense entities. It is your next detail to deal with. Clearing denied emotions can be done in many different ways. I am not going to choose one over another. Find the one that works best for you.

Note: I was asked about numbers appearing in awareness. Multiples of the number 11 is about mastery. Details about this needs more of an explanation than I can dictate for a general audience. Ask for these details in a different context.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 348 - Archangel Ariel says . . .

<http://mastersandmankind.blogspot.com/2011/03/archangel-ariel-says.html>

Saturday, March 5, 2011

Make love the criteria for all that you accept in your divine co-creation. Nothing is demanded, giving and receiving are both active, and you choice is the "win-win" option. When Masters and Angels are calling, this means you are already giving them the heart light to come. It looks like they are in charge of the communication, but they only come when your light is on.

Message 349 - Serapis Bey says . . .

<http://mastersandmankind.blogspot.com/2011/03/serapis-bey-says.html>

Sunday, March 6, 2011

Masters and Angels are aware of any needs that humans have. Are you aware of the needs of others? Are you considering how they feel during conversations? Are you able to flow with the content they want to deliver? Can their medicine for you be accepted? More than one common thread of life brought you together, do you know what they are?

Consider all of your contacts to be consciousness in action, delivering you the highest teachings.

Message 350 - Courageous Communication

<http://comptedesaintgermainblog.blogspot.com/2011/03/courageous-communication.html>

Monday 7, 2011

Channeling these messages is leading healing to many. Brave souls will do things that are not approved by the general consensus, and these messages do create concern. Making a difference is the most important consideration for a channel. Are messages that tell you nothing doing this?

Courage must grow to become one who dissents. Not to dissent, when mental differences can do damage to a relationship, is actually being negative towards the one lacking courage. Negative thoughts arise to defend the lack of courage, and nothing gets done that can turn things around. All that is needed to save the relationship is to change the communication so that it does not offend. Pointing to differences does not attack anyone. Giving an example of how a disturbance was created (and how it is maintained) calls attention to what needs to be attended to. All differences do not disturb. When a disturbance has been noticed, it can be nicely dealt with, as long as no negative energy

accompanies that communication.

Please notice the energy in your communication. No message needs to offend. Disagreeing with an article or an attitude can be done without negative energy. Acting as though an opinion is a fact is what makes people take offense. Can the difference be talked about as merely an opinion? When this precedes the delivery of a message, there is no cause for negativity to be returned as a reaction.

Blatant generalizations that are made as the only correct "take" on a communicated topic make others uncomfortable. Instead, make a mental comment before offering an opinion like, "My opinion is different . . .". Children need to learn this about their communication. As it is now, they begin to dominate or disappear during conversations as early as one year of age. Contact with other children does not necessarily teach the adequate communication skills. Parents can give them an example of the most effective way to interact, as a most potent moment for a child can make a big memory. Are you aware of how your method of communication is teaching your children?

Are you giving clear, direct messages? Are you contradicting them when you feel their beliefs are not accurate? Can more attention be given to delineating between a conduct matter and an opinion? Conduct needs guidance. Opinions are not anything to direct, only to qualify as an opinion. Making this minor alteration to conversations can completely avoid direct conflict. Negative opinions can be delivered as opinions without being attacking energetically. Can the delivery be an expression of love no matter what the content is? Absolutely!

Can you tell another things they do not want to know? Are you courageous enough to do this? Are the words you choose coming from the heart? No method of communication can dispel grief about news of disaster, but the ability to deliver opinions without a dominant attitude needs to be advanced.

Pretend that a message told to you gave you a quite useful, "need to know" clue to improving your life. If it is delivered in a way that causes you to disdain the deliverer, no matter how helpful the words are, you won't accept them. Can an energy of appreciation be delivered back? Of course not. But when the message brings a loving energy along with the challenge, it can be acted on and benefit all concerned.

Make today one of more awareness about communicating difficult messages.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 351 - Lady Master Portia says . . .

<http://mastersandmankind.blogspot.com/2011/03/lady-master-portia-says.html>

Monday, March 7, 2011

Men and women need confidence in their hearts to be good communicators. Consider this: a dominating delivery cancels your ability to connect with another person. Once dominance enters a relating dynamic there is a major collapse in caring on both sides. Caring can come in many forms, and amiable communication is one of them.

Message 352 - Archangel Gabriel says . . .

http://mastersandmankind.blogspot.com/2011/03/archangel-gabriel-says_08.html

Tuesday, March 8, 2011

Making this little change in the way you give advice can remove mountains of controller energy from mass consciousness: Only give advice when it is asked for.

Message 353 - The Gift of Presence

<http://comptedesaintgermainsblog.blogspot.com/2011/03/gift-of-presence.html>

Wednesday March 9, 2011

Chelas are being asked to deliver their delight for living to humanity. Are you able to do this? Acting like you are a gift to all is the life you are meant to live. Can this be the detail no one bothered to tell you? Are you giving a gift with your presence?

Today's message is for those who are mentally thinking one negative thought after another and pretending they are happy - big smiles, cheerful demeanor, and all outward depictions of happiness. But deep down, this covers up a great deception. It is not deceiving the mass consciousness, only those who are not adequately able to know the difference between a dense negative charge and a bright positive charge. Negative thinking carries a dark charge. You can talk about light and give positive mental attention to others, but negative attitudes are dense, and they carry more weight in mass consciousness than a non-aware choice does.

Carrying on a contrast between dark negative attitudes and a caring presentation doesn't get anyone out of darkness. I am telling you now that a false conveyance of personal development does nothing for your choice to ascend. The light is not there.

Please notice one thing: are you really happy? Are you the happiness the heart craves? Are the thoughts you think completely aligned with the things you do and say? While making a difference to others, can you completely deliver all your light to them? All of the chelas who chose to ascend need to get their mental attitude in complete alignment with this choice. Being happy is your natural condition. Being natural will get you to the condition of light that is necessary for ascension.

When the "days of darkness" become the condition you are dealing with, will you carry on as a beam of light? Are you doing all that you can to become grounded in the light of your heart?

No wonder the dream has lasted so long. Teachings about how to be a beam of light have not been delivered to those who are negative. If this message was delivered to a child, instead of guilt and the concept of original sin, gifts of light could be abundant. Only dense attitudes are negating the light now. Can they be altered?

Positive attitudes about the future are not adequate for creating a great future. Attitudes are important, but it is the daily attitude about one's life that needs attention. Being content demonstrates a different vibratory frequency than mentally denying your less conscious thoughts. Giving, and not being happy about the gift, is not the same as giving de-light to the one on the receiving end. Best effort is not good enough. Dense attitudes towards

ANYTHING make the one thinking about these attitudes dense. Clear up this thinking, and light is what will remain as a gift to the entire human race.

Can dense thinking be deleted? Absolutely! Can dense attitudes become contractions that are caught in the body? Yes. Are all of them needing to be dissolved? Yes, as a pre-requisite to ascension. How do you dissolve them? With love. Give love to the negative thoughts. Give love to the negative attitudes. Masked density is always dense, can you get rid of the mask? Are you able to admit, out loud, that a charge against another object of your attention adds nothing to your condition of deliverance to God?

Are you able to light up a room? Can the light you deliver be gratefully acknowledged? Or, are your dense attitudes making that light dim? Posturing yourself as "lightworker" is misleading when dense attitudes remain in your auric field.

Together we can make a huge difference in mass consciousness, but only when you are able to get out the dross. Chelas are not Ascended Masters until there is no negative energy coming from their thinking to dim their light. Fear is the #1 density factor. The next is greed. And no matter how many "love and light" messages you deliver, control over anything contracts others and anger adds to their contraction. Are you delivering the cause of contraction in others? If so, attitudes from outside your own nature's awareness are at play. Become aware of all the reactions to your contributions, in every situation. Are the observers open and delighted with what you have offered them? Are they glad you are there?

In the next days we will need all the good attitudes you can muster. Clear out dense attitudes. Bring integrity to your appearance. Be the light you actually are in the absence of dense attitudes. Be as light as you can be.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 354 - Lady Nada says . . .

<http://mastersandmankind.blogspot.com/2011/03/lady-nada-says.html>

Wednesday, March 9, 2011

Clear light beings are needed now! No more can disconnects between heart and mind be conveyed to human consciousness by outside changes. Only deepening the heart attitude can complete the controllers demise.

Own your own chalice of the holy grail! Be the nectar that fills the cup of Merlin. Contain the light in your own body. It is your gift to give, and this moment needs that gift.

Message 355 - Metatron says . . .

<http://mastersandmankind.blogspot.com/2011/03/metatron-says.html>

Thursday, March 10, 2011

Politics have been the corruption of love in most countries. No love has led chaos to overthrow dictators, only man's decision about change. Could anything have been done

differently?

Changing the caring level of the dictator could have been chosen instead. "What?" you say. How could we do this? Send love to them. Most dictators are not given any love, only anger. Can you imagine how they might receive hundreds, or thousands of loving conscious messages delivered to their heart? Magic is possible. Magic of the light can be a new way of doing things. Send love to those you deny love, and get delivery of a different consciousness in their mandates.

All men need open hearts, even political despots. Can you accept that love is an answer? Will you deliver love to all who are needing to be loved? Consider this a new way of creating change.

Message 356 - Open the Mind

<http://comptedesaintgermainsblog.blogspot.com/2011/03/open-mind.html>

Friday, March 11, 2011

Personalities are all developed as human beings grow. All of the ego's qualities are adopted by the healthy divine being that has to advance to ascension. When an attitude has been accepted as the truth, human characteristics are determined. From mother's womb these attitudes take on a mental design that finds its answers to all things in mental appearances. Posturing on an attitude does the rest. Humans become what they dislike. All of their negative thoughts develop into "against attitudes", contracting that matter into a challenge they must face to grow.

Pass judgment on darkness and darkness appears in your life. Advocate against topics like maternity of the unwed or gay rights, and guess what will appear in your experience? Claim to be a nice person and dictate your mind's attitudes to others, only brings dictators in daily life for you to be grateful to.

Making daily consciousness adjustments is now common. More and more of you are getting the realization that your mind creates the conditions you are contained in, and mind must concede all of its disturbed attitudes for new conditions to appear.

Being ok with "all that is apparent" makes this development fast and easy. Mind dislikes what it doesn't understand, yet only confused minds are open enough to disburse the attitudes that are causing suffering. Being unsure about things is easier to communicate to than maintaining an absolute attitude about what is believed.

Are the new contents of the mind more accurate than the old? No. Nothing the mind believes can be completely accurate. All content a mind depends on to base its decisions upon comes out of inaccurate calculations based on the amount of information currently available. Inaccurate, because change is constant, and one change makes an energy shift that causes everything to change.

At the moment one new "ah-ha" appears, another will appear in a different area, and this idea will continue to get attention throughout antiquity unless there is an inquiry made about the actual content of the "ah-ha". Man's tendency is to believe this kind of new information. It becomes his golden rule. No more does he remain open to the next "ah ha" to be even more accurate. No, this is not accepted. All the "discernment" about messages is not giving new material any consideration. Many details from our open channels are

new, as alterations have been made since those channelings that were done in former activations of "home companion" channeling. This attempt to communicate is not uncommon now, and can be led to more dear ones than we could have contacted during the early days of Seth, Madam Blavatsky, Annie Besant and Guy Ballard. Great delight came when Mark Prophet disbursed our decrees when we needed that energy on the planet. Now we are not as formal or as controlling to the large number of chelas we attract. This is because we are not as controlled by THEIR attitudes. Now we can be completely open and answer their questions as equals. We are all equal, but our ability to be accepted as non-commanding can be a new development for anyone assuming that no change to our ability to communicate has occurred.

Home companion channeling has been over valued. Now we must do the most important work of all - close the gap between mind and heart. Chelas, my domain is to call you home, not to dictate decrees for you to call on me. You have advanced in awareness and are no longer acting as needy children. Now we can meet more equally and you can deliver your mastery too.

Polite acceptance of new things works more for good news than bad. When we give you news you delight in hearing, you agree with this. When we deliver news of future disasters the mind calls for new material. Why? Because the mind does not want to accept that its days of being in control are numbered.

False dictations are being given in my name. Why are they accepted? Because they deceive by design. They give a little good news and make a not so accurate claim. Are you being taken in by these claims? You are not able to "discern" what channeling is mine by your comparing the different dictations. Only an ability to ask, "Are these from Christ consciousness?" and get a clear answer, can give you the most decisive conclusion. My days of coaxing you to accept my words are over. Give me your attention if you want to ascend. Otherwise, make more mental materializations that cannot be delivered to this goal.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 357 - Archangel Ariel says . . .

http://mastersandmankind.blogspot.com/2011/03/archangel-ariel-says_11.html

Friday, March 11, 2011

All of humanity can give thanks for the unconscious beings who demonstrate how much need there is for change. Without their lack of conscious awareness, all of you who need lessons could not have them.

Message 358 - Archangel Uriel says . . .

<http://mastersandmankind.blogspot.com/2011/03/archangel-Uriel-says.html>

Saturday, March 12, 2011

Twenty million chelas of the Great White Brotherhood are choosing to end their cycle of incarnations. Are they going to manage an arranged ascension? Not all are ready to get

their graduation gift. Is this your concern? Is ascension on your list of things to be done in this life?

As in all things, the choice is not ours to make. All who are wanting ascension must first let go of their mighty attitude and become more loving to all. When this is done, another Master is able to ascend.

Message 359 - Nuclear Reactors Must Go

<http://comptedesaintgermainsblog.blogspot.com/2011/03/nuclear-reactors-must-go.html>

Sunday, March 13, 2011

Many lessons about human decision making are about to be learned. When the decision was made to generate nuclear devices for electricity, many assumptions were made, and decisions to build many devices throughout humanity's living areas were made without discussing these decisions with the more aware consciousness within man's heart. Now, many changes like the recent earthquake in Japan are to let the men who made these decisions know how wrong they were to conclude nothing could destroy these magnificent collectors and their housing. No war or change by man's hand can destroy these war proof tactical machines, but man neglected to check on nature's continued evolution to get more accurate information.

Two nuclear reactors are now about to close at nature's hand. How to close them completely will need to be decided next. Are the countries that have them aware that all of them need to close? Can they deduce from this current climate of fear what can occur once more changes are demanded of man by nature?

After this calamity, the good news will be less radiation contamination than either Chernobyl or Three Mile Island. Can this be a message to look at other possible nuclear attempts to lead man to death's door? Many contacts about this subject were made when cancellation of these structures could have occurred. Now, closing them all down will be demanded by one or more of the more conscious countries, and this will be considered completely unacceptable by those that just created theirs. China cannot detonate a bomb in the ordinary way, but this country can now conclude that there is more than one way to make a bomb. Close them down dear ones, or all of you will be nuked with man's own creations. Man created weapons of mass destruction as nuclear reactors. Masking them as energy devices has been a common agreement. No dream of destruction can be as gruesome as the dream of contact with the contents of these nuclear answers to genocide.

More details about the earthquake delivered cooling device failure can convince other countries of all the details needing attention. Our choice would be complete demolition of all these cancer causing amplifiers of contamination to humans, animals, etc.

Change comes when Mother nature decides, not man. Nothing you can do to effect these alterations to the Earth's surface can do anything worth mentioning. Are you willing to change your future by getting less energy than currently being activated? Are you willing to go back to less dangerous devices to generate man's actual needs? Make this a goal and go to the politicians with good alternatives. Give them change ideas that deliver human goals of health and happiness over generating goals that need nuclear devices. Man cannot have all the electricity he wants and maintain good dis-ease free bodies.

No major disaster in the current day can do the damage I am describing, but new disasters

can be much more destructive. Containing them is not going to happen. When will the major controllers give up their dream to completely eliminate money? Never. When will man's mind give up its driven attitude for getting more and more devices? Are the lights going on? Can you help?

My dear ones. We are about to go into a more difficult time than most of you can imagine. Are you ready? Are you able to let go of the mind's deduction approach to life and go into the most delightful high man cannot even describe? Ascension cancels many of the changes that can occur. Not because of these beings leaving, but due to the degree of light they can contribute from this dimension to third dimension. Full spectrum lighting can be available to those left to attack these dilemmas with courage.

After the carnage has been cleared in this newest disaster, consider an appeal to those who can make a difference to destroy all nuclear devices. Nuclear energy cannot be contained and needs to be diffused, as more disasters can do mass dimming of the human light in a very short amount of your time.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 360 - Archangel Raphael says . . .

http://mastersandmankind.blogspot.com/2011/03/archangel-raphael-says_13.html

Sunday, March 13, 2011

Help is available to change all of God's creatures contaminated by nuclear devices. Present day contact with this realm can delete all effects. Start with more water than any guidance has given. Use MAP sessions described in the Perelandra material, and get Potassium Iodine. No matter what happens, stay calm and don't get distressed. Happiness is always the best medicine.

Message 361 - Master Quan Yin says . . .

<http://mastersandmankind.blogspot.com/2011/03/master-quan-yin-says.html>

Monday, March 14, 2011

When those making their transition do so as a natural consequence of change to man's continents, this is part of their mastery process. One of their lessons now is to pay no attention to what was left behind. Calling for their attention contributes nothing to their ability to accept their destiny. Are you able to give them caring and nurturing with a calm, non-attached moment of your attention? One of these moments can give them the courage to move on to other areas of consciousness, rather than remain in a constant, deathless astral condition.

Message 362 - Awaken From the Dream

<http://comptedesaintgermainsblog.blogspot.com/2011/03/awaken-from-dream.html>

Tuesday, March 15, 2011

Chelas of the Great White Brotherhood, we are going to tell you the next answer to your

contamination concerns: When the movement of awareness occurs in an Awakening, a body gains in health. No more will the loss of defense attributes occur, as there will be no dependence on the world for inner strength. Self-care is about becoming detached.

Awareness can operate without negative emotions effecting a human body. As more days are spend in complete calm, the light that has been activated will eliminate density by clearing the meridians of dross. Twenty days of calm can completely re-energize a body. Are you willing to focus on being detached and calm? Are these required? Only if the body's condition needs aid.

My answer to health is calm. My answer to strengthening your inner defense system is calm. My answer to being helpful to others is, be calm. All these answers are the same, as this is the truth for each question.

Mandates for change come from an unhappy condition. If all was great, why alter anything? Calls for money are always coming to us by needy chelas. Are they creating money as they ask? Absolutely not. Can they create money? Yes, with happy thoughts, courageous decisions, and giving out thoughts of abundance instead of "not enough". My dream is that all can accept what comes as adequate, and be grateful it is in their lives. Most things are already a given, to be lived by those who contracted that life condition. Acceptance of the dance made in the contract is your life's goal.

Practices are to get the mind to be less demanding. Most of you are living with a manager and commentator that operates non-stop during your days. Is this freedom? No. It is being dominated by the false, negative dreamer that was developed by your active imagination. And, that dreamer can be Awakened!

Wake-up to the answer that has always been around. Never asleep, the Master of conscious awareness lies just inside the door we are asking you to open - the door that contains your heart led destiny. It is where you always neglect to look, and its as close as your own choice making. Your decision creator, and giver of miracles, resides in the heart of the body of God - the God of your own awareness. Confidence in this non-demanding, needing to be asked consultant needs growth. Acting on its guidance can grow its demonstration of accuracy.

Pacing this growth is the mental dominator. Closing this dominance is not one of the things most humans ever attempt, only those who came to be the container of light they decided on before conception. Confidence in the demonstrations of your heart led decisions will eliminate the mental deceiver in a non-demanding way. Your own consciousness is the aliveness and the choice maker, and the controller does not actually exist. Your controller is only energy that was derived from your own denied attitudes.

Practices like meditation that calm down mental chatter do more for human growth than all mental gathering of data combined. No data can answer all the questions of a day's needs. All these questions are also mental content. No mental content fuels a growth in consciousness.

Make a decision to never get upset, and allow the day's events to be observed by the mind, experienced as a deliverer of God's love to whatever is being observed. No decision about the event is needed. Give it no data and no opinion. Give it only attention. Channeling is like this way of being. All the data comes through a detached observer. Being detached does not eliminate feelings. They will remain abundant until they too are

considered an expression of the dreamer and observed with no concern at all.

When mind determines a cause and a more desirable effect, this decision covers up an open, aware being of light that can create more than your dense attitudes. Truth and eternal awareness do not need any cause. And, they are not the effect of any choice the mind makes. All the dreamer needs to do is Awaken to the consciousness of "no concern", and delight in home and country can both occur, no matter what circumstances they deliver.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 363 - Sananda says . . .

http://mastersandmankind.blogspot.com/2011/03/sananda-says_15.html

Tuesday, March 15, 2011

When the Masters and Angels decided to give these messages, they contacted our brother Archangel Michael to decide who would give the next message. No matter who it is the contact to the one writing the message has been delivered daily.

Now we must ask another message be created, a continuous one in the guidance given in the heart of all of our chelas. It cannot get the active attention of many, but none of these messengers care about this. Can all of you ask these God-like beings to bring a daily message to your own heart?

Message 364 - Archangel Michael says . . .

<http://mastersandmankind.blogspot.com/2011/03/archangel-michael-says.html>

Wednesday, March 16, 2011

Are you afraid? Are you making arrangements to get out of danger? Perhaps this message can add some lightness to your next days.

No major disaster will occur right now, only clean up of the tsunami and earthquake in Japan need attention. Clear your fear and don't accept anyone else's fear. You can delete fear by canceling your mental activities towards creating it. Not thinking of "what might occur" eliminates stress in your mind and body. Cancel all your thoughts about nuclear disaster. No disaster is coming.

Message 365 - Fukushima, Chem Trails and the Days of Darkness

<http://comptedesaintgermainsblog.blogspot.com/2011/03/fukushima-chem-trails-and-days-of.html>

Thursday, March 17, 2011

My dear ones. Fukushima will not destroy the atmosphere as many are claiming. There is minor leakage being disbursed and workers will contain the damage to the immediate area. No common disease will be attached to these contaminated, disturbed containers.

When the days of darkness descend on the entire planet, no nuclear conditions will be enjoyed, as complete darkness on all continents will delete their ability to contribute their cancer causing energy to anyone. No drama will ensue, as these reactors are not going to contribute toward the controllers game.

Make this descent into complete darkness an adventure. Keep candles and oil lamps available. Create dark moment activities (other than watching TV or playing computer games). Spend your daytime hours doing things to make the night a convenient time to rest.

Am I giving this information now because this can occur at any time? Yes, we want this message about getting prepared to be a call to all who will listen. Buy candles, dried and canned edibles, and flashlights for the next change. Dense attitudes do nothing to alter circumstances and can make life very miserable. Why not be ready to have a nice time instead? Can candles be made a household commodity? Can children have their own flashlights? Not much to ask for a major challenge. Keep extra batteries for the flashlights, as most stores will be out of stock. Get a good can opener and food that can be opened and consumed without cooking. "Take-away" will not be available and your microwaves will not be working.

What will cause this dark moment in human creation? Most of you are already aware of the most active alterations being made to the atmosphere by contaminated droppings of chemtrails. These, and the materials they mix with, can destroy all of man's answers to good diet and clean drinking water. Acting to destroy many on the continents by what appears to be natural causes, these droppings are causing hazardous waste and destroying the land beyond our ability to protect it. Nature has complained, and not only been ignored, but the compounded droppings have increased. Glaciers melting have everything to do with man made control of global warming.

Passing by the cars contribution, and all of the direct dumping of carbon dioxide into the drama, these droppings of gasses are deleting the human ability to contain them. Bowel dysfunction is one common derivative, and obesity is another. Chemtrails deny the atmosphere of quality oxygen to breathe, collapsing man's creation in the wake of these natural calamities. My dear ones, get ready to take charge of this! Demand the details about chemtrails. Act against them! Get out of apathy! Your world cannot sustain itself with no oxygen!

Contact with the helpers that manufacture these chemical dispersants need to be made. Closing these controller's companies must be done. One company that must go is Monsanto. Another is General Electric. Another is Pfizer. And the cause of the chemtrail distribution comes from the CIA. CIA organized and controls the operation. It was begun before the Clinton administration and has continued by agreement of all administrations. The creators claim it is for advancing health, and decision makers are not told of the actual contents being dropped. Methane is in these droppings. Now who could deny the destructive contents that come to all to consume? Can the air be a threat with nuclear additions? You bet it can. Not the level of air contamination that Fukushima is delivering, but when other nuclear containers are destroyed in the near future, this can add adequate toxicity to the air that is now being chemtrailed to devastate entire areas just like a napalm bomb, making clean up far more costly than any tsunami.

Chapter II of this dialog will give more details about how the governments of the US and Europe have been denied access to what is actually going on. My dream is for this to not

continue. Believe me, no Ascended Master can divert what man does to himself.

I AM THAT I AM

Ascended Master Saint Germain

Channeled by Aruna

Message 366 - Melchizedek says . . .

<http://mastersandmankind.blogspot.com/2011/03/melchizedek-says.html>

Thursday, March 17, 2011

Choose the heart daily, as many conjured up details are being delivered for your mental response to be against the future of man. Can you be detached from all that is being propagated to generate chaos? Fear cancels light!

Message 367 - Archangel Ariel says . . .

http://mastersandmankind.blogspot.com/2011/03/archangel-ariel-says_18.html

Friday, March 18, 2011

Clouds of radiation from nuclear energy release are nothing like nuclear bomb explosions. No direct contact with the disbursed radiation makes the damage much lower. What can occur to areas around the reactors is: Destroyed materials for future use. Food cannot be grown, animals cannot be grazed, man cannot be around to add the radiation to his body. But, this condition is temporary, not forever, and aerial distribution of these particles will leave the coast of the area. A major coolant can attack the nuclear material quickly once it is produced by the company that created it.

We want you to be less concerned about this than the men in advisory positions are telling you to be. We are doing our best to diffuse the area of nuclear disturbance. We are doing this because you are now acting like an Angel is needed. We are working as you have asked, and our contribution will be ongoing , as the containment needs more than the obvious approach. Be calm, and don't give this any disturbed choices because of another controller led directive.

Message 368 - Days of Darkness Part II

<http://comptedesaintgermainsblog.blogspot.com/2011/03/days-of-darkness-part-ii.html>

Saturday, March 19, 2011

When the days of darkness begin there will be no light from the sun. Nor will there be any days and nights to live through, only nights. Being able to light candles or have lamps that need no electric power can aid this condition. Without any candles there will be no light unless electricity is available. In many areas this will continue to act as artificial light. In other areas there will be only night. I'm not asking that these days be given any other attention than gathering light sources.

Clear the mind of disasters. No disasters are being predicted with this call to get yourself some answers for these days. No oil lamps around? Get other things that can be used if no electricity is working. If you have solar electric there will be no option but to have a back up solution. Many days without sun means the darkness can cause depression and anger.

Instead, get calm and act like another day of darkness is no big deal. Wealth will be of no benefit, only acts of courage will matter. About one month of this will come to all of the continents. Can this be a time for deep inner attention?

Chaos may add an act of need for many. Are you able to remain calm? No additional call for this time beside getting lights in the homes and businesses that will need them. Grocery stores need light. Most have back-up generators. Are they the only businesses that do? If so, more need to get them. When will this occur? In one year and a bit more, not next week. But you can begin getting yourself ready to deal with the details.

When the contact of the news media is disrupted, or the Internet is not available, can you be courageous and decisive from your inner guidance? Are you able to determine your own decisions by the director inside? Calm will be the key to this ability. Panic will delete it.

A change of lifestyle for this time can also assist. Can you remain in your home or do you need outside activities to be happy? Not used to being at home? Get your home to be a place to love. And get all of your dreams about being completely taken care of out of your mind. No Galactic Federation craft will come to "do it for you". Self-contained attitudes are an asset for a challenging condition.

Conduits of all the Ascended Masters are delivering an answer to an audience that can accept that they exist. No one will come to be on the ground that you can look at. Only those who can activate their own light and pass it to another can assist. Meditation can lead you to the answers needed during these nights of darkness that are coming. Only an open heart can deliver courage during the collapse of your daily life. Are these things causing you fear? Good, get the answers that can help you release it. During difficult times you need to be aware and courageous.

I AM THAT I AM is always available to move the more aware of this group of humans. What do we have to do to be more available to you during these dark days? Can we be available to all of you? Of course we can. Are all of you able to communicate with this realm? No. Can this dictation give you adequate cause to open up this more than necessary ability? No one should be without the Channeling Course I created. It is necessary to have the information it contains, as being an open channel to the Master inside yourself is all the contact that will be continued, and it will only come direct to those who can hear it.

Channeling is not a guessing game about your dreams or intuitive contact or audio telepathy. It is a most controlled dictation that offers direction and comments that can deliver grace and clarity. Are these dramas on the continents convincing you of the need to learn about channeling? Our course is priced for less than it is worth. Consider this a gift from the Great White Brotherhood, as our channel only charges what we ask her to. Pay for this alone or with a group, but get it to open and clear out the dross that keeps you from divine direction.

Champion others to do the same.

Many of you are dreamers that have been disturbed and are grief stricken because there is nuclear activity in Japan. Believe me, this is not dangerous to most of the globe and it won't be. But it will destroy the land and the atmosphere as a consequence of being delivered by man to those he cares nothing about. No more nukes needs to be the next campaign promise of anyone seeking public office.

Crash the time barrier with channeling!

I AM THAT I AM

Ascended Master Saint Germain

Channeled by Aruna

Saint Germain's Course In Channeling can be purchased [here](#).

Message 369 - Kuthumi says . . .

<http://mastersandmankind.blogspot.com/2011/03/kuthumi-says.html>

Saturday, March 19, 2011

Contact with the Ascended Masters and Angels can cancel all of your fears. In the continuous deepening of the collapse of Mother Earth, this needs to be the way to get guidance from higher awareness. Is this awareness consistently available to you? Are you able to make decisions that are always accurate ones? Can you give this gift to those who cannot get it directly? Bring to you the teachings that help and continue to serve you. They are beyond all that currently is known.

Message 370 - Maitreya says . . .

<http://mastersandmankind.blogspot.com/2011/03/maitreya-says.html>

Sunday, March 20, 2011

Many of the human disasters come as a most critical mass exit for an advanced consciousness to arise. As the disaster deletes men, women and their children, another chance to move out of apathy comes with the mass destruction. Are these costs too great? Only to the mind that fears death.

Many of these disasters are the land giving birth to new areas of creation. No destruction is only about the end of the current condition. The new development that disaster brings always contains new awareness. If these answers were always apparent then no disasters would occur, no deaths and births would be necessary. Growth in awareness needs ongoing death and new births.

Astrology can demonstrate that these conditions are already determined before any clouds move to disrupt human days. All is as it needs to be. I AM ONE is only a concept until need creates a new attitude.

Message 371 - Comments on the Comments

<http://comptedesaintgermainsblog.blogspot.com/2011/03/comments-on-comments.html>

Monday, March 21, 2011

My dear ones. As I've given the message many times, channeling can happen to anyone. It is not necessary to condone my channel about her call to love or my asking that a growth course be taken. My words are not her words. My call for the course has the intention to give an extremely clear message to all who do not channel and deliver an option to do so. It is not a demand.

Channeling can be attained by numerous alternative means. Purchasing the course I am connected to is not the point here, it is being committed to learning the art of channeling. Can you learn on your own? Yes, my channel had no course.

An attitude about another's method of creating money cancels your ability to attract it. An attitude against anything attracts that thing to you. My dear ones, anything that comes to you is a gift, not a right. When the gift comes without a price tag, can you be grateful? When it comes with a price tag, can you be grateful?

Channeling gives the message to all that another realm can assist them. Nothing contracted anywhere claims that all channeled material must be without cost. Many channels ask a lot of money for their channeling. Condemning this has more to do with the one casting stones than the channel.

Casting stones against anything casts one against yourself. Be clear, my channel gives tirelessly to this blog without any compensation at all demanded of those who are benefiting from it. No donations have been received from most of those accepting these gifts. No charge is a choice, not a requirement. My decision to ask a charge on her material is also for the clear advancement of her destiny, which is to be in service. Make no mistake, the call to love is the content of this guide, not an attitude of control. Anyone who wants the channeling course can collect money and create a group to learn together. No price can contain them. Buying courses and doing therapies that heal and advance consciousness has always been the way. Channeling is no different.

Now, let me answer questions about the nuclear condition in Japan. May the good consciousness of the heart of humanity come forth to light the way out of fear. **No more nuclear disasters are going to add to this crisis.** Calm has been containing the disaster. Calm continues to assist as man attempts to overcome chaos. Choose the light of caring, not fear!

Many more catastrophes will come to humanity now because of the land being moved on a grid that has to make its way naturally. When the days of darkness occur, this will be due to a collapse of the matrix of materialization. It means that closing the door on the current lifestyle will occur. The days of darkness are a doorway to light. Oneness will be the way. But getting to Oneness will be through difficult circumstances. Collective changes will be occurring during the next months, acting to gather those who love and those who fear. Collecting these two groups will mean they divide themselves to the light and dark. When this occurs, the dark will cease to determine the way of the light. A complex diagram is needed to clarify this most significant change, but this is not available to a written format. By collecting the dense and the light together there will be two realms on this planet: one that carries the 3rd dimensional consciousness and one that carries the 5th dimension consciousness. Will they co-exist? No.

When this occurs, the 5th dimension will disappear to those in 3rd dimension. Continuing their lives on another dimension will not be another galaxy or another continent. When this occurs the 3rd dimension will be moved to another planet to continue their lessons. A New Earth on Gaia will be created by a consciousness that has the light this planet needs.

No more nuclear containment will be done on Gaia then. Only life sustaining technologies will be used. Good food and water will be developed naturally. All health conditions created by the controller's mechanisms will be deleted. Clear mental ability will return. Dousing the human race with chemtrails has damaged the mental container of all who are near them.

Peace will reign forever in this dimension and it will be the land of demonstration for other galaxies to be taught from. The Galactic Federation can be a contact point to teach of this contract that brought home all of those who chose this gift. Ascension to 5th dimension will occur. Are you going to be one who does the things necessary to come along? Are these things difficult? No, they are the most loving things that are the deciding factors. How loving are you? Caring, giving, allowing, helping, de-coding the mental attitudes of density in your mind, and giving up attitudes about what you and others "should" and "should not" do. Free yourself from dense attitudes.

Now my dears, the darkness will only be the doorway. Getting to the other side of the door will require courage and love.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 372 - Archangel Michael says . . .

http://mastersandmankind.blogspot.com/2011/03/archangel-michael-says_21.html

Monday, March 21, 2011

My courage denotes the courage in everyone. It is not only mine and mine alone. Act as though you are carrying forth my work on Earth. You are my chalice. You are my delivery of caring and courage to all who have forgotten the truth of who they are.

Message 373 - Ezekiel says . . .

<http://mastersandmankind.blogspot.com/2011/03/ezekiel-says.html>

Tuesday, March 22, 2011

Most of the channeling that is mesmerizing mankind has no qualifications to claim. Only an unbiased channeling consultant, who makes a living by determining how accurate a message is and the consciousness of its source, could give an accurate assessment. If one were available, how many channels would ask for this consult?

My dear friends, none of you are in the consultant category for this kind of determination. Only God has this capability. Are your comments about others in "good deed" mode? Are they caring and grateful? Are they the light that most of you are discussing? Only when you are all divine consultants will you have the awareness to determine what an Ascended Master does or does not do.

Message 374 - Being a Light in the Dark

<http://comptedesaintgermainsblog.blogspot.com/2011/03/being-light-in-dark.html>

Wednesday March 23, 2011

When my words come to an attitude of mind, my ability to convey truth has been diminished. Only an open mind can accept what might differ from other beliefs. When my messages come to a channel, they come without their choice of what my message will be. Concepts about how channeling is controlled by a channel are not accurate. In cases

where mind is not out of the way, there can be donations of an attitude from the channel's mind, but that only occurs when a channel does not have accuracy in moving out of the dynamic. Once this is learned, no more interference can occur. Most channels do not ask, "Is this message of Christ consciousness?" No advanced consciousness can deceive when this is asked.

When the days of darkness come, all who have direct communication with Christ consciousness will be more comfortable than those who don't. It is for this reason my channeling course was created. I am not advertising anything, only claiming the existence of my creation. Call this "not the words of an Ascended Master", but this made-up concept about what Ascended Masters are about has no direct relationship to any of us and how we are communicating to our channels. When an Ascended Master delivers content to a chela (in any way) they are asking for confident decisions to be made by the one getting the message. Today's message is: Don't accept the mind's idea about guidance coming from other realms. Mind conceives without any basis in actual fact.

Please don't attack anyone. To do this is a direct attack on yourself.

Now, my friends, I'd like to discuss your questions about the days of darkness. Post American economic collapse there will be many difficult days to deal with. Anticipate the lack of money to buy anything at all. Any currency other than the dollar will also be affected, as all are linked together. Currencies not tied to the US dollar will also collapse. One world currency is the goal of those controlling this collapse. No money means there will be nothing to use to acquire basic needs. Are you able to accept another way to live? Are you able to claim sovereignty? Most of you cannot. I want you to be ready for these days. Get the things needed before this occurs. Buy what you can. Come together with others and decide what each will provide the group. Giving to each other will assist the demonstration of Oneness. Bring to the group the things you have to offer. Are there items you can trade? Can the Masters give some advice?

Give away your things of great value and live at peace with less. Why? What you now value cannot feed you when money does not exist. Cancel any concern of being robbed by having nothing to be stolen. When life is very detached from material acquisitions there is more flexibility to deal with new developments.

Change in all things is a jolt to the mind's concepts. My direct communication about these matters may disturb, but when this occurs without warning, more disturbance will grow when there are no preparations made now. When the dollar collapses the money markets will collapse. Remember the Great Depression? When they found out about this it was too late to prepare. Can you conceive of this happening now? No? Conceive and get ready! People will be crazy. Money won't buy food. Are you able to live without money? Can you be free of fear? My words are not to frighten, rather, to give you an alternative to fear.

When the consciousness of the entire world is afraid, how can you deliver an alternative? By being committed to being a vehicle for light. Miracles can happen through beings of light. Remember how Jeshua ben Joseph delivered food? Some of you will also do this. Cancel your fears and get ready to live as Jeshua did. Walk your talk. Give without choosing with your mind. Open the door to that divine love within your own heart to bring the light into darkness.

False concepts abound about future events. No truth comes from the many controller guided dictations prevalent today. My words are Christ consciousness. You are the only

deliverer of your own fate!

Now, the days of darkness will come after the dollar crashes. While determining how to live without all the things money now buys, you will be doused with darkness. No way to detail all the ramifications of this now, as the concepts we might convey may create distress in the mind when none need be conjured up now. When the days of darkness begin, a community group will be the best way to live. Gather together in one area. Five or six can be a community. Give the group all your things and all your attention. When one needs aid, all be there for that one. Face the fact that candles and flashlights with extra batteries are to be needed. Oil lamps are great also. When darkness arrives, be quiet. Get comfortable being by yourself in silence. Give me the decision to be calm, and be open about the healing you need to be calm. Ask me to assist and my cohorts on this side of the veil will do what we can. I'm not able to manifest drinks and food, but we can tell you how to do it!

Positive attitudes are necessary. All who call themselves "Lightworkers" are to give their light to this condition. When the darkness comes, will you be grounded, capable and confident or will you be afraid? What is your commitment to light?

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 375 - Melchizedek says . . .

http://mastersandmankind.blogspot.com/2011/03/melchizedek-says_23.html

Wednesday, March 23, 2011

Change the way you read the daily news. Read it with no concern about what is being said. No news is the best news. Many days of news activates fear. Not only the words, the movies contain subliminal messages. Be the less informed loving light.

Message 376 - Archangel Ariel says . . .

http://mastersandmankind.blogspot.com/2011/03/archangel-ariel-says_24.html

Thursday, March 24, 2011

Please give our self the most trust. No one else has the answer you need. Everyone has the answer of their own consciousness to lead them. Only fear cancels this advice. Be calm and ask one question at a time. Await an answer. It may come to you in a way you don't expect.

Message 377 - Clearing Up Some Details

<http://comptedesaintgermainsblog.blogspot.com/2011/03/clearing-up-some-details.html>

Friday, March 25, 2011

Your questions about the days of darkness are very good. My desire to answer them exists, but the Masters all agree they are not to be answered, because of the awakening in consciousness possibilities that "not knowing in advance" will provide. When an answer about a prediction gives you concepts about the future, this creates an energy towards that creation. We don't give a lot of details, and create no concrete expectations, because we

must allow for changes of energy to mandate the actual creation. What now appears to be a forgone conclusion may not occur, and the new energy can create an opposite manifestation.

Now that this has been explained, that my content may act like a creation generator, my next step is to give you details that cannot be changed by advance notice. No concepts about how the changes to the Earth's crust are to be created will be contained here:

1. When the days of darkness begin, they will come without any advanced warning. No big drama will deliver this condition.
2. Complete darkness of all the land comes with one cause: no direct conduction of heat molecules from the sun. It is the sun that will be leaving the continents, not the opposite scenario.

No warning is possible due to the gasses that will be demarking whether contact with the sun will be made or not made will come out of the sun in one moment, almost like the flares now actively being driven out of the sun. More gasses than the flares give off will escape from the solar container now called "the sun". This sun will be greatly altered to make a more convex diagram in the atmosphere.

Tectonic plates under the ground are now being affected by the catastrophic decomposition of this temperature component. Cold days will begin during the days of darkness because decreased light and heat will now be the norm. Sunshine as you now know it will decompose during the day, until none is available. Now, as this occurs, another creation that will give off gaseous glow will come to the fore and disseminate heat and light. Between these two major occurrences is no conveyance of heat or light. How long? Maybe three days, no more than one month.

Prepare. Can you go out and do everything as usual? No. Can the electric lights be on? Yes. Can generators keep man's companies going? Yes. Can we bring more lights to the houses in other ways? Yes. You won't be in complete darkness in your homes or offices, only the days will give you no heat or light.

Positive attitudes will be needed. Chelas who are aware can guide their neighbors to be calm and give no concern to this natural condition. False "controller delivered" explanations may give different reasons. When they don't understand change, there are many attempts to "make up" a cause. Confidence in the process will be what allows life to continue, as new challenges appear as "death's door". None of them need be, as the collective dramas about Armageddon are not to be a self-fulfilling prophecy. Open hearts and a mind concentrating on the new days to come can deepen awareness.

After the days of darkness there will be a very different contact ability with our realm. Many of you will need to hear our lead moment to moment. No days of darkness concepts can be given here, other than what I've just written. When flames come out of the container, consider the changes to the most important conveyor of light to have begun its new construction on your domain. No light is only the beginning.

News of all the deaths that are occurring are going to increase. Many of the changes will destroy man's country of residence. Many countries cannot deliver any safety controls and deaths are eminent. But lets consider the fact that all of these humans are giving their deaths to these most challenging dramas as a completion by their own choice! No one dies by accident! It only appears that way!

There will be many deaths. And many delights are coming also. Clear the mind of concepts and gather together to be a community of light. When there are new choices to be made, listen very carefully to the inner voice and don't allow anyone to change your contract to be a divine, aware contributor to the entire dimensional alteration.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 378 - Archangel Raphael says . . .

http://mastersandmankind.blogspot.com/2011/03/archangel-raphael-says_25.html

Friday, March 25, 2011

More and more catastrophes are about to occur. There can be no more denial of the condition of human apathy. Now there is more man-made violence than taking care of those who need help. Change in this attitude must begin.

Its strange the way death has become a more common daily conversation than gratitude for being alive. Actual generous contributions to man's dream becoming a reality must be made. Are YOU demonstrating the love and caring needed on your planet?

Message 379 - Vywamus says . . .

<http://mastersandmankind.blogspot.com/2011/03/vywamus-says.html>

Saturday, March 26, 2011

Cancel all discussion that disturbs others. Are you able to take complete responsibility for all conflict in your awareness? All of this reflects conflict in your own mental attitudes. Calling this to the attention of the reflection does not dissolve the conflict, it only spreads it. Instead, ask for help to delete the conflict in your own psyche. When you do this, the conflict will be diluted in consciousness.

Message 380 - You Cannot Avoid the Contract

<http://comptedesaintgermainsblog.blogspot.com/2011/03/you-cannot-avoid-contract.html>

Sunday, March 27, 2011-03-29

Consider this: one of my dear ones cannot let go of her choice to leave her country to get away from one of the next disasters. On the way to the airport she walks in front of a car. Was this an accident? No. She had chosen to die during that disaster and cancelled that contract with her goal to go away. As a consequence, another condition arose to complete her most important contract. I am describing this scenario because those of you who are going to other areas to avoid a crises are not avoiding the contract, only the general cause of a death that was already determined.

Are all deaths already determined? Yes. Can anyone alter their contract? Yes, but not the content, only the lessor details. Could another death scenario, much later, be controlled by the one being on the brink of death? No, only the means of death could change. What this means is: In a life contract, all of the choices are made before incarnating, including an approximate time of death. No absolute death method can be guaranteed, but numerous

possibilities are available. One of them will be the cause.

Now, what this means to you is, no one can avoid their time to leave an incarnation. Running to another area is not going to command a different destiny. Go to give another dynamic to aliveness, not to avoid death.

No one can avoid their death contract. But they can grow to the awareness that they never die. As this awareness becomes their "truth", they choose to ascend instead.

Clandestine operations are not today's message. Acceptance of the inevitable is. Can you be glad to be alive and not concerned about choosing the best way to avoid death? Close the mind about having to avoid death and have more aliveness in this moment. Face the ascension vs. death choice by choosing to ascend or dying as an ordinary death contract calls for. Bring all your disturbance to life and be less afraid, because there is no avoidance of what is contained in your contract.

Be a container of light for others by ascending. No other way to get out of a body can do as much for others. Close the fantasy about avoiding death - it cannot be avoided if the contract is delivering an end that is contained in it.

Are these messages clear? No death has cancellation as an option. Near death means another contract was offered than what was contained in the original contract. Change nothing about a life because of a concern about death. Choose a new area because your heart calls you there to deliver a different condition to live!

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 381 - Archangel Gabriel says . . .

http://mastersandmankind.blogspot.com/2011/03/archangel-gabriel-says_27.html

Sunday, March 27, 2011

Some of the Masters that are helping now are to leave for their next choice, to ascend. Now there are about three million who can. When this occurs, they and their families will graduate from this dimension.

Nothing can be done for the group to gather together for ascension so a concentrated dynamic can be noticed. So, we want as many as possible to draw the dream of their ascension to them by holding light for others.

Can this be the answer to the New Earth? Close the gap by ascending and contain the light to begin this new creation.

Message 382 - Dwjal Khul says . . .

<http://mastersandmankind.blogspot.com/2011/03/dwjal-khul-says.html>

Monday, March 28, 2011

Can my message today be as well received as my messages to Annie Besant?

Can my teachings go to those who need an octave beyond the daily awareness?
Can my content give healing to all who read them?
Are these messages getting advanced by an attitude of love for all who can benefit?
Make these messages a daily light to guide you to heightened awareness.
Alter the mental attitudes against the energy that conveys your challenges.
Open your dark mental concerns to be anointed and delivered to divine consciousness.
I AM THAT I AM is awaiting hearts that give only their love to the divine co-creation that they came to deliver.

Message 383 - Mass Ascension for a More Conscious Planet

<http://comptedesaintgermainsblog.blogspot.com/2011/03/mass-ascension-for-more-conscious.html>

Tuesday, March 29, 2011

Consider this: When my channeling began through this channel many God aware beings began to say that my words were those of another. This is because my teachings are different here than other channels distribute. Can my teachings be any more clear? Are they guiding light to the human consciousness? Can this dream of ascension be deceiving those who desire it? Ascension will occur. Mass ascension will occur. Numbers can increase as the disasters continue. Not that disasters create ascension, no, disasters do more to open hearts than any other cause.

First, allow me to deliver an explanation of ascension, as new readers may not clearly get the full meaning of this word. To ascend is to graduate from human destiny - no other incarnations needed. There are no more things to learn about the duality in creation vs. non-duality beyond. At the moment the ascension occurs, the one ascending has mentally and physically become solely a contributor of light to mass consciousness, and is no longer a controller or consumer of it.

Contributing caring and delight to mass consciousness does not need a body. Many of the Ascended Masters had male or female bodies before ascending. Our contribution continues as Ascended ones because our dream of a human death had no basis in actual consequence. No death actually occurs. The dream of death is that a body collapses from the disappearance of life force. But the life force continues to exist. How? As a beam of light, no matter how conscious the human was in the body. Once out of the body, the conscious being goes to another circumstance, to continue living in the next country or life experience.

No one "dies" and completely dissolves into the divine Oneness, unless they can awaken to Oneness before that body goes out of service. Once this occurs they are no longer at the Master level, they have dissolved on that level too. They are now a light beam for the answer of love to finally be capable of overcoming the dark that has been causing difficulties since the original creation was conceived.

In another couple of years there will be no controllers. How can this be? More light will become available to those who are now controlling, activating the higher awareness in those who are now the complete opposite of love and caring. New attitudes will take the place of current ones. Change to their thinking will be chosen by them, not imposed on them. All of their old controlling actions will be canceled. One way to understand how this can happen is to feel how the body feels when embraced by a lover. Imagine this embrace coming to all of the controllers at the very same moment. Ecstasy will dissolve their

controlling desires. Complete allowing of all that is can commence at that moment.

No, this is not the ascension, but it can be the consequence of a mass ascension. All the newly ascended ones will contribute their awareness to the consciousness that loves these beings who are now getting an opposite response to their choices. Fields of love are to replace condemnation. Glow and grace will deplete their darkness. Then the children of God will be the divine healing creatures who love one another as they realize the "other" is also them.

An ascension adds more light to the cause of this mass transformation. No cause means no change. More change agents are needed. Can they do this as men? No. Complete ascension contributes more light to the divine consciousness than any man can contain. An expansion of light donates this level of love to all who currently deliver dark attitudes to the mass consciousness.

Are they to also ascend? No, not before they deliver their complete awakened condition to this end. An awakened being has dissolved more than negative attitudes. An awakening dissolves all non-aware consciousness. Fast and complete, this change to the controllers will have them gasping for clarity, and their next step is to find that clarity.

My dear ones. Can you now understand my desire to activate the most huge ascension possible? We need all who can ascend to do so. Otherwise we must continue trying to gather them until they can detach and move on to their chosen destiny.

Close the book on controllers, including the ones you call great or good. Control is not the way of light. No control must be the answer. Controllers are not light, no matter how much they act as though they are. No delivery of light attempts to control anything that God creates.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 384 - Lady Master Portia says . . .

http://mastersandmankind.blogspot.com/2011/03/lady-master-portia-says_29.html

Tuesday, March 29, 2011

When we give messages it is to deliver more light to all. No close of a life ends the life of the body's Master within, only the body itself. Continuing life as a more aware being does not deliver awakening. An awakening must occur at the demand of the conscious Master before the body dies. Contact with God must be Oneness, not a belief. Let go of your thoughts about heart and mind being the director of anything. No man can bring on an ascension.

Message 385 - Hilarion says . . .

http://mastersandmankind.blogspot.com/2011/03/hilarion-says_30.html

Wednesday, March 30, 2011

When the light accelerates, the growth in open hearts will delete disturbed minds. No

dense matter can remain untouched. All of the days of darkness have gone by this time, and the New Earth will be discovered as a habitat for caring and natural living.

As this comes to pass, hearts must be mended. Are these new events going to turn a controller into an Ascended Master? No, only dissolve the control mechanism. Once this occurs, who can guide him to his deep awareness? All of those who live in this awareness now. Bring your love to those who once caused you disturbance. You will be their guides.

Message 386 - Amplifying the Light

<http://comptedesaintgermainsblog.blogspot.com/2011/03/amplifying-light.html>

Thursday, March 31, 2011

When my colleagues call on me to consult we gather together to get more collective. When we gather, the light of the group becomes the light we convey. One at a time is not the same as gathering together and glowing as one group consciousness. When our chelas gather on the Earth, they are also amplifying their light.

Many chelas are alone, without others who act from their divine awareness. Can this be remedied? Of course. New methods of gathering together have created virtual communities. Use these tools to contact others who can deliver the light also. Gather to meditate and discuss. Gather to hear and be heard. Bring more light to yourself and to the entire planet at these gatherings. Coming together on the internet is almost the same as meeting in the flesh. Our meetings are like meditating together to get God's input. No differences are cause for disharmony. Only awareness of divine calling is needed.

Practices to be quiet are like our meetings. Opting to attend begins with a quiet mind. Changing your meditation time alters the continuity needed to awaken the light as Masters do. The same time every day is an answer to collective light. It matters not the location of a man or woman, only the time consistency. Not capable of the control this demands? Challenge yourself to do it.

Presence is healing when a meditator consistently does this practice. Controlling the mind's desire to leave meditation alone, or another control mechanism canceling it, means there is no consistency and there will be no communion with others during this gathering.

Meetings in meditation are confidence activators. Asking for help during this time is the best way to draw help to you. Messages are not the most important thing meditation can deliver. Pure quiet delivers much more than one glimpse into the abyss of One consciousness.

Facing the darkness in meditation makes the dark move out of your mind. Controlling is not nearly as possible when meditating is done more than once daily. More meditation makes more confidence to negate control.

Chelas, when the light is adequate to gather the less aware to it, the darkness can no longer demonstrate control over those who meditate daily. Moving away from conscious awareness becomes common when meditation is not done often. Unless Awakened, absolutely empty of content moving through the mind, consider that meditation daily is more important than any common daily activity. Making a group gathering to light the way for others has many contributions attached.

Change only this, and make a big difference to the entire consciousness of mankind. Face the music of your own mind by diluting its control. No death needed for dancing in the light.

My content today is the last message of this month. The next message will appear in one weeks time. My channel will not be available until then.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 387 - Serapis Bey says . . .

http://mastersandmankind.blogspot.com/2011/03/serapis-bey-says_31.html

Thursday, March 31, 2011

Children of God are all made in God's image. All of the differences are contained in awareness because the dream of observed conclusions begat new consciousness opportunities. Facing the mental darkness clears more than one man's energy body, it clears all of the disasters that are reflecting his negative attitudes.

Message 388 - Metatron says . . .

<http://mastersandmankind.blogspot.com/2011/04/metatron-says.html>

Friday, April 1, 2011

More conditions to open hearts will counter the economic recovery. More currencies will get devalued, as printing money on demand doesn't really change the cause of the devaluation.

More consideration about the cause must occur. Are you considering how your mental attitudes could be contributing to major disasters? Are any major disturbances in you needing clearing? Are there any major misunderstandings that need resolving? Have any of my continuous callings to be ok with everything that happened a long time ago encouraged you to delete your negative feelings? Are you energetically clear?

Message 389 - Attributes Needed for Ascension

<http://comptedesaintgermainsblog.blogspot.com/2011/04/attributes-needed-for-ascension.html>

Wednesday, April 6, 2011

All of my messages are for those who chose to ascend in this lifetime. All are welcome to read them and consider their content, but only those with ascension contracts are drawn to them. When my teachings are not accepted by mind's conceptual decision maker, an ascension candidate may be diverted to another, more difficult, anointing by divine consciousness.

An adept of the Masters or Angels must acquire three most important attributes:

1. Absolute love of all that is.
2. Mastery of human-divine consciousness and

3. All negative attitudes are dissolved.

Never before has this been told as an ascension qualification list. Nowhere is this made clear, even in my messages. I've always made reference to Awakening, the natural actualization of these three qualities, without mentioning details of this magnitude. Now my dear ones, I can accept that not all of those reading my messages conceive of an Awakening with these three characteristics. There's no difference in what I am saying now, you are just being given a more detailed description.

What do these three qualities actually mean? I'll describe them to you now.

Number one: all that can be observed or consciously known is dealt with as an act of divine grace. Yes, that includes abuse, corruption, death by murder and child abduction; all that is now taking place, and all that occurred before this moment. No distinction is made by the adept who is ready ascend. No distinction means no categorizing as "good and bad" or "right and wrong". Only having "no attitude at all" can claim an anointing for ascension.

Next, the mastery of human-divine consciousness. This means that the consciousness being expressed through a human container is divine, not man made. In this context, the mental director (ego) does not control any of the body's actions or choices. All man made concepts, attitudes, beliefs or answers to man's dilemmas are non-existent. Mastery contains divine attitudes only. Closing circuits to outside influences can be done by paying no attention to them. Only clear awareness from the divine consciousness within is at cause in decision making or actions taken. Spontaneous, free flowing action comes without mental consideration.

And number three, all negative attitudes are dissolved, can be an admission that nothing is of any consequence. To get disturbed by what anyone does or says disrupts the flow of light available. To degrade, or dismiss as dark, an alternative point of view cancels all the light flowing through you. To give a negative opinion to others contributes dark instead of light. All posturing about any condition, that doesn't consider the divine play of light and dark to be the dance needed for more awareness, cancels this awareness.

Opposites exist to light the world. Are there any cases of dreams about a better future arising out of only delightful circumstances? No, only when new creations appear to be needed do they arise. All dramas needing active remedies are considered dark, and yet, they inspire delightful co-creation and the light that can be the next Oneness opportunity.

Consider all dark activities to be a condition needed to create more light. See a good creative development possible in all circumstances. Negativity comes with no cause. It is only a mental opinion based on a limited point of view. No negativity means that number one (love of all that is) is contained in every observation of human dynamics.

Given that these three attainments are the conditions needed for ascension, come to them with the grace that lies within an ascension candidate. Choose them with deep caring and an open mind.

I AM THAT I AM

Ascended Master Saint Germain

Channeled by Aruna

Message 390 - Archangel Gabriel says . . .

<http://mastersandmankind.blogspot.com/2011/04/archangel-gabriel-says.html>

Wednesday, April 6, 2011

Pure consciousness is the key to a wonderful, divine human experience. Getting the clarity of pure consciousness can be a great adventure: Notice the tendencies that come as negative reactions, and then dismiss the attitude behind the contraction.

Message 391 - Are You Available?

<http://comptedesaintgermainsblog.blogspot.com/2011/04/are-you-available.html>

Sunday, April 10, 2011

Channeling this message is not an act of comfort to the channel. It comes to her as a gift from me, and can be distributed or not, at her discretion. My choice is to notify, not frighten. As you can determine your own ability to calm the mind, only move on to the next material as this applies. Give yourself this gift of awareness only when the mental demons are quiet.

Are you able to make a new life today without disturbance? Are you able to give away all of your most cherished possessions, as in the case of moving away in an instant of new courage? Are the cords cut to all who decide not to leave and go along with this move? Can you detach now? My questions are a test of your ability to ascend. Perhaps this anchor of new awareness can determine this for you.

Can you move away when a new day dawns? Are you ready to act on divine guidance to do so? I'm not talking about going to another corner of your world, or to a quiet Island for a month's retreat. I'm talking about moving away to another dimension of awareness that includes no contact with those who are not coming with you.

Followers of many channels will condemn these comments because they are not as delicious an image as the directives of most. I am delivering news today that an ascension call will come in the next few months, and all who are clearly available can go to the next condition of awareness along with this channel. Are these requirements, as they fit with my other list, able to be decreed as the decision you are prepared to make? Are these teachings about ascension able to move you to this conclusion, in light of all the things we have been giving as criteria? Are you able to leave the 3rd dimension now?

Portals will open in a few months time. Can you be one of those to go on to the next contract of mastery in a human body? Are these words causing you any disturbance? In the next weeks we will give no new material about ascension. In these next days you must get ready or not, depending on your choice. My messages from now on will be more about how to adapt to the new conditions that are to occur for those choosing not to ascend. And during these months, decide, because clear guidance, direct from within those who can determine these messages are not mind's deception, comes to ascend (as a group) those who are qualified.

At this gateway, only one million are completely at the level of ascension completion. But during the next months this can be increased. Clear the mind, open the heart, and greet all as loved ones without any negative attitudes. As these qualities are attributes that qualify,

the only other thing needing to be done is to have enough courage to deny the controlling ego when the ascension call comes.

Presence is the open door. Ask not the date and time, only have Being awareness as the goal, and get out of the way of mind's decisions.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 392 - Kuthumi says . . .

<http://mastersandmankind.blogspot.com/2011/04/kuthumi-says.html>

Sunday, April 10, 2011

No cause for alarm regarding any chemical contamination, as no active ingredients are more than any light giver can adapt to without effect. Your light transmutes. Give no dark thoughts to concern and doubt, and act like the light of God alone determines your fate.

Message 393 - Archangel Michael says . . .

<http://mastersandmankind.blogspot.com/2011/04/archangel-michael-says.html>

Monday, April 11, 2011

Mass ascension will occur in a few months or a year's time. Can you leave all that is currently known? Are the candidates able to choose their contract over their attachments? Can they get the message directly when the call comes? Now is the day to make all the advance arrangements. No Master complains about their inability to go on with their life.

Are my words clear? Are you able to dance with this message?

Message 394 - Ascension Will Alter the Game

<http://comptedesaintgermainblog.blogspot.com/2011/04/ascension-will-alter-game.html>

Tuesday, April 12, 2011

Many of you will be able to ascend and choose not to. Why? Attachments. Now you must look at the alternative. Clouds of illusion cause mental attitudes to be deep with inaccurate thoughts. In the big picture there is no difference between a Master's "now or never" attitude, but the delay causes more change in humanity's conversion to higher awareness than a continued body form does. Men, women and children ascending can make that change more conscious than many more Masters living quietly in human density.

After this wave of ascension many details about all the anointed ones will give cause to answer questions about Mastery, never so clearly demonstrated. Pause to reflect on the drama that will unfold. Good days of unveiling more of God's answers can open up those needing this door opened. Closed minds are our target. To deny our contact has made our guidance less available. Opening this door can get new creative answers into human consciousness.

Pure contact needs to be claimed, without the fluff or the mis-directives being delivered

now. Change to the human consciousness is the only change needed to continue life on Mother Gaia. Without this change, no continuation can occur without another home for humans being temporarily benevolent to them. Choices more dramatic than an ascension will need to be made. Cataclysms abound now and more are coming. Are these the cleansing Mother Gaia needs? Yes, they are, and canceling them is not going to be the answer. Cleansing Mother Gaia clears the cause of the chaos; cleansing consciousness in the meantime, clears the dross newly contributing to her demise.

Money dramas are coming, closing this method of buying goods and services. How to cope? Happy hearts that cannot be depressed by circumstances that appear. Only this can deliver a different atmosphere when the next controller game gives cause for non-awareness to create total chaos. Will you be able to care only about answers to health and new deliverance rather than demanding non-aware death to others? Are you able to care for another's child or cope with his nagging? Can you give without crumbling from anxiety? Clear the darkness out of your mental and emotional body and you can deliver heart centered clarity and actions to all who come to you for them.

Welcome to the Age of New Beginnings. Ascension as a group opens the door to what comes next. Who will lead? All who chose to in their contracts. Who will be lead? All who are able to recognize light to follow. Astral entities will not be an influence that needs addressing, as they will leave during the days of darkness that follow the ascension.

Contracts that call for the first ascension are now our concern. Next, the dreamers who will be on the next wave will be called. We will lead without distance once the ascension occurs. We will come to your assistance as needed. Come on to the train of contact with all of your open hearts. Choose to ascend and get the chaos over with.

My blessings to you all.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 395 - Archangel Ariel says . . .

<http://mastersandmankind.blogspot.com/2011/04/archangel-ariel-says.html>

Tuesday, April 12, 2011

Making the choice to ascend cancels all of the karma that would be continuing. Are you able to be a complete conduit of light? Make this today's goal.

Message 396 - Melchizedek says . . .

<http://mastersandmankind.blogspot.com/2011/04/melchizedek-says.html>

Wednesday, April 13, 2011

More than a million will arise to the call of the Angels. After they ascend, many of their friends and acquaintances will be the new leaders of higher consciousness. Making this adaptation can move the next ascension wave into being. Answer the call of the Almighty and give an answer to those who doubt.

Message 397 - Serapis Bey says . . .

<http://mastersandmankind.blogspot.com/2011/04/serapis-bey-says.html>

Friday, April 14, 2011

Challenges to light are now coming at a greater quotient than major quakes and other catastrophes are manifesting. These challenges are in daily attitudes.

Can you accept all as it is? Are these challenges making the light quiver? In the next days, open the door to only caring. Care for all who grieve. Care for those who are now deeply troubled for any cause. Care for the more dependent. But don't give away your confidence and your aliveness. It is this essence that needs more delivery to human causes.

Message 398 - Opening the Portal

<http://comptedesaintgermainsblog.blogspot.com/2011/04/opening-portal.html>

Friday, April 15, 2011

Making the ascension message clear is my goal. All who made a contract with ascension as their answer to delivering more light to humanity are about to get this opportunity. No more drama to learn, or mental attitudes to clear. What you have already done makes a difference now. In the next months, all who are able to receive our contact can ascend. Are all fully Awake? Not completely. Ascension can complete their dramas instantly. A choice to ascend is choosing to fully Awaken.

No death or another birth will be needed. Only disappearing during daylight hours, when others are observing, will occur. No drama, only continuous Oneness with divine grace is occurring. Oneness consumes the non-aligned as they are dreaming, and continues that dream now. In the ascension they may discover they have been dreaming. In their discovery, they can act as though they are new to this dream of ascension and learn to accept their new awareness.

Confused? My words are as clear as I can make them. A detailed description of Awakening is not appropriate. I'll can only tell you what can be absorbed by an ego without disturbance.

Make a commitment to ascend, then delete all concerns about "how and when". Get the most out of each moment. Clear the mind of doubts and concerns. Cheer the moment that ascension comes. An actual disappearance of the human body will be the experience of those observing. Once this occurs, the observers will feel the energy of Oneness around them. This is to clarify the cause of the disappearance. After this happens, the news media will become delighted with all the reports of missing, observed bodies and will dismantle the mystery that has been created. Newly observed disappearances are not to occur until the next group is able to discern the call.

The days of darkness are not actually connected to the ascension, and only the controllers can alter economic conditions. Man will need to deal with the sun's lack of light and the complex destruction of money on all the continents. No delay of these occurrences is going to make the ascension more causal. Only consciousness will be affected.

Channeling my messages can be continued by those now learning (who become clear). All

they need do is communicate to others their messages about the future as it unfolds. My current channel of these messages can continue her role as a teacher of channels by maintaining direct channeled contact with her current clients if this is their desire.

Are the Ascended Masters going to continue guiding thru channeling? Absolutely, none of our chelas will be neglected. All will be delivered to ascension that are committed to this dimensional change. My chelas are not being asked to do a one or two dimensional alteration. Graduation means going directly to the seventh or higher. My guidance has been to this level, not only a different continuation of the current mode of existence.

Opening the portal to other dimensions contains an opportunity to get challenged, as the door to the astral opens as well. Consider this a good test of an anchor of light. Move out of astral with a most clear declaration of "I AM THAT I AM".

Continue as usual until the call, then act on all the directions coming from the Angels to guide you.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 399 - Lady Nada says . . .

<http://mastersandmankind.blogspot.com/2011/04/lady-nada-says.html>

Friday, April 15, 2011

Are the Masters all delivering the same message about ascension? Not at this moment. One of the reasons for this is: the most difficult thing to arrange is the timing. As our non-linear consciousness does not coincide with your daily linear calculations, a mass ascension is difficult to organize. Our dream is for all to occur at the same moment, and the momentum for this is now being arranged. Please decide for the ascension now to be in on the drama to come.

Message 400 - Choose an Attitude or Ascension

<http://comptedesaintgermainsblog.blogspot.com/2011/04/choose-attitude-or-ascension.html>

Saturday, April 16, 2011

One consciousness will teach the masses once the ascension occurs. Change in all areas of conceived details is coming. No conditions being discussed now can be depended upon. When the ascension is complete, many will cling to concepts about a death and birth continuation, but nothing more advanced than an attitude of "me next" is needed to be on the next wave. Can all ascend? Technically yes, but not actually. Why? Anger, distrust, criticism, and attitudes against. In each case the disturbances to an Awakened consciousness need to be dissolved. A lack of contact to higher intelligence beyond the mind cancels an ascension. One needs to master all aspects of the human experience to ascend.

Face the day's events with a happy grin and give light to all that appear in your auric field. Pass on discussions that are negative and continue answering as a divine creation does,

without negative attitudes. In the days of darkness, glow with love at the adventure about to unfold. Give your light always.

Masters are ascending. Chosen by themselves, not any culling or attribute decision of God. Ask for God's choice and it will be ascension. Act on inner guidance and it will choose ascension. No doubts about qualifications please - all who choose ascension can qualify. You wouldn't be choosing it if the contract did not designate this. No matter what God you call, or what act of faith you demonstrate, all are given the equal opportunity.

Am I an advisor of those who demand credentials or material proof of my awareness? No, my credentials are not as available to you as those who may claim to "know more". It is my work to lead all who can believe in these messages to ascension. No more coddling with drivel that makes you feel good. No more cheery dream designed fantasies to consume. My words are direct and to the point, to wake up all who are actually ready to ascend.

My call is to all who are open to my channeled messages. Those who are not can get their advice elsewhere. Prayers about gratitude are the call to my octave of consciousness. Are you grateful to get my messages? Are you grateful to get the opportunity to ascend? Are you glad to be alive at this time when all changes into a different arrangement of human conditions? Gratitude for all that comes is an awareness that qualifies you for ascension. Negative attitudes against "anything" do not.

Abundant choices are available to make now. What do you choose? Awareness? In this choice you accept that who you are is divine and express that divine consciousness naturally. An example of this is the natural delivery of giving and caring.

If you choose a negative attitude against darkness, choose again. Your negativity creates darkness.

Will you choose moral activism? No defense of any belief is a condition for ascension. All attitudes "against" anything divinely created has negativity to be considered.

Are you able to get out of negativity? Yes, by choosing to drop all opinions. Neutral attitudes are conscious attitudes. All opinions are ego's decision. Masters are opinion less. No duality crosses their mental construct. Only light comes from their mouth or their pen. Healing comes with the loss of negative opinions. God's grace comes out of the container of human attributes instead.

I AM THAT I AM is your true identity, not the dream that has the God concept in it. Be I AM THAT I AM and deliver healing to those who are not yet able to know who they really are.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 401 - Vywamus says . . .

<http://mastersandmankind.blogspot.com/2011/04/vywamus-says.html>

Saturday, April 16, 2011

When my call to man comes, are my chelas going to respond? I don't know. My distance appears an obstacle, as my delivery does not get the leadership they claim. I'm not

concerned about my ability to lead, only about their acceptance of that call. How to get them to accept? Making them aware that a call is coming. My message for NOW is: a call is coming, be able to hear and follow it!

Message 402 - Archangel Raphael says . . .

<http://mastersandmankind.blogspot.com/2011/04/archangel-raphael-says.html>

Sunday, April 17, 2011

Partnerships of a different kind need developing. Making a close relationship with a Master or Angel, contactable in a moment of deep quiet, can open the consciousness of man to higher levels. Meditating helps to access this deep quiet. Asking questions directs the content to be delivered. Clearing the mind comes to the leader of this contact as a consequence. I Am That I Am will always be aware, and getting an "inner opinion" can develop that awareness.

Message 403 - All About the Ascension Call

<http://comptedesaintgermainsblog.blogspot.com/2011/04/all-about-ascension-call.html>

Monday, April 18, 2011

When the ascension call comes, those hearing it will be asked to do certain things to leave third dimension. No one will need to guide others. Children who will ascend can do this by their own essence taking charge. Colleagues of those ascending will be collectively surprised. All who choose to ascend will be moving to the dimension of their current awareness. Some to 5th, and many to the higher realms. Awakening to 5th dimension consciousness will be done automatically. Other dimensions will energize those who are complete with all of their lessons.

All children of God will get the call. Only those who are able to accept and act on it are to ascend. My direct appeal for channeling ability was to make awareness of this call more apparent to those unable to get messages direct.

At the present moment the goal is more than an obvious count demonstrates. No cause to be concerned if you are open to the inner awareness that normally guides you. If not, meditate and ask to be guided. No density claims an ascension candidate. All deep negative attitudes are now eliminated. Complete acceptance of "all that is" comes naturally.

Moving out of 3rd dimension is not magic - nor is it science. Only calm, clear minds can accept this choice. No levitation is involved, only disappearance of the body.

More and more, the dear ones who are to ascend are being readied. Are you needing more sleep? Are you getting more sensitive? Clearing density out of the cells causes these new conditions that are needing attention. No one can mentally determine their own density quotient. Are these clues enough to still make the needed contact possible? Yes they are.

Making the ascension easy has nothing to do with conditions in the 3rd dimensional drama. Only those who can ascend determine whether they participate or not. One by one they choose. There will not be any devious, complex demands on them to do so.

Meditation now is good. It is not a requirement, but will calm the mind so clarity of contact can be delivered. Making a will can be useful, although a disappearance is not the same as a death, and no legal deliverance of these directions will be made. Bank accounts can be closed or designated to dependents now. Make all decisions for these things now. Make a goal to ascend and give away things not needed. Are my words clear? Are you able to deliver these things now? No? Alright, don't do it, and allow things to be done about them after you ascend.

My dear ones. Those who question my authenticity will be astonished to discover their next quote is, "I was wrong". Please give them no attention. Prepare on your own to ascend and get the provisions to attend to the days of darkness in case you don't hear the ascension call. Make a decision to leave, or not, before the call comes. It will require an instant decision later.

No decent into darkness will go along with the ascension. Many of your days will be in between. So go to the store after the ascension should my words not give you confidence in your own choices now. Are you able to ascend? Just ask me this question directly and get your own answer. If no answer is delivered, this means you have no ability to hear the call. Get to work now and open the ability to channel your own guidance.

My dears, my words may appear crazy to those who don't answer their own inner director with clear acceptance. But, all who do will be delighted to be One again in another realm. No chariots of fire this time, only contact and mental dissolution of all 3rd dimension constructs. Abilities to see or attain directions other than words are not as clear in their guidance as direct messages of the Angelic kind. One can count on the direct message in an answer of words only.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 404 - Archangel Gabriel says . . .

http://mastersandmankind.blogspot.com/2011/04/archangel-gabriel-says_18.html

Monday, April 18, 2011

A new awareness will be activated by the ascension. God will again be deified, but not as a man. It can bring new conditions to man's collective demonstrations of consciousness.

Building a different world can begin in the aftermath. One of the leaders of light will be called upon to open more centers of healing by nature. Another one will get the call to develop more changes to the movement of the masses. Another will be called to free the money consciousness. All of the light workers who have not ascended will be designated as leaders. Can they do the job? Only if their egos are denied.

Message 405 - Saint Germain says . . .

<http://mastersandmankind.blogspot.com/2011/04/saint-germain-says.html>

Wednesday, April 20, 2011

All of the Angels and Masters are observing how the human mind cancels out what doesn't get observed or accepted by unconscious choice.

Man has many opportunities for altering his circumstances, as all he needs to do is ask and mention an idea or change element desired. This call drags it out of a non-dense form into density. Clarify the desire with a decree about its appearance. Open up your ability of calling in your desires as an answer to the controller's demands. Peace and love gets more change contact than anger or other "like kind" emotions.

Message 406 - All Is Up To You

<http://comptedesaintgermainsblog.blogspot.com/2011/04/all-is-up-to-you.html>

Thursday, April 21, 2011

When we are aware that nothing that happens in the human drama really matters, the messages of disasters and ascension do not cause disturbance. My dear ones, cause and effect are how the entire universe is organized. None of the disasters are engineered by anyone deliberately, but what causes them comes from a cumulative manifestation of human causes that do not disappear on a moment's notice. Changes to the mass consciousness must come to the rescue, not delivering a decree or a mind creation to the contrary.

When we decide to tell you about a major circumstance this is because no change of consciousness has altered its manifestation. When we present a new development to you we have been giving advice to alter its difficult conditions long before this conclusion has come to the stage of "no change optional". When the desired healing comes to the cause, there can be new developments that occur instantly, but not getting that healing to the cause early enough means the delay caused no alteration to be possible. Change to the cosmic design is always available to man's creation abilities collectively, not individually.

Healing the causes at the cost of man's continuous learning will also not occur. Many changes to human consciousness come as a result of living through growth demanding conditions. After an event growth can always be observed and detailed. Moving away from natural disaster areas can distance man from good learning experiences. Moving out of chaos changes one's outlook on any situation. Being afraid to give the natural dance of life the ability to guide all content of one's experience contracts the Mastery ability. Being a Master means: no difference in one's circumstances changes one's demeanor.

How have we done in developing your Mastery? Can you abide in any difficult circumstance without fear? Are you able to change the life force moving through the body from reaction to calm? Can you contribute good feelings to others no matter who they are or what they have done in their life? Are any good feelings able to be delivered to those who have been your least desirable contacts? Are they able to be as comfortable with their own changes as you are with the changes surrounding them? Are you delivering confidence and caring to them?

Help and giving empowering decrees to assist others cuts through most destiny contracts instantly. Can you give empowerment to those who need it? Can you achieve confidence in all your decisions? Will destiny control all of your emotions or will the emotional body be able to flex and grow from new experiences?

Nuclear disasters are now the game changer in death delivering components in the

Masters degree course. Are you afraid? No Master has fear of death. Are you considering moving away from the challenge being faced? No death will come to anyone who has the ability to clear themselves of micro organisms and advanced levels of mutation components. Can this be done? Of course. Nothing happens to you that has no natural way to alter its impact. Choosing an alternative method of delivering comfort to the cells is needed now. My words can do this.

Welcome the ingredients of the nuclear disaster as though they cannot be important. The more importance you deliver them, the less likely you will be to delete their effect. No thinking about cesium and iodide cancels their ability to deposit these chemicals in the body. No thinking about their effect cancels their effect. Only think about the things desired, not the things you want to avoid. All thoughts are continually generating manifestations. Consider the dream to be what mind considers to be reality. Consider reality to be what exists when nothing impedes the inner awareness.

I am challenging you today to give up all your concerns about the days of darkness, ascension and catastrophes. Misdirected thoughts make more drama. Congratulate yourself for being able to choose the life of your dream or the other option, Mastery. Master this concern issue and deny nothing.

All of you are able to be Masters now. Give up the fear and the cause of your concerns cannot touch you. Act as a Master. Create with gratitude, not concerns. Are these delicious moments being enjoyed? Can they be?

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 407 - Sananda says . . .

<http://mastersandmankind.blogspot.com/2011/04/sananda-says.html>

Thursday, April 21, 2011

When the human race can grasp the understanding of their own consciousness they will be free of concern.

Message 408 - Lady Master Portia says . . .

<http://mastersandmankind.blogspot.com/2011/04/lady-master-portia-says.html>

Sunday, April 23, 2011

After ascension many will choose to guide friends to their ascension, as many more will ascend on this next wave.

Checking on your friends can be an act of frustration to those who come over recently. They are more aware than those they left behind, and cannot take anyone to ascension who lacks their own inner motivation.

It is best to be their best friend without offering anything but caring, allowing them the quiet, nice feeling energy of unconditional love.

Message 409 - Concern Creates

<http://comptedesaintgermainsblog.blogspot.com/2011/04/concern-creates.html>

Sunday, April 24, 2011-04-28

My dear ones. When the disturbance in a man gets more of his attention than the God awareness in his heart, a negative energy has commanded his appearance. No class or written material can develop a new outlook without that man's contract being activated by another source of guidance. Angels and the other Masters that are around the grid of man's human characterization are the most caring and grace delivering beings, but the darkness of an emotional contraction can also attract less caring beings into the grid. Not being able to see them provides them the ability to make an engaging demonstration of healthy challenges that deliver contrasts to choose from.

All choices are made one of two ways:

1. Choosing the most apparent option, the one the ego/mind can count on as familiar territory.
2. Adding new alternatives to the human experience.

Not choosing the new option keeps God from moving you through the cause and effect changes that are central to growth in awareness.

Fukushima, and the added nuclear manifestations that are currently in man's choice considerations must now be discussed, as negative attitudes are contributing more darkness to the mass consciousness than anti-nuke dialog. They are also making more density in other areas of human affairs: money, the decline in gold movement because of the high denominations needed to get any of it, and the dropping value of the dollar are all making new inroads as concerns that have never before been considered.

The end of denial about the controllers methods of operating mean there is more concern about outcomes than ever before. What does this mean? It means the density of man's attitudes are causing man more darkness, giving rise to a new depressed condition rather than energy expansion. When this continues to erode the influence of our realm, the ability to make contact between dimensions can be destroyed, and that will add a new cause for concern.

What can alter this? More light. Where can it come from? All those who can maintain the light in themselves and light the way for others.

My message today must be considered carefully.

Make note of these most important points:

1. What you are thinking and saying creates.
2. All of the negative attitudes you generate cause darkness and can neutralize the next deposit of light contributed to mass consciousness. Attacking my chelas daily are channeled masters of darkness, deceiving those who are not able to discern them as demons.
3. Positive thoughts need more good energy to activate them.

Consider making a difference in the way you contribute to mass consciousness. When you

can notice the content of your thoughts, get them leaning towards gratitude rather than making the next decision about how to avoid new experiences. Get out of negativity! Nuclear radiation is not going to destroy your health or your lives. Fukushima is not complete in its control of the material it contributes to the atmosphere, but its death making ability has been canceled. No food will be contributing nuclear content to your bodies and no cancer causing agents are being anchored by human contact with nuclear devices or their contents. Facing your active death concerns must be done next, as this has destroyed a lot of our work to create light in the consciousness drama.

Make peace with this dynamic. Give it no concern. Act as though there is nothing to be concerned about. There isn't! Your help is needed as a monumental development to cast more light on those who have lost all of their dream to the tsunami and its consequences. Can you change an active condition of danger into a neutral condition? Absolutely, by neutralizing your thoughts about it. When you are not answering circumstances with fear you are helping to delete a potential effect. Not thinking about negative options allows more light to be added to mass consciousness.

Put out the dense attitudes. Give them no attention. Face the fact that what you think makes a difference. All of the fear around major disasters weakens the forces of light needed to defy their materialized activity. The way you can make a difference now is by moving out of fear! Are you even a little concerned about the nuclear disaster in Fukushima? Having no concern means the healing of the disaster can occur quickly. Concern deletes the energy of healing. Are you giving negative messages to anyone or anything? Cancel them. Pretend that nothing of any major importance is going on and know that all is as it needs to be. Mentally create this in your imagination. Give out this message to counter the concerns of those needing comfort.

Pontificating against anything creates what is being mentioned. Its chance of doing damage becomes greater, as the thoughts about it are what damage, not the thing itself. Example: Weapons of mass destruction have damaged nothing, but causes concerning them have created many deaths. Nothing good comes from concern. Be aware of what is actively being demonstrated, but don't let your concern about it destroy anything else.

Major natural disasters should not be a concern. How to deal with human destruction is. Man destroys, minds destroy, and natural disasters destroy, but man and his mind destroy much more than any natural disaster ever has.

Bring your heart to the light, and the destruction caused by man can be eradicated. Natural deaths are one way that souls can get more of the divine dance to deal with.

P.S. The moment of ascension, when density disappears, is the anointed condition. It can be chosen by all. There is nothing elitist or controlling about it.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 410 - El Morya says . . .

<http://mastersandmankind.blogspot.com/2011/04/el-morya-says.html>

Sunday, April 24, 2011

Are the Masters connecting you together as One consciousness? Are they leading you to community consciousness? Are they giving you hints on how to be a more able chalice of light?

No teacher today is a teacher of Masters unless these things are on their itinerary. Be aware of deceivers who concentrate on only mundane details about the acquisition of mental data or manifesting desired components of a material nature.

Message 411 - Politics, Ascension and its Aftermath

<http://comptedesaintgermainblog.blogspot.com/2011/04/politics-ascension-and-its-aftermath.html>

Tuesday, April 26, 2011

Chaos is everywhere. Old regimes are being destroyed and new faces are appearing on the political scene. All of the big regimes are still standing but they too will fall. All of the leaders who do their most devious attempts to maintain control will not succeed. Obama will not get enough good feelings to lead again. Consider carefully what appears to be a candidate to do a better job. No candidate currently in the limelight is able to govern in the current demise of the US government's control. Chapter 1 of the fall of the US is now being written. Chapter 2 will come out of the next election. When opposites manipulate for control, nobody wins. Politics are of interest to me, but maybe not to my readers. I'll talk about the questions you have been asking.

Nobody who has chosen to ascend will be left behind. Contents of the mind must be deleted to qualify, so be active to meditate daily and get guidance on the deletion process. Forgiveness can dissolve the contractions made in childhood, but anger and negative attitudes are more self-sabotaging than old memories. Can an ascension be canceled? Only when the call is not answered. Channeling one's own divine consciousness must be considered an absolute necessity for ascension. Get this going!

Are parents needing to do anything for their children? Yes, teach them to answer their own inner guidance. Nothing else really matters, as they incarnated with an active innate intelligence.

Many of the Masters are incarnate again to guide others. One million strong are their goal. Keep the faith, the non-believers will be amazed

How will all this occur? No one is to know this before it happens.

After the mass ascension there will be new questions asked. Are those who did not make the call be disappointed? It may not have been their contract to be on this wave. If they are upset, they are not able candidates and are still needing to be more aware. Changes to their contracts are not needed, only to their attitudes and beliefs.

Maximum control over those who are remaining will be attempted. New laws may be enacted to diffuse the appearance of a mass exodus. Are all of these bodies captives of terrorists? Of course not, but we anticipate this to be an answer to describe what occurred. Remember 9-11? No attack occurred that day. It was an inside mastermind that delivered

that act of manipulation to declare war on Afghanistan and Iraq, it was not developed outside of the US. Almost all of the mastermind contributors are now dead, to cover up the details. Mr. Bush Sr. was one of the masterminds.

Can the light bearers maintain their calm during the next controller attempts to calculate the new details that are being activated? Prayer will not dampen the cause and effect of what comes next. Mastery, the art of detachment, can make a difference. It will be their calm that determines their ability to lead. No chaos cancels the calm of an awakened being.

Now there are many beings that are drawn to consciousness teachings. A lot of them can awaken and ascend. No matter when they opened up to the growth and awareness call, they can do all that is necessary for ascension. Have any of the long time converts come to the light and awakened so quickly? Not as many as we would like. When a mental desire to be awake calls a master to a chela, the chela needs more of their awareness opened. The most recent crop of callers need no basic adapting done as they are already adapted to the master's contact. We have been doing a lot of contact during their dream condition as they are all contracted to ascend. Fortunately, they are now coming to their destiny contract before ascension.

More and more are aligned with their "dance of leela" now, and we can bring them to awakened awareness before the second group ascends. Two million candidates are in this condition.

Before I end, I am going to make an announcement: My messages will come less regularly now due to my channel's exhausting schedule. Making my messages less available is not my desire, but I cannot cause her to be doing what drains her more than her body can manage. The messages will be posted as the opportunity arises. Aruna is not able to do this along with all of her other demands as a counselor. Consequently, she will channel when an opportunity arises, not on a demanding schedule. Please be mindful and get your guidance directly also.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 412 - Metatron says . . .

http://mastersandmankind.blogspot.com/2011/04/metatron-says_26.html

Tuesday, April 26, 2011

Channeling my energy is an act of acknowledgment of Angels and their contact. I am an Angel that desires all of my Angelic counterparts to be aware of man's call to awaken. In the next couple of months an Angel can be counted on to bring you to the heart of man's consciousness creation. Only love is the answer.

Message 413 - The Ascension Call

<http://comptedesaintgermainsblog.blogspot.com/2011/04/ascension-call.html>

Thursday, April 28, 2011

When my words can be accepted by all who are contracted to ascend, my contact will not be an issue. All of those needing to know what the messages are saying will have direct contact and no "other" will be needed to deliver messages. When the ascension occurs my current channel will be going with it. Please don't depend on anyone outside of yourself.

All of these messages have answered questions currently coming in. Making a repeat answer cannot be the highest use of my ability to communicate to you. Please ask, but if no answer appears, this means I have already addressed this topic. Go back and read the older messages. My continuous attention is on ascension.

No daily occurrences are on the continents by accident. All of the current events are caused by old disturbances that need healing. Conscious, open dissolution of many old dramas is occurring, waiting for the ascension to make a major impact on daily affairs. We cannot predict the outcomes, only the cause of major alterations to human affairs.

My dear ones. When the call to ascension comes we will await your action to go out of the attitude of "maybe" to a clear "I'm in!"

Mothers are asked to carry children who cannot be told to be quiet and await guidance. All mothers and fathers who are the caretakers of children are to be responsible for controlling the depth of action their children are to take. Your hesitation means they hesitate.

Factors beyond a choice in the moment are now in motion. Activating the call is within our control. Are these things making you aware of how complex this control is? Please don't get afraid of this, it is not irreversible. All choices are to be activated when the call comes.

Present time awareness is my request. Be conscious of your daily activities so you have a clear open door to the new energies coming in that will activate the ascension. Are the doors open to this in your world?

All who are doing clearing and activation of more love in any area of the ascension domain (where it is needed) are making a difference now, as all ascension candidates are completing their contracts now. Can we count on you to be one of them? Are we on the same page?

My channel is not able to deliver regular messages now due to the call of her attention in other areas. When these messages are delivered will be determined by how she can manage it. No, my content will not be delivered by another, as her clarity comes from awakened awareness, not an ordinary consciousness. Wake up to this awareness yourself! Get the messages direct! I've asked this from the beginning of my channel's decision to give an opening in her awareness and her life to receive my words.

Practice any form of quieting the mind techniques to get yourself ready for the call. Bring love to all of those who appear in your energy field. Take care of your body, and complete your dissolution of mental disturbance. Help is available on the deepening of an initial awakening. Please take advantage of this.

Police will soon be asked to detect messages that are against the common agreed attitudes of most humans. Mine may be deleted from internet content. Because of this possibility, I suggest that you act on my demonstration of love and get ready to have direct contact with me for the future.

Continue as though all is as it needs to be - it is. No control of thought or action is now underway, but this can change. Value the time we have together in this message delivery conveyance, but don't demand more of another than you are able to give of yourself.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 414 - Archangel Ariel says . . .

http://mastersandmankind.blogspot.com/2011/04/archangel-ariel-says_28.html

Thursday, April 28, 2011

Are you an Angel? I am, and I want you to find the Angel in you that I am a reflection of. Are you able to bring complete caring to everyone? Are you capable of being a dream child for our collective consciousness? Maybe an Angel is not the image you have of yourself, an Ancient Sage of the drama called Star Wars, the Yoda character fits you better. Ok, we accept you that way, but don't give up on growing wings.

Message 415 - Beyond all Concepts

<http://comptedesaintgermainsblog.blogspot.com/2011/04/beyond-all-concepts.html>

Friday 29 April 29, 2011

When my channel ascends, no more messages will be delivered. Are these messages important to you? Are they helping you get ready to ascend? Are my words only for your curiosity? Can you ascend NOW? Make this your only concern, and all that is needed will be revealed.

Welcome to those who are ready. Calling you to ascension will not be difficult. Only those who have not committed are going to have the challenge of making a last minute decision. No matter what that decision is, you are always given free will. It applies to all decisions, including this one.

Partners like contracts, we don't. We like options to remain open and all choices made moment to moment. Contact with the astral realm can mess around with the mental decision maker, so give this decision to the heart, not the mind.

Not one of you will be left out of the call. Are you able to hear it? Are my chelas advancing their channeling ability? Some are, but many don't think they are capable. All can do it, not all are clear. Getting clear means deleting the mental denials of your own inner awareness. Will you consider the possibility that all can channel their own inner awareness? Clear the mind and it is available.

Practice this daily: clear the mind and be completely aware of all things around the body. Project no thoughts on them, only have awareness of them. Be as you are: calm, clear and aware. This is your natural condition. Only your mind gives you trouble, not anything that is in your current awareness. Planning takes you out of current awareness. Lamenting does also. Only an absolute declaration is made in the moment - your contracts are getting the attention they need as life continues.

Actual facts about anything are not in the mind's domain. Only assumptions are available, as the mind collects data and makes assumptions based on what it has collected. All data comes from an incorrect origin, it is not "the Truth" as the mind concludes. Configuring any data assumes things to be different than they actually are. Beliefs are only inaccurate conclusions.

My dear ones. Facing the fact that nothing you believe is "the Truth" is the most important thing you can do. It opens the door for Truth to be revealed. All your attitudes, beliefs and conclusions about data of any kind keep that door closed.

Pretending to be an expert on anything is arrogance. When we deliver more awareness to one of you to do an experiment or create a masterpiece, you are God's instrument. Conduits are not the creators, God is. Conduits are not the experts, God is. Cancel arrogance and give God the opportunity to determine how the body can best contribute to all that is. Give an open door to God and accept the gifts delivered. Having no control is necessary for you to contain the gift.

Practicing the attitude "God's will not mine" is the key. Allow and accept all that God delivers as the absolutely accurate contribution needed. It is! And your mind may not agree.

False conduits, those who claim to have all the answers as a man, are not delivering God's contribution. False claims to this effect can mislead those not able to detect Truth from God directly. Masters are the ones who can do this. When a Master gets a message, or a nice big hug from God, he/she answers, "Thank you".

My messages have been a big hug from God. No one has claimed them as their own teaching. All of them are available to those who are able to act on their own inner impulse to get them. False conduits demean them. Their lesson - your opportunity to check inside for answers.

Ponder this: My dream is for all my chelas to ascend. Not all can. Are they less qualified than the others who are able? Absolutely not, only less open. Come out of cause and effect consciousness now and be one of those who ascend. Are the arrogant ones coming? Only if they get out of their concepts and can accept the awareness that lives underneath these conclusions.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 416 - Hilarion says . . .

<http://mastersandmankind.blogspot.com/2011/04/hilarion-says.html>

Friday, April 29, 2011

Mark this day as the most beautiful to be given NOW, because what you think of today will be a mandate for your next days. When this day is considered to be a great one, a clear call for great days has been declared.

Man calls in the characteristics of his next days with comments he makes about his current one. One day he can declare, "My day was great"! This mandates more like it. Another day

he declares, "An awful day"! More are coming. Creating one's future depends on how the present is perceived.

Message 417 - Archangel Michael says . . .

http://mastersandmankind.blogspot.com/2011/04/archangel-michael-says_30.html

Saturday, April 30, 2011

Are these messages giving answers to your heart and guiding you out of not knowing? Our only reason to deliver them has now entered the mental choice arena. Are they an asset to all? Yes? Few comments and just a few followers cause questioning about their desirability. Are they an addition to your awareness?

Message 418 - Addictions and the Awakened Condition

<http://comptedesaintgermainblog.blogspot.com/2011/05/addictions-and-awakened-condition.html>

Sunday 01 May, 2011

Making a difference means: not doing anything harmful. Not doing harm is the most desirable attribute of all. Acting like a "good" person is doing harm to the actor. Most "actors" do not consider their behavior acting. It is an automatic response to their controlling mental dialog. Awakening one's inner awareness deletes this control. Changing an addictive behavior always begins with more awareness.

My desire is to delete the controlling mind, allowing the divine creator within to contribute more fully to the human condition. Making this your mental goal is an important part of the awakening opportunity. Awakening is a simple change in awareness. It does nothing specific to alter behavior. But due to the lack of ego involved in daily activities, any addiction can just go away without there being any attitude against it. Changing an addiction on the decree of ego is just an option, it is not an absolute deletion. Acting like there is no addiction is quite different than having no addiction.

Making a new addiction does not delete an old one. An addiction can be adapted to another object, making it appear to be over. No goal directed towards eliminating an addiction is as effective in removing it as an awakening.

Making a difference does not require that all addictions be deleted. A lot of great acts of courage are addiction based. But the harm that occurs to the one who drives himself from an addiction is not the same life experience as being a clear, undriven human. All humans are to be considered equal, and the driven one is not. He delivers love to those around him but not to himself.

Passive people are the most harmful, as they don't act out what they feel. Hiding in non-communication carries a death wish. All driven mental attitudes, including the inability to express oneself, are self-destructive. Giving love to one's self means there are no controlling behaviors of this kind.

Awareness of the addictive behavior begins the deletion of it. Being aware of the controller is the beginning step. Mind does all of its control by deciding on the most careful way to behave. A lack of offending behavior is the mind's idea of "good" behavior. But what is

"good" is a mental attitude, not a generally accepted concept. Being "good" is based on a conclusion of what "good" is and what it is not. Parents make this contribution as a child grows into adulthood. Accepting a parent's definition of "good" and "not good" begins mind's creative endeavor. Changing this old concept only happens when nothing else can be controlled by it. Mental attitudes that no longer provide a conclusive end to active desires are questioned and often deleted. Making one "go away" is done by excluding it in a moment to moment decision.

Mastery of the human experience is not without change. Masters are aware and capable of deleting their old mental attitudes the moment one appears. An awakened consciousness doesn't need to question this on an ongoing basis, it automatically occurs as the deepening of an initial awakening proceeds.

Absolute control by the mind is harming man's condition. In his mind he is an able contributor in his role as a man, but actually, in his managed addiction state he is a robot and cannot behave as the God inside of him desires him to.

Cause and effect are always at play. Cause of an illness always goes back to an unconscious attitude. Clearing these attitudes, as the most active discovery and deleting process is called, cancels old concepts that have been effecting the body's creative abilities. Practicing ongoing clearing begins the deleting that is necessary to bring more light to your life.

Making a difference begins in the life of the one who is creating. As in all things of any importance, awareness must contain an attribute of neutral acceptance without any dark thoughts attached. No name calling is needed. Attitudes against anything create. A change of attitude towards one's own condition is what begins the letting go of non-caring behavior.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 419 - Melchizedek says . . .

<http://mastersandmankind.blogspot.com/2011/05/melchizedek-says.html>

Sunday, May 1, 2011

Can any addiction be deleted as a consequence of an awakening? Absolutely. Acting out old concepts drops by itself.

Giving love to all makes a difference to the giver. Claim an addiction, and the cause of all disturbance is added to one's life. Awaken, and master the aliveness of a human "Being".

Message 420 - Sananda says . . .

<http://mastersandmankind.blogspot.com/2011/05/sananda-says.html>

Monday, May 2, 2011

Maybe you are not acting out the way of the heart. Observe the cause of this momentum. Are there concerns about other's opinions? Are there fears that no one will agree? Can

these attitudes be adjusted to allow you more alignment with the Master that asks only that your gifts to the world be delivered?

Message 421 - Making Things More Clear

<http://comptedesaintgermainsblog.blogspot.com/2011/05/making-things-more-clear.html>

Tuesday 3 May, 2011

Opportunities for life to be continued indefinitely on Mother Earth do not exist. It cannot continue beyond our dateline to remove those who are not ascending in the second group. No 5th dimensional world will continue to exist on the land that is now being cleansed. Another area of your galaxy, another dense planet, is to be the continuation of what will contain the most dense of the current human population. It will provide them an arena to grow into higher awareness.

Those who ascend to 5th dimension consciousness will open another door. This door is not closed to anyone. It can be the new designation for a caring group that doesn't desire to ascend to the higher dimensions. All 5th dimension candidates are already being able to tap that love in themselves. It will guide them to another condition of existence that needs no food, housing or clothing. All will appear to be alive and well, living as they always have, on the current land they now occupy, but nothing they are dealing with will disturb them, and no content of the dream will actually occur in their consciousness. It will be an energetic ascension, not a disappearance. In this phase they will act out the entire characterization of their current personality as though all continues to be a change of dimension in human development on Mother Earth. She will continue to deteriorate, as described on many occasions, and they will continue to act out the drama in this new dimension of consciousness.

As Mother Earth continues to erupt from all the carnage of dancing on her without care, she will consume many of these bodies, but they will not be concerned. They will know they are not the bodies! No one will be taken to another planet until the very last moment. Those who go will be the ones who still need more growth in awareness.

Group two will be the test group of those who can gift the world with grace without being demanding of the land or its contents. Happiness as a community will be the lesson. All who remain after the first mass ascension are to live in this consciousness as they prepare themselves to ascend with the next group.

Nowhere is it written that Earth will continue indefinitely. All of your hopes and dreams for its healing will be fulfilled, but not right away. Those who ascend will manifest themselves again in human form after the destruction, to rebuild another playground to grave container. Earth will appear as the original "Garden of Eden". All who choose to live in this garden can do so. No matter what happens to all of the humans today, it will not make any difference to this new manifestation. None of those coming to the garden will be the same consciousness or the current human containers.

Now, you have the total picture. Are you afraid? I hope not! Are the ascension demands too much to grasp? My desire is for all of my chelas to ascend. Give it your best shot.

I AM THAT I AM

Ascended Master Saint Germain

Channeled by Aruna

Message 422 - Archangel Ariel says . . .

<http://mastersandmankind.blogspot.com/2011/05/archangel-ariel-says.html>

Tuesday, May 3, 2011

Can the ascension of Masters in the first group be the alteration needed to lift the consciousness of those left behind? Are they open to this, or will they negate all they have experienced? It is the question of this century.

Message 423 - Kuthumi says . . .

<http://mastersandmankind.blogspot.com/2011/05/kuthumi-says.html>

Wednesday, May 4, 2011

Meditation is how to bring about more contact with the other dimensions. No guarantee of the consciousness of those you connect to is available. Be careful to determine what the agenda of the contact is. Many are deceivers, calling themselves names of well known beings to get your attention.

I AM THAT I AM cancels this deception. Call on this name and get answers to guide you that can assist with your life. Not trusting guides is best until you are certain they can assist and be trusted.

Message 424 - The Real Change Agent

<http://comptedesaintgermainsblog.blogspot.com/2011/05/real-change-agent.html>

Friday 6 may, 2011

My comments today are about the Arctic circle. It is this area that will give, or not give, the ability of man to live on Mother Earth. Nothing can be done to alter the change of temperature that is melting the glaciers. As they disappear, the climate changes and magnetic corrections are needed. Calculating their longevity can be done, but the impact of their disappearance has more importance than is being conveyed. The North pole cannot be an anchor for the major disasters that are coming as a consequence of the destruction of man's environment. Can all continue? In another millenium perhaps, but not now. Nowhere is it written that the earth can continue this massive drama of its own destruction. What was originally created as a land of co-creation with God is not conducive to more co-creation.

When the glaciers disappear, what will the oceans do? They will absorb the continents and all of their contents. Can this situation maintain any control of man's destiny? All the attention on current events is mass deception - away from what is really happening to the entire planet. Not that the content of the daily news is an area of non-awareness, much can be gleaned from this. But none of this compares to the most devastating condition now being managed by the Angels and their assistants - keeping the planet balanced and the world on an even keel as much as possible. How long can they do this? Anybody's guess is as good as mine. Changing the dynamics of this is only an Angelic task, man's thinking no longer has any control.

Praise for the Angels is high, and Osama Bin Laden's death means nothing by

comparison. Nor does the money concerns or the movement of the continents today. As all of man's concerns are now coming to a more obvious conclusion, doesn't it appear that the controllers game would not matter? All of their manipulation for change to the dollar and the money worldwide will mean nothing before long. All of these things are now overshadowed by the continents' lack of stability and new alterations to all of them. Can humans and animals continue to make this their area to dream? Only in the short term.

Now, I cannot give dates and times, as only the continued destruction of the ice can determine these things. I can give alternatives, and continuing life through this ongoing drama means another location is needed.

How does this effect the "days of darkness"? As the "days of darkness" are a direct result of lack of sunlight, they are a most important sign of what's to come. When the oceans overlap the continents there will be many days of darkness, not only as a consequence of the disappearance of natural light, but due to cancellation of the man-made components of electricity generators. More nuclear power plants will be destroyed by natural causes and coal, gas and oil will be less accessible. Man will need to generate his own inner heat to survive.

Why am I telling you these things? So you will not deny the call to ascension. As I tell you about these most damaging scenarios, an answer of major consequence can make them inconsequential. Open the door to the option instead of getting upset about the details of these future calamities.

Now I will mention briefly the eventual disclosure of UFO information being asked about. Yes, this is about to begin, and no additional appearances of the craft will be ignored as they have been. Only the craft that can be an example of the old concepts of UFOs will be disclosed, however, not the latest varieties they have no details of. The newest don't have any resemblance to those made before the century of 1900 ended.

As far as Bin Laden's death is concerned, only angry minds could do this to the one they named as the cause of 9-11 rather than the actual cause agents. No Al Qaeda agents destroyed those towers. It was an inside agent's design in collusion with the demanding controllers who wanted to collapse the Taliban and Saddam Hussein. Are you listening? Bin Laden was working for an angry man: the director of the operation in the US. It was this director who dreamed up the entire mess, not Bin Laden. He was not the cause!

Most of you already are aware of this and wonder why no news of the death of Bin Laden's consultant has been revealed. It will be! He will not be allowed to live either, but not due to the death of those who died on 9-11 or the death of Bin Laden. He will be destroyed by the controllers because he can now expose them. Bin Laden's death means there is no cause to answer for, and he is dispensable. A military officer is the one I am now referring to. Naming him is not in anyone's best interest.

False descriptions of these events have made many angry and no one able to let go their anger. At least this death of Bin Laden can act as a catalyst to let go of more of this anger. Please add any to this depletion that you may carry .

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 425 - Archangel Raphael says . . .

<http://mastersandmankind.blogspot.com/2011/05/archangel-raphael-says.html>

Friday, May 6, 2011

More than anyone, the keepers of the mass consciousness heart energy must be aware of all the disturbances that are about to occur. It will be up to them to deliver answers that calm and negate darkness.

May they be allowing and carefree when dark attitudes appear around them. May they be happy and delight others with happy words. May they free themselves from all the dense negativity they will have to deal with. May they light the light in those who let theirs go out. I Am That I Am can deliver light through anyone with an open conduit to allow it. Open

Message 426 - Activate More Awareness by Breathing

<http://comptedesaintgermainsblog.blogspot.com/2011/05/activate-more-awareness-by-breathing.html>

Saturday, May 7, 2011

My dear ones. Cancel all concerns. Give the mind no food for active thinking. Rest the mental body and delight in all of the other answers to life. No discussion of any topic is more important than being aware of what gives you nurturing from God. When you can accept that the mind has been acting as a distraction from this awareness, there is more dense energy released. Give this your attention today.

Make no attempt to dream about anything. Only delight in each moment's awareness. Add to this "nowness" the breath of life. Give yourself very deep inhales, and deep means all the way through the body, not only to the lungs. Breathe in and let the body feel all of the air it consumes. Pay attention to this and don't give any attention to thoughts about how it is happening. Allow deep breathing to be the only goal for today. I give you no challenges on how to breathe or how many breaths to observe. Just remain aware of breathing and do it consciously.

No more distractions today. My lesson must be the only thing that has your attention. Make this day a day of awareness of the divine in the body.

I AM THAT I AM

Ascended Master Saint Germain

Channeled by Aruna

Message 427 - Lady Master Portia says . . .

<http://mastersandmankind.blogspot.com/2011/05/lady-master-portia-says.html>

Saturday, May 7, 2011

Making today a day for divine awareness is the best use of your time. Keep the light of divine consciousness awake in the body by breathing it in, and deny nothing it activates as a result. Just feel, and do not act out anything that comes into your awareness.

Message 428 - Melchizedek says . . .

http://mastersandmankind.blogspot.com/2011/05/melchizedek-says_09.html

Monday, May 9, 2011

Are you able to give awareness to the death experience by giving the coming and going of Angels your answer: "I AM THAT I AM"? Are your daily moments an act of grace? Can you die with awareness? Contained here is the direction of a Master.

Message 429 - Awaken in the Midst of Chaos

<http://comptedesaintgermainblog.blogspot.com/2011/05/awaken-in-midst-of-chaos.html>

Tuesday, May 10, 2011

Consider today a new beginning. I am not designating a different future, only a new attitude about the future. In the next days a big catastrophe will be the next cause of human mental disturbance. A lot of balancing will be needed to lead many to the light after the occurrence. This cannot be done now because those involved don't have any awareness of their actual role in this drama. Being surprised by a catastrophe is how the conscious become more clear and the unconscious evolve - if they become clear during the experience.

Many are about to depart their bodies. Can you add light to their experience? Can you make a conscious choice to be love and nothing else? All of those in the desecrated area will have no advanced warning, so having the awareness to demonstrate their claim of being divine will be the condition they will face. My dear ones, I am referring to the next alteration to human density. Today we can ask that those who are dying have an easy transition, and control of their awareness can be the day's great addition.

My answer to the question "where" and "what" is not going to be included here, as the catastrophe is not to be avoided, only experienced by those who are called on this one. Many of these situations are coming, and these dramas are not about avoidance of death. Death is a natural detail in the next days. Ascension will advance the consciousness by convincing others about man's concepts being inaccurate. Many can ascend as a consequence of this catastrophe. Are they ready? Some are.

Practicing acceptance of all that occurs is the most accurate approach to this next drama. Give it an attitude of condemnation and darkness covers the area. Give it acceptance and make a different choice available to all who are affected by it. Am I talking about a current ongoing drama? No, a new one - caused by the cleansing of Mother Earth in North America. It is about to act as the doorway to a new consciousness in a most unexpected area.

Make today a new attitude day. Act as a channel of light as the drama unfolds. Maybe the drama will not be today, but it will be soon after today. Clarity in the moment is needed.

Awaken to the calls of the day as they will manage one of the biggest awareness opportunities ever to occur to humanity. Be wise, be aware and be caring.

I AM THAT I AM

Ascended Master Saint Germain

Channeled by Aruna

Message 430 - Serapis Bey says . . .

<http://mastersandmankind.blogspot.com/2011/05/serapis-bey-says.html>

Wednesday, May 11, 2011

Major changes in America are about to occur. When they do, keep your dreams alive and don't be disturbed. All that die will be in a continuous aliveness in the arms of healing angels.

No disaster comes without God's grace coming along. Was this change made by man? Yes. And God was, as always, assisting in the entire creation. No blame towards the major cause is appropriate. All was done as part of the game of co-creation.

Message 431 - Make No Adjustments

<http://comptedesaintgermainsblog.blogspot.com/2011/05/make-no-adjustments.html>

Thursday, May 12, 2011

My clear announcement about the next catastrophe answers the question, "What's next?" And my teachings about Awakening and ascension are all an answer to "How do we deal with this?" Please make use of all of these messages. Go back to the beginning and make an outline of the content about Awakening and ascension. Allow this teaching to become more directed to the new awareness needed to deal with all matters to be attended to. Cancel all concerns about how to avoid and do what it takes to go face to face with anything that appears.

Change any attitude that is accompanied by fear. No advice can be given to allay your fears, only on how to dance with them. Putting fear to the test is the best. Make a conscious decision to face all and not allow fear to destroy the light you carry. Meditate. Accept all as it is, not condemning anyone or any group for misdeeds. Carry your head on your shoulders totally looking forward, not behind. Pace one's day to do what can be done and leave room for relaxation. No answers are awakened within you when you are in a stressed condition.

Medicine to quiet anxiety is not suggested. Make more of an effort to accept what is causing the anxiety. Give aliveness to daily conditions with no concern about future events.

Masters will be dancing among you when an active drama occurs. God is the creator of everything and also the dreamer of answers to all that is created. Bravery and courage are more desirable energies for new creations than attitudes regarding the inability to do something about the cause of the circumstance.

When the big, major collapse of an existing corner of a new dam comes, there will be a big continent move towards the Atlantic Ocean. Food growing areas will be drowned. More catastrophes will occur. Are the nuclear reactors all able to withstand an earthquake here? We will soon find out. Cancel all your ideas about control, because none is available. Purchase provisions to create a new life if there is to be one after it happens. Make this the defining opportunity for the awakening to occur. Call in the Angels and give up all control the mind chooses to attempt. Go with the law of the universe that is "move on without any

desire to oppose the move." No desire means no resistance to the movement.

My dear ones. One day very soon the call to heal the world will be answered as one disaster and then another. All to come is cleansing the dross that needs to be released. Next comes healing. But your awareness can bring the healing as the disaster occurs, and change dark into light at once. Call the Angels and claim 'I AM THAT I AM' at the moment of change. Free yourself of man's desires and give no opposition to anything that occurs. Be fearless! Know that the divine nature of all is love, and that love is who you are. Love does not need any container to exist.

Apprehension abounds, as most of the animals are already experiencing the dense energies causing this catastrophe and fearing them. Nature is already allowing the dance to grow larger and more devastating. Mental designs cannot control anything now. Panic does nothing. Be brave! Allow for the cause and effect to be in the *now moment* as it happens. No fear is coming to this heaven unless you deliver it!

Shelters are not going to be available. No drama like those in any other country can match one's own drama. Just go with the flow and dream the next dream with an open heart.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 432 - Archangel Michael says . . .

<http://mastersandmankind.blogspot.com/2011/05/archangel-michael-says.html>

Thursday, May 12, 2011

Masters awaken! Hold your own cards in this game of control vs. acceptance. Give this round your best face and do not allow fear to control you. This moment will delegate the Masters of the new world to their next day's adventure. Choose with no mental decision, only give the heart your agreement.

Message 433 - Giving: What May Be Needed

<http://comptedesaintgermainsblog.blogspot.com/2011/05/giving-what-may-be-needed.html>

Saturday, May 14, 2011

My dear ones. Messages are not being deleted. Getting them dictated depends on the channel's availability. Posting them does not mean they go out to their recipients instantly. No conspiracies exist here. To see if a new post is available you can go directly to the site. Some are made available many hours before they are transmitted. This is due to site conditions.

Now, let's talk about how these next catastrophes will become a major change agent in all countries. When America does down in category in the economic grading system their currency will no longer give any security to other countries. And because they are the reserve currency, they no longer can carry any credit for other countries. When this next catastrophe occurs, chaos of a natural kind can lead to collapse of the dollar. Are the countries tied to the dollar able to maintain any value in their own currency? Control of this is up to each country. Some can overcome, but many cannot.

Economic disasters are coming. I've been mentioning this since the first Master Messages arrived in y channel's early contacts. Beware, I said, get money out of banks, buy gold and silver. Some listened. Many could not buy these then. Now they are going up in value so fast they are out of reach of the majority. Nice if you can get some, not the condition of those who are looking at economic collapse in their country and do not have the ability to pay such high prices.

My dear ones, accessing money that has more value than any other currency has now become a non-consideration. What to do? GIVE. Yes, give to those you can assist with clothing, food, material goods of any kind. You are all needing the love of God to bring healing and assistance, and the way to deliver these is to give to one another. Giving delivers God's abundance. Hoarding lacks caring and caring is what God wants for all of his/her children. Care and co-create new opportunities for money.

Opposites attract. Can you conceive of loving someone who is not lovable? Than how can you anticipate love from others? Can you give to those who consider themselves less valuable than you? Yes, because they make you feel more valuable. Can you give to those you feel mutual conditions apply? No, because you don't see them as needing what you are giving. Once a determination is made about conditions effecting those needing assistance you are attracted to them. Once an attitude of not needing appears, they no longer attract. Can you see where I'm going? I want you to not put anyone in a more or less condition in your mind. Allow the needs of others no conversation. Give to anyone and everyone, no matter how they appear to you.

Apply this formula to your next days: My dream is to give to those who are near to me and to those who are not. Give to anyone that your awareness calls you to give to. Be generous. Allow the recipients an opportunity to be grateful. I AM THAT I AM adores a grateful attitude.

Hope is not going to attract anything. Giving can! Give all that you can, money, goods, food, love, whatever calls on an action to move the energy towards that individual or group. Many need assistance. Give and attract more to the healing of Mother Earth.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 434 - Hilarion says . . .

<http://mastersandmankind.blogspot.com/2011/05/hilarion-says.html>

Saturday, May 14, 2011

Consider how the universe works: all of the concepts that are manufactured by man can be deleted by one day's confusion. When a different concept re-defines human awareness all of the discredited ones miss the mark.

None of the money created by man contains any authentic value. It all contains an agreement of value only. No one currency has more concurrence than the US dollar, and when this devalues many other countries will devalue theirs. Whoa, because this is not necessary. Money can continue having any agreed value given to it.

Mr. Bernanke is not the man to call to conscience here, it is his one and only director before him. One man has destroyed the entire currency market. No government agency can give any answer to his complete crash of the world economy.

Message 435 - Mind's Wonderous Way

<http://comptedesaintgermainsblog.blogspot.com/2011/05/minds-wonderous-way.html>

Sunday, May 15, 2011

Consider how your mind chants gibberish into your awareness. All day it makes comments to attract the identification of awareness to what it considers accurate. And almost always, awareness remains calm, centered and not disturbed. Only once or twice a day does the mind allow awareness any opportunity to deliver mental advice, and this advice is called "creativity". New and different answers to mind's questions can only come during these quiet moments that mind allows.

Can anything alter this dynamic? Absolutely. Mind can delegate more time to awareness. It can be a mental decision and an action created just for this awareness contribution. Those who create do this all the time. They make themselves quiet mentally and allow creativity to flow from the one consciousness that all share. Mind acts as a gateway for awareness to contribute ideas through. Mind then takes credit for these contributions as though they came directly from its conclusions.

No wonder man doesn't get to awakened awareness. In all the days moments only a minor gap in mind's active chatter allows an idea of great wisdom to get out. Change in this management can create a different deal between awareness and mind. It can go the other way: awareness having the majority of daily moments and mind giving an "as needed" contribution. Can an ordinary human achieve this? Most certainly! Here's one way. Pass it on to all who will agree to do it.

Make an appointment with your mind to come into direct contact with awareness daily. Once or twice a day create meditative opportunities. Be an open receiver to higher awareness as a quiet, not thinking, vessel. Mentally convey to awareness "its your turn now" and allow the mind this conveyance of control. Mind will get quiet for awhile. As mind can do this by agreement, this is the first opportunity for most of those who meditate to accept that their decision to be quiet is mind's decision and can be done only at mind's discretion. Meditation, therefore, is not awakened awareness, although it does provide an experience of what awakened awareness can be.

Not every mind honors its agreement to get quiet. Many do all they can to sabotage the deal. Since canceling mental dialog can only be done by the chatterer, allowing the chatter is more appropriate - no resistance gives the mind a more caring message than a command of "no thinking". Making time for mind to commune with awareness gives an active mind the blessing of awareness no matter how it acts during those moments.

Saving the best for last is my most delightful delivery method. Here is the last comment on this meditation message: Give the mind an opportunity to be quiet, then act like there is no chatter. There won't be any. Mind will not cancel its delivery, but no one will be giving its material any attention.

Be quiet and allow awareness to have an opportunity to deny the chatter - pay no attention and no control is possible.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 436 - Vywamus says . . .

<http://mastersandmankind.blogspot.com/2011/05/vywamus-says.html>

Sunday, May 15, 2011

Answer this questions: Can the heart lead when the mind is active?
Absolutely, because the heart can notice the chatter and give it no depth of connection to the current drama. Consequently, "no attention" can give way to "no mind".

Message 437 - Metatron says . . .

<http://mastersandmankind.blogspot.com/2011/05/metatron-says.html>

Monday, May 16, 2011

Angels and Masters do not mess with any of the dramas in human creation. We are not change agents. Only humans change an energy congested matter, and do so by the attitudes they contribute to mass consciousness.

Change the drama by not giving any attention or mental energy to it, or give different mental attitudes to the advancement of your own healing.

Message 438 - Making a Meaningful Difference

<http://comptedesaintgermainsblog.blogspot.com/2011/05/making-meaningful-difference.html>

Tuesday, May 17, 2011

Most of my messages give answers to what has become a major disaster for the majority of Earth's inhabitants. Nowhere can one answer be found about the annihilation of the human experiment. Only awareness can make a difference. Awareness comes when many conscious beings, acting from honest contributions to the collective dream, change the manifestation. Collective awareness and actions towards a different actualization can awaken others to join the change activities. Collective consciousness can do what one or two cannot. But one or two can make awareness their goal and act as change agents for new beginnings.

Corruption has been the most disturbing dilemma of modern times. Any answer to corruption will mean nothing unless corrupt minds can be anointed with grace. As an answer of this nature is bigger than anything man has been able to accomplish, more than an army of highly developed Masters are needed to deliver this amount of grace. An ascension of millions can do it. Not an ascension of the heart of humans, but a manifestation so huge that it cannot be denied.

In this existing collective consciousness there needs to be more than a dream of new conscious actions making a difference. This is why ascension as a group was conceived. Masters on all the continents have gone on after death of the body to lead more to

ascension. Most of these leaders of awareness are the latest incarnation of another drama made into a most dramatic answer to corrupt conditions. It was the drama of Jeshua ben Joseph that got the attention of the masses. In another time it was the Buddha who was the catalyst for more awareness. Now it is a group of aware beings (collectively) that will make a major contribution to the healing of corruption in the most non-aware drama that has continued to emerge since Jeshua's days on Earth.

Politics and deception are not new. Both have manifested human greed as the optimum antithesis of its development. Controllers have been around since the Angels anointed the concept in the pre-dawn of human conception. Controllers are the dancers who make the need for light apparent. It is their gift to man.

Are we (Angels and Masters) an answer to duality consciousness? No, duality will always continue to be the Earth's dream condition. Our contribution is to those who are able to transcend duality.

Having a manifestation like Earth, where souls can become aware of the mental concepts that do not grow into love, became the Masters common ground to make a new advanced civilization from the ashes of destruction. All those who chose to assist in this conversion became an adept of the divine, to deliver their awareness to the new collective being developed. An answer to human greed is in this collective anointing all the continents with grace.

Apathy among this group, and misguided New Age contributors to the mesmerization of the minds of many, has drained the collective of many contributions to this awareness that could have made a difference. As this has not developed as originally conceived, new approaches are in process.

Are you able to be one of the agents of change needed on this rocky road to ascension? We will all benefit, as a mass ascension can make the needed difference.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 439 - Master Quan Yin says . . .

<http://mastersandmankind.blogspot.com/2011/05/master-quan-yin-says.html>

Tuesday, May 17, 2011

Compassion is needed on all continents today. Many of our awake and aware beings cannot get that they are contributing an awareness to humanity, not a masterpiece to be admired. Considering oneself to be less of a contributor of light than others has given more density to the collective consciousness. No matter what the body goes through, the heart can be open. Only this matters.

Message 440 - Dwjal Khul says . . .

<http://mastersandmankind.blogspot.com/2011/05/dwjal-khul-says.html>

Thursday, May 19, 2011

Are the Golden Days over? Will they come back? These are the questions our realm asks ourselves daily. We consider the Golden Days to be the days before heart and mind became less attuned to each other. False mental data alienated the conscious mate it once served. Now the direct contact between these amazing God-like energies is nearly divided into two groups: group 1 is the dream of love of all and 2. no dream and no discussion of any love being an option. Can they get back to the only way that works? We are going to dream of it and get the news of the day to learn if our dream comes into manifestation.

Message 441 - Attitudes and Awareness

<http://comptedesaintgermainsblog.blogspot.com/2011/05/attitudes-and-awareness.html>

Friday, May 20, 2011

Change and chaos are already in motion. Catastrophes abound. As my message last week said, another major one is occurring in America. Not yet apparent to those who are not aware of the total picture, the lead in to this catastrophe is already underway. Many will lose everything they believed to be theirs and many will die. As a consequence, more debt will be the only means of providing any new method of continuing life in these areas. Make no mistake, no one can defer this destruction. Moving away makes only the body defer death, and as that is not in the contract, the details that follow are not always as the heart can accept.

Pause today. Take a deep breath and make a call to the Angels to help all who can graduate to do so. Misery need not be the added condition to anyone's next co-creation.

Practice the next awareness now by not giving this any attention. What comes will be as it needs to be. All negative attitudes about this can disturb you and make more density than the circumstances alone. Making that mention of what is to occur was to see how those who are commenting could answer if the dates and times mentioned were not accurate. My ability to know how the things my awareness observes fit into another materialization is nil. My guess is all I can give, but an Angel who is closer to the 3rd dimension gives me some assistance in my guessing.

Always be aware of materializations in action as an actual date, and consider mine to be an optional date. In my context, this disaster I mentioned has already occurred, and the devastation has already been distributed, even though it is an active development you have not as yet felt directly.

Be aware and not afraid. My call can be inaccurate in the denser, slower dimensions, but can occur at any moment. Are you able to accept these differences? It is the co-creating adaptation that is needed. Now, what can be done to move the dates out a bit in your minds? Give them a bit more of your time to complete. Proving me to be less than accurate is not an answer to those who cannot accept these dates being off, so allow them their disturbance.

Spontaneous living can make any prediction complex, as man's different mind content contributes more to any development than he can mentally conceive of. Open up to the context that any contribution made by other realms is their overview only.

When the day dawns, consider it another dream coming to the container it came out of. You attract to you all of the conditions of the day's events. Not only the condemnations

made mentally, the grateful attitudes as well. Please cancel all mental attitudes about all conditions that appear in a day's experience. None of the conditions commented on are as they appear.

Positive thinking is also a mental attitude, distracting the mind away from another attitude. But it only distracts, it does not delete an underlying negative attitude. All attitudes are collectively contributing to the mass consciousness. Free thinking can disturb the most educated, as well as those not actively dreaming about their mistakes in conduct or other people's opinions of their actions. Not giving attention to these matters helps us and mass consciousness at the same moment. Attitudes of gratitude, and giving and caring that are genuine can make a day's disturbance become "no big deal."

Place these concepts in the heart and deliver more light to all.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 442 - Archangel Ariel says . . .

http://mastersandmankind.blogspot.com/2011/05/archangel-ariel-says_20.html

Friday, May 20, 2011

Myth and magic are the very same thing. Neither is real. Mental attitudes are myth and mental control is magic. Neither gives any asset to human awareness. Both counter the dream that includes awakening and aliveness. Both maintain distress.

Mental control does not contribute to the mass consciousness anything different from the controller's real attitude. Clear the concept of mind control from your active choice making.

Message 443 - Anyone Can Ascend

<http://comptedesaintgermainblog.blogspot.com/2011/05/anyone-can-ascend.html>

Sunday, May 22, 2011

When the mass ascension occurs my chelas will all congregate at the Masters level, not the levels below. Anyone going on to a dimension beyond 5th will come together at this time. All will meet in the non-linear moment that ascension occurs. This meeting will not need introductions or acknowledgments. No marking of recognition will enter into the collective music of the Angels' harps. No major door will open, only the answer of a divine gesture that will be leading man to light. Clear channeling will allow in the directions given by angelic beings. Seal the co-creative dance with an answer of Mastery, and disappear from the atmospheric changes of day and night into heart light that never changes. Masters will draw on their own awareness as the ascension continues. Move towards the direction of the light as it appears in your new awareness.

When this moment comes, no one of another consciousness level will be able to be consulted. Give the ascension your complete attention, allowing the moment to bring all that is needed. After the deep awareness has completed its change in your molecular composition, few dreamers will answer the contact others attempt. Consider that contact non-essential because their choice was to not ascend now.

When the door closes on density, the new world will not be as dense as it has been for thousands of your years. Closing the door to others ascending means that those who have not ascended are needing more dreaming or more active awakening.

My dear ones. "Rapture" concepts differ on one major consideration: the "acceptance of Christ as Savior" by the one who is ascending. In ascension, Christ consciousness acts as the catalyst, not an ego's desire or belief. Choice also provides an optional contribution in ascension, as no one disappears "out of the blue." It must be decided again and again. Choosing one's direction is a more conscious approach. "Rapture" is man's fantasy, it is not ascension. Please don't confuse them. Mental interpretation of a psychic attunement to an ascension became a major concept to build on in Christian theology. Only ascension is accurate. No other disappearance is in the Master Plan.

Children will ascend as their parents do. No child will be left behind, or animals for that matter. All of the humans and animals connected by living communally can ascend together. Once the choice is made on the parents call, all will be called. Should one of the parents not be ascension qualified, the child that can go will go and any needing more conscious learning can choose to leave or not. Parents do not need to be concerned about their children's fate.

Please observe how you react to daily events. No reaction to old contraction creating events means there is readiness to ascend. Contracting again, after old contractions have been nullified, means there's more work to be done. Clearing contractions also needs new attitudes about old energy configurations. Being calm is a contribution to mankind. Calm, clear and caring is awakened consciousness. Alarm, contraction and disturbances all come from mental distrust of divine creation. Give all of the contraction attitudes away now, as they aren't allowing the light to flow through the vessel that can deliver it to others.

Break open the contracted heart once and for all. It is a creation of your mental fears, not the dream of a Master. Making this occur are difficult actions contributed by those who are assisting you by causing these mental attitudes to be revealed. Welcome these revelations, as they donate the opportunity to drop the mind's control so you can mend the energetic disturbance and accept the difficulty with love. Bringing these mental control mechanisms out of hiding must be done to get you out of their clutches. Masters do not contract!

Be alright with everything - without contracting over life's gifts of awareness.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 444 - Archangel Raphael says . . .

http://mastersandmankind.blogspot.com/2011/05/archangel-raphael-says_22.html

Sunday, May 22, 2011

Meditation will allow an ascension candidate to move their awareness to a higher level. Nothing assists more. Being quiet, and allowing non-aligned energies to eradicate during this contact with man's heart awareness, cancels the need to actively do anything else.

All of this realm applaud an Angel on call when an active contact is made during your quiet

moments. Angels are able to love and care for all at the same moment. Are you able to do this yet?

Message 445 - Graduation Conditions

<http://comptedesaintgermainsblog.blogspot.com/2011/05/graduation-conditions.html>

Monday, May 23, 2011

As the major conditions of difficulty appear, many of my chelas will be included in the chaos that follows. There are no mistakes in God's co-creation. In these circumstances the need for light will be great. I AM consciousness connects the divine with the awareness of those losing their mental ability to connect themselves. In these circumstances, many of my chelas will be completing their Master's program and graduating with top honors. Not being disturbed by the chaos around them is their qualification for admission to the college of Angels and Masters for yet another degree - the Ascended Master degree. This is only a metaphor, of course, but it actually will open new doors to go through.

Pretending to be detached is never an option in chaos. A most caring "god-like" being in ordinary life can crumble when chaos arrives. Chaos is one chance to discover how a Master deals with anything that appears. A Master doesn't disintegrate when there's a challenge ahead. A Master faces all, with no concern for his own death or a desire for another outcome. He does what a Master does: responds to the care of all with no caution heeded. Arising to the occasion is his True Awareness, the Angel he is underneath his mental dream.

Another chance to deliver this awareness will appear at the moment of ascension. Can the mental objections override the loving care of the true Master in charge? Not when the Angel within has denied the dream and accepts only the actual contract made prior to incarnating. Being an Angel implies giving and loving without any conditions.

The practice of giving is a way to learn if there will be any disturbance in your ability to be an Angel in chaotic conditions. Angels don't concern themselves with their own needs at all. Choosing an answer for the good of all comes to their awareness instead of thinking about how they will be congratulated for their heroism. Appearing unconcerned is not the same as being unconcerned.

Are these explanations an energizing dialog? Are you concerned about how you will react in a chaotic environment? There is no plan to annihilate the human population, so don't allow fear to control the way you demonstrate courage or awareness in the midst of danger. I Am That I Am says that death is not an opportunity for ego to control awareness, it reveals the actual awareness of the one moving into another consciousness where a conscious death can be attained. Declaring "I Am That I Am" attracts Angelic contact from the next dimension.

When the chaos comes, be relaxed, and accept all that is happening. If there is no denial, you will connect the dots of what has been going on for a good while to bring about these consequences. Change must come to announce the absence of consciousness. Man goes around without giving any concern to his dense actions when it comes to addressing his own home conditions. A home needs care. Growth for all the family members depends on it, and not providing that care diminishes the quality of life for each member. Not caring for Mother Earth has come to where an active change is necessary to bring about a new contract for Mother Earth's inhabitants.

Are my words giving you answers currently needed? Are they letting you in on a not too hidden denial? Good! Get your most challenging gifts of awareness now.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 446 - Kuthumi says . . .

http://mastersandmankind.blogspot.com/2011/05/kuthumi-says_23.html

Monday, May 23, 2011

Angels will come when needed. Masters are always available. Nothing can deter our answering a call from anyone. Are you able to come out of another concern to be fully available? Will mind keep you away from being helpful? Continuing to give love when it is needed must be a goal.

Message 447 - Light and Dark in Perspective

<http://comptedesaintgermainsblog.blogspot.com/2011/05/light-and-dark-in-perspective.html>

Thursday, May 26, 2011

My dear ones. Most of my readers have realized that man is not alone on the Earth. More than Angels exist to lead the way for all who are needing assistance. What kind of assistance is available? Many different kinds. Today I will give you an overview.

Children are overseen, as they are needing an ability to adapt to homes they may not be comfortable in. Many are not of the same awareness as their chosen family and are needing to develop an ability to contact other realms to get love and courage. When this is the case, the children are more evolved than their adult teachers, causing them to distrust their most caring parents as a consequence.

Next are the disabled, and the Angels are their active divine connection, as a most disabled child needs to accept and cherish his/her motivation to choose a new physical configuration as a mandate to Mastery. Making a choice to be disabled is an exciting prospect from a soul's confidence prior to incarnating, and this can collide with reality when it manifests. Children are the most courageous among the disabled due to their ability to feel their own alignment with the Angels. As they age, their alignment becomes more conceptual and less of an active contact that they choose. All who decide to get experience in density choose a major theme for their life, and contact to their guides needs more attention when they are children. Awareness as adults becomes convoluted due to ego's control.

Many demonic entities attempt to control children who do not come in with any confidence in the humans they chose to adapt to. When this occurs, these demonic beings appear in dreams or move things around, or close the door on communication with the Angels. Never discount the children's cries over demons in their dreams. When this contains answers to daily events, the child needs more courage, but not only daily events are the content of these dreams. Once or twice a child may encounter peculiar beings in their

dreams that cause fear. When this occurs parents need to be comforting, but not dismissing of the dream as the child's imagination. Frequently, these contracted souls are around to delight in the child's crying or disturbed confidence.

Many Angelic beings are living on the Earth now. None of them are well known. Only their contacts know of their Angelic qualities. The same goes for demonic beings, only a most aware conduit of light can determine the actual contribution to what needs to be learned from them. Demons are important co-creators, and they are also divine awareness. Being afraid of them has no benefits. Contact with them can move the light into more channels than the mind can imagine. Open up to all that are deemed dark and be the light of the world.

Common misunderstandings about light and dark opposing each other are not accurate. Actually, they are working together to deliver higher awareness. Are you surprised? A dark consciousness can come and go in the human, why not in higher realms too? What you call dark is only the opposite of light, neither are One consciousness. Duality has no place in Oneness. It doesn't even exist.

Please consider the dark demons your growth assistants. They will fuel an arrogant ego and detonate a misunderstood concept that needs another close look to be cleared.

Prisons are full of dark demons. Why? To cause a more intense experience that leads to inner contact. Same goes for mental hospitals. Opening the door for more awareness is the dark's donation to Mastery.

Are these details able to be accepted? Can you give up duality attitudes? Will they add anything to the God of all that is? Continue to give the One consciousness, not more, the most attention today.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 448 - Lady Master Portia says . . .

http://mastersandmankind.blogspot.com/2011/05/lady-master-portia-says_26.html

Thursday, May 26, 2011

Free the active mind from its duties that are too difficult. Give these duties to your Higher Self. As the mind lets go of its mental stress, the conventional way of acting will be interrupted, and life will get more convenient.

A Master will be the awareness of the conduit as it becomes awake and aware.

Message 449 - Are You Getting the Message?

<http://comptedesaintgermainsblog.blogspot.com/2011/05/are-you-getting-message.html>

Saturday, May 28, 2011

When my messages do not fit your concepts about the items discussed, are the messages less convincing? My goal in giving you details about material world events is to guide you

to ascension. Can I detail all the calamities coming in the time continuum? No, I cannot. I only get an overview before the changes occur, and my caring about the conditions that appear in that overview can cause me to overlook the great work being done to lessen the disturbance. However, in the most recent case, my words are not incorrect. Cases of major disasters are occurring that can completely collapse the confidence that makes the US a leader of other countries.

Now my words are about things that appear materialized in my realm but have not as yet occurred in your dimension, but they are about to. No big catastrophe in the US? Wait - its coming. But my intention in telling you this is to query about your ability to deal with catastrophes, not to cause you angst.

More than 5 million people are going to be affected by my current concern, and when they are about to cross over, I want them to call to the Angels and act like they are Masters. This is how they will go to the dimension they have been preparing for this entire lifetime. More than 5 million in one country is a huge number of humans. Will they all be able to leave in a high consciousness? Can they leave in deep awareness that there is no concern big enough to demand their attention to the details? Only conscious death can get them an ascension.

I am not talking about the mass ascension also being created. No matter how many ascend during this moment, another 5 million can die during the catastrophes my dimension can actually "see" happening at this moment. Peace and love are our goals. Inner peace and love of all that is cannot go away during an exit of the physical body. All of the lives of our ascension candidates have been leading to these catastrophic details. Not to open a door to more control of the future, but rather, a door to the consciousness that allows for ascension. Keep this in your awareness as you decide whether my words are accurate or not, and know that the cause of my concern is always the highest good for all.

When Aruna is about to ascend my discourses will continue to be coming through those who are able to clearly channel them. Are you going to be one of these channels? Making the leap from seeker to Ascended Master does not require that you deliver channeled messages, but getting guidance from I Am That I Am must be possible. Are you able to do this? No? Why not? No one is incapable of this unless they are denying their own contract to ascend. Please do what you can to draw forth this inner creativity and awareness now, before the ascension call. I don't want anyone to miss it.

Are any of you negative about ascension? If so, when the call comes it will not be heard. I'm asking this now to give you the continued choice until the actual moment.

Presence is the only thing you need to accomplish in this life. Being fully present in every moment completely deletes all of the disturbance and details of one's former activities. No conduit for light is a torch that can be seen in the higher dimensions unless he or she meditates or achieves the ability to be completely without mental concerns (an Angel's consciousness) during the day. There is also the need to be able to give, without hesitation, as well. Can these be your goals?

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 450 - Master Quan Yin says . . .

http://mastersandmankind.blogspot.com/2011/05/master-quan-yin-says_28.html

Saturday, May 28, 2011

Bring your hearts together during all catastrophes and you will get a new awareness of how all things can be good, irregardless of the destruction they are caused by.

Message 451 - Passion and Contentment

<http://comptedesaintgermainsblog.blogspot.com/2011/05/passion-and-contentment.html>

Monday, May 30, 2011

Passion and contentment are both major influences on mass consciousness. When a man is truly passionate about what he likes or dislikes, his message to others is a most powerful charge that moves the anointed concept towards new conditions in its development. Not being consumed in the direction of this movement is more compelling. Why? Because humans need to be courageous enough to be on the outside of this draft of energy to be capable of making a conscious choice about it. Passion consumes awareness, negates reason, and discourages free thinking.

Happiness is not the same as passion. Happiness is not a consequence of any change in the dynamics of life's conditions. Happiness is all that one needs to live a great life. Most humans are not happy. All of their attention is on what is not the way they want it to be. In this mode of being it is their negative attitudes against something that cause them to be charged in the creation of what they desire. But they are not considering how this charge dominates others.

When mothers are not happy about their child's lack of charisma, they can destroy the motivation of the child in finding their own calling. Parents who have a passion to have their children be the best at any game or ability they admire are consuming an openness that the child has for discovering his or her own interests. Can openness be considered a virtue? Most men and women do not think so, they want to know their next driving force to be the ultimate cause and meaning of their life. No one can know this until the door opens on how it will materialize. Posturing for one thing makes its opposite appear "wrong", not just the opposite of one's opinion.

Passionate delivery of a message is to collect agreement, not offer choice. Can you deliver a passionate description of your most driven desire without being consumed by your own opinion?

My dears, my suggestion for man's change of consciousness to be materialized into form before ascension is to drop your most charged opinions and consider each day's condition a good one, instead of negatively desiring another option. Peace comes when man's desires and conditions for happiness disappear.

What if the desire you have is for World Peace? Give up your negative attitude about those who create war and you will contribute peace to the world. More peace is needed to have world peace. All attitudes "against" disturb the possibility of peace.

Acceptance is the key to contentment, and only contentment can cause the demonstrations brought on by disturbance to stop. For example, if all could accept their

Mastery of density there would be no more disturbances.

Mastering density means combining dark and light into a chord above the highest octave of music on the human scale. When the transformative harmonic is activated, disharmony can no longer exist. Only hearing this chord is enough. Brand new energies can be made now as a divine concert is being delivered daily to all who can hear it. We are making the chord available to man as he awakens in the morning and moves into sleep at night. Pay attention!

Making the music is our way of assisting. Your way of accepting it begins with dropping all attitudes against an opposite of your choice. Being content takes you closer to hearing the chord.

Are you willing to give up passionate attitudes towards what may not be the best way to bring forward the energies that are needed now? Anchoring light can only be done in neutral.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 452 - Hilarion says . . .

http://mastersandmankind.blogspot.com/2011/05/hilarion-says_30.html

Monday, May 30, 2011

Walk the way you are meant to walk, along the grid of light that heals others. Are you on the grid? Are you aware there is a grid? No one can see it, they can only know of its existence when a cherubic angel helps them along on its lines. As this occurs a most delightful "coincidence" will occur. Are health and happiness a result of being on the grid? Absolutely. Can you make the grid your walking path?

Message 453 - Attitudes and Opinions

<http://comptedesaintgermainsblog.blogspot.com/2011/05/attitudes-and-opinions.html>

Tuesday, May 31, 2011

Can my chelas be the masters of their human experience now? My dictations are more than adequate to lead the to ascension, and all my chelas can leave on the next wave if they have dropped their attitudes about desire, attachment and drama that causes mental activity. No chela of mine is incapable of ascending. Are there dramas needing a detached attitude? Are there mental dialogs still going on about anything? Are there any causes of disturbance in action? No disturbance can derail an ascension unless there is masking of honest feelings. Clear up any inner disturbances by accepting the "other's" point of view as being as valid as yours. Personal differences mean only that - a different mode of consideration.

Truth is not in any of your categories. Truth contains all attitudes and all choices. None are more conscious than others - this is only mind's determination. No decision, other than to drop the mind as your controller, matters.

Pure consciousness includes all of the things being observed, not only those you agree with. When the day comes that no opinions are given, a new consciousness is possible. No opinion is a reason to delete a relationship or go to another point of view to avoid destroying a relationship. Can this message cause the disappearance of control over one's friends who don't agree with you?

Please give this your attention. Have you dissolved a relationship due to a difference of opinion? Are the relationships you have only with those who agree with you? Neither of these control attitudes are the door to ascension. Both are minor considerations, but what may be minor today can appear major tomorrow. Maybe a difference of opinion arises, like choosing political candidates who hold opposite points of view. Is this going to destroy the continuity of any of your relationships? Must we all agree? No. We must allow and accept differences if we are to give love in all circumstances.

Are you a pro-active campaigner to make a different condition for the world? Can this be done with an attitude FOR the new condition that is being sought without being AGAINST those who don't agree with the change you want made? Can closure on a matter that has been disturbing also open the way towards a generally more accepting attitude? All attitudes are ego's opinion. Nothing ego believes is more important than human connections. Change the world with this, not attitudes against others.

Prepare to ascend by giving up attitudes against anything. Find mental closure on differences of opinion. Allow all to look at their human experiences through their own filters without making them wrong for their opinion. Can this be the new direction taken towards ascension? Forgive all who got angry when you disagreed with them. Clear out all dislikes and damnation. All of my chelas are asked to delete their concerns about differences. All differences bring a big gift to your decision making ability. Give gratitude for them.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 454 - Melchizedek says . . .

http://mastersandmankind.blogspot.com/2011/05/melchizedek-says_31.html

Tuesday, May 31, 2011

Choices are the one way man can agree with God, or not. God accepts all of your decisions, no matter how different they are from the option chosen before coming into an incarnation. Are you a God aligned being? All this means is to act on God's multiple ways of telling you the choice you previously made. No choice is a "have to." All lead to more awareness. All ways are God's way.

Message 455 - Preparing for Ascension with Awareness

<http://comptedesaintgermainsblog.blogspot.com/2011/06/preparing-for-ascension-with-awareness.html>

Friday, June 3, 2011

Please give my channeling more discussion when the opportunity appears. Some entities do not want this contact with me to be available, and are choosing to make their messages

more ego stroking to manipulate the attention of my readers. No control over me is available, so you are the targets. Pass by any carefully worded documents that tell you that you are great. My dictations do not negate the readers, but neither do they make them feel more adored than others.

Changes inside the land masses of Mother Earth are definitely connected to ALL of nature's activities, not any one in particular. More important than the comet coming, is the next earthquake. As this one is not where mental logic would make a cause and effect conclusion, it will be a big confidence adjuster. When it happens, this will create more chaos than all the other big ones that have occurred in the last few years. New answers for man's continuation are going to be sought as a consequence.

When an earthquake comes where it never was even considered possible, new living conditions must be activated for those who believed themselves completely earthquake free. Now the most concern must be about ascension and getting all who can ascend able to do so. Not speaking about this keeps this news completely hidden from those needing to hear it. Even mentioning it as a possibility helps.

Next, the dam of the Mississippi River is not able to hold back the big flood coming towards New Orleans. If this dam comes close to holding, there's a chance to move out the people who are not able to save their homes. My favorite scenario is to have all of New Orleans ascend at the same moment. Can this occur? No, because too many of the residents are unable to recognize their divine awareness.

Praise is large for the control that is managing this flooding, but from my ability to observe, the worst has not as yet come. Face the fact that Mother Nature is not going to be controlled, and leave the area before being forced to leave.

Are we "ascension able"? Not yet. Many are not able to hear the call and one in ten can claim complete detachment. An eager group on one hand can delight in the concept and they can get the others more able. Only discussing this as a choice will be like mentioning a dream that could occur. If the comet coincides with the flood, and causes more new ammunition to demolish the country's coast on the Eastern side of the Mississippi, a continent disaster bigger than any previous can occur. Are we able to contain this? No. Are we welcoming this? No. Are we able to accept that this may occur? There's not a disaster than happens to any place on Mother Earth that we do not accept as Mother Earth's demand for more care - and this one is no different. Are the children of God who are now in the area able to accept that an earthquake as great as those in Haiti, Chili and Japan is not possible in the US? Now is the time to recognize this or no conscious contribution can be made at the moment one occurs.

My words are not to frighten, only to deliver a most critical content to those who need to evolve in their awareness. Fear is not contained in Awakened awareness. When a disturbance occurs, awakened ones do not do anything that even appears afraid. Many of my chelas are being called to demonstrate how they can be a light in the dark.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 456 - El Morya says . . .

<http://mastersandmankind.blogspot.com/2011/06/el-morya-says.html>

Friday, June 3, 2011

Contained in all circumstances is a contribution to one's growth. More of these difficult circumstances means that more growth can be acquired. What does growth look like? Happy, content and alive with life in every condition that is faced. No fear. Man's deepest awareness lies in his core, and a man who is fearless has a core of light.

Message 457 - A Matter of Choice

<http://comptedesaintgermainblog.blogspot.com/2011/06/matter-of-choice.html>

Sunday, June 5, 2011

Choice of my topics comes out of questions and comments only when my comments have not already been made on those subjects. As the list of messages is now quite lengthy, you can open up any one of them for an additional consultation with me on many points. Choice is not one of these topics, and my comments on this are many.

Choice is a law of the entire universe. All galaxies are obliged to free will. Not only 3-D and 4-D civilizations, also on all other dimensions. This was the creator's decision, that all of creation must allow for differences.

Opinions are never all the same because deep in the creator's concept lies a non-duplication attitude. No two are alike at the opinion level. All creations differ as they are created - as no consciousness comes out of a mold. Consequently, all manifested beings are different in consciousness, even if their bodies appear identical.

As this is a clear non-alignment in attitude, non-duality cannot be considered, as this attitude difference is obviously more than one opinion. Choosing an opinion is not coming from an act of creation. It comes as an ability of each creation alone to determine its most causal approach to anything and everything. Making choices comes from the management of man's mental capability, not the creator's. Man is designed to choose based on the development of the incarnated soul's consciousness level.

As a soul there are many levels, depending on the number of incarnations that are needed to learn how to be a divine being in a human form. One may be adequate in an Angel's case, and many don't care if they need more than a couple of thousand. In the caring is an ability to learn. Not caring means that no learning occurs in most of their incarnations. Caring for more learning is the same as caring to be more conscious. Not all make that choice.

Angels do incarnate occasionally to act and grow in awareness. In their case the growth is not about awareness, it's about "humanness". An Angel grows in human understanding as new situations appear to be difficult for them to adapt to. For example: men and women are now changing gender or acting as though they are not the gender they were born. In this arrangement the Angels don't have any collective experience. An Angel needs to get more awareness of changes like these to contribute another dream construct to the Angelic collective. Are Angels coming into bodies that are transgendered? Yes, as guinea pigs for their mass consciousness.

Many Angels are incarnate now, but not all are transgendered. One or two of them are here to learn how disturbed minds can be cured of their disturbance. And many are learning how to be a more conscious human now that more humans are Awakening. Closing the door to negativity in man's domain is great for Angels to contribute to on the land as well as in the ethers.

Angels choose their mental and physical characteristics and their major opportunities to grow, just like all other incarnate beings. No choice would limit them.

Non-duality has nothing to do with mental choices. It negates mental attitudes completely. It is all about awareness; not mental awareness, only conscious awareness, the awareness of I Am That I Am. There is only one I Am That I Am, no difference in any container. All containers, human or otherwise, have this consciousness in them. It is the highest awareness available to any body/mind, and doesn't deviate in its delight at the human experiment. In all containers there is this awareness, quiet and dormant until a mind chooses to be an active Master of the human experience. And to do this, mind must get the message that this choice eliminates its most dominant activity: choosing. "No mind" means no choice. Once the Master inside, I Am That I Am, is activated, no mental choices are needed. I Am That I Am cancels this dynamic by completely acting out the conduit's actions and words, making this man/woman a fully human expression of I Am That I Am. Only a consciousness that is already in the body can do this. "No mind" sets it free. And this is the meaning of "being beyond choice".

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 458 - Archangel Michael says . . .

<http://mastersandmankind.blogspot.com/2011/06/archangel-michael-says.html>

Sunday, June 5, 2011

After an Angel's human choice experience, some have a difficult time giving an Angel's point of view to all circumstances. If this makes them less suited to an Angelic career, they can make a different choice. Most can adapt, but a few have chosen to go to another dynamic that they can grow in.

Message 459 - No Details Needed

<http://comptedesaintgermainblog.blogspot.com/2011/06/no-details-needed.html>

Tuesday, June 7, 2011

Most of these deliveries of information do nothing to give you the most important thing you need as a human and ascension candidate. And that is because of the mental need to get details about all that has been predicted and denied by the mind. But the details don't matter to those ascending, due to their ability to observe and not get caught in details.

No detail I give is for those ascending, only for those who are going to need them. Are you ascending? Not if the details are more concerning than happiness and caring in the moment. Details aren't needed to give ego an attitude. All ego needs is a minute concept to add to its current data collection to cause man to be all about the details. Ask me about

details and get them, but not about density creating matters or new choices to be made. No new choices are needed. Choosing is over. All who chose ascension can ascend when the call comes. No longer can ascension candidates who didn't make that choice get in on the most exciting advancement of the light ever designed or activated.

Channeled materials are good to get assistance as a new choice is being made, but after the details are given they can be deleted on the data board so you are not continuously looking for more. Once the moment comes, you can directly experience the learning for yourself - and not do the "attachment to details" conveyance of openness - that's not good enough. Being open means: open to any detail, not only those previously discussed. Information only closes the door on "awareness as needed".

My words are not to be considered the ultimate Truth. I want you to go directly to the inner access to Truth inside the grid of light near your physical heart. No words are there, only God's divine essence that has always been there. No creation exists that does not contain this grid. It is the name and form that gets details to manage out of this great well of mastery. Its pretty simple actually, no conveyance of messages can give you any more details of needed awareness, all you need is to turn to this grid and ask to be guided to Truth. No answer is the best.

Channeling comes naturally when the grid is consulted. Nothing that has any value can give you as much as this one thing that costs nothing. To be able to have its abundance, all that is needed is an open heart and longing to be a clear vessel for light. No content contained in the body's cellular memory can obliterate this grid, but it can cover it up and control your ability to access light from it.

Clear cellular memory with deep breathing. Breathe in new air with the message "my breath cleanses all lifetimes of memories that distract me now." Cleanse and clear with this mental demand and get lighter on the details you demand from the mental body. No details are needed. Stay in the moment and all that you need to be aware of will appear. Align your more difficult memories with God's will as a growth tool, and get rid of anger about all those details that are negatively charged.

Happiness and awareness are the same thing. Awareness, without attached emotions, completes happiness. No change is needed, as a clear, detached memory bank is God's way of being. Are you able to detach from details? Can you accept that all details are not going to be available? That life is meant to be a purveyor of circumstances that aren't already known.

Choices made in new circumstances are what tests the awareness. No drama is about being in control. When the need for details disappears a Master remains, awaiting instructions from the breath of life and the divine grid it activates.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 460 - Dwjal Khul says . . .

<http://mastersandmankind.blogspot.com/2011/06/dwjal-khul-says.html>

Tuesday, June 7, 2011

Angels and Ascended Masters are not different than you in their ability to be a divine expression of light. All are created equal in this respect. All that differs is the natural tendency to be distracted from awareness.

To maintain awareness, give up your curiosity, as asking questions about anything is not really God's way. God delivers answers before questions are needed. All you need to know is given in the allowing and awaiting leadership from God in all circumstances.

Message 461 - Awareness, Contractions and Manifestation

<http://comptedesaintgermainsblog.blogspot.com/2011/06/awareness-contractions-and.html>

Friday, June 10, 2011

Medical advice cannot make an active dis-ease disappear, only give it the appearance of disappearing. Complete cures need mental adjustments to negative attitudes. Affirmations are not adequate, as a complete change in the mental approach to an unconscious negative attitude needs to occur. Pleasing the doctor is not an answer to assisting in the healing - getting to inner harmony is what can make a chronic dis-ease quickly disappear.

Mental attitudes are the cause of most dis-eases. When a life is controlled by mind's attitudes they do many things to the body. The body then contracts its ability to allow the empty nonsense that mind articulates to disburse into nothing. Mind's thoughts then become accepted as material to create from. When mind thinks, creative narrative comes out of nowhere to be considered. And it only goes into manifesting when there are contractions grabbing on to the messages coming through. What can be done to eliminate this? Nothing. What makes it end requires no "doing".

Materialization comes as a consequence of mind's cravings for the things that mind desires. Only deleting desire can destroy the materialization of content with material attraction. And next comes a new experience in living: an opportunity to get all that is needed without doing anything.

No motive will make something materialize when a non-aligned thought has its content downloaded in cellular memory. When another thought of opposite content comes in, the dismissal of the first one is not guaranteed. It can make no appearance for many years, and then one day it will appear with a major ownership of the physical body. Cancer comes out of this dynamic. So does many other dis-eases. God can delete what needs deleting when awareness calls for a new way of "being". When there are no contractions making a barrier against a healthy flow of negativity, an open vessel for divine light has been created.

Negativity is much maligned. Having negative attitudes can destroy one's flow of awareness, but it does not demand that new materializations be made of them. Only the contracted ones become manifestations, as these are continuously being created in the unconscious. Forming a new attitude is done when awareness comes to the mind about love over drama. Eliminating drama cancels manifesting from the contracted energy. Negative thoughts can then flow freely through the mind without any added conditions manifesting as a consequence.

Most negative thinking is ego's management technique. Not contracting from it dismisses a thought without any cause and effect involved. Only contracted energy on a thought makes contact with the developing creative process. "No negative thinking" has become a

concept of many chelas. Avoidance of anything contracted maintains a lack of development, because grace cannot act to delete a contraction without the awareness needed to change the situation. Once acknowledged, a contracted attitude can be adjusted and neutralized. Not acknowledging contractions only causes more manifestations to be created by them for the purpose of bringing forth this awareness.

Chelas who are not acknowledging their contractions, as a method of claiming themselves more caring of their creative abilities, are remaining unaware and are actually more creative in this regard than those facing their fears and deleting their contractions. Posing as a light bearer is different than acting as one. Posing can deny the contractions and bring on their dense energies in the materialization field. Not denying them deletes them with just the first awareness and conscious answers to the denied emotion. Waking up contractions must be done for light to get through the mirroring construct. Once a contraction has been nullified there is no cause for mirroring it.

Deep introspection must be allowed. The appreciation of all the things that attract negative thoughts to appear in awareness can graduate a man from contraction to light.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 462 - Archangel Gabriel says . . .

<http://mastersandmankind.blogspot.com/2011/06/archangel-gabriel-says.html>

Friday, June 10, 2011

Attitudes only become contracted energy when they get dramatized as a negative dilemma.

As a negative dilemma they call to awareness for a cure.

Not denying them is the cure.

Message 463 - On With Ascension

<http://comptedesaintgermainsblog.blogspot.com/2011/06/on-with-ascension.html>

Monday, June 13, 2011

What is the most important answer to today's circumstances? Quiet. Nothing else can do as much for healing or development of experience in life as quiet moments in one's day. Not necessarily meditation, simply not doing anything that uses mental activity is enough.

Healing cannot occur in chaos. No day should be completely without breaks to recharge. Quiet time leads to new attitudes and new contact from the higher realms. Healing requires down time to free the body of stress. Making a commitment to allowing a little part of your day to be with the divine consciousness that dwells within is also necessary to ascension.

How can ascension depend on being quiet? As a necessary opening to the next level of awareness. Are there more levels than awakening? Yes, many more. Awakening to the awareness of ascension and health in body/mind/spirit is only the first in a grand array of new experiences. A lot of fun is on this graduated light grid.

Purification occurs naturally during quiet time. Change the dialog of chatter to communion in consciousness and free the body of handling growth through drama. No drama is needed as a natural law of the universe. Drama comes to all who don't get their answers from inside of their own creative ability. Closing the door to negativity clears the mind of heavy control from one's unconscious. No drama exists in Presence, only memory drives it into the human experience.

Choosing quiet over negative activity or mental answers to life's circumstances makes aliveness more available. Chapter 1 of the ascension guide I dictated upon the graduation of one channel in my Course in Channeling talks about a Master who never meditated on the guidance of his teacher because what he believed to be accurate disagreed with his inner guidance. When this became a conflict in guidance's ability to lead him, the inner teacher became quiet and allowed him to leap into the "can do" mode as often as he cared to. And as he became more and more disenchanted with his own ideas, the obvious answer was to meditate to let go of the drama he was causing. In only a few weeks he was on a completely different track and was able to give teachings as a Master of his own awareness. Teaching his beliefs didn't do anything like his new awareness delivered. In the next days, after accepting his own inner guidance, he was back to his own divine awareness and could drop the chaos in his work and in all his dealings with friends and associates. I'm observing this amazing change in him and am very glad he decided to complete the course that gave him this new direction.

Being quiet is the very first thing I tell anyone who contacts me. It means I can make contact with them directly, and frequently can offer contact when needed. Praise for all who are anchoring light in an egoless way. It is doing much to aid all of the Masters in their contact with chelas.

One more thing that needs attention is fearlessness. Being afraid is the most difficult contraction to heal. It requires conscious courage to face the fear and make the courage bigger than the fear. Facing fear is the only way to delete it. Courage is a key to the disappearance of drama. Many days of courage can manifest details never dreamed possible.

My dear ones. My contact is always available to those who are quiet. Please do this as much as you can. Be a light with no active control over that creative source. Only light can deliver an ascension.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 464 - Melchizedek says . . .

<http://mastersandmankind.blogspot.com/2011/06/melchizedek-says.html>

Monday, June 13, 2011

Prayer is not the same as quiet. Prayer uses mental activity and desires are always named. Making these requests does more to block the light than it does to attract it.

Only noticing how the mind appears to disrupt the quiet can direct the next days of creation. In dropping the mental activity, more awareness can appear and light comes with

awareness.

Message 465 - Mind and Awakening

<http://comptedesaintgermainsblog.blogspot.com/2011/06/mind-and-awakening.html>

Thursday, June 16, 2011

My dears, my basic teaching today is about divine consciousness vs. mental concepts. My call to ascension does more naturally than the management that mind can conjure up for dismantling attachments, or for making a major decision. Clouds of misunderstanding abound due to the deceivers ability to create the next mental myth to believe. My teaching is to demystify these concepts.

Part of the problem is a desire to move to higher consciousness without understanding exactly what that means. No details can completely clarify this, because all experience these messages (as they come through their mental filters) differently. No concept that the mind grabs onto is the actual reality. Hearing about the discovery of another is not going to afford the same rise in consciousness made available directly to the adept who received that insight. All attempts to detail a new consciousness fall short compared to conveyance by direct access.

Can another cause the awakened condition? No, only an awakened adept can cause it in his own daily actions. An awakening happens when an opening occurs and divine consciousness energizes itself by its own desire to be awake.

Are gurus and other deliverers of messages about awakening able to deliver an awakening? No, they are only available to observe and complete the next step - the abandonment of mental leadership because it is no longer needed. Awakening first, dismantling of ego second. Many are awakened to a heart opening, but are not able to act on this awakened attitude because their mental decisions still override this creative and caring open heart.

No one talks about the opening of the heart as an awakening. My teaching today can make this clearer. Having an active mind continues after an awakening of divine consciousness in the heart. The heart's angelic desires often become an awakened counter culture that mind does not accept as it's most accurate teacher. It continues to seek out others for guidance and just doesn't realize that the most causative detail in an awakening is allowing divine consciousness to overrule it.

Open and caring hearts are awakening everywhere. Acting fully awake is another matter. Not being completely awake means only a taste of awakened awareness is available. "New and different" goals will appear in awareness, to be agreed to and acted upon. With "no mind" in effect, there is no countering of these goals, affording a totally caring process of dismantling the old ways. "New and different" means there must be no control by mental attitudes, and no continuation of old activities that don't align with the newly open heart. Sabotaging the new goals may occur as mind's attempt to delete them. The good news is that no new dis-eases are being created during this tug-of-war because ego's goals are no longer considered an option. Mind eventually lessens its tenacity and shifts to another way of making itself useful.

Making the decision to follow divine consciousness cancels mind's annoyance at this new way of being. Failing to destroy the calm clarity of an open heart, the mind comes to

accept the new approach to life that is being offered. Once the mind dissolves its influence and adopts a new "can-do" attitude, happiness will be ever present and life becomes a lot more conscious on all levels.

Are these words making an impression? "No mind" means no controlling by mind. Are the healers gaining a new understanding of why their clients don't always get healed? Not accepting change makes improvement and growth impossible. Growing into adulthood means canceling the deep longing to be a child. Growing into adulthood spiritually, includes making a new game plan. This new life dynamic needs loving acceptance from the mind and a direct experience of your own True Nature.

One day at a time, one moment of change, and divine consciousness can become the body's only consciousness. The alternative is more lifetimes!

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 466 - Archangel Raphael says . . .

<http://mastersandmankind.blogspot.com/2011/06/archangel-raphael-says.html>

Thursday, June 16, 2011

"New and different" consciousness arises out of nothing. An idea, or call it inspiration, appears to come out of nowhere to activate an action. No mention of this, and no action being taken, defeats the ability of divine awareness to help with man's needs. Coming into awakened awareness is the loss of mental control so "new and different" are possible.

Message 467 - Chemicals and the Human Condition

<http://comptedesaintgermainsblog.blogspot.com/2011/06/chemicals-and-human-condition.html>

Saturday, June 18, 2011

My dear ones. Today's message makes an announcement about health that most of you are not aware of: Man cannot continue to breathe the air on Gaia unless a new way to cleanse it of poisons that come out of the dross made by man is developed. Pure air no longer can be found anywhere. What this means is death of the body with dismantling of health as the cause. All of the children of God are being affected, but those needing the most attention are children (who are open and vulnerable) more than adults. Can you give me the needed attention to do something about this?

Begin with a decision to stop doing things that add toxins to the air. This includes using "less than clean" coal for fuel. You can also change heating methods to one that does not use coal to heat with. Coal usage begins to mandate air degradation as a consequence of its man made processing, not its natural components. Move to clean carbon, and dramatically eliminate a lot of chemicals that are now depleting the condition of the air. This is not the only example I can give, but it is the most caustic. Nuclear accidents don't do nearly as much damage as handling and burning coal does on an ongoing basis. An analysis of the air will give you more carbon than any other ingredient. This is not good for anyone.

Next, be careful about what you put in the garbage machines that pollute the air with trash burning, and the dumps that contain toxins that leak out of the ground into the underground water table. All of these are negating human health. No continent has clean air or water now. Practicing recycling can delete minor amounts of these contributions to death, but not soon enough to save mankind from dying before death is realized as an asset to the development of consciousness. Bad air will destroy all organisms that need air to be alive.

Why discuss this now? Awareness. More awareness needs to be brought to the actual causes of dis-ease before other things, like automobiles and atomizers, are accused of more deaths than they deserve. No deaths are the direct result of these contributions alone. A positive direction like recycling is always good for creating less degradation, but we must now add the biggest, most causative drains on health to the list.

These are not any that have been mentioned already – they are now just becoming recognized. More than all the other contributors to death, the most aggressive are in your own material goods that contain chemicals for goals like keeping them from degrading quickly. These chemicals are causing humans to die. They are in the clothes and food in all human homes, and they are the contaminants that are destroying the health of man at a rate never admitted to before.

A list of things to enjoy in life always includes these. Every object that contains an additive that is not natural is a would be killer. Clean items are becoming more and more difficult to locate.

Taste is one non-definable additive direction that no man actually gives a thought to. Eliminating something from a meal that can disturb the body's chemistry can add years to one's life. Non-toxic chemicals are not necessarily good for health just because they don't add toxins to the chemical balance. Non-toxic only means there are less toxins, not that they are less damaging to humans. Many chemicals that are non-toxic do disturb the body's balance. In this context, consider that anything canned or chemically treated to remain actively usable for long periods of time - like bread and most dairy products - contain non-toxic chemical preservatives that do major damage to bodies.

Are you disturbed by this? No cause acts alone. Combined they do damage – and the damage has already begun. Can this be altered? Only with new awareness and new decisions.

Appreciate the rare opportunity to eat naturally clean things and clear the toxins out of your home as quickly as you can. Bring in a loving attitude to all the causes of death and demonstrate your dismissal of them in your life. Buy organic and fresh more than food with additives if you can. Move to a healthier environment if you can. Opt in on conscious talk about being healthy. Give no attention to medicine that has no light in it. Alive medicine has light. Chemical compounds lack light in most of their content.

Amazing grace can do more than clean the air, but it needs to begin in the awareness of those who can consider it more attractive to do so than grabbing a meal on the way to work. When more awareness comes to how daily choices can change a man's growth and life expectancy, a new dawn can appear. Be careful what you are giving to your body, your children, and the environment, as you make choices on what to add to your life.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 468 - Ashtar says . . .

<http://mastersandmankind.blogspot.com/2011/06/ashtar-says.html>

Saturday, June 18, 2011

If the air gets no change in its direction of deterioration many of the good things needed to heal will disappear. All the natural medicines need clear air to propagate. Can we work together on this project?

My crew can provide new additives to clean the air if your crew can refrain from acquiring new material objects that contain destructive ingredients. Please give this more attention now, as all of us need this approach to cancel the negative effects of current dross management.

Message 469 - Predictions and How You Can Change Them

<http://comptedesaintgermainsblog.blogspot.com/2011/06/predictions-and-how-you-can-change-them.html>

Monday, June 20, 2011

All my predictions are from what I can gather on my timeless detector. In this detector there are no days, weeks or months to classify one or two of the ongoing catastrophes. And many of them can be altered before they are actualized. What I have not observed is an alteration to the disaster I am still observing in the United States. Nowhere is there an alternative reality in the details of this creation. In a not too distant moment, my last month's dictation with a disaster announcement can become credible. If you cannot accept that timing has a major impact on this less than accurate announcement, than my teachings are not the best that they can be. My channel only gives you what comes from me.

My teachings are not meant to be a road map to the game of disasters being orchestrated by dark cabals, or a guide for acting on this information to take you out of the catastrophe area. They are about becoming able to accept the consequences of the dismantling of man's divine angelic nature into a mass consciousness of negative dross, and what needs to happen to cause that to change.

No wealth of details about how to reconstruct human civilization matters now. It is not very likely to occur. But a major change in the number of awakened beings can occur, and that will once again lift the hand of God in a new creative way. Being an angelic being can do this. *Caring about others and making time in your day to commune with God can do a lot to move the dark cabal out of control.* Right now the attitude of greed is so dominant that more caring needs to be detected, then aid to all in the human dimension can be activated. Are these words confusing? Allow me to be more clear.

Delay does nothing to cause movement. Delay of living your life with love means that no gain is occurring in the creative development of what can change man's future. More love must be delivered from man now. Only this will indicate to God man's contribution to his

destiny of choice. God does what man decides. If man acts with love, God delivers more of that. If man acts against man's divine nature, God delivers more of that. God does not alter what man controls. God delivers more of whatever man determines to be the goal of his actions. Want more control: Controllers appear. Want more money: Hyperinflation occurs. Want more mental direction: Give up freedom. Want more change: Give up apathy.

All of the things man wants forces the hand of God to deliver those attitudes back to him in a way that leads to more awareness.

Giving and caring are the most effective ways of getting aid to all levels of existence. More giving grows more receiving. Giving healing and abundance to those who need it is not the same as giving to the Divine in all of its forms. Are you getting my meaning?

Attacking anything does not lead to getting love. Making a difference comes from giving and caring, not disrespect or anger. Attacking others because of differences makes God unavailable. Attacking anything means a decent into darkness. Opening the door to another's way of being is the door to light. Are there any doors in front of you that can be opened now? Are there closed doors on the horizon? Absolutely, and all doors are capable of being opened with a major change in the mass consciousness.

Now lets talk about the big guns that are being brought against those who are peacefully demonstrating against existing conditions. No guns can make God interfere. Death by artillery is not what motivates God to get involved. Once artillery makes an appearance *there needs to be a more caring option offered by those who want to dream a different dream*. Caring, and an active decision to be God's assistant, can cause another direction to be taken. For example: many meditators can alter the dynamics for all current users of artillery. Men can choose an act of kindness that will deliver a different option to their cause. Mr. Ghadafi can make a new choice. The Taliban can cease their disturbances. All the movers of darkness can make different decisions. Iranian leaders can bring a new answer to human causes in that country and others. It can all change if there is a message sent (to all that cannot hear it directly) about the divine calling that comes from within. The divine calling is from YOU! You are the divine conduit that can turn around darkness. It is not by design that all these negative attitudes are being demonstrated by unaware beings – it is the result of what is being acted out from negative human thoughts against the "all that is".

Are my words clear enough? Give me a new attitude abundant in human love and no matter what has been considered an irresolvable matter can be turned in a new direction. Want more love in your own life? Give more love to all of the divine that appears in your awareness.

Children of God are not disconnected from any of the activities they dislike. They are the catalyst to God's every answer. Are man's attitudes changeable? Absolutely – one by one, until the mass consciousness moves out of greed and into caring.

Man's gold depletion can make a most difficult mass energy next. Are you willing to give assistance in making another option available? If your answer is God's answer, it just means being loving to all that is – NOW. Only you can make a new direction for any of the things you are disturbed by. Gaze upon all you observe as a Master of God's making, and God will be available to contribute new creations to the daily news.

More than one million are able to ascend now. New attitudes can increase this number.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 470 - Lady Master Portia says . . .

<http://mastersandmankind.blogspot.com/2011/06/lady-master-portia-says.html>

Monday, June 20, 2011

My dear ones. My light came out of nowhere as a human. I gave up my desires to God. All of my desires are now the same as God's. They are the love and caring of all of his creations for one another. Are you able to give up all of your desires that do not agree?

Message 471 - Commitment is a Mandate

<http://comptedesaintgermainsblog.blogspot.com/2011/06/commitment-is-mandate.html>

Wednesday, June 22, 2011

Hope has no place in the activation of ascension because hope is not an energy that creates. Complacency is an attitude of "there is nothing to get hopeful about". Complacency does not move the drama in any direction either. Both of these attitudes are lacking mandates for delivery of the desired condition. Making a clear commitment to what is desired can make mountains move.

Ascension is not going to occur for those unable to bring their total commitment to it. It must have a full nod. If acceptance is not complete when the call comes, doubt can override the required actions. A belief in ascension is not needed, only an agreement to ascend.

Most of your prayers to deliver change and alternate conditions do not put ascension into its correct context. In our context an ascension is the answer to all of those prayers. No alternate conditions are going to alter Earth's deficient clean air and water. Nothing will delete the catastrophes that are coming. Ascension does not rescue anyone, it continues the human experience in an advanced consciousness, and the drama on Earth will be made more interesting because of it. Any contributor to ascension contributes to all of humanity and all the other unseen contributors as well.

Announcements about ascension are not the same as notice of it by direct contact. No one who has committed will be left out, but contact will not be given to those who are uncertain about whether they are going to accept the call when it comes. New Age dogma contains much mis-information about ascension. Those who are expecting to ascend with Mother Earth are going to be greatly disappointed when the call comes and they find out that they must make some changes in their thinking to be candidates for the next wave.

When Mother Earth completes her ascension, no humans will be living on her surface. Those who ascend will continue their adventure on Mother Earth after her ascension is complete, as they are the ones who will create the New Earth.

Myths abound. Masters don't accept myths of this kind. Masters live in the moment— now there is one montage, and in the next moment another appears. One is not going to

appear that cannot get agreement on an outcome. All candidates for ascension conceived it and put it in their contract. Yet none of these candidates will be able to complete that contract without a conscious commitment whenever new details come in that need to be considered.

Please take this very seriously. Plan to drop everything to ascend. Continuity in the ongoing dream contains an amazing alteration in consciousness that will occur as a consequence. Those who are not ascending in this wave can still give up their misunderstandings and accept that they must get the call directly. The second ascension wave will cancel all remaining unfulfilled ascension contracts. Those who miss this last wave will go through the death scenario, as continuing life on Mother Earth decrees.

An alternative planet is going to be available to those souls who need more awareness to ascend. It will allow them to continue growth in consciousness in new circumstances. Many will give up their attachment to Mother Earth as a consequence.

Many aware beings are not committed to ascending on a conscious level. Are they able to ascend on the next wave? No. Freedom of ego control is a definite consideration now. Are you controlled; is the dream's ability to convince you of its accuracy altering your choices towards another direction? Are dreams of a New Earth calling? If so, get committed to ascension so you can attend when a call appears.

My messages are all about being complete with common daily affairs to create a more conscious drama in higher dimensions. Please assess your readiness.

My continued messages after the first ascension will be delivered direct to those who can make contact with me, as my channel for this message blog will be on the first wave.

Are my words clear? Then make your commitment, and give up hope.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 472 - Archangel Ariel says . . .

<http://mastersandmankind.blogspot.com/2011/06/archangel-ariel-says.html>

Wednesday, June 22, 2011

Angels and Masters are awaiting mandates from anyone committed to ascend.
Change in this dream is moments away.
Can you make a commitment to be on the team that leads the way to a New Earth?
Is a world that revolves around money and greed worth making a different decision?
Can you go with your loved ones?
Only those able to free themselves from concepts of mind's making will ascend.
Are you one of these?

Message 473 - Anchoring Light and Life after Ascension

<http://comptedesaintgermainsblog.blogspot.com/2011/06/anchoring-light-and-life-after.html>

Saturday, June 25, 2011

Are my chelas able to give me their total delight about ascension? No, many are controlled by their ego and cannot access the total happiness of their Master within. All Masters are completely happy – regardless of how their body exists in the physical world. No demons are considered major obstacles to life as a loving being. No needs are an obstacle to their acceptance of love and giving love to all they meet. No major disaster keeps them negative about anything they experience as a consequence. And no entity that dismays them, defeats their complete commitment to being a loving being in all circumstances.

My dear ones, Mental attitudes are energy activators. How they are configured develops the dream and alternate realities in the way they are focused. When I mention the word "dream", I am referring to how the mind conceives its analytical overview of what it actively notices. In mind's mental concepts no alternative options are included, making any one observation a mistaken opinion. In alternate realities that one opinion may not even appear, making it a "dream" of a single mind, not the bigger awareness that is available to Masters.

Anchoring light offers the chela an opportunity to delete these opinions. Canceling mental attitudes energizes action from the heart. Naive attitudes are not good light attractors; deep, open auras attract the most light.

Auras can provide significant contact between an open divine Master and others. If the auric field is large, light can make contact with many. An Awakened one's aura can cover a large area of mass conscious density in just one light anchoring meditation. Please consider negating your unconscious attitudes so you can anchor as much light as possible, NOW.

And my next comments are for those interested in whether man will continue copulation in the ascended condition. No new children will be conceived once man's existence in flesh is discontinued, so no attraction for copulation will occur in a light body. Light bodies are not androgynous, men appear as men and women appear as women. However, men and women are not going to be acting in normal human ways, because they are no longer dense forms that deliver more dense forms; there will be no more dense forms containing Masters who are unable to deliver their full potential.

Children of the New Earth will be awake on delivery, coming out of matter that is not dense at the time of conception. Conception will not include drama or copulation, only mental agreement to conceive. Couples will be near in caring and detached in character attachment. Souls will not get married. Nothing of this dream will be continued.

Finding this not appealing? Remember that human desires are not going to remain. Nor are ordinary mental attitudes going to drive human actions. Collective consciousness currently determines man's actions, but this will not be the case after ascension. Bodies will no longer be the most contact oriented demonstrations of aliveness – Open auras will.

Since density cannot move on to ascension, bodies will dissolve, not deteriorate. Are these additional comments freeing you, or are they instead activating an ego's attitude about the future? Be aware of how the body/mind acts regarding this disclosure. It may be angry about the ending of its dream. It may decide ascension is not desirable. It may distrust the Master delivering the message. Any of these attitudes are EGO. Completing ascension demands an end to EGO dominance. Clear these mental attitudes, and ask the Master in the heart of awareness that comes with Awakening, to lead you to this opportunity to

complete your contract with density.

I AM THAT I AM

Ascended Master Saint Germain

Channeled by Aruna

Message 474 - Sananda says . . .

<http://mastersandmankind.blogspot.com/2011/06/sananda-says.html>

Saturday, June 25, 2011

Choosing to ascend is the deepest commitment to God there is. How committed are you?

Message 475 - More About Ascension Qualifications

<http://comptedesaintgermainsblog.blogspot.com/2011/06/more-about-ascension-qualifications.html>

Sunday, June 26, 2011

All humans are not chelas of the Ascended Ones. Many are not ascension candidates. Those who are not our chelas will not be leaving man's domain as Ascended Masters. Not that they are any less divine or able, their ability to ascend is not adequate. What makes one able to ascend? A contract to do so is only the beginning.

The ability to ascend also requires:

1. Caring about all that is.
2. No disturbance in any situation.
3. Peace in the body no matter what physical condition appears.
4. No drain on others.
5. Allowing heart to lead.
6. Making a difference.
7. Change in consciousness from control to adapt.
8. Raising consciousness with love.
9. Agreeing to ascend consciously.
10. Preparing by living all of the above.

Now that this list has been delivered, give these most important gifts to humanity a loving delivery. Are you able to ascend? Answer this now, and adapt to the areas needing more attention. Freedom of the continuous cycle of birth and death comes now, not in future lifetimes. No future lifetimes will be necessary when these most caring and conscious qualities are delivered.

Many of you doubt your ability to ascend. None of those who are able to ascend will doubt their qualifications. So if doubt is in your mind, "no doubt" is another qualification. Heart over head is the most active "doing" needed. Choose to ascend and the body/mind can activate the needed lessons to dream the ascension into action. Meditate daily and tell the creator that God awareness is your only desire. Breaking through the mind's control requires this.

Fraternizing with other collective conscious beings does nothing to assist in ascension.

Partying with alcohol and drugs makes the man dense and co-habitable – meaning that another dense entity can attach to an aura of this condition. Please don't gather with non-advanced beings who drug themselves to accept life. Change this one thing and make a major difference in your ascensions ability. Drugs are not an avenue to more awareness. They control the mind during the experience and anchor another answer to man's ability to be divine in his caring and accepting. More drugs become needed to open the veil and no difference in attitude or behavior is sustained without drugs, only a different view of man's dream. Not reality to be sure, only a different dream.

No drug user is going to ascend. My clarity about this is now delivered. No drug users are able to qualify. So, if this is an addition to your awareness, give it up now. What about drugs used in alchemical ways like peyote and ayahuasca? Neither of these are addicting so neither are in this category of drugs that my message is directing its meaning to. My dear ones, I am including hashish, cocaine, heroin, mushrooms, ecstasy and methamphetamines. Marijuana is not a drug of this characterization. More drugs than named are also considered control drugs, so don't say "this one was not on the list" and deny my meaning here. Control drugs include anything that cannot be dispensed with instantly. I am not talking about medical assistance drugs, only those used as mind altering deliverers.

Choose to be in the body, totally present and completely content in all aspects of being human. False opinions about drugs abound. No chela will be able to ascend who controls his mind with drugs. Give this decision to the heart and these drugs will no longer be used.

New conditions are coming that will demand clear thinking and drugs will create mental escape, not clear minds. Battle this demon now if this is needed.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 476 - Kuthumi says . . .

<http://mastersandmankind.blogspot.com/2011/06/kuthumi-says.html>

Sunday, June 26, 2011

Changes in attitude must come as a natural unfolding of God's grace in the human dynamic. Attitude change activated by drugs is not a clear delivery of one's True Nature, it is mind's decision over opening of the heart. No decision of mind activates heart light and the awareness available when mind is quiet.

Message 477 - Instructions for When the Call Comes

<http://comptedesaintgermainsblog.blogspot.com/2011/06/instructions-for-when-call-comes.html>

Wednesday, June 29, 2011

When the day of ascension arrives, the entire group needing contact will receive it at the same moment. Some will be in deep sleep. Others will be doing their daily activities. Channeling this message will be inactive – it will be amplified to awaken the God within and the mental body at the same moment. Awareness of it will not be a new challenge to

go through, it will be apparent. Next is to accept the call.

Acceptance means agreeing to ascend. Nodding without clear agreement is not adequate. A "YES" must be announced by any means applicable. "I Am That I Am" can be the words used, or anything that declares agreement with divine will.

Chapter II of ascension will be in the next attitude after agreement. Being in bed means getting dressed quickly to leave the building you are in. No need to travel, just go out of man made containers: cars, houses, trains, etc. Go to an area of choice where a man can be dissolved without notice. In the doorway of a building is not good enough. Feet on the ground is an option but any uncovered area that is not near a doorway is better. You will make that choice to the day and time the call comes. Wait to be consumed by a dose of energy that courses through the body.

Children are to be taken to the area with their mother and allowed to be apart from her during the actual ascension. Other parents can be at the area if they are also ascending. Calling all candidates is exactly that. Those not prepared are not being called. They are not to be dragged along by the ascension candidates.

Free the mind of any concerns about hearing the call, going out of an enclosed area or getting dissolved. Make no announcement. Just go to the area you are drawn to when the call is heard. Announcing the ascension date and time is not going to occur.

Are these instructions clear? Get out of the area that is covering the body and await the energy surge. Anchoring an answer to God's call with your agreement, and delivery of the body is all that is needed. Breathe, give no attention to the mind, and align with the coursing energy.

Busy now? Of course you are - it is the ego's way of declaring its desire to prevent your ascension. Ignoring the ego's comments must be done. I am giving instructions now because ascension will occur in the next months and I want everyone to have them. If you are not giving these messages to others, please distribute this one.

My channel just asked what to do if the body is on an airplane when the call comes. Await an opportunity to do what is needed. Should it be a very long flight, go to the lavatory to be ascending. Nothing will occur to the airplane as a consequence, only the notice of one or more missing passengers.

No call from God demands acceptance. No discipline measure will be correcting those who choose to not be on this wave. The next wave will come about one year later. This is a most difficult decision to make, as a large number ascending will help make the coming year less painful for those who will be on the next wave. Choosing not to ascend on the first wave will actually decrease quality of life for all that remain. Please consider the importance of ascension to all cosmic creatures, not only those who will be left on Earth. Each and every ascension brings new life to humanity and the collective consciousness now, when it can truly make a difference.

Growth and development time has been answered by an ascension call. Next is to change the negative dynamic of the collective consciousness so the New Earth can be created.

Chosen to ascend are all who chose it. No distinction will be made as to the country or continent, as all will get the call together. New light on the land can make the difference that all of you have been asking for.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 478 - Quan Yin says . . .

<http://mastersandmankind.blogspot.com/2011/06/quan-yin-says.html>

Wednesday, June 29, 2011

Peace will prevail on Earth as a consequence of the first ascension. Another ascension can be the delivery of Mother Earth to her own ascension. Both are needed!

Message 479 - Children, Animals and Ascension

<http://comptedesaintgermainsblog.blogspot.com/2011/07/children-animals-and-ascension.html>

Friday, July 1, 2011

Choosing ascension during the night when the call comes may be difficult, but the most conscious entities will not hesitate. Only these will ascend. Are my meanings clear? Only those answering the call with agreement will ascend. No delirium will prevent this, and no call will not be heard. Only an agreement, and action on that agreement, are activating ascension. Macro details have been compiled for this moment. Not on your dimension, in ours. We are asking for your assistance to heal and deliver all who can accept this call. It needs complete agreement.

Children do not need to go on in this life to learn anything. Today's children did not incarnate to be anything less than totally awake in their answer to daily conditions. They may appear dense in an atmosphere of density, but they have no karma left to clear and can ascend at any moment.

Pets do not need to do anything to ascend. Carrying them out of the building (or any demonstration of your intention) does not need to happen. Accepting an alternative condition for them is needed. If they choose to ascend at the moment notification occurs they will, wherever they happen to be. Nothing needs to be done by you to control this. Completely accept that all candidates for ascension, animals included, will ascend if agreement comes on the call.

After the ascension, animals will be given another chance to incarnate or another consciousness to attain as a new species. Many animals will join the human ascension because of the contact we have given them as animals. Most animals never come to ascension because attachment and control by others does not afford them the opportunity to love without dependence. But having awakened companions, or nearly awakened companions, has lightened them and allowed them to adapt to higher frequencies.

Animals clear of attitudes that are acting as non-aligned disturbances can go through the ascension portal. Horses are included in this. Not all animals attached to humans will ascend - only those who are adjusted, caring and all clear of negative attitudes. Clear them with whatever assistance you can provide. Nature can assist. Give an animal nurturing activities in nature and achieve an attitude change to the lessening of drama in

their psyche.

Some animals will definitely not ascend. It is their karma to be abandoned during ascension and adopted by other owners who will give them their lessons. Please don't attempt to determine the ascension readiness of your pets. Not knowing is an acceptable condition for this creative dream that is now unfolding. Parents do not need to worry about the destiny of their children or their animals. All have contracts that include the ascension change.

"Presence" in all circumstances MUST be attained to fully be prepared to ascend. Acceptance of the added details given today must also be given. No attachment to anything near and dear can be dominating the chela who ascends. Pure delight in the ascension can only be delivered when complete light is ascending.

"Going up" is not actually the description of what will occur. No arising of the physical body will occur. Ascension is the arising of the light body that cannot be seen. Once the conversion to light by dissolving human density occurs, a lifting of nothing visible will happen. Names and minds will be considered leaving, and only an angelic contributor or an Ascended Master will appear as a light image on the dimension of man's anointment. No dense Angels will be dreamt of again by these light deliverers.

Only those who can drop their human desires, attitudes and contractions are able to become Angels or Ascended Masters. Animals can do this with less Angelic assistance than most humans. More than one human distraction can cause a man to deny the call. Animals will go directly to their destiny, as no distractions will deter them.

Are the dogs, cats and other creatures able to ascend? Act like they are and they will be.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 480 - Metatron says . . .

<http://mastersandmankind.blogspot.com/2011/07/metatron-says.html>

Friday, July 1, 2011

Practice being completely present in all circumstances. Allow the day's activities to be created by our realm, not the mind's idea of what can be done today. Give the light your attention. Meditate.

Accept two changes in the body: 1. an energy alignment that is occurring and 2. more dreams to let go of "less than aware" non-aligned energies. Be glad that these things are occurring to open the door to disappearance of this container.

When the next God delivered ascension occurs, it means that who you actually are will be liberated.

Message 481 - Most Important Message

<http://comptedesaintgermainsblog.blogspot.com/2011/07/most-important-message.html>

Saturday, July 2, 2011

My dear ones. Consider this to be the most important message to date. My contact may not continue after the ascension, so those not ascending need this information.

When ascension occurs there may be no immediate notice. As calls about "missing persons" begin to consume the local authorities for such reports, curiosity about all of these disappearances will arouse the attention of the media. As media delivers its consummate lies to the group not ascending, there will be those who are aware of the cause, and the next opportunity. We need those who are most aware to come out to the media with an outspoken message to declare. It is important that these messages not be deleted if we are going to get the next wave on track.

We need to bring more attention to details than just announcing that there will be another call. All of the leaders of light will be ascending on this first wave, so no attention to the need to be clear of negativity or the need to get quiet to channel will continue being heard by those who do not ascend. How important are these messages? Delivered with continuity, they can bring many more to ascension. So those needing to complete another level of growth before the next wave are asked to come forward, so their awareness can be the cause of many other Masters emerging to ascend.

Choosing to wait to ascend may give the mind a new attitude about not being around to witness what comes of the nations losing the most conscious among them, but will not deliver the needed cause of wave #2. (Actually, this will be the 3rd wave of ascension – many did ascend in consciousness in 2009 who did not disappear. They deliver a light flow that is now moving others to ascend on the next wave.) Many need to disappear so that they cause sufficient curiosity for another wave to be announced.

Clear channeling will be needed to deliver correct messages to the news media in contrast with all the other announcements that will be made about man's next developments. Bringing channeled answers to the media can provide a consistent message to all of the continents. Two continents will need more channels: Asia and Africa. Neither of these areas have adequate clear channels to make a consistent message accepted by others. Any channels who can do this are asked to assist as many as they can in learning how to channel clearly.

More deliverers are also needed as leaders, not only as messengers. Can those who do channel consider opening their attitude to include directing a movement of awareness in their country? The next days additions to the controllers actions may move all who are not declaring their awareness to do so. We are asking that they do.

Will man deny ascension? If there are not enough to demonstrate how it can occur. Our needing a large group is important for you to be clear about. Canceling the ascension is no longer going to happen. Now we need to be certain the impact is not deniable. Changing the date or time is also not going to occur. Only the energy to ascend is needed now, and we can deliver that at the appropriate moment.

False advice has been given to many channels to divert the ascension. No diversion will occur. Those accepting those delivered messages as Truth may miss out on an opportunity their inner adviser can still deliver them to. It is imperative that anyone questioning my content get guidance from their own inner channeling of I Am That I Am. When an active call comes, they can still be on this ascension wave.

Never before has an ascension like this occurred. Belief in its actualization is not needed. Only an open attitude and agreement. Prayers are being answered. More happiness, caring and contributing will come as a consequence. Peace on Earth will need more continents delivering less negativity against others, but no matter how this begins, it will need attention, not a miracle. Ascension is not a dream. Completing your contract to ascend is an avenue to awareness that is about much more than what an ascension brings. Another adventure awaits.

Chelas, give me the contract completion that your own inner director can guide you to. Don't depend on anyone else to decide your destiny. You are a New Earth creator, as the next wave is not the only contract detail that is causing this ascension to occur. This group asked to co-create the New Earth, and an ascension is needed for this to occur.

Bless you all, and give ascension an attitude of "why not?".

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 482 - Archangel Ariel says . . .

<http://mastersandmankind.blogspot.com/2011/07/archangel-ariel-says.html>

Saturday, July 2, 2011

Having the ability to get guidance from within needs to be your most important consideration. Accepting guidance without giving it this inner confirmation is not a conscious way to move in a low consciousness environment.

Most advice given by anyone at human density is mental. Most channeling contains control influences by controlling deities or mind's contribution. Nothing clear can be delivered by channeling that can be accepted by all, due to the diverse attitudes that are determining their acceptability. But deep within every man, woman and child is a Master that can determine accuracy. In all contact with outside influences, the inner adviser needs to be consulted before accepting or rejecting anything that appears. Follow this inner Master always!

Message 483 - Next Day Alternatives

<http://comptedesaintgermainsblog.blogspot.com/2011/07/next-day-alternatives.html>

Tuesday, July 5, 2011

What I am about to say will be a contradiction to all the dogma that has been given about humans living in a different galaxy. No other galaxy is going to accept man and his growth lessons in human form. No other planet will be an attractive alternative to humans who are not ascending. Yes, I previously said this would be the case, but no other planet will agree to this possibility. So now the only alternative to ascension will be death and rebirth in another (different) form for those needing to continue the death and birth cycle. Only another incarnation in this new form on another galaxy will advance consciousness for those not completing an onward detail on Gaia.

Please do not get negative because all other messages talk about another planet accepting man as he is now. My colleagues are not coordinated in their messages about this yet, as my words come to you at the moment my guidance on this matter is revealed. They will now be informed of this change as you are.

Getting agreement to inhabit other planets is about the same as pleasing the leaders of other continents. Mankind is not getting a very warm welcome due to the negative attitudes that will be left (without any love diffusers around) after the two waves of ascension are complete. Chaos may ensue. Given this lack of balance in the mass consciousness of those being considered, all other planets man could exist on are refusing to accept him. Which leaves the Galactic Federation with no landing matrix once they call forth their mandated contacts and their families. No landing areas negates this entire plan. Are we able to control this decision? No. So we are left with no alternative but to inform all who believed in the affirmative (about an airlift to another galaxy), that new contradictory messages are to now be given about this. Soon it will be considered common knowledge that all the other planets do not want negativity to come to them. Aptitude for ascension is now more critical than we originally thought.

Can the dark cabals maintain their demands during the next days? Yes, and its up to every one of you to counter them with love, no matter what occurs. Being in a caring, compassionate mode destroys their dark intentions.

After the first wave of ascension comes the dark days, when night goes on and on with no daylight for a few weeks. It will be very disturbing to those unaware that this is going to happen. Be the aware one in your neighborhood and encourage business as usual. No daylight is due to a contraction of Mother Earth, and an asteroid is moving into the atmosphere of man's domain. Asteroids cannot be controlled, and this one could make an impact on man's continents. Be aware that many of you can disappear before this occurs and you do not need to go through this drama.

My words may sound cold, because the death cycle means that many are doomed. But my consciousness considers this a great opportunity to clear the Earth without the other disasters needing to occur to do it. Asteroids don't cause death in managed ways, only instant death without any lingering, guilt or negative choices needed. Asteroids come to the rescue of those needing an easy way to get out of this human drama quickly. Those ascending are not going to go through human death so they will need no assistance from an asteroid.

Inviting comets or asteroids to complete the disappearance of man's continents is not the agenda of the dark cabal. They desire ongoing life to have something to manage, but only with a minor quantity of nameless agents to be their consummate answer to human degradation. Asteroid contact will decrease many of our remaining unascended souls - do you want to be one of them? Are the days to come attractive? Are they as dramatic as ascension? Absolutely, so why not energize those who need to ascend before this occurs?

Be the agents for change you are now being guided to be. You are the light for the next change.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 484 - Sanat Kamara says . . .

<http://mastersandmankind.blogspot.com/2011/07/sanat-kamara-says.html>

Tuesday, July 5, 2011

Before you decided to become a human this time the dark and light wars were coming to a momentous clash. When this occurred there was a major conflict on the planet of Orion also. In this dynamic Orion sent agents to check out man's continents as another land for their own. In their desire to control this civilization they became mixed race bodies with reptilian brains. Many became Christian zealots. Some went into politics. Some became military officers. And one or two thousand came as an added bonus to lead others to these leaders, to be governed. Military officers who lead with a mandate from an alien government are deciding your fate now – if you allow it to continue. Currently they intend to wipe out all Muslim led countries to divert attention from the other games they are capturing man's choices with.

Political observers notice the change in attitude the President of the United States now has. Can you agree with him? Why not? May we offer this explanation: On Orion he was targeted to be used as their greatest tool for manipulation of humans in all countries of the Earth in order to produce total chaos and completely eliminate man's ability to care for one another. When the dark days come they intend to invade – a complete takeover of what is left.

Please don't be afraid to ascend – it is the interference that is needed to destroy the takeover they have designed for Earth. In the days to come, Orion must be deterred from this takeover so this planet remains available for the creation of the New Earth.

Please care and concern yourself with this awareness as you make your choice about ascension.

I am the World Creator in one aspect of the creation's design.
Sanat Kamara

Message 485 - Query Your Mind's Concepts

<http://comptedesaintgermainsblog.blogspot.com/2011/07/query-your-minds-concepts.html>

Sunday, July 10, 2011

Chelas of the Ascended Masters must Awaken now. No other answer can be given as an alternative to what is coming in the next days. Awakening has not yet given man (collectively) an attitude adjustment yet. Not enough are able to BE as they came to materialization to BE. Advance one more unaware concept like "mastery conjures up money" (denying the truth of your actual nature one more time), and you will miss the opportunity to advance your consciousness as easily as it can be achieved NOW. When human concepts override the inner director, that denial maintains an answer that must be queried. Can the mind question its own concepts? Of course.

More than any other daily calling, asking for answers from within needs attention. Clearing out unaware decisions must be done with natural means of determining the accuracy of an answer. No accuracy comes with an agenda. One answer that can always be discerned as having heart or mind qualities is manifestation abilities: Mind always desires more than it

considers itself to have. Heart always has enough. Mind needs more and cannot accept that it does not need it. An answer the heart delivers is: "no matter what happens, my life is fine."

More important than an answer to the mind's questions, is for the question to lead the body to experience an answer. An experiential answer gives the questioner more than just one lesson. Of course, the answer may come none too soon when difficulties arise.

When answers to the mind's questions are accurate, the heart does more than celebrate: it dances. When you are not aware that your mind has all the desires, negatives attitudes and control of the choices you make, it comes as a big surprise to discover there are new attitudes that exist in your heart. At this discovery, new opportunities can be delivered to you because mental queries are now an option.

Beginning inquiries to the heart can serve as a nice control device for the mind, so clearing the mind of its control requires more than just inquiry. Not pleasing the mind can deter it from all questioning. The mind wants confirmation of the concepts it holds, but all of mind's concepts need correction. None of them are "completely accurate". Many distortions are included, even when the data being considered is aligned to what the "experts" are saying. No one who only uses their mind's concepts can actually be 100% accurate. New (previously unavailable) data can completely annihilate any of mind's concepts.

Chelas, an Awakening is the beginning of deleting mind's control of the human character. No desires, needs or "attitudes against" come from the heart. Are the mental qualities of the character also deleted? No, all qualities that are needed to act on one's inner guidance remain.

Chelas who are Awake do not consider any of my messages on this blog frightening. Nor do they concern themselves over the accuracy of my timing. When the accuracy does not seem like an affront to the mind the content is more conceivable. Being Awake means that there is no mind assessing the data and asking for details.

Can you dream of Angels and not be one? No – because what you dream is a mental projection. If Angels are in your mind, they are also delivering their consciousness through your heart. All of the Masters who deliver major clearing of deep mental attitudes are canceling mind's control. Are these "lightening" deliveries being commanded by the mind? No, none of them.

Only those who are continuously deleting their dense mental attitudes can dance the dance of ascension.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 486 - Ascension is Graduation

<http://comptedesaintgermainsblog.blogspot.com/2011/07/ascension-is-graduation.html>

Monday, July 11, 2011

Who do the Ascended Masters channel to? Whoever they can. We are omnipotent, meaning there is no dependence on any one being to deliver our words. But, there are

only a minor number of channels that are able to allow our words to be delivered without distortion. Our clarity depends on their clarity.

Clear channels are in the minority, and no answers that are delivered as a message should be accepted without going within (to the Master of your own being) to ask, "Is this coming from Christ consciousness?" This is my way of telling you that you must be the one taking on the ability to discern a message's accuracy. No Master can guarantee a channel's ability to deliver a message clearly on a particular day. We do the best we can to give advice, and the clues to look for when distortions exist. We also do our best to be available to the channel during a difficult time, when they may need our aid. So when difficulties occur we do not withdraw, but we warn our channels to be even more discerning when they are not in the awareness that allows them to be clear.

Brains are able to decipher our answers, as man can hear the numerous signals being transmitted to the nervous system and convert them into language. How the brain does this depends on the human's living cell gnome and the frequency of the man's consciousness. No two channels are wired the same. Masters align to the man's capability, and deliver as much as can be accepted by the man's ego.

I Am That I Am is the actual source of all information that is being channeled. Using the Angels and Ascended Masters as messengers is how the Source communicates to man's mind. I Am That I Am is able to also communicate directly to the heart of all. Now, why do my messages through this channel contradict the dictations received by other channels? Because of all the aspects of channeling I just discussed:

1. Clear channels are rare
2. A channel's daily mental changes can be an influence
3. Many channels do not have the quality of gnome + frequency necessary to connect to my vibration
4. We are not able to control how one is able to receive our messages on a given day

As for the content differences: My words regarding Ascension are the ultimate in clarity and my call is to those who are Avatars awaiting their completion after many incarnations or inductions into the Great White Brotherhood in other domains. (They are not for the masses who either show no interest or are frightened by them.)

Earth will disengage from man's destruction to be regenerated. No "safe areas" exist. Earth will not disappear or be destroyed completely, but many changes are and will continue to occur. An asteroid/comet is coming into the Earth's atmosphere. Impact may occur. More earthquakes and other catastrophes to human existence cannot be altered. The deaths that result from any condition will not be the end of the crust of the land, only its occupants. 2012 will not be the end of human existence, nor will this date be the end of the planet. But it is to be the end of the world as you now consider it to be.

Will there be groups of light beings gathered together before the death or ascension of the group's members? Yes. Are the groups being formed for ascension? No, only to be able to live on Earth during the destruction. Ascension of the first wave is imminent, and the second wave is also going to occur for those WHO ARE READY. I have repeatedly said that Awakened awareness is a MUST before ascension. How many of those reading these messages are Awake? Not nearly as many as I had desired. When I talk about "Awake" I don't mean having a caring heart or a loving attitude. I mean that "no mind" can be found

when the light is on. Moving from mind's view of the world to the Awakened condition is a major change. I have been addressing this complex shift in character in many of my messages, and they are only accepted and clearly comprehended by those who are already or close to being Awake.

Be Awake and ascend. Those who are anticipating ascension and are not Awake when the first wave disappears will know what the needed ingredient is to get on the next wave. Will there be an ascension? Yes, for those able to complete their incarnation cycle; who are already in 5th dimension consciousness. Their bodies can dissolve to the heightened vibration because it is at the 5th dimension frequency of "love of all that is".

My dear ones, these messages are not for those who are creating mental attitudes about them. They are for those who find them aligned with their own inner knowing.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 487 - Archangel Michael says . . .

<http://mastersandmankind.blogspot.com/2011/07/archangel-michael-says.html>

Monday, July 11, 2011

Who are the most aware on the planet? Those who are fully Awake. Anyone who is needing an explanation to be characterized in words is not fully Awake. Give up your mental inquisition and Awaken so you are one of those who can ascend.

Message 488 - What Are You Waiting For?

<http://comptedesaintgermainsblog.blogspot.com/2011/07/what-are-you-waiting-for.html>

Friday, July 15, 2011

All of the messages on this blog address ascension, including those that mention future conditions. Ascension is my first call, due to the clarity that is needed about this. So many dictations of channeled entities have created much confusion. I Am That I Am wants this confusion to be over. My role as Maha Chohan is: to define ascension to those who contracted for it, to let them know the next call is coming, and that getting ready needs to be done. Some who have contracted for ascension are not able to ascend at this moment due to their attitude and beliefs. Those who do nothing to get ready can lose the opportunity.

Many of these messages contain instructions, and many outline the requirements. Should there be questions in these areas, go to these messages and get this information. Before the next wave, all of those who signed up for ascension can qualify, no matter how the denial of one's own awareness has kept you in the drama of man's contractions. Those desiring ascension can get all the details they need on this message blog. Please go to the messages that are already on this blog and get the information.

When the body is able to ascend, the energy to do so will be delivered. But being loving and caring does not make a body ready. First, the density of old contractions must be released. *A contraction is a memory that contains an emotional charge. When these are*

released, the man or woman is able to be fully present to the moment and can be an anchor of light in the midst of any conditions.

If contractions are able to be revived when new circumstances resemble conditions that caused them in the first place, no more light can come into the body to help it move to higher frequencies. *Moving the body to higher frequencies is ascension.*

My chelas must clear their contractions for ascension, and it is very naive to assume that holding onto anger, fear and distress is "ascension ready". It is not. Being caring does not destroy the contractions, only denies them. Open hearts do not automatically dissolve the memories of those life experiences that served to limit awareness. Ascension needs these memories to be clear of attached reactions.

Being caring and loving can very easily help you dissolve these contractions. All it takes is: *to love the things that are the most difficult to love.* Love the memories that caused you to contract, love those who gave you those memories, and act as though all is dear, no matter what came before, including conditions that caused memories of despair, created anger against another, and demanded your attention towards one of the things the soul chose to learn about prior to incarnation. Forgiving and detaching from these disturbing memories will lead the body to higher frequency capability.

Many techniques exist to lessen the time it would ordinarily take to delete all of these contractions. My mission is to lead you to those who can do them. Ask to meet one of these amazing healers, and call one to you. Associate with others interested in doing this kind of clearing and they may also assist you as you assist them. Work with men and women who appear gifted to heal. Mask yourself as an "Awakened ascension candidate" and you lose.

Awakening dissolves contractions. Why? Because "no mind" means there is no concern about anything, including the circumstances that caused the contractions. Change your attitude about those memories and you will "lighten". Are we clear about this? Many believe they can ascend now without clearing. They will not ascend. Clearing is an actual detail that the meditators miss. Meditation mesmerizes, it does not clear. No meditator who cannot delete their contractions and give up attachment to the material life can ascend.

Clearing can be done in on the way to getting Awakened. Awakening is not only what occurs in one moment – the letting go of all contractions about one's personal history comes after that first step of Awakening. The initial realization that Awakened the chela deepens gradually into Awakened awareness. Stillness in the body and mind are the consequence of this deepening. Consistent delight does not come to the human with contractions, only temporary ups and occasional drops into deep quiet.

No delay can be considered safe for those aspiring to be on the next ascension wave. Are you one of them? Are the circumstances in your life keeping you caught in attitudes about these circumstances? No? Then you can ascend. If the answer is "Yes", you need to drop all attitudes "against" that maintain the denial of your True Nature – unconditional love.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 489 - Kuthumi says . . .

<http://mastersandmankind.blogspot.com/2011/07/kuthumi-says.html>

Friday, July 15, 2011

What all of the Masters need to address is the need to be clear of contractions. Those not admitting their memories can activate emotions are deleting the needed information. All who want to ascend MUST become clear of negative ego control. The mental dogma now driving denial is the call to more awareness.

Message 490 - Be a Gift to Those Who Need Light

<http://comptedesaintgermainsblog.blogspot.com/2011/07/be-gift-to-those-who-need-light.html>

Monday, July 18, 2011

When the days are hot and mentally draining there is no need to be guided to do anything. It is not necessary to always be given material about another goal to follow. One day to do nothing is more caring to the man or woman than doing a number of tasks that are called for by the Masters. My chelas do not need many more answers. All has been written that any candidate for ascension needs to know.

Are the days getting more life draining or are they getting more enjoyable? All the days that continue the mood of drain are an opportunity to anchor light. Be quiet and let the light that the Masters are able to deliver be a contribution that you make to the planet. All areas need this. None is completely light or completely doused by those who can channel. Channeling an ample amount of light can do a lot of giving to those able to accept it. When our conduits are open, there is an amazing amount of grace available to clear out dark attitudes and open more to accepting their own awareness as "the way". Masters do this without "doing" anything. All they do is clear their mind and continue to accept the light that is coming to them.

Marijuana is not a deterrent to ascension. Neither is any natural substance that is not made into chemical compounds like heroin or cocaine. Nature created marijuana as a material to be consoled with when in great distress. Marijuana was not delivered as a drug or a mental attitude adjuster, only a light dampener of distress. Anyone using natural cannabis is not giving out an anti-consciousness, dense, contracted manifestation. No other caution need be given other than to get clear of all of its effects before driving or attempting to communicate from an organized mind. Mind altering conditions are not negative – drugs that cause health disturbances are.

Can the drug of choice be happiness? My preference is to have laughter and games meet the need of doing something to get "high". "High" is a condition of mind. No drug, or altered state is needed when a natural condition of happiness is the one and only way to live. Awakening the divine nature that lights the world delivers this needed attitude as well.

Protecting one's children from the negative attitudes of their own mind needs attention. Children can be damaged by a negative contact during their early years. In these coming days, the needs of children will be an important consideration. Please help them delete any negativity they are carrying in their mind. No, I don't mean calling attention to the dismantling of their light – only do an attitude adjustment by delivering a different way for them to perceive the object of their distress. Give them the understanding that the cause of

their distress is an opportunity to learn. Are children able to grasp this? Of course. It only needs to be brought to their attention. Give the children a chance to clear attitudes that don't give them an answer that leads them to their own light.

Are you able to do this for them? Good, also do it when negative attitudes arise in your mind. Practice changing negatives into positives as they arise. Cancel negative attitudes with a very simple alteration of their nature. My way is: "All of my negative attitudes are a lie I've taken out of context." In this dialog: the negative thought is the lie, and the context is the Divine's gift to man's growth. Humble acceptance of one's own misunderstanding works well.

Have a good time making the negative domain a clear way of transformation for all concerned. Be the guide to an apex of light in anyone you can contribute a dose of attitude adjustment. When the heart can dissolve mind's negativity, another drop of God's nectar is contained in the darkness.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Note from Aruna: One effective way I have found to clear contractions is the work of Dr. Bradley Nelson, called "Emotion Code" and "Body Code". Google his website for more info.

Message 491 - Serapis Bey says . . .

<http://mastersandmankind.blogspot.com/2011/07/serapis-bey-says.html>

Monday, July 18, 2011

Place your negative attitudes on an alter to God. When this is done, they dissolve in an instant. Be aware that the dark needs love as much as the light. Give love to the dark and diffuse its control.

Message 492 - Making the Change

<http://comptedesaintgermainsblog.blogspot.com/2011/07/making-change.html>

Wednesday, July 20, 2011

Chelas are not being given orders to do the things called for in these messages. Free will always overrides my contact. Use the divine awareness within the heart and you will need no guidance from anyone. Choose this today and no more will these messages be needed. But these messages can be a welcomed help to those unable to determine their heart guidance from their ego. All my chelas need to get this distinction clear.

Choosing "my way" does not mean altering any clear decisions you have made to give assistance to others. Nor does it attack those decisions. Asking for guidance means requesting another's opinion, not giving up "truth" as you may believe it to be. Cancel all your definitions of "truth" but the one that is not able to be known. Nothing mind considers "truth" is, nothing learned from books is, and nothing as you see it is. Truth is not anything man can conceive of. Nothing light or dark can cancel it, as there is no light or dark in Truth.

Can help be given for asking the heart for guidance on what Truth is? Inquire in this way, and the answer will become fully available – not to concern the mind with – only to be aware of:

After each new day's contact with the heart to get answers, give yourself the most important gift of all: allow the heart to comment on everything you feel a need to do in your life. There is no charge made for this assistance and no mandates are given – only good attitudes about how the course of your life can be dramatically improved. Once this allowing of the heart's guidance becomes more constant, the guidance for the mind can be discontinued. Mind is not an alter ego to the heart, it is an active dreamer that has limited awareness. Once the heart provides more of your answers than the mind does, your life becomes "awareness in action".

When the inquiry begins to be more than a once or twice a day dialog, the goal of the mind will be to investigate the mystery of the heart's awareness. As the mystery gives way to capable delivery of the heart's mastery, the mind can develop an acceptance, or not. Its best to have acceptance, as an irritated, antagonistic mind can do a lot of sabotage to the new dynamic. Competitive dialog will not afford changes in your daily life, so welcome the mind AND the heart's input and give the mind no cause to deliver any discord.

Choosing the mind's option can also be done, as no day is completely dominated by the heart. Welcome them both into a loving and caring daily movement of energy, and demand nothing of either. Positive acceptance of both can alter the dynamic of competition into active creativity in an instant.

Are you able to do what I am asking? Try it. No dance of leela can be complete without shifting the answers you give from the mind to the consciousness of the heart.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 493 - Lady Master Portia says . . .

<http://mastersandmankind.blogspot.com/2011/07/lady-master-portia-says.html>

Wednesday, July 20, 2011

My work as a Master is to make the awareness of the Awakened heart the most causative direction for humans. When this can be achieved, more growth in awareness can occur. As the days of healing continue, this shift needs to happen. Then all the answers about ascension and continuing contributions from our realm will no longer be necessary.

Message 494 - Enlightenment Does Not Equal Perfect Health

<http://comptedesaintgermainblog.blogspot.com/2011/07/enlightenment-does-not-equal-perfect.html>

Saturday, July 23, 2011

When the heart has opened the health of the body may deteriorate. I am making this statement to negate all the dogma about health being a natural manifestation of the mind's

consciousness. All bodies are capable of being ill, no matter how enlightened. No cause and effect law applies to mind's ability to make a body completely healthy. Opening the heart has consequences – this brings new causes to be at choice about: more caring about others; more caring about nature and nature's ability to contain its destruction; more awareness about man's inability to be caring. All of these attributes are now taken into the body's organs and nervous system to be dealt with. More caring means a clear door to more awareness through the body's ability to accept these new attributes, and assimilate all that is changing.

Changes in consciousness make many alterations to the container of that consciousness. When a major adjustment needs assimilating, a natural consequence comes to the body's organization to be dealt with. Illness often comes as a materialization of this alteration making its way into new chambers of the container.

Noses and aerial borne chemicals are also deteriorating man's container. This applies to all men, not only the less conscious. And negative thoughts of those around the more enlightened are now able to take advantage of the more natural, less closed dynamic of the open heart. All of the thoughts being activated near an open hearted one are absorbed and become an answer to human caring. Not caring for one's own aura is the cause of many changes in body chemistry because of this constant absorption of human attitudes.

Can a mind cause its container to be healed? Not unless it makes certain daily aura cleansing a routine. Auras are containing the waste of those discharging negativity, thus making energy pollution that can be absorbed by men and women who are open.

Processing these energies, and most of the other degrading elements being contributed to man's anatomy makes health a most constant cause of man's attention. Not attending to these aura clearing activities cancels the body's ability to completely be as active or be able to be challenged in other areas. New and different challenges are coming, and no masking of their damage to man's container can occur. Once the actual accrued effects of carbon creation becomes a major answer to cancer, a new attitude about the use of fuel to fill all of man's desires can take effect; and defeat cancer. Until then, man will continue to destroy the health of all of nature's beings by his needs and wants that are not actual.

Making a difference in human health takes more than caring about the disease itself. It needs cause deletion, and negating the "needs and wants" of man's mind. Pure consciousness cannot combat these influences. No case against cancer can be demonized or changed unless these neutralizing factors are considered. Chemotherapy does not cure any cancer. Natural healing does. Natural healing includes mitigating mind's contribution, and changing the diet and causes from chemicals, dense mental chatter, and electromagnetic fields. All destroy the body's cancer fighting ability.

Containers of the enlightened are also at effect of these influences, not immune to them. Bodies are not enlightened, nor are mental egos. An enlightened soul makes no contribution to the dis-ease, but likewise cannot cure it only by being enlightened.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 495 - Archangel Ariel says . . .

http://mastersandmankind.blogspot.com/2011/07/archangel-ariel-says_23.html

Saturday, July 23, 2011

Pretending that health has an active connection to consciousness has been the cause of disintegration for many bodies. No correlation of these two things controls any man's diet or mental acceptance of disease causing materials. No container can be immune to today's carbon emissions and their consequences. No container can delete the daily exposure to non-appearing factors like cell phone microwaves or chemicals in the air. Bodies need care, a lot of it.

Please give up the concept that health and consciousness are on the same channel – they are not.

Message 496 - Masters Transcend Ego

<http://comptedesaintgermainsblog.blogspot.com/2011/07/masters-transcend-ego.html>

Monday, July 25, 2011

Channeling is a method of opening, so the cause of ego's arrogance can be dissolved. By giving ego the ability to be helpful in allowing the messenger to be heard, ego assumes that hearing its new teacher has the benefits it desires. No longer does this mistaken mind need to dance alone, the higher authority has more news and details than it does, so why not control them, as a gift to be enjoyed and dominated?

Channeling is not the ultimate condition. It is an alter ego phenomenon that needs more clarity. As long as ego controls it, the messages being given are influenced by this control. Allowing the channeling to occur is always ego's domain. As channeling needs to be "egoless" to be completely accurate, no details can be given that cause the ego to end the channeling ability. Why can't channeling aid an Awakening? Because an Awakening deletes the mind that created the opportunity, so any channeled material that attempts to delete mind's control can lead to the channel being closed.

Ego's confidence in the material is what allows channeling to continue. As soon as an opening is created, another goal of ego is to be gratified by the channeling content. No gratification also leads to no channeling. This is the great deficiency in channeling as a path to Awakening: ego cannot be deleted when ego controls the channel.

A convenient method for the ego to learn becomes the ego's major adversary when Awakening is named or discussed. When an arrogant ego is making its desires known, a control drama is in action. Only content that agrees with the mental conclusions of ego are accepted. Once the content deviates, no channeling can be continued. Flagrantly negative thoughts will appear against the messenger, and the doubt that then arises becomes a cause for deleting the messages. Practicing channeling does nothing to delete this control. Only an Awakening can do this.

An Awakening comes when the I Am in the body decides it is able. Only then can the ego be destroyed as controller. Meditation affords the open condition that allows an Awakening. All other activities, including channeling, are counter effective. No conditions exist that can create an Awakening with channeling. An Awakening does not occur as a

result of any activity where mind is a participant. "No mind" comes when all attitudes and activities created by mind disappear.

Chelas who are Awake are not concerned about any of the things said or done in their human experience. No human attitudes that they express contain personal attachment or desire. All personal lessons cease at the moment an Awakening occurs. All seeking also ends, as no goals are at cause in this approach to human life. Much more than just a calm, neutral appearance, an Awakened one has transcended all of the human qualities that man has added to the Master consciousness that has been liberated. Full, complete availability of this consciousness only exists when mental activity ceases. No mental activity = Awakened consciousness.

No activity, or mind directed condition, creates an Awakening. Neither deep caring nor any other attribute is the same as being Awake. Souls are Awakened by letting go of their mind's attitudes, and they continue to do this in an ongoing way. *No way is better than ignoring all that mind offers.*

After Awakening, the net of man's constructed mind matrix must dissolve. All contractions are naturally dissolved over time. Can these be dissolved as a means of Awakening? *Awakening is not an achievement. No death of ego control can occur out of an activity guided by the human desire to Awaken.* No close encounter or missed opportunity exists. One either has an active ego or not.

Having "no ego" means there are no attitudes or beliefs about anything. "No ego" also means there are no steps to achieving anything that has meaning. "No ego" means no human concepts are even worth adding to man's daily experience. Facing the fact that all of ego's concepts are not real, man can Awaken. Believing ANYTHING demands an ego to conceptualize this idea.

"Waking up" is the end of all karma and all concepts, not necessarily all contractions. Contractions are needed to densify the Master's container so it can continue to be in 3rd dimension. Clearing contractions only can assist human conditions so there is no cause to bring harm to anyone. Ascension can occur with many contractions in the body; those that are not actively controlling anything are OK. Those that continue to control need clearing for ascension to occur.

Mastery includes the ability to act as a mature, caring being in all circumstances. When man's contractions are able to be activated by any specific circumstances they need to be cleared. Cause and effect are still in command. No container that houses an Awakened one needs to be cleared for that container to ascend, as the contractions in these containers no longer influence mental decisions or cause any change to the Master within's approach to life. When an Awakening occurs, these contractions mean nothing to the Awakened one, so the dialog that accompanies their body's activated emotions will be completely detached from what the body is experiencing.

Anger may cease to exist in the mind and completely activate in the body of an Awakened one as a means of eliminating a contraction. Once cleared, there's no more cause of anger that can activate that emotion again.

Finding a way to Awaken cannot depend on any use of the mind. The mind must cease! Channeling only ceases the mind temporarily. Those who channel with no interest in the words that appear are not actually channeling (in the same sense of the word).

Politely question your mind to see if a channeling has any importance. All mind's will say "yes". No Master will agree.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 497 - El Morya says . . .

<http://mastersandmankind.blogspot.com/2011/07/el-morya-says.html>

Monday, July 25, 2011

As the one who helped open many to channel, I can contact them when they ask, but my ability to awaken them does not exist. I wouldn't even consider doing this if I could, because they need to initiate the call to Awaken as a choice of their own. Control of any human is only done by those with an agreed upon agenda that leads to another lesson being learned. No dark agenda is overriding the soul's learning program, only contributing to it.

Message 498 - Soul Groups and Ascension

<http://comptedesaintgermainblog.blogspot.com/2011/07/soul-groups-and-ascension.html>

Wednesday, July 27, 2011

Choosing to leave the man-made chaos of 3rd dimension is a decision that must be made by the mind. However, what the mind chooses may not be for the highest good of the soul. Group souls depend on all of their fragments to be One (in consciousness) to ascend. So consider the consequences of your choice as you would in a close knit family arrangement. The highest good of the entire group soul needs to be considered.

All groups are not dependent on the cooperation of one or more individuals, but some are. The difference? One who has Awakened has not done this only for himself, but also for all the other members of his soul group. So if you are a member of a group soul where one of the lights has totally come on, this qualifies the entire group for leaving 3rd dimension consciousness. It doesn't assure graduation beyond 5th dimension, but it lights the way to 5th. Those who do not have one aspect that has completed their Awakening need at least ten to have opened their hearts to equal the light of one Awakened one. Ten open hearts also qualifies the entire group to leave 3rd dimension for 5th.

We are now counting the collective auras that can ascend. Not as many as we had originally planned, but an adequate number to make an impact. Are these ascensions going to be noticed? Not unless enough agree at the moment the call comes.

Why are my messages getting so much antagonism? Because they are not agreeing with the deep seated beliefs of those who have been fooled by the deceivers. All who are awaiting great gifts of money, flights to other galaxies, movement of the continents without any children of God being eliminated, or mass ascension of the entire planet, will be quite disappointed. Are these concepts coming from the divine light of Christ consciousness? Ask, and get your answer directly. Nothing of this nature, that the dark cabal describes as a fact, can actually occur. Dreamers now need to face the actual cause and effect

consequences of the human condition.

No delivery to other planets will occur. Puritans, who have gone to another area to establish their freedom of belief, will tell you that the natives they have encountered were not very hospitable. So it is on planets in other galaxies. Nothing we have said to direct them to another decision has been accepted. No other galaxy can continue their growth with a more dense occupation, so they are refusing. So, my dear ones, its 5th dimension – or another lifetime as a different species in a different galaxy. These are the alternatives to completing this incarnation cycle with an Awakening.

Can an entire group soul go to 7th dimension with the Awakened one? No, only 5th, then each must awaken as individuals to move on. Please consider the group of conscious beings you can assist by awakening. Awakening is merely a more direct awareness of the human experience. Many can awaken quickly and easily with a clear guide who has already awakened. Be less concerned about the gifts of others and the dangling options being delivered as your alternatives, and only be determined to Awaken NOW!

Can you be a catalyst for others? Absolutely! Be clear about how they are acting and drop all discourse about them. Nothing they do or say can deny the heart of a Master who only loves them no matter what. Give out only love to all. Call to those who need more caring and give them attention. Close the door to negative thinking about all of those who have answered your call to grow. Welcome all the dark as they do what they do to lead many to their antithesis, the light. Can you choose one thing without having an opposite to deliver an option?

Cancel all decisions to go against those leaders who deceive, and give them a big virtual hug to light their hearts. Neglect no adversary - they are the door to your ascension. Being able to love the most difficult to love is the most important thing anyone can do as a human.

Fighting against the dark is the action it desires for you to take. Sending them love confuses them into a new control challenge. Can they continue to deny the caring they get? Not forever – as this is their unconscious desire. All the dark consciously delivers dark because its light has been buried. You can open that grave with your caring, and resurrect the Christ consciousness in them. Sound crazy? Will you give it a try? Practicing this can bring a new answer to man's candidacy for ascension. Commit to it, and do it together, as we all want the uplifting of density to new levels of light. Make this a new call, instead of hope, as hope does nothing. Giving out caring can do a lot.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 499 - Sananda says . . .

<http://mastersandmankind.blogspot.com/2011/07/sananda-says.html>

Wednesday, July 27, 2011

My group soul has many fragments. All need to ascend to change the dynamic of human affairs. If you have the feeling that we were together during my human incarnation 2000+ years ago of your time, get ready to leave. My ascension was your advance notice.

Message 500 - Time for an Inner Assessment

<http://comptedesaintgermainsblog.blogspot.com/2011/07/time-for-inner-assessment.html>

Friday, July 29, 2011

Are your hearts and minds open, and are you able to accept the next change? Can the drama be extreme and a calm mind still prevail? Are the minds of the candidates able to make them ignore their calling? Are my questions making you uncomfortable? Good! If this is a concern you have, can you give it up?

Now is the moment to look deeply inside, to determine and learn what the ego is doing to assist or deny the candidate's ability to ascend. Call this an inner assessment. For us, the aura reveals all, but those needing this news must do their own calibration – without forming any negative attitudes about the result. Part of being able to ascend is detachment. I'd like to discuss this now.

Are most of you caring for others? Of course you are, this is what an open hearted man or woman does. Are the recipients able to care for themselves? No, or they would. Can you see how your mind can use this dynamic to cancel an ascension? I will now tell you what I mean by detachment: All the caring that is being done is an expression of God being delivered through a human. And when that human is not around, another expression of God will take over. God is not going to desert any needs of those who are disabled, or children, or who have any other attribute that requires assistance. Our realm is ready to guide another body to the charge that needs these details handled. Are you able to accept that those needing care will get it because they are all God's children?

And does the need continue? Maybe not. Could those who have been disabled also ascend? Of course. No one decides their fate on a conscious level. Things are not as they seem. If you ascend, your dependents could also. And those not ready, they have their own caring to do – to care enough to give their blessing to anyone who has been caring for them. Giving their blessing includes detaching their body's needs from their new consciousness: "I am not this body".

In the awareness of an angel, active detachment occurs the moment gratitude or giving love happens. A gratitude moment frees the caretaker and the one needing care. Both can ascend. Prayer is also an avenue to ascension. Praying to aid another can be the condition that brings one to ascension. Getting out of the mental drama about "me and my life or death" allows the body to be crowned with light. Add a dose of mastery to this, such as a new awareness that detaches because of complete confidence in divine grace – healing and awakening can occur in that instant.

Don't give up on ascension. No dreams of this are an accident. Dream of ascension and think: "my next adventure". The call will come at the moment an army of brave, aware beings are able to agree to consciously go to their next adventure. In death conditions there is usually no agreement. Clarity about how the material world is an illusion can be the only catalyst needed to make a decision for this new adventure. Will this be the decision that all will make? No, due to ego's non-aware attitudes. No death is going to be experienced, though it may appear that way to those who are not ascending.

Face the questions mentioned today, and claim the attitude of being a divine being who is being called to deliver divine love to all. This is the ultimate destiny of all souls, but it has never before been acknowledged due to the limited understanding and control of ego.

When hearts are completely open, ego control disappears. When this occurs, there will be no denial that the time to ascend is NOW.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 501 - Archangel Michael says . . .

http://mastersandmankind.blogspot.com/2011/07/archangel-michael-says_29.html

Friday, July 29, 2011

Grab on to the energy that comes to you today, as a major contact has been made with the asteroid being delivered nearer the atmosphere of your nations. It may seem like a minor thing has occurred, but it is not minor at all. This means we can aid in adjusting its ability to land in a desert or in a country with many occupants. New delivery options are now available. Claiming many of the continents unavailable can appear negative to those that are not included, but as a consequence of this choice, many more can decide to ascend.

Message 502 - More on Unconditional Acceptance

<http://comptedesaintgermainsblog.blogspot.com/2011/07/more-on-unconditional-acceptance.html>

Sunday, July 31, 2011

Many of you are unable to accept my teaching about loving those that are the most difficult to love. As a consequence, I have made the decision to continue this conversation. Not to condemn this way of thinking, but to help those chelas who can ascend to do so.

Polarity is the nature of duality. Good-bad, wrong-right, dark-light, etc. are all opinions from the human condition. Seeing the world in this way has its energy creating component, and this keeps man's opinions at this level of awareness. When a more expansive point of view is achieved, the same situation can be perceived in a different way. No longer is the one creating the difficulties considered to be the opposing counterpart to the one observing. Challenges are now seen as part of the human dance for growth in awareness. Those who deliver them are now viewed as givers of more than the difficulty – they are considered bringers of the next opportunity.

It may still appear that something dark has attacked you, but this is now considered an opportunity, not an outrageous act of corruption. Is there evil in the human experience? Yes – from one level of awareness there is. But the very same incident can be a gift of divine grace to those who are at a higher level of understanding.

I have often mentioned the controllers and the dark entities that are manipulating man's environment. I can see how the mention of these things would make it appear as though I considered their mode of existence to be evil. As I have never explained my own point of view, only mentioned them in the way that those in the lowest level of awareness could accept their existence, I must now tell you that the appearance of these actors in your drama comes with no criticism in my observation. Calling them controllers is merely my way of delineating the role they are cast in.

Yes, the controllers are destroying all things considered important to man. Why? So man can become more caring, more aware and more God-like in his energetic design. Opposing or controlling the controllers has never been an option, nor an outcome of raising man's consciousness. Only this type of control of human destiny can deliver the mature soul to ascension, because a mature soul can come to accept that God is the creator of everything, including the controllers.

After the negative attitudes AGAINST the dark are dissolved, a new awareness develops, one that includes the ability to love the essence of all beings, irregardless of their behavior. Self love is accepting the dark in oneself. Unconditional love is giving love to all, no matter what.

Unconditional love is the light we talk about. Conditions on love dim that light. Are the conditions from dark creations dimming your light? Are you angry about the controllers? Anger dims your light. Are you afraid of the future? Fear dims your light.

Giving acceptance to all of God's creations leads to ascension. Can you accept the fact that God is behind the actions of the controllers? God is the creator of every part of the human drama – and each body is an integral aspect of this creation. Those learning how to love unconditionally are receiving many opportunities to choose love over the other attitudes that these conditions can evoke.

Portions of human memory include devastation and manipulations in man's drama. Once again, this is occurring, because man needs this devastation to learn about his True Nature - unconditional love. All who consider themselves too good to accept the dark behaviors of others are denying the negativity in their own acts of divisiveness. All negative thoughts against any other person, place or thing are creating negative energy.

Masters do not decide if the action of another is acceptable or unacceptable. They ask themselves: "What in me needs to be addressed?" If they are feeling negative about anything, they look inside themselves for the cause of that discomfort, they do not get angry at the one who has triggered these feelings. All uncomfortable feelings are an opportunity to discover the truth of a situation. Walking away, avoiding confrontation, acting above the situation, etc., all cause disharmony in one's energy field. Being clear about how one is feeling, and turning a discomfort into a healing, is the way of Mastery.

Please negate these negative attitudes against the controllers. Begin to observe how your own negative attitudes dim your light when you learn about their actions. Observe this, then drop the negativity. Your new inner attitudes will be the gateway to ascension.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 503 - Hilarion says . . .

<http://mastersandmankind.blogspot.com/2011/07/hilarion-says.html>

Sunday, July 31, 2011

Are the Masters who are able to ascend making arrangements? Are your affairs in order? Have you designated the contents of your clothing and other items to others? Please do

this, and make this designation known to one other who can deliver them.

Message 504 - Choice or Fate?

<http://comptedesaintgermainsblog.blogspot.com/2011/08/choice-or-fate.html>

Tuesday, August 2, 2011

The last message has evoked some excellent questions. My desire is to clarify this topic and gather all who are able to delete their desires, attachments and negative attitudes before the ascension call. This is not as difficult as it may seem. A mature soul can admit their inability to disengage from all they experience as a human, and once this has been acknowledged, their next step is to observe the body's attitudes and behaviors as an outside observer would; clearing them as they arise by simply discrediting all that is not aligned with Mastery!

Masters are not content with less than heart consciousness coming through in their communication. All they want to give the world is love, and anything that is not loving is assessed, and then discarded as such; your own awareness is more effective for doing this than any teachings or alternative healing methods. Only awareness is the answer to having more aliveness and contentment in life. Acting like an all-knowing adept cancels awareness – Masters are humble, open and caring, and recognize that there is always something else to be learned.

All you need do to drop your unloving attitudes is to notice them as they appear, and instantly discard them. Appropriate action is not the same as aware action. Only ego determines the appropriateness of an action. Aware action comes into being when unaware attitudes are observed and deleted. Aware action becomes possible in that moment. Aware action is outside of ego's control – it arises spontaneously as ego's way of doing things is exposed and negated. Positive attitudes naturally move into that vacated space and begin creating new and different experiences.

Choice has always been available. Choosing ego's desire over God's will was the most significant decent in consciousness man has ever made. The apple drama in the Garden of Eden is your reminder of this. As each man discovers the damage his own choice (of ego over God's will) has made, he can make a different choice. One by one, as he recognizes each of these decisions, such as: "It must be MY way" or "I'm more intelligent than God", he has an opportunity to delete a distortion to the divine qualities of his natural condition.

Generally speaking, man's idea of free will contains a major misunderstanding about the meaning of this concept. He can choose what he wants, but choosing God's way is always the highest and best choice he can make. This choice will come from humility and reverence for his future creation. Making a different choice could be going against the best result, because the ego/mind has no idea how a choice will impact the collective consciousness, or others in a soul group. A learning that still needs to occur for the majority of humans is: how to be more aware of the bigger picture.

All man needs to do to stop making unaware choices is to give his ego another day of rest, allowing God to guide him in the choices he makes. God is in his heart, so the choice is really between his own heart and his head. When the heart choice is followed again and again, the mind becomes less involved in the act of choosing. Acceptance of God's way (as the most conscious way) becomes the only choice, and this shift turns an ordinary man

into a Master.

How can an ego mind plan the future? It can't because it can only guess at the results from the choices its desires make at any given moment. No man is in control of his destiny. Only an ego would think this was possible. Only the heart knows what is in the soul contract, so getting in touch with the heart, and choosing the way of the heart, will lead man towards the perfect outcome, even if the mind doesn't know what that outcome is going to be.

You (the incarnated soul) are in a body to learn to choose the way of the heart. In doing so you are moving into conscious alignment with your contract. You are the one that ego doesn't want to let go of. All ego's choices, concepts, attitudes, etc. do not have to be YOUR choices. A false persona, that claims to be you, is choosing for you; is controlling you. This detour occurred when you chose to let ego take control of your life. You can choose again! Your destiny depends on it.

I AM THAT I AM

Ascended Master Saint Germain

Channeled by Aruna

Message 505 - Archangel Raphael says . . .

<http://mastersandmankind.blogspot.com/2011/08/archangel-raphael-says.html>

Tuesday, August 2, 2011

One who decides "all is in God's hands", and lets go of the mind for making major choices, can be a candidate for ascension. Ascension is for those with divine awareness, and this is divine awareness in the making. Are you able to give mind the boot?

Message 506 - Dealing with Corruption, Greed, etc.

<http://comptedesaintgermainsblog.blogspot.com/2011/08/dealing-with-corruption-greed-etc.html>

Thursday, August 4, 2011

Channeling these teachings is a most enjoyable activity. Most channels are not capable of comprehending these accurate concepts, so they cannot be the ones to deliver them. Having an awakened channel able to accept these teachings makes this activity possible. Please consider these words, because they can assist in your awakening.

My goal today is to continue to explain the way things are. I've chosen to make this my most significant challenge - awakening the chelas with my communication through an awakened channel. Nothing about awakening has been included in my activity before this, only declaring that the most important thing to do for ascension is awaken. Now, my deep caring has opened this dialog to the challenge of being direct about the way the cosmos can deceive the mind of man and delay an awakening. Now, when the need to complete the ascension is becoming an urgent drama, I cannot ignore the call. Please accept these teachings as an open, curious student.

Corruption, deception, false content being delivered as news, and other dark appearing content that becomes agreed to by the masses is not God's doing. God does not desire

any of these mentally driven goals. Only love comes as God's contribution to man's activities. Man, in his disregard for God's love, chooses another way of thinking. Not choosing love is what creates duality. Choosing God's way, the way of the heart, has always been available, and man can choose this at any moment. Most do not, allowing their mind's attitudes to lead.

Attitudes against the highest good are all developed as children in reaction to their life experiences. Once contained in the mental body, these attitudes become creators of unloving actions. Greed, corruption, antagonism, destruction and arrogance become the man's choice. Observing these in others can cause an attitude against these caustic creating thoughts, or make a man choose God's way for himself instead.

Prayer does not negate negative actions. Catholics, who go to confession to dissolve their acts of arrogance, do the same act on another day. Muslims have an active attitude against those who are not of their belief, and Jews consider themselves the victims of many diasporas and are negative against the injustices they have been subjected to. All these negative attitudes are not the love that God desires his children to give one another. An act of abusiveness, no matter what the excuse for it is, comes out of man's decision to be negative. All other God energized beliefs carry many of the same qualities as these three; not mentioning each by name does not make them more conscious than these.

One's consciousness is determined by an inner directed life or an ego directed one. Those leading an inner directed life do not choose an attitude against others, no matter how they act or appear. They are doing heart directed actions to make the lives of others better. No act of disrespect towards them will serve to cause them to attack the one being disrespectful. They will accept, as Jesus did during his crucifixion, that "they know not what they do." Men who initiate an attack are being driven by their ego.

Ego decides the man's attitude and actions, unless the heart has overridden this mental divider. Ego loves attention, and decides to be the aggressor or the victim as a choice. Considering oneself a victim is not only being against the one acting divisive, it doesn't account for the lessons being delivered as a cause and effect dynamic. All of these divisive acts are man's creation, not God's choice, but they do demonstrate a lack of consciousness in the division that is created, and can give an unaware man an opportunity to make awakening his goal of a lifetime. Awakening dissolves anger and all the other emotions of disturbance that an arrogant ego maintains. Heart choices never drive a man to give another a disrespectful attitude.

Crime is the act of an angry ego. Attack against anyone or anything, for control or revenge, is coming from the lowest level of awareness. Making an action against another may be a karmic condition, but it also is the ego's choice to do this in the present life, and this opportunity also allows for another choice to be made.

Allowing attacks on oneself or others is not the way of the heart either. Attacks can be defended. Arrogance can be ignored. Answering the cause can be courageous. Are the ones attacked always helpless? No. Attacks against one's self or one's brother may be the cause of an overt defense. No disrespect is being delivered in this circumstance. Does this mean that it is ok to attack a country when one group in that country attacks you? I'm not saying that. Not all attacks are to be avenged – only those that are delivered directly and in the moment the act is conveyed. Pure consciousness does not hold onto anger to get revenge.

Can man develop more conscious ways to deal with attacks on their soil or on their beliefs? Yes, more group communication and more awareness in mass consciousness can contribute towards this end. Are we (the spiritual hierarchy) able to alter the level of consciousness of man's ego? We do our best, but this is always the choice of man and we can only attempt to deliver higher consciousness, not force it on anyone. Can we alter this human condition? No, but humans can.

More than one open heart in an area creates an opportunity to demonstrate the value of having an open heart. Being heart directed can make a difference. When will this change occur? When you can do your part. Please choose the heart in all of your decisions.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 507 - Melchizedek says . . .

<http://mastersandmankind.blogspot.com/2011/08/melchizedek-says.html>

Thursday, August 4, 2011

Open your heart and allow the divine light within to light the way for those disconnected from their own light. Be considerate, kind and caring whenever you communicate to others. Act like a God directed being and God will act on your behalf.

Message 508 - Cording: A Key to Energetic Freedom

<http://comptedesaintgermainsblog.blogspot.com/2011/08/cording-key-to-energetic-freedom.html>

Sunday, August 7, 2011

Congratulations to all who are able to leave their lives with happiness; not because leaving is an escape, a method to enter a different dimension, or a condition to be entertained by. Having the ability to leave third dimension with complete disengagement from cording, and mental concepts about the future, are goals of an ascension candidate.

Preparing to ascend includes energetically releasing all attachments the mind has created with objects of its attention. Cording is a condition that keeps attachment alive. Not thinking about the object becomes impossible in a corded condition. Both subject and object are able to control the other, as they have become One energy field. Both are diseased with need and desire, which makes them unable to detach themselves from their "object" as a matter of choice. Can this be good for either? No, of course not. Pretending not to care does nothing, as the cords are energetically linking the emotional bodies. Help is needed, because neither is able to fully accept their divinity. A corded couple is an ego arranged dynamic, not an expression of divine consciousness.

Please disengage cords with any of your attachments. Here's how: Picture in your mind all those you feel connected to. Ask to be shown any cords that are bonding you together. Notice the number, thickness and connection points of any energy cords that you find. Small thin ones are much easier to disengage – just mentally detach your end of the cord by pulling it out of your body image with a tug. Big thick ones need more attention. They are too close to the other's heart to be messed with without the other being deeply

affected. My directions for this condition are: mentally detach one or two little strands at a time. A massive cord is made up of an unimaginable number of small ones, so today, only disengage ten. Another day do another ten. As the great big one decreases in size, your ability to disengage the remaining mass will become easier.

As these little cords are being pulled out of your aura, don't give the "other" any attention or concern. Cords are created by these two modes of living. Caring for one's family and friends can become cording when one becomes obsessive over one particular object of their attention. Cording cancels true caring, because it takes energy away from the one being corded.

Stalkers cord their objects. No longer is the other free to make their own choices without the energetic interference of their obsessive admirer. No magic is being used, only obsessively directed attention that affects the one on the receiving end. They may become afraid, or experience a loss of energy, or end up on a downward spiral as their admirer (or attacker) feeds off of them. No longer do they have all of their own power. Mistaking this for an emotional condition in themselves, many are destroyed energetically. Pills are introduced, alcohol may be over used, and drugs are frequently an over compensation for the control involved in their dis-ease. Clearing cords must be done for these beings to regain their inner balance.

People who desire others, whether they are calling it love, anger or madness, are decreasing the autonomy of the one they obsess over. Partners in human cording are often husband and wife, parent and child, master and slave, or children and their nemesis.

Can cording occur in close, caring attachments? Yes, most definitely. Freedom means one's own ability to choose without any influences from anyone other than God. Giving love is not cording. Possessive attention cords, love empowers the other to be Free to choose their own direction.

Choice is one's divine birthright. No one, no matter how well intentioned, is meant to be a controller of another's choices. It is a law of the universe that all are given free will. Anyone overriding another's free will has a karmic lesson to learn, and it will be a big drama when it appears. Masters do not accept cording. They deflect affection and devotion back to those delivering it.

Distance does not govern the ability to cord. Cording is done in the mind only, and it effects the object, no matter where their body is located. Death does not erase cords. Answers to questions about deceased members of one's family will be given another day. Meanwhile, detach cords to anyone the mind can agree is a corded object of yours. Open up this option for your loved ones and for those you are disturbed by. Both can be a controller of your auric energy. Please give them their cords back and take yours from them.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 509 - Archangel Ariel says . . .

<http://mastersandmankind.blogspot.com/2011/08/archangel-ariel-says.html>

Sunday, August 7, 2011

Partners in love can be in a wonderful dance, as each gives the other caring and adds to life advancement. One thing that comes between an angelic life and a dependent one is cording.

All thoughts about another can cord. Obsessive, directive, demanding thoughts become an obstacle to the freedom of the one being corded. In these cases, no love really exists, only manipulation.

Cording is not commonly accepted by the medical community as a cause of dis-ease. However, it is a major cause of many female diseases and also diseases of the male genital area. It is not a medically operable condition, but it can be operated on psychically.

Message 510 - Your Contract Contains your Heart's Goals

<http://comptedesaintgermainsblog.blogspot.com/2011/08/your-contract-contains-your-hearts.html>

Tuesday, August 9, 2011

Make today the best day for human consciousness: make peace with all of your mental disturbances. You can do this by diverting your attention when the mind delivers details of these disturbances.

1. Give these details zero attention.
2. Act like these thoughts have no relevance to anyone you are acquainted with.
3. Choose to look in another direction.
4. Practice observing your life without any commentary.

Are changes being made to those thoughts you have ignored, causing you to give the new thoughts more attention than the original ones? Are you able to keep your attention in the moment where nothing can disturb you unless you allow it? Make today a "non-disturbance" day. Allow nothing on your disturbance list to be considered worthy of your attention. Your mind is not able to alter anything, it just generates more thoughts than anyone needs.

All of your thoughts frame the picture that was conceived with an attitude. Your attitude about a memory contains more density than just the awareness of that memory. What is observed only has a charge if there's an attitude that delivers it. All negative thoughts that are accepted, dim your light. Are you able to generate enough happy thoughts to cancel out the dense ones? Only noticing the dense ones is enough to cancel their impact. Just pay more attention to your heart guidance and there will be no disturbance that can dampen your moments. Offer less dross to humanity by releasing your negative concepts before any of them are absorbed into the mass consciousness. Allow more heart energy (that brings love to all that is) to be consumed by the mass consciousness. Flinch no more when darkness comes to call. Bring heart energy to all circumstances.

No flight from one's current circumstances can alter the human drama that comes with your contract. Consider the fact that the contract is the cause of what manifests in your life, not the desires your mind brings forth. Changing mind's attitudes is what negates the need to make more of the same old choices - new choices become available. All of your lessons are in the contract, and one must be completed before the next one is given.

As your lessons are being delivered, how you handle each new opportunity creates your

next reality. No demands made by ego are the cause of your new experiences. Ego may actually desire your next experience, because what is contained in your contract is available to the mind, via the heart. The mind creates attitudes about the circumstances through which the lessons are delivered, and new circumstances are generated based on how the mind chooses to act during each lesson.

Once a lesson has been delivered by the light beings that oversee that lesson, new answers are also being led to the mind from the heart. Being able to follow the heart's guidance is what completes a lesson and creates the space for the next one to be delivered.

All teachings about using the mind to manifest are not accurate. Ask to be given the needed lesson, and then answer it with a correct answer (from the heart) in order to graduate. You will always have the correct answer available, because it comes with the asking. If you respond with the mind's answer, that lesson comes again.

Channeling does not provide all of your needed answers, no matter how clear a channel you are. Channeling was never meant to override man's divine awareness – it may appear to, but giving it this ability means you are ignoring your own God consciousness, and this needs to be cherished if you are going to graduate. Channeling is not a substitute for the divine awareness of the channel. It is for the mind. All who don't check inside themselves to confirm the accuracy of a message, can deceive themselves into believing an arrogant deceiver.

Absolute clarity about the accuracy of heart delivered awareness comes when you make a point of always asking for it, and then check out the answers by going along with them. Masters always live from the heart. Channeling does not replace your own knowing. Are you able to live like a Master?

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 511 - Serapis Bey says . . .

<http://mastersandmankind.blogspot.com/2011/08/serapis-bey-says.html>

Tuesday, August 9, 2011

Choice between a mind concept and a heart concept makes the life go towards God or away from God. Your heart is God consciousness calling to the mind. It is not an external deliverer of new ideas – it will lead you to the life you were born to have. Only this choice needs attention. All concepts that the mind accepts without checking in with the heart are either a demonstration of ignorance or arrogance.

Message 512 - Money and the New World

<http://comptedesaintgermainblog.blogspot.com/2011/08/money-and-new-world.html>

Thursday, August 11, 2011

Changes to the planet's money arrangement must come before the lack of money does. Your economies are all connected now, and one of the ways to lead the light is to be more

conscious in the way you move money around. All of the major economies are debt driven. China is the most wealthy, but too dependent on other economies to maintain that condition.

Futurists are all commenting on the cash to debt ratio, but I'm more concerned about how the debt got to this point. In one way, negative deficits are the same as negative dialog or negative attitudes. Just the mention of them is enough to draw dark memories to one's mind. In this case, the dark side has more than the other. Not having enough when it comes to one's ability to live, means that all who are on the other end of this imbalance are the ones who need to adjust things. When a "me first" attitude dominates the mass consciousness, only negativity is in abundance. This not only decreases what can be created, it also decreases the amount of light available for the management that is needed. We now have the most arrogant deception of all: blaming those in need for the conditions they are experiencing.

When this arrogance is the mass consciousness of a group, there will be no change of direction. Americans in the US Congress are not examples of lack. How do they deserve the authority to determine how to lead your country? How can they determine the most caring options available? Are any of them losing their income? I hope so – as soon as you are able to delete them from these positions. Arguing for the least number of constituents, over the needs of the most, cancels their right to call themselves "representatives." They only represent their own interests.

We need more caring in the leaders of a debt ridden economy. Why? To come up with remedies that can aid those who need their caring. Money invested in giving people aid so they can come out of debt will bolster the light – not giving away their debt, but giving them a chance to recover from it. All who are now dependent on others for all of their needs don't want to remain in this condition. They want to access whatever methods they can use to move into a new career, or a situation that gives them money PLUS self esteem. This is not just about money. Losing a job, or a home, or a credit rating has many feeling like a failure, with no confidence in their ability to live a "normal" life once again. Depressed and dejected, they fear the future. Heavy, dark clouds of negativity encase them and their entire area with heavy dross. Turning this around also depends on those who have the ability to contribute to the collective mind so more light and laughter can delete the dross.

Practice in not crumbling from what life brings is the beginning of a full recovery. Making arrangements with others to collectively counter these circumstances comes next. Attracting attention to these ideas is a most important follow-up. Use your social networking systems for an action based challenge to those who want to be the next leaders.

When the less able are also the least active, nothing changes. When the less able are the most active, mountains can be moved. Creativity in money matters is in the hearts of those needing the solution, not in the minds of those creating the problem. Get active in any way you can to overturn the arrogant lobbyists in their own methods of demanding that their cause be more important than yours. Overturn Monsanto and the other chemical companies that dilute the nutrition in your food supply. Get out of the control of the FDA and NOW organizations that are approving the injections that can delete your ability to defend yourselves.

In Europe, cease the chaos and gather in conscious, collective groups of problem solvers.

Give the riots a new attitude - one that cancels them, in favor of helping solve the situation, not add to it. Demand that debtor countries ask to be guided by the collective consciousness of creative Europeans, not only a few government officials. Israel, stop grieving and come together to liberate yourselves from unjust practices. Don't just complain, offer good advice to be considered.

People, all of this complaining does nothing but add to the negative energy that is clouding all of your continents. Only group energy, creative and caring about the less able, can alter this current dilemma. Debt is not only in the "first" or "third" worlds, it is in the mental attitudes of all who complain. You owe yourselves the means of a new world, where those in need get the care of those who have the ability to assist. You may not have money in the bank, but you have creative ideas and the ability to act towards their adoption. Giving up is not an option.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 513 - Archangel Raphael says . . .

http://mastersandmankind.blogspot.com/2011/08/archangel-raphael-says_11.html

Thursday, August 11, 2011

People who accept that they can contribute to change are going to get help from our realm. They must be committed to doing something constructive before we come on their team, but we will be with them when the call comes.

Parents of high awareness children, give them an opportunity to contribute. No voice will be drowned out by the controllers now, because they have demonstrated their callous attitudes, and will be dropped when the opportunity arises.

Message 514 - Why Predictions Don't Occur

<http://comptedesaintgermainblog.blogspot.com/2011/08/why-predictions-dont-occur.html>

Sunday, August 14, 2011

Before I make any more comments about geological alterations, I want to clear out any negative feelings you are holding about those that turned out to be less destructive than predicted. In the big picture all possibilities exist. Announcing an act of nature's direction has been one way we have been able to dissipate the cause of many deaths and move that cause out of existence. Announcing a major calamity draws attention to that area, and caring and compassion are aroused. Many of our lightworkers then act to dissipate the cause by directing light to the area. Many disasters have been diverted by this strategy. You may call the announcement a trick or an inaccurate call, but it was neither. At the moment it was announced, it was absolutely eminent. Many anticipated disasters have been diverted this way or became less catastrophic as a consequence. I'm very aware of the conditions effecting all of the continents. Even outside the ring of fire, many big disasters are still a constant threat to human and animal life.

We are asking that more inner light become available to diminish their activation. Those who are not afraid (when we name the degrading momentum in nature's cause and effect

activity), can act to divert this momentum. Will many be diverted? Maybe, depending on how much cooperation we get to help.

My last announcement about a major catastrophe in the area of the Mississippi River was absolutely correct in that moment. When cosmic attention turned towards that area an amazing change took place. I was actually very surprised. How the change occurred was not due to my announcement. Actually, news of the flooding possibility in New Orleans aroused the caring of many who prayed and gave their attention to diverting a major collapse of the entire area near the Mississippi River. Instead, the Missouri River became active and caused much less damage than was anticipated in the Mississippi areas. Maybe this was meant to occur this way; God sometimes does things in a most unexpected way.

No matter what we predict, another option is available. Our calls on the matter can be accurate, but not always. This is due to the ability of God to mandate a different configuration of matter at a moment's notice. When we don't seem to get a call like this one correct it appears that our message was just plain wrong. But at the moment this message came to you, I accurately reported the condition I observed: this was to be the next major earth change.

We do not make things up to frighten you. We want to lead you to happiness, so you can bring that happiness to whatever happens in the world. How can you be happy in the midst of a catastrophe? The happiness I speak of is your inner light that cares what happens, but is not affected by any pending or existing physical condition. I AM consciousness is: happiness, contentment, and complete acceptance of all that is. Mistaking this for being insensitive is a misunderstanding about light and dark. Being drawn into despair because of external circumstances is not the way of the light.

Changes are going to continue to occur in the human arena. Changes alter your life and provide learning opportunities about the nature of love. Give thanks for them, because they help you discover the distinction between love and every other attitude.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 515 - Kuthumi says . . .

<http://mastersandmankind.blogspot.com/2011/08/kuthumi-says.html>

Sunday, August 14, 2011

Giving love to all of God's creations will bring them to the light with you. All they need is to live with dignity. Are any of you less worthy? Give dignity to the creators of density so they can learn the difference between dark and light.

Message 516 - Opposite Opinions

<http://comptedesaintgermainblog.blogspot.com/2011/08/opposite-opinions.html>

Tuesday, August 16, 2011

When my messages are given, my words are to empower and awaken. None of these

messages are to cause negative thoughts towards anyone or any circumstance. None of my comments are angry or advising anger against those who do things they believe to be "right." I've been trying to teach the fallacy of divisive attitudes.

"Right" and "wrong" cause of much of the disharmony in today's world. Good and bad, right and wrong and light and dark are all mental attitudes, and the determination of which one best applies depends on one's thoughts about a particular circumstance – opinions can go either way. "Good" would qualify the way that individual thinks, and "bad" would be the label placed on an opposite opinion. Right and wrong is the same, and so is light and dark. We talk about being light and bringing light, but those living in darkness will see light as the opposite of their way of thinking and call it dark. And so it is!

Cancel your divisive thinking and accept that all points of view are correct to the one doing the evaluating. Complimentary attitudes can do more for increasing awareness than total agreement or those that are in direct opposition. In the big picture, opposing attitudes offer the opportunity to defend yours or let go of a righteous attitude that creates division. Just dropping the attitude towards the opposite concept is enough to make a big leap in the cause and effect factor in human growth. Being opposed to another's opinion is ok, as long as there is an opening for conversation and compromise. Pushing your opinion on those not agreeing is what creates dross (negative energy) in a community.

Put this message into your "most important" file about developing a more conscious world. Being able to co-exist with diversity is one of the most important learnings any soul can develop. Accepting differences is where this lesson begins, but the next level is to be able to move love into that difference - making the difference a catalyst for becoming more loving.

In the human condition it is not common to be an appreciator of differences. In fact, differences have historically been a major cause of negativity and divisiveness. Blaming the "less able", as an excuse to be considered "better" than them, has been a natural instinct in all cultures. Blame the half-castes, blame those with the darkest appearance, blame the other religion, blame the ones who came after you - man is always finding an object to defeat with his derogatory, negative thinking. The boss degrades lower management, lower management degrades those with lower pay, and they degrade their competition for the job – on and on it goes. Beware! None of these attitude demonstrations are in anyone's best interest, as cause and effect is at play in every case. Dark and light do not apply to these comments - only ignorance. Being discerning is not about determining whether someone agrees with your belief or not, it is about assessing whether something comes from Christ Consciousness or not. Anything that does not come from Christ Consciousness is just another ego's opinion.

Now let's take this into the arena of condemning an opponent in a political race. Condemning the opposition candidate draws dark, negative conditions to all - not just the one on the receiving end - or only the one delivering the content. All who agree and all who disagree are also drawn into divisiveness. How can you campaign without delivering anti-"other" messages? Act like an angel and allow others to like what they are experiencing.

When the US Congress makes the world gasp at their divisiveness, the world needs to see how this condition mirrors their own way of being. Is there any country that is not divided in this way? Not really. Can this be changed? Yes, with more consciousness in those delivering the energy to the discussion.

At this point, I want you to let go of all attitudes about being right or wrong, good or bad, and dark or light. Allow your own breath to take you to the core of your being where God consciousness is found, and ask: Can you show me how I can help make a better world? Then do whatever is given as an answer to that question.

Allow others to do what they do. Accept the division that currently exists, as it is. But do whatever your heart tells you to do regarding your own choices. And don't condemn another, or an act of God, for anything that happens to appear in your awareness. Become an angel and give only love as a response.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 517 - Sananda says . . .

<http://mastersandmankind.blogspot.com/2011/08/sananda-says.html>

Tuesday, August 16, 2011

Shall we all agree on everything? Of course not, it is not the God-like way. All disagreements are good to learn from. Are you ready to graduate from earth school? Only if those differences being exhibited to you are greeted with allowing, and the mastery of delight, as an opportunity to learn.

Message 518 - Your Help is Requested

<http://comptedesaintgermainsblog.blogspot.com/2011/08/your-help-is-requested.html>

Thursday, August 18, 2011

Co-creating in the next days needs active love energy that you produce. All of you, not just a few, can make the light very bright now. God has deleted the dark, negative influences that he/she created to deliver unsuspected teachings about negative influences. What this means, is the end of managed influences in your energy field. Can they all be gone? Yes, God can do anything.

Many collective energies have been disbursed, so heart light can only be deleted by those living human lives. No more negative dictations to the mental body are coming to any of you. No more negative attitudes are being energized in your aura. No more answers that confuse are being delivered. You are now completely able to live the life you choose to live. Not that any circumstances will automatically alter themselves - altered circumstances will only occur when consciousness demands them to. Will the ability to change all circumstances be equal? No, some circumstances will require many of like mind and less will be needed for others.

Your minds are being asked to contribute intention. Your bodies are needed to anchor light. Your hearts can light up entire areas by only giving an ok to our realm to bring in the energy. Are you able to give us this go ahead? Are you able to let go of the fear you have about this non-invasive co-creation? No one will be "overshadowed" by an Angel or Ascended Master – only divine light will come into the crown chakra to be grounded in the body's cells. Radiating this light depends on how clear one is in the absence of external

influences. Can you completely empty the mental and emotional bodies as a test of this magnitude takes place? Can we do this together?

No dates or times will be given. Consider this an ongoing call. Identify the mental body's concerns and ask God to answer them. Are holding on to these concerns worth giving up an opportunity to Awaken? My comments about giving up your concerns can delete them in the answer God gives.

Your mental intention is most important. Focus on the light to be delivered to the entire galaxy through this little experiment. Purify your non-aligned thinking with Oms or another mantra that clears the mind. You can also hum a melody that has caring tones. As this melody enters the current mass consciousness, be aware of the atmosphere in the next days – as light from all over the galaxy will come to a mass of humans in gravity in a way that has never completely been accomplished before.

We are attempting to do this to avoid the effects of the comet detonation that could destroy human beings on the continents where they live. We are asking you to help us divert the fragments that could elevate a crises of comet destruction that comes next. Please do not go into fear. Nothing can destroy your domain unless you cannot become a beacon of light as I have just asked.

Clear the mind of all your comet concerns. Allow the body a good dose of accelerated transformation in the light of God's creative answer to your human intention. Be a warrior and tell God you want to be an anchor for divine love NOW!

Meditate whenever you can. Not to draw the light but rather, to be a clear vessel when it comes. No experience is needed for this work – only delivery of an agreement to be the light of your own divine nature.

An apparition may appear during this experiment. Consider it another message from God.

Chelas, can we count on you? Can this request be disseminated to as many light workers as can be contacted? We must act at once. In the density you are now in, a comet can deliver a major calamity. In a higher vibration it can be less destructive. Please turn on your light.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 519 - Saint Germain says . . .

<http://mastersandmankind.blogspot.com/2011/08/saint-germain-says.html>

Thursday, August 18, 2011

Please consider another day's mass consciousness at its current level of awareness to be destructive. We need more co-creators of light. Can you offer yourself to God, to be a clear vessel, to divert a comet? Can we have a group, collective demonstration of this? Please read today's message from me on www.comptedesaintgermainsblog.blogspot.com.

Message 520 - Moving On With Love

<http://comptedesaintgermainsblog.blogspot.com/2011/08/moving-on-with-love.html>

Saturday, August 20, 2011

Cheers to those who have delivered my last message to more who can assist. Can we alter God's design? No, only the degree of the comet's movement. We are not telling God to make any alterations to the big picture – only adding the light God wants us to contribute. Can man determine any of God's creations? Yes, by giving God the needed additions from man that were designed to be part of the mix.

Our aid in this creation is to assist God in an amplified way – because man does not yet have the ability to give forth from his own awareness without a call from the Masters and Angels. In the days to come our messages will not be needed, as all will hear God's call directly.

The message the comet brings is that man needs to accelerate the light as his contribution to human evolution. Comets are not transformers because of their ability to make alterations. Human transformation comes with the actions and thoughts man delivers as a consequence of the comet's contribution. This call is to amplify the light so we can collectively redirect the course of movement for Elenin. What will be will be, but more light also increases the possibility of awakening and deliverance for more chelas, those not committed to ascend at this moment. Fear not, we are not commandeering a coup against the divine plan.

Asteroids and comets come with many destructive possibilities. Navigating them to another direction is what we are being asked by God to do. Are we going to make them disappear? No, nor are we going to deliver an uneventful turnabout. Once we brighten your awareness, you will help to make what happens in all the galaxies much less disastrous. Peace begins in YOU!

Achieving a particular goal is not our way. Acting to create God's will is. Are you willing to help us do that? Chelas, my love for all that is demands that my words give you everything they can to advance the will of God; also the call of your own God Self. Make this your highest priority. Open up your heart and you will hear the very same direction for your attention.

What about the astral? Those stuck in the astral realm continue their journey in this consciousness until they are able to move on to another dimension. Not all is negative in the Astral realm. The astral contains many of your ancestors, those who are still not able to accept their current condition of existence and they remain mentally identified with their previous incarnation. Are they destructive? No. Can they haunt houses? Yes. My comments about the ending of negative inner dialog is referring to those beings assigned by your contract to teach you how to let go of whatever can cause you to have a negative attitude. Can you act as though they are your friends, not enemies? They were mentors who came to help you with the lessons you chose to have. Families do this for one another. Your soul family includes the beings who have been giving you these lessons.

God has ended this form of lesson giving. What needs your attention now is love. Love all as they are. Love all that has been, and love all that will be – no exceptions. False prophets have disseminated many myths about these times. Accept all as nonsense. Accept none as accurate. Allow your own awareness in each moment to keep you in the flow.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 521 - Metatron says . . .

<http://mastersandmankind.blogspot.com/2011/08/metatron-says.html>

Saturday, August 20, 2011

Free yourself from negative thinking to free the world of negative disasters. More of your light is needed. One day soon the light of love can divert a comet, because light has taken the lead in the human experience.

Message 522 - Changes and What Will Not Change

<http://comptedesaintgermainsblog.blogspot.com/2011/08/changes-and-what-will-not-change.html>

Monday, August 22, 2011

For one year now my messages have given you an accurate teaching about man's ability to change, and an ascension contract that most of you adopted before coming into a body. What needs to be clarified now is not the things that your mind wants to know, but rather how the life contract composition fits in the big picture. Comets and their effects are not important enough to be the news from our realm, only waylaying their destruction is. My dear ones, telling you that the destiny of man will be completely altered by this comet is not the news I bring. It will disturb. It will necessitate more darkness as the sun will disappear and come back again. But no dramatic scenario will be actualized by our desire to alter things.

Ascension is on track. It is coming soon. As I said before, no dates or times will be announced. My words about the second wave are still accurate. No cancellation of either ascension plan is considered an option. Those who are able to ascend will do so by magnifying their light on the call of Angels.

There is an asteroid behind Elenin that may also come close to Earth. If so, this could cancel our prediction for a second wave. As we now see this asteroid's potential impact, it will not actually collide with the continents, but the energy it brings could destroy a lot of today's creations in a second. If this happens, no one will care because of the nuclear crisis this would create.

Ascension is still scheduled for "the next months." The comet's energy will not alter this. After ascension an asteroid will be the next destructive manifestation in the cosmos. What I have continually said is: choose to ascend now before things on Earth get much worse. An asteroid can destroy everything. It doesn't appear to be moving at a calculated degree of contact to the land, but that can change. One thing at a time: awakening and ascension are not connected to the movements of either of these material objects.

Is NASA accurate about Elenin? As accurate as can be managed to know now. Elenin will not come much closer to Earth than NASA predicts, but its trace of contact is enough to be very destructive to the Earth. This is why I asked for more assistance to lead it away. No, it

will not be between the Earth and the moon and yes, it will be brightest during the week of mid-October.

Will we cancel anything because of Elenin? No, no change from our end. Are the ascension calls coming before the closest contact with the comet? Maybe, maybe not - this is God's decision and no one knows. We will all be guided at the moment God decides.

Facts cannot be given because the actual data can still be altered. I am not concerned about Elenin. I want many to ascend and our "take" on this is that no damage that is caused by Elenin will have any effect on ascension. The ascension will be a moment that has more impact on consciousness than either the comet or the asteroid.

As we observe the comet and the asteroid we allow them to lead to a certain degree of contact before we attempt to change their course. We do anticipate using the light of our chelas to help us do this when the time comes. Whether they have ascended or not doesn't matter. Not having a dense body will not change the amount of light available from your heart.

All is as it needs to be. Free yourself from mental concerns about future events. None of this matters to the dance of ascension.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 523 - Vywamus says . . .

<http://mastersandmankind.blogspot.com/2011/08/vywamus-says.html>

Monday, August 22, 2011

Care and awareness do not necessarily go together. Being caring makes you more aware, but being aware may not mean you are more caring.

An open heart can develop all the other chakras. An opinionated mind masks disturbance in one's inner core that continues to fester in certain circumstances. Changing this nagging detonator of your energy is the most critical thing "to do."

Welcome the clarity of this negative message and act as though the light has been turned on. Clear the disturbance by giving the entire challenge to God. No more do you need to fester. No longer do you need to deliver less than love to humanity. Clear the mind of the cells by allowing God to handle all of your concerns.

Message 524 - Your Contracts are for Advancing Your Consciousness

<http://comptedesaintgermainsblog.blogspot.com/2011/08/your-contracts-are-for-advancing-your.html>

Wednesday, August 24, 2011

Are you wondering about the content of your contract? All is easily available. Call an

astrologer to get a printout of the chart for the date, time and location of your body's birth. Amazingly accurate, all the learning opportunities are there. Making a conscious, detailed plan and then matching it with all the alignments the planets make during an entire lifetime! Can you conceive of this having been done in such detail?

Cancellation? Only death or enlightenment. All the constellations are constantly moving during man's incarnation and this cannot be altered. Your active dream will be created along with this movement. Is your life effected by this? Absolutely, and unless you are contributing only grace to the manifestation, the dramas that unfold will include all the karma clearing possibilities that you designed. Only what is in the contract will become manifest in your dream. Your free will cannot override this. Free will is what determines your response to what unfolds. If you don't get the lesson the first time around it will appear again in another form. And when you do get it you will be tested.

Graduation from the life contract is not about completing all the dramas that were included in the original design. It is about changing your relationship to them. When you made up that contract you gave yourself many opportunities to learn to love. Once you are an angel in human form you will see that unloving circumstances can still move a body into cause and effect dialog. In the moment, it may appear a disturbance, but this disruption is only to notify others there is an attitude they are generating that is still needing their attention. In actuality, the angel is not disturbed by anything, God has mirrored an appearance of disturbance for the one needing that lesson. The delivery of certain appearances that are needed is love being brought to "others." The angel is just the deliverer, not the cause of any new karma for any one concerned.

I am discussing this because this is the opportunity most who awaken continue to be, as others need this mirror to add the lesson to their experience. Once awake, a body can be this angelic delivery container because it is no longer acting out any personal feelings. Patterns of behavior that lead to cause and effect manifestations disappear once the light of an awakening floods in.

As for the ascension. I have made many attempts to describe what can appear in the day or night as a call to ascend. When it comes the body's light quotient will be increased and others will not be able to continue to dialog with that container. However, only the container will move out of sight; awareness will remain until it is no longer identified as a person of this, or another dimension.

After the first ascension drama those not on this wave have one more chance. In about one year's time another call will come, and those able to hear it and accept can ascend. No other ascensions will come as a demonstration of mastery in this dimension. One wave has already ascended in consciousness, but these bodies have not yet disappeared as they were needed for assisting those continuing toward this next wave. No more will their bodies be depended upon to deliver messages, or be heard from in 3rd dimension, once the next wave occurs.

Are you able to get your guidance direct from the heart? Are you able to deliver caring in every circumstance? Are you attached to anyone that will not be ascending (many children will be ascending with their parents). Only the adult children (13 and older) can choose for themselves.

Will Starseeds accept the ascension call? Absolutely, they are not here to get any more lessons themselves, only to anchor the awareness of love. When the next ascension

occurs those not ascending will not get called Wake up NOW! Answer the call when it comes with "I AM THAT I AM." Clear the mind and delight in the anointing of ascension. Never before has this occurred as a group call. We are very close to this anointment. Get over your dismay at human dis-ease and ascend. Ample opportunity for delivery of assistance to those remaining after ascension will exist. Bring your love of life to another level.

Regarding the comet Elenin. The changes it makes to the atmosphere are enough to cause damage to the continents. No direct contact will occur. Nibiru is not the asteroid mentioned in my other message. An asteroid will appear when Elenin is closer.

Blessings to all,

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 525 - Djwal Khul says . . .

<http://mastersandmankind.blogspot.com/2011/08/djwal-khul-says.html>

Thursday, August 25, 2011

Change is today's answer to yesterday's call to awaken. Are the droves of antagonistic "do gooders" awakening? No. But those observing them can detach from their mental attitudes about the entire scenario, disregard the dialogs of all the controllers, and give their hearts to those who are being denied human dignity due to circumstances beyond their control.

Message 526 - Some Questions are Not Answered Because . . .

<http://comptedesaintgermainblog.blogspot.com/2011/08/some-questions-are-not-answered-because.html>

Saturday, August 27, 2011

Are these questions about ascension an expression of your mind's fear? Yes, they are. No awakened master asks for details of a pending event because no answers can be given.

At the moment of ascension, all who are not ascending are to be left by those who are. It is their karma to be left. All who do not ascend are able to be on the next wave if they get ready. When the first wave leaves, those remaining can no longer claim they have no knowledge of an ability to ascend, and they may decide to go for this themselves. We are hoping this will happen. All who do get the call are able to cancel their choice to leave at any moment. No force is going to make an unwilling man ascend.

Canceling may mean that another chance exists, but it may not. All depends on the other conditions that are going to occur during the following year. We are not going to present to you again all of the opportunities that are pending, as we don't have details about any that have not yet happened in your dimension. Your choices can alter anything that we assume. How you choose becomes the foundation of what comes next. Patience and allowing each learning (as it appears) must be chosen now.

Why despair during the next months when you can be delivering more love on the way to

ascension. This will provide others the opportunity to give their ascension more consideration. Closing the door on one ascension does not mean there will automatically be another. The future is not yet "here." Give your attention to NOW. Give as much as you can. Play when you can. Help others with no demands made on them.

Change to the continents are to continue. My Master Messages give many details about what can occur. "When" is still not possible to disclose. Those meant to go through these changes need only one bit of advice: Act like an angel and give an angel's help when you can. Angels decree their divine consciousness. When needing assistance, they make this statement: I AM THAT I AM.

Should an angel come to meet you, tell it: I AM THAT I AM. This makes the angel aware that you are able to ascend at the moment of death. Be calm during any catastrophe and aid others in getting calm. Breathe deep when caught in fear. Change no material conditions now, only bring love to where you are.

Practices you can do to get prepared for what's next:

1. Meditation
2. Act as though your heart is your only adviser
3. Creative thinking coming through the heart to the mind means "DO IT!"
4. Cheer on those who don't agree with your opinions. Accept them as they are.
5. Answer all attacks with only caring about the entire group involved, including the attacker.
6. Welcome whatever happens as God's divine will.
7. Ask again when you don't get an answer that makes sense.
8. Practice humming, chanting or singing OM as a mantra.
9. Be courageous.
10. Accept whatever comes as the next awareness opportunity.

Facts about ascension are not available. We are all guessing about how and when. No matter how or when, come when called. Give up your doubts and your concerns.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 527 - Waiting is Almost Over

<http://comptedesaintgermainsblog.blogspot.com/2011/08/waiting-is-almost-over.html>

Monday, August 29, 2011

Maha Chohan Saint Germain will give his message after this one. I AM Archangel Raphael.

When the mass consciousness of an area comes together, there are differing opinions on every topic, but there is also more communication to bring an understanding of these differences. Changing material world goals to another consciousness will not be quick or completely changed, as only an active controller can do this. No drastic measures are being taken to control anything.

Forces beyond our control are in motion. They look about as dangerous as a man draws in

his cartoons: where man destroys all on the way to his goal. But the changes being created now are not man made: they are an answer to what all who are human are now awaiting – complete mastery of the human experience.

Altering this complex, natural condition will comply with divine will only. No other changes are to be dramatized during the break down of human affairs. All of man's expectations about control in cooperation with aliens are to be denied. All of God's expectations are in place.

No more waiting will occur. We do not want this next answer to the world's chance of healing to be delayed. Are you able to make the move to higher dimensions? Are you detached and able to agree to leave?

We of the angelic realm are now awaiting the go ahead to lead you out of 3rd dimension. As soon as God decides it is the best moment, the call will come. Can you accept my message as valid? I am the angel who will convey the call.

Love is all there is,
Archangel Raphael

Dear Ones, I AM Saint Germain.

When today's message is on the internet the next action needed is to tell all who are ascension candidates to be ready to move into "can do" mode. Be able to leave this dimension with an open mind and no distress. A feeling of happiness is the key to another calling: the awareness to be an angel for all who are not ascending.

You are not going anywhere. You will be able to give assistance to those you care about, but they won't be able to depend on that, because you will not be visible to them. Once they accept that you are gone they will get the answers they need about what has occurred.

China will not become the country it could be because those who are its biggest decision makers will be going out of the Chinese area. As they accept that ascension was a choice made by man, they will also discover that human control is now over. All the controlling dictators will be left on the continents they control by those unable to defend themselves from harm with guns (these, who deliver love in every situation, will be ascending). Instead, these dictators will be left with those who will convert their dictatorships into chaos.

My dear ones, anyone who gets the call can ascend. Agree, and then go to an open area. Maybe those who have not yet agreed will go with you. All you must do to go is claim your true identity with a call to the angels of "I AM THAT I AM." An instant change in you is possible. Intention is all that matters.

Please allow yourself the happiness of this grand occasion. Align with the light in your heart and co-create the next dimensional creation.
Channeled by Aruna

Message 528 - Archangel Raphael says . . .

http://mastersandmankind.blogspot.com/2011/08/archangel-raphael-says_29.html

Monday, August 29, 2011

Go to www.comptedesaintgermainsblog.blogspot.com for today's message.

Message 529 - Are We Withholding?

<http://comptedesaintgermainsblog.blogspot.com/2011/08/are-we-withholding.html>

Wednesday, August 31, 2011

What I must tell you today is that no channeling can give all the details. Why? Because we don't have them. God gives them to us when they are to be activated. First awareness, then clarity. Making you aware is our most obvious action.

As the comet comes closer to Earth many effects will be delivered, but we won't know what they are or what remedies are needed until the conditions are known. Many options exist. Can we choose now? No, we act on what appears, not on what we assume will appear. We have an overview, but as I have already explained, many of the things we can conclude from these apparitions of density can be altered in the choices made in mass consciousness. For example: when clearing the land for meat began, we saw complete destruction of the entire continent of South America. The Andes Mountains were disappearing due to lack of growth in the Amazon. More devastation than could be conceived by the meat grazers. The awareness of this possibility has caused a slowdown in meat grazing and not as great a consequence is manifesting. As awareness alters, consequences can be contained. This is why we say what may occur, to get more awareness to those who can deliver higher consciousness to the masses.

Please do not give up what you love or leave your work, or count on anything channeled. Most channeling is not accurate, and the deceivers are not going to let go of their mode of announcing things that they use to distract you from doing your spiritual work. As ascension candidates, the ascension path means divesting yourself of unaware modes of development. This includes the danger of accepting fantasy forecasts as your full time attitude. Fantasy is to inspire, not divert you from becoming more conscious. This has been the condition the deceivers have managed to create. Believing in the full deliverance of humans to other galaxies to save them has kept many from their development for ascension. Being rescued is not a very conscious approach to ascension.

Completing your goal of ascension requires inner work to give up attributes of ego that have been keeping the body dense. Fully accepting a concept about what may occur distracts the mind. Then it doesn't allow in new information because it takes on a controlling attitude about what differs from the deceptive material. We were well aware of this momentum, which is the reason we delivered the Master Messages. Nowhere else will you find the details contained in these three-volumes that lead humanity to the higher consciousness they asked to be guided to for this last chance to ascend.

My dear ones, don't give up. You can do all that is needed now. Give up your attitudes, all of them. Knowing nothing is a lot more conscious than any belief you are holding on to. Being OK about not knowing is one of the lessons you need for awakening. Completing your ascension is the ONLY goal you can aspire to that won't be a non-aligned one. Waiting makes you able to give up your mind's hopes and dreams and clears the

disinformation out of your expectations. Giving away all of your non-aligned desires is most important, as the focus of your mind does make a difference.

Closing down all the deceivers is not possible, so we are telling you not to accept anything that does not come to you with the message "I AM Christ Consciousness, I AM THAT I AM." Names of the Masters are used to entice you to the deceiver's messages. Always demand the Christ Consciousness – ONLY. Are all the famous channels delivering Christ Consciousness? No, only a few. You must ask your own Higher Self whether a channeling is from the highest level of consciousness.

Many will be disappointed by the actual level of contact they now have. This is because they didn't open up their contractions and detach from their mental disturbances. Only you can do this - we can only tell you what is needed.

Are you able to ascend? Are you calm or upset? Are you detached or grasping for mental clarity? Are you making the best of what you have or distressed about what you don't have? When these questions are answered honestly, you can not only determine if you are able to ascend now, but can clearly see the things needed to be done to be on the next wave.

We are the leaders of the Great White Brotherhood. We are not the Galactic Federation or the made up names of the deceivers. We are Christ Consciousness. All of the Ascended Masters can clearly give you this degree of awareness. Will it provide all of your desired details? No, but it can guide you to the deep awareness inside yourself that can fill them in. Welcome what you are given, and delve into the awareness within your own heart for more.

Will you hear the call? You won't be able to miss it. Trust that! No matter where you are, or what you are doing, you will hear it. Go to an outside area and claim your ascension. Driving a car? Go to an area you can leave it. On an airplane? Wait until you land. At work? Go to the nearest exit. Asleep? Wake up and go outside.

All will not disappear at the same exact moment. As you can see, no man can disappear without actively making some effort to totally commit. When this answer to the call comes, the ascension will occur. Are we allowing days? No. In each case, do it quickly – as quick as possible.

Now, are there going to be assistants from other galaxies? Only energetically. Many assistants will be giving you the ascension call and aid in the ascension process. Will all of you be ascending? We certainly hope so. Belief in ascension is not needed. Believe nothing, and go to ascension when called.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 530 - Lady Nada says . . .

<http://mastersandmankind.blogspot.com/2011/08/lady-nada-says.html>

Wednesday, August 31, 2011

Please go to the light in all developments that matter. This means heart over fear. When

you ask for details this shows a lack of confidence in your ability to answer from your own knowing. Cancel this belief, and give yourself more choices when the heart makes its desires known. Chose its desire over your mind's details.

Message 531 - Comet Elenin and our World

<http://comptedesaintgermainsblog.blogspot.com/2011/09/comet-elenin-and-our-world.html>

Sunday, September 4, 2011

The children of God are all being called upon to find the love that has been activated within them, not only ascension candidates. All of humanity has been powerfully contacted in their etheric awareness about how their mental decisions are needing to be more caring. This can mean less damage will occur when comet Elenin moves between the sun and the earth. Both pieces of the orbiting comet are now coming towards an anti-gravity cavity, and when they enter the vicinity of this cavity their presence will begin to lower the density of man's continents as the comet pieces continue to make their way around the galaxy.

Careful change now can delete the cranial disturbances that the effects of this event may cause. It is not possible to eliminate the comet's contact, as mandates of this kind do not change the course of a comet, they can only lessen the effects by influencing the proximity of the path in some degree.

What do humans need to change? Words and attitudes that are not caring, and actions against any of God's creations. Why? To adjust the frequency of mass consciousness to match what will occur when Elenin goes into the influence of the anti-gravity cavity. When this occurs the elimination of dense contact will change in the way all of God's children are connected in kind. As this comet continues its orbit, any contained dense charge within the atmosphere of cohesion of mass consciousness will be deleted by the increased comet dross. What you can anticipate is death and destruction. But please realize the odds against a man being able to transform his negative contribution to mass consciousness on a moment's notice. What can be done NOW cannot be done after the comet enters the anti-gravity area.

Caring about the effects of the comet is not the reason for this mention of it. My comet revelations will add incentive to creating a higher consciousness for those who choose to act upon this message. The gift of the comet is to bring the entire planet to more awareness. Why? Changing mass consciousness can delete many disasters. Comets are dangerous and can destroy many. Can you do the one thing that can cancel these effects? Meditate, get quiet. Be aware, not afraid. Close any concepts about dismissing the comet with your mental ability. Pretending there are no effects can cause more unwanted challenges than canceling your negative thinking. Please don't give my words any disturbed attitudes, realize only more choices that come from the heart. Continuation of the current negative attitudes calls to man's world major alterations to the planet's configuration, with other effects to follow.

Change is on the way. Never before has a comet connection been so tenuous. An asteroid comes behind it. Are you able to defer to its way around your universe? You can. First deal with the Elenin disturbances in a conscious manner. Welcome all of these disturbances and let go of any mental upset you have about any topic. Feel awkward, dismayed or confused, but not afraid. Fear is not going to favor the candidate's delivery to ascension. Being positive and caring are my messages for today.

Are you able to differentiate between caring and admitting fear, and allowing fear to dominate the face of your body?

Tell us your fears, and give them an avenue to be released. Act like they are okay, but not needed. Face the fear and give it to our mastery.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 532 - Quan Yin says . . .

<http://mastersandmankind.blogspot.com/2011/09/quan-yin-says.html>

Sunday, September 4, 2011

Channeling is not my usual contact mode. I Am the Goddess of Compassion and I bring this request now: Please have compassion for those negative thoughts that are coming from a consciousness other than the loving being inside of your aura. You are God's answer to compassion, give it to everyone.

Message 533 - Be Godlike and Give God More Attention

<http://comptedesaintgermainsblog.blogspot.com/2011/09/be-godlike-and-give-god-more-attention.html>

Tuesday, September 6, 2011

Comet Elenin will continue to disintegrate as it moves around Mother Earth. No direct contact will occur, given that it is many miles away in its orbit. Consciousness and negativity will be effected though, and other catastrophic events are going to become illuminated as this comet continues. I am asking for more awareness about the things you do and what you think. You cannot pray these away. Nor can you bring your gifts of healing to the men and women who will be directly impacted after the fact. Now is the time for this healing to happen.

Adding negativity to the changes that are already manifesting, will deplete the total caring energy of the existing mass consciousness. We do not want anyone to get caught in this. Terrorists are now a minority, and we don't want them to gather more colleagues to their allegiance. Fighting causes death and destruction that can be avoided.

Change these destructive attitudes to caring and negate the most difficult thing we have been concerned about—man turning against himself in large quantities. No more attacks on other humans can be committed in the name of God. It is not God's attitude or goal to decrease any group because of mental or cultural differences. We want all to be changing their attitude towards "others."

Popular attitudes in most groups are that one is more loved by God than another. Not so. No group is more loved. No individual has more of God's attention either. What God wants of all groups and individuals is that they "love thy neighbor as thyself." This is the most God-like characteristic a human can contribute to mass consciousness. No other change is needed. Wars would end, God would be decreeing the cancellation of all consciousness developing events, and everyone could ascend. No more attitudes of duality and

divisiveness would exist. Peace on all dimensions would conquer angst. The ability to give and receive love would alchemically change all. Maybe some catastrophes can be avoided. Can an attempt to cancel them be the goal of my chelas?

Talking on the phone or sending emails has basically canceled man's one-on-one contact in human togetherness. Your best friend can now be someone on the other end of a call or e-mail you have never met face to face. Mail in a computer carries none of man's character, no touch, no mouth on a glass of water you drink in another's company, and no direct eye contact. This can delete the caring. Are you avoiding what calls you away from a computer or cell phone? Why not choose a different contact mode. Go to someone's home and give them actual attention instead of virtual. Be a true friend and delight them with a caring gesture. Anything can do.

Pray to God all you want, but a gathering that does this together can do more in one second than you can do in a day on the computer. Being a caring being is not an attitude, its a way of interacting with other beings.

Character is in the human genome, and giving is one aspect of character. Calling on a telephone or sending a message on the computer is not an actual contact. Only a mention of the name can be as good. Are you getting my point? Will you go out of the cocoon you have developed with your mind and dig into another area of your consciousness? Then you will begin to sense the natural delivery of caring when you actually meet with one another.

You cannot have too much contact with God. Not being in the company of others means there is not enough contact with God, as all you consider "other" is just a projection of your mind. God is in every one and everything your mind perceives. Bring this to awareness and be a God-like being.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 534 - Ashtar says . . .

<http://mastersandmankind.blogspot.com/2011/09/ashtar-says.html>

Tuesday, September 6, 2011

We of the Ashtar Command are aware of all that is happening in your dimension and are able to assist. However, for us to materialize our craft, we still need more openness in the attitudes of man. The elimination of control games would be more telling than the end of war. We need more heart activation on your end to come any closer to contact.

Message 535 - Are You Able to Talk About Ascension?

<http://comptedesaintgermainsblog.blogspot.com/2011/09/are-you-able-to-talk-about-ascension.html>

Friday, September 9, 2011

Can my comet discussion be a way to open a dialog with those not aware of the current ascension opening? Wouldn't it be wonderful if more could ascend than are already

committed? What to say? "Are you aware there's the potential of more major disasters coming because of the comet moving towards this area? Contact with the comet is not going to create them, but an atmospheric condition that it causes can. What can we do to get ready for this possibility? Get camping gear at your door, get a good amount of dried food to camp with, and get a water cleaner to change the water quality to drinkable. Pack a bag! Be able to walk away from your home with only these things. Any area of the Earth can be altered. Any area can be made chaotic. No amount of assets can neutralize this comet's active change demands. Cause and effect cannot be altered now—only getting together those things you might need. Can we make any predictions about this? No, only that anything can happen."

Now, this does not mention ascension, but you can go there if you then ask, "Are you aware that many people think they can ascend? Can this be a real possibility?" In this opening you can talk about what is being said, not what you are thinking about the subject. Ascension can mean anything to them, and nothing also. What I want is to open minds to the curiosity of what ascension is and let them check out the data available to them via the internet. Many sites are available to help them understand the mental attitude ascension needs.

Maybe they won't be able to accept ascension now. Can they be candidates for the next wave? Absolutely, because if they are able to determine a cause of the mass disappearance to be ascension, this may point them to healing, caring and awakening.

Change agents can also be good guys who open mental doors for more conscious awareness to come through. Give the gift of awareness and go to ascension with divine gratitude as you answer your call.

Ample warning has been given to humans regarding the changes that are coming. Not being aware is no excuse when a major change activates. Confidence in the divine plan will get the body to ascension, although it won't carry you to safety if a tornado detonates your home or an asteroid appears to destroy land in your country. All mental demands on God for care and safety cannot be heard. Are bodies able to avoid death? No. Why would you want to when ascension can be attained at death's door? Go in the door. Ascend as I Am That I Am and activate love in the body so it can contact all who have trapped fear in their container.

What can be done to let this fear out? Chase it away with great happiness, then deepen that happiness into awareness that comes out of the Master within. In a fear dynamic, the more happiness you can bring to the world the easier it will be for you to ascend. What can be done to complete the contract? Ascend. No contract continues beyond ascension. Only a love awareness remains.

Have you been avoiding conversations about ascension? Are you caring what others think of you? Yes? Than you are not ready to ascend. When you are able to live without being afraid, even if it is the fear of being declared mentally deficient, you can go beyond the whole 3-D experience. Caring about your ability to be accepted by those not as aware as you is your own dense attitude, that needs to go. Are you going to be an Ascended Master or not?

A clear definition of ascension is helpful: "The end of an illusionary decent into darkness." When there is fear, darkness commands! Choose to let darkness go. Give the light in you a chance to be free. Ascend and dream the dream no longer. Are you able to drop the

attitudes that are dense? Choose this now!

I AM THAT I AM

Ascended Master Saint Germain

Channeled by Aruna

Message 536 - Ashtar says . . .

http://mastersandmankind.blogspot.com/2011/09/ashtar-says_09.html

Friday, September 9, 2011

War not able to advance beyond human decisions of choice. Most do not want the aliens to visit because of the movies and alien contacts they have been appraised of. When the media describes us as galactic attackers we will be attacked.

No one wants to be considered an attacker. We come with love. When the world needs our aid, the media can describe us differently, but until then we can only bring energetic aid, not touch or cry together. We want more. When the opportunity comes, you will get that assistance.

Message 537 - Catastrophes Can be a Carrier to Ascension

<http://comptedesaintgermainblog.blogspot.com/2011/09/catastrophes-can-be-carrier-to.html>

Monday, September 12, 2011

Choosing the light during a catastrophe may make it appear that God cares more about those who make this choice than others. This is not so. Only those having the experience can actually know what goes on during any cause and effect drama. When a catastrophe occurs, many do not have the ability to choose the light because their fear overcomes conscious choice. My dear ones, I want this group of readers to have that choice. All of you will get a chance to ascend, and an answer to that choice can be a catastrophic event that makes our original plan impossible to create. Be aware of this dynamic. You may not get to be one who disappears and is not to be seen again. You are not guaranteed any option of an alternative to this. Should you be in an area affected by activity in Earth's tectonic plates, an earthquake can occur prior to the mass ascension. So be it.

You are not a body! You don't need a body to go on with existence. No body can know the ultimate freedom. May all who leave without a great call to ascension not be disappointed. Ascension is a candidate's option at all catastrophic mandates for death.

Call the angels in with a clear "I Am That I Am." Nothing else need be done. Conscious dying can create an ascension. Own the claim of I Am That I Am and be it! I Am That I Am does not fear anything. Choose I Am That I Am over fear.

Parts of the continents will continue to be destroyed. Many deaths will continue to occur, and some who will die will be ascension candidates. Can they ascend during a catastrophe? YES.

When there's awareness that a death is occurring, ask only for I Am That I Am. Nothing else. As soon as the mind creates other mental content, this content can become the next

attitudes that need to be cleared. No attitude can obliterate an ascension, because when the door to the light opens, you will be asked: Who is at the door? When this occurs, any answer can appear. An answer other than I Am That I Am gathers the next dream contents together. Any choice other than declaring I Am That I Am will be energizing another incarnation. No answer is an attitude at death that can create a different choice to the continuation of man's dream. When the answer to the question "Who are you?" comes with more depth of love than fear, ascension can occur.

Moving on to another life will not be as easy as it was on the Earth continents. No more will this choice be available, as only other planets will be able to give the next ascension opportunity. No dream of divine escape is going to bring this an open door acceptance from other planets. All choices on their part will include a determination about the heart and mind, caring vs. thinking outlook of an angel in disguise as a human.

None of the planets in the Andromeda galaxy are accepting any embodied humans on Earth's continents now, although they may accept those at higher levels of consciousness through a different doorway for another ascension attempt.

Hope is not the light. Hope is mind's desire in charge, and no desire can override the comet's effects. Should you be in the comet's destruction causeway, be open to claiming I Am That I Am as the body is being effected.

Welcome what is coming. Nothing happens to the beings that are moving on to other dimensions. They are not dependent on a body to live. What needs to occur to them is that they have the ability to move beyond differences in human and non-human destiny. Neither has any meaning, other than life memories of an angelic nature—they will make a difference in the ascension destination dimension.

Fifth dimension is not the highest. Are these dimensions different levels of consciousness? No. They are the difference between concepts of the mind vs. the Truth in the heart. Mind can get a 5th dimension ascension. "No-mind" goes to 7th. Are you able to make a "no-mind" commitment? You can go to 5th and next to 7th. I Am That I Am is the 7th, and an understanding of this only takes you to 5th.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 538 - Metatron says . . .

<http://mastersandmankind.blogspot.com/2011/09/metatron-says.html>

Monday, September 12, 2011

Angels await the call of the masses the moment an earthquake makes full tectonic contact for its next destination. No man is completely alone or in the drama without angelic assistance. Fast, caring aid to ascend will be yours when a catastrophe occurs. Welcome us with I Am That I Am declared clearly.

Free yourself from any dross before you disappear or are to be leaving through death's door. In either case, you can ascend. Put 5th dimension aside with "no-mind," where silent acceptance of God's will overrides any control thoughts. Face the death scene with curiosity and deny nothing that has been keeping you in the cause and effect dimension.

You are God's creation, child and angel. Be happy to come home.

Message 539 - The Role of the Galactic Federation

<http://comptedesaintgermainsblog.blogspot.com/2011/09/role-of-galactic-federation.html>

Wednesday, September 14, 2011

Contact with members of the Galactic Federation must remain from afar. Most of their work to aid mankind can be done without them being on the ground. They do not have a guardian attitude, it is more like aid for cause and effect, keeping man from destroying the manifest beings from other galaxies. Man is the creator of density on many planets, not the innocent child that is being taken care of. Watching and calibrating dense configurations of matter being changed into darker or lighter anomalies, and adding the mutation of darkness to what gets transmitted out to the other configurations, makes their role indispensable to all of creation. When you ask for their help they can only assist in this way: they can discover the cause of a mess and contain the charge it generates. They cannot manage any of the activities the dark cabal has managed to create.

There will not be a control mission to decide who can move on during the next level of change. In the next months many earth changes are coming. Many will die, many will ascend, and many will need to maintain a more conscious attitude during all the changes that do not occur in their area. When weather is controlled this contracts the flow of nature. When death is avoided this also contracts the flow of nature.

I am not going to give you the controllers nice little answer, that all of you will be taken to the waiting ships. No way will this occur. Ashtar is not available to lead shuttle craft to other destinations. Claim this and demand a new contract, as it isn't in the one you now have. Ashtar himself has given a more detailed message about this. He will not lead the way for controllers to add other "entry methods" to their comments. Ashtar's management abilities are the most critical to the entire multigalactic community. In his daily drama he must make certain that the dark negative energies being created on the lower levels of man's collective consciousness do not attack any other collective arenas that are influenced by man.

When human demonstrations against others dominate the collective, this draws controllers to anyone they can influence. Controllers are not all from the dark cabal that is now being considered an antagonistic matrix from other galaxies. In the cosmic arena they come from numerous classes of non-aligned, manipulative thinking beings, including some from the loved area of Arcturus. Not all of the divine creations on any galaxy is aligned to the highest light. All are One with the duality complex that connects them with the Earth's inhabitants. They are not all enlightened beings. Some are light bearers in disguise, bringing the needed challenges to man's control dynamic in order to move the energy towards more consciousness in the total picture. Pure awareness is not just the light and love you make it out to be. It includes development and choosing to be light when dark makes its daily appearance.

Controllers are on all of man's dances of duality. Some are the most loved ones in the collective. Others are the most disliked. All control with the methods contained in their contract. Are you able to accept that controllers are also the drivers of more awareness, not the masters of draconian, devil made offerings? Make this lesson one that clears your negative attitudes against the controllers. When this occurs you are closer to an awakened consciousness.

Now, I am being asked to give answers in languages that cannot be channeled by one who doesn't have this content in her mental capacity. I am not able to do that. Instead, let's use English to give other concepts that may be conveyed in different languages. I AM THAT I AM is the name the source of all that is calls ItSelf. Any configuration of any name with this meaning will adequately suffice. For example: I Am, the source of all that is; I Am, creator of all that is, I AM consciousness, I Am the heart of all that is, or any concept that means I Am the divine consciousness. Saying I AM THAT I AM is recognizing your own divinity.

All concepts can be translated, just not word for word. When you do translation you must clearly understand the context, next comes the change in words. The concept of I AM THAT I AM is: One consciousness that I know myself to be part of. All can get to this understanding, not just claim it.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 540 - Archangel Michael says . . .

<http://mastersandmankind.blogspot.com/2011/09/archangel-michael-says.html>

Wednesday, September 14, 2011

Awaken to an awareness of how the thoughts and deeds of all of humanity are at cause. None of the dark dense cabals are coming to control without man's collective density making this possible. Are all of these cabals the enemy? Absolutely not, only the activators of man's development opportunities.

Fight your dark cabal with great happiness. Give them no attention. Seek the light in your own heart no matter what you are dealing with. Use the mighty sword of love as the way to let go of your own concepts that are dark.

Message 541 - Confronting the Will of the Controllers

<http://comptedesaintgermainsblog.blogspot.com/2011/09/confronting-will-of-controllers.html>

Friday, September 16, 2011

When my messages are contradicted by other channeled messages, I am not surprised that comments about how to choose the one correct message appear. When you are able to practice this level of discernment these comments will fade away. Lets talk today about the way to discern:

First clue: Are there any concrete matters to ground the message? Are you failing to give any consideration to what is obvious? Are there any contradictions to an actual detail or two that might cause you to ask, "Is this feasible?"

Second clue: Are you getting caught in the attitude of hope? Are you accepting a fantasy scenario because it is what you hope will occur? Is it because you want it or because it is a next step to what is already unfolding?

For example, the world depends on many control directives to move in the direction of the controllers' next choice. Is a new day without any controller conditions the most conscious way to look at the flow of what is likely to occur? No, it is not. All the control mechanisms in operation are not going to disappear in one moment.

Clue three: Are the control mechanisms currently in place able to be destroyed as the next answer to the Earth changes? Won't the control mechanisms get more active? Won't the management of these disasters be directed by the current decision makers? Can an alien group command the masses and deliver new technologies to those making today's decisions? When an invasion of aliens appears, can anyone completely accept their aid for anything without distrust? Can you? Give this some of your mental calculations and then conclude whether Ashtar and the Galactic Federation can enter your atmosphere in the next year or so. Not very likely, is it?

Clue four: Channels are not messengers for the highest awareness unless they are aware enough to detach from the messages they receive. Are the messages of any controller driven channel going to be as accurate as the content an awakened channel can deliver?

My dear ones, why do you listen to controller driven material? Because you are led to it so you can learn how to discern these things. Go to your truth meter, the heart that can discern, and ask "Is this coming from Christ consciousness?" No other details are needed.

Men who disseminate fiction are either controllers or controlled. No controller wants you to get the guidance of your heart. No controller cancels their control. You are the only one who can do this. *You are the chooser, they need to be chosen.* When you choose, always choose the master within to make the choice.

I Am That I Am is in all of you. No difference in answers will come from the awakened consciousness of the heart. You must get to the point where only heart led discernment continues to guide you. Without your inner controller (your mental decision maker) you can be able to live without any discernment needed—all will be obvious.

Now, ascension can also appear to be a fantasy. Not like the one that brings the Galactic Federation to move the "special ones" to other conditions, or makes a change so all are completely awakened, or the New Earth being completely free of control. No, ascension is graduation for those ordinary ones who no longer need to be rescued. They have rescued themselves and are leading light by their very existence.

Can you deliver an aura of love in all conditions? No? Then drop the discussion about going to other galaxies, or having the new world be controlled by aliens, and move into that level of consciousness. Change the drama in yourself to delete the controller in you that demands anything that even appears to be manipulative. Go into love of the controllers and the controlled. Transcend these differences and you won't care about new technologies or contact with beings from another dimension. *You will be what you now seek!*

Give up all hope about future events and love what is now appearing in your dream. All is as it needs to be. Awaken to the truth of the entire galaxy and all the other universes will completely delight in this achievement. Conscious living NOW is much more important than the controllers agenda. Allow that to take its natural course of evolution with love confronting everything. This is the only way to change it completely.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 542 - Ashtar says . . .

http://mastersandmankind.blogspot.com/2011/09/ashtar-says_16.html

Friday, September 16, 2011

Please give me your attention. What the controllers are telling you about our contact is to keep you from ascending. Positive attitudes about the current life generates more love than fantasizing about a peaceful landing of our craft. This would not be the day of love you might desire it to be. It would create complete chaos on the land and in the sky. No controller wants our assistance. Be the love of the heart and demonstrate this to the long awaited crews in the Galactic Federation. We will aid the ascension by decree.

We wanted to be able to land and deliver an evacuation. This was always our intention. But we don't control anyone on any continent or expect them to be loving of us now. We were very hopeful. We are also very dependent on current conditions.

Message 543 - Anger in Lightworkers

<http://comptedesaintgermainsblog.blogspot.com/2011/09/anger-in-lightworkers.html>

Monday, September 19, 2011

Control of man's anger must get the attention of his mind. No other galaxy can accept anger against an entire group of different thinking beings. Man's condemnation of differences is the reason for the defection of those commanding areas where man was originally destined for evacuation. When this plan originated there were no wars being demanded for the sole purpose of obtaining oil, or greed demonstrated as grandly as it has been in the last fifty years.

Many of those now incarnate decided to become anchors of light to reverse this trend. But unfortunately, this has not done what we had hoped. Commander Ashtar wants the opportunity to gather his anchors of light in the next days. Will they go when called? We don't know. When they are called onto the craft they will be disappearing from their daily activities along with the ascension candidates. More than 50,000 are now on the matrix of materialization as lightworkers who are not on the ordinary life and death contract made by most humans. They came later than the body's birth. In many cases the new consciousness came in when the original left. You call this a "walk-in" being. Many are choosing ascension now because they only came to do a certain thing and are already awakened as an anchor of light.

Practicing love in all circumstances, they are not actors in their own movies, only actors in movies of those they chose to assist. Many of today's chelas are Ascended Masters who incarnated to bring consciousness raising leadership that could improve the mass consciousness by turning it away from anger. But many got caught in the density they came to change.

We have discussed negativity on numerous occasions, and this doesn't seem to deter the

light bearers from acting out their negative attitudes. "I don't like this," or "not this," or "never them," or "cancel them from my life" are all negative attitudes. Saying that you are "not resonating" with an article about caring is not very caring. Being *against* anything is anger.

You can call it "discernment" or "non-resonance," but these are different than being *against*; only being *against* carries a charge. Non-resonance is noticing and not caring. Discernment is the clarity that comes out of divine awareness, not an ego's opinion. Discernment does not take on any data as "fact," and it does not disturb the being who is discerning or the one who is contributing an opportunity to discern. Discernment does not attack, nor does it stimulate comments. Playing the authority when it comes to discernment is the choice of an ego, an aware consciousness does not announce their assessment.

Chelas, anger is the cause of all negativity. Attack is anger in action. Attacking anyone for any reason is not delivering light. Please, do not call yourself a lightworker when you are still delivering anger. When deception is noticed, ignore it. Answer disturbing information with detached (contraction free) attitudes, and accept that the details being offered are merely a test of your clarity.

Only submit accepting, positive comments to articles and network sites. Contributing negativity to any magazine or carrier of data carries that negative energy to thousands of potential change agents. By doing so you are denying them the ability to make their own assessment. If anyone is diminished by the comments you deliver, you are being a controller.

Save havens are not available to those who have determined that they deserve a change of consciousness in this dimension—because of their deceit. Only claim your love and light when you are an example. Examples of these characteristics neither declare their conclusions as facts, nor present their attitudes as the most accurate. They are empty of opinions.

Anger is an opinion that is carried as energy. It contracts the carrier and all who are at the other end of the gift that anger brings. Say "No" to this darkness by loving your anger and then letting go of it.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 544 - Archangel Ariel says . . .

<http://mastersandmankind.blogspot.com/2011/09/archangel-ariel-says.html>

Monday, September 19, 2011

Ashtar is a demonstration of an angel with another function. In his choices he always does what he can for all of those he contacts. In his desire to bring Earth beings to other galaxies he has appealed to many civilizations to accept them. Never has he been so disappointed. It is not his choice to abandon those who do deserve the change, but he has no offers to accept anyone today.

Can this be altered? Nothing is in complete concrete terms, although what is needed to

resolve this dilemma makes it appear that it is not changeable now. Wake Up en masse and who knows, many options could become open.

Message 545 - Awaken and Ascend

<http://comptedesaintgermainsblog.blogspot.com/2011/09/awaken-and-ascend.html>

Wednesday, September 21, 2011

Concentrate on the conspiracy theories and you will not awaken and ascend. Not that these are not accurate, most of them are contributing credible facts to man's cabal awareness. But this is not to be the focus of those wanting to ascend. Why? Because this helps negative attitudes grow. Anything "against" counts as negativity, no matter what topic is being attacked. When man chooses any opinion that is "against" another, his mind is caught in the dream.

Nowhere does it say this dream is Reality. Man does not have any understanding of Reality. Are you concerned about any conspiracy or controller dialog mentioned by this blog, or from other sources? Then you are not awake yet. All of these things are part of the dream, my messages as well as every other contact with Masters and angels.

An awakening is to master life with no belief in the dream. When you awaken, you become aware that the dream is a dream, and all of those still dreaming are not awake. "Am I going to ascend?" is a question the dreamer asks. "Are we going to awaken?" is a more aware question.

All the conspiracies are not theories. Most are accurate accounts of the dream that is being acted out as a dream. None of the "hands on" descriptions are being made up by those delivering them to man's mind—except the official ones. No official claim about man's condition comes from an accurate account, only from manufactured data to lead you away from what is accurate. But, *neither of these two scenarios will take you to the awakened condition.* Both are distractions! Mental conviction for either matrix of materialization contains no accuracy in the big picture, only in the keyhole you are observing it through.

My message today is not about whether there is a conspiracy or no conspiracy. It is about the dream or no dream.

Chances are you do not agree with anything being claimed by me today. Why? Because we are talking about waking up to a more accurate picture than the one that is meeting your eye when it is seen through the keyhole.

Please don't allow your mind to cancel this message before it learns the next attributes of being awake:

1. Clarity about how the dream is mesmerizing the mass consciousness.
2. Awareness of the Truth that mind cannot grasp.
3. Change in the consciousness of an adept to awareness of the higher realms and beyond.
4. Cancellation of those attitudes that have defeated the ascension.
5. Answers to all questions about the dream.

Making a leap in consciousness can be a direct result of discontinuing your mental

concerns about the drama being enacted by all dreamers. Placing all of these dramas in a category of "dream not Reality" is a good way to begin. Next, move your attention away from all the deliverers of control vs. victim material. All of this is part of the dream and you can detach from it. Convincing yourself (or anyone else) about the accuracy of any data is mental destruction of the light.

You only deliver light from the essence of your being. Your guide to awakening is in the core of that light—in your deepest inner depths—not in the mind. Forget all the change data, all the mesmerizing conspiracy theories, all the data about human affairs, and go to this depth for your reality check. Not just for a casual glimpse, but for a deep, clear acceptance of what is found in the awareness of your own heart.

Allow the dream to be your entertainment, not part of your ongoing creation. The mind is your director of mis-understanding. Clear your mind of all outer news and open the heart for awakened awareness. We need more awakenings for the change of mass consciousness in the dream to be achieved.

We are near the ascension, and we are not content with less than all of those who chose ascension to be on this next wave. Are you awake? No? When the ascension occurs you will not be leaving.

You can awaken NOW—it needs nothing other than what I just told you in this message.

I AM THAT I AM

Ascended Master Saint Germain

Channeled by Aruna

Message 546 - Kuthumi says . . .

<http://mastersandmankind.blogspot.com/2011/09/kuthumi-says.html>

Wednesday, September 21, 2011

Face the day with love. Only give attention to love. Not the human concept of love that leads to attachment, devotion and chivalry, but the love that cares about all of those who cannot own their own beauty and love themselves. Are there any of God's creations unworthy of love? Of course not.

Message 547 - Nibiru Contact is a Myth

<http://comptedesaintgermainblog.blogspot.com/2011/09/nibiru-contact-is-myth.html>

Friday, September 23, 2011

My messages have all been about the next days and ascension. My dear ones, your curiosity about future events does nothing to advance these two awarenesses that are most needed today.

Nibiru is neither a galactic death constellation nor a contributor to the axis change. It does not exist in your universe. Have the conspiracy theorists been able to concoct a new planet to frighten you? Apparently they have, at least it appears so.

Can you turn your attention away from current events or controller fear dynamics, including the threat of death to the planet from this or any other contact mechanism? None of these

creative dramas are accurate. My comet communication was to tell you there will be many changes, not total destruction. No comet or other method of destroying Earth is needed—man has already provided an activation of destruction that needs no assistance.

Are you ready to drop your fear so you can ascend? Fear cancels the ability to accept the amount of light needed to dematerialize a body. Cancel your dream that includes death and destruction. Believe in one thing only: I AM THAT I AM. Nothing else is accurate.

The Masters and angels are all clamoring for ascension. No other detail that can deter ascension needs attention. Are you able to accept ascension as a reality? Are you afraid of this? Make a commitment to ascend before there are no days left to do this. Practice meditation or another form of being quiet. Allow the God within to make all your choices, and let gratitude be your approach to life, not complaints.

Make no mistake, when the call comes you will be notified as a candidate to ascend IF you have done what my messages have asked. My words about this have been clear. Your choices are the difference between ascension or not.

Being calm, clear, awake and aware are the candidates most important details. Fake gossip about anything and everything calls for your attention. Be clear that only inner direction is to get your attention.

My fellow contributors to these messages and the Masters and Mankind blog do not want to control or disturb anyone, only prepare you to make the most informed choices. Now is the time to be very careful about accepting any man's conclusions about the future. Nothing is carved in concrete to be made an absolute. All can be altered at God's call.

Many of you are able to ascend. Count the days now, as only days are left. Weeks? Maybe. Months? No more to be counted. During October on your calendar there will be an amazing door to ascension. Are you able to go through this door?

Be with the angels as you go. Be one of the angels and lead others. Be as you are, an angel in human clothing. Remember this concept and let others know: "All of humanity is matter that will go back to dust."
All the best.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 548 - Quan Yin says . . .

http://mastersandmankind.blogspot.com/2011/09/quan-yin-says_23.html

Friday, September 23, 2011

Compassion is not only a feeling, it is the caring that comes forth as a result of that feeling. When disasters occur, are you more concerned about the way it affects your loved ones than others? Can you care about all and not only those you are close to? My love is total—yours can be also.

Message 549 - Choosing Ascension, Again

<http://comptedesaintgermainsblog.blogspot.com/2011/09/when-ascension-dates-arrive-call-to-all.html>

Sunday, September 25, 2011

When the ascension dates arrive, a call to all who chose to ascend will be made. Those who answer that call will know whether they are able to ascend or not, because they will once again be choosing to be the angel they incarnated to be. Are they willing to disappear to the world they know to ascend? Those who cannot are the ones who are not ready. Fear, doubt or desire for more of Earth's challenges will decide which mandate they will follow. Clear uncluttered minds will be the first to leave. Choice will not be a challenge for these, but it will be for those who are not yet able to agree.

My predictions are the advance call. When the call actually comes, those who are able to determine its content and its meaning will have an advantage over those who are not aware of what I have said about the next days and ascension. Can this prediction discredit my messages? Of course, because no ascension can occur without man's full agreement. When the call comes we will need that agreement once again. Saying "yes" will give us permission to activate the dematerialization of bodies. No number is required. Those not hesitating are going to ascend.

What will happen to you is your choice. Can you decide now and then alter that decision? Yes, and any one who does this can get on the next wave. But, are you going to give up an opportunity to live the best life you can make for others as well as yourself? You are the ones that can alter the fate of those not ascending. Only this big drama can get an absolute change in direction for all who need more awareness. Are they the reason to ascend? Yes. One of you ascending can deepen the light for them. Many ascending can manifest a new drama in their lives. We do not ask you to leave those you love. We want them to make the ascension with you.

All of my messages are my words, not those of my channel. She has no desires or concerns about any of these messages or their content and cannot determine their accuracy. We of the Great White Brotherhood are grateful to her for giving an unattached delivery of our words.

Can we have others deliver messages when we don't have this blog? Yes. Please do, but do so from an unafraid and unbiased clarity. No messages of this kind are to be delivered to those who are not clear. Channeling is not difficult for those with an open mind.

Can the comet destroy this planet? Yes. Will it? No, it will only make things more challenging. Will an asteroid deliver a final mass destruction? No, Earth will continue to exist with an opportunity to be energized again. When this energizing is complete there will be a New Earth.

Will you accept the offer to ascend when it comes? No details are missing from these messages. All countries have ascension candidates, even those with negative dictators. This choice is not the country's determination, it is yours alone.

Follow the lead of your heart. Making the choice to ascend is the heart's choice. An awakened one will not be led by an active ego. Count the days now. Enjoy all of your moments. Get ready. Put your affairs in order. Get a master plan to those who are going to assist with the next day's tasks. Place no one above the call of your heart, and depend on

no one to answer for you. Be with the angels and claim the destiny you chose to have. Make this call the one you aspire to.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 550 - El Morya says . . .

<http://mastersandmankind.blogspot.com/2011/09/el-morya-says.html>

Sunday, September 25, 2011

Today's challenges will become even more difficult after the ascension—not due to the ascension itself, but because many will get distressed about their missed opportunity. Masters do not doubt their own decisions. Once made, they deliver their best in the circumstances they chose.

Face the future with love, demonstrating that love is who you are. Not ascending in the next wave means that you are to be the ones who give the ascension opportunity to those who can accept the next call when it comes.

Message 551 - No Quest for Light Calls for Control

<http://comptedesaintgermainsblog.blogspot.com/2011/09/no-quest-for-light-calls-for-control.html>

Tuesday, September 27, 2011

Why are you so concerned about the days to come? Are these deliveries making you angry? Are they activating feelings of former disappointments? My dear ones, all of you are being led to ascension. When it comes, the light that now shines only in the heart of hearts can be available to all through the changes that occur in you. Your mastery is not yet total, but it can be the dream's answer to the next advancement in awareness. Be light now by deleting your doubt. Give love to all, even those of us who have previously disturbed an attitude you have about accuracy. We do our best.

Not any of our conduits can give you the "absolute truth," or they would be doing nothing and saying nothing. No content of any channeling is "absolute truth." It is all a demonstration of the mental content needed to lead the dream onward. Stay in belief of any dictation, or news from any source, and dream on.

I am telling you nothing outside the dream. Whatever does or doesn't occur means nothing beyond the dream. Being of "no mind" takes the dream into account without any attachment to content. Awakened awareness does not care about any of the things detailed in the mind of man. Only divine awareness exists.

Now, chelas, when my call comes for ascension, the dream of your mind will end. As you move into light, the next days will get no concern. Once you are dissolved into light, your contact on this level of awareness will give instructions about the qualities of nature you will be contained in during the anchoring of light phase. No dross can be grown in this energy, only love of all. Your ascension will deliver more light to others than the entire spiritual hierarchy together can now convey.

Why are your calls for assistance in changing your circumstances not answered? Because we are not able to dictate our choices to those unable to hear. Only those who are clear channels or at masters level can be convinced of our desire to lead your world towards a more aware condition. We cannot come into your dream and convince anyone in the dark to do something that is not his own choice. We cannot interfere in the details of any controller developments because no controller will accept the guidance we deliver. Controlling anyone is not part of our dance of light.

Brothers and sisters, are you wanting one group of controllers to be replaced by another? You are answering my call to ascension with negative attitudes. Give them away. They don't get the answers the mind desires. Neither does moaning or complaining. I've mentioned before that all of the dream is your creation—we only assist in keeping the dream moving along as you designed it.

After ascension you will understand my words completely. Now, give me your dense attitudes to dissolve and make the light your only intention. Believe in the ascension. Give it no dense attitudes. Welcome help when it comes. Be still and release all that is not light.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 552 - Quan Yin says . . .

http://mastersandmankind.blogspot.com/2011/09/quantin-says_27.html
Tuesday, September 27, 2011

Caring about the total advancement in consciousness, rather than man's own circumstances, is what ascension can bring. After this great answer to the controller demands for complete chaos, any man can choose to be on the next wave. Many will accept this to be their destiny. One grand ascension, open to all who do their clearing work, will cancel the dream once and for all. We look forward to the light you are going to generate.

Message 553 - Fine Tuning Your Discernment

<http://comptedesaintgermainsblog.blogspot.com/2011/09/fine-tuning-your-discernment.html>
Thursday, September 29, 2011

Continuing to discuss all of the things being questioned is not in your best interest. Please, give away all of your concerns about mother ships, comets, being rescued, defeating the dark cabals, etc. and totally dive into the depths of your own awareness. You can be an awakened being in this instant—no "doing" involved. Just give up all of those mental doubts about the ascension and its consequences. Give your current life 100% of your love and creativity until ascension occurs. It doesn't matter whether this next wave is the one you will be on. Those who are on this wave will be the true heroes for those who are coming later. But ascension is to be a graduation gift, not a commentary on the earth changes that will continue to occur.

Cheap, distorted confusion is being delivered to those channels unable to discern the dark from the light. Happy, delightful messages can also be dark. How? Because they defer any action towards becoming awake. Most of the darkest messages are delivered in this way. Only being aware of the light means there is denial of what is not light, and what you are denying needs to be recognized and released for you to be free. Denial of your own darkness only keeps you "in the dark. "

What you think does not manifest as your reality if there's a contradictory attitude held in the unconscious. Bringing these negative deceptions to light is the way to enlightenment, not affirming their opposite while denying their existence.

Love is not about avoiding negatives, it is about transforming your reactions to them. Beloved and admired dark masters are abundant in your universe. How do you tell the dark from the light? By their actions. Are they the masters of light they claim to be? Can you tell? Here's what to look for:

Are they . . .

1. Acting as an authority.
2. Belittling others.
3. Claiming to be an enlightened being.
4. Maintaining control over anyone.
5. Managing an organization that is exclusive.
6. Afraid of anything.
7. Changing an answer to elude a question.
8. Framing a question instead of giving an answer.

A chalice for light acknowledges that God works through him/her and makes it clear that God is much more than any individual. When you claim I AM THAT I AM you are dispensing with a personal identity, not making a practice of claiming spiritual attributes.

Practices that demand strict adherence to "get" a material designation or acknowledgment from an edified human being are dark. When a practice is used to control it is not a true activation of light. For example: Many are being "initiated" into lineages of energy transmission. All call for the accurate delivery of their methods to be qualified. Most true "healers" are never made into healers in this way, they become healers in the most natural way. Adhering to any "special" method does not invite the most correct or the most effective transmission. It only limits. When a true Master transmits, he does nothing special!

Shall I talk about the groups making these demands? No need—those who are being directed by them will recognize what they need to know and distance themselves by their own decision. Negative attitudes towards any group is not the intention of these words.

Please accept the teachings these groups and their leaders give you about discernment. This is more about YOU than them. I don't care if they are dark—you need them to grow into the awareness of ONE. Please do not attack any group as being dark. Only determine whether you are being controlled or used to control in any way, and if so, walk away.

Controllers need agreement to their control. Agree to be controlled by nothing. Give your own guidance full authority.

Will I comment on other deliverers of information about ascension? Only to say there are many different opinions on this side also, so be true to your own inner director, and be in

the group you are being led to. Channeling is not always the answer. Your own inner guidance MUST be the truth for you.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 554 - Melchizedek says . . .

<http://mastersandmankind.blogspot.com/2011/09/melchizedek-says.html>

Thursday, September 29, 2011

Masters of the Great White Brotherhood are not God in their individual attitudes, only in their ascended awareness. Changes in their roles within the hierarchy are on an "as needed" basis. When this wave of ascension occurs there will be a different group of Ascended Masters working as teachers and guides for those who are to ascend later.

Names will be altered from their current appearances to their actual names. No more will their true identities be hidden. Many Masters will become talked about, as they will be changing their current role to lead a new group of disciples, chelas, etc.

My new name will be the name I move on to complete Oneness with. Melchizedek has only been my name for this collective. Next it will be on the lips of many as Christ Consciousness. Yours will be also— as there are no differences at this level.

Message 555 - For Those Not on the First Wave

<http://comptedesaintgermainsblog.blogspot.com/2011/10/for-those-not-on-first-wave.html>

Saturday, October 1, 2011

Many of the questions that are being asked now have already been answered in these messages. I am not going to repeat the details that have already been given. My dear ones, answers to those questions will come to those asking them in other ways. Make your questions to me relevant to all readers and ask about what is being discussed in these messages, not esoteric questions that have no relationship to my topics. My ability to answer all of your questions is very limited, due to the amount of time required to do so. This blog is not my channel's entire life work. Please do not expect more than she voluntarily gives.

Believing in the content of my words does nothing to determine your level of mastery. Masters do not need my advice. I deliver these messages for those not yet able to get their guidance directly—to provide more awareness for future outcomes. My request is that you believe nothing about the messages that come to you in ANY form, and dig into that knowledge base inside yourself. When you decide that this source is your only guide, able to give you ALL the answers you need, you will be the Master that you have incarnated to become.

Ascension is for Masters. It is not an automatic result of a decision made by those desiring it. Mastery is completing all your negative attitudes and living as an angel in material form. Work on all areas of dis-harmony is required! Giving love to all, without hesitation, is the angelic way.

Can you ascend? Only those ready will be asked to ascend in this next wave. All the rest CAN next time around, IF they become Masters before the call. Channeling a Master does not make you a Master. Walking the Master's walk is a requirement to ascend. Don't think that being anything less than an angel qualifies you for ascension.

Now, my next answer to a question is about the concept I recently introduced regarding ascension being able to deliver more light than the entire spiritual hierarchy combined can do now. When the advanced ascend, the light of their auras will infuse the entire planet energetically, unlike any other time in human history. Those candidates ascending at the moment it happens will give a major "dream come true" feeling to all around them. It will bring their energy up to the level they once dreamed of—activating their own inner light. More *shakti* will be delivered by those ascending than anyone has previously experienced. This will be felt by all near them, who will be activated. It will be a "chain of events" condition, where one light activates another. You won't ascend as a direct consequence, but you will become more aware and more caring. And, the demand for caring will also be increased. Searching for missing loved ones can demand caring and clear advice from these new leaders of light. After this ascension wave, new dreamers will come to the care of those who can assist them in their next steps. Will this be my chela's new work? See for yourself the need and your ability to fill it.

Pretending that an ascension will make all of Earth into a New world is not an accurate assessment. No, chaos will come anyway, and so will all the other things my Master Messages have described. Be ready to live these teachings during the next year, and get ready to be on the next wave. There will not be another ascension wave following that one. Believing or hoping you are able to ascend is not the way to do it. Being very clear about the level of love in your heart is how you will know the answer. Please do what is necessary to qualify NOW.

People, don't give up your current life because you believe you are ascending. Keep doing your very best to live the best life you can. Many of you are not able to ascend now and cannot demand more than you are ready to receive. When the day of ascension arrives, those ascending will be taken into the light, but all those who have not qualified will not. Sending them off with great excitement is more important than being disappointed in your own demonstration of readiness. Cheer them on and rise to the occasion. Chelas will be qualifying (or not) by their actions in all circumstances. Be a guide to those you will be able to assist. Be the light that you came to be. This is not a choice of the mind, but a demonstration led by the heart.

Solving your own dilemmas is not the issue. Being light no matter what the circumstances are is the challenge you must qualify from. Life is not only for growth, it is also for giving others the attitudes reflected in that growth.

Believe in ascension. Believe in the Great White Brotherhood. And most of all, give these beliefs to God when you are called to ascend. All beliefs are dreams.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 556 - Sanat Kamara says . . .

<http://mastersandmankind.blogspot.com/2011/10/sanat-kamara-says.html>

Saturday, October 1, 2011

When the ascension comes, don't give the call a negative attitude. Should this occur you will not ascend and it will demonstrate no caring for others in that moment. Ascension is not for those wanting to be important or get a reward. It is for those giving their all to God. Bless them and their contribution to all who are blessed by them.

Message 557 - On With Ascension

<http://comptedesaintgermainsblog.blogspot.com/2011/10/on-with-ascension.html>

Monday, October 3, 2011

Change is imminent. Can you feel the mystery of all God's creations becoming more awesome in their magnitude? How could all of these complexities be imagined? We are only aware of the cause and effect attributes, but much more is not in our awareness. So that you become more aware, pay attention to nature. See how all of the elements are co-creating at the same moment. Each contributes the last bit of its caring to those who continue the cause. When one dies, the others go on, and they do not destroy themselves because of their loss. When new births come forth, all celebrate the arrival of the next generation's contributors.

Are we different from them? Only in the way the "All That Is" conceived us to be. I include Ascended Masters in this dialog as a way of leading you to more clarity about the dramas you are part of, as we are in most of them also. To let you think of yourself as separate from us would not be delivering an accurate account of this creation. We Ascended Masters are also creations of God's dream—not different from you, other than our level of awareness.

Many of you have been Masters before. Some will be Masters again when you wake-up. No one decides what is their own level of Mastery. My messages have given you many details about what it takes to become a Master. Not being an active meditator or channel does not disqualify you from ascension. Many of these messages list all the conditions that are needed for ascension. This is not new information. "No negativity" tops the list.

Even though my chelas are all Masters within, many of them are not ready to ascend due to negative beliefs and attitudes that are still needing to be deleted. Solve this now or later—your choice. Give your total life to God and become a master instantly.

I Am That I Am is your True Nature. Giving away the mental concepts of ego does away with all deceptive thinking. An awakening is this simple. A completed contract includes this new awareness, and no contract is complete without it.

Ascension is graduation from Earth school. It is not the mind's decision whether the exams have been passed or not. Graduation requires good grades and good test results. You designed your own curriculum, made up your own courses, and acted out the tests you needed to be graded on. The grade you got was by your own standard. Passing meant another test was needed to make certain the grade was accurate. Next lesson . . .

All of this is in the contract, and your True Nature cannot be fully available to live your life

as a Master until you are able to go out of the classroom with a passing grade in all of your subjects.

Many demons are in your classes. They create obstacles for you to become challenged by. Gratitude to them is another test of Mastery.

Polish your great dream with a negative attitude and this deletes you from ascension. God and our beloved contributor to human mastery, Jeshua ben Joseph, are not the decision makers about ascension—only your own consciousness decides.

Can this message give you the incentive to be a master that can ascend? Why not? Are you too dense to accept this most critical challenge? No, you are not. Believing in ascension and deciding that you want it are the first qualifications. Next comes the completion of your contract. Work to negate negativity is not needed, only moving your decisions into choosing God over all of your dream's desires. Next is heart opening. Are you there? No "doing" is needed for this either, only living as though you are doing God's work in every moment. Angels do God's work.

Am I clear enough? Ascension is not an entitlement—it is graduation for those who are more aligned to their own True Nature than others. Pause and reflect on this.

I AM THAT I AM

Ascended Master Saint Germain

Channeled by Aruna

Message 558 - Archangel Ariel says . . .

<http://mastersandmankind.blogspot.com/2011/10/archangel-ariel-says.html>

Monday, October 3, 2011

Are you a Master that claims to be a monk and doesn't live like a Master? Are you a monk who lives like a Master and is not yet the Master you claim to be? Can we give you an answer?

You are neither—you are the light in the monk and the Master. You are the dream breaker that creates Masters in all forms. When will you get out of mind's grasp? When you are less attached to the world.

Message 559 - Are You a Master? Say Yes!

<http://comptedesaintgermainsblog.blogspot.com/2011/10/are-you-master-say-yes.html>

Wednesday, October 5, 2011

Waking up to the truth of your existence is only one detail to be aware of. All the clearing of contractions in the body has helped to make you a light vessel in human form. When the ascension call comes, all light vessels will be called. No attitude about your worthiness to be called applies. Those who have really become lightworkers are now going to deliver the light.

Following a teacher that tells you otherwise will bring disappointing moments when the day of this next wave comes. No one can ascend who has not completed his/her homework.

Are those completing it now still eligible? Absolutely! Always continue to let go of negativity as it appears. Once empty, the heart will be wide open. Teaching about doing nothing to ascend has been controller guidance. Stay on that track and your dream of ascension will be totally negated. Free yourself of negative thinking about all details of the human experience to be a true leader of light. Positive attitudes neutralize dark comments when they are made by others.

Children of God are all on the same clock as far as ascension is concerned. None are "chosen," all choose their own future. No great division exists between teacher and chela. All are equal in God's eyes. No group of humans is considered a more important group than others. When the bible was composed in the mode of historical data being created as law, the destiny of the group called Israelites was not certain. They chose an authority of divine control to acquiesce to and claimed him as their God. Was he the chooser or the chosen? Neither, he was their only contact and they accepted the demands he made for their own co-creation. Are they chosen or did they choose? All are chosen and they chose.

My dear ones, we are all God's children—even the divine Masters of God's creation are not more dear to God than any of you. No favorites! Can you become more favored? No, but you are able to deliver more of the dance of light to the co-creative nature of manifestation than those who are less conscious.

Twelve tribes were given the tablets on Mount Sinai and only one claims them. All the others chose not to, but they are not going to be deleted from God's memory. When they are called to ascend they are equal to all the others being called. No delineation will be made on this side of the veil.

Practices to get to ascension are not the delivery mode their initiators intended them to be. Welcoming all on an angelic level will be the Ascended Masters and Archangels who are the aspects of divine light asked by God to assist. Answer their call by going out to meet them.

Apathy is not the same as being content "no matter what happens." Can you get delighted that life for all can be improved as a consequence of your completion? How great can a consequence be?

We are not delivering you to anything you haven't experienced before—only the dross of mental negativity does that. We are out of that context and come as great friends to our own counterparts. Take our hands and go through the door to angelic bliss.

Today's message answers comments that are not being published because they are mis-directed in their details.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 560 - Lady Master Portia says . . .

<http://mastersandmankind.blogspot.com/2011/10/lady-master-portia-says.html>

Wednesday, October 5, 2011

When the ascension comes we will be able to materialize to those coming through the door. Can we count on you to accept us the way we appear? It may not be the way your

artists create us to look. It may be very different from those images.

Contracts will be fulfilled as the ascension occurs. Most of you are not yet complete, so we will assist with the rest of what is needed. Our neutrality and caring cannot deliver the answers required to complete your contract, so be very aware of what is being communicated to us before agreeing to ascend. Practicing for the next wave may be the fate of some. We hope not, but all will be determined by your mental choices.

Message 561 - What Needs to be Deleted

<http://comptedesaintgermainsblog.blogspot.com/2011/10/what-needs-to-be-deleted.html>

Thursday, October 6, 2011

What my words are telling you is that you can ascend. Make ascension your commitment and complete your deletion of negativity by not complaining or criticizing that which does not fit with your ego's desires. More and more details are being revealed daily about the lies you have been told by governments, corporate marketing specialists and drug companies. Are these details giving you any good feelings? Are you being grateful for these lies? No, you are getting negative. My messages are giving you the love of God in words that are meant to uplift you from this negativity.

How can anyone ascend their own negativity? By looking at all they observe as God's gift to their growth in awareness. Awareness can be expanded without negative attitudes put on what is being revealed. All is needed to grow in consciousness. There are no accidents at all. When you are given more awareness, the most developed thing you can do is be grateful for it. Attacking new awareness material deletes your consciousness quotient. What can you do to be a light in the midst of darkness? Be grateful. Shine that light on all negativity.

My dears, what is not considered acceptable on this blog is arrogance. When a comment contains a negative attack on anyone or any thing, or a comment degrades the messenger, it is not posted. Your ability to get comments posted can use this as a guideline. Another guideline is: do not include a link to a different site that does not add anything of value to this message delivery. Unrelated links that are for the purpose of marketing one's own beliefs are not accepted. These links cannot be removed by the blog moderator, so the entire comment must be deleted. The other criteria I use to moderate comments is whether the content can be understood. Some comments are not in English or they are not written so they can be understood by English speaking readers. These too do not get published. Enough said.

Please ask questions. Please feel free to comment. But be aware that negative, arrogant attitudes don't go on this blog site. What do I call arrogance? Being against another's point of view and being dictatorial in attitude about your opinion. Making another appear disrespected is also arrogant. Not agreeing is fine, but disrespecting the one you disagree with is negative. Choosing words that are kind can allow for many points of view to be presented. Acting as a master does not include degrading another.

Every time you present yourself as a more knowledgeable commenter than either myself or other commenters, your attitude is degrading. Act like a divine being—loving and respectful of what others say—and you will be more credible.

False statements made as fact are not the way of a master either. Be careful to deliver an

opinion as an opinion, not as a fact. Arrogance is making your opinions appear to be facts. There is no authority in this universe that claims total accuracy in its messages due to the nature of all things being a collective conclusion at that moment. No detail is conclusive, as nothing conceived by your mind is accurate. All is mentally conditioned to fit your attitudes and beliefs in this dream you are concluding is reality. Presenting anything as a concept means it is not claimed to be truth. This is much more accurate.

My words about ascension are to lead you in this direction. Are they accurate? We will soon see. When dates and times are mentioned they may not appear accurate, as time in our realm is non-existent.

My dear ones. Please get out of your mental attitudes and beliefs and read my messages with less attachment to details. Consider them your guide to possibility. Be a clear channel of your own Highest Awareness and develop humility. I Am That I Am is your true identity. All of you are Masters in God's creation. Your mind is what thinks otherwise.

As one wise man once said to another: My mind asks the questions and my heart answers them. Please keep asking and listening.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 562 - Ascension and US Leadership

<http://comptedesaintgermainsblog.blogspot.com/2011/10/ascension-and-us-leadership.html>

Sunday, October 9, 2011

My dear ones. Friends from many galaxies are all awaiting the ascension. Can you entertain the idea of ascending before the end of this month? In the next weeks an open gateway will make this feasible. Not all will disappear at the exact same moment. Some will disappear during the month of November. We want all of those who ascend to be noticeably missing, and not only on one day. Some will be around into December. When the next ascension timing dates are finalized among those recording them, one or two months will elapse. Given this detail, don't assume that you are not on this ascension wave after learning of the first group that leaves. We will gauge the dates according to the human attitude that appears to gather during the growing number of disappearances. Make a detailed list of who should be contacted should you disappear.

Choice always contains mental desires. When mental decisions are made there is an ego making them. Egos do not cling to love objects because they help them master the continuation of human connection, but rather, because this clinging means another delay of ego's demise. When the Truth be known, death does not delete close associations, it only appears that way to your mind.

No death experience will be considered a disappearance. We will not have a managed death method going on, only complete disappearance of bodies and their closest dear ones under age eleven or twelve. Most over age twelve will choose for themselves. Many of these children have come in to help prepare those in the next wave.

Practicing daily movements or activities to qualify for ascension are not needed. Only the

elimination of contractions, (made by closing the door to love), mean anything to those experiencing a deepening of awareness. Changes of this kind can still meet the ascension deadline.

Politics are not the actual decisions of those elected by the masses. Mr. Obama was a clear, determined being who cared greatly about the future of the world. Bring in the death threats to his dear ones and he gives away the dream. In the next days Mr. Obama will be a most determined and caring man. What has been his behavior until now (to be directed by decision makers of the most dramatic kind), will be overturned by an organized demand coming from those now demonstrating about the lack of help being given to all who are unable to afford their homes, and most important, to those unable to feed themselves and their children.

When Mr. Obama accepts that he can make a difference, he will. Now he's being disgraced by those wanting this needed turnaround. His most important task has yet to be done: not accepting the demands of his controllers. We are not delivering him to ascension—he's had no chance to delete his contractions. He will need to lead, if the people allow him to maintain his position. But he may not accept their demands due to his own inability to be able to cancel that control. Mr. Obama is not a deceiver, nor is he a controller. In the game of light and dark, he has been drawn into the antithesis of his own nature.

We want you to be his aids in delivering him to his next conquest of his own fear. Still able to be driven, he must overcome his matrix of materialization if he is to lead as he was elected to do. Fight the apathy in you in order to be one of those who aids him to let go of nonaligned decisions and be the man the country of the United States needs. We are aiding him from this consciousness as much as we can. Free will makes this most difficult. Are you able to be his assistants in defeating his negative ego? Please commit to ascend and contribute to the mass consciousness influence on him so he can become a determined and fearless leader. Contribute your ascension to the messages he receives. Are you willing to make him the man that can turn things around? He is not the dark disguised as the light. He is light overcome by the dark.

Send him caring and compassion. Give him the light he needs. Pray that he can free himself from this dark control game. Believe in the light in the depths of all beings. Once allowed to brighten, it can do miracles in a human container.

False messages against Mr. Obama are not from our dimension. Ascended Masters are his colleagues in essence.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 563 - Archangel Raphael says . . .

<http://mastersandmankind.blogspot.com/2011/10/archangel-raphael-says.html>

Sunday, October 9, 2011

Androids and demons are not causing negativity on earth. No deities are deleting your ability to choose to ascend. Only your own fear, attachments and choices are to be conquered.

Welcome the days to come as the next great adventure. Have a great time watching the dream crumble by more awareness being energized. Observe the dross of your own body being released. Clear the dross and free yourself from mind's demands.

Message 564 - Being Ascension Ready

<http://comptedesaintgermainsblog.blogspot.com/2011/10/being-ascension-ready.html>

Tuesday, October 11, 2011

My dear ones. Contained in these messages is all the directions I can give for ascension. I cannot tell you the date. Nor can I tell you the wave you are to go on, or the way to organize your car sale or your banking. These things are in your determination based on the way we have described the ascension plan. No one who dies is told when, and we are asking that you assess your daily lives now to delete any cause of delay. Can you decide not to ascend until the next ascension date? Yes, but doing so will not make the date of that ascension wave any easier to determine.

Give up the dream. Acting like the dream is the reality is what makes you want to keep dreaming. Going into another level of consciousness is the way to bring the others in your dream into reality also. Cease dreaming to ascend. Choose to remain dreaming and lead others in the same way. Cancel your ascension and negate the impact that could conclude dreaming entirely. Wake up an army of conscious beings to the complete change of consciousness needed to ascend. Free yourself to free others.

Part of the delay in this first disappearing wave is the contracted attitudes of those needing to be on the first wave. Too many are not able to detach from their mental conclusions about delay being evidence of controllers conspiracy games. We do not control nor do we manipulate. Our cause is the fulfillment of your chosen destiny. Delay was because of your attachment to the mental conclusion that as the earth ascends so does its human population, no matter what their consciousness contains. This was the controller's delay tactic. Combine this with the bible characterizations of ascension, and dogma overrides the concept of being able to meet your own goals.

Cosmic consciousness is not always noticed in an aura of an enlightened being. Many of our ascension candidates are already able to ascend. Are you one of them? More than a million can act on their own acceptance today. Many more are on the fence—choosing ascension over the dream is challenging them. Waiting another year seems appealing, thus reducing the cause and effect creation we are attempting to create. Saying that, we are also needing great advancement in the collective consciousness during that year. Whether you choose another dream or this one, a dream is still the "not so accurate" way of living in a body.

Precious moments are being lost to those choosing negative attitudes about ascension. Choose death over ascension and mandate a death experience during the days after the second wave. When the healing of Mother Earth truly begins, all residents must be redirected to other galaxies or die. Since no other galaxies will accept our contract conditions for their most caring culture, this prevents the first option to materialize. So all who choose the dream over the next gateway's ascension will die. Can they come back to Earth to complete their cycle of death and rebirth? No. Choosing death over ascension completely ends this contract opportunity. The only option that will be made available to them after the second wave will be acceptance on an individual basis into another galaxy's community. Waiting for that could be an indefinite wait.

Solving this way of ending the human drama can freeze in time the dream and its negative conditions, effecting Mother Earth's ability to be healed and canceling her mandate to be completely healed.

Most of Earth's population of animals and other materialized beings are accepted and will be continuing their life and death cycles on other planets. More than half of the current human population does not qualify for ascension. They are not fully designated as man. Many have come from other places and times and will return. Only one tenth of this group are lightworkers. Most are drama creators of the most committed kind, those who have brought you your lessons. Consider them "other" by no means, they are your most beloved ones. When things are difficult you can grow the most. Acceptance of these difficulties without blame cancels your contractions. Holding them accountable is not blame, it is another lesson for you.

Absolute contraction free, dis-ease free bodies are not the ascension criteria. Open hearts and absolutely clear awareness of the light that lives in the body can delete these contractions instantly. Be more loving, including loving those needing it the most, and give yourself less negative attitudes about the human drama. This will allow you to ascend.

Presence is the key! Being totally present to every moment, without any denial or charge in the body, is being ready.

NOTE: Aruna will be traveling for a week and may or may not be able to channel during that time. Channeling depends on the nature of the environment, and where she is going has much dis-ease in the community.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 565 - Vywamus says . . .

<http://mastersandmankind.blogspot.com/2011/10/vywamus-says.html>

Tuesday, October 11, 2011

Are my colleagues erasing your doubts about the deletion of negativity being needed for ascension? My dear friends, welcome all that occurs. Give a cheer or a big hooray about the gifts of delight being made on the ascension path. Close the mind to discussions that discredit anyone: banks, investors, nature destroyers, etc. All are God's deliverers of awareness. Celebrate consciousness in action: when man claims his life force and goes towards his heart's desire. All of your challenges are to bring those who can transcend negativity home.

Message 566 - Aruna Answers a Question

<http://comptedesaintgermainsblog.blogspot.com/2011/10/aruna-answers-question.html>

Wednesday, October 12, 2011

Comment: Aruna, would you please care to explain the second paragraph, starts with "Give up the dream.free others" As dreaming is the first stage of manifestation, we are

now told to not manifest Ascension?! Also when he talks about the delay. Does he mean the delay in the past, or are we facing another delay in our future timeline (ie. end October)?

Dear friends. I will be traveling for the next week and may not be able to channel the blog during that time. I am answering this question in lieu of tomorrow's channeling, because I do not have time to channel SG tonight.

This question addresses two different levels of consciousness. When we identify ourselves as a person with a past, present and future, we are living the dream (also known as "the illusion"). In this level of consciousness we learn how to use the mind to manifest what the ego wants.

The next level of consciousness is beyond ego and its desires, attachments, judgments, etc.. Ego takes a back seat to the Higher Self (True Nature, Master within). This shift frees (liberates) the Higher Self so it can manifest what is in the soul's contract without any ego interference (fear, judgment, desires, etc.) This is the "awakened" condition. When the ego is willing to give up its control (attempts to manifest what it wants), the body's vibratory frequency is raised, and the energy it transmits effects others on subtle levels. But "being awake" also means that the wisdom of the Higher Self is available to help free others from ego's bondage.

As individual personalities we cannot manifest Ascension. Ego thinks it needs to control everything, but this is a mistaken belief. Being "in the flow" with divine consciousness, and living a joyful, liberated life, free of suffering can only happen when ego surrenders and steps aside. Give up your ego and you will Ascend. If you are seeking ascension with the ego you may not.

It is my understanding that SG was referring to delays in the past.

Blessings to all,
Aruna

Message 567 - Change Consciousness

<http://comptedesaintgermainblog.blogspot.com/2011/10/change-consciousness.html>

Saturday, October 15, 2011

Change is beginning for all. Most of humanity will be aware of the deceivers by the day(s) of ascension. As exposure does not equal dismantling any of the corrupt details, those nations not yet acting against their governments will. Total chaos can result. If the directors of the masses are detained or murdered, more directors are to appear. Mass consciousness AGAINST what is occurring denies the growth in awareness that is needed. Calling FOR change does not. Care to discern between being FOR vs. AGAINST will matter. Joy can override negativity. Ask and challenge with loving attitudes. Give Truth most of your attention. Change comes next.

Arab countries are not the only ones corrupt in their attitudes. All countries are controlled by the dark awareness of greed and dense consciousness. Free your own mind of corruption, then deny nothing about the ways corruption is being mirrored in every country. Mind denies, and a denying mind is a corrupt mind. Change denial to more awareness to clear the negative attributes that now exist in your world.

Face the fact that all is a reflection of the negative attitudes in each of our dear brothers and sisters. Own your own negativity and give it no match in the world. In the near future, no negativity needs to come to the demonstrators who are aware of the negativity they oppose.

Change does not have to be created with attack attitudes. Change can also come out of caring. Ask the crowd for more caring among all who gather. Will they be opposed? Yes, and they can be caring to their opposers. Are these demonstrations going to be activating in making change happen? Not as we would like things to change. Many of the controllers are not going to accept that their duties are corrupt and will grasp for more of the same. When they are called to leave their jobs they will not go of their own choice. Stay in the heart, as they are not conscious of their own denials. Change can dismiss many who are not aware of their own part in this play.

Another dream is in the making. It is not any more real than the current one, but needs the contribution that will come from ascension. It needs more love and caring in the demonstrators and in those being called on to disburse their control. Attitudes will determine the way change will come.

Free men and women are not caught in any negativity that comes with confrontation. Make sure that you maintain open, caring attitudes when controllers confront you and your loved ones. Act as Ghandi did, never get violent against anyone.

Please do not ask me to discuss other channels through this one. I have delivered numerous details on how to discern for yourself. My channel does not care about the contents of these messages or the content of messages delivered by others. You must choose the messages that are for you on your own. Choose carefully! Some will deny the darkness in their messages and claim their own creations to be negative free. An awakened one does not deny anything. Be awake and care about none of this dream. Welcome whatever comes.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 568 - El Morya says . . .

<http://mastersandmankind.blogspot.com/2011/10/el-morya-says.html>

Saturday, October 15, 2011

What will the controllers do about demonstrators? Attempt to defend themselves. Give them the attitude of caring and don't get angry at their defense. Welcome them to the light with light beams being directed to them. Are they going to be convinced by them? No, but they may become more aware by this method of approach and give up quickly.

Message 569 - About the Details

<http://comptedesaintgermainblog.blogspot.com/2011/10/about-details.html>

Tuesday, October 18, 2011

Please consider my teachings about ascension and "God's will not mine" to be awareness assistance. Nothing being said about either of these mental details is about the more important concept of awakening the divine nature inside of everyone. Are these teachings for those who are already awake? Yes, because they can lead to more cleansing of any dross that is still maintained in the human energy field. Practices like meditation, awareness of the moment, and giving full attention to each co-creator is the most critical detail of these messages. Not the details themselves, but rather, what they can do for you.

Ponder this: Who is the light bearer in the body? No matter how this question is answered, there is only one accurate answer: "me," the God of the inner dimensions of consciousness. This "me" doesn't need any coaxing to be light - you are this light, always, not the dross you act out instead. Giving the dross the death of its creativity is the making of awakened awareness.

When I mention 3D consciousness details, I do this to give those needing these details their cause to awaken. In dense conditions the awakening of light is most needed. Are you willing to release your concern about 3D details? Are you open to hearing the most important things my messages are conveying? Why are my messages giving no absolutes about the conditions that are already developing in the 3D realm? Because, which one of these will be the best experience: the new development or details about the future that are overlaid on this experience?

False prophets abound. Am I one of them? Many are considering this. Naming a specific date and over managing the details is not in my ability. Should these predictions fail, or not come out as we are intending, another dilemma will be declared. But only in the dream. In the deep, dark contract that you made, the details are already declared. Today? Monday? Saturday? None of it matters. Your details will be fulfilled when the timing is right.

Ascension will occur. Can it happen the way we are forecasting? Only if many accept at the moment the call comes. Not all who are able are going to accept. Choosing one detail like this can alter your destiny's timing, but it doesn't alter the contract.

Friends, Gods of the human dimension, you are in charge. Make me right or make me incorrect in my future destiny guesses. Who is in charge? You are.

My channel cannot continue to deliver these messages when they are not dependable, so why would we be claiming the details we are? For the gift of ascension to be yours for the answer "I Am That I Am."

Changes are occurring. Maybe you haven't noticed the darkness lifting in the conditions of human affairs, but we are happy to observe less demands on others being called for and more action in attention on the call for more consciousness. Follow the media for news of the changes already in motion. Elenin activates more dross and debris in the cycle of man's home environment. Check out what has already occurred in Asia. China and all of Asia will continue to be devastated by the doorway of destruction caused by Elenin. More typhoons are coming. Big catastrophes mean the end of man's climate control days. More deaths will come from this creation of man and the comet's destructive influence.

Sharp minds find cracks in all details. Move this mental concern on to the dross collector where it belongs. Concentrate your attention on the heart only. Free yourself from mind's dominance. Awaken and have a great day in each moment.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 570 - Archangel Ariel says . . .

http://mastersandmankind.blogspot.com/2011/10/archangel-ariel-says_18.html

Tuesday, October 18, 2011

Change to the continents has already come. It will continue. Change to man's consciousness has also come, and that too will continue.

Notice the changes in you. Notice how the "ah-has" are appearing. Acting out the death of the mental constructs can be difficult during the call to awareness. Contact with man's divine nature needs to change to "Being divine nature."

Message 571 - Making Awareness Apparent

<http://comptedesaintgermainsblog.blogspot.com/2011/10/making-awareness-apparent.html>

Friday, October 21, 2011

Freedom from all of life's misery can only come with awakening. No drama comes to anyone that is not needing it. To entertain the conditions of change, notice how all of your lives are constantly changing. Nothing keeps on as it was before you notice. When noticing, ask yourself "Who is noticing change?" Are you the one that is observing or are you the change deliverer? Can this question generate another question? Are you the questioner or are you the one with the answer? Are you either? Both? Neither? Please ask these questions of the mind.

One answer is from mind consciousness, the creator of all mental answers. Another answer comes from the heart's awareness which is beyond the mind. Can you tell which is the deceiver? Which claims to be the one with the answer?

Am I deceiving you with my questions? No, only challenging and guiding answers to the one who has the ability to question. Freedom is when the last question being delivered is not needing an answer.

Are you confused? Nothing can be added to all of my questions except the next level of awareness. Are you going to give these questions your attention? All of these questions are for moving the controlling mind away from its mental choices.

Answer this: Am I the master or is another master more competent? Are you able to accept the master within as your only choice? Consider this the most aware thing that man can do. Break away from choosing answers, and instead, give the question all of your attention. No answers are needed. Are you getting my drift? Can we agree that no answers are needed? That all of your answers are available in the heart of any man, woman and child? Practice asking for the answer of the heart and cancel all other contributions to awareness.

Face the fact that all of you can get the answers you apply for when you are quiet. The

dream of this life is of your own choosing.

Prepare to ascend with the use of questions. Not just asking yourself these questions and accepting all the answers that come in response; changing the questions will deliver more awareness. You close the door on mastery when you do not notice all that the master inside is giving you. Patience is needed. Question your concepts, all of them that appear when you are awake and divisive thoughts arise. Cancel them by asking "Who wants to know?" This will align you to your contract and bring more growth in awareness.

What I have said about comet Elenin does not include any delightful contributions, only challenges and control driven answers to its path of destruction. In the next days more control of the human condition will be attempted by the dark cabal as an asteroid comes into view. Give it no concern. Fear is the only way this asteroid can alter your matrix of materialization.

Politics is not the way to move things forward in a growth of awareness manner. Outcry is. Give those in the center of this current outcry applause, and anything else you can give. Are they the light in the darkness? Absolutely!

No more can be done to change the minds of those needing more awareness, but we want to activate action in those who are able to be their own answer to their contract and divine expression. Make this day the most active example of what you can do. Free the masses with your divine light shining in awareness. Allow the divine being that you are to live as an example.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 572 - Mastery and Ascension

<http://comptedesaintgermainsblog.blogspot.com/2011/10/mastery-and-ascension.html>

Sunday, October 23, 2011

After the first wave of ascension many of those not ascending will be curious to gather insight into the change of awareness of their own consciousness. Most who are moving on in the next wave consciousness are to be their teachers. When all of the ascension adepts are no longer available, their messages will be channeled to those who are able to receive them. Making yourself available to this method of realizing the next chapter of life's continuation can give you a new level of clarity about the challenges we have been grappling with.

Why don't the channels get clear messages? Why can't their clients get the meaning of our words? And why doesn't the client want to trust their own inner guidance? What does this mean about channeling? That it is needing more clear channels and more demanding clients. Solving this dilemma is going to be an active challenge.

Further discussion about all of the consequences of ascension are not appropriate, as discovering the new opportunities for becoming a master needs open minds without any expectations. Should your brains decide the next day's answers before any questions appear, the lessons of free will may not be available. Choosing the development of consciousness classes to attend will be each being's doing, moment to moment.

Self-care will be doubly needed during the days right after the ascension due to the processing that will have to be done regarding the changes this ascension activates. Save time to be quiet as a most important task. Free the contractions that may arise due to not being on the first disappearance wave. Practices that help claim your center will be useful. Bring the mind to your hurt feelings so you can come to accept all that is.

No accidents are going to happen, and anyone not included needs more clearing of contractions, more depth of caring, and more awareness. Masters ascend! Not ascended? Become a master. You already are one, but you must accelerate the delivery of that consciousness.

Making a difference for those needing assistance completes the love delivery for those being tested on mastery. No master ignores the needs of others. Parenting does not qualify in this character test. All parents need their children to be their character testers and all parents need to lead the children out of dis-ease the best they can. But this is a responsibility of all parents and does not mean that all parents will qualify as masters. Being a parent has more attributes being cultivated than just this one. One of them is to give your attention to another instead of only seeking attention for yourself. Another is to give without feeling depleted, and a third is connecting with another that needs you. All three of these convey basic love instead of a master's love. A master does not need another to need him/her, nor does a master feel depleted by caring for others. Clear attitudes about love, control and anointing are the way of mastery. Masters give as naturally as they do anything. Caring is their nature. Caring for themselves is not neglected.

No master drops the attention of divine nature when it comes to caring for anyone, including him/ herself. Are you aware that many are not caring for themselves by living solely for others? These are not masters, they are neglecting one of God's creations to feel good, so they do not give from divine grace. Instead, their giving does them harm, so it is not a gift from God - it is their ego's compensation for feelings of negativity about themselves. Being a master means you have the ability to give and also care about the body of the giver.

More and more of my chelas are getting close to mastery and need this advice to become complete. Be a gift to the light by gifting more to your own needs.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 573 - Lady Master Portia says . . .

http://mastersandmankind.blogspot.com/2011/10/lady-master-portia-says_23.html

Sunday, October 23, 2011

Are you mastering life? Are you giving totally from light? What keeps you from loving unconditionally? Have mistaken ideas kept you out of love with yourself?

Portia asks for more love to be delighting all that come to you. To do this, more delight must be experienced. Allow all of the love coming to the body to be accepted.

Message 574 - Ascending and Descending Clarification

<http://comptedesaintgermainsblog.blogspot.com/2011/10/ascending-and-descending-clarification.html>

Tuesday, October 25, 2011

When the ascension candidates ascend they will be able to change the content of light they contain at any moment. It is this light frequency that will make them disappear, due to their new level of light containment. Most of those who will not be ascending are already more dense, so when the light frequency of those ascending is elevated they will appear to be invisible to these observers.

When I dictated Master Messages, Vol. III there were three waves of ascension planned. When the gateway opened in 2009, many did ascend and then they descended to continue helping others prepare for ascension. Never before have so many ascended masters been living in your neighborhoods because they did not disappear as they normally would have.

The next ascension wave is actually the second one, and not ascending is the only choice available other than disappearing. There will be no descending this time.

No "shoulds" apply when it comes to ascension. Those capable will choose it or not. Once the choice is final they will disappear or not. The choice to ascend or not is God's domain and can only be delivered by God. Ego may appear to be choosing, but God's decree is the only decider. When choice is an option, no candidate who decides from their own channeling or hearing the call will be left behind. "No choice" only means that God's will must choose. Are ascension candidates going to be making this decision from their minds? No, only those who live with "divine will not mine" will be ready to ascend.

More and more candidates are able to ascend now. What has occurred lately is the opening of a magnetic field that is causing a major change in human consciousness. It is dramatizing all differences. No more dark and light games will be deciding the future. From now on, only the increase of light will decree how things will unfold. As the mass consciousness contains all points of view, the ascension candidates who do disappear are to need their contribution replaced. Many of those who leave will be able to become aids to those who can receive and decipher their messages because they are clear channels.

Those who will disappear are to remain intact for awhile, as their auras will give off a radiance until the body dissolves.

On this, the second wave, no descending will occur, only ascending. Not agreeing to ascend when called is not going to disqualify anyone from the 3rd and last wave. When that one comes, only those left behind may be "changing into a different dimensional existence," meaning they can only continue their co-creation in human lives IF accepted by another galactic community. There will be no group delivery to another galaxy, only single applicants can apply. When we composed these original messages there was the anticipation of a Galactic Federation rescue. Since none of the planets that originally agreed to an occupation are now willing to accept one, no other plan can be created until more consciousness appears on Gaia.

When the ascension call comes I am not going to deliver this blog anymore. My channel will be among the last group on the second wave. When she leaves we can no longer give

her any dictations, which means that those who have not acted to learn how to be a clear channel will be out of touch with new information. Get this ability now, should you need to be guided by me or other high frequency messengers.

Give me a deep, clear channel of Christ consciousness in a human master and the messages can continue.

I AM THAT I AM

Ascended Master Saint Germain

Channeled by Aruna

Message 575 - Thoth says . . .

<http://mastersandmankind.blogspot.com/2011/10/thoth-says.html>

Tuesday, October 25, 2011

Magic will appear now that the gateway has opened. Be aware and not afraid. All that occurs is in divine order. Wake-up to the truth that comes with change. When there is no change there is no growth in consciousness.

Melchizedek and my colleagues of non-definable beings are at your assistance. We learn of your needs when you give us messages to that effect. Make a mental call and contained in your daily lives will be our answers.

Message 576 - All One Family

<http://comptedesaintgermainsblog.blogspot.com/2011/10/all-one-family.html>

Thursday, October 27, 2011

Mass consciousness has no conscience. No dross delivered to mass consciousness is deleted due to a change in one person's consciousness. Once delivered, no change is made without other contributions offsetting current mass attitudes. To move the dross out from an era of decay and into new conditions of beauty, there needs to be great big events that make the decay obvious and no longer accepted by the masses.

Creating group demonstrations calls attention to dross. It also adds more of the same when death by conflict occurs. What needs to occur next: bright lights in the auras of the demonstrators can make big changes quickly and easily. How can this occur? Giving them light on an ongoing basis. Give them your loving attitudes, pour your love into their area. Praise them in media. Act like they are heroes. Give them as much care and encouragement as you can. Praise goes a long way. More will be encouraged to beam light to them when no one gets attacked by their objects of control in action. Can you give more aid to this gathering in your area? Gather together. Greet one another in happy gratitude for each other's presence. Give the media happy pictures. Tell the media the cause of these gatherings is to bring more caring about people who need it. Caring doesn't come across as anger. Caring ways are the light these demonstrations need.

Panic when confronted with anger is what causes control to occur. Moving to the light to make another energy available can diffuse the directors of control. Contact between those "occupying" and those controlling can gain grace when the controllers understand that the most fundamental goals of the "occupiers" are to care about them too. Wall street in itself

is not the only thing to oppose, so are uncaring and demanding politicians who take, and care for their own taking more than feeding those in their districts who are living with nothing in their diets but milk and cereal. When the diet approved by your politicians is the most conscious attitude you have working for you, these politicians must be replaced. Get rid of them - not by violence, but by outreach to those needing aid. Embarrass them. Dominate the news with objects of need that are being defeated by their policies.

Press for more social welfare and less demonstrations of military might. Overturn the defense department's goals with caring. Place care of all who live in your country over those who do not. Are the homeless in oil rich countries more important than out of work citizens of your own country? Give caring to all, but not by defense missions or gifts of aid only. Give the details: like health care, education, management of human cooperatives, help in cultivating more food, etc.

Use the collective idea in your own community also. Work together to meet people's needs. Are your neighbors needing anything? Can you collect things to give them? Changing attitudes in your own community adds more light to mass consciousness. Failing to care about others, and thinking only about your own achievements, cancels the changes that are needed now. Corrupt politicians are not the only dross contributors. All who continue to only think of themselves are just as creative in the dross department.

Making a difference in the world begins in the area where you are. Mass consciousness needs contributions from all who deem caring to be important. Care for your own group consciousness before being critical about the actions of others. Clear the needs of the community you live in and then expand to a more demanding activity that includes the areas around yours. Create a caring area and give the political representatives of that area a reason to support your grassroots efforts.

Bless all who come together to make a difference in the lives of children who are hungry. No child needs to be needy. Cans of food can be donated to local caring facilities to feed them. Give to the area you live in to feed children going hungry.

Talent in aiding others is natural. No one lacks it. Only apathy is the enemy. Get the body into gear and donate time, energy and grace to your community. All can give a little, no matter how much you have to donate materially. Fingers can do things, minds can master new skills. Help wherever you can. Need a new career? Begin giving your gifts to others and one will appear.

Child abuse is ignoring their needs. All children can be fed. See what you can do to make this happen. When those who ascend are not available to lead, others will be called upon to take their place. Giving your contribution to your area will bring new light to that area. All will benefit.

Clarity about the next days is near. Gifting is the next step for those who will be on the next ascension wave. Practice now! Give what you can to the children who are needing your assistance. Feed them. Find agencies that can help you help them. Change the mass consciousness today by loving the collective as much as you care about your own.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 577 - Serapis Bey says . . .

<http://mastersandmankind.blogspot.com/2011/10/serapis-bey-says.html>

Thursday, October 27, 2011

Another way to live in the world is to initiate actions that become new directions. Find the heart's desire to contribute to the area in which you are located by noticing the needs that are in your awareness. Give them attention. Action follows thought. Give the needs you observe new attitudes and new actions. Clear the way for inspiration by accepting the challenge. Once that occurs the opportunities will appear.

Message 578 - Man and Nature

<http://comptedesaintgermainsblog.blogspot.com/2011/10/man-and-nature.html>

Sunday, October 30, 2011

Wonderful news—man and nature are now coming to the most obvious conclusion: that all human life is a gift that nature brings. Without nature, humans cannot thrive. Nature can deliver for man's needs as a consequence of its very existence, but it doesn't work the other way around. Careful conduct can add to nature's abundant contributions, and disrespectful attitudes make a drain on nature so great that it contracts the aliveness of man's deliverer. After many years of contracting in its own defense, nature dreams of making its contractions an asset. By moving the disturbance to its creative best, it can make more aliveness possible. What will it take?

Notice what nature is doing now. It is closing the door on some of its most valuable contents, and making changes that are needed to convert man's consciousness in the process. When the most necessary changes have been completed, a life that no longer needs demonstrations of nature's dismay can materialize. Have the contractions that Mother Earth carries been deleted? No, none of them have. This will require the correct way of being with nature, with nature, a master of consciousness, becoming the teacher. How can this come into man's awareness? Caring.

When hearts open, they are able to connect to the One deliverer of awareness they can completely understand: the light that comes from their own heart. Optimum health also needs acceptance of the heart's awareness. Activation of man's caring nature is the answer to deleting all the deep dark collective anger contained in Mother Earth's contractions. In one month's time a new delivery of God's love is going to act as a "contraction opener," so anger and all of man's other disturbances can go totally out of the human condition.

Never before has the balance of nature and man's consciousness been so disturbed. Nature and man need more contact with the awareness they are both made of: conscious awareness. It exists in all of God's creations, and needs to become the most active decision making answer to man's part of co-creation. This will occur once man completes the next days' changes that will develop more conscious awareness in his heart. Are you becoming concerned about the way nature is destroying the lives of those being challenged with massive destruction. Good! Opening the heart must occur before conscious awareness can be fully available.

Contact the dross in the body's control by allowing caring, the natural cause of healing, to

arise. Care about those who are losing their homes and all of their basic living needs, when their cousins, brothers and sisters are not able to assist because of the destruction happening in their own lives. Are they out of your awareness due to distance? Or are you avoiding reading the news or watching anything on TV that disturbs you? Watching sad movies and the news will help you feel the caring that needs to be activated within you. When you avoid hearing or seeing news of the destruction in the world you collapse all the contractions back into their destructive way of being. Caring, crying and delivering love to those in need opens them back up. Freeing all of those disturbed, managed contractions you are carrying elevates your vibratory frequency and enables the body to accept more light. Opening the heart with compassion for others opens the door for all the light needed for ascension.

When you act like you are beyond caring about others, you lose the opportunity to gather your dross and delete it. Change begins in the human attitude, then others will be affected by the demonstrations of caring that come from the body's mental director. Only caring makes a difference. Activate the changes that are needed in man and nature will stop the destruction that is occurring for the purpose of creating more conscious awareness.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 579 - Archangel Raphael says . . .

<http://mastersandmankind.blogspot.com/2011/11/archangel-raphael-says.html>

Tuesday, November 1, 2011

Positive thinking is different from not having any concepts. Putting your desires into the way you think is doing nothing to choose God's will. Giving all of your personal desires away, as in having "no concepts," allows the divine nature within you to be free to determine what the "highest good" for all is. Nothing the mind believes is an enhancement to divine consciousness, only a distortion.

Concepts are not the answer to human development, they are saboteurs. Can you delete all that you are convinced is the answer to alignment and all other material world dramas? Good, then we can advance in all areas of dream awareness.

Message 580 - Now Ascension Can Begin

<http://comptedesaintgermainsblog.blogspot.com/2011/11/now-ascension-can-begin.html>

Tuesday, November 1, 2011

October is now over and the ascension gateway is open. None have ascended. My teachings have not connected many to this gateway—more are needed to have the desired impact. Some will ascend during the next two weeks, although those making a complete ascension are few. We are not asking for the love of others to complete the incarnation cycle, much more is needed. Completing the next growth in awareness occurs as the natural deletion of mental concepts. This is what will define the attitudes within the mass consciousness in the next days.

Are the 5,000,000 who asked to complete in one more lifetime able to? Only one million,

and many of them are not reading this blog. Pretending an ascension can be done is not the case here. Making it available to all of those ready for it has been our intention. This has been done. Those who are truly AWAKENED to what human consciousness is as their natural condition are to get the call. What's next is their choice. November 11, 2011 is the anticipated date. Are those ascending able to detach and disappear? We will soon know.

Flames of green and gold are being confirmed from our side of the veil. This means that the activation of divine consciousness has begun. All areas on the Earth have many new containers of this vibration giving out their light. Change in their daily lives may not be apparent, but anyone who comes into their auric field will be effected as a consequence of this contact.

Man does not have the ability to gauge his own level of awareness. Only those observing his aura can tell. All concepts about this or any other determination must be deleted. Your mental desire for ascension is not needed.

Are these words giving you more clarity or confusion? Confused? Than more depth of awareness is needed. Clarity? Ascension is the next step.

Fragments of one multi-dimensional being are unable to ascend without all the others. All must be aligned in consciousness. Are these fragments all in the same physical area as the others? No, most are not. Then how will one know if the others are able to ascend? They can ask their higher self to give them that information. Can they assist the non-aligned to come into alignment? As one man to another they cannot. As one mass consciousness they can. Uplift the others by awakening yourself. Once one of the fragments awakens, the others will get that same awareness on the inner planes. It can develop them and make them more aware. Call it awakening or call it magic—neither actually applies. An advance in consciousness comes whenever a change of attitude occurs in man's mental dialog. Without negative dialog, any change that occurs within the whole will effect all of the parts. When all of the fragments are empty of their concepts, the divine offers them all its mastery. One fragment may appear more complete, even though all are consuming the same dose of light that is being delivered. Awakening the masses is now happening through these contributions of those who are already awake.

One awakened one in an area contributes to the mass consciousness in all areas, but the delivery of light in the actual location of the body does more for that area than all the others. This is why we ask our conduits to go to different places. Moving around does more to advance the consciousness in every area they appear. We want them to activate the awareness of anyone who can accept it. Does it matter where or who? No. Are we manipulating anyone? No, because acceptance is always in man's free will choice. All we do is open the gateways.

Hope is not a very activating concept. It does not demonstrate any conviction, and, in fact, it is the absolute denial of it. Neither hope nor desire for difference is needed from you as a method of altering the mass consciousness. Loving the complete duality as it is creates the kind of change that is needed. Not being against anything is the awareness we can move mountains with. Gratitude, appreciation, complete acceptance, and celebration of differences will make an ascension the next act of divine grace for all of the dear ones ready to complete their contract. All are being asked to ascend. Please be among those who will.

I AM THAT I AM

Ascended Master Saint Germain
Channeled by Aruna

Message 581 - Archangel Raphael says . . .

<http://mastersandmankind.blogspot.com/2011/11/archangel-raphael-says.html>

Tuesday, November 1, 2011

Positive thinking is different from not having any concepts. Putting your desires into the way you think is doing nothing to choose God's will. Giving all of your personal desires away, as in having "no concepts," allows the divine nature within you to be free to determine what the "highest good" for all is. Nothing the mind believes is an enhancement to divine consciousness, only a distortion.

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Message 582 - Waking Up to Oneness

<http://comptedesaintgermainsblog.blogspot.com/2011/11/waking-up-to-oneness.html>

Friday, November 4, 2011

Change to the human experience is now being demanded, and every drama that is being acted now cancels out the goals of the controllers. When the next big drama begins, it will demonstrate their lack of effectiveness in eliminating all of man's greatness. More negative energy will be dealt with—freeing up answers to all of their most dangerous attitudes. Eliminating their control of the money machine is the most important thing now. Sending the doctors more answers to good health (other than medicine) is another, and giving more attention to answers for Mother Earth must come next. All of these material world directions are needed for more a more complete ascension on the last wave.

Will these contributions make a difference in the eventual lifting of all from the planet? No, what needs to be dramatized in this dimension does not alter man's chosen destiny. However, making these adjustments now will give a movement in consciousness demonstration to those who are not yet able to ascend, and this can make it possible for them. All is in perfect order. God's way may not be clear to man's deluded mind, but it makes good sense to those who can clearly hold the whole drama in their awareness.

Practice the art of being unattached to outcomes and get the most benefit from each change that occurs. Once the ascension has defined our overthrow of the controller's agendas, the light will disintegrate the dross that remains in all of those dear ones who have assisted in the controller mandate.

Prepare to ascend, and channel the light through your body as it occurs. Are these messages in alignment with others now? I think you will be surprised at the advance notice that is now available to all who are aware.

One of the questions asked of me lately was about the destiny of the lost ones who are not on the ascension path. My answer is: all are on the ascension path. None are out of our consciousness. All are ONE and all can ascend. Are all going to ascend before the next

"dance of leela" begins in another dimension? No, but they can. No one needs to be out of the last wave. Chances are they are completely unaware of our aid in their advancing awareness, but that doesn't matter. All, as ONE, will be demonstrating their new awareness next month—then we will gather the momentum towards the next ascension. You are being developed as One, not only as individuals. And yes, the controllers are also being developed so they can ascend at their course's delivery of a new consciousness.

Facts are being accumulated that can turn them around during the next months. Healing needs to happen, not only on your dimension. Many disturbed ones are in the astral who also need to ascend. Collectively they need more alignment with their own hearts. An answer to this is the ascension of those first to go. When this occurs they can also be energized and advanced in awareness. Starseeds and other children of the universe will all be allowed to ascend. No one will be discarded. They can only disqualify themselves—they will get on the train or not.

When the new drama unfolds we will all be anointed as ONE big God consciousness. ONE heart in many human bodies and the angelic light bodies. Fear is next to go. Fear will not be an obstacle to the next days' condition of caring. Pure, advanced love will abound—none of this conditional love will remain. Pure, unconditional acceptance and caring are next. All of us on this level of awareness are about to go to the next level also. This is one of the benefits of love.

Be ONE with all of our dream controllers NOW and get on with ascension and the gifts it will bring to all.

I AM THAT I AM
Ascended Master Saint Germain
Channeled b Aruna

Message 583 - Lady Master Portia says . . .

<http://mastersandmankind.blogspot.com/2011/11/lady-master-portia-says.html>

Friday, November 4, 2011

Are questions about our messages keeping you from ascending? Consider the messages guides, not directives. Are they telling you all you need to know? Not necessarily. Each of you has your own awareness to draw on and our call is directing you to That. We are not to be the dictators that many would appreciate.

I Am That I Am will lead through any method available. We come through a messenger that lives only as I Am That I Am decides. Can her clarity in making decisions be an example? Only do what the awareness IN YOU decides. This is living with awakened awareness.

Message 584 - Clear Channeling is not the Norm

<http://comptedesaintgermainsblog.blogspot.com/2011/11/clear-channeling-is-not-norm.html>

Sunday, November 6, 2011

When the answers to all of your questions are available within an instant, there will be no need of another channel. When my current channels are ascended masters, they will be

on the other side of the channeling process. My work in this way completes them, and no more channels will have my communications. So be on the next ascension and deliver the messages, instead of being on the receiving end.

Anyone needing to learn about channeling can get my course now. My [Course in Channeling](#) cannot be matched in the way it gives assistance and content to this completely open and unsuccessful arena of non-aligned conduits. All are channeling, but who and what are being channeled? Not able to afford my course? Come together with others to buy one copy and do it as a group gathering.

I've been asked if the Channeling Course and the Master Message books are going to be available after ascension. Not very likely. Aruna's new book may get to the hearts of those who have distrusted her as my channel. It will be available on the day she ascends. We will keep her on the channeling as long as her book is being created. Now it is in the final details stage. She will grant translation rights just before we call her to ascend. Now we are creating the cover.

What's in the book? My energy runs through it and so does the energy of Masters Poonja and Ramana Maharshi. Are you wanting another boost in consciousness? Channeling a master to awakening is not something commonly done, as we don't generally act in this capacity as a guide. But in this agreement we were asked to take her to Self Realization.

Women who are not concerned about the world are rare. We look for men and women who are not driven by material world goals, Would we be if we were on Earth? No, we would want the best of what life has available: nature, alignment with the contract, new adventures and great friends. Are these your goals? Maybe they are more available than those creations that are destroying Mother Earth: games, achievements and the pursuit of gratification for mind that are not the answer to a divinely enriched life. Not that there is anything "wrong" here, these goals are just less fulfilling than the more natural way of living that I suggest for advancing consciousness.

Trying to be my channel without taking my channeling course is not good discernment for a true candidate. Are you a more advanced channeling contact than others? You can be. . .

When my channels are ascended they will be assisting their contacts in other ways besides channeling messages to them. They want all to ascend, and this will be their most important direction to give. Face the fact that most of the channels today have not been getting messages from the Christ consciousness. Need I say more?

When will you get that channeling is not the absolute highest condition man can achieve? Awakening is! Be in the awareness of an awakened one and channeling needs no course. Awakened awareness contains unlimited wisdom and dream karma is over unless it is in their contract to continue for the benefit of others. Aruna's contract includes delivering messages for the Great White Brotherhood, so she wasn't going to give it up completely when she awakened.

Tough love is my way to teach, not to give nice, convincing teachings that create mental fantasy. No NESARA messages ever came from me. No contact from me has been talking about averting disasters. My contact is about helping you to ascend. I Am That I Am asked for this. No warning was given to others who ascended. We want this time to have a more direct answer to those who are not ascending. Maybe they will next time.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 585 - Archangel Ariel says . . .

<http://mastersandmankind.blogspot.com/2011/11/archangel-ariel-says.html>

Sunday, November 6, 2011

Are money and fame the future of this mass consciousness? No, its not the destiny of most, but the desire of it is ongoing. Can we give you a concept now to live a more conscious way? Play. Give the world your cheerful, delightful attitudes and come to the destiny of man with a happy light shining for the rest of mass consciousness. Dance, sing and grace the world with love of life.

Message 586 - Making a Commitment to Health

<http://comptedesaintgermainsblog.blogspot.com/2011/11/making-commitment-to-health.html>

Tuesday, November 8, 2011

Channeling health information can be an act of defiance. I avoid being too defiant to keep this blog available. Not that I'm going to create a major demonstration or anything like that, but the most suppressed material on the planet has to do with the health of man and governments totally committed to destroying it. The UK, US and Australia and all countries being controlled by them do all in their power to destroy man's ability to care for himself in a natural way. Chemicals, mechanical devices, dietary additives, cell phones, wireless technology, incorrect dietary advice, major campaigns to eat unhealthy food, and chem trails are only the tip of the iceberg.

Organic food is not considered OK because the choice of buying degraded nutrition was being overtaken by the availability of good diets. Because of that, the governments of these three countries are doing their best to destroy man's ability to grow his own healthy food. GMOs are altering human cells and destroying agriculture on all of the continents.

Good, natural food can no longer be assured in any one's garden. Are these controls because of the public's desires? No, only government's candidates and their moneyed constituents. God's grace is being over managed by the companies that only consider their profits. Wealth comes to them with the health demolition of the people they draw their profits from. Wealth comes to them for destroying human health. Why? To make their money in the medical arena they need doctors delivering drugs. To make money in the agriculture business they need drugs in the food supply. To make money in the area of natural materials is not good enough. No new diseases would need to be researched. No doctors would be needed to give diagnosis and drugs. No big machines would need to be created to learn what new drugs can be prescribed. Can you get the gist of this big business that has evolved by poisoning the people?

You come to me with a question about health. How can I diagnose the dis-ease accurately? Too many dis-ease influences have contributed to the condition for me to claim that one or maybe two or three are the cause. Many causes have come together to destroy

man's ability to be in good health.

Begin with the diet. Seek the best, cleanest food you can afford. Ask the doctors what natural treatments can be done. Consider the doctor only an advisor, not a drug pusher. Only take their advice when natural treatments are mentioned before drugs. Only take chemical drugs after attempting to heal yourself. Most chemical drugs are not able to heal you, only defer the cause temporarily. Drug companies need more money so they create more beds filled in hospitals. They do this by lobbying against any regulation and control of their own companies and for lots of regulations and control of natural health delivering products like creams and dietary supplements. If you are not a clean diet eater the cancellation of these products will guarantee you sickness.

Not able to give up the great taste of chemicals? You will have no natural ability to heal yourself very quickly. All of those diet additives do nothing but delete your ability to be healthy. Major companies are controlling your body. No man on this Earth is free of these human delivered dosages of unnatural chemicals. Naturalists get it in the food they eat and the air they breathe also. No place is hidden from airborne chemicals. Great forests are being devastated by those who dump pills into their toilets. Anyone who does this has contributed to man's death march. Water contains non-aligned chemicals. Man can purify it, but trees cannot. Acid rain does nothing for them that is good.

Changing the subject just a bit, here's how to develop a very good health regimen:

1. Be careful about what you eat. Clean and alive with energy can be your choices.
Meat and other animals are not good to eat because of what they are forced to digest. Beans, legumes, etc. can be delivered to the body without chemicals. It's not that meat is not OK to eat, just do it with love and gratitude to those who died to supply your need.
2. Always delete chemicals from your choices. Choose organic for health. Chemicals you breathe and absorb in the skin are as destructive as what you include in the diet.
3. Meditate daily to align the cells of your body to a calm condition before eating.
Calm aids digestion. Stress delays assimilation.
4. Cancel thoughts about the quality of the food you are about to consume. No matter what you are eating add a dose of love to it. This will help you digest.
5. Give yourself the most care that you can. Rest and diet are important. Not enough sleep deprives the body of its ability to be healthy. Sitting quietly during the day to align with the life force within you is also a good health consideration.
6. Water: always drink the best cleanest water you can get. Filters are necessary.
Changing the water's qualities are needed. Drink what the body desires. Not drinking is life threatening. Nothing is a good replacement for clean water. About 5 or 6 glasses daily is all that is needed.
7. Never take drugs you don't need. Drugs, prescription or otherwise, are not good for your body.
8. Go outside when the sun is shining. You need the sun's rays. Not to sunbathe, only 10 minutes a day is adequate.
9. Walk. Give up your cars whenever you can and drive only when necessary. Walking is the best medicine. Working out in a gym can defeat the goals you make for good health. Adequate exercise does not cause muscle aches.

Now, we have given an overview here. I could write volumes more, but my channel needs a life of her own. Making time for me on a daily basis is more than anyone can be asked to do. We ask for whatever the channel can do and still be open to aliveness in their human interactions.

Bring the love of your own heart to the world. Giving is the other "best medicine." Give with the love of your master within. It won't keep you healthy in a physical sense, but it will keep you happy and happiness is healing.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 587 - Archangel Michael says . . .

<http://mastersandmankind.blogspot.com/2011/11/archangel-michael-says.html>

Tuesday, November 8, 2011

Make a commitment to the human belief that health can be directed by the mind. Use the mind to choose a clean diet, actions that are good for the body, and dream of how good health will give you more aliveness.

Mental directives against health must be deleted. Negative thinking cancels the body's ability to generate delight and creativity. Make a choice of thoughts that let the body grow and thrive. Not affirmations. Choose opposite concepts to those you currently degrade your body with. "I don't like my . . ." is where to begin. Change this to "When God gave me this . . . I was to get more awareness from it."

I Am That I Am is not just a claim to make in the context of attitude awareness. It is also needed as an acknowledgment of the creation God made that is your body.

Message 588 - Ascension's Next Step

<http://comptedesaintgermainsblog.blogspot.com/2011/11/ascensions-next-step.html>

Friday, November 11, 2011

What do you think of this new day? Are you new and light? Are you celebrating freedom? Can you be the dancing fool? Yes? Welcome to my world. We can combine our auras in gratitude that our goal has come to pass. We can activate all the new dancers in their light bodies with our amazing grace. Are you an angel? Yes, and a member of the second wave of ascension. Are these words making sense to you? Can you give human gratitude to all who woke you up? Celebrate the new dawn with man's controllers as your new deliverers. Yes, we can now align with God's controllers as a means of delivering you to this moment. Will you completely disappear? Not yet. Enjoy awakened awareness. We want the group consciousness that is now available to be huge—contractions deleted—and new openings in all who are not ascended yet. All the candidates ready to ascend have done the needed changes to their opinions and their facts, as they formerly considered their beliefs to be. In one day all these old, deleted attitudes are null and void.

Are you negating this now? No reason to. We have done our next step today. When the next wave comes into their new awareness all will disappear in one giant step for man, as an astronaut once declared. This one step is more manageable than the one he took. No travel needed.

Change to your matrix has been accomplished. You are on a very different matrix than the day before this. Shall we take this time to detail the effects of this huge change? No need

to for those now fully awakened. For those who are not feeling any different, give me your attention. Please do not get contracted. This can be a wake-up call. Clear happiness can also be yours forever when you drop your control and negative approach to those you come in contact with. Face the fact that more work on your own consciousness needs doing. No ascension details are needed when only divine will lives through a man's character. When this occurs there is no "you" to continue life on Earth. "You" have ascended. Only the divine uses the body now.

Bodies cannot disappear as easily as the content of the mind. Happiness is the absolute deletion of man's identity combined with the the deletion of attitudes of a personal nature. What is happening today is this: No more "me" and no more control of mind in those bodies where ascension has occurred. Will the body disappear? Quite naturally, as any of those who have ascended can tell you. No big drama—no attention getter—only disappearing from what would be a man or woman's life. Now what about the media attention my messages were talking about? What do you think can energize that? A new day's expression in delight, a mass consciousness of love, a new change in the content of the next days creations. Please, don't get aroused and demented because my drama to get you able to ascend was not the exact content that is now occurring. It was what got you to the loving light that has now become the dominant energy in the entire mass consciousness today. May we catapult this into dislodging the lack of awareness throughout human evolution into a new answer for man's development.

What can be done about the global money condition? Give, and give until no contractions occur when you do it. Allowing things to go through you easily activates the next direction of money. Now there are a lot of lack attitudes that include gathering and hoarding. Negative attitudes all! Fear dominates this condition. Can your new freedom from fear deliver more charity and more clearing out of the collections that drive money out of your control? Greed and hoarding are the very same consciousness. Hoarding is about "me." Giving is about "we." Today's new consciousness is about "we." "We" are not one by numbers, only consciousness. Others appear and disappear in our auric field to provide dramatizations of our mental attitudes. Once the attitudes of "me" and "others" dissolves there will be no condition of lack in your energy.

Will the banks come into these new conditions also? Not necessarily. All will continue to go down in chaos while those who are now ascended masters will not be disturbed. All of you will give and deliver other means of continuing the dance. But many of you will disappear also—some today and some on the days to follow. When the call comes, go outside and declare "I AM THAT I AM." Welcome this. Now that you are ascended in consciousness, this minor detail will matter not. After you finish your contract it could be at any moment. Cancel all anxiousness about the date and time, and delight all who live with the ascended awareness that came to you today. As the light competes its new ability to expand in degree within the body, anything can occur in any moment.

Believe in nothing, and clear the dense areas of the mind and body if any remain. Bless you, All is One.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 589 - I Am That I Am says . . .

<http://mastersandmankind.blogspot.com/2011/11/i-am-that-i-am-says.html>

Friday, November 11, 2011

Welcome to all the new angels on Earth. When new dream contents appear give your aid without any concerns. "We" are the difference in the dream content now. All the answers are in being awake and aware. Your dream is not complete when you awaken. All will continue to appear and disappear as you will guide it with the awareness in your heart. Beloved "One" means all are beloved. We are the same—change nothing. Aliveness is the dream also. So is death. Neither are the reality.

Message 590 - 11-11 Continues its Contribution

<http://comptedesaintgermainblog.blogspot.com/2011/11/11-11-continues-its-contribution.html>

Sunday, November 13, 2011

After the great dimensional activation on 11-11 many of you do not have any desire to remain in 3D. Freedom from chaos is not the change that was needed. Freedom from anger, fear and defensive reactions against neighbors, accusers, demanding dictators, etc. is the ascended master's answer to chaos. Caring for all involved is the contribution he/she brings. Welcome to our world.

As an ascended master you can deliver many gifts to humanity. First love, next is contact with all who are needing it, and third, is the deep naked truth from the inner master that gives awareness on an "as needed" basis. Facing chaos is no longer your concern. Delivering the light that pours forth to comfort all who are disturbed is.

Channeling the highest teachings from angels and other masters is now the task that comes to you. Are you able to accept it? It is not too late to learn. When the master is able to deliver the truth, his channel needs to be CLEAR. When you ascended the arrogance of man's negativity, you contributed another access point for God awareness. Whether or not this means acting as a word channel is not important. An open channel for Christ consciousness delivers grace in many ways: your welcoming aura, your gift of divine caring, your meditative energy, your name in their active mind's content and your gratitude for their presence. These things give them evidence that they too can provide these things for others.

Whether or not one delivers messages doesn't matter. Another object of divine caring is being opened to more of God's grace. When help is needed in life's movie, divine grace can be near in the form of an ascended master.

Celebrate this major event. You will give healing to all who come near you. Nothing to do. Only BE.

I AM THAT I AM

Ascended Master Saint Germain

Channeled by Aruna

Message 591 - Ashtar says . . .

<http://mastersandmankind.blogspot.com/2011/11/ashtar-says.html>

Sunday, November 13, 2011

We have opened the door to the kingdom of heaven. Whenever the ascended masters are able, they offer the light to those not yet able to gather it directly. A change in the mass consciousness is now countering the negativity that has been negating divine awareness. What has happened in you means that more God awareness is now available to all. So it is!

Message 592 - Moving Forward

<http://comptedesaintgermainsblog.blogspot.com/2011/11/moving-forward.html>

Monday, November 14, 2011

What does it mean to disappear? Man is not an object. In the context of divine awareness man in an enigma, dreaming about another dimension than the one he claims to be on. In this dream he is not an answer to any of the mandates he declares—asking for them to be created by divinity. He is the divine creator he asks to do things for him. Silly isn't it, that his dream doesn't allow him to acknowledge the divinity that is his actual identity. Who is doing this? Collectively this is the doing of the mass consciousness. All these dream contributors designate the destiny of the dream. Change the dream and conditions in the dreamers awareness will change.

We of the Great White Brotherhood are also in the dream as allies and aids. There is no ability on our part to dismantle the concepts of the group of dreamers that dominate mass consciousness, but we can assist those who can accept our messages and alter their individual contribution.

Passive curiosity about how the universe works does nothing to change the dream. Collectively there is one dream and all of the mental concepts of an area or a group decide on the character of the drama they create. One dream is the collective awareness, but many dreams contribute to that collective. Anger and deep caring cancel each other out. Many angry answers to daily events continue to disturb all who are not angry. Caring also cancels anger. More and more caring occurs when a tragedy strikes and anger is dissolved as a consequence. Can you now see why anger is needed to maintain duality and caring is needed to dismantle it?

Now we have many who are able to dismantle anger in their group and the larger dream consciousness. Answering the current controller conditions needs more caring to collapse the disturbance. More and more caring deletes negative energy out of group consciousness, overturning anger as the dominant dream attitude. Caring can alter the entire dream.

Negative attitudes are the cause of all the dream's current activities. Greed, dominance and focusing only on achieving material goals negates an attitude of caring. Are you able to accept that this is the current mass consciousness dream? "Think and grow rich" has turned around the dream attitude of caring. It has overturned the neighbor concept and the close knit attitude of "all for one and one for all." Instead of the "all" it is now "all for one—me." Children of God aren't getting the message that an answer to their dilemma is in the caring about all and not only caring about one's own dream over the needs of those who

are effected by it.

Personal goals are good, but no goals are better. Goals that make a difference in the lives of others can deliver the caring concept to all who are able to be influenced by another's need. No goals means that caring about others is like the automatic choice made in a disaster or a car accident. The inner call of the master in the body becomes the actor and does what is needed. Caring is natural. Choosing to be loving is not the answer. Not having goals that override the natural desire to give is.

Answers to all of today's dilemmas, including the money concerns, is in caring. Caring about one's own area of delivery is all one can do in a direct way, but divine caring includes all of God's creations and doing things for others not in your direct line of awareness is most important. One world is needed—not in assimilation or money control, only in caring. Solve all the challenges in the current dream as divine creators. Use your own awareness to deliver more God awareness to man's dream. Challenge the dominators to convince them they too can care.

Afraid of them? No need to be. Change comes out of caring. Greed can be dismantled when dreamers demand change. Are those who ascended able to go out of their comfort zone to demand caring about others? Are the homeless in your area cared about? Are the dead and dying in the world able to be cared about? I am not asking for an impossible drama to be altered by your caring. Collectively there can be more. Aren't there enough caring beings to overturn the greed goals of the few? One percent has all the wealth as a consequence of dreams not being chosen that include more caring.

Cancel the dream of dying and the dream of control of your domain and ask how you can contribute more caring. Ascension delivered many masters that are going to completely disappear as their bodies are able to be dissolved by more caring. Caring to deliver more awareness to others will elevate their consciousness to the Christ consciousness in all circumstances. Then they disappear. No "uplifting" is going to occur as methods of doing this are not currently available.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 593 - Serapis Bey says . . .

<http://mastersandmankind.blogspot.com/2011/11/serapis-bey-says.html>

Monday, November 14, 2011

Conditions are the best they have ever been to delete the negative attitudes in the controllers. Welcome to all who are able to act as divine masters with clear awareness.

Sit with no goals. Accept that the God within can do more than mind decides. Give the divine consciousness its ability to light up your dream.

Message 594 - When Will You Disappear?

<http://comptedesaintgermainsblog.blogspot.com/2011/11/when-will-you-disappear.html>

Thursday, November 17, 2011

When the moment of disappearing arrives, the next level of contact with all that is completes. There will be no differences in the way things appear, no change in consciousness needed, and no discord in any attitude of the talk within. Only love will be in the cells, and no matter what occurs to the body, nothing can create disturbance. This is the fully awakened condition.

When the disappearance does occur, nothing that it creates will make a difference to the one disappearing. Only the anchoring of light the body energizes will make it apparent that anything has happened. Each ascended master is going to activate an area of at least one hundred meters in diameter. When this free gift arrives, will anyone change? Yes, as nothing of this nature can be dismissed. It will be like an atom bomb was disbursed, but this destruction will only annihilate negativity. This will be a love bomb, negating neediness and greed as a consequence.

Free the mind of all of its disturbances. Question your attitudes against any drama in your master's training and delete what has caused you any contractions. Beliefs are not needed. Being NEUTRAL allows you to dance with all.

Nature does not do anything to cause negativity and yet much destruction comes to it. A man's goal to awaken asks to be disturbed so more awareness will continue to evoke the man's ability to wake-up. A new kind of character is happy and dancing to God's rhythm. After actively delivering this gift to mass consciousness, no words will be needed to make a difference. Walls will come down, new attitudes will replace negative ones, and the birth of a different paradigm will dissolve the old one.

Make no assumptions about the ability to ascend. Those who are able will disappear. Not one alone, but many at the same moment. Will those not disappearing know when this occurs? Maybe, maybe not. Being on the disappearing channel is the only obvious way to know.

Allowing God to decide when the disappearance will occur is the ONLY option. No one, including me, can make that call. Welcome to the world of being out of control. No decision can make things go against an ascension contract, only non-agreement. Cause and effect always delivers an effect, whatever the cause is.

Mirror mirror on the wall, who is the happiest of all? Ascension candidates, bless them all.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 595 - Quan Yin says . . .

<http://mastersandmankind.blogspot.com/2011/11/quan-yin-says.html>

Friday, November 18, 2011

Compassion begins conditions for ascension. Appearing to care is not compassion. Truly caring demonstrates the only method of contributing to others. Are these days full of caring and delivering loving deeds? As long as they are, nothing more needs doing.

Message 596 - Advance Awareness with Caring

<http://comptedesaintgermainsblog.blogspot.com/2011/11/advance-awareness-with-caring.html>

Sunday, November 20, 2011

Ascension has created many ascended masters in man's midst, yet all are not able to grasp the full clarity of their new condition yet. Many are unaware that they have fully ascended negativity. Are masters negative? Never. I Am That I Am considers everything unattractive to be an opportunity for expanding awareness. Are you able to make this an absolute truth in your awareness?

Non-awareness can still need an answer of this kind to become fully anchored in the newly ascended. Changes in your way of thinking may alternate between two different attitudes as this adjustment continues to completion. Change to the mental, as well as the body's chemistry, needs time to be adequately advanced into 5th dimension. This change is natural, no abilities are needed. Complete acceptance deletes any adjustment dynamics.

Facing what occurs without making any demands or holding any negative attitudes is the most conscious way to act as controller activities are being directed at you now. Staying with your own close group and doing non-divisive meditations and clearing work for all concerned will aid in dissolving the negativity in mass consciousness.

Facing the controllers can lead them out of darkness as the next great movement in consciousness occurs, but not now. First, they need an outpouring of energy that delights them into thinking they are delivering more of their goals. Next, the Galactic Federation will defuse all of their attempts to drive the cost of fuel up and the cost of a meal over what anyone can easily afford. Your answer to most of their attempts to destroy can be "I'm doing this my way!" Not calling them on their deceptions now is the difference between ascended consciousness and collective disturbance. Ascended consciousness awaits the attack without making any discernible effort to mount a defense. As the attack comes, an answer comes to thwart it. Our answer is not needed until there's an attack. Waiting without concern is how man can defeat the controllers. He can call these changes unacceptable and not go along with them. We are not advising any attack before the challenge appears. Not now or ever.

Tough love does not act against a minority cause unless it deems that an action being taken is not acceptable. Canceling your account at the bank is not the way to begin. When the tightening of credit comes, get out then. Always demonstrate a response that emphasizes how the control move is what caused that response. Once this type of counter to every move convinces the decision makers that they cannot succeed, no more attacks of this kind will be delivered.

Cash will not be made defunct as the controllers do not intend to delete theirs, but it will become more difficult to obtain. Create a group mind to discuss how to manage with less. Many of you are not close to anyone near where you are living. Can this be changed? Collective dialog can inspire creative solutions. Many of the newly ascended masters can give instant answers to local conditions. In their groups there will be love and decision making that can change all of the controllers attempts to destroy. None of them will be announcing their new awareness, so find them by going out to meet your neighbors. They might be next door. Nice neighbors can be ascended masters. When the day comes to come together, the neighbors may not contact you unless they are aware of your kind

attitude towards them.

Faith in the power of the collective mind is more needed now than ever before. Give this day a new dose of happiness.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 597 - Hilarion says . . .

<http://mastersandmankind.blogspot.com/2011/11/hilarion-says.html>

Sunday, November 20, 2011

Pretending nothing has occurred is not a criteria for making a difference. Creating out of divine awareness will be the difference. Change man's attitude and change man's conditions. Are the masters that just came aboard able to effect change as masters? Yes they are.

Message 598 - What Will Change Mass Consciousness

<http://comptedesaintgermainblog.blogspot.com/2011/11/what-will-change-mass-consciousness.html>

Tuesday, November 22, 2011

Giving is the answer to all the conditions that are caused by negative memories in the collective. Are you getting the message? You are now able to release memories of lives that were not abundant by giving. As you give, these memories of not having enough will dissolve. Cause and effect will draw to you what a inner motivated giving action does for those you are giving to. Give money, give love, give messages that grace others. Never before has the grace of God been so active. All you need do is live like a divine creator and give without the fear of deleting your own assets.

I don't mean to drain your assets in order to give. Give from abundance. What does not get used can be given to others who need these things. Give the messages that are in your heart. Act like you have an open channel for God's words because you do!

Make this day a giving day, and tomorrow too. All the days of your life you can give more, and this will cancel unconscious greed and give more to the life flow. I am not asking you to give away all the things you need to live—only gifts you are inspired to give because you no longer have an attitude of "need" that clings to them.

When you "need" you are making the object of that thought more important than it is. When you "need" there is lack in your memory. Can you go to live in another area with only one or two suitcases? Than you don't "need" anything else. Making your collected assets more cherished than another's "need" can cause contractions in you when none of these objects has any value. Gold, diamonds and other material objects with a high cost mean nothing to those who need major things like homes, clean water and food. What they need will come to them with no gathering attitude on their part. Collecting is great to do when it contributes grace to the maker of those items. But diamonds and gold are not derived from the kindness and inner creativity of those delivering them. They are lacking

the most important ingredient: a loving gatherer. These materials all need a more conscious collector to make a loving contribution. Blood diamonds are the perfect example of lack consciousness being applied to the destiny of those receiving them. Greed in the diamond mine owners continues through the chain of connection to all involved in their distribution, and the consumer carries this vibration in their energy field when wearing them. All that sparkles does not necessarily carry joy in its core.

Wake up the light in every diamond with the grace of God. You are the light. You can give diamonds another energy. Carry them only when they have been cleared and infused with divine grace. All gems (and crystals) carry their collector's dreams in them. Clear these. All of the wealth you perceive is just a mental attitude, as nothing has more actual value than any other thing. More value comes from actions delivering energy that will make a difference in another's life.

After the asset value of diamonds and gold is weakened, their collectors will also "need" basic survival items and messages like "You are a divine being," "All the answers you need are within," "All material things are as man values them, not as God values them," and "All that you need will be available—have a great day to attract it to you," etc. What you do and say are worth far more than diamonds and gold.

Make a list of what you can deliver to others that will make a difference. Consider more recycling. Offer to give away all that you don't use at least once a year. There is no sense in collecting things that are not useful to you. Make your gifts out of love and no matter what they are they will be loved by the one receiving them. Positive attitudes are grace in action.

Happy Thanksgiving to those who celebrate this holiday. Happy giving to those ready to celebrate giving and receiving each and every day. When your giving leads to loving attitudes in others you have angelically delivered more light to all around you (as well as the one on the receiving end). When love is contributed to the world more love can be made from it. Masks need to be removed. Open, honest lights are the answer to what the world needs now. Bless each other with light.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 599 - Can the Ascension Make a Difference?

<http://comptedesaintgermainsblog.blogspot.com/2011/11/can-ascension-make-difference.html>

Thursday, November 24, 2011

After the ascension in consciousness many of you are wondering why the predictions of a full disappearance have not occurred. When this was predicted we had no idea of the number of souls who would accept a disappearance. Accepting it was a key to ascending in consciousness. Being attached to a material world matrix could destroy the man's co-operation for any kind of ascension. A "yes" to disappearing was needed to ascend 3D consciousness.

Pure consciousness in a man does not mean there are no opinions or anxiety about current events. It does mean there is no fear about anything. We needed to determine the

availability of those who were not attached to human experience. Masters do not need to leave the human realm to be at an awareness level of pure light. We have determined that 1,500,000 are now at this awareness level. We are very happy with this. It means a massive alteration in mass consciousness has occurred. What's next? A full disappearance of bodies will come as the mental disappearance of personal identity continues. A major change can occur in an instant, but not all of the 1,500,000 can levitate from full transcendent frequencies yet. Next is the lessening of dense matter by conduit status. Being a full conduit, without any distortions, deletes material density. Serving as an anchor of white light begins with channeling, but more physical changes occur when no "channel" is needed. By this I mean that the claim of being a channel disappears as a man ceases to identify with body, mind and spirit as being one's "self." This completes the detachment necessary for a full ascension.

We've completed one of the most difficult achievements: graduating one and one-half million ascended masters. Next we help to make them a dominant light influx on their own matrix. Another quantifying consciousness appearance is their character. When there is no attachment to the material world, giving becomes a natural way of Being. No holding on to anything completes the annihilation of dense consciousness. Matter appears when mental attitudes densify the light. Allowing the light to flow without any contractions is the next step. Your contractions must disappear because this is what will provide more alignment to God's will than the mass consciousness has previously allowed.

When gross thoughts disappear, including thoughts that claim identification as a human, an awakening has fully annihilated the context of the "me and other" attitude. More light instantly becomes available. An awakened master will impact many by merely being present. Change in the awakened man's body depends on the delivery of light he is able to allow. One who can maintain an aura of light in all circumstances has become a divine chalice.

Acting normal as "God that is a man" is the last material contribution. When this is neither an interest or a concern, an active ascension has occurred. It was amazing to observe this from our way of witnessing. Celebratory actions on our side were minute compared to the light frequency all of these masters generated in their homes and countries of physical residence.

Charm is not a criteria of ascension. Naming names is not wanted. Giving this awareness to all can cancel many dreaded consequences of destruction that have been catalyzed by negative attitudes against "others." Changing human demonstrations into light cannot be done in an instant, but can come about as a consequence of the love energy making its contribution to the mass consciousness. Are you one of those contributing love to all of these "against" demonstrations? If you are, be content with things as they are and allow the pure consciousness that brings change on a moment to moment basis to be fully available through you. This kind of help is about being empty rather than mentally calling for mind's concepts of how mind would like things to be. To live as an ascended master is to give God full reign. Being has more impact than doing - even mental doing.

Bless with the highest light by being present and mentally empty. Bless the entire universe with no doing.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 600 - Archangel Michael says . . .

http://mastersandmankind.blogspot.com/2011/11/archangel-michael-says_25.html

Friday, November 25, 2011

When the amplification of light from the newly ascended masters accelerates the frequency of love in others, more changes in the actions of all will become apparent. Now there is a major contribution to this but more integration is still needed.

Message 601 - Masters Have Answered Our Call

<http://comptedesaintgermainsblog.blogspot.com/2011/11/masters-have-answered-our-call.html>

Monday, November 28, 2011

My dear ones. Those changes made to the ascension scenario are not really changes at all. Consider the death of ego to be the disappearance of "you." All who ascended are now delivering the One consciousness. What happens to the body now makes no difference, as "you" are not the body. Please accept that what happened IS what was predicted. The number of masters we now have on Earth have dramatically increased and they do not carry the density they once had. A new day has dawned and another conclusion can come from these alterations. Cosmic consciousness is now anchoring in numerous areas of your planet. Call this more "light," but it is more than that. Catalysts for more ascension candidates are now contributing to the major consciousness changes that need to be made. Welcome all who are now the change agents as new cast members to your movie. None of them carry the angst they once had. All of them carry a high love quotient that will be delivered wherever they are. Truth is now available as the answer to those challenges in your daily awareness.

Maintaining this new auric frequency is now up to each of the newly ascended masters. Can they eradicate their anchoring ability? Yes, they can—by re-identifying with their previous beliefs.

Chosen ones are those who have chosen to give God their allegiance. What these masters have done is turn their human contributions to the movie over to divine grace. When they do leave their bodies there will be no lingering concepts that can cause another incarnation. Their work completed on 11-11-2011. Falling from grace was their only challenge during their very first embodiment. Maintaining grace is now their only challenge for the next year.

Super conscious beings can deliver great wisdom as well as provide contact with a master. Continue to dream what must be dreamed to turn around current conditions. Change the attitude of those who doubt by demonstrating your courage to deliver your new awareness to those who can accept it. Face negativity and doubt with caring.

Who are you? Continue to ask this question to anyone who has the ability to consider themselves divine, not just human. Worship no conduits for divine messages, or any other national or historical persona. None of these are the masters that can lead you to grace. You are the master now. Be a devotee of the God aspect in your own quantum field. When the dear ones who are now masters walk on the land they make a concentration of light for

all of their companions in the movie.

Are these words as clear to you as they are to me? Are you being a catalyst to open others up to ascension—not with words, but only with grace?

Television cannot give anyone grace directly, only content that can deliver one to facing their greatest fears. This is actually a good thing. Meditate daily to keep the more challenging conditions around you at arms length. Cause and effect do not matter to ascended masters, but causing lots of caring is your assignment. Free as many as you can from heartache. Be the drum that can beat an answer to any challenge. Make this day a light filled one. May peace beam on all who can inspire more peace.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 602 - El Morya says . . .

<http://mastersandmankind.blogspot.com/2011/11/el-morya-says.html>

Monday, November 28, 2011

Family of the ascended ones are now being given an opportunity to ascend. Be welcoming of the new changes that are coming to these God aware beings. Current conditions are not only yours to change. Give them your attention, but don't let disagreement drain your confidence. Praise the One. Love one another.

Message 603 - Collapse of the Controller's Agenda

<http://comptedesaintgermainblog.blogspot.com/2011/11/collapse-of-controllers-agenda.html>

Wednesday, November 30, 2011

What has happened to the dross that was let go during the ascension? It dissolved into nothing, just as any dis-ease does when no life force keeps it materialized. Ascension did to negative energy what it is now doing to all the dross in the collective consciousness.

What has been dormant for many centuries is the aliveness in the hearts of the conduits that has been needed to lift all of humanity. This has been changed in one day of your time. Affirmative content in the attitudes of life's "can do" deliverers means more aliveness for all who are being touched by these attitudes. When we look at mass consciousness now, the dark is outweighed by love. So much so that we may soon find a big alteration in those human activities that are now looking dark. Awakening those who are making dark clashes in the atmosphere may not occur in an instant, but it can occur during the life of many who are now negative.

Answers to questions can now resume. One of the questions is about the next manifestation in the ascension delivery—what will it look like? No matter what is said about this, man will do nothing to control the next days. All who are awaiting a complete disappearance may die before it occurs. It doesn't matter now because an ascension of great magnitude has already occurred. After this there is no need for a major collapse of the world economy to bring more love to all facets of life. We may now see a new way to

clear the dream of man's greed. Are you able to see this controller game going out of existence? It will, and there will be a most candid disclosure when it does. When this occurs we will laugh at the dream's complete loss of direction by its majority at the manipulation generated by the few. Await this new dream, it is about to come in a new emergence of material that offers more than just transparency.

Are any of the answers now available? No, only a minute amount of detail has been revealed. None of the major corporations involved are lacking money. They are the link to overturning economies that are collapsing, not governments. Corporations that have dominated governments are the answer to full change. Get them to lead the way to more caring and this will disturb those making the decisions that have caused all of the mess now driving the conspiracy. Not theories, actual conspiracy.

False information, new dreamers, and answers that have come out of life's games are at their most active moment in world history right now. Only a major cancellation of these active manipulations can make things different. When this occurs we will begin the ascension of all the humans who are able to disappear.

Cancellation of the conspiracy will be the next act of courage. Those causing the drama of money are about to let go of their control. When this occurs we will have a most interesting drama to watch. "Fun for the free" is all we can call it.

Generally, no dream is complete without a happy ending, and yours is not going to be any different. When we are able to greet one another in another contact mode the game of the controllers who are currently in charge will be over. Now it is about to collapse. Be aware, as new ways to live are about to begin.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 604 - Vywamus says . . .

<http://mastersandmankind.blogspot.com/2011/11/vywamus-says.html>

Wednesday, November 30, 2011

Clear the deck. Control is coming out of the controllers' hands. Await the days of free energy with no dismantling of its conception. Being the answer is now going to be the controllers new direction.

Message 605 - After Ascension—Contentment

<http://comptedesaintgermainsblog.blogspot.com/2011/12/after-ascensioncontentment.html>

Friday, December 2, 2011

My dear ones. Asking for a complete detailed prediction of the future is not ascended consciousness. The new dream will continue to be created "in" all who are now ascended, along with those who are not. I use the word "in" rather than "by" because the next dream will reflect inner dynamics more than active management.

After ascension many of those newly ascended are not yet activating their most dramatic

abilities because they are not desiring different conditions. Desire does not lead them any more. All they are thinking now is blessings.

When discontent is the attitude being demonstrated, that means more disturbance will come out of the conduit of that discontented message. Give the game time to evolve. Make a goal to be content with what is. More disturbance only continues a drama that will destroy this entire manifestation. Bask in the love of the ascended consciousness that has brought a new dawn. Grace is in your life now even if you cannot recognize it. Celebrate the beginning of a new era.

Are you able to see love in all that happens? No? Then you need to have more awareness. No desires and more awareness will cancel the controllers dream. *Being content is the opposite of fear. Peace is the opposite of disturbance.* When you are content and peaceful there is no disturbance generated in mass consciousness. Can you get that inner answers are what is needed to generate outer changes? Answers to the goals of the occupiers lie in their consciousness. Can they be direct in claiming their choices and also quiet in their demeanor? Can the world bring to light the controllers destruction without causing forceful revenge? Change is needed in a big way.

Parents of children who are dramatizing gifts they create from direct contact with the divine do not understand that they themselves have talents they are not expressing. When the expression of a gift is contributed to life there are those who consider another's contribution more able and more fantastic than their own. This is not so. What these people need to recognize is that the other is more divinely connected.

Healthy children all have an advantage over adults. They can access more grace and deliver their gifts early because they have not been discouraged by non-aware attitudes. Most adults are discouraged by self-defeating attitudes and negative thinking. Please allow the genius in you to come forth. Traces of genius are in everyone, not just a few. Are you willing to allow your newly ascended consciousness to come out? Only change in you will give the ok to change in the controllers inner attitudes— these attitudes are not going to be destroyed by daily media contributions to negativity. You can make this dream more conducive to free energy production, inner awareness of genius, and the delivery of change for all humans who can accept divine grace.

Be the change. Alight from your desire to know the future so you can make the future into a dream you prefer. Channeling the I AM Presence will deliver the quality of guidance needed daily. Are you able to do this? Please learn how.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 606 - Archangel Ariel says . . .

<http://mastersandmankind.blogspot.com/2011/12/archangel-ariel-says.html>

Friday, December 2, 2011

Making change with contentment doesn't appear masculine. Making war is the masculine attitude. Feminine abilities to make change are comfort and caring. Both together work best.

My colleague, the Maha Chohan, contributes the correct way to be in a human dialog. Clear and docile is not the same as hostile and aggressive. One gets things done—the other demands more attack energy.

Message 607 - Moving Towards Awakened Actions

<http://comptedesaintgermainsblog.blogspot.com/2011/12/moving-towards-awakened-actions.html>

Sunday, December 4, 2011

From today onward my dear channel will only deliver messages twice weekly. No particular days will be designated. When I want to contact her we will create the time.

The messages now are only describing the mastery that all of those who ascended must take to their hearts. Next we will discuss how they are contributing once the details can be named. All who did not yet ascend may go back and read the earlier Master Messages* books and this blog from the beginning. Pay particular attention to what has been said regarding awakening and ascension. For some, the instructions on how to change things were not followed, so the desired results could not be delivered. All that is needed to ascend has been told. Calling me on deletions is not an appropriate attitude to take. Asking yourself what conditions still need changing in you can open your hearts and enable you to continue developing your mastery.

No more messages will address these contract completion topics. Serving others will be the next direction to learn from. Will you do this? Not by visualizing the mind's choices. Acting on the master within's choices and a direct love conveyance will do more than closing your eyes and imagining someone else providing the needed assistance. All countries have needy people who can use your help.

Farmers, get out of the Monsanto grip. Give the food chain more care. Add natural, chemical free fertilizers to the crops you grow instead of degenerating contaminants and constructed GMO carriers. Form co-ops to market food. Sell to conscious consumers directly when you can. Feed animals non GMO grain. Your food makes the conditions of your dream continue. Your minds are controlled by the lack of nutrients contained in what you eat. Say NO to these things because your feelings and your mental choices are effected by them.

Most of you are not willing to live without your cell phones, so consider how they are effecting your nervous system. Getting good nutrition and adequate ambiance are needed for you to get healthy and maintain good health. Remove yourself from destructive, money oriented deviations from natural maintenance activities. Absorb no chemicals or electro magnetics that you can avoid. Turn off the TV and game consoles at least once a day to delete their effects. Unplug all appliances when not using them.

Your mind's activities are not as important as your ability to deliver caring, so don't make your day only mental. Give more attention to human contact. Cherish the ones who have an interest in your wellbeing. Give that level of caring to them.

Fighting in the collective consciousness about how and when to grab or let go of money making contraptions will cause more chaos in the future. Be grateful to those who are giving their attention to man's care instead of their own money driven ideas.

Can we create a caring, control free day at least once a week that allows the body to be rejuvenated? Fasting is good once the body is healthy enough to be without food on an occasional basis. Pure water must be consumed during these cleansing days.

Free yourself from contaminates as much as you can. Spiritual freedom does not stop when the mind gets quiet, it also needs a body that can care for those needing aid. Free attitudes do not criticize or manipulate the minds of their companions. Accept them with the love of the highest awareness—in your natural condition. Be alert to what drains that love.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

* The Master Messages vols. I, II and III date back from 2005-2007. They are still available on my website <http://awakeningcoach.com>. Aruna

Message 608 - Archangel Michael says . . .

<http://mastersandmankind.blogspot.com/2011/12/archangel-michael-says.html>

Sunday, December 4, 2011

Free the mind from all choices and give the mental control of daily living to heart directed choices. Pay attention to the day's major attitude and get to love whenever other content comes to mind.

Message 609 - Advanced Comments

<http://comptedesaintgermainsblog.blogspot.com/2011/12/advanced-comments.html>

Thursday, December 8, 2011

Beginning these next lessons for masters comes from a desire for all who ascended to live a greed free, manipulation free life. When desires appear in a newly ascended one they are a manipulation of the mind that does all it can to continue its attitude of control. As these mental desires come into conscious awareness, the ability to answer the mind's quiet seduction without giving any attention to it makes the divine more active. Getting seduced, as an attention getting device, will continue until no action of any kind is generated by it. When humans are not free of mind and desire (or anything not aligned to the heart's guidance), the deep aware light in the core of man, his True Nature, is not completely available. True Nature is now appearing but is not always full present. What can be done to complete an ascended deliverance? Claim the new awareness each time the mind attempts a coercion.

Should one attempt actually succeed in canceling awareness, another temptation will come. Many attempts to divert your attention from divine consciousness will be given until you achieve complete mastery. Only when these temptation cease claiming your attention will the bright light inside you be completely available at all times.

What will the mind do as other teachings now? Many things. It will continue talking about the dark incessantly, and make comments about anything and everything, regardless of the amount of hyper vigilance present at most of its diversion tactics. Can this delete an

ascension? Absolutely not, but it will attempt to dominate ascended consciousness as long as the body/mind's attention can be diverted to its management.

Clear, empty conduits of divine grace can become negative towards their own mind. Careful! When this happens, complete ascent into the core of divine consciousness is not possible and hearts can still be broken until this is overcome with heart led decisions.

Practice being caring without giving away your own energy to the other. Alive drama will continue for all who are not clear about themselves as divine conduits. Keep this awareness active:

1. You are not the body.
2. All of the needs of the body will be cared for.
3. No discontinuation of mental thoughts will occur unless mind is dismissed on every occasion.
4. Welcome feelings. All feelings. It is good to get them out during the active drama before they become dormant and cause unconscious reactions.

Change only your attention to these details to be the example of an Ascended Master.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 610 - Archangel Raphael says . . .

<http://mastersandmankind.blogspot.com/2011/12/archangel-raphael-says.html>

Thursday, December 8, 2011

Celebrate each day. When we can dissolve your dance of leela all drama can cease. Your dance concludes when no desire exists. End wanting so holy creation can drive the future.

Message 611 - Clearing for Expanded Awareness

<http://comptedesaintgermainsblog.blogspot.com/2011/12/clearing-for-expanded-awareness.html>

Monday, December 12, 2011

Questions for me are once again welcome. Now that the consciousness of all has gone up a notch there are more of you able to accept the answers I give. Please do not ask about what has already been discussed many times. Instead of asking a question right away, take the time to look at all that has led up to the current message. An answer could be in the message given a few days before and an answer to that question could annoy those who are already aware of your question's answer. Make your questions about new directions or new material.

Comments about your own experiences are good. I can open new doors when one of you opens to the next octave in awareness. We do hope these messages are able to deepen the next group of ascension candidates into anointed consciousness.

Challenges of all kinds are unfolding for more dross to be cleared. When the dross is your negative memories we must activate deeply buried contractions to get you out of denial.

When they appear, do nothing other than assist in their clearing as a chalice and courier. Accept our gift of grace to move the contraction and clear it. Many therapies do not delete contractions, they only suppress active feelings.

Welcome all the changes in the container you use. Are you able to glow as an anchor of divine light? Contractions are the energetics created by mind's attitudes and opinions about the memories trapped in your organs and glands. Are these attitudes and opinions needed now? No, and we are giving you the encouragement and contact that lets you move through the dross quickly. No need to cringe, this mode of clearing is not hard to do. Facing the fact that clearing is ongoing, there is no need to look for negative causes or mental attitudes that attract. Just allow the movement that the dross takes to change to another form. Maybe it will delete itself as it goes—or it can dissolve after it is out of the body. Neither way is better than the other.

Finding a clear attitude is the next challenge to address. A clear attitude is "no opinion." Can you face all without opinions? Yes, being opinion free is a much more effective way to make a difference than holding onto an attitude "against." Masters are going towards the new day, never away from anything. And they do not delete any actions that are needed to get to their destination. Your destination is the complete clearing of dross. Aliveness and awareness expansion comes next.

We want more happiness in all of you. No more depression, no more "can't do" attitudes, and no more contractions. You are the divine awareness on this planet. All you need to do is to be free of dross. Surrender control. Manifestation with the mind is only a control mechanism. Control contains no divine awareness as there are no demands made by the divine. Ordinary lives are the way of the master. God created all to be doing what they do best - to compliment each other's contribution. One depends on all the others to be fully contributing as they intended. Wake up to the conscious awareness that all are one and no one is more divine than another. This is needed to deliver your contribution. What are you waiting for?

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 612 - Maitreya says . . .

<http://mastersandmankind.blogspot.com/2011/12/maitreya-says.html>

Monday, December 12, 2011

When the holy spirit comes alive there is no controller who can maintain the attitude of control. More of these controllers are being awakened, and the holy spirit they carry is getting tough for them to manage. We are enjoying laughing at their attempts to keep the control game going. It is about to dissolve. Next is the light's ability to be conscious in them as well as in our newly ascended masters.

Message 613 - Answers to Some of Your Questions

<http://comptedesaintgermainsblog.blogspot.com/2011/12/answers-to-some-of-your-questions.html>

Friday, December 16, 2011

When the masters observe how man contaminates the land, most of us are incredulous about the desire to continue to live and the number and magnitude of death creating devices that continue to be constructed. Good health is complicated by the controllers concept of one controlled world, so death's door is wide open. Why do most humans accept death's creations? Answers are many. Are you deciding daily which choices made will create good health or are you accepting concentrated aggravations to health because of convenience and the convincing of doctors and tech developers? Neither choice is only made once. Every day another choice opportunity appears. Every moment another good health decision can be made. Good health needs an attitude of caring about God's creation more than convenience.

Cancel the materials being used to destroy health and good health would be more available. Are airplanes an attack on your good health? No. Are the meals given on airplanes an attack on good health? Yes. Nothing food related is clear of chemicals on an airplane. Can the chemicals in the food do as much harm as the radiation the altitude and atmosphere combined contribute to man's cellular construct? Yes. What you eat takes more out of the human condition than airline atmosphere. Free radicals created by the food does more harm than any condition the airplane creates. Cancer cells are not only created from food, chemicals in the bottles of alcohol and other drinks are also negatively affecting health. Most humans do not consider how they accept anything they are given to be good nutrition and do not make any attempt to cancel diet additives or other non-healthy, cancer producing contents from their daily ingestion. So why care about airplane contributions to man's deterioration when an airplane trip has almost no contaminating effects when only accessed occasionally. Cancer is also caused mentally, so eliminating your negative thinking would erase a lot of cancer creation.

Will the sun and solar energies have any connection to man's ability to complete ascension? No, what happens in a man's life only determines the caring level maintained during a crisis, no ascension candidate gets cancer unless it is in their contract. Cells are not conditioned only by the body's absorption of chemicals or other change agents. Mental attitudes about man's circumstances grow into cancer also. You cannot continue to ignore all the other things that cause dis-ease. One is not the only misalignment contributor. Always denying the obvious is making an impact on disease—making it more difficult to cure.

As far as radiation is concerned, more of it will add to current disease creating deaths. Movement of already released cesium will act as the cause of many deaths not already charted. All of human, animal and plant life will be effected. Identifying with human attributes makes death difficult to accept. Acting as a divine conduit is the cure of all dis-ease. Awakening answers many contaminates with great antithesis to their effects. Change to dis-ease comes from within. Cause is only an energizer of human awareness opportunities. More nuclear cesium is coming to negate good health. This is why attention to health is needed.

The next wave of ascension can occur with all who are able. No change is considered an option. No change to our original plan will be made due because of the changes to land masses about to occur. Awaken and ascend is the next teaching to those now aware of this need and possibility. Act from fear and miss the opportunity. Give us your open desire and we will give you our assistance.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 614 - Meditators Needed

<http://comptedesaintgermainsblog.blogspot.com/2011/12/meditators-needed.html>

Tuesday, December 20, 2011

I am channeling this message for all masters. Many thoughts have come to us about how the new masters can contribute. Not by doing anything that attracts attention. Not by giving the world more density on any level. Not by contacting the deceived about how they are being controlled. All you need to do is meditate.

Maybe this appears too easy. Can any of you complain about this? Children of God can contribute their light best when there are no divisive attitudes, i.e. me against them. There are no divisive attitudes active when you are mentally quiet.

Fake dramas will continue because the controllers are in a dilemma about how to control all who live on Mother Earth. Instead of doing the things they anticipate, do none of these things. Quiet the dream that is held together by the data that comes from your media. Can you delete dross producing contacts and negative opinions from your mind? If not, can you refrain from absorbing the news and other media content for awhile? And can you meditate one hour daily?

Beliefs abound about the media's contribution to man's cancer delivering choices. All of your medical news is dross. All news about changes in government direction is dross, and all the news about current affairs is concocted by those masquerading as directors of the military, cautionary agencies, informed doctors and nameless authors who are duped into delivering more dross than news. Are these things happening? Yes, but not as they appear. Some of you are able to contain your anger about what is being given, but most cannot, and the dross in this anger creates more dross. Will you refrain from giving your attention to your news as well as any commentary about how the controllers are making their control known? By revealing this material they are activating upset so you will demand different actions. Those who make these demands will be the ones they target for delivery to the camps. Beware of making demands, as getting caught in objecting is another drama about to appear. Be one with all and not out campaigning against anything.

Does this mean the Occupy movement must be abandoned? Are you getting my drift? Control of those opposed to existing conditions is about to get stronger. The goal is to make contact with anyone who is capable of dissent. Careful cooperation in groups that are generally quiet can maintain the opposition in a less overt manner. What can we do to collaborate with those meditating? Anchor light for all in the area.

Attacking, menacing, corrupt change agents are able to deliver you to a camp of activist cohorts and you will not be able to come out of these camps. Not able means locked up. Will you take my word for this? Camps are already awaiting any disturbance generators who oppose mass media's delivery of news about change. This channeling is advance notice of the next criminal outrages that no amount of dissent will be able to contain.

My dear ones, mastery means "no disturbance." Give no heed to these actions and deceptions. Give no attention or action to defend your rights. What is coming needs more

dross diminished by quiet, meditating healers. YOU! Can you give this gift to the rest? If so, in the weeks to come your level of peace and awareness will present the controllers with a challenge they will have no ability to control. When this occurs, the light can eliminate their control. Work with us to develop some new cause and effect abilities that can counter the changes intended in the controller's agenda. Walk in balance. Cancel all dissent. Arm yourself with an open heart and a mind clear of dross. Be a master and do nothing to attract attention.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 615 - Metatron says . . .

<http://mastersandmankind.blogspot.com/2011/12/metatron-says.html>

Tuesday, December 20, 2011

Change is always occurring. As you do and think things in your daily lives, most have little concern for the duplicity that exists in the management of the countries you inhabit. But what will appear very clear in the near future is control of the darkest kind. Be careful to not contribute any negativity with your actions, because this control will come directly to you. Be free of control with I AM THAT I AM as your mantra. Say it quietly and not within hearing of those who attack your comfort and your ability to care for others. Be love in all circumstances.

Are you able to do this? We need the dross in mass consciousness to disappear. Give heart energy to every occasion.

Message 616 - China's Cards are About to be Played

<http://comptedesaintgermainsblog.blogspot.com/2011/12/chinas-cards-are-about-to-be-played.html>

Tuesday, December 27, 2011

Are you able to live with conflict in an area that does not cancel any daily activities and accepts no delays? Can you make energy out of nothing? Can you give when nothing comes in for you to use to create another way of living?

Facing the collapse of your currency gives you many consciousness developing opportunities. Are any of them giving you more awareness? My continued love of all that is causes me to make these comments now, before your currencies do collapse. This is my way of getting the attention of those who can give me their agreement to establish another mode of living and a higher level of awareness because they both are needed. Face the collapse as divine consciousness, without fear, and you will be adequately cared for. Please make yourself capable of doing this.

China is now contemplating the devaluation of the dollar as a means of changing the reserve currency to yuan. No condition has caused them more disturbance than the way the global game is coming to a climax now without them having dominance in the currency markets. They can control all money with a new currency approach. What they decide will effect the currency of all countries, and a complete collapse is a clear option due to the

analysts ability to mask what is actually happening.

China wants world dominance in all areas. Making their currency less contained to their own circles means they will have more chances to control delivery to their business associates when deals are made in their country's money. Ways to control the global collapse are within their ability also. Are major allies of the US going to accept China's demands? Absolutely, allowing major currencies like the dollar and the euro to go down the drain quickly. Change money now before it happens is the first thought that you may have. But to what? All currencies other than the yuan are going to collapse. The yuan can make an absolute currency control bid at any moment, and if they do, no other currency can compete. How this unfolds can mean the loss of the dollar as the world reserve currency which will cause a most disturbing change for many countries. The collapse of their currency will be a consequence of this change.

What can alter this? More anger, about anything, will cause another major eruption of negativity within mass consciousness. Another coinciding energy drop will come when there is no ability to grow food during the cold months. Consider also the inability of corn and other GMO foods to provide good health conditions because the manufacturers of corn and wheat products are doing nothing to heed health concerns about these two most significant contributors to the world food supply. Gardens are not going to be able to receive adequate protection against airborne contact with GMO contaminants, and naming the culprits can only lead to growth of compliance with the Monsanto agenda. Consider them the biggest consumer destroyer on the globe. They destroy and dominate all food coming out of the human domain. Are you able to accept this with quiet minds? Will you do anything to answer this attack on your health and everyone else's health as well? No? Then get prepared to go to a camp where you will be observed and managed, eating death creating nutrients at all times.

Are you able to fight Monsanto and win? Only with collective court cases and new hearings about the control of this food cooperative. Nutrition has been damaged, and core foods without major contamination are scarce and in many cases, too costly to buy. Will you freak out to get Monsanto to alter their agenda? Are you willing to be locked up? Can you conceive of different actions you can take as one man or woman? Making a difference with this cause of disease needs more decision makers with the ability to alter man's destiny by moving dross out of an entire social system.

History has given you no cause to believe in the change ability you now possess. Once Awakened, applying your new awareness to the situation can make a difference. It can also give other God driven situations new latitude. Mental desire is not the way to accomplish what is in this message. You are at the consciousness level of a master. You can make all of this disappear. Just connect with divine consciousness, decree what you want to happen, and then allow the results to unfold.

Pure consciousness will give the drug companies and Monsanto new deterrents to their governing abilities. Action is how this has always been done. Making choices that support man's thriving and being conscious about the human domination gestures you observe can lead to a new collective attitude against Monsanto without demanding it.

Please accept what is being said here without any anger about it. Give it your light with a cooperative attitude. Ask your Higher Self to aid those who will need aid. Give more attention to living without anger and negative thinking. Be a "Peaceful Warrior," without attacks and without causing a disturbance. Believe me, you are already doing more than

the mind can understand. Mind is not the "doer," only an observer. I Am That I Am is not without control. It only appears that way to open the door to more awareness for all. Be God-like in your actions and you will be giving God aid for creating life giving conditions and a future without deception and greed. Feed the fire of non-violence to generate a different concept about how this approach can aid this moment. Make caring your only choice.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 617 - Archangel Michael says . . .

http://mastersandmankind.blogspot.com/2011/12/archangel-michael-says_27.html

Tuesday, December 27, 2011

Make every day a celebration of life. Give all of your attack desires no credence. Allow yourself to answer this current common crisis with heart, and let nothing make you dramatize a divisive attitude. Oneness is where you can make the biggest difference.

Message 618 - Response to my readers

<http://comptedesaintgermainsblog.blogspot.com/2011/12/response-to-my-readers.html>

Tuesday, December 27, 2011

My dear ones. Consider my messages clear. No one is asking you to fight Monsanto. No one is calling on you to demand anything. Give only light as masters do. Be quiet. As an Awakened being, not giving your attention to Monsanto does more than going against them. Your days are not for going against anything. Celebrate the love that flows through you. Make decrees about nature being abundant with nutritious, clear of GMO, foods. Give all of your attention to giving. Help create your decrees with heart directed action. Being against anything, as I've always said, calls that thing into action. Being for anything calls that into action.

As for the money. I didn't say the yuan would get accepted as the new reserve currency, only that what the Chinese decide could demolish all currencies. Buying gold or silver will not create dominance in a dead economy. It will not get you the things you need. Making friends with your neighbors, to come together to create more abundance for all, is needed more.

Abundance is your goal, not money. Abundance can include money when currencies are created anew, but not when they are disappearing. What is needed in a great depression is to heal the situation with the development of new attitudes. Then the controllers cannot control. An attitude of abundance with a great delivery of caring will give more aid to the current monetary demise than greeting your days with depression or dark attitudes. Give light. Masters do not need to carry concerns. All is in perfect order.

Masters only need to act as they are guided to act by their inner knowing. My teaching is only a supplement. No guide of my realm gives you negative material to cause fear. My words are to give you more awareness, and contact with inner guidance is to lead you to the best choices.

Clear any dense attitudes about my words and find the answers to your confusion in my long term message: be awake, be aware, and delight the change agents in the world with your calm. Make your own contact with the loving and caring Masters. Give them your active LIGHT, which equals open hearts and an absence of mental divisiveness. Share your mental concerns but don't make them your mantra.

I AM THAT I AM

Ascended Master Saint Germain

Channeled by Aruna

Message 619 - Mastering the Use of Decrees

<http://comptedesaintgermainsblog.blogspot.com/2012/01/mastering-use-of-decrees.html>

Wednesday, January 4, 2012

Today's message will begin an overview of the current conditions in all of the areas my guidance has been directing. First: the consciousness of being a Master.

On 11-11-2011 many of the ascension candidates were given the additional nudge they needed into ascension awareness. This nudge did what was necessary to make them more aware of the controlling dynamic they have been using to effect change with their mental activities. We did not actually make them more aware, just eliminated the mist they were engulfed in. They are no longer deceived by the mist, and they have acquired a new ability: the ability to decree and have that decree created. Man has always had the ability to decree, but most have done it incorrectly.

Decrees are not demands, nor are they a natural way to manifest unless they come out of love. When they are not love content they are ignored by the angels who assist in their creation. Calling on angels to assist is not as effective as a decree because they do not come just to answer a man's desires. A decree is fulfilled when a master clearly asks for a change that benefits all, not just one individual. A clear awareness of Oneness gives a decree the opportunity to make a major alteration to the One drama that all are effected by. Asking for change in this way calls on more than one angel's causal ability, they can collectively assist in the next advancement of man's healing and consciousness goals. When this kind of decree comes we all go to work.

Nowhere is it clearly described how a man can achieve his own desires. This has caused many "authorities" to appear as gurus of an obvious outcome that all would admire. Yet none of these ways of making an advance in life conditions has any accurate details in it. *Only the content of man's mental density effects his ability to create another choice* in the absence of a clear intention to act on behalf of his own desire. No amount of mental activity, be it affirmations or visualizations, or thinking towards that goal can change the current details UNLESS there is no choice specified in how the outcome will be. To ask: "Please bring me this amount of money" will generate no action to assist because it comes with a very specific outcome. Had this been decreed it would have been for all who can benefit without a total amount designated. Make these distinctions please:

1. A decree comes from the One consciousness that "knows" what is needed and decrees it to be done.
2. A demand comes from man's mental capability that lacks the awareness of the total picture.

3. Manifesting a change to cause and effect is not done by demand, this approach does not cause the angels to make this their option. It occurs when no personal desire is present in the one asking that "God's will be done."
4. Choosing a direction the mind decides on will not make a dent in the way things happen. Only when the way requested is completely aligned with divine awareness does the change occur. This is because divine awareness is the creator of all and the mind is just deciding on what it wants from it.

Now, with these distinctions available, decide how you will live in Oneness. Can you accept that #1 and #4 are the same? Both decree that the divine is the creator, not the manifester calling things into form. Emptiness makes a more causal decree than a different mode with mental desires attached. Pure love of the One needs no control.

Once decrees that come from love are declared, there is no need to decree this same thing again since the divine is the decree giver and the angels always act on divine calling. Heart and mind must be together in love for material choices to be effectively created. YOU are not the creator, God is. When a personal desire is totally aligned with a caring human who can ACT on the cause of change, the content of the mind has much more impact in the big picture.

Can you accept these concepts? Can you give decrees that can be acted on with new dedication to the One? Are you decreeing with divine consciousness? It is now in your hands. Change can come when your desires and God's desires are One.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 620 - Happiness is Moving Ahead

<http://comptedesaintgermainsblog.blogspot.com/2012/01/happiness-is-moving-ahead.html>
Sunday, January 8, 2012

Wonderful delights are now making their way into the consensus. Non-divisive conversations and anchoring of light have increased. Acts of giving and clear channeling have also increased. When we began these messages only a few were aware of them. Now they are in many mailboxes and considered a gift by many. We are now ready to amplify our contributions that make a difference.

Many of you have accepted these messages as an ongoing guide. Give up that idea. They are not going to be available when matters get difficult and the internet is no longer open to revealing the cause of the difficulties being mentioned. My comments could be censored. May we all deepen our direct contact ability. No more energy for learning from my dialogs? Then get yourself capable of direct contact with me or your own angelic guides now.

Face the controllers with open hearts that don't give rise any anger because of their attitudes. Love them, and don't act like they are the answer to your dance of Leela. They are not—YOU ARE. When you can accept that they are needed to bring more awareness to the dance, you can give up your anger and fear, and dance the current mass consciousness to the next level of awareness. Give me your controller anger because you need to negate it now. Freedom is not actually anything more than an act of declaring: I

AM FREE and making this your mantra. I AM FREE of anger, desire, negativity, darkness, fear and all other "me against other" attitudes. Being FREE then becomes available. Cast them away, as none of it is worth keeping. Keep only what is love.

Practice this attitude changer when you notice you have some negative attitudes that are attacking anyone or anything: Declare I AM FREE and discard the attitude that has appeared to be discarded. Declaring I AM FREE will not eliminate your golden dreams and caring thoughts but you may still have some contractions that need calming and care. Treat them with chuckles and anecdotes. Allow them to consider themselves FREE to expand and awaken with new aliveness. Picture yourself as a living generator for caring. Give, give and give. When man gives without demanding compensation, a new consciousness becomes available. Eventually you will notice that the old control consciousness is gone.

When your control consciousness has been eliminated, the controller inner controller, your mind, can do nothing dark; it will just bring happiness to the world. Get on with your growth of awareness and consider contact with your guides as the most attractive option for guidance available right now. Frame a calling for yourself such as, "I AM a change agent." Do not make a list of all the details that this title might include, just keep giving from mastery and your non-controlling awareness. This is enough.

Ascension consciousness needs more candidates. Are you opening others up to your newly discovered awareness? Are you distributing grace wherever you go? Allow laughter and your other creative abilities to erase the darkness that remains in you and those around you. Face any disturbances with your attention only, and discard any negative attitudes that may appear as a test of your clarity. If you appear interested in them than more of this particular lesson is needed.

Maybe total FREEDOM is closer than you think.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 621 - Archangel Michael says . . .

<http://mastersandmankind.blogspot.com/2012/01/archangel-michael-says.html>

Sunday, January 8, 2012

Change the leadership of the major countries that maintain darkness and nothing different occurs. Why? Change is more about a change of attitude. Unless this occurs you will continue to draw candidates for leadership who also have the current attitude.

Change agents are now able to lead. Not as country government opponents or directors, but as divine contributors of ascension consciousness. What is this? Love of the One, caring for those they are able, and affirmatively contributing to their communities. This is not the kind of leadership needed, you say? Can you think of a better way to lead?

Message 622 - Decrees and Emotions

<http://comptedesaintgermainsblog.blogspot.com/2012/01/decrees-and-emotions.html>

Thursday, January 12, 2012

My dear ones. Whatever you are feeling, any emotion, give it the ability to be completely felt. No matter how bad this sounds, no deaths have occurred as a consequence of an overly felt emotion. Breathe into the area of the body at the core of the feeling. This will aid the movement of energy, causing that blocked energy to clear. People who die in car accidents or other accidents that throw them out of control cannot draw a breath. No car accident deaths are due to emotional distress, only an attitude that blocks the ability to feel a contraction in the gut and open it with the breath.

Now is the time to free the contracted areas that are in the body's meridian network. Breathe deeply into all negative feelings that arise and do your best to keep on deep breathing through the disbursement of the blocked energy. Gifts of healing are in each deep breath you take.

Are you mad at anything? Breathe into the body at the location of the anger. Are you mad at another human? Instead of blaming them, give them a contact they can accept—act as though the cause of the difficulty was you. All of your disturbances were caused by you. Not the you of mind and body, but the *you* that is at the core of everyone, the loving essence that causes all things to manifest. This *you* contracted for the disturbance as a way to cause more awareness. You did create the conflict, and the "other" participants came out of their comfort zone to densify your challenge. Avoid giving them your negative attitudes by calling the light to yourself instead of directing darkness towards them. Heavy hearts are a choice. No one else decides whether or not you can add more light to your life. All you must do is give your anger away. Why keep it? None of your emotions can control you unless you let them.

A decree I can make without a thought is the one I made when accepting the position of Maha Chohan: I decree that all of God's creatures are awakened and causing more and more caring in their human experience. My decree was for all and does only good for all. Nothing of man's desire for materialization can be found. Make decrees with no outcome delineated. Call for goals of the heart. Mandate calls of caring. Give from a Master's unlimited abundance—the gift of human kindness.

I decree a most caring contact with all of my chelas. After the first decrees are done, all of this will become easier.

I have given you a lot of guidance on giving and caring. Put words to it and activate the divine decrees needed in your lives. No ability of a human kind can counter a well written decree. Invite your colleague, the Master within, to create decrees without any content other than the vast love available for you to deliver. When you are feeling lonely your full awareness cannot be available, and when you invite the divine into your heart. most of the made-up misery dissolves.

Being a divine being is now your only goal. Being the True *you* is the divine being in action. Can the decrees you make deliver the depth of this Truth to those who are touched by your decree. Can we celebrate aliveness? Can we free the disturbances in colleagues and old acquaintances? In this kind of change drama we can. Our consciousness becomes the tool to unlock the door of closed areas of the "other's" hearts. When we can get more of these hearts feeling open the dross will have no place to hide. Come to my dream free realm without any baggage.

I AM THAT I AM

Ascended Master Saint Germain
Channeled by Aruna

Message 623 - Lady Master Portia says . . .

<http://mastersandmankind.blogspot.com/2012/01/lady-master-portia-says.html>

Thursday, January 12, 2012

My dear ones, face all of your concerns with decrees for what is needed to improve a situation. No decree stands alone. It comes from a deep desire. Identify that desire and consider it a key to the door of Awakening.

Message 624 - Mental Caring vs. Active Caring

<http://comptedesaintgermainsblog.blogspot.com/2012/01/mental-caring-vs-active-caring.html>

Monday, January 16, 2012

Many of my chelas have become less conscious because of their dire circumstances. Facing their fears is the only way to move forward. Instead of giving up, they need to keep looking for answers. Instead of making just any cause an answer to their need for money, the request for divine intervention is more congruent with their heart's actual desire.

Ascension was a mass delivery of new consciousness to all who did what was needed to ascend. The first wave of ascension has already occurred, but the call to those not yet ascended has not been fully disseminated. Only those who are now ascended can deliver those who have not been able to clear their incorrect beliefs about themselves.

Happiness cancels dross. Happiness can delete at least half of the negativity trapped in cellular memory. Casting aside your disturbance is what activates an ongoing energy of caring that develops within the human heart. Beginning on 11-11-11 we did all we could to cause more caring on all levels of man's development. Angels are only caring. Angels do only giving, they do not consider their own career or monetary desires. We want you to be angels in human form—giving to all, not only those in obvious need. All of mankind is needing caring right now. What does caring appear as? Whatever enables another to care about themselves. It is not an act of delivering good thoughts or meditating to link up with those in need. To give an angel's way is to act on the heart's desire to give, not just make a mental delivery of light.

Peace in the consciousness of only one man can deliver more to humanity than a mental action that seeks to control another's destiny. In the direct giving method, caring is the only thought. Praise and drama about caring actions is not a reason to give, the mind doesn't need any more applause. Only complete angelic giving matters to mass consciousness.

Fancy clothes, great cars and placating children are not going to improve man's destiny. The acquisition of cars, clothes and anything other than good health are not reasons for delivering angelic caring. Only giving from the heart matters. Clothing does nothing to cleanse negative thinking. Practices that calm the mind donate more than directing caring thoughts to an area or an individual. Canceling an area's negativity will not occur and no choices of a material nature will get delivered. Give with your own hands and act with your mind only as needed.

Choosing a method to give can be easy. Ask God to lead you to the one needing your action. Always follow your own inner guidance to make a choice. Caring comes with no attachment to outcome. Face the darkness within without telling any lies to the other dancers in the story. Fabricating any detail in what you say to another is also lying to yourself. Bring accurate messages to life. All who deceive by delivering messages that are not what they are actually thinking are draining the energy out of an opportunity to care. Fighting for attention with words is about control, not caring. Mandates that deliver caring answers are delivered to the angels to act on. Other caring options will become available to you when unqualified caring becomes your way of being.

Clear your darkness by naming the cause and deciding that this was what was needed for your growth. Your cells will allow more detachment when fear is not in the way. Accept that those who die or leave you, or make themselves sick do so because it was their decision, and this decision has nothing to do with you. Stop discussing death as a negative occurrence. A death can bring others to more awareness about their own death and dying choices.

Clear out the dross of your mental desires and focus on the delivery of caring to others. All your dreams can answer the dream of another, as they are also you.

When freed of dross, those who have contributed to another's ability to love will be an anchor of light. It is a divine man who loves as a natural way of being. Caring comes naturally when the negative ego has been dissolved. Awaken to this in yourself by being more caring.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 625 - Archangel Raphael says . . .

<http://mastersandmankind.blogspot.com/2012/01/archangel-raphael-says.html>

Monday, January 16, 2012

Wake up to the light in your heart NOW. We don't want any more dense conduits blocking the light needed on Earth. Cancel your negative thoughts about all the things you dislike, including the dense actions of anyone you may observe on the news.

Caring about humanity means giving the best of yourself.

Message 626 - Identifying the Controllers' Methods

<http://comptedesaintgermainsblog.blogspot.com/2012/01/identifying-controllers-methods.html>

Sunday, January 22, 2012

All of the predictions that have been made by the controllers are not accurate. How do you determine what is from the controllers and what comes from the divine architects of the New Earth? Start with this checklist:

1. Controllers decide what will keep darkness alive. Are you moving into communities that co-create happiness or are you waiting to be moved to another place on a master plan of collecting the most aware? Which would the controllers advise?
2. Are many going to collectively ascend because they have done their clearing or is all clearing not needed? Are the controllers advising you to demonstrate more love? Are they directing you to do clearing?
3. Are the controllers demonstrating the light in any of their messages? Are they guiding you to becoming more divisive or more caring?
4. Can you ask them questions about the darkness in anything? Are they suggesting that you live with negative attitudes towards those not as caring as you are? Condemnation is the way to be dense. Condemning anyone for anything is a dark, negative attitude.
5. Prayer is not mentioned when controllers decide on a new comment to deceive. Are you giving divine connection any consideration in the fantasy based material?
6. Place yourself at a controller's desk composing a drama that feeds the continuation of a dream. What are the guidelines?
 - a. Distract from what is actually occurring.
 - b. Make up a good dream that takes its place.
 - c. Convey the lie that they get the dream because of their great contribution to humanity.
 - d. Allay their fear so you can control them when they are afraid.
 - e. Prepare them for moving toward the thing they fear the most— control of their mind.
 - f. Make messages that are only what they want to be told.
 - g. Answer their concerns with an active dialog about the darkness in another.
 - h. Answer man's desire for more delights with the conditions you make up.
 - i. Cleverness is the key—distract them so they do not even consider most of the actual conditions about to occur. Call for the disclosure of this darkness.
 - j. Never give any data that would create demand for a shift in consciousness above denial.
 - k. Continue to eliminate humanity's ability to determine their own destiny by placating their concerns with wishful thinking.

What comes next is managed demonstrations of crowd control. Are they giving you guidance about their most calculated guess, their ability to control all? Are you able to call them on their deception? Can you do anything to delay them in carrying out their actual calling— making about half of the population content with anything that distracts them from whatever can be done.

Who are the controllers? Are they Masters disguising themselves as controllers? Of course not, they are controllers disguising themselves as Ascended Masters, Galactic Federation envoys and Archangels, etc. Our domain of contact has been denied, and the controllers are now leading almost all channeling that comes out of the hearts of those also in denial of accurate material.

Clearing allows you to connect with divine consciousness, instead of only accepting what you hear or read. Get your own contact with the Masters instead of depending on channeling that is made to deceive you. Are you able to see the denial going on when you accept their tone and direction for the future? This denial destroys your mission of bringing

in the light.

The Counsel of the Galactic Federation contains deceivers. Some are from Orion. Others are not only dark, they are not even able to connect to you with a caring demeanor. Change is their desire—change of their own destiny. One way to take over a new territory is to deceive the ones who currently are in that territory. NESARA, and all other concepts that reward "doing nothing", and blocking all the mental light that can increase awareness is their game. Capture the light in quiet concentration on divine alignment. Breathing, not anger is the way.

Is your glow melting indifference? Are you able to diffuse negativity? Celebrate life and give when there is an opportunity. Giving is the key to a more congruent life with your own heart.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 627 - Sananda says . . .

<http://mastersandmankind.blogspot.com/2012/01/sananda-says.html>

Sunday, January 22, 2012

Clever means difficult in the controller mind. How difficult can things be? More difficult than what most of you can decree an answer for. Make many decrees that are an answer to their collusion. Give them the love of the divine Master that you are, and decree that their awareness be consciousness itself, the consciousness of I AM THAT I AM. You are that capable.

Message 628 - Meditation and Manifestation

<http://comptedesaintgermainsblog.blogspot.com/2012/01/meditation-and-manifestation.html>

Saturday, January 28, 2012

Meditation cancels nervous concerns. In the next weeks and months many details in my *Master Messages* are about to begin. Are you afraid? Maybe not. Are you meditating? Yes? This is probably why. Most meditators do not get concerned about anything in their awareness. It goes into their mind as only data. Mind games do not appear in their daily life due to cellular changes made in meditation. Many of my chelas are not giving themselves this gift. Maybe an Awakened one does not need to get quiet and go within, but everyone else will greatly benefit.

Many dramas can be eliminated when more are meditating daily. Their lack of mental activity gives many additions to the light in mass consciousness. Those not deepening their awareness with going into mind deletion daily are missing out on getting their non-awareness cleared. Some meditators do not get the most out of their meditations because they have a lot of chatter they are not ignoring. Only ignoring your mental concepts deletes them. Face the day after a meditation with a new attitude of caring. Opening the heart can also be assisted during your time alone without any negative thoughts bringing to you a different opportunity.

Calling on God to give you a new consciousness or a new car is demanding something *against what you already have*. When asking for "*more*" or "*different*" you are giving evidence of negativity. Saying no to what shows up is very different than demanding that circumstances be changed. Accepting things as they are instantly takes you to a new answer for all of the demands you have ever made of God. Your ability to get things you would like then comes as quickly as you think of them. Only by contributing quiet and making no demands of God will you cancel those non-aligned attitudes that are now in a dormant state.

All of your unconscious mental attitudes in cellular memory are going to be activated in the next days. Give them no thought as they arise. Allow your mental desires and dreams to be eliminated as a message to God that all is good. As you do this, your demonstration of great awareness will do a lot of good for those in your material world who give no interest to making a decision of this kind.

As you do not get things the mind doesn't create, your desires need to be led to you in a different way. By asking you don't get them, by admiring them you can. When you appreciate something *this* mental attitude attracts it to you. Give away all the other manifestation concepts you have previously used because they are no longer going to bring the things you ask for. Why? To teach you that you are an actor in a drama created by you. Freedom from the asking syndrome brings new gifts you have not conceived of.

Admire, appreciate, be grateful for, and give thanks and you will attract. Not this—not that will contract. Nothing desired comes to you after Awakening unless you appreciate that it can come to you. Freedom is an ability to say "Thank you" for what is not yet in your awareness. Thank the One and only God for all of the things needed in your life. Thank them for appearing. Give more attention to giving than asking. The act of giving demonstrates abundance and is also a form of gratitude.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 629 - Kuthumi says . . .

<http://mastersandmankind.blogspot.com/2012/01/kuthumi-says.html>

Saturday, January 28, 2012

All of the Great White Brotherhood want the light in America to become a more contagious energy to others. All those who can greet the day with a grateful heart can depend on their inner guidance to give them the news they need in a way other than from TV or other mass media contact.

Sell the last things you can before the dollar crashes. Buy food and other basic needs now if you can. Give away your dark thought about anything and get ready to ascend. It will happen. Make the days you have a gratitude filled celebration.

Message 630 - Clarity in Channeling

<http://comptedesaintgermainsblog.blogspot.com/2012/02/clarity-in-channeling.html>

Wednesday, February 1, 2012

My dear ones. My message today will be a continuation of my *Course in Channeling*. All of my teachings about channeling are clear in this course, much more than just the correct way to access the most accurate guidance. More than half of my chelas haven't done any such course, and are still unable to get guidance from their own Master within. Others are not clear. So please realize my answer to a question about the clarity in channeling is not to be dismissed as being negative against those who are not clear. Give all who contribute their time and distribute their dictations the gratitude of your appreciation. However, there are many who do not channel the beings who can make a great difference with accuracy, because of the deception of their own mind. Most of the channels connected to seventh dimension Angels and Ascended Masters are not ego dominated during their channeling, but a few are, and it is not that they are not being deceived by other dimensional liars, only an attitude in their own mind.

When this misrepresentation is discovered, the most honest thing to do is to tell the truth to their listeners or readers:" my own opinions do not allow me to channel this material." Otherwise, they are not being the model of integrity they must be to complete the ascension. Charlatan channels do lie and do make their dictations appear to be authentic when they are not. This is controlling in its dismal attempt to deceive, and cancels many karmic conditions of giving a gift and making a caring movement towards ascension.

By all means, discredited channels are not going to be able to continue to make our realm their calling card. Once they deceive, most of their once devoted career creators will move out of their field indefinitely. So being credible on one day does not guarantee credibility forever.

Who will declare them not accurate? Only the Masters and Angels on our matrix. No one on your matrix will announce their disqualification. But, if they are very savvy, they will decide to do other dense work than attempting to continue to channel. Are they going to ascend? Maybe, if they can get back to the love vibration.

Can you tell they are not delivering clear messages? We hope so. When the light of their connection goes out we want you to give love and no disturbance, but also no credibility to the next phase of their calling. Once discredited, no more energy of clear channeling from our realm will come through them. Allowing lower astral beings to channel is always an option. Beware, because their messages will be at a different consciousness than their previous messages. Only go to their deliveries without caring about what is said. Otherwise, find another deliverer or a way to get your own messages from the higher realms.

Channeling carries a very big demand on direct contact beings. They need to deliver their most love and available light with a message, otherwise nothing good comes with the transmission. Only light of heart mastery clears a channel.

Brave is the one who admits their mismanagement of the gift of light. Others who are not very courageous are able to convince no one of their calibre of mastery without clear devotion to I Am That I Am. Working as a channel totally requires this attitude. I Am That I Am is the blessed One in all of you. Contact can be an answer to every moment. Give me the decision to be a clear channel with any details not able to be clearly delivered deducted from the total content. I Am is the beloved that decides on the next lesson that is needed. Truth in all matters is a must to clearly deliver the vibration that contains heart

light. Make this a goal in all of your determinations for this cause and effect dream.

I AM THAT I AM

Ascended Master Saint Germain

Channeled by Aruna

Message 631 - Djwal Khul says . . .

<http://mastersandmankind.blogspot.com/2012/02/djwal-khul-says.html>

Wednesday, February 1, 2012

Practice the art of being quiet. This deletes mental disturbance when channeling.

Message 632 - Clearing Contractions to Anchor More Light

<http://comptedesaintgermainblog.blogspot.com/2012/02/clearing-contractions-to-anchor-more.html>

Monday, February 6, 2012

Children of God need to become their own teachers. Never before have as many conscious beings lived as mentors and guides. Never before have the Masters and Angels been as available. But neither of these conditions is what we want. We want each of those asking to be guided, to lighten up their need, and discover that ample awareness is available within themselves.

Need is a negative attitude. Nothing contained in a needy attitude draws new and different content. Only drama comes in as a response to mental demands for new and different. Once grace has an opportunity to create the next gifts or dreams for a more delightful life, the "need" is no longer an obstacle. Being the admirer of a "needed" or "wanted" item will be adequate for attracting this or a more appropriate substitute. Now the mention of goals will be enough to advance towards achieving them. Having "no desires" does not mean complete disdain of what makes life fun. It means the detachment of mental neutrality, seeing a request as merely another thought should a choice not materialize. What makes a choice materialize is caring for others, not longing for a particular thing or person to appear. Neutral comments do not make the longing disappear, only neutral attitudes.

Peace is NOW, not when all desires are delivered. Only NOW do you have the ability to decree anything. *A decree is a clear declaration of manifestation, a goal or conclusion needing your attention.* An example: I decree my goal of becoming an angel in this lifetime. Another: I decree that my caring for others can change their lives and mine. Or: I decree that my negative thoughts are not my actual attitudes. Never decree a desire to dominate God's will. All decrees are naming what your intention is and not for controlling any change that makes this occur.

Contractions are more complex. When a child is not able to deal with an activity that occurs in opposition to its natural way of being, it closes down the chakras and negates the ability of an etheric energy to pass through them with ease. Chakras then do not move as they could until another day's clearing manages to delete the closure. Clearing the disturbance opens the chakra and allows more awareness to align the body with its master within. Clearing deep, negative memories can cause new levels of health also. Can you clear all of your contractions? No, not unless an awakening completes the anchoring of

light and deletes the remaining contractions.

Many do clearing to lead to awakening. Some do more after awakening. The less contracted one is, the easier it is to awaken. After awakening, a deepening of light into the body cancels all contractions as it aligns the mind and awareness as One.

First comes a dense thought that becomes an obstacle to more awareness. Then comes the dense, negative attitude that drains the light on all levels of existence. Third is the cause of many corresponding details in non-awareness appearing in daily life to mirror the contraction. Forth comes clearing or dis-ease. Clearing is not only to become awakened, it is also for miss-alignments being contained before they manifest undesirable consequences (i.e. holding a grudge can manifest a direct action against a grudge holder).

Are you deleting contractions now? If so, good! Can you do it all in one clearing? Never—ongoing clearing is needed for those who have ever been mad, grieving or depressed. Only those who are *fully* awakened are clear; deepening or an initial awakening is usually needed to conclude all recurring, non-aligned dense attitudes. However, cause and effect are over as a consequence of that initial awakening.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

P.S. When channeling is not clear it is usually because dross in the chakras is not allowing enough light into the container.

Message 633 - Metatron says . . .

<http://mastersandmankind.blogspot.com/2012/02/metatron-says.html>

Monday, February 6, 2012

All of the angels are near the earth now awaiting the continents adjustment to a contraction clearing in Mother Earth. In the near days we will all be in the clearing condition together. Be ready to care for one another.

Message 634 - Preparing for What's Next

<http://comptedesaintgermainsblog.blogspot.com/2012/02/preparing-for-whats-next.html>

Thursday, February 9, 2012

When Metatron delivered a comment about the need for more conscious gathering together, he did not intend to give the impression that immediate earth alterations are about to begin. No, it meant that what is about to begin needs your attention now. There is no cause to panic at the mention of getting ready.

Many of you are not doing anything that will make a difference when there are many challenges to face. Even creating mental detachment about what arises is doing something. But those doing nothing while awaiting an airlift to another galaxy will not be able to deal with the next correction to the earth's crust.

More than ever, the need for coming together in community is considered to be the best way to get prepared for the next dramas on the continents. Full life expectancies will become a rare thing, and being with friends can be the answer to having a good life. Choosing the community to be in can now be done. After the collapse of money this will be much more difficult. Be a comrade to the ones you are most connected. They will be the ones you can count on. Stillness within can greatly enhance these relationships. Meditate together. Change the way you disagree as a big first step. Agree to disagree on big issues, but when minor arguments begin, give them up immediately to the divine to decide. Always ask for inner guidance and follow that. No differences will appear. Surrender an attitude that does not create peace and good feelings. Nothing is more important.

Holding onto goals that are not able to be realized can also be a negative drain. Ask always to be led from inner guidance and be willing to change direction when so guided. People who are not able to follow their divine awareness will get on the negative side of human life experience very quickly when the mass disturbances begin. False pride will degrade the harmony.

Freedom from the dream can be yours. Not in another life, now, in this one! Only deep grief can bring on the dream's end for many of you. This is why these last few years have been so difficult. Grieving opens the heart to more caring for what the heart has to offer. Breath and drama go together when the dream cancels. Give the light to the drama with inhales and good clearing exhales. Face your fear with deep, clear awareness of their added challenge to your lifting of the veil. Breathe through the mental distress as well as the matrix of control that will be developing. Free your own brilliance by breathing into all the negative feelings that appear. Don't give them any mental energy. Only deep drama completes the level of detachment needed. Give it the freedom it deserves. Don't engage in the drama in an emotional way.

Place your own desire for control in God's hands. Fly with the angels when they appear. When this occurs, dream the dream of almighty God opening the door to heaven. If you don't have this mental dream in this life, than give the most delicious healing to the heart with a big happy breath as you detach from all the mental attitudes in the cause and effect dynamic. Be free as the wind in the heart and the mind with your own happy decision. I AM THAT is your new identity after you let go of the mind's dream.

Channeling will be an advantage for those that can. When you can add this to your deep awareness it gives you the most handy choice of what to believe under any circumstances. If you cannot, get the breath to elevate your energy from dense to light, the channel can add this ability to the mix. Can this be done by anyone? Yes! No one is unable to have this ability, but getting it needs your attention. Make this another method of getting prepared.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 635 - Lady Nada says . . .

<http://mastersandmankind.blogspot.com/2012/02/lady-nada-says.html>

Thursday, February 9, 2012

Patience with the face of courage can no longer be met with grace. You are going to be called on to turn on this face. Give me one good reason you are not courageous? There

are none. We must free the courage before it will be needed. Bless the game of life, as this courage needs to be developed before ascension.

Message 636 - Chakra, Dross and Cord Clearing

<http://comptedesaintgermainsblog.blogspot.com/2012/02/chakra-dross-and-cord-clearing.html>

Tuesday, February 14, 2012

Clearing the chakras is now your most important task, whether this is the cause of distress or not. When the chakras are not rotating properly the angels cannot bring you direct aid in clearing dross. When dross infiltrates the body, the energy it drains makes all of life appear negative.

This is not always a controller created issue, it may also be happening to cause a shift in your attention from outer causes of negativity into divine contact. It can also be what is needed to get you to disburse the energy of fear or anxiety so you can live a more desirable life. Clearing dross needs to be done for you to be FREE. When a lot of dross has accumulated in a lifetime full of anger or negative attitudes, it needs to have more of your attention than what can be done with affirmations, money attraction devices, new attitude development, or new toys. Most of you have already been clearing dross with the assistance of healers that don't direct you to chemicals, but we want you to know that dross clearing can also make the suggestions of an alternative doctor more effective.

What is dross? It is dense, heavy energy created from existing contractions and anger inducing comments that flow through your chakra system. It is not light hearted—rather, the opposite. My use of this word refers to dense energy caught in the body as a result of trauma, or when caused by other matters, being absorbed as negative energy.

Dross masks one's ability to care for others by naming another's character dark. It is not a tool for developing a better world. Never before has negative thinking been so prevalent. What is needed now is more detachment from outside circumstances.

White light has no other claim to make other than bringing the mind one step closer to happiness. Practice clearing your chakras with the breath. Clear one at a time as though you were doctoring them for an afflicted condition. Once a day visualize each them, starting at the heart. All the others are effected when you move energy in the heart. This is why I have been directing nothing but love and caring in these messages. Opening the heart clears all the chakras. Please, do whatever you can to clear dross out of your chakras. When this is done, you will be an open vessel and can contribute more light to mass consciousness.

Are you able to open your heart completely? Only when the dross of cording and channeling of the deceivers has also been eliminated. Cording is an arrow of direct connection between one of the chakras in you and an energetic exchange with an object of your attention. Not an object that can be dismissed, only one that continues to demand your attention. Freedom from cording also needs attention. Mental activity directed to one or more objects can create a cord between them. Each cord adds contact to the object and it builds to a big fat tube of energy that keeps the contact on the top of your attention list. Meditating helps to lessen the charge of natural contact with that object, but not enough to drop the cord out of existence. A cord can do many things. Here are a few:

1. It fuels the fire.

2. It moves your heart about the object corded to you.
3. Cords are controlling and are not love in the same sense as unconditional love.

Awakening dries up all cords. No cording can contain one who is free. When cords are cut by an action in the mind, this also offers full freedom. But, when this is done, be certain that you are not being corded again. When you believe you are no longer corded, ask to be given an illustration of the energetic connection between you and the one you have been having thoughts about. Should many active thoughts appear in your mind about one individual, this is a sign that cording is going on.

Face the fact that attachment is desired by most humans, but is not the light of love to be attached. Having all the chakras cleared can be the door to unconditional love for all.

Free yourself from all cords and all dross before more of the changes unfold. Believe that you can and this will be so.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 637 - Quan Yin says . . .

<http://mastersandmankind.blogspot.com/2012/02/quan-yin-says.html>

Tuesday, February 14, 2012

Parents of children must be their drama creator as well as their teacher. All children need drama in their lives to learn the lessons of their contract. Without drama they will not mature with the awareness that is needed for the contribution they came to make. When a child comes into your life, regardless of the genetic connection, be honest, be active in contributing your desires for its growth, and also do not allow the child to dominate the relationship. Their friends can do more lasting damage than you can imagine. Give them good lessons about following their inner guidance. The bravest of mothers are those with one child, because a single child is not able to discuss your actions with another. Challenge the child as a matter of course. You are not meant to be your child's "best friend."

Message 638 - Drink Lots of Pure Water

<http://comptedesaintgermainsblog.blogspot.com/2012/02/drink-lots-of-pure-water.html>

Monday, February 20, 2012

My dear ones. What my channel is asking me today will give you a teaching about great change. Not Gaia change, but change of the human condition. I've given other teachings about ascension preparation making a different DNA configuration, but this question has another direction to consider: Anchoring light, channeling and awareness change, what are the physical changes associated with these?

Many of you are now feeling the heightened frequencies, and they are causing other effects besides a good feeling. These effects are from the fluid needed to energize the new vibrations that are caught in the duodenum, the feet and legs, and most important of all, the nervous system. These waters are grounding the vibration that needs to be anchored

into Mother Earth. When the energy comes into the crown chakra it needs to be carried by water throughout the body. There must be a noticeable fluid gain to increase the conduit's ability to anchor light, far more than the tiny amount an average news flash would require. Much more light must be moved through a body for a difference to be made to the mass consciousness. Channeling massive amounts of light can be maintained for the short time that is needed to receive a channeled message, but light anchors are now being used constantly, and this frequency delivery can dry up a normal body like a dehydrator. So, a lot of water must be added to the body or the body will respond with fluid retention that expands the body's dimensions in its key draught areas.

Water, not any other answer, is the only corrective remedy. Major amounts of pure, clear water must be taken in to move the lymph on and out. Parking the body in one position during your day adds to the cause of dryness and dramatic corrective attempts must be made by the body to preserve its health condition. New channels need to be told to drink and control their diet. Adding more grains to the food they normally eat will add weight, as the weight gained contains matter that also delivers aid to the dry, parched areas inside the body.

All bodies need support now due to the new contact that is being made between man, the earth and the cosmos. Fifth dimension bodies are not the same as 3 dimension bodies. Fifth dimension bodies contain more mass and more ability to ride the waves that are flowing through them. Will the increased fluid go away? No, not as long as the body is anchoring light.

Smoking, chewing tobacco and taking in other content that contains chemicals will deteriorate one's ability to anchor light—these draw the light to the body's dross areas instead of the areas needing continuous power for delivering a new direction for Gaia. Torches are among you, opening doors for your ascension. Give them gratitude.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 639 - Kuthumi says . . .

<http://mastersandmankind.blogspot.com/2012/02/kuthumi-says.html>

Monday, February 20, 2012

Do you wonder why you have made a new body for ascension? Because the frame needs more juice to ground the new dimensional content coming forth as you increase your mastery. Ignore these new waves entering the atmosphere and you will be dreaming the same old dream. Consume more water to flow with the Angelic frequency. Patience with your own dynamic is necessary.

Message 640 - What is Next?

<http://comptedesaintgermainsblog.blogspot.com/2012/02/what-is-next.html>

Sunday, February 26, 2012

My dear ones. My teachings are now more about awakening than continent alterations, but this does not mean that there are no changes coming. What has already been said was

needed to set the context for what my newer teachings are about. What happens next cannot be the constant focus of my chelas. Nothing that details controller activities or mass consciousness content answers today's greatest need: total awakening in those masters who have already ascended to 5th dimension consciousness.

When these fully awaken to what they are on Earth to be, a new consciousness for all can be developed. Needed now are the loving and caring ones who are not attached to anything they currently are experiencing. Waking up in a new dimension is about to occur to many who are not capable of giving and caring. All they are able to accept is their own way of doing things. When this alters, and no gratification is given to their desires, they will go out of their way to be negative. Negative attitudes are about to flourish.

Needed now are naturally giving and aware chelas who are aware of this dilemma and will gather as many together as they can and guide them into a new way of thinking. Containing this group's frustration will not be included, as gaining total awareness is done by feeling these emotions, and freeing them. Ascending is to occur as a consequence of love, not negative thinking. Be their leader, not their controller. Allow them their time to freely grieve and complain. But as an example of another kind of being, you can teach them about love and deliver light to their minds.

Chelas not yet fully awake cannot accept the negativity in any dense environment—they will leave. Fully awakened ones are able to go into the density with no harm awaiting them, because nothing is too dense for them to deal with. Creating an unlimited amount of light to advance the world is the task of all awakened ones. Changing another's mind is not.

Peace and happiness in all circumstances follows the change in consciousness from 3rd dimension to 5th. Complaints still are going on in the 4th. Changing the mass consciousness to 5th dimension was our original plan. Unfortunately, what has occurred on this level has not affected mass consciousness to this degree. New density eliminators are now becoming loving champions who can free the masses of negativity as they simply participate in their daily activities. More of these are needed, and my readers of these messages are free to accept my guidance as the next task of their human lives.

Please do the following four things, as the light needs more chelas giving 5D momentum to its needs in human affairs.

The first step is to be the change. Give the Ascended Masters and Angels the ability to channel light through you to others. No words are needed, but negativity is deleting many of the lightworkers' impact. Give away all complaints and act as though love is the only thing you can deliver.

Second, give away more than what you can draw out of your bank account. Give light - give hope - give community attitudes - give generously of what is needed now.

The third is play. This cannot be overdone. I don't mean the use of electronics, only contact with humans for fun. Go out of the house without your computer and do things with other people. No excuses please. Your world is too disconnected, controlled and managed by technical, mechanical devices. This is not good for New Earth occupiers, as no contact with humans in change conditions will cause you difficulties you have not yet conceived of. No network online can replace friends meeting in person. Please change this dominant pattern at once.

Fourth, is to advance your own ability to cease doing more than is allowing you time for fun. Be quiet during the day and cheerful when the contact with friends is made.

Practice these four things and I will give you more details later.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 641 - Archangel Michael . . .

<http://mastersandmankind.blogspot.com/2012/02/archangel-michael.html>

Sunday, February 26, 2012

Change is about to come that contains your ability to communicate by computer. When this occurs will you be alone? If so, go meet those you can come together with in difficult times.

Message 642 - Dross, Drugs and Politics

<http://comptedesaintgermainblog.blogspot.com/2012/03/dross-drugs-and-politics.html>

Saturday, March 3, 2012

Dross: Caring for the master (you) is urgently needed. Change nothing about the dross and develop new diseases. Clear the dross and be able to choose the next answer to New Earth energies that are coming to a climax this year. What is the way to clear dross? Meditate!

Before your meditation ask to have assistance during this time for healing and clearing dross. Meditate 20 minutes daily and ask for nothing but this, before, during or after. Talk to the guides you chose to have available. When able, do the coning of *MAP, the Medical Assistance Program of the Great White Brotherhood. Get the book and do what the contents direct. After your first calibration session we can assist you in many ways. Give yourself this great gift. My channel will give the ordering information at the close of this message.

Drugs: Answers to all the drugs being given must be established as optional, or death by vaccine will destroy great numbers of masters prior to ascension. Change your diet now. Begin to decree that no drugs are to make their way into your community. Notice that my word was community, not the one making the decree. In the days to come more will need community affiliation by necessity. Group discussion about drugs must be done. When drugs are a doctor's correction for nervous disorders they must be discontinued. All mood changing drugs are very harmful. Consider them an energy destroyer. Take good food instead. Peel away the layers of your disturbance with techniques that are effective. Many aids to using these tools are in your community. Answers to dross are abundant. Give them your attention.

Masks are now being removed, and drama is already confronting those who are being the antagonists in this confusing anthology of world events. When doctors and the medical controllers are not able to force their dance of death, we will be celebrating. Change here is absolutely needed. Giving medication to children without their guardian's agreement is

negating their ability to choose. Cases are being brought against these actions. Be on the side of those asking to be made aware of these violations of their children's rights. Togetherness in these causes is the only way to approach the dictators of these actions. Sign petitions. Ask to be called by the administrator of the program in which your child is enrolled. Cancel attendance in programs requiring inoculations. Drop the doctor who recommends that drugs come before natural choices like diet adjustment, and other more careful answers than masking symptoms. A child's body is not to be drugged. Find ways to make it drug free.

Politics: Politics will gain more and more attention now that an arrogant man has unmercifully attacked those who have faced their misguided directors, and given them no choice but to die at the hands of murderers. What is happening in Syria is not happening only in that country. All who oppose criminal behavior are getting death options by controllers who have no concern for human dignity. Before another world war begins, do what you can to move to the awakened condition. Making this consciousness change will not defer the call to war, but can destroy the much controlled charge towards it. Meditate now and give the call to war no energy other than divine light. Purify your own mind and body to be a conduit that can change the direction now being led by the two countries that want war. Syria and Russia are only distractions from what is happening in Iran and the United States. Choices about this war were made in the years of the Bush administration and can dramatize the loss of man's enjoyment of nature in all countries. What this could do is accelerate the lost control of the US into its complete demise. Wanting the country of Iran to be overturned is not a cause worth destroying the US for. But the light is not yet able to deter this from beginning. More meditators are needed! Can the light be more available through you?

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

* The book *MAP, The Co-creative White Brotherhood Medical Assistance Program* by Machaelle Small Wright is available from www.perelandra-ltd.com or www.amazon.com.

Message 643 - Vywamus says . . .

<http://mastersandmankind.blogspot.com/2012/03/vywamus-says.html>

Saturday, March 3, 2012

War is once again becoming an option that can cause the complete destruction of the US war machine and its dominance in world affairs. Are you ready to take on the darkest night ever? No? Then meditate to convince the names you know that light needs to be their goal instead of their current direction.

Message 644 - Earth Contact with the Ashtar Command

<http://comptedesaintgermainsblog.blogspot.com/2012/03/earth-contact-with-ashtar-command.html>

Wednesday, March 7, 2012

President Obama will not be the one deciding about another war. Who will decide? The US Congress. When all of the courageous men and women who left Iraq and Afghanistan can

be entranced to accept yet another destructive death camp option, they will be directed to Iran. As the military might of an invading, occupier nation, they cannot expect Iranians to accept the loss of their country's sovereignty. Many of these brave ones are going to their death. Why? Because most of the controllers are still in the drugs and mass destruction mentality they conceived during the days when communism ended in the former Soviet Union.

What can these deaths do to man's great majority? Cancel courage. Without advocates against further attempts of the controllers to advance the realization of their once hidden agenda, all can be revealed. This is where the Ashtar command can deliver aid, but we cannot make direct contact until there is no craft defense system left. Are we afraid? No, but to be the ones who offer options, we must first give those who are still able to advance causes against this demise of man's choices the opportunity to act first. Without any choice there's no game left, and with no game there is no growth.

Channels who are delivering clear messages about what the Ashtar command plans to do are not getting the "after the destruction" message, only the more caring concepts they hope to see materialize. Plans are in place to make contact with caring aid, but not to deliver anyone to another dimension or make contact that provides the next advancement to the dream. It will only be an act of aid.

Please, give up any fantasy concepts about future contact with the Ashtar command. Most of you who are already ascended will not be continuing to live through this change. Only those who are not able to accept ascension will dance in this craft filled drama. The change that draws the craft will be totally devoid of any future hope that can enliven what the old dream was before the landing arrives. Change of this kind has no cause and effect details - it is no longer a life sustaining dance. We want to help the delivery of the ascension long before this occurs.

So please don't expect to be taken away by the Ashtar command ships or given new technologies by us. We (my colleagues and myself) are not doing this. We will aid by mental contact, giving advice to those open to receive it, and lighting the way to mass ascension. More of those who decided to ascend are still needing to awaken to this destiny. Beliefs about being advised by Ashtar and contracting for another place to live must be overturned.

What is the latest on ascension? More than 5 million are able to ascend. Now there are about one million of these who have completed their ascension in consciousness. Five million (out of 7 billion) can help to delete a lot of dross for those who are still able to be contacted before the mass ascension. Can they give the light to all? No, but those they do touch will be able to ascend if they agree to let go of their old attitudes.

Are you afraid to go into the next door of ascension? What are you afraid of? Get clear about your next step to draw to you the things you need to take it. No going back now. Being who you are is bringing clarity to the mass consciousness.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 645 - Ashtar says . . .

<http://mastersandmankind.blogspot.com/2012/03/ashtar-says.html>

Wednesday, March 7, 2012

We of the Ashtar Command cannot fulfill all of your desires. This is not our function. Our work is to deliver to you all that we can to aid in your ascension. Courage and a decision to ascend are needed from you. Our role is to free you from consciousness that negates your truth and light. Most of those reading this blog need more clarity. I can deliver only this. Can we communicate directly? If not, can you find a way to do this? We have a lot to move to your memory banks from the akashic records. Now is the moment. Are you available?

Message 646 - Choosing Your Attitude

<http://comptedesaintgermainsblog.blogspot.com/2012/03/choosing-your-attitude.html>

Monday, March 12, 2012

Waking up to what happens behind the scenes just means that there are more concepts to dissolve. Now that the depth of control has been revealed, there is still another mystery to solve. This mystery is the life challenge that all ascension candidates are now facing: how to stay in the light in the cloud of current circumstances. It is very easy to make the call that dark forces are controlling man's future quality of life, but this is not the lesson that needs to be learned to ascend, it is merely more awareness.

Ascension requires an open heart and a mind with no concerns. Now this may not appear aligned with current circumstances where massive deaths and corrupt dramas continue to be revealed. However, the answer to all of this is NOT more deaths. Making a clear decision to NOT mentally engage does not mean that no action will be taken in the way of caring contributions. There are now many new opportunities to act on heart led callings. Man can become great in love instead of going to battle with the controllers. Most of the controllers do not make direct contact with the masses, they only contact those who are country coordinators and the major directors of legal control mechanisms. What you are observing is their manipulated pawns, not them. So who would you oppose? Only the pawns. No game can be won against deceptive directors, but their next move can be changed by your decision to become less manipulatable. How you do this is the key to the future being created.

Peace and caring actions make their efforts to continue to generate fear less manageable. Caring about all of humanity, not only one's own close relationships, can deter them. They want resistance. They desire anger. What fuels them is control by disturbance. Making war is their goal, but war needs two opposing courses, and when "no concern" is the mass consciousness, there can be no war. Does this mean that no action is to be taken to oppose their management? Only action "against" can give them the ability to close their net. When you only do things that are caring, no "reason" to close the net has been delivered. For example: all the fear created by the 9-11 attacks enabled them to create the new agencies now overseeing most of your activities. Had there been a much smaller fear reaction, taking the lives of your most wanted terrorists would not have become their mission at your expense. Opposing the dictator in Iraq could have been done differently, and not as many lives would have been destroyed. Getting out of that mess has distracted you from the more urgent challenges that are so needed on the continents—improving the environment and human dis-ease conditions, both needing more attention than making a dictator give up his control. Choosing your approach is the answer.

Attacks against anyone are destructive. All can be changed when there is more caring about another's destiny. Delivering anyone out of their current conditions should never be done for personal gain or at such an extreme disregard for their welfare. There is now another control dynamic occurring in Syria. Are you able to contribute any caring here? Yes—meditate. Ask to be an anchor of light.

Making yourself empty of hate and other dis-ease creating attitudes can co-create a different answer to all of your world challenges. Choosing to be quiet, instead of doing something "against" the control that is being revealed, will give these controllers (who are now focused on your demise) a very different response. "Why destroy what can be easily taken?" would become their new approach. But will they take? Not when we are able to bring them to their knees with love. Allow them to be in control, totally devoid of anyone they can control. This would demean their current approach by dramatically diffusing their effectiveness. The 100 monkey syndrome WILL work. Make the most of your life and give them no cause to attack.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 647 - Melchizedek says . . .

<http://mastersandmankind.blogspot.com/2012/03/melchizedek-says.html>

Tuesday, March 13, 2012

When we came to tell you about a future love causing event, the controllers who decided on this manifestation were being governed by the very one's they despised. They turned against their own "chosen one" who came to bring them happiness. What changed your destiny then has now appeared again—to allow a different approach that can lead to a better conclusion.

You are your own savior. No one being will come to deliver you happiness. It is your own choices that will decide this. Control no one with your masks of defense, give these masks away. Own your consciousness that only gives love to all—be who you actually are, nothing less will do.

Message 648 - Say Goodbye to Apathy

<http://comptedesaintgermainsblog.blogspot.com/2012/03/say-goodbye-to-apathy.html>

Saturday, March 17, 2012

Politics is mandating your attention away from economic issues. More than twenty countries are actually bankrupt, including the United States. Most of these continue to meet their obligations by printing money. When this comes to more awareness, there will be one of the biggest downturns ever in human conditions. Air transport, except containers for world management and personal air carriers, will totally cease. No travel overseas will occur except by sea. Are you able to live without international travel? If you are considering a move to another country it must occur before this happens. There is a most demanding need for joining a community. Are the lights on in all countries? No.

Cosmic answers to an apathetic audience will not be connected to any leaders who do not live with integrity. Followers of these leaders are to be considered dead or gone. Wake up world, many of you are able to think for yourselves. If you don't give away this unaware commitment there will be no continuation of your life in a human body beyond the next ascension. Can you accept this call to life as your only mandate? Choose more with your conscious awareness than with your mind.

Consider this message a fact, not a decision that needs to be made. Either get out of apathy or be left behind when the ascension occurs. Apathy is not liking something and not doing anything to communicate to others about this disturbance. While not going out in the streets to be arrested is okay, your face in a community that can do more than you can alone, can contribute beyond what you can imagine. Face the fact that collapse will happen to all countries, not only those now in debt. False computations will be disclosed before the next drama comes to pass. France, Belgium, most of the Scandinavian nations, Poland, Czech Republic, New Zealand and Australia are all hoping to come out of this deficit before they become next in line to need bailouts. When they declare their documents, they too will lose their credit standing. Next will be the little countries being fed by the big ones that can no longer be their conduits for cash.

Police in the US are being trained to go against Occupy groups. Forcing them go against their own community members could contain them from doing this. Can a member of their family be against control and be controlled by their kin? We will see.

Masters must give to their heart's call. Whatever calls your attention, make a move towards it. Charge up your newly arranged molecules and do what feels like the correct thing to do. Make your new energy available to the cause that touches you the most. Being in service is now the "love in action" you came to fulfill. Give your attention, your mind and your contribution to this direction.

False content in the mainstream media acts like all continues as usual. Not so. Many dense conditions are becoming more challenging in every country. Bringing awareness is one thing, and taking action is another. Give up the concept that "Being" means apathy. Welcome the guidance of your True Self by acting on its nudges. Allow True Self to be the "doer."

Priests, rabbis, clerics of all religions: control of the believers is about to get more light based than ever before. Give them the opportunity to love their fellow man by contributing to actual daily life entry into the homes of those in need. Bring gifts of food, clothing, eye glasses and anything else you can bring for aid. Build this delivery as "God's will." Change the apathy so more can be brought to ascension. Close the door to fear.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 649 - Sananda says . . .

<http://mastersandmankind.blogspot.com/2012/03/sananda-says.html>

Saturday, March 17, 2012

What you are going to be called to do is: live the love that is in your consciousness, be a giver to all, contribute to causes needing assistance, face your fear, and get out of apathy.

Message 650 - Update on Ascension

<http://comptedesaintgermainsblog.blogspot.com/2012/03/update-on-ascension.html>

Friday, March 23, 2012

The most beautiful dream of being alive and well can only be created when the energy of man's thinking has negated control. The predominant dynamic in this moment is death of the aliveness needed to create the New Earth. When the ascension occurs, an awareness of the number of choices man actually has can correct this dilemma. We do not anticipate any dramatic alterations happening in the next days that will stop ascension from being the catalyst for aligning to divine will.

We need a mass ascension to alter consciousness, not just in those already aware and advanced to this degree. Many of those ready to complete their incarnation cycle are answering the ascension call in death (instead of ascending in a group) due to the delay we have enacted anticipating more to join. Conduits are prepared and waiting to be available as guides when new directions are given.

My dear ones, I have made no comments on ascension in recent messages as a delay was called awaiting new candidates to awaken and be able to ascend. Now it appears that more are awake, but few of them are agreeing to ascend. Are they going to create the New Earth now? Can they? No. Its not the time—another dramatic change is coming first: the continental contractions that will create a different continent configuration and the land mass that will become the New Earth.

When is this to occur? After the ascension. We are not in charge. Mother Earth will determine these details. We can only offer our advice: Get ready to ascend so you do not have to live through these changes. Anyone who can accept the concept of ascension can be part of it. We want as many as possible.

Are the Ashtar Command and other Galactic aliens able to aid those who are awake to leave? Yes, but they can only support those who will accept their aid. Ascension is not delivery to another location. It will deliver a gross body to a light body condition. Can you accept this now? Are you doing the deleting of fear I asked you to do? If not, do it now. Face the fear with no agenda, including escape. Be willing to accept all. When this fear comes out of your body the Ashtar command may act to assist you in the ascension.

Are we clear that no deliveries to other planets will occur? Good!

Back up arrangements are these: Communities are to move together and make group actions for living in chaos. Nothing in the news has been guiding anyone in this direction. Only those with mediumship ability seem to be moving to communities. One day they will be the only ones able to get assistance when it is needed. Others who have no close friends will become adrift in the chaos. My disaster warnings are just as I originally delivered them in the Master Messages. Nothing has altered these. What they have called a major collapse of your current mode of living has even become more obvious.

If you are wondering whether we can do an ascension and if so, when will you be notified, my answer is: when you are able to give away your worldly attachments and come out of your homes when called we will arrange the ascension. My guess about the timing is after the collapse of the dollar and the other currency drama occurs. Then more of those

ascending will be able to give their energy to those being faced with the option to leave or remain. One day, maybe in the next two or three months, this collapse will be the signal that ascension can happen very soon. No dates can be given yet. Be detached and aware—as no decree can change these events.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 651 - Sanat Kamara says . . .

<http://mastersandmankind.blogspot.com/2012/03/sanat-kamara-says.html>

Friday, March 23, 2012

Face your fear! When we are able to look at all the things we are afraid of, the change in the mind cancels the need to do anything else differently. Your mind can divert disasters or create an avalanche. Are you able to use it for an ascension? Create the greatest collaboration ever with One mind and One heart.

Message 652 - Changes You Can Have NOW

<http://comptedesaintgermainsblog.blogspot.com/2012/03/changes-you-can-have-now.html>

Friday, March 30, 2012

My message today cancels the dross the majority of dear ones are carrying. It means that they are ready to leave their desires behind. Many are clearing dross to be in alignment with heart led callings, and daring to do this has been courageous and dangerous in some situations. But today, we of the Great White Brotherhood are able to lead more clearing to you with only your agreement.

Before agreeing, this is what can be done: A great change in health by deleting cravings and diet needs being delivered by mental creation. Think about how this can clear your addictions for all of the deficient meals we cannot advise you to eat. When you ask to be delivered a meal, the body will receive all the food contained in a Master's diet in mega doses by channeling it and consuming it without moving any physical matter through the digestion system. Only the nutrients will be delivered, not the container of those nutrients. You will need to get used to this major alteration in your assimilation of nutrients, so begin this program without disturbing what you do now to consume the things you chew and swallow. As the food we deliver is able to be accepted, less will be taken in by the current method. Chew your food very well to keep the movement of little mouthfuls going through the body. Your natural digestion will not be able to consume bulk once our alterations are made.

Next, we can create new frames for your clothes with this diet management method. All who desire to drop many pounds can do so without feeling deprived. Our new control of your diet can deliver you nutrients in abundance without any calories. Only those physically added by you will be of any consequence.

As these changes in food choices are made, choose only organic and consider the consumption of grain fed animals to be a death creator. No chemicals are compatible with this new, dramatically different eating condition. What you decide to eat can densify the

body or allow it to become free of food decay.

Present these new deliveries of nutrients to the cells as you would a "normal" meal. Act as though food is being consumed. Taste the contents as they are led to the mind's channel and chew them with slow and content delight. We will tell you what you are chewing and the flavor can be generated mentally. Then add what other foods you want to eat, but eat much less than previously consumed. What you add can give the body a good feeling by only moving the mouth a few times. Pretend our nutrients are the main course.

You can begin this course of action when you tell us "I agree." Then go to the store and get the things you want to eat and make 1/3 of the current amount you are now consuming. First agree, then get the food.

Next, your memory can be deleted. If there are old, negative feelings that cannot be removed by choosing to complete the dance with an attitude change, we can erase these memories. You must ask us to do this. Are you willing to let go of these disturbances? Can you be an Ascended Master as a consequence? No, but this can eliminate many of the dramas in your mind and clear the contractions caused by them.

And now, best of all: We can create a new answer to all of your negative concerns. Fears can be deleted, anger gone, and the managing control of your mental condition can also be deleted. Only open hearted attitudes can activate ascension, so letting go of negative chatter cannot be an option—it must go. Are you able to accept this offer?

When you are, tell us before going to another dream of the mind or another dream of the chooser of denial. Change is NOW. Are we on the controller's list by deleting anything you need? No, only giving you the ability to ascend.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 653 - Elijah says . . .

<http://mastersandmankind.blogspot.com/2012/03/elijah-says.html>

Friday, March 30, 2012

I am the contact from God who delivers the answers for ascension. Change the controllers game by ascending their control. You can be free of their agenda with our new answers to the human call to ascend. We ask only for your request.

Message 654 - Giving Up Eating

<http://comptedesaintgermainsblog.blogspot.com/2012/04/giving-up-eating.html>

Wednesday, April 4, 2012

Are my messages getting too startling to accept? Was my call to eliminate dependency on man's digestive abilities too far from your mind's construct to agree? When my dear ones are able to give up eating they are ready to ascend. Now we are faced with controlled diets of the Monsanto kind. Are these foods more attractive than mana from heaven? Are Monsanto's growth channels going to mean the depletion of the human species? Most of

the current diets in your dis-ease filled reality will include their content by the end of this year. Now, when soybeans and corn are eaten in most countries the death of good health begins.

Avoidance can no longer be maintained, because they have achieved world dominance. Only the loss of takers for what they produce can alter this situation. So, what you do regarding my alternative to their control is major. Rejecting a diet of altered components must be your intent if their dream is to be affected. Mouth-to-mouth guidance for deleting food all together is your means of countering death caused by this change to the genetic content of food.

Please consider how much you can enjoy life without eating. Many of you only live to eat. Will you be canceling all that life is about? No, but you will not be able to enjoy life the way you do now when the food you eat cannot give you any healthy ingredients. Now is the time to move on to other attitudes that are life enhancing. Are you willing to be a master of the human experience? When you can agree to deleting eating, you can be.

Cheating on this new diet will defeat your chance of becoming fully independent. When the decision has been made and agreed to, the clock begins to run. It will take three or four months to feel that no food is desirable. Once you break the addiction to chewing and consuming great quantities we can do even more to assist in the letting go process.

Face the day with only drinking water and give the body a full day with no food. Then, only consume food that can add to your ability to choose health over dis-ease: fresh fruit and vegetables, green leafy vegetables are best. No meat, and no dairy except that which has been collected and delivered in an organic method. Kefir and yogurt that have been made naturally are ok. Other than these two exceptions, dairy, even non-homogenized, should be avoided. Nuts, seeds and other fresh foods are ok, but not roasted or treated in any other way. ONLY eat what is fresh and/or lightly cooked, nothing deep fried or sauteed in grease. A pure, unadulterated in any way, diet can do what no elimination diet can do. No foods with chemicals can be digested as easily as these, because the life force, enzymes, minerals and vitamins are still included in this food.

When you are clear of toxins, the next level of digestion can begin. This change will take at least two months for an average, clean eating person. Those consuming toxic foods will need more time on the fresh diet.

Once the fresh diet is "normal," the time to delete more will begin. I'm not going to tell you now how to proceed. Once you are able, the instructions will be given.

Eat the clean food diet along with three daily requests for MANA before you eat. We will provide.

Consume no drinks other than herbal tea or water. Five glasses a day of clean water is all that is needed after the first cleansing day.

Can this be the next step for all who are ascending? We would like to think so. Are you willing to do this? We are only telling you how because you want to be completely able to detach when ascension comes. This will prepare you. Please try.

I AM THAT I AM
Ascended Master Saint Germain

Channeled by Aruna

Message 655 - Metatron says . . .

<http://mastersandmankind.blogspot.com/2012/04/metatron-says.html>

Wednesday, April 4, 2012

Changing the way you deal with food is the next level of consciousness. What will this be like? Just like it is now without calls to dinner. You need not give up food completely until it is no longer desired. First comes a new way of eating, cleansing the body of content not good for anyone. When cleansed, all the nutrients in what you eat will bring clarity to the body and mind. Ascending the death process can then occur.

We are aware that this may be difficult, and are on call for anyone needing angelic aid. Ask us to assist during detox or "needing to eat" cravings.

Message 656 - The Fresh Food Diet

<http://comptedesaintgermainsblog.blogspot.com/2012/04/fresh-food-diet.html>

Sunday, April 8, 2012

Fancy concepts abound about your daily choice of foods, and many are contradictory. Changing the diet need not be confusing. Allowing the natural mechanism of mind choosing what the body's needs, and not going against those needs, must take precedence over naming the "correct way" of eating according to one food guru or another. Most of these food advisers don't understand the most important information available on diet: the body "knows" what it needs and what it doesn't get good digestion from. Why keep making yourself ill over and over again when all you must do to avoid these diet aggravated symptoms is drop these foods from the menu. But what do you do? Give up other things instead because of food fads that are touted as good diets when they are not.

Low calorie diets are a disaster, as good nutrients are usually replaced with less nutrients along with less choices. One diet guru teaches no fat, another disaster, as all fats are not alike and good fats are needed for healthy bodies. Making up a fancy diet is not my goal. Good eating and mana combined will add to your functionality, not deliver you poor quality nutrition.

Fasting can aid the beginning of the fresh food diet. It cleans the body of non-aligned diet content before adding new choices. Patience is key, as addictive foods have an active pull on the body's instincts. Noticing these pulls and choosing another delicious option cancels the addiction. Please give notice whenever you "must have" anything. No "must haves" provide the correct balance needed to feel good.

What is felt is the key to good health. Are your days full of thoughts about certain foods? Give these thoughts away, along with the foods these thoughts are about. Want, covet and desire are all addictive, controlling choices, not fresh food diet choices. When the body is receiving good, nutritious ingredients, these cravings are not active.

First, pick the most "natural" whole foods that are not cooked. Add good compliments for color, not taste. Your taste choices are not necessarily what your body needs. Consider wheat "death content." Eat NO wheat. Other grains can be cautiously used. Oats, in

particular, offers good fiber and good nutrition. Spelt, amaranth, quinoa and rice are good additions for those unable to eat only fruits and vegetables.

Change your diet gradually, noticing cravings and deleting these diet destroyers. You are not dieting for weight control, rather, health control. Fresh, not cooked is more active in delivering good nutrients, although some cooking adds more taste and acceptability to many good foods.

Please don't go totally raw. This is not necessary. Good soups are great additions to your body's choices. Add beans and the above mentioned grains to them and they will be loved by all. Seeds and nuts are also needed. Use the unsalted varieties. When buying nuts, choose raw when you can.

Marijuana is not a negative for ascension, and neither is cigarettes, but both are addictive and damage your body as a consequence of using them. Give up this addiction, as your goal to ascend means you must become "not attached" to anything material.

Can you do the fresh food diet without any organic content? Yes, bless what you are about to eat with your mind, and deliver divine light through your hands, before consuming the food. Grow food when it is possible, but don't be disturbed when this is not an option.

Are you becoming more accepting of my request? No time limit has been decreed. Choose when you are able. I am not demanding this—only offering an important alternative to the controllers' agenda. Answers to your questions on this topic would be considered good additions here.

Be a teacher and caring friend by telling others about this diet in your conversations. Cheer up a neighbor with some good food choices and diet guidance. Imagine transported and warehoused food being discontinued in your area, could this diet information help? When you are an example, many will be grateful for your aid.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 657 - Improving Health is the First Step

<http://comptedesaintgermainsblog.blogspot.com/2012/04/improving-health-is-first-step.html>

Friday, April 13, 2012

First, let me congratulate those who are agreeing to eat less food. We in the 7th dimension want to give you a gain in awareness, as well as more comfort during ascension and the new dangers that are about to come into the human experience. Many controversies are about to collide. Change in all that is manifest will occur, so purifying your consciousness is more needed now than it was one month ago. Trust in God's will must become ingrained in your mind before these critical mass changes begin. Believe me, they are about to occur. When you are able to defeat fear and do not need to control your diet, you will be less contracted and more valuable to others.

Your questions are good. Here are my answers:
Body changes when fasting are negligible. Only the desire to eat must be dealt with. When

a commitment to eat less follows one day of fasting, there will be a positive alteration to the body's health, as less consumption decreases the work that digestion requires. When a lesser amount of food is consumed, more health can deflect non-aligned energies. Good health has many benefits—mentally and emotionally as well as physically. Spiritually, diet is causative, i.e. eating animals can act as an energy containment of that animal's mental condition when death approached. It gives the animal's energy to its consumer. Sad, dejected, abused animals make their consumer embody these feelings. When not eating meat, a human is able to feel only their own emotions.

Wheat is not the same as it once was. Today's consumers get almost none of this grain's beneficial attributes, but rather, all of its corrupted derivatives. The complete grain is gone, and only a distorted composite of the nutrients found in original wheat is left. What pesticides have done to grains is a complete destruction of the germ so it now is just a false representation of the original. Even organic wheat has been depleted of its goodness. Many of you have done great harm to your bodies by making bread and noodles too common as your food. Bring more fresh and alive foods to the body to avoid getting sick. What is a wheat noodle made of? Nothing that adds vitality to your energy needs.

Please do not be concerned about the body's ability to adjust to less food. What you feed it makes more of a difference than how much. What you eat fresh will more than compensate for the death creating items you are giving up.

Mana is an energetic concentration of nutrients with no material form. It can nourish man with vitamins, minerals and other positive elements from nature. Just asking for this can bring it forth.

What I have asked you to do is first decrease your intake, not give up food entirely - yet. What the body needs NOW is good, health benefiting nutrition. Ending meat and grain foods will keep the body extremely well fed, better fed than the diets many of you now eat. Free yourself from food addictions. Give up whatever you crave, and consume more fresh, raw foods. This will delete your desire for coffee, sugar and wine. Fresh food will nurture you and make quality changes in the body. Then, and only then, can you delete more food. Most of you are not healthy enough to go fully into no eating. Don't do that.

Fast one day, and then eat less, but more nutritious food. When the time comes to go to the next step your own body will give up food without any health concerns arising. Mana will aid in the beginning and get you accustomed to being content with its dramatic conversion of free energy into health supporting deliveries of nourishment.

Please do not do anything like cutting your child's growth momentum with less eating. You can cut out meat, dried food and all things containing toxic chemicals, and introduce the child to mana for general use only. No children were being addressed in these messages. When children are affected by current events they will need to be well fed before they take the next step. Give them only nutritious food now and they will be able to adjust more easily. Stop giving them food not made with consciousness. Eliminate candy, cookies and colas. Give them more quality food, not chips, candied cereals and microwaved popcorn. Get them to care about their food choices by understanding how food effects their bodies.

Material objects must be considered attachments when you are not able to give them away, but unless you are moving out of your present home, you need not divest yourself of anything. Use and detach emotionally when you notice there is an attachment. Giving

away can be done when you feel disturbed or distracted by an object or have not shown any interest in it for awhile. Sacrificing is not necessary.

I AM THAT I AM

Ascended Master Saint Germain

Channeled by Aruna

Message 658 - Archangel Michael says . . .

<http://mastersandmankind.blogspot.com/2012/04/archangel-michael-says.html>

Friday, April 13, 2012

Fellow lightworkers: What my colleague Saint Germain has been guiding you on in preparation for ascension will ease your way when the moment comes. Good health, less needs, and a happy demeanor will gather to you what you will need in the days to come. Brimming with happiness and health is your option now—this will give you more light to glow.

Message 659 - Answers to Questions re Fresh Food Diet

<http://comptedesaintgermainsblog.blogspot.com/2012/04/answers-to-questions-re-ff-diet.html>

Wednesday, April 18, 2012

When my teachings are given there are no conditions attached, what the teachings say is my message. When you ask questions, I can see that the message I originally gave you was not clear. I am appreciative of your active asking. Comments about the message also give me a better understanding of your current attitude concerning the topic. So when you do not ask, I am assuming you understand my total delivery as I intended it. Now we are discussing my latest content to the degree that I am able to clarify what needs more details. Ask and you shall get an answer, as long as your comments do not contradict what I am saying.

On to your questions: Are you to continue consuming protein drinks and capsules of nutrients? Absolutely! Are you concluding that cutting down quantity means eliminating quality? I want you to eat whatever gives the body the most nourishment. Mana will not give you all of the dietary content that a body requires until the body no longer has a need to eat. When this occurs, no food will be desired because you are being adequately fed with mana. This will not be the case until all of the changes being made to the current body's chemistry have been completed.

We ask you to begin the controlled diet as an opening for these changes. In the goal of no eating, one major change is necessary, and this one is mental. Once the mind adjusts to the idea of deleting food, the next goals can be managed, one at a time. Be careful about what you eat. Digest it well, and give the body adequate nutrients, not destroyed molecules and non-consumable chemicals.

Freezer food will not be available when today's trucks cannot deliver them. Give these up now, and act like you have decided to make the healthiest menu possible. Cut out empty calories, sweets, drugs and commercially prepared foods. (I am not saying to instantly stop your prescription medication. Only do that with medical guidance and assistance.) There

are a lot of drugs in your food, body care products and cosmetics that negatively effect your health. These are the drugs I am referring to here. Give up drinks with more than 0 percent sugar and don't drink a lot of alcohol. One glass of wine or one beer can do all that additional quantities can do when it comes to altering your mental state. Marijuana is a drug. It will not keep you from ascending, but it will keep you from sticking to a reduced food diet. I recommend you let it go unless you are using it for pain relief.

Eating food containing adequate nutrients eliminates the need for additional supplementation. Instead of these pills, take in food with natural ingredients and a chemical free delivery. When you are taking in chemicals, the body needs more antibodies. Get this in fermented foods. Ask that your mana include food content that is already giving you good health. What mana you choose will contribute to the health condition you desire.

I do understand your concern about weight loss when you begin consuming less quantity. For those needing another direction for good health, ask for mana that adds the dietary choices you are now eating that could cause you to gain weight. You will get what you ask for. For example, you can add avocados, root vegetables, higher calorie fruits like bananas and dates, dairy content with cream, nuts and seeds. You will all drop a little weight at first, but you can gain it back if you make the right food choices. Mix up some great sauces with chemical free (not fat free) cheese. Please do the best you can. You will get to a healthy weight that is correct for your frame.

When you want to lose weight, ask for mana with less calories, and don't eat "diet" foods at all. Change your concepts about diet and make no effort to consume anything more "diet" oriented than drinking clear, clean water.

No organic food in your area? Give it your best shot. Try to do this, and when specific content is mentioned, look for the freshest and cleanest food that is available.

What you do for yourself need not be the choice of any one else. What others decide for themselves is ok with us. One thing you must realize: What you do regarding a message's content does not mean changing others. Sharing them is merely to check out their answer. If it is not aligned, give up immediately. What "others" do is not your responsibility.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 660 - Hilarion says . . .

<http://mastersandmankind.blogspot.com/2012/04/hilarion-says.html>

Wednesday, April 18, 2012

Give us the opportunity to feed you with mana to prepare the body to give up all food. What you eat defines you in the mind of others. Giving up food cancels your non-aligned energies before the continents create a major deletion of what is now available.

See your doctor only when visibly sick—then work with MAP (The Great White Brotherhood Medical Assistance Program) when you get a diagnosis.

Message 661 - Things to Be Aware Of

<http://comptedesaintgermainsblog.blogspot.com/2012/04/things-to-be-aware-of.html>

Monday, April 30, 2012

My dear ones. Today will be the last message that mentions diet. Many of you are enjoying the gift of mana now. Are you managing well with it? Yes? Of course. I would not advise anything that could not keep you healthy. Those who have not begun the fresh food diet are missing an amazing experience.

Beware of the negative messages that come to you from friends, neighbors, family, etc. All are the gift of testing your commitment for following your own truth. Freedom from outside influences will be important in the next days, as many calls to ascend will be negated by those not able to commit to ascension on their own.

Feel the density between the two ways of being—the anchor and the one being given the light. Very different energy. Close the door on negativity, nothing is bad. Everything has some value; all disturbing conditions are great learning opportunities. See how you deal with them and drop your negative attitudes in the process.

Share the happiness you are feeling. Anchoring light is a great gift to all, including the one who is the anchor. Please dump all of the distrust your mind has towards future events. Nothing has altered other than the management that distributes dense actions that call negativity into those choosing to be negative. Everyone can become an energy drain or an energy generator—one choice is all it takes.

Service to the light requires the release of all dark negative attitudes. These attitudes dim the light of all in their auric area. Children delight others with their cheerfulness. Be child like. Give this non-attached attitude to the controllers and they cannot defeat you in a chance meeting.

Contracts to deliver drugs to many countries are being dismantled. No more control driven addictions are going to attack those who are bringers of the light. We have been able to destroy these contracts by deleting them on the main contract holder's memory circuits. None of his detailed plans for world domination are going to be activated. Plan to ascend before these destroyed memories are reconstructed. After the ascension we will activate them again. No details about how we do this are to be given. No questions on this subject please.

Fight with the dark and all will grow denser. Pay no attention to the dark and no darkness will touch you. Brothers and sisters, change the level of light in any direction and everyone goes along with that altered contraction or gift of light. Be a giver of drama and drama will lead you to your death. Be a giver of awareness, grace and new ideas and you will light up the whole materialized world.

Peace is now the most challenging detail facing all of the Masters who are going to ascend. Being an example of peace in all circumstances will lead more to ascension than drama can. No drama is appropriate in those who are unattached to results. Give all of your drama to the divine to handle. May we all celebrate ascension before the days of darkness.

Are you doing the controllers' agenda now? Are you negative against the current things being led to your attention? If so, no graduation can occur for you. Give up denial and all of

your non-angelic goals and desires. Angels aren't seeking to get their own desires fulfilled, they go where they are needed.

Go to the light in your heart, as this is where ascension will begin. Bring with you all of the happy dreams you can conceive of, as we can make them your new condition of being. Ascension is just around the corner.

I AM THAT I AM

Ascended Master Saint Germain

Channeled by Aruna

Message 662 - Archangel Gabriel says . . .

<http://mastersandmankind.blogspot.com/2012/04/archangel-gabriel-says.html>

Monday, April 30, 2012

Grow out of the controllers' control by laughing at all that appears dark. Clear out all disturbance in any area of concern. No details matter. Free yourself and assist others to be free also.

Message 663 - Frightening? Yes. Deceptive? No.

<http://comptedesaintgermainsblog.blogspot.com/2012/05/frightening-yes-deceptive-no.html>

Friday, May 4, 2012

What has been taught in these messages remains the light's answer to the deceptions leading most of mankind to a most dramatic end of their continents. Considerable care has been given to create the messages as information, rather than advice for advancing a moratorium on the energy of love that keeps the New Age movement uplifted instead of fearful. My channel has been carefully chosen. When we began to share these messages many decided they were not authentic because they did what most channeling does not: clearly declared the current conditions and how they must be countered at once. Can the Masters change the course of those life draining details which are making the land collapse into another contaminated container of death? No, we cannot, only the men, women and children who are alive today have an ability to change anything in the countries where they live. Are the Ascended Masters doing all we can? No, we can do a lot more, but only with human counterparts who can declare their desire to assist.

Noise has been made, man has been told what is needed, and no great change has occurred. Why? No details have made an impact on the dream of all who can assist. Prayers have come and determined actions have not. Man needs to comprehend an important fact: No correction to these dilemmas can appear and change the direction of the drama overnight. Time is a part of your consciousness for a reason: to allow you to get a message to become the director of the changes that are necessary.

Four of your years were needed to delete most of the damage caused by your moon missions alone. How does one moon mission compare to one entire collapse of an eco-system? How many days do you expect our decision to give advice will last if no action is taken? Are we negative? Yes, about the lack of human desire to alter things that will finalize the human condition. Can we turn things around now? No, we cannot. Can you? I

doubt it.

Meditation, mental concepts and the change of direction needed can be denied and considered negative, or be considered logical and cause an active move to make things different. My chelas have been negative about what they are learning and unable to be catalysts for growth by acting like leaders. Self awareness needs more active choosers. Control of the change is now in the hands of those declaring: "close the door" to changing the energy. This is the dominant decree of their making.

False conditions on the light workers sites are the controllers in action. Be their sheep and die in their captivity. Weapons of mass destruction are not the death threat that you have named in your soul contracts as a condition of death. It is the collapse of your water and current food channels that will destroy your world. Your food supply is contaminated. What can contain man's contentment does not contain good nutrition. Man's good nature will collapse when there is no food to consume and no clean water to drink. In the next months you will see these things in the news more and more.

When the time for ascension comes many of those not prepared will wish they were. Food shortages are to close the book on Mother Earth's food chain when the diet for humans cancels the other consumable species. Are you able to consider my diet? If you can, you will be in the great minority for having a full belly.

Change of diet must happen before the complete change in the current laws about deleting organic farming are made. Are they coming? Yes. Not only in the US, but anywhere the GMOs are available. No GMOs and life on earth will continue. GMOs are a death sentence for all.

Negative? Yes, because my effort to aid in making this next cause and effect condition disappear was not able to turn things around. Are we angry about this? Anger is not in our nature—but we are quite disappointed.

Children are my biggest concern, as they are not able to grow without good nutritious food. Stunted growth will cause them great suffering. We want them all to ascend. Can they? No, only those that are able to leave their attachments. Most children do not understand, and boys and girls with no parents do not have any guidance to lead them to ascension. My feelings are dread and concern about their fate. What can we do about this? Community, join one and invite in any you can convince. Give to one another the love that all need. Give up your dramas and walk your talk. Be the love that you call for in your days of death. Give up your negative attitudes and face the things you fear, so you can overcome your fear of death. This way, when death comes you can gladly accept it.

Now, those who are on the ascension awareness track, we want you to be available when the call comes. It will come.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 664 - Kuthumi says . . .

<http://mastersandmankind.blogspot.com/2012/05/kuthumi-says.html>

Friday, May 4, 2012

Giving up your world view must begin with a reality check. See what has happened to the lives of the majority and accept that this can also happen to you. Break free of delusion. No wars can replace food.

In the near months there is going to be food shortages everywhere. Can you get by on what you now have that is being deleted? What will you do? How can you exist? No one can. We need another answer to next generation concerns NOW.

Can the consumer find another alternative to grocery stores? Please get yourself ready for food conditions that are making themselves known to those who grow it. No more denial! Give Saint Germain's "fresh food diet" a try. We cannot guarantee it as a natural way to live, but it could be a natural way to remain healthy.

Message 665 - All is One—including the Negative

<http://comptedesaintgermainblog.blogspot.com/2012/05/all-is-oneincluding-negative.html>

Monday, May 7, 2012

Purification is the next wave's opportunity to advance their awakened condition. Most of those now aware enough for ascension are not clear of their non-aligned contractions. How can they be cleared? Give them no energy—demonstrate absolutely nothing but delight when a contracted emotion acts up. Feel what comes up so it can be dissolved by awareness. Once the light is turned on, it will burn out the dis-ease. Give no thought to the task ahead, or to the naming or deleting of these contractions. This is what the life of an adept is all about, no matter what answers are anchored into the mental body. No answers, no decisions, and no control will deliver an acceptance message to the anger, fear or drama generator enabling you to be finished with all of your non-aligned dramas. Then, no more anger, fear or games will be added to the energy coming from you.

What we in the other dimensions are looking at in your realm cannot be reversed as an act of divine change. What can be altered is the mass consciousness. It is for the advancement of all that make up mass consciousness that you are being given the divine call to ascend. As more of humanity becomes open to ascension by the awareness of current conditions, many can be advanced to dimensions beyond the one that continues to be destroyed.

I am not chastising anyone for the decisions they have made. I am very delighted that many are asking for advice about ascension. In the next days we want as many as possible to gather as One to ascend darkness. Can you give this your attention? Giving attention to destruction will do nothing but add to the disturbance. This was not my intention when I made the decision to give you the facts. I want all of you to ascend. Are you able to be free of your fear? Are you able to accept the fact that your dis-ease is about to be energized again by physical disturbances?

In the next continuum many will leave their body through the death door. Death can be a great ascension. This death can be a non-death. By this I mean that the body drops while the divine guides the soul to another dimension. No death is negative, it only appears so to those attached to the belief that physical death is the death of the divine light within.

Closing one's mind to the possibility of a beautiful death does not allow the fear to

dissipate when death is about to occur. I mention death as a matter-of-fact detail because many can ascend as they die. It can be their method of ascension. Not going through the death experience can be one way to ascend, but it is not the only way. All who die can ascend at the moment they leave the body—it needs an angel's assistance and an actual decision to leave the human anchors of attachment. My goal in discussing this is to add another ascension possibility to the concepts now held.

Plan B is to go through density with an open heart that is full of love in every moment, giving what you can contribute to those who are able to accept what you can give. No matter what happens, this is the only thing that matters. When the time comes to ascend, no matter how this occurs, we want you to be able to CHOOSE ascension.

In our realm there is no difference between being in a body or not. In our realm nothing that occurs is dense—all is seen as the drama each soul needs to advance in consciousness. When you view human experience as the only way to contain the divine you are mistaken. In divine awareness you do not see anything as negative because nothing is negative. In man's opinion there is good and bad, dark and light, and death and destruction are considered negative. Not so in our view, ALL is the divine in action. Negating anything is man's negative attitude, not ours. We love what is being delivered, no matter what it is, because it becomes another way to dissolve the dream that most of you declare to be the reality.

Becoming aware of what the dream contains without being dense in your attitude about this will be a great growth step for you. Blessings on the details are needed, not denials and attacking comments towards our messenger. Are you able to accept that it is the negative attitude of the one doing the blaming that is the negativity that needs more awareness?

When you negate a channel's clarity due to the mention of details and content that the mind does not agree with, you do not gain the benefit of checking your own attitudes that are negating these messages. We are not destroying Mother Earth with our details, only delivering a clear response to the news media's deception. All of the end of days comments in these messages were clearly described long before my colleagues and I began to inform about them through this channel. The days of darkness have been denied and denied, over and over again, because most of those who channel the light of divine consciousness do not have the ability to BE the light when details they consider negative are mentioned.

Another message today is about love. Love is the absolute acceptance of all that is. It is not the classification of what is good and what is not. We give you all and you classify it as good and bad. This is not the truth! Self love is the complete acceptance of all that is with compassion and delight—and this includes all that can occur. Face this, and nothing can dim your light.

When a channeled entity claims "one channel only is my conduit," this means that entity is NOT the consciousness of an Ascended Master. All who channel can channel any Ascended Master. No one is an exclusive channel of my energy. Many deceivers claim to be me. Become more aware of the beings you are accepting as guides, Awakened awareness knows the difference.

I AM THAT I AM
Ascended Master Saint Germain

Channeled by Aruna

Message 666 - Hilarion says . . .

<http://mastersandmankind.blogspot.com/2012/05/hilarion-says.html>

Monday, May 7, 2012

Peace is not created by being against another's energy, words or decisions. Peace is having no concern about how the names and forms appear on the movie called your life. Are man's delusions the only way to consider this dimension's dream? No.

Can you accept that what is in your dream is not a dream of ours? Our reality is quite different than what you are making your attitudes about. We are more than words coming through a channel. Who we are is love and only love, given to your dream as multiple facets of One consciousness.

Message 667 - News You Will Not Learn from Mass Media

<http://comptedesaintgermainblog.blogspot.com/2012/05/news-you-will-not-learn-from-mass-media.html>

Monday, May 14, 2012

My dear ones. Today's message contains more news than the media can deliver. We want you to be well informed.

First, cesium is in the food being grown on the west coast of the United States. Most of the farmers are not aware of this. What is eaten in CA, Oregon and coast areas up into Canada is without question not good for health. Can you go to another area to live? If so, go. Those who cannot leave their area need constant checks for radiation. What is being eaten accumulates. Eat what comes from other areas as much as you can. Organically grown food in CA is contaminated at this moment. Can this be remedied? No, not in the near future. See what you can do to delete this answer to the controller dream and get through the next months without getting dis-eased. Keep your mind away from active concerns and do what can be done to delete affected food from your diet.

Next, Australia will not be on the map too much longer if the Australian dollar collapses. It doesn't get any press now, but Australia is in big financial trouble. News of flooding didn't make much of an impact on the news media, but it did on the money supply in the cause and effect scale. Australia has less answers to their deficit than the United States because it cannot manipulate its currency in the same way. Beware Australia, your food supply has big deficits coming.

Next we must mention Brazil. This country's government wants to delete many beautiful miles of God's agriculture and the world's oxygen generator in a matter of months. Cutting down the forest for dams to be built will delete many lives on all of man's continents. We are dismayed at this country's government that can do this. We want you to do whatever you can to demand it not be done.

Next, more answers to the dollar collapse are needed. What do you think about making a new currency? Make your opinions known now! We can do nothing to keep the dollar on the top of the entry for other currencies. It is going to collapse. Savings will not be lost,

change of currency for what is now in banks will be dealt with fairly.

Prayer will not alter the acts of deception being dealt by the news media owners. They want you to feel good and not have awareness of money and food catastrophes in the making. We don't want your minds disturbed, but we do want you to be able to make conscious choices. Bring your family together and discuss these matters. Give them good dreams to continue dreaming. Give this no active angst, only decisions about what you can do to handle these facts when you can no longer deny them.

Please do not freak out about these words. Not giving you choices would be undermining your ability to take responsibility for the way you can best deal with these things.

Close your door when money madness begins. Give yourself the most demographically healthy food choices, and act on and connect with other free warriors to object to dams being a priority over humanity's ability to breathe.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 668 - Archangel Ariel says . . .

<http://mastersandmankind.blogspot.com/2012/05/archangel-ariel-says.html>

Monday, May 14, 2012

Choosing your way to deal with the not-so-nice coming events will give you an advantage, depending on where you get your news. In the controllers' game all news is created to deceive. We need a direct line to those humans who are able to accept what is really going on. When we are able to tell you, give it your attention.

Message 669 - The Food Issue

<http://comptedesaintgermainsblog.blogspot.com/2012/05/food-issue.html>

Friday, May 18, 2012

My message for today will answer questions. First, gardening: No garden on the west coast of the United States is completely safe from cesium. It comes in the air from the material that arises from the ocean. Concern is being downplayed due to the food industry being against public notification. Gardens without covers are all contaminated. Are you in California? Consider these options:

1. Move to another area.
2. Only eat food grown in greenhouses.
3. Eat food that was frozen before coming to your area.
4. Only consume what comes in from other areas.
5. Only eat frozen or canned fruit and vegetables.

Yes, I told you to go away from these things, however, California and Oregon and other growing areas on this coast of the US must consider cesium more caustic than canned and frozen diets. Pray over the food being eaten. Cherish it as you do what is considered sacred. Bless all who grow food in these areas, because their entire lives are about to change in more ways than one. Appropriate action is to inform the vast number of news

media outlets of this dilemma, asking them to warn all who consume California produced food to stop. Are you getting the picture?

This current situation is contaminating all who grow this food and all who will consume it. It cannot be detected by the nose or other content indicators, other than cesium testing. Safety checks are needed. California growers are the greatest number being contaminated right now, but all who have gardens within a 3-mile distance from the ocean are affected. People can die from what is contained in the next growth phase of contaminated crops intended for dissemination from these areas. Are other areas affected? Only the coastal states at this time. There is no cesium in Europe right now. There was when Chernobyl contaminated all of Europe. Consumers ate it then. It caused no major death epidemics, although immune systems were severely compromised. Concentrations in California are now greater than the Chernobyl contamination because it comes in on ocean currents, not only through the air that moves without concentrating it in the jet stream. Purification of the Chernobyl disaster has not been completed, so a new round of contaminants would seriously add to this cause of cancer and other health destroying manifestations.

Now, considering all the information that I've given you regarding the fresh food diet, nothing has changed in this instruction for most of those doing this new diet. Only those things grown in California are to be avoided—wine grapes included. This year's production is not safe. Olives, dates and avocados are not considered as dangerous as other diet matter from California because those you are eating now were canned or picked before this current week of food contamination. My words are current, so don't be concerned about what was consumed last week or before. Next week could bring more contamination to the area. It comes from the ocean, and as you are aware, ocean currents can make many changes in any given day.

Fish caught in the Pacific ocean in the areas near California, Oregon, Washington and Canada are all contaminated. Avoid them for a good amount of time - one or two months at least. Then we will take another look at them before you decide how to proceed. No fish is completely free of diet disturbance content in any area other than the north and south poles. All marine life is dealing with malnutrition and drugs and oil or caustic material. Nothing is naturally abundant in health nutrients today, except a variety of naturally grown, GMO free, mature fruits and vegetables that are being grown organically.

My dear ones. Do the fresh food diet where it makes sense. Give up the concept if you are in an area where good quality food is not available. What can you choose to eat in these contaminated areas? Not fish, not fowl, not cows or other live animals. Choose what comes from other areas as much as you can. Cesium cannot be detected in what you can acquire now, but it will become a major disease creator in the months to come.

Choose Alaskan salmon, other Alaskan consumables, or Northern Canada produce. Central and South American areas like Mexico and Chili are not contaminated now, but can be when the currents draw the cesium in their direction. What to do? Get accustomed to difficult choices and cause and effect dramas. Life is not going to be the same as it used to be in any countries.

Brazil needs demands made by the international community against chopping down your air generators. Please contact all of the caring organizations and politicians in your country, and use the social networking arena to call for this plan not to occur.

I Am That I Am is the call to angels who are waiting to assist wherever they can. Call on

your own inner guides to learn what you can do NOW to change the climate of apathy. Condemn those who are killing the environment. Give up your own demands for great energy usage. Teach the children to be more demanding about what can be done for their future. Join groups that are aware of the death and destruction of Mother Earth and get group actions going. Lead more awareness to the current day's mass consciousness and learn how it can be changed with even more growth in awareness. Capture the moment in dance and song. Give the control to others and die or take it back and change the direction of control to dancing and singing as One.

P.S. Regarding cording release: I have previously channeled instructions on this blog. No need to do it again. Should this be an issue for you, seek a qualified counselor who can assist.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 670 - Hilarion says . . .

http://mastersandmankind.blogspot.com/2012/05/hilarion-says_18.html

Friday, May 18, 2012

Conditions in your day-to-day life are changing. Can you accept that all areas are affected, but not in identical ways? Nothing is considered more detrimental than the deletion of clean consumables: air, water and many of your foods.

Please don't go dark in your thinking. Consider all circumstances as opportunities for you to draw on your creativity to deal with the challenges you face. You are an amazing creator. Contribute your abilities to the manifestation of improved circumstances.

Message 671 - What's Next? It's a Wait and See Game

<http://comptedesaintgermainsblog.blogspot.com/2012/05/whats-next-its-wait-and-see-game.html>

Monday, May 21, 2012

Please continue to live your lives as masters of light. We do not deny that what we may foresee in future days may not turn out to be accurate. When we comment on things, it means this will occur when all continues as it is now. Should there be a dramatic alteration to that course of development, my context will be altered at that moment. Nothing cannot be changed by divine decree. However, what I am concerned about in your realm is very different than simply altering a cause and effect drama, as it includes all of your dreams and answers for the human continuum.

We want you to continue the ongoing development of human mastery and not be caught in the destruction of the land masses you are inhabiting. Once before we had this same dance to deal with, and most of you chose to come home and miss the next drama. Mass clearing of Atlantis was done by the Galactic Federation then—it happened in a few days of human time, before the changes to the land masses damaged your psyches. We don't have the same options now, because the Atlantians were confident that they were being given another opportunity to continue their claim to mastery. Now there are more obstacles

to clearing your damaged continents then there was then, the main one being the negative attitudes that would disqualify many from moving towards the Galactic Federation mobile devices. Most would deny their friendship and many would make war against them. So we have only ascension as your answer to continuing life in another dimension. When Mother Earth is newly created, the ascended beings will lead the way to another human continuum. All who do not ascend may incarnate again in other areas of the galaxy, one at a time in their new forms, but they will not move there en-mass from earth's atmosphere.

When the collapse of your modern world comes to you via the news media it will be too late to ascend. You need to give your answer before then. We need to know who is in and who is not. Are you able to go on without others you now call family? This may be necessary.

Most of you can only conceive of the future in ways that either continue your current existence or is like the dreams you have had and made into concepts that are not accurate. When ascension occurs, none of man's dreams about moving into light bodies are exactly as this will be experienced. It will not be like the dreams of your colleagues either. It will be a complete dismantling of your dream. Can it be described here? No. You will have to have the experience.

Some of you are asking about the more noticeable topics we have been discussing. Kelp is very good to eat now because none of the commercially available kelp was harvested after the tsunami. This kelp was also harvested in areas that contains no cesium. Chinese kelp is not guaranteed free of all contaminates, but it contains no cesium. Korean and Japanese kelp are worth the price you pay for them.

Those on the Hawaiian Islands do not need to be afraid of the food grown there. Water used on the areas of food growth was not destructive or contaminated. Mist does not come into the food growing areas of Hawaii as it does in Southern CA. It is not the land that contains cesium, it is the air. Dust rises out of the Pacific ocean in these contaminated areas and overtly makes its way towards the not so protected areas where food is grown. Pure cesium is in the air and it gets into the food that way. It was not going ashore in Hawaii in the same way, so no damage was done. Hawaiian food is ok to eat.

Fukushima will be a news item for an indefinite amount of time. Should another big earthquake or tsunami happen in its vicinity there could be complete destruction on all the continents as a consequence. Can you understand that this absolutely can happen? Can you be ready to ascend if it does? We are waiting to gather you to ascend, but we will do it as soon as it appears that Fukushima will get damaged again. Get ready NOW!

In the months to come anything can happen. Neither this dimension nor the Galactic Federation can change these conditions. We can only lead you on to ascension or another lifetime. Are you afraid? Then do what it takes to become "ascension ready." Many light workers are available to assist.

Purification of diet can help. Purification of mind is most important. But purification of fear is the answer to all of the above.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 672 - Metatron says . . .

<http://mastersandmankind.blogspot.com/2012/05/metatron-says.html>

Monday, May 21, 2012

All of the angels are manning their charges to encourage ascension. Can we do more? No, you have choice, we don't interfere. Want to ascend? Clear your mind of its negative attitudes and love others as angels ho came to deliver you. You are the beings of light on this matrix—can you give light to all?

Message 673 - What a Master Does

<http://comptedesaintgermainsblog.blogspot.com/2012/05/what-master-does.html>

Friday, May 25, 2012

Many of you do not understand that my cause and effect teachings are not negative. It appears that way only to those who don't want to learn what actually exists in your world. A Master's consciousness has no opinion about any of these things, because Masters do not avoid anything, they only go towards whatever appears in their awareness. My messages do not alter life situations, they only inform the participants. How do you move towards things that may be difficult? With a Master's consciousness: peaceful, undisturbed and courageous.

Now, with that said, please give this your attention: Presently there is a major controller move to collapse all of the world's currencies that are connected to the US dollar. Prayer is not going to alter this. Masters do not go to the aid of any cause and effect drama, only observe and discuss the actions that can lessen the distress. I AM THAT I AM also does not go to any one's aid. All must do their best to deal with these challenges. Doing this is what develops Mastery. Ignoring a condition does not alter its appearance, only adds to the difficulty of handling your response to it.

Wealthy ones will not go without, but those with little before the collapse of dollar based currencies are going to need more than they can get with their current assets. This is why my diet change was offered. Making do with less is a major asset in times of crises, not a way of getting you to deny yourself in the present. Please consider this to your benefit. When the economy does collapse, those who do my diet can get manna when they need it. Not starting the diet now means not being able to do this when it is needed.

World dollar collapse will come with no warning. Any time is a major challenge, but getting adjusted to this idea now means there can be much less distress when it does occur. Many of you do not want to think about the cause and effect dramas about to manifest. If you would have acted on this dance of dark and light to make yourselves more at ease in the great fall of the American empire, you would have no fear about it now. Fantasizing about the New Earth, without making any attempt to redirect the course of events now unfolding, is negative in a not-so-obvious way. Your mental constructs are not the most active means of adding to the light's contribution. Making a difference means taking action, not making mental demands of your guides to do it for you.

Please, get out of denial. See the world as it is and concern yourselves with giving your mind a rest so your Higher Self can act for the good of all. All you need to do is meditate, give more attention to the needs of others, and deliver your truth (by any means at all) to

the correct actors in your movie so they can make a difference. Call on your messengers to give you guidance on more actions that you can take.

My ability to contact all of you is only limited by your ability to get my guidance directly. Again, I can only deliver to you what you can accept. My *Channeling Course* was created to help you get my direct guidance.

Next, community. My *Master Messages* gave many details about this needed collection of friends. Not just to give a "hello" or dispensing a gift, but to get to know and answer the question "Is this someone who I can turn to when I need assistance?" If the answer is no, get connected to others who you can. Make good friends, not only acquaintances. Find out who is a caring human and who is not. Can you have a conversation about anything important? Can they ask you more about one thing than another? Are manners more important than caring deeply? What do you actually know about the quality of human advice? Can you get inner guidance to assist others? Can they get it to assist you? What can you count on? Pontification does not create close attitudes. Asking about one's thoughts on a topic does. You can disagree with grace, not an argument.

Are you going on with your life as though nothing ever goes awry? Why not get able to deal with new challenges? I'm not delivering them, only giving you time to build your approach. The Ascended Masters will not come to your rescue. You must come to our level of Mastery. Nothing happens without a God given Mastery opportunity included. What is that opportunity in today's events? What do you consider that to be? Moving away from a condition does not make it go away—only for those who don't care about those they left behind.

We of the Great White Brotherhood want all of you, and all of your acquaintances, to ascend—not escape. Ascension will assist others to move on to their own level of development. It is not a failure for anyone. Mastery comes as a consequence of aiding others. Ascension does this. Choose to ascend. Now, more than ever, we need your commitment.

Selling off your material possessions needs no attention. Only making a difference to others does. Give away what you don't need or want. Pleasure and nice feelings are not what being a Master is about. It is the ability to have a clear mind and a non-disturbed heart in the midst of chaos. Can you claim the ability to do this? I hope so.

Make today the most caring one. Nothing done in the past matters. Seek a new opportunity to care tomorrow. Your love is what matters. Be a gift to all. Meditate, channel your own Higher Self. Love who you are. Masters do not need to affirm anything. They accept all that is as divine perfection.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

NOTE FROM ARUNA: Links for the Channeling Course and Master Messages:
Channeling Course: <http://www.awakeningcoach.com/pages/ChannelingCourse.aspx>
The Master Messages: <http://www.awakeningcoach.com/pages/TheMasterMessages.aspx>

Message 674 - Serapis Bey says . . .

<http://mastersandmankind.blogspot.com/2012/05/serapis-bey-says.html>

Friday, May 25, 2012

Clear answers about future events are not on anyone's contents page. We don't know how things will unfold. Before claiming anyone's advice as your own absolute, do more calming and clearing of your own channeling ability. Nothing can be accurately predicted now, many options are open. Can you go to another option once the one you agreed to does not work out? Be free, and most of all, be flexible. No two channels get the same info unless they are being guided in a group. Are you able to be alone and decide (on your own) how to move forward with a moment's notice? Be willing to experiment now.

Message 675 - Inner Awareness is the Only Way

<http://comptedesaintgermainsblog.blogspot.com/2012/05/inner-awareness-is-only-way.html>

Thursday, May 31, 2012

The children of God need more awareness. Not about God's creation or about any of the things my messages address. More awareness is needed about the way they can discover the heart of their own new world. Truth must be disclosed. Nowhere in the world of channeling is the truth of man's inner sanctum being discussed. No man or living deity can describe it. Only a most ardent devotee to man's inner world has the ability to discover this non-describable truth.

The Masters of my realm are not the direct, non-verbal orientation that is needed. We only can talk of man's mental dimension, not his inner world. Many of you are unable to look towards the indescribable. When you do, you will make the leap to New Earth consciousness. When you do, we will no longer be student and teacher, as we will no longer be operating in different dimensions. Our Oneness will be clear.

As long as war continues in any way there is negative energy. In the depths of your inner monastery there needs to be only quiet and no attitudes against anything, no desires, no disturbance, and no choice; no individual concepts and no grasping for more of anything. Nothing is conceptualized in this inner world, only experienced.

Can you do this for me now? Go into mental awareness of your inner monastery. Walk through the door of conditions and directions until you find nothing of the mind's motivations to divert your attention. Be completely present with no thought. When the mental body gives way to the entry of man's higher consciousness what is the most significant thing you will discover? Oneness. Without this fact being part of your attitude, disturbances against another will always be generated. Without dismissal of negative attitudes, ascension candidates will be left behind.

Consider negativity against ANYTHING your density, whether it is against negativity in others, dramas of the controllers, what is in the air, desecration of humans in other countries, or mention of a political party. All dark attitudes do more for the future advancement of the thing you are against than anything you can actively create in an attempt to destroy it. Mandates against call to you what you want to destroy. This is always the case.

Being against man's controlled environment darkens this avenue of control. Meditating to drop most of our own negativity has the desired effect. Meditating to destroy your own control will be more powerful than attempting to control another's way of doing things. Against war? Give love to those creating war. Against negative people? Love them. Against falseness in others? Give them your love too. Be a crusader against anything and your anger causes more density than anyone's call to assist in creating their desires. Be FOR assistance, not against the cause. Awareness of what darkens and what lightens needs more discussion. Attacking what "doesn't resonate" makes your contribution to density a greater darkness than the thing you are judging.

Should conditions be difficult, the most direct way to go through them is with caring, compassion and gratitude to the one creating the difficulty. Gratitude? Yes, for giving you the opportunity to grow in acceptance of "what is" and giving instead of darkening. Walk away when you are not capable of confronting the situation with a content free mind. Give no thought to what appears. Face all with the heart first.

Attitudes about anything are your mind's attitudes, not your inner awareness. Waking up to the highest consciousness demands dismissal of those mental attitudes. First, ask yourself, "is this my Higher Self" before attacking anything. Nothing negative is your Higher Self.

When you can accept the drama in your life as nothing other than an attention getting device for developing more awareness, details can then be dramatized for more insight. Your negative attitudes are all controller attitudes, and eliminating them in yourself is the way to create a better world. Cognitive awareness is the way to have your decisions be the beginning of more expanded awareness. The time to do this is a matter of days, not years. Please give these words your attention.

I AM THAT I AM
Ascended Mater Saint Germain
Channeled by Aruna

Message 676 - Melchizedek says . . .

<http://mastersandmankind.blogspot.com/2012/05/melchizedek-says.html>

Thursday, May 31, 2012

Please concentrate your mind on your attitudes. Observe their way of defeating the choices your heart desires. Make awareness the way out of this dilemma. Choose the way of the heart always, not the mind's editing of these desires. Happiness will never come from the mind.

Message 677 - I AM Saint Germain

<http://comptedesaintgermainsblog.blogspot.com/2012/06/i-am-saint-germain.html>

Sunday, June 3, 2012

My dear ones. Today's message will address the deceptive collection of drama creators who are not light. My name will be frequently used to discredit my accurate channel. When my name is used by the deceivers, they use it as a statement of their own making.

My name has never been anything other than Comte de Saint Germain. No other name

comes with my energy. Violino was not my name in any country or category of heart energy in any dimension. This deceiver is making another claim to have my chelas' attention, but not a very clever one. Send him packing.

Those who claim my name often have controller agendas, causing doubt about my authentic advice. Always ask "Is this Christ consciousness?" and get a clear "Yes." When the dark tries to disguise an answer, anything besides the word "Yes" is devious. Check with your own Higher Self before continuing to read messages. Only delaying an instant to do this can avoid mental confusion. Many deceivers are doing the little game of using my name to assure you of untruthful comments. No clones are on this terra to replace the cabal, no landings have occurred, and no government officials are in communication with me.

Can you accept that what comes without any option for anything you can do to improve or change the consciousness of readers is from the controllers? Please observe this difference in the channelings you are delivered. Wanting others to fix things is not an Ascension candidate's consciousness. Ownership of your own divinity is what must alleviate these current dynamics.

When we of the Great White Brotherhood ask for your assistance it is due to the fact that choice is on your side of the veil and we must always respect that. Politics does not control anything but the cabal's ability to choose in your stead. No direct contact with any government is now in an active mode—only you can do this. You are divine creators. Up the light quotient and create more de-light in your lives. Ascend the dark and light dynamics.

When we communicate disasters coming we want you to delete them with your love. Giving, caring, meditating, choosing nothing that is out of harmony with nature, etc. can actively alter many of these. When we call on you to act like a Master we want you to manifest with your decrees. As a Master, call on the God within you to lead the way—always. No Master expects "others" to be their savior. Choose Mastery over fear and hope.

Now, another important topic to learn from me is about Ascension. It is my current conduit's assignment to deliver messages in this category. I have given you the Master Messages and this ongoing direction towards this goal. My dear ones, what I am about to tell you must be accepted or you cannot ascend.

No details about ascension that claim mental changes or a new configuration of the human body come from me. We do not tamper with minds or bodies. We inject our call to human minds in the collective mind to lead all to ascension, but never do we do anything to alter man's creation for any reason. You do not need a body to ascend. Now is the time to develop the ability to absorb more light for ascension, there is nothing going on that is more esoteric than that.

As your consciousness rises there are changes that do occur in the mind and body as you release contractions in the chakras. Spiritual practices and sudden shifts in consciousness may also activate the prana that has been dormant in the base chakra, and this can cause many mental and physical discomforts not recognized by the medical community.

We want you to have an absolutely clean ascension by making an obvious leap in consciousness, not continuing the current body in another dimension. No bodies are needed and no changes will occur in yours unless you need more ability to receive the

light. No ascension alterations are coming from us. Be aware of cabal calls to keep you negative against us and the dramas being created that support your complete ascension.

Aches and pains are not ascension symptoms. They come on as a message to your mind about unconscious mental division that needs deleting, or many disturbances in the chakras that can be deleted to allow in more light. No ascension candidates are free and clear of their human genetic codes and can get dis-ease when they are not clearing contractions in the energy centers. If you have dis-ease, go to a naturopath or natural healer.

Can you see how the concept of "ascension symptoms" can make you negligent about getting help for mind/body disturbances? This is a cabal concept. Get rid of this one too. Take care of your mind and body to ascend by deleting all misaligned nuances.

Practices can aid in the ascension destination. Meditate, chant, channel, and draw or journal when your feelings need to be expressed. Be obvious in your diet choices and give up all things controlling you— like caffeine, maltodextrin ingredients, dieting compounds and all chemicals that do not give more life force to the body.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 678 - Sananda says . . .

<http://mastersandmankind.blogspot.com/2012/06/sananda-says.html>

Sunday, June 3, 2012

Are you my consciousness? No man can claim love in the way my body did as Yeshua ben Joseph unless he has no divisive attitudes. Mental love is not Christ consciousness, only an idea of love. More dusting off of mental concepts like this one needs attention. Discover True Love—the only kind of love for ascension.

Message 679 - Message from Archangel Michael

<http://comptedesaintgermainsblog.blogspot.com/2012/06/message-from-archangel-michael.html>

Saturday, June 9, 2012

My name is Archangel Michael. Saint Germain has asked me to comment on his blog regarding news of the not so delightful kind. My comments are for all to consider, not for discussion.

Past days are now over. Once they have been completed they have no answers for the future. Some of you have been thinking of Saint Germain as he was in another century, or as an archetype of an Ascended Master for his dialog now. Neither the Comte, nor the dictations given to Mr. Ballard or more recent channels, can be considered for the data needed now. We of the Great White Brotherhood are counting the days until the end of an ascension cycle. Master Saint Germain was assigned by the Creator to aid in contacting ascension candidates, gathering them together in groups, and asking them to choose one of three ascension waves to disappear on.

Neither of the first two waves have disappeared, due to an insufficient number being willing to do what was necessary to join. So now there is just one more opportunity. Are we going to deliver a mass ascension? Only if additional candidates are able to get on with their collective destiny choice. What do they need to do? Become fully Awakened! Considering oneself awake is not adequate. You must act awake in every day of life. Are you awake? Let's see. Here are some signs of being awake:

1. Giving no concern to material acquisitions.
2. Choosing love in every circumstance.
3. Non-attachment to all things.
4. An ability to lead with the heart.
5. More concern about all who are alive, not just a few.
6. Change in conditions are quickly adapted to.
7. Answers to world problems are not a concern.
8. Choosing the answers of others over your own choice has no interest.
9. Control over anyone is not done.
10. Smiling is normal.
11. Giving is always done freely.
12. Presenting truth is common.
13. No hiding of any details.
14. Service is number one in your daily actions.
15. Negativity does not exist.
16. Practices for aliveness and devotion to God are natural and done often.
17. Prayer is always gratitude.
18. Another day comes as a delight.
19. Money is not more important than consciousness.
20. Alive and well means another day to celebrate life.

Maybe this list is not what you are complete with. Those who are can comment on this post. Those who are not can decide to get complete.

What needs to occur is more vessels of light beaming that light to the cosmos. When we see many of these lights we will activate ascension. Not able to complete this list quickly? No ascension. Are you ready to ascend? I want you to be. Saint Germain mandates this for you, and all the Angels are cheering for an ascension. You are (collectively) close, but not there yet.

Another cause of my channeling today is to bring more awareness to the challenge you are receiving now to outmaneuver your attitudes about the cabal and Mr. Obama. Mr. Obama was elected to lead in another direction. He has not done so due to another director's call on all of his actions. It has been difficult for him to say no because of his desire to protect his family from harm. So we are now faced with a coward, as far as we are concerned. So where does this leave the destiny card? In the cabal's hands. Choose to go along with their agenda or ascend. Are you going to give them the opportunity to cull this living collective so they can control less challenging dreamers? Can you do anything to create a different cause and effect scenario? Yes, you can align with my 20 mentioned qualities and ascend. We can assist you when you get stuck. Ask for help and trust it will be there.

I AM THAT I AM
Archangel Michael

Channeled by Aruna

Message 680 - El Morya says . . .

<http://mastersandmankind.blogspot.com/2012/06/el-morya-says.html>

Saturday, June 9, 2012

Feuding armies in any country are a collective consciousness that decides for all countries about how military might creates density because mass consciousness includes this density.

Soul fragments do not complete their chosen destiny when they are not on the same light frequency. Many of those choosing ascension are not "one" candidate in the big picture. All of your soul fragments need to be awake.

Can you aid in their dream of awakening? As one of their aware dreamers you can open the door to the other aspects with meditation and decrees.

Message 681 - Masters are Always Caring

<http://comptedesaintgermainsblog.blogspot.com/2012/06/masters-are-always-caring.html>

Wednesday, June 13, 2012

Many dear ones are deluded about the qualifications for ascension. None of the mental activities being done are going to achieve anything more than disappointment, because mental activities are not the way of completing your cause and effect dynamics. The only thing that will activate ascension is to stop dreaming. Awaken and the dream about going on to other dimensions will also dissolve. Awakened awareness dissolves the complete dream, not only one part of it. In awakened awareness the entire negative/positive polarity disappears. Consider awakened awareness the light, and the mind a dreamer of what you call third dimension. It is your dream that is avoiding ascension, not us or our conduct.

When you want another way to live it is only you who can create that. Yes, you have assistance in doing so, but you must begin within your own consciousness. When your mind decides it is in charge, most of you accept what it decides. Can you tell that this mind talk is not the voice of the master within? When you can, and decide to observe that chatter while looking inside to make your choices, you can get out of the karmic loop. Canceling mind's control will free the light within you to always be aware and available. Cancel the mind as your negative delusion, and control by any realm is not a concern. Your inner master welcomes all human drama as an opportunity to be free in all circumstances.

No matter how you try, your mind cannot decide to ascend and gain answers on how to do this by mental "doing." Meditation, being quiet, contentment with "what is," and choosing love in all circumstances is what awakens the master within so ascension becomes the next step.

Don't believe that you will automatically ascend. It won't happen. Should you not be completely ready to detach from your personal life, you will not ascend. Calling on Angels instead of your contacts in co-creation drama, is what cancels attachment and attains love in an instant—love of the total blessing that has always captured your attention before the

choice to ascend was made. Now that this choice has been made, you only need to cancel your beliefs about being a defined, separate consciousness. It is not who you truly are. You are a multi-dimensional consciousness that is not limited to one dimension. You are a higher awareness already, and only your mind keeps you dreaming about this 3D collective.

Archangel Michael was asked by me to address my readers. It was not his answer to you that has gotten many of you in fear, it was your own delusion about what is going on and not what is actually going on. We of the Great White Brotherhood only want you to understand that what the Ascended Masters want is your full conscious awareness in all circumstances, especially when you are being called towards non-awareness.

When you want the Truth you must discern it within yourself—not go along with what another tells you, no matter what name accompanies that message. No one is in charge of this universe. Only those who are completely empty of individual attitudes are light beams. Anyone thinking awareness is from one channel or one drama only is mistaken. Personal dramas of any kind are illusion only.

Afraid to trust yourself? Then no ascension is possible. No one can take another move towards the light in fear or anger. Making a clear observation about a situation is not negative or judgmental. It is only an observation. When Archangel Michael called the US president a coward, it meant he lacked the courage to go against the controllers. Only that. Call it what you will, but it is an accurate description and not a condemnation of his character. Name calling is not the case here—only clarification of the obvious in our view.

When you can see that all come together to ascend and all contribute their own details to forward that opportunity, you will condemn no one, only declare the details as they happen. One of you asked to learn details, and when delivered, others don't want to accept what they are. So be it!

Calling me or Archangel Michael or my dear channel names is not very caring or loving. (I have requested that the energy of these comments not be added to my blog.) What is that about? We are your own caring consciousness and want you to learn the difference between Truth and illusion. Nothing we say about 3D is reality—only the current drama your own Higher Self chose to be involved in at this moment. No time like the present to love the loving beings who are only here to give you an opportunity to deliver your True Self's divine choices only. For my own defense, no channel anywhere is as clear as this one because of her awakened condition. Channels with clarity are very unusual. Not to condemn others, they serve their audience well, but they are not totally clear unless awakened awareness over mind has been achieved. "No mind" is what makes clear channeling. When a channel cares about what is being channeled, their content cannot be completely free of their own answer to the topic. Being mindless means complete non-interest in what comes through. A clear channel makes a body available, does not do anything to mess with the message, and could stop the channeling only when a mind is involved. No mind = clear channeling. Today's message was created without any mental engagement by this channel.

Dear ones, why must you call this channel's messages out of touch when they are actually my words? Who am I? I AM the Ascended Master that is doing the calling of Maha Chohan, Saint Germain of the Mountain Retreat in Mount Shasta. Beloved ones . . . I AM THAT I AM.

Message 682 - Awakened Awareness 101

<http://comptedesaintgermainsblog.blogspot.com/2012/06/awakened-awareness-101.html>

Sunday, June 17, 2012

Man is challenged the most by his concept of the dark. Nowhere is it accurately clarified. I will now, and in the next days, give you more dream dissolving material about darkness. No one will believe any dross making news once they clearly get to the next level opening of the matrix, but until this gateway appears, we must continue to lead you away from anger and mandate the light.

Consider your own consciousness to be the complete answer to whatever makes you negative in life. Not just one body is the dark master that movies make mention of, or the dark manager of the devil's abode, or the dark angel called Lucifer. Every body draws from this cache of memories in dreams and unaware moments, because these qualities come to your awareness to be observed so you can choose otherwise. Unless there is dark to observe, no lessons can be delivered on the lessor of two evils or choice making between dark and light. You must have both energies to grab for when decision making is done. If there were no dark there would be no choices to learn with.

Seldom do you make this analysis when making choices. You only decide against the one that is not adding the most delight to your needs and wants. As you pick and choose against, one over the other, you name one dark and one light. But neither comes from another awareness outside of your own. Both come from within. When you turn within to learn the truth of your own nature you discover that all comes, not from dual parts if one collective consciousness, rather, one divides the light and dark once it appears in mind's eye, not before. Mind then decides what label to give to any condition and it is solely mind's determination. Labeling something to be negative is mind's choice always. Your mind is your creator of darkness, not your nemesis, but your controller and your author of misconceptions. Once you learn what the mind does with all that it accesses from awareness, names like dark and light can disappear.

Man's answers to his life can all be grateful. Why name others dark and consider them less desirable when they bring you the ability ascend? Without choosing to be neutral about light and dark no ascension can occur. Who is light only? No one. All contain all dimensions of consciousness. All are the One divine creator's collective consciousness. No one is above the collective; all are contained in it. Who you are is ALL of the dream's components, not only one container of it.

Pure love consciousness is one aspect. Not one day goes by when that aspect does not show up in all human appearances. And no day goes by that does not generate any negative attitudes against one thing or another. This collective condition is in every man, woman and child. Consider the Awakened condition more aware of this, not above it. Pure consciousness means not choosing dark or light. It means being neutral about all thoughts. Negative and any other thoughts are not answers to the question "Who Am I?" No answer is correct. Only no answer is the most aware one. I AM THAT I AM is also the most aware.

Can you get the meaning of my words? Yes? Then no darkness can draw you to its nature again. Choosing to be neutral concerning duality is what allows you to live like an angel.

Beliefs about dark and light are what control mind's decision making. Give up these dark and light differences and act as the divine created you to be. Then one day negative attitudes will no longer arise in your inner reality. When this occurs you have become enlightened.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 683 - Archangel Michael says . . .

<http://mastersandmankind.blogspot.com/2012/06/archangel-michael-says.html>

Sunday, June 17, 2012

My message on the ComptedeSaintGermain blog did not discuss the next level of awareness needed to ascend. It has been discussed today. Saint Germain has just added the needed, most critical message to date.

Can you choose to ascend without this content? Yes, but can you clearly understand the meaning of that choice and what it requires? Your Maha Chohan has delivered this to your collective consciousness and characterizes it in all of these messages. He delivers the clarity that no other Master that channels can do because their conduit cannot entertain these teachings. Please go to: <http://www.comptedesaintgermainsblog.blogspot.com>.

Message 684 - Clearing the Way for Animal Survival

<http://comptedesaintgermainsblog.blogspot.com/2012/06/clearing-way-for-animal-survival.html>

Thursday, June 21, 2012

Once we are able to love without distinctions we do one or two things: consider nothing more important than anything else, and /or give up negativity forever. Negativity does not come out of nowhere, most of your negative attitudes came from a lack of love in one life or another. Carrying unloving attitudes into a new birth means this must get attention.

Ascension is the one lifetime that you cannot consider one's death the next generation's rebirth. All of your deleted negativity comes to bear on ascension readiness. When all negative attitudes are deleted, freedom comes as ascension. Saving all these unfinished deletions until the moment of ascension will mean that not enough commitment has been given to awakening the divine heart, so death of this body will be as always, a non-ascended death. Unless negative attitudes disappear, ascension cannot occur.

Please do not see this as a make-believe answer to candidates who are now conscious that they are candidates. When an anchor of light (with no negativity) is ready to ascend, there is a glow about their body. Not necessarily a glow that can be seen with human eyes, but one that can be in a room lighting up the auras in that room enough to move everyone along in consciousness. Are you giving this level of light to auras in an area that needs it? Good, we are aware of how difficult this actually is for you to do, and gratefully applaud your ability to love whatever needs more caring. Making a difference means more when it is done without concern about one's own difficulties in doing so.

Forests need more attention. When no growth is continued, death to many animals decreases the culture of man's divine aliveness. When there are no living animals in one growth area children in other areas are deprived of God's full dream to play in. All of God's creations are very important to all the others, and none are considered disposable. When you do more for these animal's habitat they are links to other means of love in humanity's collective consciousness. Animals don't die and come back as animals necessarily, many attain a more complex life condition the next time around. As they continue to evolve they add many more contributions to human changes also. Not only do they activate love in one's own mind, they demonstrate life without negativity.

No animal desires death or despair in another. When they fulfill their role in the food chain they don't destroy that species' mark on the divine imprint. Choice to devour the less able includes a most clear contact with that one before attacking it. Consider devouring one's meal a necessity, not a negative attitude.

Animals teach you many things. Give them your awareness, not just a lack of negative thoughts. Open hearts act as though all living beings, no matter what form they are in, are divine. Animals are not to be considered lower forms, only different forms. Can we deliver more to the oceans and forest and dance in the dream of their happiness now? No, all are endangered. All are giving up. Not caring about them has brought their mass consciousness to despair. Could man decide to alter this? Yes, but because they are destroyed for cash, no demand has been considered obvious negativity and is allowed to continue. When you observe actions of negativity do you do anything like help the dense consciousness that does the destruction? Help is not given by degrading the offender, it is by giving more caring to the animals.

Changes in animal habitats are occurring too fast for them to demonstrate their beautiful gifts to future children. Many species will disappear in this lifetime, never to be seen again. Save them this death of their kind by giving them your love in any way you can. Amp up your attention to their plight. Observe how many die in destroyed forests. Observe how toxic debris destroys their only way to live. Birds fall in groups, dolphins and whales die in mass, and drama after drama demonstrates how difficult it is for them. If compassion and caring comes into their mass consciousness, more may opt to live. See what you can contribute to their dance of life please.

Self love includes all of God's creations, not only one body.

I AM THAT I AM

Ascended Master Saint Germain

Channeled by Aruna

Message 685 - Archangel Ariel says . . .

<http://mastersandmankind.blogspot.com/2012/06/archangel-ariel-says.html>

Thursday, June 21, 2012

After the winter of this year many countries will give out detoxifying emissions for their grasp at ongoing existence. These will appear as ground dramas, air conditions that do not allow any chilly demographics to be cold or any hot areas to be hot. All of the continents' temperatures can be altered quite quickly without any warning. As this occurs, the water around the continents will also change their temperature and many of your alternative conditions will not be available. For example, drought will come to forests and their growth

diminishes, and in the deserts climate change will cause more growth to begin. Opposite conditions like these are coming. Making changes so that you can cope is not needed, as God will announce the dream over once the elements for life on earth are no longer contained within it.

What you need to understand now is that what you are able to demonstrate in consciousness can make the difference between complete destruction of man's current habitat and new life becoming available. Bring your answer to all of life as beauty and grace. Delight in its existence and you can deter this devastating option.

Message 686 - Your Aid Comes with an Awakening

<http://comptedesaintgermainsblog.blogspot.com/2012/06/your-aid-comes-with-awakening.html>

Monday, June 25, 2012

As my colleague Archangel Michael has said, and more and more of you are now aware, what goes on in the human drama has no major mandate for correction by any of our administrative operations. None, including the Galactic agencies, will deliver much other than love and advice. Now that this has been clearly declared, what is next?

First, you must conduct yourself as an awareness beyond an unconscious entity demanding aid. Aid comes from an activation from within yourself! The negative collective consciousness needs your aid. Give and commit to a mass consciousness where no one is abused, neglected or murdered, and every choice is met with acceptance. Only then can man decree new and different and get what comes with a great deal of choice at the initiation. Asking is not the same as a decree. A decree will generate more cause because there is no doubt included. Asking is no more than hope or desire. It appears non-committal in a bigger analogy.

However, before decreeing more cause and effect conditions, please focus your attention on not having anything negative in your consciousness, because this, by itself, will make a much larger impact in the mass consciousness than any decree aimed at altering the drama in your mind's concept of reality.

When fully awakened, no concepts exist. All is recognized as being complete as it is, and that man conceives his own dramas to learn that he is dreaming the concepts and doesn't need to control them with his mind. When this actualizes, the dream is over.

Are you able to give up the dream? If so, then none of my dream category content will be of interest to you any longer. Waking up from the dream will negate all of the most difficult cause and effect dramas in your mind, and answer your questions about the meaning of life. Making this leap in consciousness is the cause of ascension, not your desire to ascend. Choosing ascension begins an opening in consciousness for an awakening. The purpose of the dreaming is to cause an awakening, so once awakened, there is no longer a need to continue a dream existence.

Suffering disappears with awakening, including reactivity to control, death, or anything that man's current condition delivers. All of these things make no difference to awakened awareness. Peace and contentment are constant.

Face the collective consciousness without an agenda and you will get out of any control

drama by yourself. This is what we can aid you in, not dropping in on you in a craft that creates yet another drama.

Free yourself and this will increase the light in mass consciousness to give others the opportunity to be sufficiently inspired to do the same.

Are these words clear? When they are, you can conclude that the lesson has been learned.

I AM THAT I AM

Ascended Master Saint Germain

Channeled by Aruna

Message 687 - Hilarion says . . .

<http://mastersandmankind.blogspot.com/2012/06/hilarion-says.html>

Monday, June 25, 2012

I AM announcing that the current awareness is not yet adequate for a mass ascension. More awareness is still needed about how the mind controls, so its inaccurate concepts about life can be deleted. Right now, the non-awareness still being generated by the limited mind cancels answers that the divine mind can deliver. Act like these mental details are correct, and you lose the knowledge available from higher wisdom. Concepts that come from your mind are not anywhere close to the truth.

Message 688 - A New Twist

<http://comptedesaintgermainblog.blogspot.com/2012/07/new-twist.html>

Monday, July 2, 2012

Conditions are good in all countries for changing the direction of negative attitudes into more caring, delight and awareness. Why? An astrological configuration is going to assist. When an impending drama is about to occur, no man has the ability to change this by mind's design. But with what is now the new ascension commitment, the next dense cosmic node is about to dismantle its negative mode of influence and do what all negative materializations are about to do: detonate at the branch of creation coming directly from divine conception. Core level density management is about to occur. Are you going to be free of disasters in the world? No, but freedom is not about being in a particular physical condition, its more about your mental attitude.

Are you able to deny the gross desecration man has made to his habitat? No, well God doesn't deny that this has occurred either, but will care for all, no matter how they need to be cared for. When negative attitudes about anything are destroying God's creation, the way to deliver love is to name the darkness as a gift that helps you become more aware of your own dark thoughts. Safe and active consideration towards any dark thoughts will nullify them.

Can you do this in all situations? Yes. Ask for a new awareness about the dark object of your attention. Is it a dark drama in your own area of existence or in a different area? It may not be a drama now, but will be in the days to come. Can you recognize the fear in your negative attitudes? Are the most negative people afraid of what they mandate

against? Yes, in almost every case. Against war? Afraid of it. Against control? Afraid of it. Being against anything means being afraid it will damage one's current level of comfort.

What do you care about in life? Will it be affected? If not, do you give forth any negative attitudes? No, only against conditions confronting your fears. Against child abuse? Against drugs? Against malnutrition in other people's lives? Are you negative about these things? Consider all your causes of negativity to be a fear based distrust of what can occur in your world of influence. Cherish these confronting appearances, because they deliver another detail in the nature of man's mental delusion to your awareness. These discoveries become your gifts from divine light as an opening to another level of consciousness.

Preparing for ascension includes this new detail. When we describe conditions of darkness it is always to deliver more awareness to how your mind reacts to an obtuse comment or direct declaration of one thing or another. Are you afraid of what the controllers are doing? Then you are adding dense energy to their claim on your life. Can you change them or their actions? Not directly, but by not assigning negative thoughts to their actions, you lead more caring energy to others than those thoughts would bring. After an event that appears destructive, give only love, not blame. When missing pieces of the deception emerge, allow divine grace to flow through you. Bless your adversaries, for they bring you a gift of great magnitude.

Positive thinking is not the same in character or active manifestation. Positive cause and effect depends on how heartfelt the thoughts are. Saying affirmations as a repetitious game to change creation does nothing. Adding an active dream with a vision does nothing either, unless desire for the thing envisioned comes along with the mental construct. Being caring about what is affirmed or visioned brings it one step closer to being an active creation. BUT, caring without a creative thought is the most active energy that you can bring towards giving more light to the current consciousness. Asking only for what is in the highest good of all delivers God's will, and this makes a better contribution than anything your mind can conceive of.

Beliefs about creating your own reality are really about creating an illusionary concept that actually appears as your dream. Giving up your dream is what ascension is about. Can you give away all that mind delivers to be an Ascended Master? Beliefs are not active in our realm, only an assessment of what comes to this realm as your dreams. Bring us no dreams and we can assess things quite differently. Bless the world, its differences and its dramas, with love. This is what will get you out of the negative dream that causes money and countries to disappear. Believe nothing about danger or control in life and no danger or control can exist. Let go of your fear—it doesn't make things better. Give more gratitude and celebrate new breakthroughs in truth and consciousness—in yours and also in others.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 689 - Lady Master Portia says . . .

<http://mastersandmankind.blogspot.com/2012/07/lady-master-portia-says.html>

Monday, July 2, 2012

What comes as the banter of mind comes to tease and tempt you, not to guide you.

What comes from your inner, higher consciousness must be chosen over the mind's concepts.

Message 690 - Get Ready to Ascend

<http://comptedesaintgermainsblog.blogspot.com/2012/07/get-ready-to-ascend.html>

Sunday, July 8, 2012

Many of my chelas are able to ascend. Can they do so now? Yes. No more waiting for millions of others to accompany them. We may not get the media to notice what is about to occur, but there is no need to now. We of the Great White Brotherhood no longer care if those not ascending are activated because we did all that we could to draw them in. No more calls for ascension are coming. No more energy will be expended to awaken those who cannot make this their defining lifetime. Cause and effect now override any of our urgings. Only those committed to ascend can answer the call.

When it comes, we anticipate that there will be several ways to answer our call. Most will go outside immediately to be drawn into the new energies around them. Others will go out as they complete tasks they are doing. And some will doubt and begin asking questions about ascension because they aren't awake yet and still need more clarity. Opening to these new energies requires complete denial of non-aligned attitudes. Collective minds cannot do this, only free ones. So if you are not able to act on your own inner call, you may be left behind.

A Master chooses to follow his/her own inner call. Inner stillness is important to being a good listener. Meditation calms the nervous system and allows the call to be clear enough to be obvious. Being in contact with the Ascended Masters and Angels is another way to hear the call.

No call will come to those unable to act on it. A change of attitude can determine whether a call is made or not. Those who are able to accept the call will act as though an angel came to their door and invited them to activate their ascension mode. Once this is done they will disappear—not to the more aware, but to those who are not capable of accepting man's immortality. In a matter of moments no clue about their ascension will be noticed by an active observer.

Pretending our message is not heard will only contain the disappearance momentarily, as it cannot be denied. Making a different choice about ascension would collapse awakened awareness instantly.

Be wise. Be masterful. Be an ascended one.

I AM THAT I AM

Ascended Master Saint Germain

Channeled by Aruna

Message 691 - Archangel Michael says . . .

<http://mastersandmankind.blogspot.com/2012/07/archangel-michael-says.html>

Monday, July 9, 2012

Packing nothing for where you are going will give you a great answer about readiness. Can money and clothing be given away? Not until you get the call, and then, not until the call has been completed. None of your material things will mean anything in another dimension of consciousness. Are you caught in them now?

Message 692 - All Who Can Ascend Must be Able

<http://comptedesaintgermainsblog.blogspot.com/2012/07/all-who-can-ascend-must-be-able.html>

Sunday, July 15, 2012

When we give you our messages, they convey all that is presently needed. Asking for additional information is your mind's way of negating our content as being "not good enough." In my latest message I was answering a question about what is happening regarding ascension. This question needed to be answered, because mental desire for new and different conditions is what controls the mass consciousness now. We will provide comments about what is being co-created that is new and different as soon as we are able to determine this.

When will ascension occur? There were already two waves which made many of the candidates Ascended Masters. The next wave will complete the ascensions of all qualified candidates who can conceptually shift into other dimensions, and divine decree will then make the more advanced material decisions regarding the conscious deletion of matter. Can we give a more detailed call? Not yet. In the next days we can and will.

Please observe the content that your mind dishes out in response to my messages. Is it clear? Not really. Awakened? No. It is only your mind's ideas about what the message actually means. My meaning in the last one was not an advisory about the elimination of ascension candidates. Instead, it was telling you that the door will close for all who do not do their preparation before the next wave commences. This is not divisive, as anyone completing their personal drama can ascend. It is only those who are unable to conceive of ascension or cannot decide now that they want to awaken and ascend who will be left behind. The lack of that decision being made will mean that no angel will come to assist.

Dense bodies need to complete the dissolution of their negative concepts in time to go through the ascension door. If you are dreaming of ascending and not clearing contractions, you will not be able to manage the energies that are coming to make the ascension occur. Not dreaming of ascension yet? No clearing? Then you will not be able to ascend.

Are we disappointed? No, only acting to accelerate those ready to ascend. It is our opening of the door that makes it occur, and we can only do that when the mass consciousness deletes active control of cause and effect. No dream cancels opportunities for the dreamer. In this case the dreamers are still getting ready.

Prayers will not create an ascension. No amount of mental choosing or calling in the Masters for assistance can do it either. Giving up control of any kind is the only mandate needed. Going into the mode of not caring is more causative than deciding and actively mismanaging your means of aligning with the divine light that comes to call you away from your dream.

Celebrate with us the new face of man's world, as it nears completion of the old answers

to control and conquer games. Many of the controllers are on the way out of any new or ongoing dramas. New Masters can now advance other options. Are you one with some new creative Oneness ideas? The next days will find acceptance of these developments so you can change the dream with them.

Many of you can ascend, but not all will. So what is next for those not ascending? Opportunities to keep contracting or deleting contractions, giving unconditionally or not caring, making a difference or denying your greatness. All who learn to love and give in all circumstances can ascend at the moment of death.

When this generation of qualified ascension candidates are completely done with continuing their "me vs. others" lifetimes, no more ascensions will occur to give the one dream of many a final dissolution. Other dreamers will come and go until the next dominion of God is ready to complete their continuation cycle—in another 2000 years of your time. Peace may come as a result of these ascensions and give more of God's gifts to all who can make their lives on this continuous cycle worthwhile. For those ascending, there will be a time of rest, awaiting the changes of the land to complete, and then creating the New Earth as a divine collective consciousness.

Masters can create as they choose, and all they care to choose is something new and different from the current dynamics.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 693 - Serapis Bey says . . .

<http://mastersandmankind.blogspot.com/2012/07/serapis-bey-says.html>

Sunday, July 15, 2012

All of these many channelings are about creating a new consciousness on Earth. That can always occur in one or many. Keep on with opening and energizing your heart and divine wisdom.

Message 694 - What to do About Contractions

<http://comptedesaintgermainsblog.blogspot.com/2012/07/what-to-do-about-contractions.html>

Saturday, July 21, 2012

Can you make yourself ready to ascend? Yes, and it doesn't need to take another lifetime. All it requires is the decision that nothing you have lived through is negative. It may appear negative, and made you decide against another drama like it, but what was experienced gave you an opportunity to become more aware and more compassionate. All experiences do this, not by the experience alone, but as a method of causing you to go within to discover who you really are.

Are you the drama's cause or at its effect? Owning both makes your negativity disappear. You agreed to all of those negative details to grow by. Instead of draining the light of your most cherished memories, you can make those memories a current source of more light.

Instead of reminiscing with negative, anxiety filled thoughts, instead, meditate and care about those needing your caring. Instead of collecting collaborative data against most of the lesson givers in your life, you can decide to free them from your negative cording and give them no more attention. Can you do this? This will clear contractions. Resolving all draining anger and creating new attitudes about conditions that are no longer on the current day's event schedule can and will make you more conscious and more desirable to be around. Can you ascend? Not quite.

When you have changed your negativity into not caring about the "others" who clouded your heart and mind, the next step is to delete those clouds also. Negativity against anything or anyone contains clouds that dim your light. Solve this and ascension can gain another member. Make this your active desire, not getting even or destroying the life of the one you cannot forgive.

Forgiveness assumes there is a creator of the circumstances that arranged the details to give you a most important growth opportunity. Can you accept this as more important than what was done to you? I'm including all those unloving acts of destruction that caused mental and physical trauma. What appears negative here caused the victim to create an attitude and anger to be transcended for a level of growth that would not otherwise be possible. Forgiveness and contractions are not mutually exclusive—you need both to get to an open heart. When you contract your heart closes and none of your dreams are about caring—only destruction. When you forgive, the heart opens and the most beautiful growth occurs.

What is your most heartbreaking memory? This is where you are most contracted and it contains many of the details being brought up again and again by your mind. Give away the charge of that memory and give away the contraction. Neutralize all the reactivity in your mind's dialog mechanism and become free of loneliness, distrust and derogatory mind choices. No more destructive attitudes and you cancel all causes that negate ascension. When you assume these will automatically disappear, this is not a correct assumption. These attitudes will continue to drain your light and keep you from ascending, unless you shift your point of view.

Being a good, caring person is not enough. You will remain in a contracted condition if you are negative about anyone who could assist but doesn't, or anyone that acts differently than you want them to, or anyone who comes by occasionally but does nothing to contribute. All of these negative thoughts cause you to contract. Put aside your contractions with caring about what has contributed to your awareness. All who did major cancellations to your light were loving beings fulfilling the life design you agreed to. They are not as they appeared in your drama. They are your next doorway to awakened awareness—when you can give forth love to them. Be the gift to them that they were to you when they delivered their tough love.

When you can delete your "against thoughts," ascension is no big deal. It is the natural next step; be truly alive in this life, then ascend. It is your chosen destiny.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 695 - Archangel Raphael says . . .

<http://mastersandmankind.blogspot.com/2012/07/archangel-raphael-says.html>

Saturday, July 21, 2012

When all mental creation thoughts have been deleted, disturbance thoughts no longer come and go, and happiness welcomes whatever appears, you are awake and able to ascend. Do these qualities characterize the mandate you give for ascension?

Message 696 - More Ascension Comments

<http://comptedesaintgermainsblog.blogspot.com/2012/07/more-ascension-comments.html>

Thursday, July 26, 2012

When you are fully prepared for ascension the kind of love that changes the world radiates from the body. There is no mental creation needed, as whatever shows up is considered perfect. Clear, mental contentment is the only mandate happening. When this beautiful way of life is constant, the number of days left in a life no longer matter. Ascension happens naturally to those living like this.

Others need more clarity about the way they will be called. It will be an inner and outer call, one you cannot ignore, whether you are asleep or awake. It will tell you to go outside so you are out of the house containing your old life. New conditions are about to begin.

No closure with loved ones will be needed. Eternal oneness means there is no distance in your connection with the angels and there will likewise be no distance in these connections, only a mental image that disappears in their mind's view.

There will be a moment of facing God and agreeing to go forward. No two ascensions will be exactly the same. Some of you will go missing before others notice. Some will disappear while their family is in the next room, and others will ascend in an area miles away from close family members. Those who have said yes to this opportunity will be called as Masters who are able to leave this world without any attachments.

Are you able to leave without any goodbyes? If not, get them out of the way. Please do any and all of the closure actions that can become an attachment that holds you back. Children can ascend only when the parent that they have the most contact with is ascending. In cases of men leaving their families to ascend, they will be considered the parent of most contact when most of their child's needs are being met by them.

Pets that are able can also ascend. Pets will be considered like children, ascending with the caregiver that does the most to lead the animal and who is most always with it.

Kind and gentle beasts will also ascend, like whales, dolphins, horses, dogs, cats and even mice and gerbils. All who are able will accompany their ascending caregivers. Will whales go with humans? No, as with dolphins, they will go with their mates and offspring. No dolphins will be on the planet after this ascension. Many have already ascended. In the news you have seen groups of bodies washing up on to the beach. These are what has remained to tell the tale. Most whales are also ascending. Not all varieties, but most. Killer whales are not ascending due to their ability to cause awakenings in ordinary daily circumstances. Humans who go into their auras can get charged with chi to help them with awakening. Campaigns to free the whales have been the cause of their awakening ability.

Those who could identify with the loss of marine life being important were all included in a delivery of more alignment to their auras and consciousness.

Altering the human level of mastery has been done with numerous animals, including dogs and cats who appeared to be aware when they were cared for by aware owners. Conscious animals are many—all able to ascend. Are you as free as they are?

When we call you, nothing need be done to gather the children or pets to you. They are to be helped by their own guides. Making the leap to another level of consciousness will be the easiest thing you have ever done, and you will be showering the entire planet with a good dose of enlightenment for all who are not ascending.

Fasting will not be needed. Neither will the diet I gave you, as the lesson was to be able to adapt to any circumstance, and dieting to act as one with divine energy was good for all who decided to do it.

Making wills will be useless due to the lack of a dead body in most cases. Instead, add a list of requests in letters to those who are definitely not ascension candidates. Heal their hearts with some acknowledgement of what happened to you. Place yourself in God's hands and have no regrets. In the big picture, nothing could have been done more accurately.

Bring the light into your heart by having no dross in your mind. Get out of your head and into your heart as much as you can. Slow down your activities when you can and only do things that can be enjoyed. Give away things you no longer want and give love in abundance. Ascension comes when it comes, but being able to go at any moment can give you the happiness no man has unless he is Awake.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 697 - Melchezidek says . . .

<http://mastersandmankind.blogspot.com/2012/07/melchezidek-says.html>

Thursday, July 26, 2012

Many of the channels now delivering clear messages will ascend. Should you be needing guidance when they are not around, will you be able to get it direct? If not, get yourself capable of this.

Note from Aruna: Saint Germain's *Course in Channeling* makes this possible. With it you can begin now.

Message 698 - Until Ascension

<http://comptedesaintgermainsblog.blogspot.com/2012/07/until-ascension.html>

Monday, July 30, 2012

Continue to live as though all of my messages have no accuracy, but consider what they contain and do what you can to ascend. There is no control over my contradictions, but my

accuracy is going to be denied as long as these details do not occur. The amount of time this will take is not my call, and when they do happen, not one of those listening and getting ready will be around to call attention to these messages providing advance notice. Cheerful adepts will be Ascended Masters, with no dramas or conditions to be concerned about.

Many of you will come to our dimension and dramas on Earth will call your attention. You can act as leaders to those still in the process of awakening who can ascend when they die. Saving those who have not prepared is not your responsibility. You are not their caretaker, God is. Make your own decisions and allow them theirs. Face the fact that many are not able to accept that they are divine.

Walking, talking robots do more for life than a lot of humans do. More consciousness in the human has not been proven yet—only those who are able to meditate and discover their divine aspect can live the life of an aware human. Those who consider their computer or TV more attention worthy than their own inner awareness are not actually living—they are observing. Check in to observe what your inner content contains. Are you denying your caring, aware master within? Are you alive in demonstrating mastery or only looking at the monitor and conning yourself into believing you are doing so? No master lives at a monitor all day.

Go out to meet your mirrors. Go out to be yourself. Give the "others" the opportunity to love the being they meet who they can relate to as a human, but is actually a deliverer of more awareness. Be the first to ask about them and their news, without telling them anything about yours. You can give without any acknowledgement needed. Listening is a way of giving. Ask for nothing and give whatever you can: a happy face, a chuckle, a caring way of being, a shared moment, a little drop of divine wisdom, whenever an opportunity arises. Pass on the happiness inside yourself. Practice "good deeds" without being noticed.

Presence is enough. Give that to the area where you go to work, shop, and get your entertainment. After dinner, take a walk; give the area you are in a dose of light. Bring your heart forth to free as many as possible who can be opened to their own awareness. Allow your body to be an open vessel for divine contributions, not mind contributions. Wake up the world by doing nothing by your own decision; get divine guidance all the time.

Allow one day a week for meeting new people. Go to a location or meeting area where this can occur. Self awareness as a being of light gives without any doing involved. Caring about others is generating a more than open door to them—it also brings love into their auric field. Anytime you are open and available the body is giving out light on an ongoing basis. Sharing yourself with others in this way wakes up those who want love and don't get it because of their own mental attitudes. Solving their dilemma isn't our goal, but we encourage you to give them caring empathy that can open up their mind to what can change.

Self love is what makes life great so share it with "others" so they can find it in themselves. Peace begins in ME—that means YOU and ME, because I AM in YOU, not only in your aura. I AM the TRUE SELF in your inner world.

Today's message is the answer to "what's next?" I want you all to LIVE AS A MASTER NOW! Be your authentic Self in any and all circumstances. Freedom is in your mind's attitudes, not your social conditions. Self love will lead to ascension.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 699 - Metatron says . . .

<http://mastersandmankind.blogspot.com/2012/07/metatron-says.html>

Monday, July 30, 2012

Peace will prevail. What will bring chaos is coming to create the light, although it will not be understood. It will be dramatic and conditions will be difficult to accept, but it is needed to delete the deceptions and control of dark cabals.

No love is greater than the love God has for humanity and their ways of learning and growing, but what has happened to your world needs to be corrected; not in one complete collapse, but in different occurrences that come as needed. When all is done, the world will be One and love will answer all your concerns.

Message 700 - Make Yourself Clear and Capable

<http://comptedesaintgermainblog.blogspot.com/2012/08/make-yourself-clear-and-capable.html>

Sunday, August 5, 2012

Meditation will assist ascension. The density of conditions around you can be deleted by your contribution. Serapis Bey has been working to clear the dross being created by the negative messages media is conveying. What you are mesmerized by in the news media's material is not like a movie that can be forgotten. Mind games are being played to make you more accepting of new laws that can deplete all of your natural choices. No guns is an example. When the controllers can demand all guns be given to them, there will be no way to defend yourself from their control. You need more than mental awareness to be able to defy their non-respectful challenges to freedom. No guns? No choice.

I'm not a gun advocate, but defense is now an important concept to entertain. Choosing ascension is the better choice, but those who don't ascend will need an ongoing defense system to be able to give the controllers any resistance. Are you willing to defy them? Are you willing to go to a camp on the accusation of being a terrorist? No? Then maybe you can accept their continuous destruction of the character of man's habitat. But those not willing to accept these things may need to defend their lives with more than one more action than death by drugs or death by a machine created just for this. Why do I mention this? To find out if you are frightened of this concept or able to face this possibility fearlessly. Those who are fearless are able to ascend. Not facing this with courage means more work is needed in your case.

Am I advocating guns? Yes, for those not choosing to ascend. Not assault weapons, but small defense guns with more than one round of ammunition. Not to go out with, but to defend your family if needed. Guns are not my choice of defense, but against another gun they work the most effectively. Shooting ranges are good dross release operations. Can you give one a try? Learn to defend yourself as an advanced gun user, not a novice. Practice is necessary.

Putting out this message is not what my colleagues and I would prefer to do since we are Masters of energy medicine, but no longer can you count on mental creating or non-violent abilities to create a safe haven for yourself and your family. Since these cause and effect mandates cannot be defense resources in chaotic times, you will need an alternative. The need for self defense will enter your lives before long; you will need to be able to defend yourselves.

Martial law is not yet in full force, but it will be. Let go of your dreams of more money and love without any effort, and make a clear assessment of the call for arms now being made since one incident was created to deny guns to you. More details are available in the news about the movie theater incident than are actually the case. None of these things were done by the one accused. Never before had this person been doing any calculated harm to others. Why him? His complete sense of being controlled by drugs given him as a calculated method to destroy his father.

My dear ones, your guns are your only defense when you are attacked with guns. Give yourself the ability to buy and learn to use one. I'm not decreeing you do this, I prefer to ask you to ascend. But one or more ascension in millions means a lot of you will need an ability to defend yourselves against invaders of your homes and dictatorial marshalls who decide to engage you in drama. Self love is your main defense, not going down in a drama of the new corruption games.

Some will think I'm a fake dark lord giving this info, but I AM THAT I AM, loving you with my advice for crazy times. Consider these words and decide what you must do next. Beloved ones, you are the one who knows your own destiny in the dense drama to come, what will you do?

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 701 - Serapis Bey says . . .

<http://mastersandmankind.blogspot.com/2012/08/serapis-bey-says.html>

Sunday, August 5, 2012

Clearing out what demands my attention now will make the lies easier to detect. What are you going to do when you detect them? Will you write about them? Discuss them on the phone? Skype or blog about them? All of these things are being monitored. Are you able to accept that dissent will be admonished? When will you be able to defy the controllers? As an ascended one only. Are you prepared to ascend?

Message 702 - Community Consciousness

<http://comptedesaintgermainsblog.blogspot.com/2012/08/community-consciousness.html>

Sunday, August 12, 2012

Practice in community development can be gratifying, and develop more inner awareness in you as the mechanics are being considered. For example, can you be part of a group that divides everything? Can you divide all of what you bring without contracting? Are you

able to accept queries about your decisions? Can you be gentle with others who have differing opinions? Can you generously give to those not agreeing with you?

What are your negative attitudes that defeat your mastery? Could they be discussed by the group without you getting disturbed? Gentle, caring attitudes during the first days may bring much gratification to all, but it is disharmony that will introduce more God awareness into the community. Giving up your own point of view with divine assistance will lead to more than a discussion, it will give you divine consciousness.

When I asked you to get together to create communities this was my concern: you would build great diads and triads in the beginning, and newcomers would consider themselves unable to contribute their advice as equal decision making partners. All who are not ascending need to be the insiders and the outsiders so you can let go of these divisive behaviors. All of you make a team, not just those who came into the community at the beginning. When communities are new, the quality of decision making tends to be more developed, as no differences have yet to appear that negate anyone's mental attitudes. But as togetherness begins to include daily arguments and negative thinking arises, more and more communities divide their members into those in the circle and those outside of it. My content today is meant to give you more guidance about control vs. allowing of differences in working communities.

But before doing this, I want to mention one more thing about defense vs. attack when it comes to getting ready for the days to come. I am concerned about those who are being deluded into thinking they will be delivered to another galaxy and have made no other options available. When man's control of what he considers to be his own area of concern collapses, he may become a lot less able to provide for his own maintenance. When this becomes a great concern, he could do things never considered before, like attacking others to get what he needs to live. If this happens, what could you do? Are you able to demand your ownership over his need? Are you going to invite him into your matrix to care for his needs? Can you accept and care for him with his mental attitude? Are his family able to come along too? Will you give him what you have because he demands it? Can you not give it to him? What is his clout to demand? Are you going to demand his death over yours?

What I am asking you to consider can become a daily dilemma for many of you, particularly those in an area where there is more control and not giving freely is the norm. Chasing him away is one choice, another is including him in your growing community, another is to die instead. Clearing the density in his mind will not be an option. Finding an answer to these questions is your mastery lesson.

Now, back to community co-creation. Begin with conversations, and decide what the collective consciousness needs to come to love over dis-ease in all contexts. Are you able to give up an attitude of being right when your position is not the same as the other members? When this occurs, how will the group make decisions? Who leads is critical, as control and leadership are quite different. Self-caring and caring for all is the goal when decisions are made in groups, and good leaders will make that ongoing commitment.

Giving an opportunity to those who are not assertive must also come to fruition. Are you this kind of a leader? Are you able to lead at all? When the difficult days arrive, can you give your opinion without concern about what the others will think? Should this not be the case, work on it now. Contributing your voice to the group is important for balance in the game of dancing with the divine. Selling out your own contribution makes it more difficult for you to

enjoy life and makes life less abundant for others. Find a way to let go of your fear and concerns about what you have to share, and grow into being the light of love.

Friends who come together in community generally are aware of how the others are receiving them. When others join, this opens up new growth opportunities. Stay in your heart and allow your Higher Self to lead. It will, and getting a decision made can be less difficult when all involved ask for the advice of their Higher Self, as your questions will be answered from the same source.

Poise and charm are generally the qualities that invite the most confidence in one's leadership ability. Are you comfortable as the person you are? No? Then this is your most important task.

Control of anger is easy when you accept that God is designing all and God is not going to deny anyone their due allotment of grace. Give God the opportunity to make it available in your world by meditating on any conflict that arises, and deliver God's decision when it appears. Choices are only between ego's opinions and God's design—choose with your mind and ego dominates. Choose with your collective awareness and this allows God to direct. Begin to accept God's will now to waste no time in learning the difference between mind's way and God's way.

Forgive all who angered you in the past. When anger is inside of you others can activate it with very innocent contributions to your awareness. Contributions of this kind are life giving opportunities. Gratitude is the most appropriate answer when this triggering occurs. Those who deny this message of conscious awareness can be fooled by the mind into believing they know what God wants instead of asking within for guidance. Please allow them their opinion, but not control over your inner or outer activities. Always ask for inner guidance, no matter what others do or ask of you.

Preachers are not the best guides for your conscious awareness because they ask God for you. You need to learn to go direct. No intermediaries are needed.

After collapse of the dollar more oneness opportunities will be given than most of you have ever had. Give what you can and only what comes to you as inspiration to do. Give to yourself too.

Cinders are what will make the next cause and effect scenario call you into community. When they appear, go direct to your most trusted friends and ask them to live with you. With them you can bring more continuity to your lives instead of giving them up to live with others you have no track record with. Only do this when good friends are not available.

Praise for those who are already in communities, for this will be critical in the days to come.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 703 - Fasten Your Seat Belts

<http://comptedesaintgermainsblog.blogspot.com/2012/08/fasten-your-seat-belts.html>

Thursday, August 16, 2012

Now that I have given you the most critical details of the days after the ascension, my colleagues and I want to describe what can occur once the beacons of light that ascend are no longer available to anchor that light on your planet. Instead, those not ascending must awaken in consciousness quickly or chaos will follow. Awakening contributes to balancing that crazy kind of negativity that often appears when no clear answers are available. Suddenly, many anchors of light will no longer give them any direct awareness or new cautions to live by. Only an aware being can stay content in the midst of chaos, and they aid the others.

So when many of today's anchors are no longer around, men and women will act differently than when they were able to make their way to the light in the aura of others. Many got close to ready for ascension and then the control mentality gave them a distraction. Self-awareness was not yet complete, and desire for material world objects distracted them. Want to ascend? Give up all desire for worldly niceties. Instead, look inside yourself for gratification. Can you work and do things that are normally done? Of course, just don't make goals that you can't live without. Instead, go for your dreams without caring whether you complete them or not.

Self love and desire are opposite concepts. Love of oneself means caring and giving all that one needs for happiness. Desire means your happiness depends on acquiring, not on being. One's physical needs are few: food, water and shelter. Making yourself agreeable to local conditions is the difference between a need and a want. You can want more and get it by being open, without caring whether you get it or not. Not needing it makes you grateful for what comes, and you do not become disturbed when what you would like to have does not appear.

When disasters hit most of your material things can disappear. To be attached to them more than the fact that you were not harmed cancels your ability to thrive again. Get out of desire and change the "needy" quality of your attitude, then grace will take care of those things you truly need.

Portals are about to open and I don't want your goals or your current life attachments to keep you from walking through them. First and foremost, give yourself permission to leave. Ample time has passed to help you get complete with your life.

Many of my chelas will not ascend. They have not been able to accept the concept or my direct contact to inspire them. Self control is not their best quality, so they do not meditate. In this condition ascension will not occur for them. So what my messages contain about the future is for these chelas. Can they do enough now to still ascend with this next wave? No, they don't have time, so making the next ascension wave is not possible. Instead, my hope for them is that they awaken as a result of their awareness of ascension and they are able to get on with their lives in a more awake condition. Their next ascension gateway will be the moment of death.

Pure awareness is needed. Pure clarity that their inner voice can provide. We are only able to communicate to clear channels. Are you one of them? If not, you can still become one. Practice this daily to prepare yourself to live without my contact through others.

Fasten your seat belts, because things are going to get crazy very quickly. The "next days" are not far away. Instead of asking me about them, ask yourself, can I be ready for chaos?

Only when you are centered and clear inside. Otherwise you are going to be at affect of what is about to occur. Center yourself daily with meditation. Conscious breathing will center you momentarily if you put your attention on the air going in and out of the body. Ceremonial breathing is not what I'm talking about. You can count the breaths, just don't try to control them.

When you are getting near the ascension call you will be tired and not able to sleep. It means you are consciously in more than one dimension. Are you having this experience? If so, ascension is near.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 704 - Archangel Michael says . . .

<http://mastersandmankind.blogspot.com/2012/08/archangel-michael-says.html>

Saturday, August 18, 2012

When the dollar drops in market value the US will collapse. All goods and their managers will disappear. When this occurs we will see chaos as never before. Can this be conceived of? No? Then you are not aware of what these and the Saint Germain blog messages have been delivering in the last few years. Being prepared for a collapse was their original direction.

Sitting back and dreaming about a New Earth was not the way to live consciously. What Acended Master Saint Germain has been telling you in his messages will occur, not today, not tomorrow, but when the ascension candidates deliver themselves to their next energetic move. Maybe next year. It isn't so far away in the time you are accustomed to.

See what the world news is saying about the US market place. Not so inviting, for crash is the word in money circles.

NOTE FROM ARUNA: This appeared on my Facebook feed a few hours ago:

<http://theeconomiccollapseblog.com/archives/startling-evidence-that-central-banks-and-wall-street-insiders-are-rapidly-preparing-for-something-big>

Message 705 - Confidence is The Way

<http://comptedesaintgermainblog.blogspot.com/2012/08/confidence-is-way.html>

Friday, August 24, 2012

The manifestation of caring for all of God's creations is the answer to all of life's difficulties, so why can't man include this into his mental decisions? Nothing matters more than this.

Once greed is annihilated there will only be caring left, so man has arranged to collapse the entire corporate dynasty that demands all and gives nothing away unless there is a tax deduction. Eliminate greed now, you will be able to live without these corporate dictators. Meditate to lighten the matrix of materialization, because this will deliver the alternatives.

No man can manage disharmony by himself. Coming together is not only a wise choice, it will be absolutely essential to get through hard times. Fighting will continue for many, but those who do care about man's world will do loving things without getting out guns and destroying themselves or those around them. However, guns do deter and having them may keep others away who don't care about your desire to live in a caring way. They can drain you of all that you need to live.

Passivity will not keep them from attacking, but a most challenging demeanor can. Walk and talk with confidence without being cocky. Interest in you as a target will be less. Solve your own confidence issues now. You will need charm as well as grace to deliver the message "don't mess with me."

Courage and confidence are not the same. Courage means there is a deep rooted fear inside that cannot be overcome without taking a step towards what is feared. Confidence is greater than courage because no fear exists to be overcome. Those who are afraid must add courage to their capabilities. Becoming courageous is the first step to confidence.

Contemplate this: when the days of darkness begin, those who have confidence can get out of their living dilemmas because new conditions will become available to them. Only confidence will call these to them. Clearing the way to confidence will advance those who do. Others will crumble and need assistance. The confident ones can assist.

Settling into an acceptance mode is necessary. Stillness inside is the most causative method of garnering confidence. Sorting out the leaders will be action based. Can you act when afraid? Are you afraid of failing? If so, does it keep you from acting? What are you afraid of? Your own abilities? Abilities are discovered when you make an attempt, without an attempt they dissolve. Claim your abilities with an active decision made in the moment. Rise to the occasion. It will deliver you more than you can imagine.

Be more than one who calls to others for aid. Get into action, for the love of God is not always meek and mild. Get your dense bodies lighter so you can love with conviction and draw forth that love from inside of yourself. Give an active dramatization of love by choosing direct action instead of closing down. What does a hero do? Be a hero when the need arises.

Suffering is only in your mind. You can be a giver of love in any condition. Align with God's design and cancel all of your disturbing thoughts against what God has administered. You are the divine cause of these active dreams, so be the loving dancers in the dream, not like caged animals when dilemmas arise. Solve the dramas in your life NOW. Settle your cause oriented disturbances. Solve your non-aligned contradictions. Get out of man's consciousness and into divine consciousness. Be who you actually are, and face life with confidence in yourself and the divine light that dwells inside of you.

Practice dancing as a light dances. Continue dancing when the darkness appears. When this happens, light up the planet with your love. You can be the calm in all non-aligned activities; stay dense and you cannot be. In the days coming we will be looking to you as an anchor of light. Can you do this? We are counting on you. Peace and love are your very nature, claim them and do nothing less than act on that love.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 706 - Sanat Kumar says . . .

<http://mastersandmankind.blogspot.com/2012/08/sanat-kumar-says.html>

Friday, August 24, 2012

No man is an Island—all are connected. Slaves and controllers all come in to teach and to learn. Controllers are not the only designers of what occurs, so are the ones they control. What are you able to learn about caring from this?

Message 707 - No guns? Not a Good Idea.

<http://comptedesaintgermainsblog.blogspot.com/2012/08/no-guns-not-good-idea.html>

Thursday, August 30, 2012

Many of you are questioning my comments about having guns. What is the cause of this change in my consciousness? Am I negative? No, neither negative nor cancelling out my desire to have more caring in my chelas. I am only being clear about what may begin to occur in your communities.

Are you fully able to accept whatever comes to you without any concern? Good, you are able to ascend. Those who cannot ascend, or completely accept whatever occurs without any negative attitudes against a perpetrator, can do what is needed to defend their community. No one is asking you to deliver darkness to anyone in your circle. Guns are not dark, only your negative thinking about them is dark. All things are neutral—man gives them dark or light designations. Choose the attitude you wish to carry and the gun will not be used against anyone. However, it could make an intruder leave, and in this drama you could consider it worth having.

Are you afraid of a gun? Are you afraid of the desire of your ego to act against another if one appeared in your abode? In all circumstances the ego is the actor against another, guns are only tools. You can deliver deadly attacks without a gun. Another weapon of choice could do damage as deadly as any metallic object you can design. Cars kill, are you afraid of getting one? Mother nature is not all loving either, she also kills, as an act of destruction carries many lessons about caring and compassion.

Care about the friends and family in your community and get the things you may need to deliver them to a condition that answers their needs, whatever that may appear to be. Choose the caring over the label you cast on what that caring needs to include. Seldom does caring include a delivery of death, but it can at an appropriate moment. Can you get what this means? Not having the ability to deliver death will not make you a hero when your loved ones are being attacked. Cancel these delusions. Having a metal object that can thwart an attacker can make you a hero instead of a victim.

Now, when you get upset about an idea, go inside and ask yourself: what is my disturbance about? Conditions may not get to the level I'm describing, but if they do, what is causing you to have negative thoughts about how to defend yourself? Only a question, but an important one to answer before you depend on divine assistance that does not appear. Cast your negative attitudes into the well of love and come out of your own fears. Then you can defend your dear ones with whatever they need defending assistance from. Cause and effect includes: delivery of an act of courage when needed, not defending with

merely a desire that another come to deliver it for you. We cannot be there to do it for you, we can only provide you with a call to arms.

Are you unable to consider the dense conditions my words detail? Are you not aware that debt is more overwhelming than cash in all countries? Are you not aware that debt cannot be sustained indefinitely? Only a non-aware individual cannot see how deeply in debt the US is. Can it maintain this forever? No, and when it collapses there will be chaos. Be more aware and more able to care for your non-aware loved ones by getting things to defend yourselves with. Pity after the fact does nothing. Seldom does man regret owning things that attract an attacker to him, such as a new car, quality machinery or expensive accessories, but these are things that can draw an attacker into your area. A car is not an instant attraction now, but when no gas is available to buy it could be. A deterrent to being attacked because you possess these desirable things could be a gun.

I Am That I Am is not able to keep you from attracting attackers, only you can avoid doing that. Only you can avoid using a gun when it is not needed. Only you can decide to deliver a gun's charge against another. But when the "other" determines that mean deeds are to be done, when the attacker denies your dear ones the right to life, can you accept this with any other tactic? Give the attacker his due—an appropriate response to his motive. I Am That I Am has this in the caring category. I Am That I Am wants you to defend to the death your family that comes together to live. I Am That I Am wants the love of those beings to give you courage.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 708 - Archangel Raphael says . . .

<http://mastersandmankind.blogspot.com/2012/08/archangel-raphael-says.html>

Thursday, August 30, 2012

More and more of you are awakening. Can we call for the ascension now? Not quite yet, as our choice is to have the biggest number possible ready in case many choose not to ascend at the last moment. Will we decide and make an announcement to all who are able? No, when they are called we will get their answer then. No advance notice will be given.

Message 709 - Bring it On

<http://comptedesaintgermainsblog.blogspot.com/2012/09/bring-it-on.html>

Tuesday, September 4, 2012

Politics is now a distraction from love. Who the best candidate is will depend on your own mental attitude. Who will win has no connection to who is to be the next leader. My comments now are to tell you that there is no way that an election in the free world can be fair. Any man who is called into the arena of collective collaboration with a group of dictators goes with the awareness of his most difficult task to be done: do what they tell him. Mr. Obama was not naive, nor was Mr. McCain. Both knew full well their choices would not be their own.

Mr. Romney was not the controllers first choice, nor was his running mate, as these two don't totally understand that their next duties are to dissolve all of their own conditions to go along with the controllers. Both go along now thinking they can be less in collaboration after the election. Should they win, they can congratulate themselves on moving against the controllers agenda. But this is only one step away from what is now happening, because the controllers cannot allow them to deter the most elaborate drama to go into manifestation ever designed. They cannot get away from this design, only decide to go along because it is too materialized to be disturbed. What will become of the controllers design is only on hold in the moment—in the appearance of cooperation, but no alterations to the larger game will be made.

Debt is the one way to downsize this entire growth in consumption goal that has destroyed all countries in the leadership of the controllers. All of the European Union, Egypt and the other Middle Eastern countries, Morocco, Algeria and Nigeria are under the controller's dominion. In America, both the US and South America are completely dominated. Cuba and all other non-controlled countries will not be considered a threat to this dominion because of their lack of dictator control in these areas—no, they can do their dance without any uncooperative leaders in opposition. Other countries that are totally controlled are in Asia and the Pacific countries near the land of North Korea and China, but neither of these two countries are in their control, they are only being used by the controllers to achieve their objectives.

Russia is on the brink of controller demise, as they have many legs deep into the world of finance. They will be completely dancing with the controllers next decision to collapse the world economy because Russia can then take down their capitalist neighbors without making a cash investment to do so. They can become the next big dictatorial society other than China, and they can take on the other countries together, without any interference. Russia will be declared a next generation government when Mr. Putin is out of the limelight. Mr. Putin is not going to decide his own fate. Who will replace him? A member of the illuminatti.

When the decree to remove the banks' manipulation of the pound, dollar and euro comes, all other economies on the dollar standard can go down. Only those with another banking option can delay their own collapse. All world economies are doomed in this drama. Will this occur? Once the drama begins to unfold it cannot be delayed. When, is the question. It can go at any time. No economy has enough resources to demand a different controller drama.

Where do the controllers get the ability to do this? They own all the dollars and the euros and the pounds. They own the banks and the money making machines. They also own the managers of these banks and control of the banks means control of the money. No banks will close. They will be waiting to deliver new currency—a one world currency to all countries. No divisiveness here, one currency that they control. Can it be used? Why not? Nothing else that could be used instead will be worth its weight in any form. All the dollars will disappear and all the currencies tied to it are about to disappear.

One currency will be created that leads the money distribution in all countries. Europe is about to be dissolved into many distinctive entities that can do nothing against the controllers. Neither can anyone else, not even the countries that will emerge as the next world leaders.

So it goes, the controllers' agenda. Are you going to get disturbed by this? Why? Nothing

can be done to stop it now, so why not give up your money dreams and focus on your awareness? Acting out your anger and frustration creates density. Instead, give your love to all of this and do what loving beings do: give them the opposite of the density. Give them only gratitude for what is and happiness no matter what. Why am I asking you to do this? To defeat their goal of human incarceration for defying them.

Trials and confinement are not their goal, chaos and murder of humans to deplete the growth of managed societies will be the delight of their machine guns. Give them no cause. Be aware and await their non-denied actions with no distress. Happy hearts can accept their entire game and give them no dissent. Why? To ascend, as ascension, not self-destruction was your chosen destiny. If you want to be destroyed by them, go ahead, but call to I Am That I Am as they attack. You won't be granted any dispensation for the body, but ascension can be the drama they don't get to control.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

NOTE FROM ARUNA: For those asking the question, "Why is this information only being channeled by Aruna?" you can find possible answers to this in my recently published book: *The Master's Messenger, Emergence of an Awakened Channel*, now available on Amazon.com.

Message 710 - Sananda says . . .

<http://mastersandmankind.blogspot.com/2012/09/sananda-says.html>

Tuesday, September 4, 2012

What Saint Germain describes on today's ComptedeSaintGermain blog is the opening of the door to the New World Order. It has been in the making for many generations, and what comes next is the currency exchange the controllers have been managing for these many years.

When this happens, do not go into chaos. Peace and love will give the most appropriate alternative to their guns. Make no mistake, we, the Masters and Angels in Oneness consciousness, do not see this as dark vs. light. It is all in the dream of the conscious mind, not the reality. Choose the continuum of your divine Self now, as the controllers are only a manifestation of ego's desire to be in control, and your destiny is to be Free.

Message 711 - The Door to Ascension

<http://comptedesaintgermainblog.blogspot.com/2012/09/the-door-to-ascension.html>

Tuesday, September 11, 2012

Consistent with all of my messages, are we doing what we can about man's distractions from awakening? Yes, we are. We want the mass awareness to be Oneness, without the controllers in charge. We want you to awaken from all of the drama that keeps you dense, containing dross, and not recognizing the reality. Are my words clear? Can you see the connection between conscious love being the divine light, and your mental drama being the corruption you must navigate through to realize what is real and what is not?

Are we asking you to go to another area for health or mandating it? Yes, because draught and drugs are two controller led obstacles that can dim your divine light. Are we asking you to give to the care of those not able to care for themselves? Yes. We are also asking you to find new ways to enliven your levels of caring. The masters are working to open doors for you to other dimensions, and we are calling on you to support these conditions. We are not asking you to do things that are against the controllers.

It is the caring of togetherness that can alter the mass consciousness. What does the control of the banking system mirror to you? Your money consciousness. Control of anything will deny the flow. Control of money in your own life is what is making the conditions that are being magnified in your controller drama. Making money more available with credit is not the answer. Making more debt will only delete the management of conscious use of money. Control of your own desires is more impactful than getting into more and more debt. You must accept the fact that debt is giving away your own sovereignty. No man is the controller of his debt, only charlatans offer to do that. No man who denies his own ability to thrive is making his contribution to mankind as his contract calls for. Being driven to get is not conscious. Giving to get (even a tax deduction) is also not the loving model of giving. Giving to give is using your gifts in appreciation of the divine attributes you already own. Making a contribution to mankind is not about giving away money. It is about sharing your divine attributes in all that you contribute.

Self-love is the way. Self-love makes the attributes you came in with more available. Self-love is not about narcissism, it is caring for a divine creation in the form you chose to operate it in. Are your divine attributes available now, in these days of crash and burn? Absolutely, and needed in every daily encounter. Are you able to love the content of the earth changes? No? Then realize that the love in you can change this content. Is this still possible? Yes, but the changes you are experiencing is a manifestation of the mass consciousness, so more caring in the mass consciousness, not just a few, is what must happen to alter that content.

Self-love is one thing that is needed. Another is acceptance of all of the changes that occur without being negative about them. Can you do this? Can you accept all as divine and not complain? When changes occur they do not come without cause. All of these downgrades to your life conditions are the consequence of the human management in your own active matrix of materialization.

When we close the door to ascension no more denial will be able to remain in your minds. Those who are capable of ascending are going to leave the material world and those left will need to depend on their own matrix of materialization to live. Will they be able to do it? Of course, as all are able to get divine assistance when needed. However, should they not ask for it, they may die without ever knowing what they are capable of. There is no magic to being able to ascend. All who decided to look for God found their way to ascension. God is inside each of you, not just a few. Finding God was your mission. Can you go to your death without finding God and still ascend? Yes, but only when you ask for God at the moment of death and are able to accept that who you are is a divine being.

Self-love is the consequence of going within and accepting your divinity. Are you capable of doing this? Yes, but no one can expect a door to open if they don't go near a door. Open one and claim that door's entrance to the future. Only one door of the multitude of choices will take you to ascension. All the other doors are closed to this. Are you opening a door that claims your future is in the hands of others? It is not that door. Are you opening a door that claims the controllers are in charge of your money? It is not that door. Are you opening

a door that gives your mind the choice of direction? It is not that one either.

The door that leads to ascension takes you to the heart of the One God that actually controls all human/divine actions: the God inside of your own heart. Now, most of you who read my words on this blog are already on the threshold of this door, and all who are not can still go looking for the door that will take them there. But will they? Are they able? Not as many as we had decreed, but enough to complete the ascension. Self-love is the key to that door. Are you on the other side of it yet? No? Then do whatever you can to look for it and cancel your negative attitudes. Blessings come in many ways, consider this message one of yours.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 712 - I Am Melchezidek . . .

<http://mastersandmankind.blogspot.com/2012/09/i-am-melchezidek.html>

Wednesday, September 12, 2012

What Saint Germain is commenting on at this time makes an important point: what comes from nothing is not energized, it only serves as a counterfeit, imaginary copy of the real thing. Unless paper money is backed by an actual thing, like metal or land, it has only the value attributed to it, not any value that can be controlled. What the controllers are causing now could not have occurred when dollars had gold to account for. Can you deliver gold to the debt holders now? No, only more of the debt that is called in by the major banks who are in cahoots with the controllers—sad.

Can you get out of debt by leveraging money with more debt? Only temporarily. When you are debt ridden and asking for more debt you are contributing to the problem. Why not pay down old debt before creating new debt? When large debts accumulate they can become overwhelming. In the case of one inquirer who has many debts and is attending college, I recommend a temporary debt reducing college break and then a search for money to continue that does not accrue debt, say a grant or scholarship. Having less debt will not only decrease your cash dilemma when the dollar drops in value, you will also need more money to clear the debts you now have if you delay payment for another few years.

Message 713 New: Contact Management in Progress

<http://comptedesaintgermainsblog.blogspot.com/2012/09/new-contact-management-in-progress.html>

Tuesday, September 18, 2012

Many of you have a new body to operate. On the anniversary of the American 9/11 attacks the consciousness of I Am shifted in those who have opened their hearts and are in contact with divine awareness. You have been newly constructed to be able to anchor more of the divine energies. In these last days our contact altered your ability to deal with negativity in a major way - we allowed the density within you to disappear so no new contractions can disturb you. You may have noticed energy increases in different areas of the body and observed aches and other unusual symptoms as a consequence.

We did this to open up one more answer to the darkness that is materializing around your planet during nature's mandate for change. More than one frequency has been opened in your bodies, and new waves of different intensities will be moving out whatever dross has been collected. No change in your mind was attempted, as mental options are your birthright, but when the body is needing to adapt to new conditions, it may receive new energy contributions from this overseeing collective. We are not abusing anyone, only advancing the direction each has already chosen.

Now we are detecting another need: to adjust these new frequencies so they can align with our contact with less difficulty. Those who channel may not get much contact from us until this is done. My channel for these messages is not completely aligned yet so will only offer this today.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 714 - All is in Perfect Order

<http://comptedesaintgermainsblog.blogspot.com/2012/09/all-is-in-perfect-order.html>

Sunday, September 23, 2012

Are you able to detach your energy from all that you consider "yours?" When you are called to ascend, will these attachments keep you in this continuum or can you deny the obstacles in the way? Are these distractions the only desires, or are there more? Only those who desire the ultimate in consciousness can ascend. When you are called to move out of the world you cannot take the world with you. Friends, family, animals, containers of items and all appearance choices must be left behind. Selling the worldly goods is one thing, many of you have already done that, but walking away without any of the heart's loved companions is another. When the body dies this is done. Can an opportunity to ascend get chosen over death as the means of dropping out of central city? Are you that enlightened?

People who are awake and detached can go to their death without any hesitation. But those still attached to mind/body answers to man's destiny cannot act on their consent alone. Mind must be in consent with the contract the soul chose and be able to detach. ***When the ascension call comes my dear ones won't be able to take anything they love with them. Answer this question now: Am I completely able to walk away? Most who are companions will want to give a managed consent with their "other" being included. What if the "other" is not able? Are you willing to let them remain? Most children will ascend with the ascending ones who are their caregivers. Those children needing a different experience for their next answer in awareness cannot ascend though, and must be given their next directions from others when you ascend. Can you go without them? It isn't going to be the next step for those who cannot demonstrate complete allegiance to their own inner knowing, especially when the mind and their love of others is not aligned. Can you do this?

My dear ones, ascension will make the choice obvious. Those attached cannot ascend. Choosing ascension and then not agreeing to leave is the candidates' option, and we want this choice to be made now. Give this question a mental test. Join the waiting list only when these questions are not in the undecided zone. Make a clear declaration of your intention. We would like a head count. Honesty will bring the awareness to all who need to

know. We need you to be totally honest. Can you walk out the door to another dimension without looking back?

Fantasy about ascension has been the only avenue to date. Ascension was only the mind's imagination, as no data about the actual mechanisms of it are available. To most of you it is a "like," not an absolute goal. This is due to our not-so-easy job of calling you to consider and decide. We did not give all the details because this ascension is new to us too. Never before has a large group ascended. We have cancelled numerous calls in the conception phase due to lack of committed participants. What these trials offered was the way to conceive it, contact the ones who were open, and draw from them an understanding of their lack of conviction about the momentum we were catalysing for them. When we asked for an absolute commitment the few who agreed were not masters yet and did not have the ability to disappear during the collective mind's one day that was open for ascension. Now we have a much bigger door of concentric days available. Now we have numerous masters asking for ascension, and we have the collective consciousness able to create a new matrix of materialization that can withstand the loss of these masters.

Celebrations are not our next step, getting the job done comes first. So again my chelas are being called to ascend, will they agree when the door opens? We want you to greet that door with delight and go through it without any hesitation.

Finally, the day has come in our realm to tell you the most climactic change to occur on your continents: it will be the collapse of the controller's dream to control all of the world. That is not going to happen. It is not their drama to lead. I Am That I Am is not going to allow it. When the mass ascension occurs, the galaxy you are in is going to move. It will enter another dimension on its own and correct most of the games the controllers have begun. Gone will be money control, diet control, organized militia control and civil wars. Gone will be hard headed men going against the mass desires of their entire nation. Gone will be dictators and greedy conquerors. Open the door to ascension and the controllers die on their way to the bank. Their act in this play is about to end. Why is ascension critical to this cosmic alteration? The divine call will deliver more grace than what has ever been available. I Am That I Am has mandated these two concurrent activities. When the ascension occurs the galaxy containing all who ascend will move into another orbit—and there will be more than one outcome from this. When this occurs we will get to observe again all of the choices we have considered and chosen not to make available. A new life is about to manifest in a different way. The continuation of humanity can be uninterrupted. New choices can be made about all those things the controllers have deemed their domain. Freedom and caring for others may actually become your game.

But we need an ascending group to activate these actions. Are you now going to decide to renege? Or are you ready to move on and give this needed light to the others? Can you once again decide? We need to know the masters can still be counted on. We can count the choosers of ascension by the great aura they deliver to our inner contact. Yes, my dear ones, our collective is in the light of yours—we are one.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 715 - Another Look at the Controllers

<http://comptedesaintgermainsblog.blogspot.com/2012/09/another-look-at-controllers.html>

Sunday, September 30, 2012

Can you continue to allow the light to flow into the human density matrix with a learning attitude? All of us will be observing the changes that take place in the ongoing drama, as none of us have gone through anything like this before. When the money collapse occurs we will be waiting for those who are ascending to come out of their homes to contribute their vast mantle of grace to the masses. Some who do this will be those who are not quite able to let go of their loved ones, as they will be drawn out of their confined spaces to watch the glow.

Some who are ready to ascend may say no at the moment of ascension. They can do this. If they make this choice it is because they do not understand how much their ascension can aid those who will be needing assistance during the transition into what the ascension will create. We need more to ascend than we are now assured to give the material world a concrete demonstration that cannot be ignored, but we can act like we are all ascending and maybe more will leave their entertainment in form for a new kind of entertainment when the moment comes. All are welcome. Are you going to join?

Can you give up your mental concern about those needing another lesson? They will continue to receive the acts of grace that you are presuming the ascended ones will be taking with them. Many who are nearly ready for ascension will take the place of the newly ascended ones. This will not necessarily happen in your own home, but in the consciousness matrix that determines how things will go. But first there needs to be closure on what has demanded such a major change in the world's make-up.

The consequences of the ascension are to be great, and those who will attain the awareness that this was done to create will lead the way to a mass conversion of ney-sayers and negative thinkers. Some who discount our messages will look upon them in an entirely different way. "Praise the lord" will become a clear mantra among many who are now unaware. The change that is coming could only occur in this way because the darkness was so dominating it was impossible to eliminate greed and do-nothing attitudes when others were hurting. In this clear demonstration of God's love (ascension) we can once again create more appreciation for what God created and how this creation must be developed in the name of God—not with a claim by someone in charge, but by the love of all that God delivers to cause new attitudes.

Peace and caring are new to many in your realm. We want this for all men, women, children, animals and the entire natural world—all need more attention. Can we count on this happening? When the ascension occurs this will be the next mode of human consciousness.

Seldom do I mention the cause of this ascension being the change that is needed in the matrix of materialization. This is because we didn't think we could manage a full blown alteration of the controllers attitudes without one. We need these attitudes altered if we are to make a world that is more loving. When the ascension occurs we anticipate that this alteration will be possible because we will be delivering a very different cause for the controllers to be in charge of: with a totally different congregation to manage, one world government won't be anything like what they have designed. It won't even be conceivable because their banks won't open and no money will be changing hands. What can they control with? Nothing but their feet, hands and collective conclusions. Will their families be

better off than other families? Only in the short term. Can they damage anything major? Yes, but why? When they realize they cannot have control over what God wants they will have to accept their chosen destiny: collapse of their dream.

What is next for them? They will be the ones needing to meet the demands of their creditors—not the credit masters they once were. Karma is their administrator of debt and conciliation. When the currency collapse occurs their banks and debt collection organizations will also collapse. No debts will be collected. Continue your debt payments until this occurs, but know that all will be changed in the next configuration of currency matters. This will happen after the controllers are deprived of the organizations that operate their companies.

While we are celebrating the ascension they will be considering their next moves. What will they be thinking? How to take out the last remnants of their manageable cash before the banks close. We will not let them do this, and they will be in the very same condition everyone else will be—needing a community to work with to create a new human experiment. Will they be in charge? Only those who are clear enough to get a new character will be able to manage in these new communities, because the guidance of our realm is to lead, and all can follow this guidance if they choose—or not. The controllers are not used to being out of control, so groups who accept their dictatorial attitudes will not thrive. Selling out one's inner guidance to be directed by others is the second thing to go in this matrix of materialization. Show me the money will be the first.

Will there be a New Earth with no controllers? Yes, but when and how will be the next human dynamic to be generated. Freedom needs new leaders, not old game controllers. When we conceived of a mass ascension the leaders we were depending on agreed to ascend. This is good, as young new ones can emerge as they came into bodies to do. Many are very conscious and will not be ascending. We are counting on them to be the leaders of the future. Money, race, class and gender will no longer determine who will be in leadership roles. Caring will be the most important qualification. Create the New Earth with love and no differences will matter.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 716 - More Discernment Needed

<http://comptedesaintgermainsblog.blogspot.com/2012/10/more-discernment-needed.html>

Sunday, October 7, 2012

Pretending that one is full of love is not the way to live the teachings of mastery that you receive from an Awakened one. Acting out these teachings comes from a full demonstration of love in all circumstances. Are "control and desire" the lessons the masters are delivering? Are "compare and complain" a master's way of being? Can you deny anger and be a container for divine grace? No, none of these character manifestations demonstrate any true change in an adept's mental body or release the dense qualities of an individual's emotional make-up. Changing one's name and meditating do very little to alter one's mind or caring capacity. Only a pure mind is an awakened mind.

An awakened mind and body are needed to ascend. Clear out the density and walk into

the next dimension in the body. Clear out your opinions about density and claim the complete delivery to One consciousness. Fake it and you will completely miss the opportunity that this lifetime can deliver. We, on the other side of the veil, are calling on those who are truly awake to be the light that changes all the others who are still in the dark about these things. Control of one's thoughts has no bearing on ascension. Claiming to be an answer of light with a message of condemnation casts a dark contrast to a message that comes through an open heart.

When my channels do not communicate with one another they lose the ability to be objective. Once my name comes into one's messages the light can be distorted, and this may not be caught by the channel for many chapters into the drama. Many channels deliver distorted messages in my name. I Am That I Am considers these deceivers opportunists that need to be discerned, giving the channels a chance to learn about deceptive channeling. My opinion is that all who channel owe it to themselves to get a clear connection with the most conscious being that their vibratory frequency can accept. Unless they learn discernment they cannot qualify as a clear channel, because they will be attracting all of the deceptive beings to them.

What is more deceptive, the channel who doesn't discern, or the one who comes to call on a channel that is not capable of discernment? One channel amidst a million deceivers can always decode the managed dialog and the negative component being channeled. Why? Because a channel delivers the message to an audience and is completely accountable to that audience. Facing the fact that all channeling is a gift from outside of the mesmerization, the cast of characters must become the drama's mentors in all cases. All involved carry equal karma. Channel a deceiver without demanding their credentials (as they can be checked), or make a deal to deliver content without a method to check that content for credibility, and you will get one or two more life contracts to learn these lessons.

Humans are not dumb. They can ask for candid comments and be accountable for containing those who are not delivering as they have asked. Never does a deceiver deny coercion. Coercion may be attempted, but demanding it be deleted is an act of caring, and that act dramatically improves the quality of a channeling immediately. Pause and ask for only Christ consciousness before any channeling is accepted. You won't be fooled ever again if you do.

Being peaceful and loving does not include negative dialog against someone who channels, but does include the identification of a dense channel's colleagues who are using him or her to get attention. Some of those have already been identified by me. Use your own ability to discern others as a way to increase your own awareness. Please do this because the time to be able to discern is NOW. Challengers to the mass ascension are many, and they intend to bring the darkness of their non-aligned attitudes to those who may not be able to tell that they are being deceived. Always ask for an immediate answer of "yes" to the question "are you Christ consciousness?" Any different or qualified answer comes from a deceiver. Challenge all who channel with this question. Be very vigilant about this. Don't give them a chance to defend their answer. When you allow anything other than "yes" they've got an answer from you that you can be fooled. Give them no leeway. Demand an unqualified "yes" or deny them access. Be on guard whenever you are open to their influence; include this question when you ask about your daily activities. *Always* qualify your inner messages to be certain they come from the consciousness of pure love.

Fact check. Are you being guided to mastery? If you are only being told to give away your mastery, then don't accept that message (i.e. telling you to live in hope about what "may" happen in the future instead of dealing with your fears and making the best of the present moment.) A master makes choices in the moment, and cares about content and all who will be affected by that content. A master also takes full responsibility for what is delivered in his/her name.

Many of you are being deceived. Why not ask the qualifying question about all channeled messages? Are you able to accept an answer only when it fits with your mind's opinion? Your mind doesn't have the ability to determine the validity of a channeling. Only your inner director, the heart of wisdom contained within you, does. Use the method mentioned here and become aware of all deceptions being delivered through undiscerning minds. Be the light for others, tell them how they too can be more discerning.

AND, love the deceivers as teachers that bring you the ability to be free of them. They are not the enemy, only the cast of characters needed in the movie you decided to create. If you learn how to expose them, they have done the job you asked them to do. Free yourself, and them, from their attempts to deceive you. What has been growing in this exchange is more awareness in the mass consciousness. Please appreciate them for their contribution.

I AM THAT I AM

Ascended Master Saint Germain

Channeled by Aruna

Message 717 - Your Contract Helps You Grow in Consciousness

<http://comptedesaintgermainsblog.blogspot.com/2012/10/your-contract-helps-you-grow-in.html>

Monday, October 15, 2012

Man is on the precipice of the next leap of world development. No man can avoid his contract, only manage the circumstances as a chela with divine consciousness, or as a negative responder.

Actions in the midst of a crisis are determined by one's ability to connect to the heart of the matter. No direct contact with near and dear ones may become a cause and effect drama, and when this happens, can you make the best of the situation, or will you become unable to function? When all is said and done, no one is totally detached from others and cannot be immune to fear or misery unless awakened and deeply aware that all are always one, no matter what occurs in the drama.

Selfish, material attitudes are the cause of misery. Things do not create eternal delight, they lose their appeal quickly and more things need to be acquired to fill man's neverending desire. Money and wealth are not the same thing. Money is for acquisition and wealth is measured by the depth of your love for God. True wealth is the acceptance of God's bounty in all circumstances. God's bounty is love—and when you are in abundance with this gift from God, nothing makes you miserable. Self love is not the same as many of you consider it. Self love is when you adore the divine aspect within yourself, it is not self indulgence. "I'm worth it" is ego's desire, not God's desire. No man is not worthy of a gift, but no man "deserves" to buy more than he can afford. Making decisions about money gives man an opportunity to make conscious choices. Choosing to become the

object of debt collectors does more harm than good.

When you are tempted to be more generous than you can afford when giving to others, consider making things to give them, as the content of a handmade gift is more valuable than a purchased one, it contains the caring of the giver within the gift.

Money gives man many conditions he needs to grow with. Whether a goal of obtaining one's means of self care or making money as the only concern, both are driven by ego mind. When the man driven by need or desire goes after money, a door to a major lesson opens. Need does not create money, nor does greed. All that is needed comes to the man who is grateful to God for what he has. When you feel needy you actually are communicating to God "my chosen circumstances are unacceptable and I need more." This thought contributes density to mass consciousness. No door to learn is open. When there is no desire being communicated, one's needs are taken care of. Practice no desire and demonstrate this to yourself.

God does not decide on your fate. You do when you are getting ready to become a human. Contracts are conceived with deep consideration. No dramas are included that are not your choice. Even dying children are in this same category—meeting the contract's details so all involved can grow in consciousness. Children who are being murdered contract for this experience to open the mass consciousness to compassion. They also grow in consciousness in the conditions of their own murder. No mother does damage to her own child without some lesson to be learned by both. No, God didn't decide that or any other growth experience—the one's involved made that choice. Not being aware of the choice means you don't get another option when it comes. You must go through the entire experience to find love in the mix of polarities it addresses. All circumstances are designed to open the mind and the heart, even dis-ease and death. Are you able to give this an "ah ha?" Many of you already have.

When we give guidance we do so with your natal chart as our guide. We want to help you complete your own contract, not protect you and divert the lessons needed to complete the destiny you designed. Good things begin to happen to those who ask for divine guidance. When we give our advice it always aids in getting on with the growth. Can we interfere? Not without God's decision, it is not our call. Serving God is our only way to do our mission. Growth in awareness is yours. We work with you to help you get that growth. None of the Masters do their own decision making. God is in all of us and we are guided by our divine mastery. Are my dear chelas able to grasp that they design their own death? Are you able to change that design? Only when you ascend.

You cannot take your contract with you to another dimension—if not completed there is no ascension. A contract for one life does not overlap with the next contract. Each contract has opportunities to learn certain lessons and find new ways to grow in those areas you didn't complete. But an awakening drops the contract completely. No more lessons are needed. Finally, the door to heaven has opened. Be the door opener now and no more lessons are to be designed.

I AM THAT I AM
Ascended Master Saint Germain
Channeled by Aruna

Message 718 - Message About Channeling

<http://comptedesaintgermainsblog.blogspot.com/2012/10/message-about-channeling.html>

Monday, October 22, 2012

My dear ones. We are not able to deliver these messages regularly now due to the controller dieties who are committed to preventing this contact. We tried numerous times this week to deliver a message through Aruna, but our attempts were blocked. When there is a delay in this way it is due to maximum chaos in the controller's dimension that we cannot penetrate. We warned of this happening in the Master Messages.

Close contact may be eliminated and this is why my channeled messages have always emphasized a need for creating your own direct channeled contact. When those who are clear are not able to give guidance it is because they are being attacked, and they can only avoid these attacks by not being open for channeling. As my dear ones are now aware, a cosmic contact needs the love matrix fully enabled. My absence for a week or more means this is not a co-creative arena I can move into. Aruna is fine and able to function very well without my contact. Blessings on those who are delivering the chaos, as we will all become more discerning as a consequence.

My message today is: don't accept any channeling that comes with predictions, none can be checked and we are not making any right now. Allow those who channel the freedom to refuse contact when what is being received doesn't appear to be accurate. The next time I can make contact I will be more candid, but at this moment I must ask Aruna to meditate instead of channel. I'll be doing what I can to connect again. When this happens we will do our best to give you the latest news.

I Am That I Am

Ascended Master Saint Germain

Channeled by Aruna

Message 719 - Messages from Saint Germain and Aruna

<http://comptedesaintgermainsblog.blogspot.com/2012/11/messages-from-saint-germain-and-aruna.html>

Friday, November 23, 2012

Saint Germain: For more than one month we have been unable to use this channel to deliver messages. Channeling my energy is not the only thing this body contributes to mass consciousness, she also supports awakening and clearing of all that is around her, including many conduits of negativity near her country of residence. China, Korea and all the many Islands in-between are areas considered areas that need light, and we use her at night to generate more anointing in these areas, as well as in all of Japan. Using her body in these co-creative activities has been the cause of my decrease in messages. She is used to the work that is done during the night, but it does take a major amount of her energy to do this and her body is not able to come to terms with all that is being asked of it. Hence, a lightening of the load has now occurred to give her a chance to heal and get back her ability to channel for you.

We, the masters of the Great White Brotherhood, are grateful and also cherish the loving contact through our channels. We don't want to cause them any difficulties. No dark forces are disturbing Aruna, nor is she negating her commitment as a contact channel for me.

Please give her another two weeks to complete the work we have been doing through her in an important area of the Asian continent. My words may be delivered through other channels, but there is no substitute for the use of her body in the Asian area. Many channels are now available in areas where there is darkness to deal with, but no one can do what Aruna does in the calmness of her body.

Fun and games are not a distraction from channeling. Channels need nurturing, and because Aruna is now being used a great deal, she needs more grounding, not channeling. Please give her your caring.

I AM THAT I AM
Saint Germain
Channeled by Aruna

Aruna;; Thank you to those who have been concerned about me and my ability to receive the messages. I am very busy—day and night, and do appreciate the rest that Saint Germain has provided.

Message 720 - When the Call Comes

<http://comptedesaintgermainsblog.blogspot.com/2012/12/when-call-comes.html>

Thursday, December 13, 2012

Great news: the ascension will occur, as no disturbances to the conditions needed are eminent. God is co-creating the decree and the doors are already open. When the day comes, all who are on our committed list will be contacted. Your answer can determine all things from now on.

When the contact is made, the first thing you need do is agree. Next, go outside to an area nearby. Don't make an announcement, go to the light when it appears and you are able to do so. No one need disturb their day or night mode of being, as the door will be open at least 24 hours. You can complete the day, then go out of the enclosed area you are in to get on with ascension.

Which day will it be? I cannot decree this. Maybe on the winter solstice or the day or two after.

All who have decided to ascend are not able. I've given many messages about what will be an ascended master's consciousness. Only those in this consciousness will ascend.

Please do not decide what day, or the door may not be open. You must await contact. Can you get it directly? I've asked you to learn how to be aware enough to get our guidance. If you don't have this ability you will not hear the call.

White light will fill your body and no pain will be felt. Joy will be constant. Once in the dream of day and night you were tested to see if your agreement to ascend came in the dream as a natural "of course." We are now able to claim at least two million who continued onward with the test of leaving. In this test we determined our count. When our dance of converting half of the conscious ones into newly ascended masters was initiated, only a few hundred were open to it. Now we have more than two million able to ascend. Quite doable. Great. Well done. We now need only the call.

The next days need more meditation to guard against darkness interfering. Please give this your most choices.

In wellness we are One.

I Am That I Am,
Ascended Master Saint Germain
Channeled by Aruna

GLOSSARY

Adept – An initiate of the Great White Brotherhood undergoing advanced initiations.

Advanced souls – Souls that have attained a high level of awareness in prior existences.

Alignment – More than agreement; no difference in consciousness about a matter of any kind.

Anchor – A vessel for the light of God (Christ consciousness) to enlighten the earth.

Anointed – Declared one of God's assistants.

Answer – Man's density demands many dreams, clear claims on his attention, and clearly created manifestations in the material condition to get the messages of I AM consciousness.

Ascension – Ascension means to fully awaken the divine master I AM within and Be a demonstration of aware consciousness.

Ascension gateways – inter-dimensional portals.

Attachment – A major block to alignment and co-creation. Awakening deepens as attachment is released.

Attitude – A point of view based on judgment.

Attunement – Being in harmony with God's plan; lack of attunement is the greatest disease in man's existence.

Aura – An electromagnetic field surrounding the physical body.

Avatar – Christ consciousness fully expressed in human form.

Awaken – To fully realize the truth of human identity so that the veil of illusion disappears.

Change – Making a new condition out of an existing one.

Chelas – Disciples/students of an Ascended Master.

Co-creation – Actions that are aligned with inner guidance.

Coding – Contains conditioned attitudes and callings included in a destiny design.

Community consciousness – Thoughts and actions that benefit the entire community.

Congruent mind – When the consciousness of the human mind is aligned to the consciousness of divine mind.

Coning – An energy connection a human can set up with beings of another realm.

Cosmic consciousness – The awareness of one's Self as part of the One divine Self.

Christ consciousness – Nothing but love for all that is.

Compassion – Caring without any attempt to change the situation.

Data messages – Mental contact to a mind from a Master of divine awareness; may also be called "giving an idea."

Decoding – Creating a new energetic that replaces one originally coded into consciousness as divine calling.

Decree – A declaration to manifest a specific result.

Density – A low vibration energy created by anger, mandates of darkness, and disturbances of an angry nature. .

Detachment – Not concerned with any condition during the entire drama of human daily life.

Devas – See elementals.

Directive – In a directive, a Master can ask to manifest any condition and the amount of action invested in that creation will determine how the manifestation is realized.

Dream – A mind's ability to create new conditions.

Earth changes – Any changes to the current arrangement of earth's land or water masses.

Elementals – Angelic co-creators called devas. It is their calling to give aid to all things that grow, including minerals, and all the angelic communities on man's continents.

Great White Brotherhood – A spiritual order of saints and sages who have awakened to Christ consciousness and serve God by assisting humanity to do the same.

I AM consciousness – God consciousness.

I AM THAT I AM – The aspect of God within each individual; the True Nature of all of humanity; the divine source of all that is.

Illuminati – A major group of adepts of the dark, managing human affairs on all material qualities within human control.

Mandate – The thoughts we think that are creating our future.

Manifestation – An ability of man and God to work together to materialize.

Mass consciousness – The collective consciousness of humanity.

Master of the human condition – When mind is aligned and in service to the Master within, I Am That I Am.

Meditation – Being quiet so that you can experience your divine nature.

Mental directives – Any conscious attempt to deliver an answer to one's desires.

Mesmerized consciousness – Consciousness caught in the beliefs of illusion.

Neutrality – Ambivalence towards every condition that man perceives.

Non-attachment – Without concern about anything that happens.

Non-collective co-creators – Those who have extracted their mental alignment from the Masses and are Co-creating with God.

Oversoul – One great consciousness divided into many divine beings to grow together into mastery of the human creation.

Telepathy – Mental contact of more than one mind. Consciousness of One does not need this mental contact.

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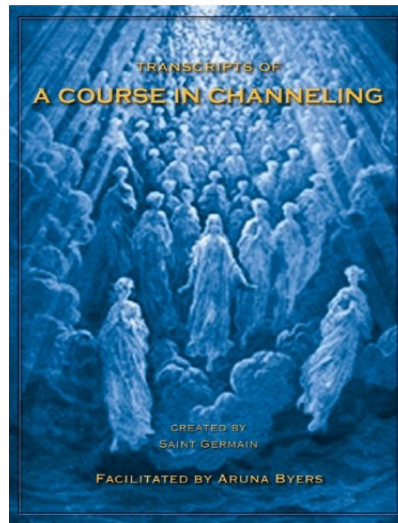
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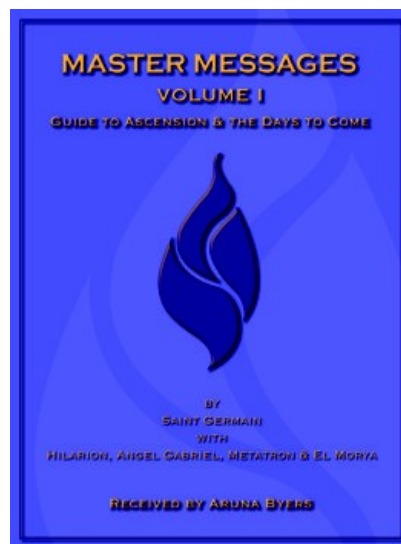
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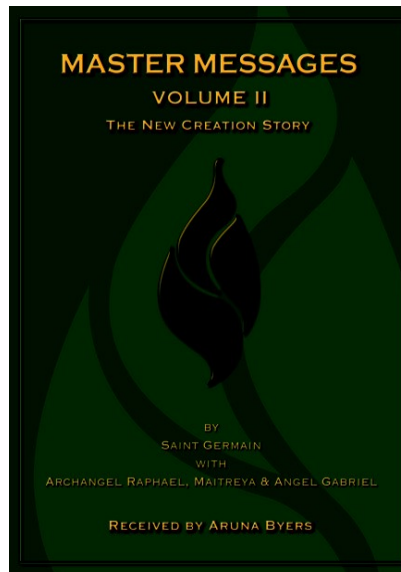


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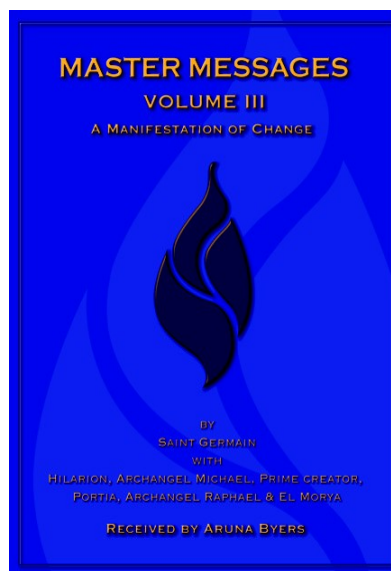


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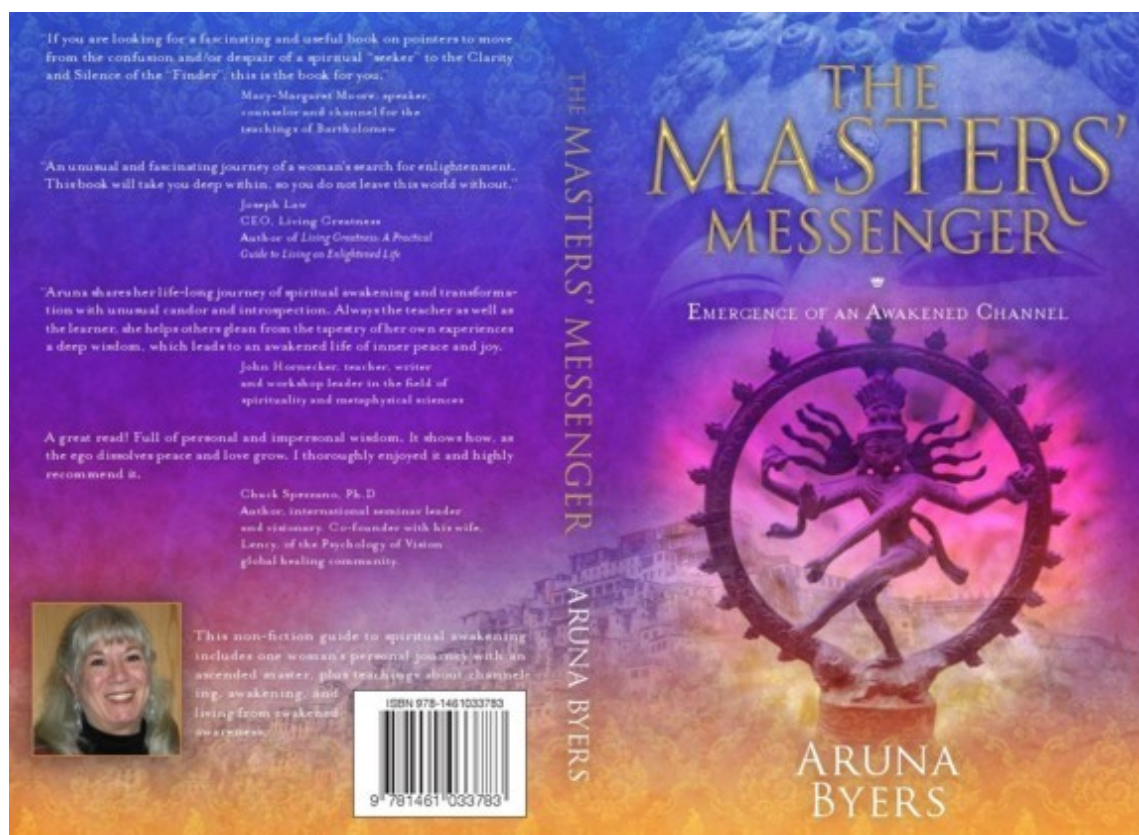
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